



## Effective Health Care

### Interventional Management of Atrial Fibrillation

#### Results of Topic Selection Process & Next Steps

This nomination was submitted by the American Heart Association (AHA) and the American College of Cardiology (ACC). The nominators are interested in an update to the 2013 AHRQ evidence review on treatments for atrial fibrillation. This includes benefits and harms of procedural, pharmacologic, and nonpharmacological interventions for rate control and rhythm control. The AHA and ACC plan to use an AHRQ evidence review to update relevant portions of the 2014 AHA/ACC/HRS guidelines for managing patients with atrial fibrillation.

Due to limited program resources, the program will not develop a review at this time. No further activity on this topic will be undertaken by the Effective Health Care (EHC) Program.

#### Topic Brief

**Topic Name:** Interventional Management of Atrial Fibrillation

**Topic #:** 0699

**Nomination Date:** 07/26/2016

**Topic Brief Date:** 02/17/2017

**Authors:**

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**Conflict of Interest:** After starting the topic, we identified a potential conflict of interest with the initial investigator for this report. At that point, we reassigned the topic to Dr. Helfand and Robin Paynter, who have no conflict of interests pertinent to the topic.

**Summary of Key Findings:**

- Appropriateness and importance: The topic is both appropriate and important.
- Duplication: A new review on this topic would not be duplicative of an existing product.
  - Although we identified 30 evidence reviews published between 2012 and 2016, no review, or combination of a few reviews, offered a comprehensive examination of procedures to treat atrial fibrillation. A 2015 AHRQ technology assessment report reviewed studies of catheter ablation for atrial fibrillation. While its main topic was medical therapy vs. ablation, one question addressed cryoablation versus radiofrequency catheter ablation.
- Impact: The nomination has high impact potential. The standard of care may become unclear. The American Academy of Family Physicians (AAFP) is creating evidence-based guidelines on pharmacologic treatments for AF, but not updating the procedural treatments for AF. This means there will be up-to-date guidelines for one course of treatment, but not another, leaving the standard of care on uneven ground. Once the AAFP published updated guidelines on pharmacologic treatments, there

may be practice variation due to the up-to-date guidelines on one course of treatment, and outdated guidelines on procedural treatment.

- Feasibility: An AHRQ evidence review is feasible at this time.
  - *Size/scope of review*: We found nine studies about atrioventricular node ablation and pacemakers for rate control (KQ1) and 22 studies that examine electrical cardioversion as a treatment for atrial fibrillation (KQ 2). In Medline and other searches, we identified 28 studies concerning procedures for rhythm control including AF ablation by pulmonary vein isolation, open surgical procedures, minimally invasive procedures, transcatheter procedures, surgical Maze procedure, and cardiac resynchronization therapy. Several of these studies include subgroup analyses, such as stratification by gender, comorbidities, age, etc.
  - *Clinicaltrials.gov*: We identified 18 clinical trials across all three key questions.
- Value: This topic has high value potential. The American College of Cardiology and the American Heart Association have partnered to create joint guidelines for the procedural treatment of atrial fibrillation.

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## Introduction

Atrial Fibrillation (A-Fib or AF) is the most common cardiac arrhythmia. In 2010, it was estimated that approximately 33.5 million people around the world suffered from A-Fib.<sup>1</sup> A-Fib occurs when the heart's upper chambers (atria) beat out of coordination with the lower chambers (ventricles).<sup>2</sup> The goal of treating this irregularity is to control how many times per minute the ventricles contract (rate control) and to restore a normal heart rhythm (rhythm control).

Topic nomination 0699 was received on July 26, 2016. It was nominated by the American Heart Association (AHA) and American College of Cardiology (ACC). While the nominator initially requested a full update of the 2013 AHRQ review examining treatments (pharmacologic and nonpharmacological) for atrial fibrillation, we narrowed the scope to focus on procedural interventions, which were of greatest relevance to cardiologists and were areas of uncertainty in the prior AHRQ review. The questions for this nomination are:

Key Question 1. What are the comparative safety and effectiveness of procedural rate-control therapies in patients with AF who have failed initial pharmacotherapy? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?

Key Question 2. What are the comparative safety and effectiveness of electrical cardioversion compared to antiarrhythmic agents for conversion of AF to sinus rhythm? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?

Key Question 3. What are the comparative safety and effectiveness of newer procedural rhythm-control therapies (either separately or in combination with each other)?

To define the inclusion criteria for the key questions we specify the population, interventions, comparators, and outcomes (PICO) of interest. See Table 1.

**Table 1. Key Questions and PICOs**

Key Question	1. What are the comparative safety and effectiveness of procedural rate control therapies in patients with AF who have failed initial pharmacotherapy? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?	2. What are the comparative safety and effectiveness of <b>electrical cardioversion</b> compared to antiarrhythmic agents for conversion of AF to sinus rhythm? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?	3. What are the comparative safety and effectiveness of newer <b>procedural rhythm-control therapies</b> (either separately or in combination with each other)?
<b>Population</b>	<ul style="list-style-type: none"> <li>• Adults (age &gt; 18 years) with AF (includes atrial flutter):               <ul style="list-style-type: none"> <li>○ Including paroxysmal AF (recurrent episodes that self-terminate in less than 7 days), persistent AF (recurrent episodes that last more than 7 days), and permanent AF (an ongoing long-term episode)</li> <li>○ Excluding patients with known reversible causes of AF (including but not limited to postoperative, post-myocardial infarction, hyperthyroidism)</li> </ul> </li> <li>• Specific populations of interest include:               <ul style="list-style-type: none"> <li>○ Patients stratified by age (≤40, 41–64, 65–74, 75–84, 85+)</li> <li>○ Patients with different types of AF (paroxysmal, persistent, or permanent)</li> <li>○ Patients with specific comorbidities (heart failure, coronary artery disease, kidney disease, hypertrophic cardiomyopathy, thyroid disease, or pulmonary disease)</li> <li>○ Patients who have previously failed a previous rate-control or rhythm-control pharmacological therapeutic strategy</li> <li>○ Women</li> <li>○ Patients with an enlarged left atrium</li> <li>○ Patients at high risk for stroke and bleeding events (e.g., patients with diabetes, heart failure, and hypertension)</li> <li>○ Patients stratified by race/ethnicity</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Adults (age &gt; 18 years) with AF (includes atrial flutter):               <ul style="list-style-type: none"> <li>○ Including paroxysmal AF (recurrent episodes that self-terminate in less than 7 days), persistent AF (recurrent episodes that last more than 7 days), and permanent AF (an ongoing long-term episode)</li> <li>○ Excluding patients with known reversible causes of AF (including but not limited to postoperative, post-myocardial infarction, hyperthyroidism)</li> </ul> </li> <li>• Specific populations of interest include:               <ul style="list-style-type: none"> <li>○ Patients stratified by age (≤40, 41–64, 65–74, 75–84, 85+)</li> <li>○ Patients with different types of AF (paroxysmal, persistent, or permanent)</li> <li>○ Patients with specific comorbidities (heart failure, coronary artery disease, kidney disease, hypertrophic cardiomyopathy, thyroid disease, or pulmonary disease)</li> <li>○ Patients who have previously failed a previous rate-control or rhythm-control pharmacological therapeutic strategy</li> <li>○ Women</li> <li>○ Patients with an enlarged left atrium</li> <li>○ Patients at high risk for stroke and bleeding events (e.g., patients with diabetes, heart failure, and hypertension)</li> <li>○ Patients stratified by race/ethnicity</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Adults (age &gt; 18 years) with AF (includes atrial flutter):               <ul style="list-style-type: none"> <li>○ Including paroxysmal AF (recurrent episodes that self-terminate in less than 7 days), persistent AF (recurrent episodes that last more than 7 days), and permanent AF (an ongoing long-term episode)</li> <li>○ Excluding patients with known reversible causes of AF (including but not limited to postoperative, post-myocardial infarction, hyperthyroidism)</li> </ul> </li> <li>• Specific populations of interest include:               <ul style="list-style-type: none"> <li>○ Patients stratified by age (≤40, 41–64, 65–74, 75–84, 85+)</li> <li>○ Patients with different types of AF (paroxysmal, persistent, or permanent)</li> <li>○ Patients with specific comorbidities (heart failure, coronary artery disease, kidney disease, hypertrophic cardiomyopathy, thyroid disease, or pulmonary disease)</li> <li>○ Patients who have previously failed a previous rate-control or rhythm-control pharmacological therapeutic strategy</li> <li>○ Women</li> <li>○ Patients with an enlarged left atrium</li> <li>○ Patients at high risk for stroke and bleeding events (e.g., patients with diabetes, heart failure, and hypertension)</li> <li>○ Patients stratified by race/ethnicity</li> </ul> </li> </ul>
<b>Intervention</b>	<ul style="list-style-type: none"> <li>• Procedures for rate control               <ul style="list-style-type: none"> <li>○ AVN ablation and permanent pacemaker implantation</li> <li>○ deflectable cryoablation balloon catheter (Arctic Front®, Cryocath, Montréal, Quebec, Canada)</li> <li>○ high-intensity focused ultrasound balloon catheter (ProRhythm, Ronkonkoma, NY,</li> </ul> </li> </ul>	Electrical Cardioversion	<ul style="list-style-type: none"> <li>• Procedures for rhythm control               <ul style="list-style-type: none"> <li>○ AF ablation by pulmonary vein isolation</li> <li>○ Open surgical procedures</li> <li>○ Minimally invasive procedures</li> <li>○ Transcatheter procedures</li> <li>○ Surgical Maze procedure</li> <li>○ Cardiac resynchronization therapy</li> <li>○ Hybrid ablation</li> </ul> </li> </ul>

	USA		<ul style="list-style-type: none"> <li>○ Cryoballoon 2<sup>nd</sup> generation</li> <li>○ PV ostial isolation</li> <li>○ wide area circumferential ablation (WACA)</li> </ul>
<b>Comparators</b>	<p>Other procedural, nonpharmacological, and other specific individual pharmacological rate-control therapies, including:</p> <ul style="list-style-type: none"> <li>• Non-pharmacological rate-control therapies</li> <li>• Beta-blockers (e.g., acebutolol, atenolol, bisoprolol, carvedilol, esmolol [acute rate lowering only], metoprolol, nadalol, nebivolol, timolol)</li> <li>• Calcium channel blockers (verapamil, diltiazem)</li> <li>• Other (digoxin, amiodarone, dronedarone)</li> </ul>	<ul style="list-style-type: none"> <li>• Pharmacological agents for rhythm control: <ul style="list-style-type: none"> <li>○ Amiodarone</li> <li>○ Disopyramide</li> <li>○ Dofetilide</li> <li>○ Dronedarone</li> <li>○ Flecainide</li> <li>○ Ibutilide (acute conversion only)</li> <li>○ Propafenone</li> <li>○ Sotalol</li> </ul> </li> </ul>	<p>Other procedural, nonpharmacological, and other specific pharmacological rhythm-control therapies</p>
<b>Outcomes</b>	<ul style="list-style-type: none"> <li>• Intermediate outcomes: <ul style="list-style-type: none"> <li>○ Restoration of sinus rhythm (conversion)</li> <li>○ Maintenance of sinus rhythm</li> <li>○ Recurrence of AF at 12 months</li> <li>○ Development of cardiomyopathy</li> </ul> </li> <li>• Final outcomes: <ul style="list-style-type: none"> <li>○ Mortality (all-cause, cardiac)</li> <li>○ Myocardial infarction</li> <li>○ Cardiovascular hospitalizations</li> <li>○ Heart failure symptoms</li> <li>○ Control of AF symptoms (e.g., palpitations, exercise capacity)</li> <li>○ Quality of life</li> <li>○ Functional status</li> <li>○ Stroke and other embolic events</li> <li>○ Bleeding events</li> </ul> </li> <li>• Adverse effects of intervention(s): <ul style="list-style-type: none"> <li>○ Adverse effects from drug therapies (e.g., hypotension, hypothyroidism and hyperthyroidism, arrhythmias (bradyarrhythmias, tachyarrhythmias, or proarrhythmias), allergic reactions, hepatotoxicity, neurotoxicity, pulmonary toxicity, ophthalmologic toxicity, dermatologic toxicity)</li> <li>○ Procedural complications (e.g., pulmonary vein stenosis, left atrial esophageal fistula, and phrenic nerve palsy)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Intermediate outcomes: <ul style="list-style-type: none"> <li>○ Restoration of sinus rhythm (conversion)</li> <li>○ Maintenance of sinus rhythm</li> <li>○ Recurrence of AF at 12 months</li> <li>○ Development of cardiomyopathy</li> </ul> </li> <li>• Final outcomes: <ul style="list-style-type: none"> <li>○ Mortality (all-cause, cardiac)</li> <li>○ Myocardial infarction</li> <li>○ Cardiovascular hospitalizations</li> <li>○ Heart failure symptoms</li> <li>○ Control of AF symptoms (e.g., palpitations, exercise capacity)</li> <li>○ Quality of life</li> <li>○ Functional status</li> <li>○ Stroke and other embolic events</li> <li>○ Bleeding events</li> </ul> </li> <li>• Adverse effects of intervention(s): <ul style="list-style-type: none"> <li>○ Adverse effects from drug therapies (e.g., hypotension, hypothyroidism and hyperthyroidism, arrhythmias (bradyarrhythmias, tachyarrhythmias, or proarrhythmias), allergic reactions, hepatotoxicity, neurotoxicity, pulmonary toxicity, ophthalmologic toxicity, dermatologic toxicity)</li> <li>○ Procedural complications (e.g., pulmonary vein stenosis, left atrial esophageal fistula, and phrenic nerve palsy)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Intermediate outcomes: <ul style="list-style-type: none"> <li>○ Restoration of sinus rhythm (conversion)</li> <li>○ Maintenance of sinus rhythm</li> <li>○ Recurrence of AF at 12 months</li> <li>○ Development of cardiomyopathy</li> </ul> </li> <li>• Final outcomes: <ul style="list-style-type: none"> <li>○ Mortality (all-cause, cardiac)</li> <li>○ Myocardial infarction</li> <li>○ Cardiovascular hospitalizations</li> <li>○ Heart failure symptoms</li> <li>○ Control of AF symptoms (e.g., palpitations, exercise capacity)</li> <li>○ Quality of life</li> <li>○ Functional status</li> <li>○ Stroke and other embolic events</li> <li>○ Bleeding events</li> </ul> </li> <li>• Adverse effects of intervention(s): <ul style="list-style-type: none"> <li>○ Adverse effects from drug therapies (e.g., hypotension, hypothyroidism and hyperthyroidism, arrhythmias (bradyarrhythmias, tachyarrhythmias, or proarrhythmias), allergic reactions, hepatotoxicity, neurotoxicity, pulmonary toxicity, ophthalmologic toxicity, dermatologic toxicity)</li> <li>○ Procedural complications (e.g., pulmonary vein stenosis, left atrial esophageal fistula, and phrenic nerve palsy)</li> </ul> </li> </ul>

Abbreviations: AF=Atrial Fibrillation; AVN=Atrioventricular Node

## Methods

To assess topic nomination 0699, *Interventional Management of Atrial Fibrillation*, for priority for a systematic review or other AHRQ EHC report, we used a modified process based on established criteria. Our assessment is hierarchical in nature, with the findings of our assessment determining the need for further evaluation. Details related to our assessment are provided in Appendix A.

1. "Determine the *appropriateness* of the nominated topic for inclusion in the EHC program.
2. "Establish the overall *importance* of a potential topic as representing a health or " healthcare issue in the United States. "
3. "Determine the *desirability of new evidence review* by examining whether a new " systematic review or other AHRQ product would be duplicative. "
4. "Assess the *potential impact* a new systematic review or other AHRQ product.
5. "Assess whether the *current state of the evidence* allows for a systematic review or other AHRQ product (feasibility).
6. "Determine the *potential value* of a new systematic review or other AHRQ product.

### Appropriateness and Importance

We assessed the nomination for appropriateness and importance (see Appendix A).

### Desirability of New Review/Duplication

We searched for high-quality, completed or in-process evidence reviews pertaining to the key questions of the nomination. Table 2 includes the citations for the reviews that were determined to address the key questions.

### Impact of a New Evidence Review

The impact of a new evidence review was assessed by analyzing the current standard of care, the existence of potential knowledge gaps, and practice variation. We considered whether a new review could influence the current state of practice through various dissemination pathways (practice recommendation, clinical guidelines, etc.). See Appendix A.

### Feasibility of New Evidence Review

We conducted a literature search in Ovid/Medline from December 2011 to December 2016.

We reviewed all identified titles and abstracts for inclusion and classified identified studies by study design, to assess the size and scope of a potential evidence review. See *Table 2, Feasibility Column, Size/Scope of Review* for the citations of included studies.

We also searched Clinicaltrials.gov for recently completed or in-process unpublished studies. See Appendix B for the Ovid/Medline search strategy and links to the ClinicalTrials.gov search.

### Value

We assessed the nomination for value (see Appendix A). We considered whether a partner organization could use the information from the proposed evidence review to facilitate evidence-based change; or the presence of clinical, consumer, or policymaking context that is amenable to evidence-based change.

### Compilation of Findings

We constructed a table outlining the selection criteria as they pertain to this nomination (see Appendix A).

## Results

**Appropriateness and Importance**

This is an appropriate and important topic. According to UpToDate, approximately 33.5 million people worldwide suffered from AF in 2010.<sup>1</sup>

**Desirability of New Review/Duplication**

A new evidence review examining interventional management of atrial fibrillation would not be duplicative of an existing product. A new evidence review examining procedural treatments for atrial fibrillation would not be duplicative. Although we identified 30 evidence reviews published between 2012 and 2016, no review, or combination of a few reviews, offered a comprehensive examination of procedures to treat atrial fibrillation. Most of the evidence reviews were very narrow in scope, offering almost no comparisons of treatments. See *Table 2, Duplication* for the systematic review citations that were determined to address the key questions.

**Impact of a New Evidence Review**

The standard of care may become unclear. The American Academy of Family Physicians is creating evidence-based guidelines on pharmacologic treatments for AF. To inform this guideline they are doing a bridge for key questions related to pharmacologic treatments in the 2013 AHRQ systematic review. They are not updating the portion on procedural treatments for AF. This means there will potentially be up-to-date guidelines for one course of treatment, but not another, leaving the standard of care on uneven ground. Once the AAFP publishes updated guidelines on pharmacologic treatments, there may be practice variation due to the up-to-date guidelines on one course of treatment, and outdated guidelines on procedural treatment. It is also the general consensus of the cardiology community that the 2014 guidelines need to be updated. Thus an updated evidence review would have potential impact and inform clinical care.

**Feasibility of a New Evidence Review**

A new evidence review examining interventional management of atrial fibrillation is feasible. All key questions are well covered. We identified 52 published studies (12 RCTs<sup>3-17</sup>) published since 2012. Nine studies were identified for KQ 1,<sup>18-26</sup> 22 studies for KQ 2,<sup>3,4,27-46</sup> and 28 studies for KQ 3.<sup>5-17,19,20,36,46-58</sup> We infer there are likely many more studies than the ones identified due to the large number of evidence reviews identified.

We identified 18 Clinical Trials across the three key questions from ClinicalTrials.gov. See *Table 2, Feasibility* for the citations that were determined to address the key questions.

**Table 2.** Key questions with the identified corresponding evidence reviews and original research

Key Question	Duplication (Completed or In-Process Evidence Reviews)	Feasibility (Published and Ongoing Original Research)
1: Procedures for Rate Control	Total number of completed or in-process evidence reviews: 3  AVN Ablation <ul style="list-style-type: none"> <li>• Other: 2<sup>59,60</sup></li> </ul> Pacemaker <ul style="list-style-type: none"> <li>• Other (Meta-Analysis): 1<sup>61</sup></li> </ul>	<u>Size/scope of review</u> Relevant Studies: 9  AVN Ablation <ul style="list-style-type: none"> <li>• Prospective: 1<sup>18</sup></li> <li>• Prospective Cohort: 2<sup>19,20</sup></li> <li>• Observational: 2<sup>21,22</sup></li> </ul> Pacemaker <ul style="list-style-type: none"> <li>• Prospective: 3<sup>23-25</sup></li> <li>• Longitudinal: 1<sup>26</sup></li> </ul> <u>ClinicalTrials.Gov</u> Relevant studies: 5 <ul style="list-style-type: none"> <li>• Recruiting: 2<sup>62,63</sup></li> <li>• Not yet recruiting: 2<sup>64,65</sup></li> <li>• Complete: 1<sup>66</sup></li> </ul>



Key Question	Duplication (Completed or In-Process Evidence Reviews)	Feasibility (Published and Ongoing Original Research)
2: Electrical Cardioversion	Total number of completed or in-process evidence reviews: 5 <ul style="list-style-type: none"> <li>• Cochrane: 1<sup>67</sup></li> <li>• Other: 3<sup>68-70</sup></li> <li>• Other (Meta-Analysis): 1<sup>71</sup></li> </ul>	Size/scope of review Relevant Studies: 22 <ul style="list-style-type: none"> <li>• RCT: 2<sup>3,4</sup></li> <li>• nRCT: 1<sup>27</sup></li> <li>• Prospective: 4<sup>28-31</sup></li> <li>• Prospective Cohort: 2<sup>32,33</sup></li> <li>• Prospective Observational: 3<sup>34-36</sup></li> <li>• Observational: 2<sup>37,38</sup></li> <li>• Survey: 1<sup>39</sup></li> <li>• Retrospective: 7<sup>40-46</sup></li> </ul> ClinicalTrials.Gov Relevant studies: 4 <ul style="list-style-type: none"> <li>• Not yet recruiting: 1<sup>64</sup></li> <li>• Recruiting: 3<sup>72-74</sup></li> </ul>
3: Procedures for Rhythm Control	Total number of completed or in-process evidence reviews: 22 <p>PVI</p> <ul style="list-style-type: none"> <li>• AHRQ: 1<sup>75</sup></li> <li>• Other: 2<sup>76,77</sup></li> </ul> <p>Surgical Procedures</p> <ul style="list-style-type: none"> <li>• Cochrane: 1<sup>78</sup></li> <li>• Other: 2<sup>76,79</sup></li> <li>• Other (Protocol): 1<sup>80</sup></li> </ul> <p>Minimally Invasive Surgery</p> <ul style="list-style-type: none"> <li>• Other: 2<sup>81,82</sup></li> <li>• Other (Protocol): 83,84</li> </ul> <p>Transcatheter Procedure</p> <ul style="list-style-type: none"> <li>• AHRQ Technology Assessment: 1<sup>85</sup></li> <li>• Cochrane: 2<sup>86,87</sup></li> <li>• Other: 8<sup>76,88-94</sup></li> </ul> <p>Surgical Maze Procedure</p> <ul style="list-style-type: none"> <li>• AHRQ: 1<sup>75</sup></li> </ul> <p>Cardiac Resynchronization</p> <ul style="list-style-type: none"> <li>• AHRQ Technology Assessment: 1<sup>95</sup></li> <li>• Other: 2<sup>70,96</sup></li> </ul>	Size/scope of review Relevant Studies: 28 <p>PVI</p> <ul style="list-style-type: none"> <li>• RCT: 1<sup>5</sup></li> <li>• Prospective Cohort: 2<sup>47,48</sup></li> <li>• Retrospective: 1<sup>49</sup></li> </ul> <p>Surgical Procedures</p> <ul style="list-style-type: none"> <li>• RCT: 3<sup>6-8</sup></li> <li>• Prospective Cohort: 1<sup>36</sup></li> <li>• Retrospective: 1<sup>46</sup></li> </ul> <p>Minimally Invasive Surgery</p> <ul style="list-style-type: none"> <li>• RCT: 2<sup>9,10</sup></li> <li>• nRCT: 1<sup>50</sup></li> <li>• Retrospective: 1<sup>51</sup></li> </ul> <p>Transcatheter Procedure</p> <ul style="list-style-type: none"> <li>• RCT: 6<sup>11-16</sup></li> <li>• Prospective: 4<sup>52-55</sup></li> <li>• Observational: 2<sup>56,57</sup></li> </ul> <p>Surgical Maze Procedure</p> <ul style="list-style-type: none"> <li>• Prospective Cohort: 1<sup>58</sup></li> </ul> <p>Cardiac Resynchronization</p> <ul style="list-style-type: none"> <li>• RCT: 1<sup>17</sup></li> <li>• Prospective Cohort: 2<sup>19,20</sup></li> </ul> ClinicalTrials.Gov Relevant studies: 11 <ul style="list-style-type: none"> <li>• Not yet recruiting: 3<sup>64,97,98</sup></li> <li>• Recruiting: 4<sup>99-102</sup></li> <li>• Active, not recruiting: 2<sup>103,104</sup></li> <li>• Complete: 2<sup>105,106</sup></li> </ul>

*Abbreviations:* AHRQ=Agency for Healthcare Research and Quality; AVN=Atrioventricular Node; nRCT=Non-Randomized Controlled Trial; PVI= Pulmonary Vein Isolation; RCT=Randomized Controlled Trial

### Value

The potential for value is high given the ACC/AHA has partnered and will create an evidence-based guideline based on the results of an AHRQ evidence review.

## Summary of Findings

- Appropriateness and importance: The topic is both appropriate and important.
- Duplication: A new review on this topic would not be duplicative of an existing product.
  - Although we identified 30 evidence reviews published between 2012 and 2016, no review, or combination of a few reviews, offered a comprehensive examination of procedures to treat atrial fibrillation. A 2015 AHRQ technology assessment report reviewed studies of catheter ablation for atrial fibrillation. While its main topic was medical therapy vs. ablation, one question addressed cryoablation versus radiofrequency catheter ablation.
- Impact: The nomination has high impact potential. Within the cardiology community, it is widely agreed that the 2014 guidelines need to be updated. The standard of care may become unclear. The American Academy of Family Physicians (AAFP) is creating evidence-based guidelines on pharmacologic treatments for AF, but not updating the procedural treatments for AF. This means there will be up-to-date guidelines for one course of treatment, but not another, leaving the standard of care on uneven ground. Once the AAFP published updated guidelines on pharmacologic treatments, there may be practice variation due to the up-to-date guidelines on one course of treatment, and outdated guidelines on procedural treatment.
- Feasibility: An AHRQ evidence review is feasible at this time.
  - *Size/scope of review*: We found 9 studies about atrioventricular node ablation and pacemakers for rate control (KQ1) and 22 studies that examine electrical cardioversion as a treatment for atrial fibrillation (KQ 2). In Medline and other searches, we identified 28 studies concerning procedures for rhythm control including AF ablation by pulmonary vein isolation, open surgical procedures, minimally invasive procedures, transcatheter procedures, surgical Maze procedure, and cardiac resynchronization therapy. Several of these studies include subgroup analyses, such as stratification by gender, comorbidities, age, etc.
  - *Clinicaltrials.gov*: We identified 18 clinical trials across all three key questions.
- Value: nomination has high value potential. The American College of Cardiology and the American Heart Association have partnered to create joint guidelines for the procedural treatment of atrial fibrillation.

## References (

1. " Leonard Ganz DS. Epidemiology of and risk factors for atrial fibrillation. *UpToDate*. 2016;INTERNET: <https://www.uptodate.com/contents/epidemiology-of-and-risk-factors-for-atrial-fibrillation>.
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## **Appendices**

**Appendix A: Selection Criteria Summary (**

**Appendix B: Search Strategy & Results (Feasibility)**

## Appendix A. Selection Criteria Summary (

Selection Criteria	Supporting Data
1. Appropriateness	
1a. Does the nomination represent a health care drug, intervention, device, technology, or health care system/setting available (or soon to be available) in the U.S.?	Yes, interventions are available in the US.
1b. Is the nomination a request for a systematic review?	Yes, this topic is a request for a systematic review on procedural interventions for atrial fibrillation.
1c. Is the focus on effectiveness or comparative effectiveness?	The focus of this review is on comparative effectiveness.
1d. Is the nomination focus supported by a logic model or biologic plausibility? Is it consistent or coherent with what is known about the topic?	Yes, it is biologically plausible. Yes, it is consistent with what is known about the topic.
2. Importance	
2a. Represents a significant disease burden; large proportion of the population	Yes, this topic represents a significant burden. According to UpToDate, approximately 33.5 million people worldwide suffered from AF in 2010. <sup>1</sup>
2b. Is of high public interest; affects health care decision making, outcomes, or costs for a large proportion of the US population or for a vulnerable population	Yes, this topic affects health care decisions for a large, vulnerable, often elderly population. The procedures for treating AF all require some sort of hospitalization.
2c. Represents important uncertainty for decision makers	Yes, this topic represents important uncertainty for decision makers. There are several options for treating AF, and guidelines are based on low strength of evidence, and are 3 years old.
2d. Incorporates issues around both clinical benefits and potential clinical harms	Yes, this nomination addresses both benefits and potential harms of procedures aimed at treating AF.
2e. Represents high costs due to common use, high unit costs, or high associated costs to consumers, to patients, to health care systems, or to payers	Yes, this nomination represents a condition that may result in high costs due for consumers and payers.
3. Desirability of a New Evidence Review/Duplication	
3. Would not be redundant (i.e., the proposed topic is not already covered by available or soon-to-be available high-quality systematic review by AHRQ or others)	A new evidence review examining procedural treatments for atrial fibrillation would not be duplicative. Although we identified 30 evidence reviews published between 2012 and 2016, no review, or combination of a few reviews, offered a comprehensive examination of procedures to treat atrial fibrillation.
4. Impact of a New Evidence Review	
4a. Is the standard of care unclear (guidelines not available or guidelines inconsistent, indicating an information gap that may be addressed by a new evidence review)?	The standard of care may become unclear. The AAFP is creating evidence-based guidelines on pharmacologic treatments for AF, but not updating the procedural treatments for AF. This means there will be up-to-date guidelines for one course of treatment, but not another, leaving the standard of care on uneven ground.

4b. Is there practice variation (guideline inconsistent with current practice, indicating a potential implementation gap and not best addressed by a new evidence review)?	Once the AAFP published updated guidelines on pharmacologic treatments, there may be practice variation due to the up-to-date guidelines on one course of treatment, and outdated guidelines on procedural treatment.
<b>5. Primary Research</b>	
5. Effectively utilizes existing research and knowledge by considering: - Adequacy (type and volume) of research for conducting a systematic review - Newly available evidence (particularly for updates or new technologies)	An AHRQ evidence review on procedural interventions to treat AF is feasible. We identified 52 published studies (12 RCTs) published since 2012. We infer there are likely many more studies than the ones identified due to the large number of evidence reviews identified.  We identified 18 Clinical Trials across the three key questions from ClinicalTrials.gov.
<b>6. Value</b>	
6a. The proposed topic exists within a clinical, consumer, or policy-making context that is amenable to evidence-based change	Yes, this nomination exists within a clinical, consumer, and policy-making context. A review on this topic would inform the creation of an ACC/AHA joint clinical practice guideline as well as impact clinical decision-making to optimize benefits of treatment while reducing potential harms. Parents and doctors will be able to use the results of an AHRQ systematic review to aid in AF treatment decision-making.
6b. Identified partner who will use the systematic review to influence practice (such as a guideline or recommendation)	Yes, the ACC/AHA has partnered and will create an evidence-based guideline based on the results of an AHRQ evidence review.

*Abbreviations:* AAFP=American Academy of Family Physicians; ACC=American College of Cardiology; AF=Atrial Fibrillation; AHA=American Heart Association; AHRQ=Agency for Healthcare Research and Quality; RCT=Randomized Controlled Trial

## Appendix B. Search Strategy & Results (Feasibility)

<p><b>Topic:</b> Procedural Interventions for the Treatment of Atrial Fibrillation</p> <p><b>Date:</b> December 23, 2016</p> <p><b>Database Searched:</b> Epub Ahead of Print, In-Process &amp; Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present – (contains all PubMed content up to 24 hours ago or most recent PubMed file update)</p>	<p>KQ1: What are the comparative safety and effectiveness of <b>newer procedural and other nonpharmacological rate-control therapies</b> compared with pharmacological agents in patients with AF who have failed initial pharmacotherapy? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?</p>
Concept	Search String
Atrial Fibrillation	<ol style="list-style-type: none"> <li>1. atrial fibrillation/ or atrial flutter/</li> <li>2. (atrial* or auricular*) adj fibrillat*).tw,kf.</li> <li>3. or/1-2</li> </ol>
Procedures for rate control  non-pharmacological rate-control therapies	<ol style="list-style-type: none"> <li>4. Cardiac Pacing, Artificial/ or Pacemaker, Artificial/</li> <li>5. pacemaker*.tw,kf.</li> <li>6. ((AVN* node or AV or A-V or Atrioventricular* or Atrioventricular*) adj2 (ablate* or ablation* or ablating)).tw,kf.</li> <li>7. (nonpharmacolog* or non-pharmacolog* or nondrug or non-drug).tw,kf.</li> <li>8. or/4-7</li> <li>9. rate-control*.tw,kf.</li> <li>10. and/3,8-9</li> </ol>
Limits	<ol style="list-style-type: none"> <li>11. limit 10 to yr="2011 -Current"</li> <li>12. limit 11 to english language</li> <li>13. limit 12 to humans</li> <li>14. limit 13 to animals</li> <li>15. 13 not 14</li> <li>16. limit 15 to (comment or editorial or letter or news)</li> <li>17. 15 not 16</li> <li>18. remove duplicates from 17</li> </ol>
<b>N=43</b>	
<b>Systematic Review N=4</b>	
<b>Randomized Controlled Trials N=0</b>	
<b>Other N=39</b>	
<p><b>Topic:</b> Procedural Interventions for the Treatment of Atrial Fibrillation</p> <p><b>Date:</b> December 23, 2016</p> <p><b>Database Searched:</b> Epub Ahead of Print, In-Process &amp; Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present – (contains all PubMed content up to 24 hours ago or most recent PubMed</p>	<p>KQ2: What are the comparative safety and effectiveness of <b>electrical cardioversion</b> compared to antiarrhythmic agents for conversion of AF to sinus rhythm? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?</p>

file update)	
Concept	Search String
Atrial Fibrillation	1 atrial fibrillation/ or atrial flutter/ 2 ((atrial* or auricular*) adj fibrillat*).tw,kf. 3 or/1-2
Electrical Cardioversion	4 electrical cardioversion*.tw,kf. \$ 5 and/3-4 6 "sinus rhythm*".tw,kf. \$ 7 and/5-6 \$
Limits	8 limit 7 to yr="2011 -Current" 9 limit 8 to english language 10 limit 9 to humans 11 limit 10 to animals 12 10 not 11 13 limit 12 to (comment or editorial or letter or news) 14 12 not 13 15 remove duplicates from 14 16 limit 15 to systematic reviews 17 15 not 16 18 limit 17 to (clinical trial, all or clinical trial or controlled clinical trial or pragmatic clinical trial or randomized controlled trial) 19 17 not 18
<b>N = 114</b>	
<b>Systematic Review = 7</b>	
<b>Randomized Controlled Trials = 43</b>	
<b>Other N=64</b>	
<b>Topic:</b> Procedural Interventions for the Treatment of Atrial Fibrillation <b>Date:</b> December 23, 2016 <b>Database Searched:</b> Epub Ahead of Print, In-Process & Other Non-Indexed Citations, Ovid MEDLINE(R) Daily and Ovid MEDLINE(R) 1946 to Present – (contains all PubMed content up to 24 hours ago or most recent PubMed file update)	KQ3. What are the comparative safety and effectiveness of newer <b>procedural rhythm-control therapies, other nonpharmacological rhythm-control therapies, and pharmacological agents</b> (either separately or in combination with each other) for maintenance of sinus rhythm in patients with AF? Do the comparative safety and effectiveness of these therapies differ among specific patient subgroups of interest?
Atrial Fibrillation	1 atrial fibrillation/ or atrial flutter/ 2 ((atrial* or auricular*) adj fibrillat*).tw,kf. 3 or/1-2
procedural rhythm-control therapies, other nonpharmacological rhythm- control therapies, and pharmacological agents	4 (rhythm* adj3 control*).tw,kf. 5 (electrical cardioversion* or (pulmonary adj4 (ablate* or ablating or ablation*)) or (open adj surger*) or (minimal* adj invasive) or transcatheter* or trans-catheter* or (surgical* adj maze*) or (cardiac* adj resynchron*).tw,kf. 6 Anti-Arrhythmia Agents/ or (Amiodarone or Disopyramide or Dofetilide or Dronedarone or Flecainide or Ibutilide or Propafenone or Sotalol).tw,kf. 7 (nonpharmacolog* or non-pharmacolog* or nondrug or non-drug).tw,kf.

	8	or/5-7
	9	and/3-4,8
Limits	10	limit 9 to yr="2011 -Current"
	11	limit 10 to english language
	12	limit 11 to humans
	13	limit 12 to animals
	14	12 not 13
	15	limit 14 to (comment or editorial or letter or news)
	16	14 not 15
	17	remove duplicates from 16
	18	limit 17 to systematic reviews
	19	17 not 18
	20	limit 19 to (clinical trial, all or clinical trial or controlled clinical trial or pragmatic clinical trial or randomized controlled trial)
	21	19 not 20
<b>N = 228</b>		
<b>Systematic Review = 27</b>		
<b>Randomized Controlled Trials = 57</b>		
<b>Other N= 144</b>		