



Effective Health Care Assessment, Treatment, and Prevention of Posttraumatic Stress Disorder in Children and Adolescents

Results of Topic Selection Process & Next Steps

The nominator, the American Academy of Child & Adolescent Psychiatry (AACAP), is interested in using a systematic review to inform the update of the 2010 AACAP clinical practice guidelines pertaining to the assessment, treatment, and prevention of posttraumatic stress disorder (PTSD) in children and adolescents. Due to limited program resources, the program is unable to develop a review at this time. No further activity on this topic will be undertaken by the Effective Health Care (EHC) Program.

Topic Brief

Topic Name: Assessment, Treatment, and Prevention of Posttraumatic Stress Disorder in Children and Adolescents

Topic #: 0677

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Conflicts of Interest: None of the investigators have any affiliations or financial involvement that conflicts with the material presented in this report.

Summary of Key Findings

- Appropriateness and Importance: The nomination is both appropriate and important.
- Duplication: Table 1 outlines the findings of our search for duplication and feasibility. We identified no completed or in-process reviews examining diagnostic and screening tools (KQ 3) or pharmacologic interventions for children six years and under (KQ 5b). We identified complete and in-process evidence reviews examining risk factors (KQ 1), nonpharmacological interventions (KQ 4), pharmacological interventions for children seven and older (KQ 5a), and interventions to prevent PTSD in children and adolescents (KQ 3). The most pertinent is a Cochrane review (2012) of psychological therapies for the treatment of PTSD in children and adolescents (KQ 4).
- Impact: A new systematic review on the proposed topic may have limited impact. Many studies have been published since the 2010 guidelines, but the information provided in these new studies is consistent with conclusions of the 2010 guidelines.
- Feasibility:
 - *Size/scope of review:* We estimate that the total size of the relevant literature (2011-present) may be approximately 250 studies across key questions.
 - *ClinicalTrials.gov:* We identified 19 relevant trials on ClinicalTrials.gov.

- *Cochrane RCT filter results:* We identified 11 additional RCTs examining prevention and nonpharmacological interventions.
- Value: The potential for value is high, given that AACAP will use a new AHRQ systematic review to update their 2010 practice parameters. This organization has previously produced evidence based guidelines, and are transparent about their methodology.

Table of Contents

Introduction.....	1
Methods.....	3
Appropriateness and Importance	3
Desirability of New Review/Duplication	3
Impact of a New Evidence Review	3
Feasibility of a New Evidence Review	3
Value	3
Compilation of Findings	3
Results	4
Appropriateness and Importance	4
Desirability of New Review/Duplication	4
Impact of a New Evidence Review	4"
Feasibility of a New Evidence Review	4
Value	6
Summary of Findings	6
References	8
Appendices.....	11
Appendix A. Selection Criteria Summary	A-1
Appendix B. Search for Systematic Reviews (Duplication)	B-1
Appendix C. Search Strategy & Results (Feasibility)	C-1

Introduction

In adolescents, the prevalence of PTSD is 8.0% in girls and 2.3% in boys, or 3.9% overall.^{1,2} Rates for younger children are unclear, but the National Center for PTSD estimates that PTSD occurs in approximately 3-15% of young girls, and 1-6% of young boys, depending on type of trauma.^{1,2} Some risk factors for PTSD in children and adolescents include how severe the trauma is, how parents react to the trauma, and how close or far away the child is from the trauma. Additionally, the more traumas a child or adolescent goes through the more likely they are to develop PTSD.

PTSD looks different in children than it does adolescents. For children aged 5-12 years, PTSD may appear in their play by way of repeating part of the trauma. For example, if a child witnesses a school shooting, they may be more inclined to play shooting games.³ For many children, symptoms of PTSD go away on their own after a few months. For teens, PTSD may appear more like it does in adults. This means adolescents/teens are more likely to experience flashbacks for problems remembering parts of the trauma. Unlike adults, however, they are more likely to show impulsive and aggressive behaviors.³

Topic nomination #0677 was received on June 7, 2016. It was nominated by American Academy of Child & Adolescent Psychiatry (AACAP). The questions for this nomination are:

Key Question 1. In children and adolescents, what factors are associated with increased risk of the development of DSM-5 PTSD?

Key Question 2. In children and adolescents, what are the benefits and harms of interventions to prevent the DSM-5 PTSD?

Key Question 3. What is the accuracy and comparative accuracy of diagnostic and screening tools for DSM-5 PTSD:

- 3a. In children and adolescents seven and older?
- 3b. In children six and younger?

Key Question 4. What are the benefits and harms and or comparative benefits and harms of non-pharmacological interventions for PTSD:

- 4a. In children and adolescents seven and older?
- 4b. In children six and younger?
- 4c. Do the benefits and harms differ by subpopulation (e.g., patient characteristics, disorder characteristics, history of previous treatment, type of trauma, comorbid condition, etc.)?

Key Question 5. What are the benefits and harms and or comparative benefits and harms of pharmacological interventions for PTSD:

- 5a. In children and adolescents seven and older?
- 5b. In children 6 and younger?
- 5c. Do the benefits and harms differ by subpopulation (e.g., patient characteristics, disorder characteristics, history of previous treatment, type of trauma (?), comorbid condition, etc.)?

To define the inclusion criteria for the key questions we specify the population, interventions, comparators, outcomes, and timing (PICOT) of interest. See Table 1.

Table 1. Key Questions and PICOTs

Key Questions	1. In children and adolescents, what factors are associated with increased risk of the development of DSM-5 PTSD?	2. In children and adolescents, what are the benefits and harms of interventions to prevent DSM-5 PTSD?	3. What is the accuracy and/or comparative accuracy of diagnostic and screening tools for DSM-5 PTSD: a. In children and adolescents seven and older? b. In children six and younger?	4. What are the benefits and harms/and or comparative benefits and harms of non-pharmacological interventions for PTSD: a. In children and adolescents seven and older? b. In children six and younger? c. Do the benefits and harms differ by subpopulation (e.g., patient characteristics, disorder characteristics, history of previous treatment, type of trauma, comorbid condition, etc.)?	5. What are the benefits and harms/and or comparative benefits and harms (or one or the other – based on your preference) of pharmacological interventions for PTSD: a. In children and adolescents seven and older? b. In children six and younger? c. Do the benefits and harms differ by subpopulation (e.g., patient characteristics, disorder characteristics, history of previous treatment, type of trauma, comorbid condition, etc.)?
Population	Children and Adolescents (<18) with PTSD	Children and Adolescents (<18) who have experienced a trauma	Children and Adolescents (<18) with PTSD	Children and Adolescents (<18) with PTSD	Children and Adolescents (<18) with PTSD
Interventions	NA	Non-pharmacological or pharmacological interventions	Screening and diagnostic tools	Non-pharmacological interventions	Pharmacological interventions
Comparators	Placebo, no treatment, other active treatment, wait list	Placebo, no treatment, other active treatment, wait list	Placebo, no treatment, other active treatment, wait list	Placebo, no treatment, other active treatment, wait list	Placebo, no treatment, other active treatment, wait list
Outcomes	All	PTSD symptom severity, change from baseline, depression, anxiety, functional impairment, quality of life, etc.	Sensitivity, specificity, validity	PTSD symptom severity, change from baseline, depression, anxiety, functional impairment, quality of life, etc.	PTSD symptom severity, change from baseline, depression, anxiety, functional impairment, quality of life, etc.
Timing	All	All	All	All	All

Methods

To assess topic nomination #0677 *Assessment, Treatment, and Prevention of Posttraumatic Stress Disorder in Children and Adolescents*, for priority for a systematic review or other AHRQ EHC report, we used a modified process based on established criteria. Our assessment is hierarchical in nature, with the findings of our assessment determining the need for further evaluation. Details related to our assessment are provided in Appendix A.

1. Determine the *appropriateness* of the nominated topic for inclusion in the EHC program.
2. Establish the overall *importance* of a potential topic as representing a health or healthcare issue in the United States.
3. Determine the *desirability of new evidence review* by examining whether a new systematic review or other AHRQ product would be duplicative.
4. Assess the *potential impact* a new systematic review or other AHRQ product.
5. Assess whether the *current state of the evidence* allows for a systematic review or other AHRQ product (feasibility).
6. Determine the *potential value* of a new systematic review or other AHRQ product.

Appropriateness and Importance

We assessed the nomination for appropriateness and importance (see Appendix A).

Desirability of New Review/Duplication

We searched for high-quality, completed or in-process evidence reviews pertaining to the key questions of the nomination. Table 2 includes the citations for the reviews that were determined to address the key questions. Appendix B includes the list of the sources searched and potentially relevant titles identified by our research librarian.

Impact of a New Evidence Review

The impact of a new evidence review was assessed by analyzing the current standard of care, the existence of potential knowledge gaps, and practice variation. We considered whether it was hypothetically possible for this review to influence the current state of practice through various dissemination pathways (practice recommendation, clinical guidelines, etc.).

Feasibility of a New Evidence Review

We conducted a literature search in PubMed and PsycInfo from June 2011 and June 2016. Because a large number of articles were identified, we reviewed a random sample of 200 titles and abstracts for inclusion and classified identified studies by study design, to assess the size and scope of a potential evidence review. We then calculated the projected total number of included studies based on the proportion of studies included from the random sample. See *Table 2, Feasibility Column, Size/Scope of Review Section* for the citations of included studies. Because this was limited sampling, we took an additional step to identify applicable randomized trials from the larger search results. We applied Cochrane's Highly Sensitive Search Strategy for Identifying Randomized Trials in MEDLINE to all the feasibility search results and reviewed the identified abstracts for potential relevancy.

Value

We assessed the nomination for value (see Appendix A). We considered whether or not the topic would inform clinical policy in community and/or clinical settings, and if there was a partner organization that would use this evidence review to change practice.

Compilation of Findings

We constructed a table outlining the selection criteria as they pertain to this nomination (see Appendix A).

Results

Appropriateness and Importance

This is an appropriate and important topic. In adolescents, the prevalence of PTSD is 8.0% in girls and 2.3% in boys, or 3.9% overall.^{1,2} Rates for younger children are unclear, but the National Center for PTSD estimates that PTSD occurs in approximately 3-15% of young girls, and 1-6% of young boys, varying depending on type of trauma.^{1,2} See Appendix A for details.

Desirability of New Review/Duplication

A comprehensive evidence review examining the assessment, preventions, and treatment of PTSD in children and adolescents would not be duplicative. We identified no in-process or completed evidence reviews for the following questions: KQ 3a (diagnosis and screening in children 7 and older), 3b (diagnosis and screening in children 6 and younger), and KQ 5c (benefits and harms of pharmacological interventions in subgroups). For KQ 1, we identified 6 evidence reviews examining factors associated with increased risk of developing PTSD.⁴⁻⁹ For KQ 2, we identified one evidence review examining the benefits and harms of interventions to prevent PTSD.¹⁰ For KQ 4a, we identified 9 complete and 3 in-process evidence reviews, including one Cochrane review,¹¹ examining the benefits and harms of non-pharmacological interventions in children and adolescents age 7 and older.¹¹⁻²¹ For KQ 4b, we identified one in-process evidence review examining the benefits and harms of non-pharmacological interventions in children age 6 and younger.²⁶ For KQ 4c, we identified three evidence reviews, including one Cochrane review,¹¹ examining the benefits and harms of non-pharmacological interventions in children and adolescents in subgroups.^{11,13,22} For KQs 5a and 5b, we identified one in-process evidence review examining the benefits and harms of pharmacological interventions in children and adolescents.²³ For more detail see Appendix B.

Impact of a New Evidence Review

A new systematic review on the assessment, prevention, and treatment of PTSD in children and adolescents may have limited impact. Many studies have been published since the 2010 AACAP guidelines, but the information provided in these new studies is consistent with conclusions of the 2010 guidelines.

Feasibility of a New Evidence Review

A comprehensive evidence review examining the assessment, prevention, and treatment of PTSD in children and adolescents would be feasible. For KQ 1, we identified five published studies examining factors associated with increased risk of developing PTSD.²⁴⁻²⁸ For KQ 2, we identified one RCT examining the benefits and harms of interventions to prevent PTSD.²⁹ For KQ 3a, we identified two published studies examining diagnosis and screening in children 7 and older.^{30,31} For KQ 3b, we identified one RCT examining diagnosis and screening in children 6 and younger.³² For key question 4a, we identified 2 published studies (one RCT) examining the benefits and harms of non-pharmacological interventions in children and adolescents age 7 and older.^{33,34} For key question 4b, we identified one RCT examining the benefits and harms of non-pharmacological interventions in children age 6 and younger.³³ For key questions 5a, we identified one RCT examining the benefits and harms of pharmacological interventions in children and adolescents 7 years and older.³⁵ We identified published studies for the following questions: KQ 4c (benefits and harms of non-pharmacological interventions in subgroups), 5b (benefits and harms of pharmacological interventions in children 6 and younger), and KQ 5c (benefits and harms of pharmacological interventions in subgroups). For more detail see Appendix C.

Our search of ClinicalTrials.gov yielded no in-process or recently completed results relevant to KQs 3a, 3b, 4c, and 5b. We identified 16 trials across the remaining key questions. Please see Table 2 and Appendix C for more details.

Table 2. Key questions with the identified corresponding evidence reviews and original research

Key Question	Duplication (Completed or In-Process Evidence Reviews)	Feasibility (Published and Ongoing Original Research)
KQ 1: Factors associated with increased risk of developing PTSD	Total number of completed or in-progress systematic reviews - 6 <ul style="list-style-type: none"> • Other - 6⁴⁻⁹ 	<u>Size/scope of review</u> Relevant Studies Identified: 5 <ul style="list-style-type: none"> • Prospective Cohort - 2^{24,25} • Retrospective Cohort - 2^{26,27} • Cross Sectional - 1²⁸ Projected Total: 85 ClinicalTrials.gov Relevant Trials: None identified.
KQ 2: Benefits and harms of interventions to prevent PTSD	Total number of completed or in-progress systematic reviews - 1 <ul style="list-style-type: none"> • Other - 1¹⁰ 	<u>Size/scope of review</u> Relevant Studies Identified: 1 <ul style="list-style-type: none"> • RCT - 1²⁹ Projected Total: 17 ClinicalTrials.gov Relevant Trials: 8 <ul style="list-style-type: none"> • Not yet recruiting – 1³⁶ • Recruiting – 4³⁷⁻⁴⁰ • Active, not recruiting – 2^{41,42} • Complete – 1⁴³
KQ 3a: Diagnosis and screening ≥7 years old	Total number of completed or in-progress evidence reviews – None identified.	<u>Size/scope of review</u> Relevant Studies Identified: 2 <ul style="list-style-type: none"> • Validation Study – 2^{30,31} Projected Total: 34 ClinicalTrials.gov Relevant Trials: None identified.
KQ 3b: Diagnosis and screening ≤6 years old	Total number of completed or in-progress evidence reviews – None identified.	<u>Size/scope of review</u> Relevant Studies Identified: 1 <ul style="list-style-type: none"> • RCT - 1³² Projected Total: 17 ClinicalTrials.gov Relevant Trials: None identified.
KQ 4a Benefits and harms of non-pharmacological interventions ≥7 years old	Total number of completed or in-progress systematic reviews - 12 <ul style="list-style-type: none"> • Cochrane – 1¹¹ • Other - 7¹²⁻¹⁷ • HTA - 1¹⁸ • In-Progress (Other) - 3¹⁹⁻²¹ 	<u>Size/scope of review</u> Relevant Studies Identified: 2 <ul style="list-style-type: none"> • RCT - 1³³ • Quasi-Experimental - 1³⁴ Projected Total: 34 ClinicalTrials.gov Relevant Trials: 8 <ul style="list-style-type: none"> • Not yet recruiting – 2^{40,44} • Recruiting – 4⁴⁵⁻⁴⁸ • Complete – 2^{36,49}
KQ 4b Benefits and harms of non-pharmacological interventions ≤6 years old	Total number of completed or in-progress systematic reviews - 1 <ul style="list-style-type: none"> • In-Process (Other Protocols) – 1²⁶ 	<u>Size/scope of review</u> Relevant Studies Identified: 1 <ul style="list-style-type: none"> • RCT - 1³³ Projected Total: 17 ClinicalTrials.gov Relevant Trials: 3 <ul style="list-style-type: none"> • Recruiting – 3^{21,45,47}
KQ 4c Benefits and	Total number of completed or in-progress systematic reviews - 3	<u>Size/scope of review</u> Relevant Studies Identified: 0

Key Question	Duplication (Completed or In-Process Evidence Reviews)	Feasibility (Published and Ongoing Original Research)
harms of non-pharmacological interventions Subgroup	<ul style="list-style-type: none"> • Cochrane - 1¹¹ • Other - 2^{13,22} 	Projected Total: 0 ClinicalTrials.gov Relevant Trials: None identified.
KQ 5a Benefits and harms of pharmacological interventions ≥7 years old	Total number of completed or in-progress systematic reviews - 1 <ul style="list-style-type: none"> • In-Process (Other Protocols) - 1²³ 	<u>Size/scope of review</u> Relevant Studies Identified: 1 <ul style="list-style-type: none"> • RCT - 1³⁵ Projected Total: 17 ClinicalTrials.gov Relevant Trials: 1 <ul style="list-style-type: none"> • Recruiting – 1⁵⁰
KQ 5b Benefits and harms of pharmacological interventions ≤6 years old	Total number of completed or in-progress systematic reviews - 1 <ul style="list-style-type: none"> • In-Process (Other Protocols) - 1²³ 	<u>Size/scope of review</u> Relevant Studies Identified: 0 Projected Total: 0 ClinicalTrials.gov Relevant Trials: None identified.
KQ 5c Benefits and harms of pharmacological interventions Subpopulations	Total number of completed or in-progress evidence reviews – None identified.	<u>Size/scope of review</u> Relevant Studies Identified: 0 Projected Total: 0 ClinicalTrials.gov Relevant Trials: 1 <ul style="list-style-type: none"> • Active, not recruiting – 1⁵¹

Abbreviations: AHRQ=Agency for Healthcare Research and Quality; CBT=Cognitive Behavioral Therapy; KQ=Key Question; NR=Not Reported; OCD=Obsessive-Compulsive Disorder PTSD=Post-Traumatic Stress Disorder; RCT=Randomized Controlled Trial; SOE=Strength of Evidence; SSRI=Selective-Serotonin Reuptake Inhibitor

Value

The potential for value is high, given that AACAP will use a new AHRQ systematic review to update their 2010 practice parameters. While could not identify a knowledge gap or inconsistency, a systematic review is required in order for the nominator to update their guidelines, even if this systematic review agrees with their previous conclusions. This organization has previously produced evidence based guidelines, and are transparent about their methodology.

Summary of Findings

- Appropriateness and Importance: The nomination is both appropriate and important.
- Duplication: A new AHRQ evidence review on this topic would not duplicate an existing product. We identified complete and in-process evidence reviews for KQ 1, 3, 4, and 5a. We identified no systematic reviews pertaining to KQ 3 or KQ 5b.
- Impact: A new systematic review on the proposed topic may have limited impact. Many studies have been published since the 2010 guidelines, but the information provided in these new studies is consistent with conclusion of the 2010 guidelines.
- Feasibility: There is available published literature to support a systematic review. We identified a number of primary studies across most key questions, though our confidence in the estimate of study numbers is low because of the limited sampling as described in our methods. A new systematic review on the proposed topic may have limited impact. Many studies have been published since the 2010 guidelines,

but the information provided in these new studies is consistent with conclusion of the 2010 guidelines.

- Value: The potential for value is high, given that AACAP will use a new AHRQ systematic review to update their 2010 practice parameters. This organization has previously produced evidence based guidelines, and are transparent about their methodology.

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Appendices

Appendix A: Selection Criteria Summary

Appendix B: Search for Systematic Reviews (Duplication)

Appendix C: Search Strategy & Results (Feasibility)

Appendix A. Selection Criteria Summary (

Selection Criteria	Supporting Data
1. Appropriateness	
1a. Does the nomination represent a health care drug, intervention, device, technology, or health care system/setting available (or soon to be available) in the U.S.?	Yes, this topic represents a health care drug and intervention available in the U.S.
1b. Is the nomination a request for a systematic review?	Yes, this topic is a request for a systematic review.
1c. Is the focus on effectiveness or comparative effectiveness?	The focus of this review is on both effectiveness and comparative effectiveness.
1d. Is the nomination focus supported by a logic model or biologic plausibility? Is it consistent or coherent with what is known about the topic?	Yes, it is biologically plausible. Yes, it is consistent with what is known about the topic.
2. Importance	
2a. Represents a significant disease burden; large proportion of the population	Yes, this topic represents a significant burden. AACAP states that the overall lifetime prevalence of PTSD in the general population of children and youth is estimated at between 3 and 9%.
2b. Is of high public interest; affects health care decision making, outcomes, or costs for a large proportion of the US population or for a vulnerable population	Yes, this topic affects health care decisions for a large, vulnerable population.
2c. Represents important uncertainty for decision makers	Yes, this topic represents important uncertainty for decision makers.
2d. Incorporates issues around both clinical benefits and potential clinical	Yes, this nomination addresses both benefits and potential harms of prevention interventions, pharmacological interventions, and non-pharmacological treatments for PTSD.
2e. Represents high costs due to common use, high unit costs, or high associated costs to consumers, to patients, to health care systems, or to payers	Yes this mental health diagnosis represents high cost due to the high rate of health and interpersonal dysfunction. AACAP states that when psychopathologic outcomes are present, comorbidity is the rule, including anxiety, mood, disruptive behavior, psychotic, somatic symptom, and substance abuse disorders. PTSD symptoms and impairment may persist for decades and cause impairment in multiple domains of life, including academic and work accomplishment, interpersonal relationships, and parenting abilities.
3. Desirability of a New Evidence Review/Duplication	
3. Would not be redundant (i.e., the proposed topic is not already covered by available or soon-to-be available high-quality systematic review by AHRQ or others)	We identified no completed or in-process reviews examining diagnostic screening (KQ2) or pharmacologic interventions for children six years and under (KQ4b). We identified existing and in-process evidence reviews examining risk factors (KQ1), nonpharmacological interventions (KQ3), pharmacological interventions for children seven and older (KQ4a), and interventions to prevention PTSD in children and adolescents (KQ5). The most pertinent is a Cochrane review (2012) of psychological therapies for

	the treatment of PTSD in children and adolescents.
4. Impact of a New Evidence Review	
4a. Is the standard of care unclear (guidelines not available or guidelines inconsistent, indicating an information gap that may be addressed by a new evidence review)?	The standard of care is clear.
4b. Is there practice variation (guideline inconsistent with current practice, indicating a potential implementation gap and not best addressed by a new evidence review)?	The new evidence for assessing and treating PTSD in children and adolescents generally agrees with the 2010 AACAP clinical practice guideline that is archived and needs to be updated.
5. Primary Research	
5. Effectively utilizes existing research and knowledge by considering: - Adequacy (type and volume) of research for conducting a systematic review - Newly available evidence (particularly for updates or new technologies)	<i>Size/scope of review:</i> We estimate that the total size of the relevant literature (2011-present) may be approximately 250 studies across key questions (low confidence). <i>ClinicalTrials.gov:</i> We identified 19 relevant trials on ClinicalTrials.gov. <i>Cochrane RCT filter results:</i> We identified 11 additional RCTs examining prevention and nonpharmacological interventions.
6. Value	
6a. The proposed topic exists within a clinical, consumer, or policy-making context that is amenable to evidence-based change	Yes, this topic will inform clinical decision-making on screening, diagnosing, treating, and preventing PTSD among children and adolescents across community and clinical settings.
6b. Identified partner who will use the systematic review to influence practice (such as a guideline or recommendation)	Yes, AACAP will use a systematic review to update their 2010 practice parameters on the assessment and treatment of PTSD among children and adolescents. The clinical practice guidelines provided by AACAP are archived and need to be updated via a systematic review.

Abbreviations: AACAP= American Academy of Child & Adolescent Psychiatry; AHRQ=Agency for Healthcare Research and Quality; DSM-5=Diagnosics and Statistics Manual 5; KQ=Key Question; PTSD=Post-Traumatic Stress Disorder

Appendix B. Search for Systematic Reviews (Duplication)

Listed below are the sources searched and results of our search for existing guidance. A research librarian conducted the search and selected potentially relevant evidence based on the key question in the nomination and the associated PICOTS. An investigator reviewed each of the links to evidence below for inclusion. The links below do not represent the evidence selected for inclusion (see main topic brief).

PTSD in Children and Adolescents	
Source	Evidence
Search for Duplication: June 8, 2016	
AHRQ and Other Federal Products	
AHRQ: Evidence reports and technology assessments, USPSTF recommendations, and related DEcIDE projects, and Horizon Scan	<p><i>Child and Adolescent Exposure to Trauma: Comparative Effectiveness of Interventions Addressing Trauma Other Than Maltreatment or Family Violence</i> http://www.ncbi.nlm.nih.gov/books/NBK126092/</p> <p><i>First- and Second-Generation Antipsychotics in Children and Young Adults-Systematic Review Update</i> https://www.effectivehealthcare.ahrq.gov/ehc/products/615/2244/antipsychotics-children-update-draft-report-160606.pdf</p>
VA Products: PBM, and HSR&D (ESP) publications, and VA/DoD EBCPG Program	[nothing for adolescents or children]
Cochrane Systematic Reviews and Protocols http://www.cochranelibrary.com/	<i>Psychological therapies for the treatment of post-traumatic stress disorder in children and adolescents</i> http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006726.pub2/full
PubMed Health http://www.ncbi.nlm.nih.gov/pubmedhealth/	<p><i>Post-Traumatic Stress Disorder: The Management of PTSD in Adults and Children in Primary and Secondary Care</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0015848/</p> <p><i>Cognitive Processing Therapy for Post-Traumatic Stress Disorder: A Systematic Review and Meta-Analysis</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0087723/</p> <p><i>An evidence synthesis of risk identification, assessment and management for young people using tier 4 inpatient child and adolescent mental health services</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0081623/</p> <p><i>Screening for Child and Adolescent Depression In Primary Care Settings</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0005789/</p> <p><i>A systematic review to study the efficacy of cognitive behavioral therapy for sexually abused children and adolescents with posttraumatic stress disorder</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0029192/</p>

	<p><i>Systematic review and economic modelling of the clinical effectiveness and cost-effectiveness of art therapy among people with non-psychotic mental health disorders</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0082202/</p> <p><i>School-based intervention programs for PTSD symptoms: A review and meta-analysis</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0033045/</p> <p><i>Cognitive behavioral therapy for the treatment of pediatric posttraumatic stress disorder: a review and meta-analysis</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0031266/</p> <p><i>Evidence-based psychosocial treatments for children and adolescents exposed to traumatic events</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0026333/</p> <p><i>The effectiveness of interventions to reduce psychological harm from traumatic events among children and adolescents. A systematic review</i> http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0026074/</p>
HTA (CRD database): Health Technology Assessments http://www.crd.york.ac.uk/crdweb/	<p><i>EMDR - psychotherapy in posttraumatic stress syndrome in young people - early assessment briefs (Alert)</i> http://www.crd.york.ac.uk/CRDWeb/ShowRecord.asp?AccessionNumber=32002000075&UserID=0</p>
PROSPERO Database (international prospective register of systematic reviews and protocols) http://www.crd.york.ac.uk/prospero/	<p><i>The effectiveness of PTSD treatment for juvenile offenders: a meta-analysis</i> http://www.crd.york.ac.uk/prospero/display_record.asp?ID=CRD42016039858</p> <p><i>The effectiveness of intensive CBT for anxiety disorders, OCD and PTSD in children and adolescents: a systematic review</i> http://www.crd.york.ac.uk/prospero/display_record.asp?ID=CRD42016038783</p> <p><i>Meta-analysis of interventions for pediatric PTSD</i> http://www.crd.york.ac.uk/prospero/display_record.asp?ID=CRD42016032695</p>
CADTH (Canadian Agency for Drugs and Technologies in Health) https://www.cadth.ca/	<p><i>Anti-Psychotics in Pediatric Patients: Clinical Effectiveness and A Review of the Guidelines</i> https://www.cadth.ca/anti-psychotics-pediatric-patients-clinical-effectiveness-and-review-guidelines</p>
DoPHER (Database of promoting health effectiveness reviews) http://eppi.ioe.ac.uk/webdatabases4/Intro.aspx?ID=9	[no new results]
ECRI institute https://www.ecri.org/Pages/default.aspx	[no new results]

<p>PsycINFO (Ovid)</p>	<p><i>Symptom variation on the trauma symptom checklist for children: A within-scale meta-analytic review</i> http://onlinelibrary.wiley.com/enhanced/doi/10.1002/jts.21967/</p> <p><i>Trauma-focused cognitive-behavioral therapy for children and adolescents: Assessing the evidence</i> http://ps.psychiatryonline.org/doi/abs/10.1176/appi.ps.201300255</p> <p><i>Psychological treatment of PTSD in children: An evidence-based review</i> http://www.tandfonline.com/doi/abs/10.1080/03033910.2011.611612</p> <p><i>Psychophysiological characteristics of PTSD in children and adolescents: A review of the literature</i> http://onlinelibrary.wiley.com/doi/10.1002/jts.20620/full</p> <p><i>I'll Be Working My Way Back: A Qualitative Synthesis on the Trauma Experience of Children</i> http://psycnet.apa.org/journals/tra/4/5/516/</p> <p><i>Cognitive-behavioral treatment for posttraumatic stress disorder in children and adolescents</i> http://www.sciencedirect.com/science/article/pii/S1056499311000071</p> <p><i>Building child trauma theory from longitudinal studies: A meta-analysis</i> http://www.sciencedirect.com/science/article/pii/S0272735811000493</p> <p><i>PTSD in children and adolescents: Toward an empirically based algorithm</i> http://onlinelibrary.wiley.com/doi/10.1002/da.20736/full</p> <p><i>Anticipatory stress response in PTSD: Extreme stress in children</i> http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6171.2010.00266.x/full</p> <p><i>Predicting posttraumatic stress following pediatric injury: A systematic review</i> http://jpepsy.oxfordjournals.org/content/36/6/718.short</p> <p><i>Eye movement desensitization and reprocessing as a therapeutic intervention for traumatized children and adolescents: A systematic review of the evidence for family therapists</i> http://onlinelibrary.wiley.com/doi/10.1111/j.1467-6427.2011.00548.x/full</p> <p><i>The role of family phenomena in posttraumatic stress in youth</i> http://onlinelibrary.wiley.com/doi/10.1111/j.1744-6171.2010.00258.x/full</p> <p><i>Children's post-traumatic stress and the role of memory following admission to intensive care: A review</i> http://onlinelibrary.wiley.com/doi/10.1111/j.1742-9552.2012.00040.x/full</p>
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Neuropsychological effects of posttraumatic stress disorder in children and adolescents.
<http://cjs.sagepub.com/content/27/2/166.short>

Factors related to posttraumatic stress disorder in adolescence
<http://tva.sagepub.com/content/early/2012/06/01/1524838012447698.abstract>

Pharmacological secondary prevention of PTSD in youth: Challenges and opportunities for advancement
<http://onlinelibrary.wiley.com/doi/10.1002/jts.21731/full>

The association between parent PTSD/depression symptoms and child PTSD symptoms: A meta-analysis.
<https://jpepsy.oxfordjournals.org/content/early/2012/09/25/jpepsy.jss091.full>

Children and war: Risk, resilience, and recovery
<http://journals.cambridge.org/action/displayAbstract?fromPage=online&aid=8538902&fileId=S0954579412000156>

Prevalence of post-traumatic stress disorder among children and adolescents who survive road traffic crashes: A systematic review of the international literature
<http://onlinelibrary.wiley.com/doi/10.1111/j.1440-1754.2011.02076.x/full>

A meta-analysis of risk factors for post-traumatic stress disorder in children and adolescents.
<http://www.sciencedirect.com/science/article/pii/S0272735811001875>

The data behind the dissemination: A systematic review of trauma-focused cognitive behavioral therapy for use with children and youth.
<http://www.sciencedirect.com/science/article/pii/S0190740912000138>

White matter integrity and its relationship to PTSD and childhood trauma-A systematic review and meta-analysis
<http://onlinelibrary.wiley.com/doi/10.1002/da.22044/full>

Equine-assisted therapy and its impact on cortisol levels of children and horses: A pilot study and meta-analysis
<http://www.tandfonline.com/doi/abs/10.1080/03004430.2012.693486#.V1h5JOSVCqw>

Neuroimaging in children, adolescents and young adults with psychological trauma
<http://link.springer.com/article/10.1007/s00787-013-0410-1>

A meta-analytic clarification of the relationship between posttraumatic growth and symptoms of posttraumatic distress disorder.
<http://www.sciencedirect.com/science/article/pii/S0887618513001825>

Psychological and pharmacologic treatment of youth with posttraumatic stress disorder: An evidence-based review

	<p>http://www.sciencedirect.com/science/article/pii/S1056499313001065</p> <p><i>A comparison of narrative exposure therapy and prolonged exposure therapy for PTSD</i> http://www.sciencedirect.com/science/article/pii/S027273581400097X</p> <p><i>Design, delivery, and evaluation of early interventions for children exposed to acute trauma</i> http://www.ejpt.net/index.php/ejpt/article/view/22757</p> <p><i>Meta-analysis of trauma-focused cognitive behavioral therapy for treating PTSD and co-occurring depression among children and adolescents.</i> http://cor.sagepub.com/content/6/1/18.short</p> <p><i>The biological effects of childhood trauma</i> http://www.sciencedirect.com/science/article/pii/S1056499314000030</p> <p><i>Posttraumatic stress following acute medical trauma in children: A proposed model of bio-psycho-social processes during the peri-trauma period</i> http://link.springer.com/article/10.1007/s10567-014-0174-2</p> <p><i>Interventions for posttraumatic stress with children exposed to violence: Factors associated with treatment success</i> http://onlinelibrary.wiley.com/doi/10.1002/jclp.22238/</p>
Secondary Sources checked on an as needed basis	
BlueCross BlueShield Foundation Massachusetts http://bluecrossfoundation.org/	None identified.
Campbell Collaboration http://www.campbellcollaboration.org/	None identified.
CMS Policies https://www.cms.gov/	None identified.
Hayes, inc. http://www.hayesinc.com/hayes/	None identified.
IOM (Institute of Medicine) http://iom.nationalacademies.org/	None identified.
McMaster Health System Evidence https://www.healthsystemsevidence.org/	None identified.
Robert Wood Johnson http://www.rwjf.org/	None identified.
Systematic Reviews (Journal) : protocols and reviews http://systematicreviewsjournal.biomedce	None identified.

ntral.com/	
UBC Centre for Health Services and Policy Research http://chspr.ubc.ca/	None identified.
WHO Health Evidence Network http://www.euro.who.int/en/data-and-evidence/evidence-informed-policy-making/health-evidence-network-hen	None identified.
National Heart, Lung, and Blood Institute http://www.nhlbi.nih.gov/	None identified.
National Cancer Institute http://www.cancer.gov/	None identified.
CINAHL (EBSCO)	None identified.

Appendix C. Search Strategy & Results (Feasibility)

Topic: PTSD and Kids Date: June 10, 2016 Database Searched: PubMed	
Concept	Search String
PTSD	((("Stress Disorders, Post-Traumatic"[Mesh] OR "Combat Disorders"[Mesh])) OR ((ptsd[Title/Abstract] OR post traumatic stress disorder[Title/Abstract]OR posttraumatic stress[title/abstract]))
NOT Editorials, etc.	(((((("Letter"[Publication Type] OR "News"[Publication Type] OR "Patient Education Handout"[Publication Type] OR "Comment"[Publication Type] OR "Editorial"[Publication Type])) OR "Newspaper Article"[Publication Type]))
Limit to last 5 years Children Human English	
N=2548	
Systematic Review N=101	PubMed subsection "Systematic [sb]"
Randomized Controlled Trials N=562	Cochrane Sensitive Search Strategy for RCT's "(((((((groups[tiab])) OR (trial[tiab])) OR (randomly[tiab])) OR (drug therapy[sh])) OR (placebo[tiab])) OR (randomized[tiab])) OR (controlled clinical trial[pt])) OR (randomized controlled trial[pt])"
Other N=1885	

Topic: PTSD and Kids Date: June 10, 2016 Database Searched: PsycINFO (Ovid) 1806 to June Week 2 2016	
Concept	Search String
PTSD	1 exp Posttraumatic Stress Disorder/ 2 (PTSD or "post traumatic stress disorder" or "posttraumatic stress disorder").m_titl. 3 1 or 2
Children and Adolescents	4 limit 3 to (100 childhood <birth to age 12 yrs> or 200 adolescence <age 13 to 17 yrs>)
Not Editorials, etc.	5 limit 4 to ("column/opinion" or "comment/reply" or editorial or letter or review-book) 6 4 not 5
Limit to last 5 years Human English	7 limit 6 to (human and english language and last 5 years)
N=1169	
Systematic Review N=20	8 limit 7 to ("0830 systematic review" or 1200 meta analysis)
Randomized Controlled Trials N=45	9 7 not 8 10 limit 9 to "2000 treatment outcome/clinical trial"
Other N=1104	11 9 not 10

Clinicaltrials.gov Searched on June 10, 2016

60 studies found for: Stress Disorders, Post-Traumatic | Child | received from 06/10/2011 to 06/10/2016

Link to Results:

https://clinicaltrials.gov/ct2/results?term=&recr=&rslt=&type=&cond=Stress+Disorders%2C+Post-Traumatic&intr=&titles=&outc=&spons=&lead=&id=&state1=&cntry1=&state2=&cntry2=&state3=&cntry3=&locn=&gndr=&age=0&rcv_s=06%2F10%2F2011&rcv_e=06%2F10%2F2016&lup_s=&lup_e