



Effective Health Care

Carbonated Drinks and Risk Gestational Diabetes in Pregnant Women and Hypertension in Young People and Adults Nomination Summary Document

Results of Topic Selection Process & Next Steps

- The topic, *Carbonated Drinks and Risk Gestational Diabetes in Pregnant Women and Hypertension in Young People and Adults*, did not include enough information for further assessment by the Effective Health Care Program. No further activity will be undertaken on this topic.

Topic Description

Nominator(s): *Individual*
Nomination Summary: The nominator asserts that drinking Coke and similar carbonated sugary drinks might be leading to gestational diabetes in pregnant women, causing premature death and other problems like missed abortions in pregnant women. The nominator also points to the risk for hypertension and other conditions in young people and adults as a result of consumption of these drinks.

Considerations

- The Agency for Healthcare Research and Quality (AHRQ), through its Evidence-based Practice Centers (EPCs), sponsors the development of systematic reviews to assist public- and private-sector organizations in their efforts to improve the quality of health care in the United States. These reviews provide comprehensive, science-based information on common, costly medical conditions, and new health care technologies and strategies. Systematic reviews are the building blocks underlying evidence-based practice; they focus attention on the strength and limits of evidence from research studies about the effectiveness and safety of a clinical intervention.
- This topic could not be further evaluated because it did not include enough information in the original nomination to define the relevant interventions, comparators, and/or outcomes of interest. No further program activity will be undertaken on this nomination.