



# Effective Health Care

## Discount Health Insurance for Healthy People

### Nomination Summary Document

#### Results of Topic Selection Process & Next Steps

- Discount health insurance for healthy people does not fit within the domain of the Effective Health Care (EHC) Program because this topic does not address an effectiveness or comparative effectiveness question relating to a health care intervention. No further activity will be undertaken on this topic.

#### Topic Description

**Nominator:** Anonymous individual

**Nomination Summary:** The nominator questions whether an individual can get a discount on health insurance for being and staying healthy or making health behavior changes, including quitting smoking or losing weight. The nominator states that these discounts would encourage people to maintain a healthy lifestyle.

**Key Questions from Nominator:** 1. Can a person get a discount on health insurance for being and staying healthy?

#### Considerations

- The topic does not meet EHC Program appropriateness criteria. (For more information, see <http://effectivehealthcare.ahrq.gov/index.cfm/submit-a-suggestion-for-research/how-are-research-topics-chosen/>.)