



Effective Health Care

Hydroxycut 7 Day Cleanse for the Treatment of Gout Nomination Summary Document

Results of Topic Selection Process & Next Steps

- Hydroxycut 7 day cleanse for the treatment of gout is not feasible for a full systematic review due to the limited data available for a review at this time.

Topic Description

Nominator: Individual

Nomination Summary: The nominator states that he has been treated for gout many times in urgent care and emergency department settings and the treatments received can be drastically different and yield different results. He states that the product Hydroxycut 7 Day Cleanse every 90 days has dramatically improved his gout symptoms. He requests that a trial be completed to evaluate the effectiveness of Hydroxycut 7 Day Cleanse for the treatment of gout.

Key Questions from Nominator: None

Considerations

- Hydroxycut 7 Day Cleanse is a dietary supplement that claims to help maintain healthy liver function, promote digestive health, and cleanse toxins and waste from the intestinal tract. No scientific literature that addresses the use of Hydroxycut 7 Day Cleanse was identified.