



# Effective Health Care

## Common Geriatric Problems Nomination Summary Document

### Results of Topic Selection Process & Next Steps

- Common geriatric problems could not be evaluated due to insufficient information given in the original nomination. Specifically, the interventions, comparators, and outcomes are all undefined. No further activity will be undertaken on this topic.

### Topic Description

**Nominator:** Individual

**Nomination Summary:** The nominator is interested in the geriatric population. The nominator asserts, “research does not address problems occurring in the elderly population because elders are an at-risk group, many elders have multiple diseases, and many elders are on a number of medications making the results of studies harder to evaluate.” The nominator mentions that the elderly population is growing and suggests, “there is a great interest in finding more information on common geriatric problems and ways to treat them derived from evidence based practice to improve the care to this population of patients.” The nominator desires to assess different approaches to caring for the elderly with common geriatric problems such as aging, cognitive impairment, dementia, falls, pressure ulcers, constipation, urinary problems, nutritional problems, pain management, and sleep disorders.

**Key Questions from Nominator:**

1. What are the common geriatric problems?
2. What are approaches to caring for common geriatric problems?