



Effective Health Care

Efficacy of Noni Juice Nomination Summary Document

Results of Topic Selection Process & Next Steps

- Efficacy of noni juice is not feasible for a full systematic review due to the limited data available for a review at this time. No further activity will be undertaken on this topic.

Topic Description

Nominator: Individual

Nomination Summary: The nominator requests information on the efficacy of morinda citrifolia (noni) juice in treating multiple health conditions.

Key Questions from Nominator: None

Considerations

- The topic meets some EHC Program appropriateness criteria. (For more information, see <http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/>.)
- The use of noni has recently increased in North America, Western Europe, and elsewhere and is now widely available in health food stores, pharmacies, grocery stores, and through the Internet; however, studies of the safety and efficacy of noni, especially of clinical outcomes in human subjects, are lacking.