

**Development of Quality Criteria To Evaluate
Nontherapeutic Studies of Incidence, Prevalence, or
Risk Factors of Chronic Diseases: Pilot Study of New
Checklists**



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Development of Quality Criteria To Evaluate Nontherapeutic Studies of Incidence, Prevalence, or Risk Factors of Chronic Diseases: Pilot Study of New Checklists

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Preface

The Agency for Healthcare Research and Quality (AHRQ), through its Evidence-based Practice Centers (EPCs), sponsors the development of evidence reports and technology assessments to assist public- and private-sector organizations in their efforts to improve the quality of health care in the United States. The reports and assessments provide organizations with comprehensive, science-based information on common, costly medical conditions and new health care technologies. The EPCs systematically review the relevant scientific literature on topics assigned to them by AHRQ and conduct additional analyses when appropriate prior to developing their reports and assessments.

To improve the scientific rigor of these evidence reports, AHRQ supports empiric research by the EPCs to help understand or improve complex methodologic issues in systematic reviews. These methods research projects are intended to contribute to the research base in and be used to improve the science of systematic reviews. They are not intended to be guidance to the EPC program, although they may be considered by EPCs along with other scientific research when determining EPC program methods guidance.

AHRQ expects that the EPC evidence reports and technology assessments will inform individual health plans, providers, and purchasers as well as the health care system as a whole by providing important information to help improve health care quality.

We welcome comments on this evidence report. They may be sent by mail to the Task Order Officer named below at: Agency for Healthcare Research and Quality, 540 Gaither Road, Rockville, MD 20850, or by e-mail to epc@ahrq.gov.

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Development of Quality Criteria To Evaluate Nontherapeutic Studies of Incidence, Prevalence, or Risk Factors of Chronic Diseases: Pilot Study of New Checklists

Structured Abstract

Objective. To develop two checklists for the quality of observational studies of incidence or risk factors of diseases.

Study design and setting. Initial development of the checklists was based on a systematic literature review. The checklists were refined after pilot trials of validity and reliability were conducted by seven experts, who tested the checklists on 10 articles.

Results. The checklist for studies of incidence or prevalence of chronic disease had six criteria for external validity and five for internal validity. The checklist for risk factor studies had 6 criteria for external validity, 13 criteria for internal validity, and 2 aspects of causality. A Microsoft Access database produced automated standardized reports about external and internal validities. Pilot testing demonstrated face and content validities and discrimination of reporting vs. methodological qualities. Interrater agreement was poor. The experts suggested future reliability testing of the checklists in systematic reviews with preplanned protocols, a priori consensus about research-specific quality criteria, and training of the reviewers.

Conclusions. We propose transparent and standardized quality assessment criteria of observational studies using the developed checklists. Future testing of the checklists in systematic reviews is necessary to develop reliable tools that can be used with confidence.

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Introduction

The prevalence and incidence of chronic conditions have implications for policy and healthcare utilization. Valid information about risk factors is important in reducing the burden of chronic diseases.¹⁻² Although systems to rank the strength of the recommendations about effective interventions consider all evidence from observational studies as low,³⁻⁴ prevalence and risk factors for chronic diseases can be evaluated only in observational studies.⁵ Public policy decisions should be based on applicable and unbiased results from high quality studies.⁶⁻⁸ Assessing the quality of observational studies is an important part of evidence-based reports made for the Agency for Healthcare Research and Quality (AHRQ).⁹

An extensive review of all available systems for rating the strength of scientific evidence and concluded that future efforts need to identify valid and reliable quality ratings for observational studies.⁹⁻¹⁰ Different methodological aspects, including selective treatment assignment, access to health care, or provider characteristics may have different importance for studies that examine treatment effects and prevalence of chronic conditions or the association of disease risk factors with patient mortality and morbidity.⁹⁻¹⁰ Therefore, quality evaluation that is part of grading of a body of evidence must be tailored to the methodological aspects and quality standards of nontherapeutic observational studies.

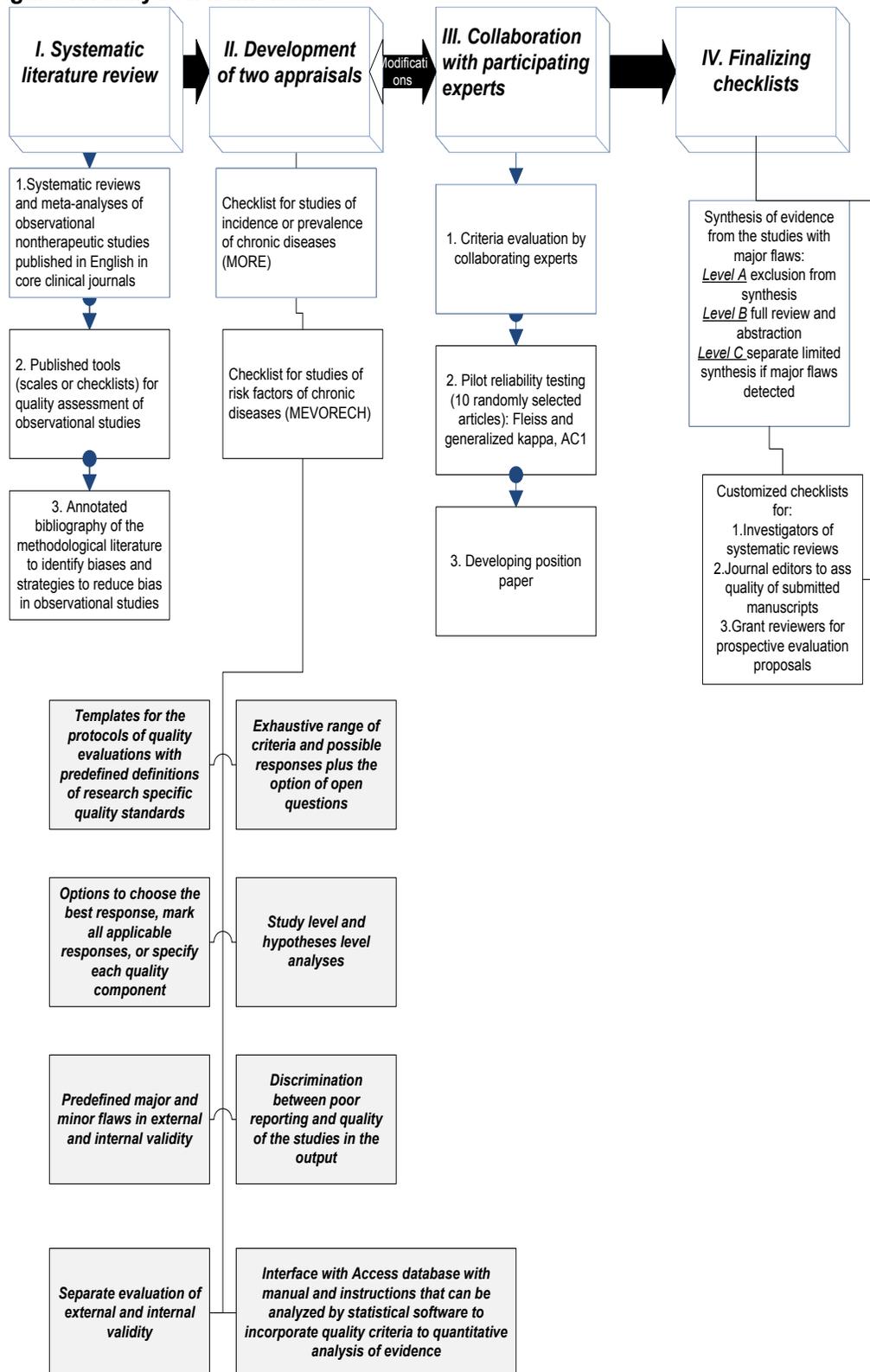
The present collaborative project sought to develop valid and reliable quality criteria of observational studies that examine the incidence or prevalence of chronic conditions and risk factors for diseases. We propose criteria for the design, reporting standards, and assessment of nontherapeutic observational studies in systematic reviews and evidence-based reports.

Methods

We developed two checklists, one for studies of incidence or prevalence and another for risk factors, based on our literature review and in collaboration with experts from other Evidence-based Practice Centers and the Centers for Disease Control and Prevention.

The protocol to construct the checklists was based on a conceptual model of the development of indexes, rating scales, or other appraisals to describe and measure symptoms, physical signs, and other clinical phenomena in clinical medicine (Figure 1).¹¹ We defined external validity as the extent to which the results of a study can be generalized to the target population.⁵ Applicability may differ from external validity by the definition of the target population; well designed studies from different countries with good external validity can have low applicability to the U.S. population. We defined internal validity as the extent to which the results of a study are correct for the subjects and the associations detected are truly caused by exposure.⁵ We defined biases the checklists should address, but avoided labeling biases in quality evaluation because of differences in definitions of biases and because of applicability of previously labeled selection, information, differential verification, context, treatment paradox, disease progression, and other biases to interventional studies.

Figure 1. Analytical framework



Selection of Candidate Variables

We reviewed all previously published checklists and scales for quality assessment of observational studies.¹²⁻⁹⁵ Then we generated a bank of criteria items by applicability to observational studies of incidence, prevalence, or risk factors, and by assessment of external or internal validity. Finally, we selected all components relevant to studies of incidence, prevalence, or risk factors of chronic conditions. We included possible responses for comprehensive objective quality evaluation with minimal evaluator judgments around quality criteria.

Composition of the Checklists

Based on the results of the literature review, we formulated the requirements for the proposed checklists to assess quality of observational nontherapeutic studies (Figure 1). We developed two checklists (Appendix 1); one for incidence or prevalence studies and one for risk factors following the requirements we formulated. The checklists were designed to reflect the best (gold standard) methodology that the CDC uses to conduct Public Health Surveillance for Chronic Conditions for incidence or prevalence studies. The quality evaluators have the flexibility to define biases that can be specific for research questions. The checklists are available in text format (Appendix A) or as a relational database (Microsoft Access), which can be downloaded from https://netfiles.umn.edu/xythoswfs/webui/_xy-17471658_1-t_aRG151Im.

The checklists address important biases to which cohort, cross-sectional, and case-control studies may be susceptible. The checklist for studies of risk factors included two aspects of causality-dose response and temporal association between risk factors and disease outcomes. Grading the level of evidence requires additional information about consistency of results across studies and should not be part of the standard output for individual studies. Basic knowledge of epidemiology is required to complete the checklists.

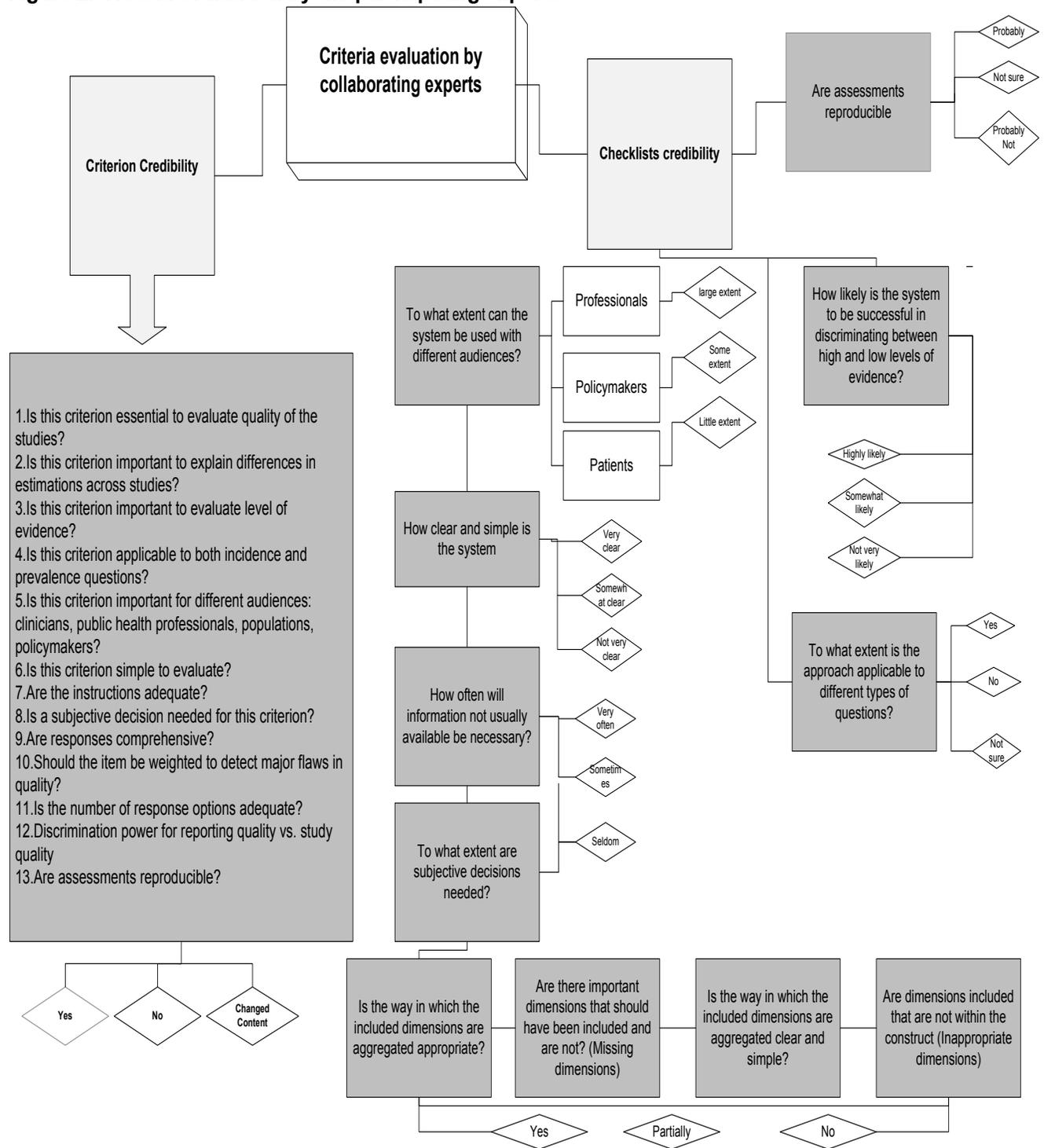
We discriminated reporting quality from methodological quality by having the option of “not reported” for all quality criteria. The proposed checklists discriminate methodological quality using Boolean operators; for example, when the response to the question about sampling of subjects is X (clinic based recruitment), then the study has a major flaw in external validity. If the evaluators chose responses predefined as poor reporting or methodological quality, the Access internal algorithm would list them as present major or minor flaws in methodological quality or not reported quality criteria.

The definitions of minor flaws can be research specific but must be pre-specified and justified in the protocols of quality evaluations to ensure that the evaluations are based on quality components rather than formal scaling of the criteria. Part one of the report lists poorly reported quality criteria and flaws in external validity; part two lists internal validity without formal scaling of criteria or summarizing them into global arithmetic scores or obscured nontransparent quality rank.

Pilot Testing of Validity and Reliability by Experts

We invited members of the Evidence-based Practice Centers and the Centers for Disease Control and Prevention to participate in the project. Responders from the U.S., Canada, and Germany evaluated face and content validity of the checklists (Figure 2).^{3,11} Two centers had more than one volunteering expert; but each center represented one opinion about quality criteria and submitted one completed checklist per article.

Figure 2. Criteria evaluation by the participating experts



We conducted a pilot test of the checklists. The experts each evaluated ten articles to test reliability and discriminant validity.⁹⁶⁻¹⁰⁵ We randomly selected the articles from the reference lists of several completed EPC reports about incidence or prevalence or risk factors of chronic diseases.^{10,106-109} We aimed to develop quality assessments of individual studies that represent

different topics of biomedical research. We expected the same level of reliability for different topics.

The outcomes for each step of the collaboration included:

- (1) Credibility test of each quality criterion, domains of external and internal validity, and overall conclusions about quality (Figure 2).¹¹
- (2) Reliability evaluation: agreement, generalized¹¹⁰ and Fleiss kappa¹¹¹⁻¹¹² and AC1 statistics¹¹³⁻¹¹⁵ overall, by topic, by article, by domains of external and internal validity, and by quality component.
- (3) Revision of the appraisals according to comments from the experts.

We modified both checklists for different audiences, depending on the goals of quality appraisals: retrospective quality assessment of individual studies for systematic reviews or quality assessment of submitted manuscripts.

Analysis of Credibility, Validity, and Reliability of the Checklists

In the absence of a gold standard, we created an analytical plan based on published validations of previously peer reviewed checklists^{25,62} and scales for quality assessment⁴⁹⁻⁵⁰ such as the Overview Quality Assessment Questionnaire.²⁵ The index assessed quality of evaluated systematic reviews compared with the best published systematic reviews or meta-analyses with six of the seven hypotheses used to test construct validity held true. Sensibility of the index was evaluated with 13 questions and a seven point scale, the mean rating was 5 or greater, indicating good sensibility of the tool.²⁵ The authors validated the methodological index for nonrandomized studies (MINORS)⁷⁴ and reported that scores estimating nonrandomized therapeutic studies were significantly lower when compared with well designed randomized controlled clinical trials. Credibility criteria of the index were assessed on a 7 point scale. Good credibility was defined with a total score of 13 or more.

We used the same approach to evaluate the validity of the checklists with an agreement around criteria. We analyzed a proportion of positive responses among all binary responses about face and content validity. We collected open-ended comments and suggestions to modify the checklists. We scored all responses as 0, 0.5, or 1 and calculated the means and standard deviations of total scores. We did not score missing responses and did not include them in the analyses. For binary responses, we added criteria to the checklists when more than 75 percent of the experts agreed on validity.²⁵ We concluded that a criterion was credible when the mean score was ≥ 6 on a scale of 9.⁷⁴

We examined discriminant validity by testing the hypothesis that the checklists can detect differences in quality across studies, and discriminate reporting vs. methodological quality.⁷⁴ We assigned scores for responses detecting poor reporting or the presence of major or minor flaws in the methodological quality of the articles. Then we calculated means and standard deviations for the total score of poor reporting and major or minor flaws in each article. The significant mean differences in total scores at 95-percent confidence level indicated the discriminating power of the checklists to detect poor reporting vs. poor methodological quality.

To test reliability of the checklists, we estimated that we needed to ask at least five experts to review ten publications for kappa=0.8 and null hypothesis of kappa=0.5 based on alpha=0.05 and beta=0.2.¹¹⁶

We measured agreement among raters separately for all ten of the papers selected, using Landis & Koch's measure of inter-rater agreement for multiple raters (with studies in place of subjects).¹¹¹ Because of the small sample size and the lack of an analytical standard error, we computed 95-percent confidence intervals for Landis & Koch's measure using a bootstrap procedure¹¹² with 1,000 bootstrap samples, each sample consisting of the appropriate number of papers sampled with replacement. We report the 2.5th and 97.5th percentiles of these bootstrap samples as a 95-percent confidence interval. All computing was done using a custom code in the R system (v. 2.3.1).¹¹⁷⁻¹¹⁸

We also calculated generalized kappa¹¹⁰ and AC1 statistics for each quality component and each article¹¹³⁻¹¹⁵ (Appendix B Exhibit 1) using Excel¹¹⁰ (Appendix B Exhibit 2) and SAS^{114,119} software (codes are available by request from the authors). We calculated a generalized kappa statistic for each article using the number of raters (seven) who marked the same response category.¹¹¹ The checklist for incidence or prevalence studies had 18 subjects and 11 response categories. The checklist for risk factor studies had 26 subjects and nine response categories. We calculated the total number of ratings, generalized kappa for each response category, and the total generalized kappa for the study (Appendix B Exhibit 2).

Kappa statistics are sensitive to differences in rate marginal probabilities and can be paradoxically low in cases when the propensity of positive ratings is very small or very large (high agreement with a high concentration of observations in one cell). In contrast, the AC1 statistic is a more robust measure of agreement among multiple raters because it estimates the likelihood of agreement by chance as the probability that a randomly chosen rater classifies randomly chosen subjects into the same response category. Since none of the statistical tests for reliability of nominal multi-rater responses using checklists is ideal,¹¹ we compared percentage agreement, Fleiss and generalized kappa, and AC1 statistics to detect areas of disagreement. We interpreted kappa values of 0.0-0.19 as poor, 0.20-0.39 as fair, 0.40-0.59 as moderate, 0.60-0.79 as substantial, and 0.80-1.00 as almost perfect agreement.

Results

We identified 84 publications that described 96 tools¹²⁻⁹⁵ to assess the quality of observational studies; 47 of 96 tools were created for therapeutic studies; 47 percent were modified from previously published peer reviewed appraisals, 18 percent were developed based on methodological standards; 35 percent did not provide any information about development of the tools; 22 percent reported reliability; and 10 percent reported validation procedures. None of the tools ranked internal validity or applicability; 35 percent categorized quality by the presence of predefined major flaws in design, or by total score. The level of evidence was proposed in 22 percent of the tools, by criteria of causality or internal validity. None of the tools discriminated poor reporting quality from overall quality. None of the tools gave separate conclusions about external and internal validity. Evaluation required different degrees of subjectivity. Numerical estimates of quality did not provide transparent conclusions about the degree of bias.

Evaluation of the Tools by Experts Participating in the Project

Face and Content Validity. Participating experts from nine organizations (of 15 invited) evaluated content and face validity of the checklists (Table 1). The experts found the majority of the criteria proposed for incidence or prevalence or risk factor studies to be valid. Seventy-three percent thought the dimensions in the checklists were appropriate, and 90 percent thought they were complete. They also agreed that suggested responses were comprehensive and reproducible but were difficult to evaluate because of reporting quality and the observational nature of the research. Comments included examples of data mining for purposes different from the aims of the study. We modified the checklists and added a table with definitions and instructions related to suggested responses about external and internal validity (Appendix A). We included the option to mark more than one applicable response and added an option to specify each criterion when suggested responses did not include applicable information.

Table 1. Rating the quality criteria of observational studies

Incidence Studies	Mean ± Standard Deviation	Risk Factor Studies	Mean ± Standard Deviation
Aim of study	5±2	Aim of study	6±3
Study design	6±2	Objectives	5±3
		<i>Hypothesis**</i>	5±3
		Study design	7±2
External Validity*			
1. Sampling of the subjects by the investigators	6±3	1. Sampling of the subjects by the investigators	7±3
2. Assessment of sampling bias	6±3	2. Assessment of sampling bias	6±2
3. Estimation of sampling bias	6±2	3. Estimation of sampling bias	6±2
4. Exclusion rate from the analysis	6±2	4. Exclusion rate from the analysis	6±3
5. Sampling bias is addressed in the analysis	5±3	5. Sampling bias is addressed in the analysis	6±3
6. Subject flow	6±2	6. Subject flow	6±2
Internal Validity*			
1. Source to measure outcomes	7±2	1. Source to measure outcomes	7±2
2. Definition of outcomes	6±3	2. Definition of outcomes	6±2
3. Measurements of outcomes	6±3	3. Measurements of outcomes	6±2
4. Outcomes in race, ethnic, age, or gender subpopulations	5±3	4. Definition of the exposure	6±2
5. Reporting of outcomes	4±2	5. Measurements of the exposure	6±3

Table 1. Rating the quality criteria of observational studies (continued)

Incidence Studies	Mean ± Standard Deviation	Risk Factor Studies	Mean ± Standard Deviation
<i>Outcomes in groups with risk factors of the outcomes**</i>	5±3	6. Confounding factors	7±2
		7. Loss of followup	7±2
		8. Masking of exposure status	6±2
		9. Statistical analysis	5±1
		Assessment of temporality***	5±2
		10. Appropriateness of statistical models	5±2
		Dose response with exposure***	6±2
		11. Reporting of tested hypothesis	6±2
		12. Precision of the estimates	5±2
		13. Sample size justification	5±2
<i>Overall estimation of internal validity**</i>	5±2		5±2
<i>Overall estimation of external validity**</i>	5±2		6±2
<i>Estimation the level of evidence of the association with risk factors**</i>	5±2		4±2

*good credibility when score mean was ≥6

**criteria were removed from the checklist

***aspects of causality

The experts voted that overall assessments of internal and external validity should not be part of this project, based on the recommendation of the experts (Table 2). We deleted overall conclusions about external and internal validity, did not use qualitative categories of applicability or internal validity (e.g., high, low), but intended to distinguish the studies at least on the basis of the presence of important flaws that could affect the results. We did not propose numerical scaling of quality, quantitative values for criteria, or numerical weighting of flaws.

Table 2. Credibility of the checklists to assess quality of observational studies (evaluation by participating experts)

Quality Criteria	Incidence Mean ± STD	Risk Factors Mean ± STD
Is this criterion essential to evaluate quality of the studies?	6±2	7±2
Is this criterion important to explain differences in estimations across studies?	8±1	7±2
Is this criterion important to evaluate level of evidence?	5±2	6±2
Is this criterion applicable to questions (prevalence or incidence or risk factors)?	8±3	8±1
Is this criterion important for different audiences (clinicians, public health professionals, populations, policymakers)?	8±1	7±2
Is this criterion simple to evaluate?	5±2	4±2
Are the instructions adequate?	4±2	5±2
Is a subjective decision needed for this criterion?	4±2	4±2
Are responses comprehensive?	7±1	7±2
Should this item be weighted to detect major flaws in quality?	2±1	2±2
Is number of response options adequate?	7±1	7±2
Discrimination power for reporting quality vs. study quality	4±1	4±1
Are assessments reproducible?	7±1	7±1
Overall Estimation of Validity*		
Wide applicability for different areas of research	6±1	6±0
Can be useful for various groups (clinicians, public health professionals, consumers, policymakers)	7±2	9±0
Overall estimation is clear and simple to understand	6±2	6±3
Program conclusion based on detected major flaws is adequate (can be specified depending on the area of research)	6±2	5±2
Is necessary information usually available to estimate validity?	5±2	4±2
Is subjective decision needed to estimate validity?	5±2	6±2

Table 2. Credibility of the checklists to assess quality of observational studies (evaluation by participating experts) (continued)

Quality Criteria	Incidence Mean ± STD	Risk Factors Mean ± STD
Likelihood of bias in applicability of the tool	5±2	6±1
Is single domain of validity comprehensive?	5±2	5±0
Are redundant items present in the tool?	6±2	3±0
Are item weights adequate to detect major flaws in validity?	6±2	5±0
Are the numbers of conclusions optional?	5±2	5±0
Does the tool have discrimination power for levels of validity?	5±2	5±0
Does the tool have discrimination power for reporting vs. study quality?	5±1	6±1

*good credibility when score mean was ≥6

Pilot Testing of Reliability of Modified Checklists. The experts were asked to read the articles and complete appraisals for the four studies of incidence or prevalence and six studies of risk factors of chronic conditions. Seven experts completed the evaluations.

In order to identify potential actions to improve reliability, we compared raw agreement, Fleiss' and generalized kappa, and AC1 statistics to detect levels of agreement for each quality component, and evaluated possible reasons for disagreement. The estimation of reliability differed across three statistics. Overall, Fleiss' kappa was nonsignificant, ranging from 0 to 85 percent (Table 3). We detected a paradox in kappa values when high agreement was joined with low kappa values.¹¹⁵ For example, nongeneral population based sampling methods by self-selection were marked with a high level of agreement; the statistical tests demonstrated a negative nonsignificant kappa (-0.04±0.95) but a significant AC1 statistic (0.92±0.08) (Appendix B, Tables 1-2). Standard errors of calculated generalized kappa and Fleiss' kappa were generally largely attributed to the small number of articles. Kappa statistics can be less reliable for categorical, not mutually exclusive responses, and more than one answer was allowed, including an open-ended response for each quality component.

Table 3. Agreement summaries

Agreement	Incidence or Prevalence Studies		Agreement	Risk Factors Studies	
	Fleiss Kappa (95%CI)	Generalized Kappa		Fleiss Kappa (95%CI)	Weighted Kappa
Funding					
0.9	0.79 (-0.08; 1)	1	0.5	0.22 (-0.06; 0.39)	0.288
Role of the funding organization in data analysis and interpretations of the results					
0.8	-0.07 (-0.19; 0.01)	0.02	0.8	-0.098 (-0.168; -0.039)	
Conflict of interest					
0.7	0.6 (-0.13; 0.79)	0.64	0.8	-0.082 (-0.139; -0.039)	-0.037
Country					
0.9	0.86 (0.36; 1)		0.9	0.853 (0.553; 1)	
Ethics approval					
0.9	0.83 (-0.08; 1)	0.83	0.6	0.376 (-0.145; 0.616)	0.425
Aim of the study					
0.3	0.03 (-0.15; 0.05)	0.21	0.3	0.105 (-0.095; 0.263)	0.155
Study design					
0.9	0.83 (-.12; 1)	1	0.4	0.302 (-.011; 0.595)	0.34
Objectives					
			0.4	0.005 (-0.125; 0.135)	0.025
			External Validity		
General population based sampling					
0.1	-0.04 (-0.4; -0.03)	0.1	0.2	0.058 (-0.092; 0.105)	0.042
Nongeneral population based sampling method					
0.2	0 (-0.21; 0.04)	0	0.1	-0.156 (-0.299; -0.103)	-0.085
Nongeneral population based sampling frame					
0.8	0.81 (0.2; 1)	0.74	0.4	0.158 (-0.131; 0.385)	0.215

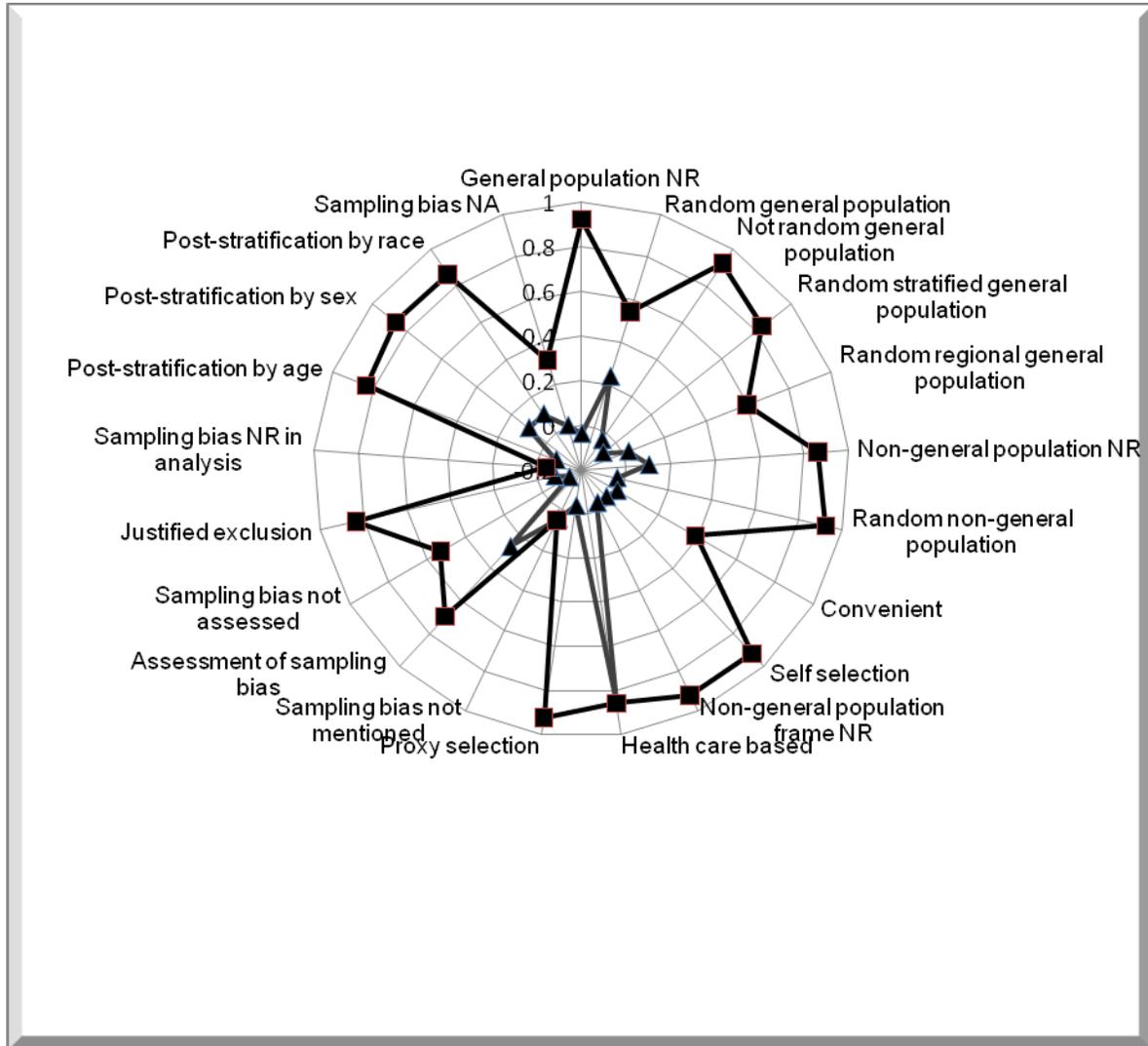
Table 3. Agreement summaries (continued)

Incidence or Prevalence Studies			Risk Factors Studies			
Agreement	Fleiss Kappa (95%CI)	Generalized Kappa	Agreement	Fleiss Kappa (95%CI)	Weighted Kappa	
Assessment of sampling bias	0.2	-0.01 (-0.14; 0.07)	0.04	0.2	0.021 (-0.106; 0.114)	-0.021
Sampling bias is addressed in the analysis	0.3	0 (-0.14; 0.09)	-0.02	0.3	0.005 (-0.139; 0.091)	0.06
Exclusion rate from the analysis	0.6	0.34 (-0.18; 0.69)	0.4	0.054 (-0.135; 0.161)		
Exclusion rate from the analysis in exposed and not exposed			0.3	0.008 (-0.168; 0.202)	0.074	
For case control studies			0.6	0.182 (-0.2; 0.403)	0.114	
Subject flow	0.3	0.08 (-0.22; 0.14)	0.2	-0.045 (-0.266; -0.004)		
Internal Validity						
Source to measure dependent variables (target, outcomes)	0.2	-0.03 (-0.2; -0.02)	0.27	0.051 (-0.068; 0.128)	0.042	
Definition of the dependent variable-reference period	0.2	-0.01 (-0.14; 0)	-0.02	0.2	-0.01 (-0.101; 0.006)	-0.004
Severity	0.4	0.08 (-0.14; 0.18)	0.21	0.4	0.074 (-0.106; 0.202)	0.077
Frequency of the symptoms	0.4	0.15 (-0.09; 0.22)	0.14	0.5	0.237 (0.005; 0.357)	0.224
Measurements of the incidence/prevalence of chronic disease(s)	0.3	0.12 (-0.12; 0.22)	0.12	0.3	0.024 (-0.105; 0.118)	0.06
Reliability of the estimates	0.5	0.18 (-0.15; 0.4)	0.26	0.3	-0.028 (-0.134; 0.03)	0.058
Confounding factors, or the factors that can modify the association between risk factor and disease			0.3	-0.099 (-0.168; -0.079)	-0.072	
Measure of confounding factors			0.3	0.018 (-0.104; 0.103)	0.058	
Loss of followup			0.6	0.48 (0.099; 0.802)		
Masking of exposure status for investigators who measured dependent variables			0.4	0.018 (-0.09; 0.055)	0.07	
Statistical analysis			0.5	0.02 (-0.097; 0.124)	0.076	
Appropriateness of statistical model to reduce research specific bias			0.5	0.072 (-0.094; 0.201)	0.039	
Sample size justification			0.5	-0.092 (-0.154; -0.073)	-0.067	

Checklists of studies of incidence or prevalence of chronic conditions. Generalized kappa for each article demonstrated fair agreement for two studies of incontinence (generalized kappa 0.38; 95% CI 0.32; 0.43;⁹⁶ 0.21; 95% CI 0.12; 0.30⁹⁸) and two studies of depression (generalized kappa 0.34; 95% CI 0.26; 0.42;⁹⁷ 0.28; 95% CI 0.22; 0.34⁹⁹). The differences in agreement for each quality criteria in generalized kappa and AC1 statistics are presented in Figure 3, which displays means of both statistics relative to a scale from 0 (center point) to 1 (perimeter area, perfect agreement). Subject flow with calculated eligibility, enrollment, and recruitment fractions had intra-class correlations of 0.86, 0.97, and 1.00, respectively. Because the studies differed by order of magnitude, we also computed the intra-class correlations on the logarithm of the responses; these were 0.94, 0.99, and 1.00, respectively.

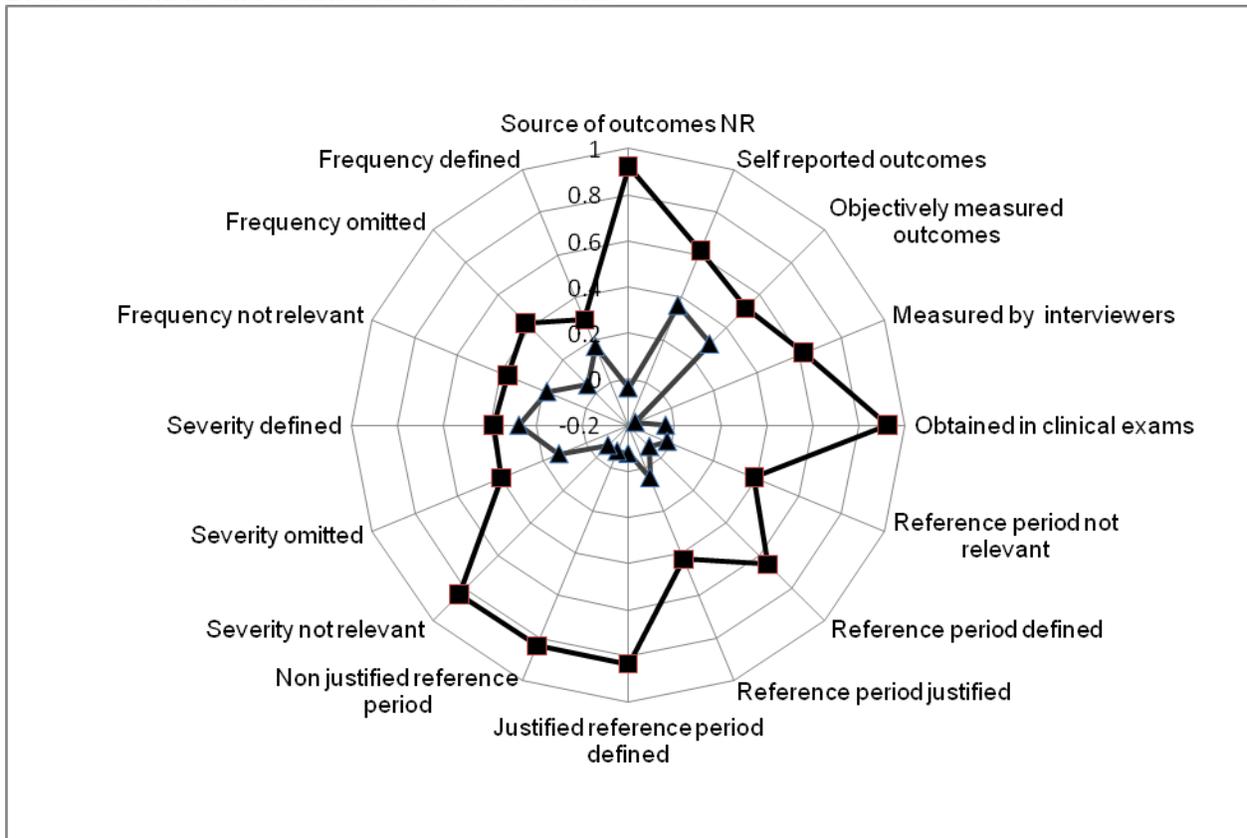
Figure 3. General kappa (triangle symbols) and AC1 statistics in observational nontherapeutic studies of population incidence or prevalence of chronic diseases (based on pilot reliability testing of four articles by seven expert groups)

A. Sampling and assessment of sampling bias



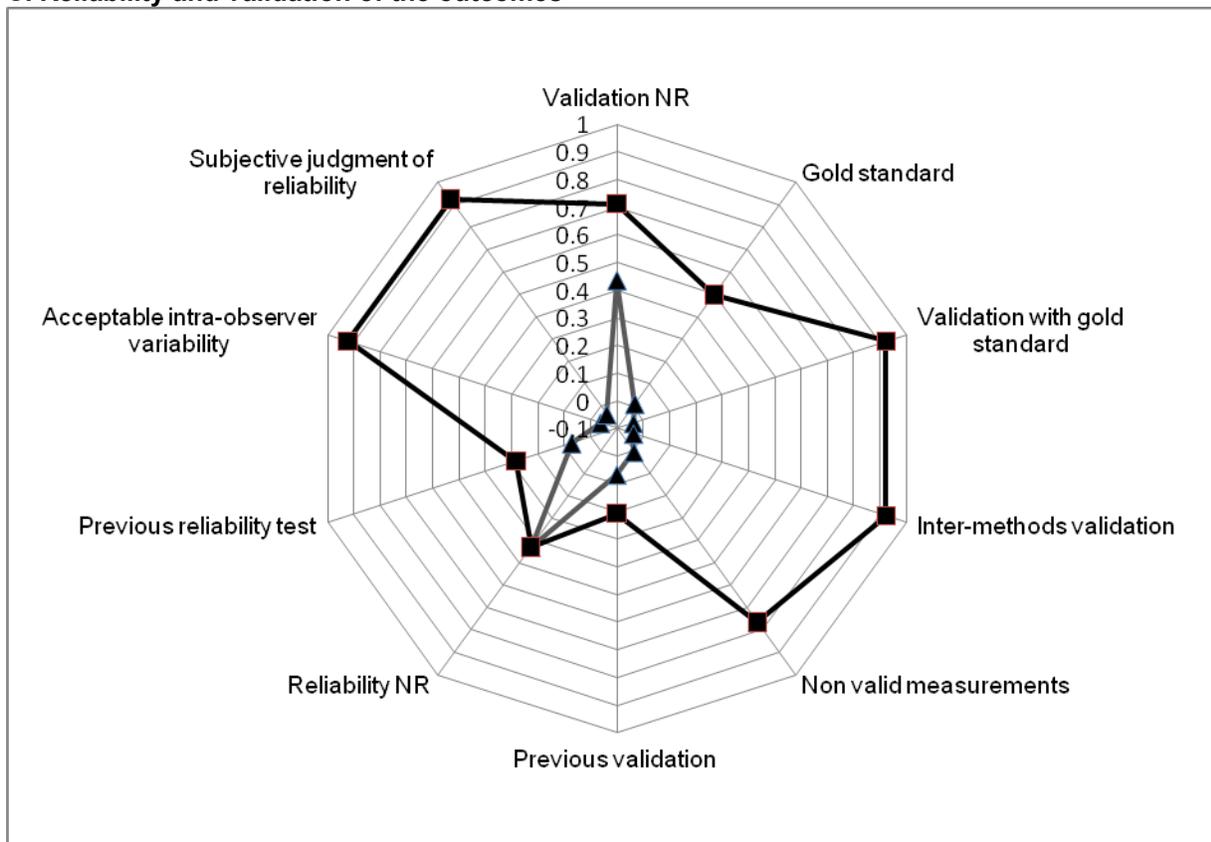
NR=not reported

B. Measurement and definitions of the outcomes



NR=not reported

C. Reliability and validation of the outcomes



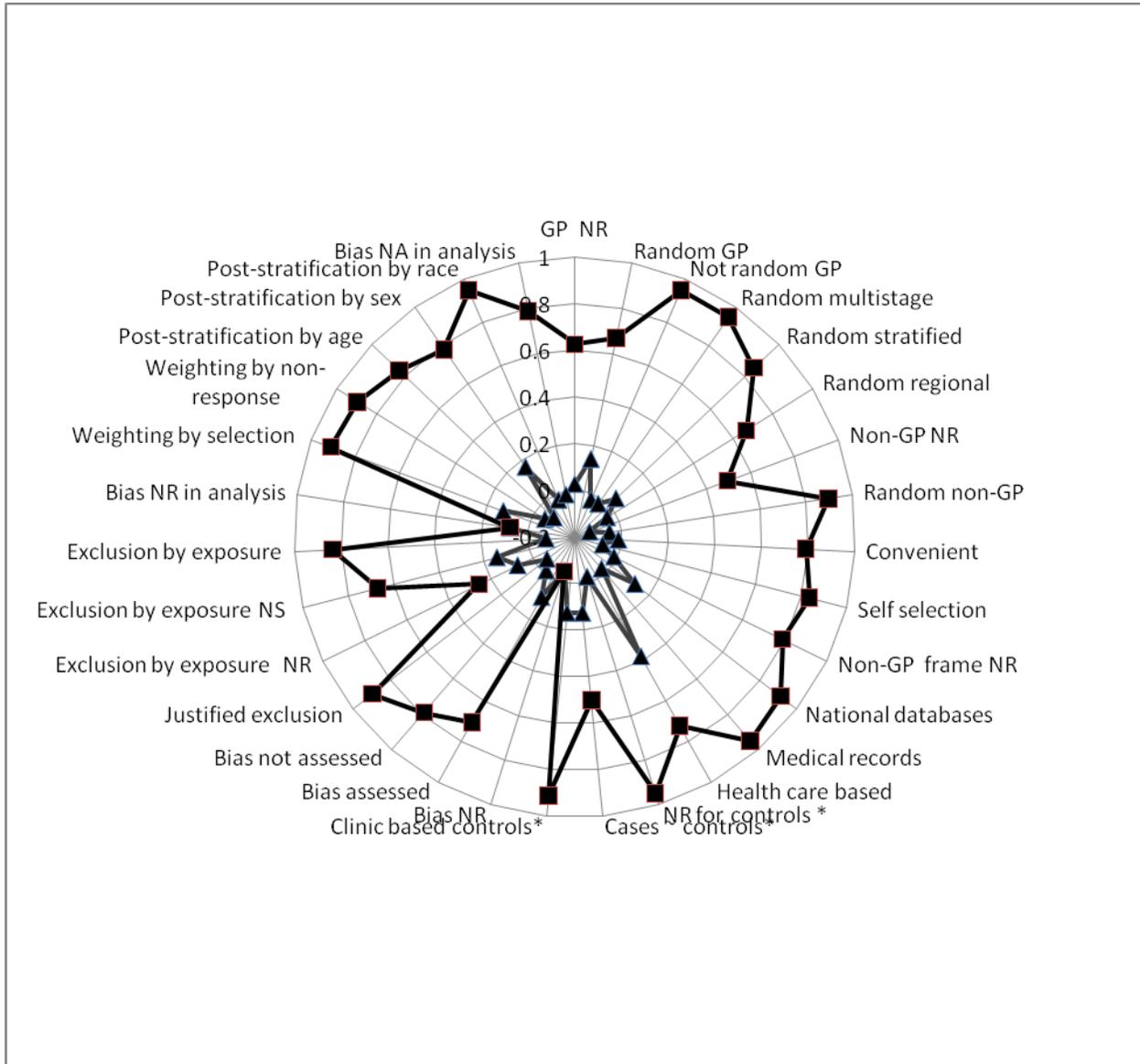
NR=not reported

Radar plot displays mean of generalized kappa and AC1 statistics relative to a scale from 0 (center point) to 1 (perimeter area, perfect agreement), standard errors and significance are presented in Appendix B, Table 1

Checklists of studies of risk factors for chronic conditions. Generalized kappa for each article demonstrated fair agreement for studies of genetic risk factors (0.23, 95% CI 0.16; 0.30),¹⁰² insomnia (0.27, 95% CI 0.21; 0.32),¹⁰¹ and coronary heart diseases among women (0.26, 95% CI 0.18; 0.34).¹⁰⁵ Agreement was only by chance for articles of risk factors of depression¹⁰⁰ and violence among adolescents.¹⁰⁴ The differences in agreement for each quality criterion in generalized kappa and AC1 statistic are shown in Figure 4. Subject flow with calculated eligibility, enrollment, and recruitment fractions had the intra-class correlations 0.98, 0.76, and 0.73. Because the studies differed by order of magnitude, we also computed the intra-class correlations on the logarithm of the responses; these were 0.99, 0.91, and 0.70, respectively.

Figure 4. General kappa (triangle symbols) and AC1 statistics in observational nontherapeutic studies of risk factors of chronic diseases (based on pilot reliability testing of six articles by seven expert groups)

A. Sampling and assessment of sampling bias



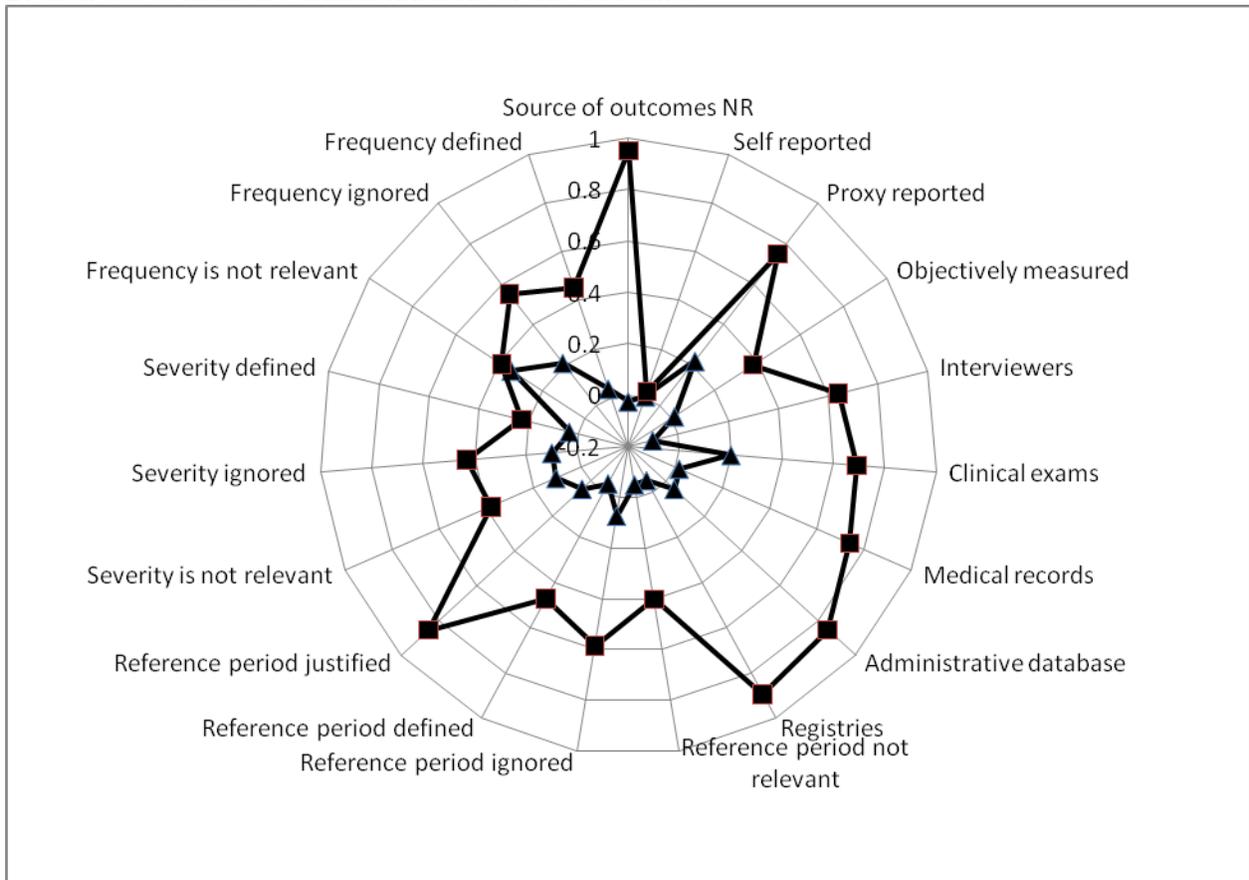
* specific for case control studies

NR=not reported

GP=general population

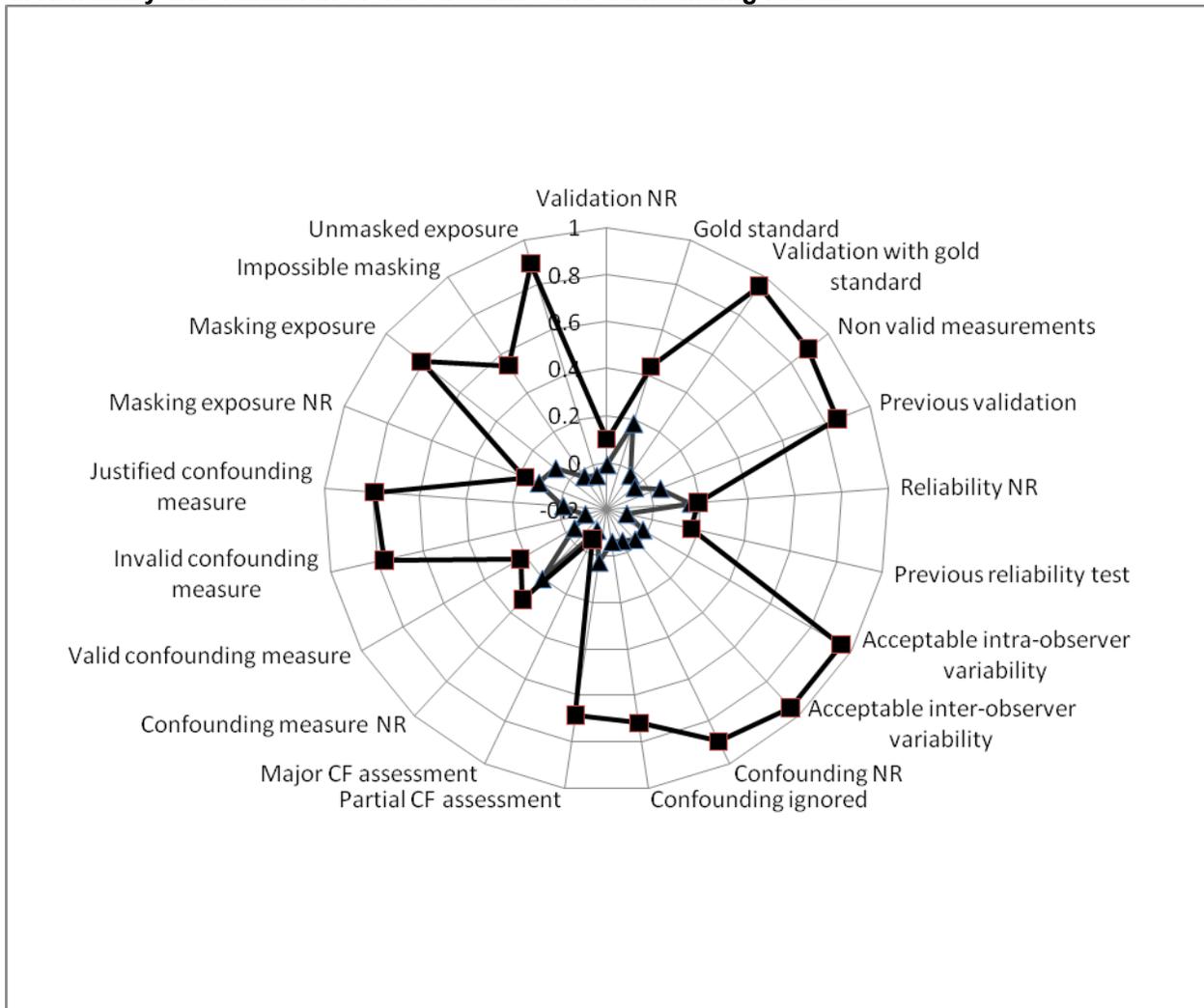
NA=not addressed

B. Sources to measure and definitions of the outcomes



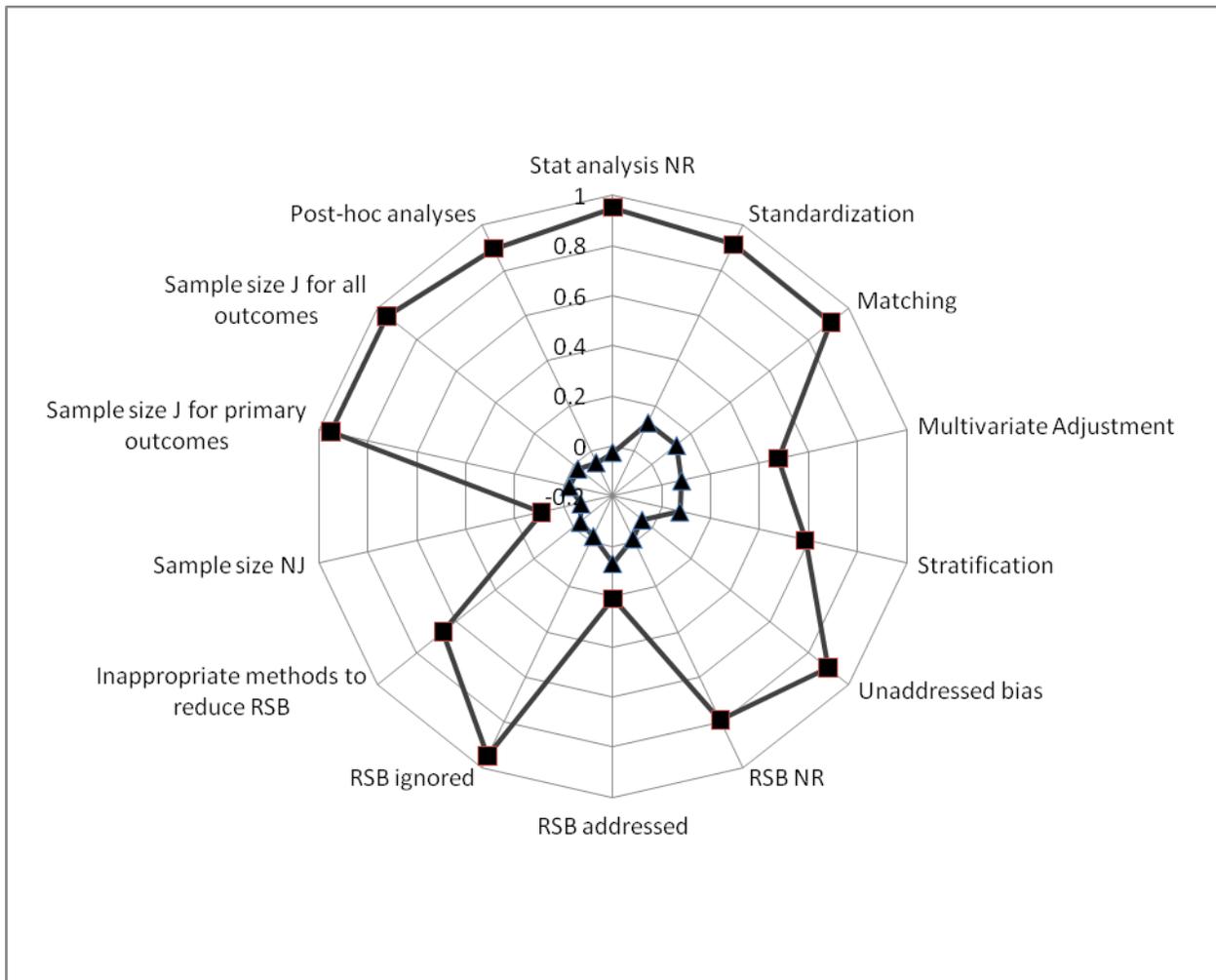
NR=not reported

C. Reliability and validation of the outcomes and confounding factors



NR=not reported
CF=confounding factors

D. Strategies to reduce bias and type II error



NR=not reported

J=justified

NJ=not justified

RSB=research specific bias

Radar plot displays mean of generalized kappa and AC1 statistics relative to a scale from 0 (center point) to 1 (perimeter area, perfect agreement), standard errors and significance are presented in Appendix B, Table 2

Validation of the checklists. We examined discriminant validity by testing the hypothesis that our checklists can discriminate quality across studies and discriminate reporting vs. methodological quality. Mean scores differed for the articles with different numbers of methodological flaws (Table 4). We concluded that our checklists discriminated the quality of studies. Total scores for poor reporting were significantly greater for the majority of the articles when compared to the scores for methodological flaws (Table 4). We concluded that the checklists discriminated poor reporting from low methodological quality in the studies based on the presence of major flaws (Figure 5) and minor flaws (Figure 6).

Table 4. Discriminant validity of the checklists to detect differences in reporting quality and in methodological flaws of the studies

Study	Reporting Quality		Minor Flaws		Major Flaws	
	Mean	95% CI	Mean	95% CI	Mean	95% CI
Studies of incidence or prevalence of chronic conditions						
Luutonen, 2002 ⁹⁷	0.19*†	0.10; 0.29	0.09*†‡**	0.03; 0.15	0.17	0.06; 0.27
Lauzon, 2003 ⁹⁹	0.25*	0.15; 0.34	0.08*†‡**	0.02; 0.14	0.17	0.06; 0.27
Hunskaar, 2004 ⁹⁸	0.18*†	0.09; 0.28	0.11	0.05 ;0.17	0.12	0.01; 0.23
Waetjen, 2007 ⁹⁶	0.29	0.19; 0.38	0.13	0.07; 0.19	0.12*	0.01; 0.23
Studies of risk factors of chronic conditions						
Lesperance, 2002 ¹⁰⁰	0.18*†	0.10; 0.27	0.07†	0.03; 0.11	0.06	0.01; 0.11
Leppavuori, 2002 ¹⁰¹	0.36†‡	0.28; 0.44	0.13*†	0.08; 0.17	0.13*	0.08; 0.18
Nuotio, 2003 ¹⁰³	0.21*†	0.13; 0.29	0.09	0.05; 0.13	0.08	0.03; 0.14
Crew, 2007 ¹⁰²	0.29	0.21; 0.37	0.08‡	0.04; 0.12	0.02	-0.03; 0.08
Vilbergsson, 1998 ¹⁰⁵	0.39*	0.31; 0.47	0.11*	0.07; 0.15	0.04	-0.02; 0.09
Dishion, 1997 ¹⁰⁴	0.28	0.20; 0.36	0.05**	0.01; 0.09	0.05*	0.00 0.10

*, †, ‡, ** - significant differences in reporting or methodological quality

Figure 5. Discrimination of methodological vs. reporting quality of the studies by the checklists: differences in major flaw and poor reporting

Checklists discriminated reporting vs. methodological qualities of the examined studies when 95% confidence interval (CI) of mean difference in the total score between reporting and methodological qualities does not include 0.

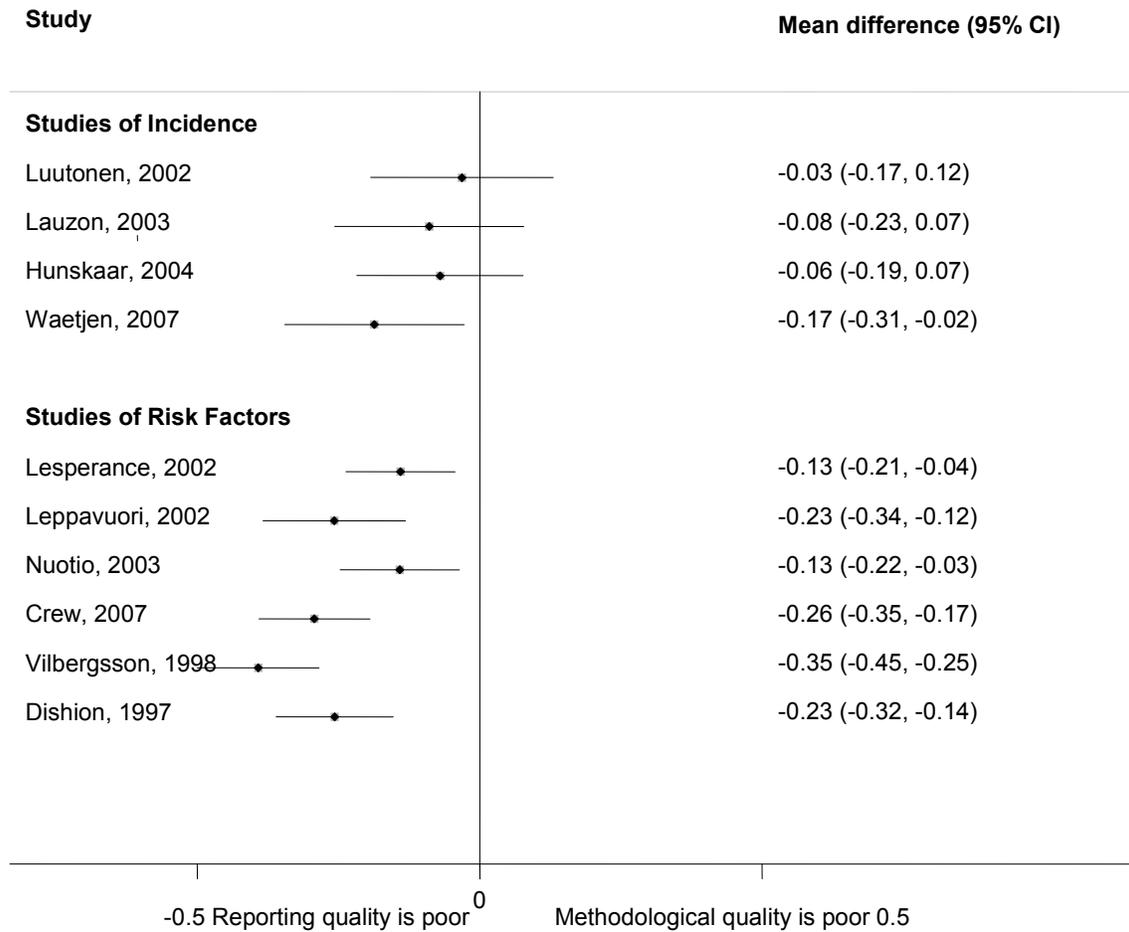
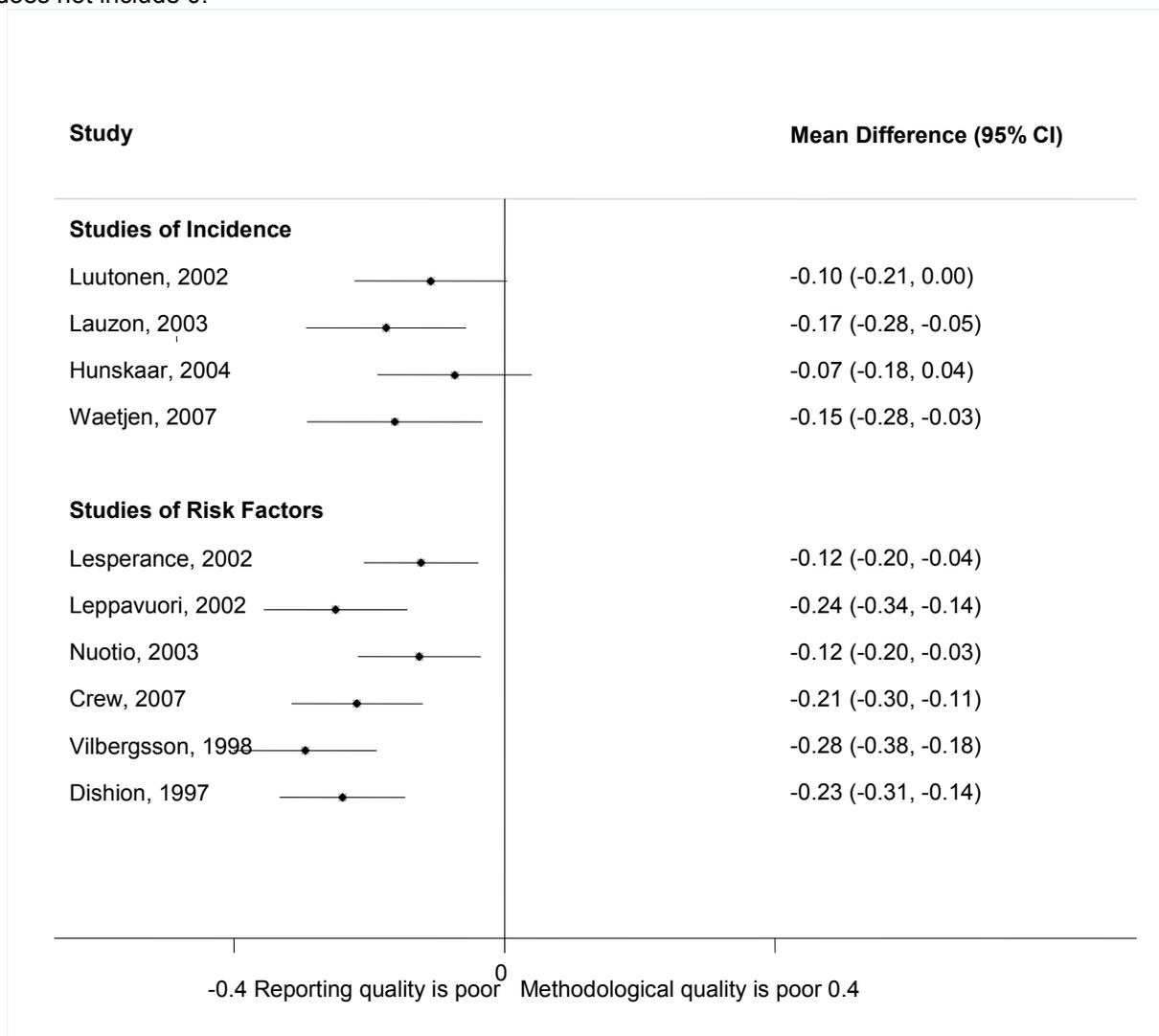


Figure 6. Discrimination of methodological vs. reporting quality of the studies by the checklists: differences in minor flaw and poor reporting

Checklists discriminated reporting vs. methodological qualities of the examined studies when 95% confidence interval of mean difference in the total score between reporting and methodological qualities does not include 0.



We concluded that the checklists have reasonable validity but poor overall agreement according to kappa statistics. We also concluded that the structure and allowing more than one response resulted in lower than expected kappa. We detected areas of major disagreement that can be improved by a priori consensus around appropriate definitions of the target population, population subgroups, risk factors, and the reference methods of the measurements.

Finalizing the Checklists

Modifications based on the tests for validity and reliability. We designed a template for the preplanned protocols of quality evaluation that should include justified consensus about target

populations, availability of a gold standard to measure outcomes, acceptable definitions of exposure and outcomes, and the most appropriate strategies to reduce bias (Appendix A).

The quality assessment for each study includes separate evaluations of external and internal validity, lists major and minor flaws; and poorly reported details about the methodology of the study. The assessments are available in both text format (Access reports) and Excel spreadsheets that can be analyzed by statistical software to incorporate quality criteria to quantitative analysis of evidence.

Interpretation of quality assessments. The finalized checklists were used to create an Access database which produces standardized quality reports (Appendix A). Each report has separate evaluations of external and internal validity. Each evaluation lists poorly reported quality criteria and methodological flaws in the study. Quality reports in spreadsheet format should be used to synthesize evidence including quantitative meta-analyses and meta-regression. The extent to which the quality of individual studies can explain heterogeneity in the results would depend on the specific area of the research.

Discussion

We present the results of our pilot collaborative project to develop checklists for quality assessment of observational nontherapeutic studies. Comparing our checklists with previously published scales and checklists, we could find only one that was developed for studies of incidence or prevalence of health conditions.⁵⁰ The scale has three domains, including the validity of study methods and interpretation and applicability of the results. A maximum score of 8 does not differentiate domains; for example, the same score of 7 was given to studies with biased sampling and to studies with low diagnostic values of the tests to measure the outcome.⁵⁰ The appropriate study design or sampling method would receive the same score of 1.^{34,50} Quality assessments based on detected flaws in external and internal validity rather than an arithmetic score can result in standardized and transparent appraisals of studies. Our checklists address and discriminate both reporting and methodological quality, which is more efficient than performing separate assessments.

We believe that our checklists can provide comprehensive quality assessments of incidence and prevalence or risk factors studies of any chronic disease. Growing numbers of publications address research specific reporting and methodological standards,¹²⁰ including appropriate adjustment for confounding or residual confounding.¹²¹ For example, recently published reporting standards for studies of genetic associations¹²² emphasized the role of population stratification bias, Hardy-Weinberg equilibrium, or genotyping errors as well as treatment effects in quantitative traits. We incorporated research specific quality standards in the checklists, including one question that directly addresses research specific appropriate methods to reduce bias that should be predefined in the protocols of quality evaluations.

Several experts noted that completing the quality assessment was time consuming. Poor quality studies with major flaws required more time than those that were well designed. Investigators of evidence-based reports must evaluate the quality of all eligible studies, and flawed studies are very common in biomedical research. To address this issue, we developed three levels of quality assessment by the presence of major methodological flaws or poor reporting of the most important quality criteria (Appendix A). We modified both checklists for different audiences, depending on the goals of quality appraisals: retrospective quality assessment of individual studies for systematic reviews, and quality assessment of submitted manuscripts.

Limitations

In the absence of a gold standard, a formal test for criterion validity was not feasible. Previously published appraisals tested the ability of the checklists or scales to discriminate poor quality from well designed studies.⁷⁴ The investigators of such validity tests judged the quality of studies before actual testing. In contrast, we did not select studies by internal or external validity to examine discriminant validity of the checklists when compared to well-designed population-based surveys or cohort studies. We tested the hypothesis that our checklists can detect differences in reporting and methodological quality among the studies that are typical in EPC reports.

We included a very small number of studies in the pilot reliability test. Pilot reliability tests demonstrated agreement by chance for most quality criteria and stronger agreement about different quality components. Allowing more than one response may reduce statistical estimates

of agreement. Three reliability estimates (Fleiss' kappa, generalized kappa, and AC1 statistics) showed different direction, magnitude, and significance of agreement. We selected studies that evaluated different chronic diseases; there may have been better agreement if the articles examined incidence and risk factors for the same disease. A previously published reliability test for a measurement tool for AMSTAR involved 99 paper-based and 52 electronic systematic reviews.¹²³ A pilot test of the GRADE system was conducted evaluating 12 examples of systematic reviews and meta-analyses.⁴ The authors of the previously developed and validated appraisals did not report how they achieved good reliability, other than via prior consensus about research specific quality criteria and training of the examiners.^{41,49-50,74,90} In our pilot we detected major areas of disagreement, including adequacy of sampling, use of gold standards to measure outcomes, and validity of subgroup analyses; we propose to pre-specify consensus around those criteria in the protocols of quality evaluation.

We did not test reliability in the same situation as a review team would; namely, a dual independent review with a consensus resolution. Poor reliability evaluating studies from different research areas precludes our recommendations for widespread use of our checklists. Fully powered reliability testing should be conducted by the authors of systematic reviews with a consensus resolution around research specific quality standards.

Recommendations for Future Research

Future research should involve a broader audience of methodologists and other stakeholders to evaluate proposed quality criteria. Our preliminary testing should continue and result in the development of reliable tools that can be used with confidence.

For future research we propose using our checklists to assess the quality of studies of incidence and prevalence of chronic diseases (MORE, Appendix A) or risk factors (MEVORECH, Appendix A) in systematic reviews. Protocols of systematic reviews of nontherapeutic observational studies should include justified definitions of research specific quality components and methodological flaws, and preplanned reliability testing of appraisals. Systematic reviews should incorporate quality into the synthesis of evidence to estimate how it affects the results of primary studies and conclusions of the review. The evaluation of the level of evidence from several observational nontherapeutic studies was beyond our present goals and should be studied in future research.

Journal policies, including implementation of quality assessments of manuscripts, play a significant role in improving completeness and transparency of reports.¹²⁴ Journal editors should make publication decisions and revisions based on standardized valid quality evaluations of submitted manuscripts. The peer review process of grant proposals does not include standard, transparent, and valid prospective estimation of the expected quality of studies.¹²⁵⁻¹²⁶ No evidence about the effects of peer review on the quality of funded research is presently available.¹²⁷ Future research using the newly developed checklists should evaluate the effects of prospective quality assessment on the validity and applicability of funded research. Quality evaluations should be conducted in all stages of biomedical research, from funding to publication, and to the decisionmaking process. Journal editors should require clarifications of poorly reported quality criteria, can require additional justifications that flaws could not be avoided or bias cannot be reduced, or can reject the manuscript based on quality evaluation. Reviewers of grant proposals should reject both poorly written applications and proposals of studies with expected major or minor flaws in external and internal validity.

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Appendix A. Methodological Evaluation of Observational Research

Methodological Evaluation of Observational REsearch (MORE)—Observational Studies of Incidence or Prevalence of Chronic Diseases

Please define the protocol specific for your research quality components:

1. Define and justify **target population** _____
Define and justify population subgroups if applicable, race _____, gender _____, other _____
2. **Response rate.** Justify acceptable response rate: _____ and rate that can be defined as a major flaw of the study _____ in the total sample and in race, gender, and other subgroups if applicable.
3. **Exclusion rate from the analysis** - define in the protocol ranges specific for your research _____ and rate that can be defined as a major flaw of the study _____ in the total sample and in race, gender, and other subgroups if applicable.
4. **Source of measure incidence/prevalence of chronic diseases.** Define and justify minor flaws specific for the nature of the condition:

Sources

Suggested Minor Flaws

Self reported (collected for the study)	
Proxy reported (collected for the study)	Minor flaw
Objectively measured with diagnostic methods for the purpose of the study (independent of health care)	
Measured by interviewers for the study	
Obtained during clinical exam for the purpose of the study	
Obtained from medical records (mining of the data collected for health care purposes)	Minor flaw
Obtained from administrative database (mining of the data collected for health care purposes)	Minor flaw
Obtained from registries or administrative databases (collected for epidemiologic evaluation independent of health care)	
Other (please specify)	

1. **Reference period** (time of occurrence) in a definition of the outcome. Define and justify reference period specific for the nature of the outcomes _____
2. **Severity** (degree of the symptoms of the chronic disease) in a definition of the outcome. Define and justify severity if applicable for the nature of the outcomes _____
3. **Frequency of the symptoms of the chronic disease in definition of the outcome.** Define and justify importance of frequency per day, week, or month specific for the nature of the disease _____
4. **Dependent variable (outcomes) in subpopulations.** Define and justify the major flaw in assessment of the variables in subpopulations, if applicable _____
5. **Gold standard to measure the outcomes.** Define and justify gold standard (if known) to measure outcomes _____
6. **Reliability of the estimates.** Define and justify acceptable intra-observer variability _____ and inter-observer reliability _____

Instructions about the survey forms in Access format:

- (1) If you are using Office 2007, probably you'll see an "Option" button right above this window. Please click on the button and choose "Enable this context."
- (2) For a questions ending with a minor flaw symbol, please provide at least one response.
- (3) When you are typing in a textbox, your input is not saved until you click on any other textbox or checkbox.
- (4) You can exit the program at anytime and then resume the survey later by selecting the same Article ID.
- (5) Help is available by clicking on the word Help next to the item you see.
- (6) Though a textbox for "Other (please specify)" shows only about 2 lines of text, it can contain more than 6,000 words. This is just like a small window to see a big world.

Descriptive

Article ID (file name) _____

Journal of publication _____

Year of publication _____

Funding of study (Mark one best (*) and all applicable responses):

A	Not reported	Poor reporting
B	Industry	
C	Grant	
D	Combined industry + grant	
E	Other (specify)	

Role of funding organization in data analysis and interpretations of the results (mark one best (*) and all applicable responses):

A	Not reported	Poor reporting
B	Sponsoring organization participated in data analyses	
C	Other (please specify)	
D	Sponsoring organization did not participate in data analyses and interpretation	

Conflict of interest (Mark one best (*) and all applicable responses):

A	Disclosure not reported	Poor reporting
B	Reported not having conflict of interest	
C	Reported having conflict of interest	
D	Other (please specify)	

Country _____

Ethical approval of the study (Mark one best (*) and all applicable responses):

A	Not reported	Poor reporting
B	Study was approved by Ethical Committee	
C	Other (please specify)	

Aim of study (Mark one best (*) and all applicable responses):

A	Aim was not stated	Poor reporting
B	Included prevalence estimation in the general population	
C	Included prevalence estimation in racial subgroups	
D	Included prevalence estimation in sex subgroups	
E	Included prevalence estimation in other population subgroups (define)	
F	Included prevalence estimation without clear target population	Minor flaw
G	Included Incidence estimation in the general population	
H	Included Incidence estimation in racial subgroups	
I	Included Incidence estimation in sex subgroups	
J	Included Incidence estimation in other population subgroups (define)	
K	Included Incidence estimation without clear target population	Minor flaw

Study Design (Mark one best (*) and all applicable responses):

A	Not clear statement	Poor reporting
B	Cross-sectional	
C	Retrospective	
D	Prospective	
E	Other (please specify)	

External Validity**Sampling of the subjects by the investigators. General population based (Mark one best (*) and all applicable responses):**

A	Not reported	Poor reporting
B	Random population based	
C	Non-random population based	
D	Random multistage population based	
E	Random stratified population based	
F	Random sampling restricted to geographic area (minor flaw if the aim was to examine incidence/prevalence in the general population without place restrictions)	Minor flaw
G	Other sampling of the general population (please specify)	

Nongeneral population based sampling method (Mark one best (*) and all applicable responses):

A	Not reported	Poor reporting
B	Random	
C	Convenient	Minor flaw
D	Self selection	Minor flaw
E	Other (specify)	

Nongeneral population based sampling frame (Mark one best (*) and all applicable responses):

A	Not reported	
B	Sampling within nationally representative registries or databases	
C	Medical records	Major flaw
D	Insurance claims	Major flaw
E	Work place	Major flaw
F	Health care based (clinics, hospitals)	Major flaw
G	Proxy selection (parents, relatives, legal representatives, care takers...)	
H	Other (please specify)	

Assessment of sampling bias - failure to ensure that all members of the reference population have a known chance of selection in the sample (Mark one best (*) and all applicable responses)

A	No information about sampling bias	Poor reporting
B	Sampling bias was assessed by the authors - differences in study population vs. target population are reported	
C	The authors did not assess sampling bias	Minor flaw
D	The authors did not assess sampling bias but justified exclusion of the subjects from the sampling or analysis	
E	Other (please specify)	

Estimate bias

Response rate in total sample: define the protocol ranges specific for research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review. (Mark one best (*) and all applicable responses).

A	Not reported	Poor reporting
B	>60%	
C	<40%	Major flaw
D	40-60%	
E	Other (specify)	

Response rate in race subgroups (if applicable): define the protocol ranges specific for the research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review.

A	Not reported	Poor reporting
B	>60%	
C	<40%	Major flaw
D	40-60%	
E	Other (specify)	

Response rate in gender subgroups (if applicable)—define the protocol ranges specific for research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review.

A	Not reported	Poor reporting
B	>60%	
C	<40%	Major flaw
D	40-60%	
E	Other (specify)	

One study could examine incidence or prevalence in the total sample and in population subgroups with different probability of bias/error. Please decide if quality assessment is needed for each population subgroup. If yes, abstract information adding evaluation tables for as many subgroups as you need. Specify definition of each subgroup.

Response rate in other subgroups - define the protocol ranges specific for research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review.

A	Not reported	Poor reporting
B	>60%	
C	<40%	Major flaw
D	40-60%	
E	Other (specify)	

Exclusion rate from the analysis - define the protocol ranges specific for research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review.

A	Not reported	Poor reporting
B	>10%	Major flaw
C	0-5%	
D	6-10%	
E	Other (please specify)	

Exclusion rate in subgroups (if applicable):

A	Not reported	Poor reporting
B	>10%	Major flaw
C	0-5%	
D	6-10%	
E	Different exclusion rate in evaluated subgroups (specify)	

Address Bias

Sampling bias is addressed in the analysis:

A	Not reported	Poor reporting
B	Weighting of the estimates by probability of selection	
C	Weighting of the estimates by non-response adjustment within sampling subgroups	
D	Post-stratification by age	
E	Post-stratification by sex	
F	Post-stratification by race	
G	Not addressed in analysis	Minor flaw
H	Other (please specify)	

Subject flow (define in the protocol the acceptable ranges specific for the area of research):

A	Not applicable for study design	
B	Number screened	
C	Number of screened not reported	Poor reporting
D	Number of eligible	
E	Number eligible not reported	Poor reporting
F	Number enrolled	
G	Number of enrolled not reported	Poor reporting

Recruitment fractions (automatically calculated):

Eligibility fraction: # eligible / # screened

Enrollment fraction: # enrolled / # eligible

Recruitment fraction: # enrolled / # screened

Number needed to screen: 1 / recruitment fraction

Internal Validity

Source of measure incidence/prevalence of chronic diseases (dependent variables) (define in the protocol flaws specific for the nature of the condition). (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Self reported (collected for the study)	
C	Proxy reported (collected for the study)	Minor flaw
D	Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	
E	Measured by interviewers for the study	
F	Obtained during clinical exam for the purpose of the study	
G	Obtained from medical records (mining of the data collected for health care purposes)	Minor flaw
H	Obtained from administrative database (mining of the data collected for health care purposes)	Minor flaw
I	Obtained from registries or administrative databases (collected for epidemiologic evaluation independent of health care)	
J	Other (please specify)	

Reference period (time of occurrence) (defined in the protocol reference period specific for the nature of the outcomes). (Mark one best (*) and all applicable responses)

A	Reference period not relevant for the nature of the outcome	
B	Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)	Minor flaw
C	Reference period recommended by the CDC or guidelines (12 months for chronic diseases) is included in definition of the outcome	
D	Reference period different from recommended is justified and included in the definition	
E	Reference period different from recommended and not justified	Minor flaw
F	Other please (specify)	

Severity (degree of the symptoms of the chronic disease) (define importance of severity specific for the nature of the disease). (Mark one best (*) and all applicable responses)

A	Severity is not relevant for the outcome	
B	Severity can be relevant but not assessed in the study	Major flaw
C	Definition of the outcomes included severity of conditions	
D	Other (please specify)	

Frequency of the symptoms of the chronic disease (define in the protocol importance of frequency per day, week, or month specific for the nature of the disease). (Mark one best (*) and all applicable responses)

A	Frequency is not relevant for the outcome	
B	Frequency can be relevant but not assessed in the study	Minor flaw
C	Definition of the outcomes included frequency of diagnostic criterion of chronic conditions	
D	Other (please specify)	

Validation. (Mark one best (*) and all applicable responses):

A	No information about validation	Poor reporting
B	Variables were measured using known "gold standard" (define specific for the outcomes)	
C	Methods to measure outcomes were validated with gold standard	
D	The authors reported inter-methods validation (one method vs. another)	Minor flaw
E	The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	Major flaw
F	The authors justified validity of the used methods from previously published research	
G	Other (please specify)	

Reliability of the estimates. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Reliability assumed acceptable according to previous published analyses (medical coding, insurance claims)	
C	Intra-observer variability is within acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	
D	Intra-observer variability is reported with subjective judgment of reliability	Minor flaw
E	Inter-observer variability is within acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	
F	Inter-observer variability is reported with subjective judgment of reliability	Minor flaw
G	Other (please specify)	

Dependent variable (outcomes) in subpopulations (if applicable). (Mark applicable responses)

A	Measurements of the outcomes in subpopulations were not clarified	Poor reporting
B	The same methods were used to measure outcome in the total sample and in subgroups	
C	Outcomes in subpopulations were measured differently (define in the protocol the major flaw in assessment of the variables in subpopulations in applicable)	Minor flaw
D	Other (please specify)	

Reporting of prevalence: Type (Mark the best responses)

A	Not clear	Poor reporting
B	Point prevalence	Minor flaw
C	Period prevalence	
D	Other (please specify)	

Precision of estimate (error, 95% CI). (Mark one best (*) and all applicable responses)

A	Omitted	Poor reporting
B	Reported	
C	Other (please specify)	

Prevalence in total sample. (Mark the best responses):

A	Crude prevalence in total sample	Minor flaw
B	Age adjusted prevalence in total sample	
C	Other (specify)	

Prevalence in population subgroup (define relevant subgroups specific for research question). (Mark one best (*) and all applicable responses)

A	Stated as aim of the study but not reported	Poor reporting
B	Crude prevalence in age subgroups	
C	Crude prevalence in race groups	Minor flaw
D	Crude prevalence in gender groups	Minor flaw
E	Crude prevalence other subgroups	Minor flaw
F	Age adjusted prevalence in race subpopulations	
G	Age adjusted prevalence in gender subpopulations	
H	Standardized estimation of prevalence by age and gender	
I	Age adjusted prevalence in other subgroups	
J	Other (please specify)	

Reporting of Incidence: Incidence Type. (Mark one best (*) and all applicable responses)

A	Not clear	Poor reporting
B	Cumulative incidence	
C	Incidence rate	
D	Other (specify)	

Precision of estimation (error, 95% CI). (Mark one best (*) and all applicable responses)

A	Omitted	Poor reporting
B	Reported	
C	Other (specify)	

Incidence in total sample. (Mark one best (*) and all applicable responses)

A	Crude incidence in total sample	Minor flaw
B	Age adjusted incidence in total sample	
C	Other (specify)	

Incidence in population subgroups (define relevant subgroups specific for research question). Mark one best (*) and all applicable responses

A	Stated in the aim of the study but not reported	Poor reporting
B	Crude incidence in age subgroups	
C	Crude incidence in race groups	Minor flaw
D	Crude incidence in gender groups	Minor flaw
E	Age adjusted incidence in race subpopulations	
F	Age adjusted incidence in gender subpopulations	
G	Standardized estimation of incidence by age and gender	
H	Crude incidence in other subgroups	Minor flaw
I	Age adjusted incidence in other subgroups	
J	Other (specify)	

Example of Quality Validity Report

Item	Issue
Article: _____	
Evaluator: _____	
External Validity	
<u>Not reported</u>	
Estimation of sampling bias: Exclusion rate from the analysis	Not reported
Estimation of sampling bias: Response rate in total sample	Not reported
Sampling: Assessment of sampling bias	No information about sampling bias
Sampling: Sampling method, Not general population based	Not reported
Estimation of sampling bias: Addressing sampling bias	Not reported
Internal Validity	
<u>Minor</u>	
Definition of incidence/prevalence: Frequency of symptoms	Can be relevant but not assessed in the study
<u>Not Reported</u>	
Measurements of incidence/prevalence: Reliability	Not reported
Article: _____	
Evaluator: _____	
External Validity	
<u>Major</u>	
Estimation of sampling bias: Exclusion rate from the analysis	>10%
Sampling: Sampling method: Nongeneral population based	Health care based (clinics, hospitals)
<u>Minor</u>	
Sampling: Sampling method: Nongeneral population based	Convenient
<u>Not reported</u>	
Estimation of sampling bias: Subject flow	Number of screened not reported
Estimation of sampling bias: Addressing sampling bias	Not reported
Sampling: Assessment of sampling bias	No information about sampling bias
Article: _____	
Evaluator: _____	
External Validity	
<u>Major</u>	
Sampling: Sampling frame: Nongeneral population based	Health care based (clinics, hospitals)
<u>Minor</u>	
Sampling: Sampling method: Nongeneral population based	Convenient
<u>Not reported</u>	
Estimation of sampling bias: Addressing sampling bias	Not reported
Estimation of sampling bias: Exclusion rate from the analysis	Not reported
Estimation of sampling bias: Subject flow	Number of eligible not reported
Estimation of sampling bias: Subject flow	Number of screened not reported
Sampling: Assessment of sampling bias	No information about sampling bias
Internal Validity	
<u>Not Reported</u>	
Measurements of incidence/prevalence: Reliability	Not reported

Methodological Evaluation of Observational Research (MEVORECH)—Observational Studies of Risk Factors of Chronic Diseases

Please define in the protocol specific for your research quality components:

1. Define and justify **target population** _____
Define and justify population subgroups if applicable, race _____, gender _____, other _____
2. Define and justify exposure (risk factors) _____
3. **Response rate.** Justify acceptable response rate: _____ and rate that can be defined as a major flaw of the study _____ in the total sample and in race, gender, and other subgroups if applicable.
4. **Exclusion rate from the analysis** - define in the protocol ranges specific for your research _____ and rate that can be defined as a major flaw of the study _____ in the total sample and in race, gender, and other subgroups if applicable
5. **Source of measure outcomes.** Define and justify minor flaws specific for the nature of the condition:

Sources	Suggested minor flaws
Self reported (collected for the study)	
Proxy reported (collected for the study)	Minor flaw
Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	
Measured by interviewers for the study	
Obtained during clinical exam for the purpose of the study	
Obtained from medical records (mining of the data collected for health care purposes)	Minor flaw
Obtained from administrative database (mining of the data collected for health care purposes)	Minor flaw
Obtained from registries or administrative databases (collected for epidemiologic evaluation independent of health care)	
Other (please specify)	

1. **Reference period** (time of occurrence) in a definition of the outcome. Define and justify reference period specific for the nature of the outcomes _____
2. **Severity** (degree of the symptoms of the chronic disease) in a definition of the outcome. Define and justify severity is applicable for the nature of the outcomes _____
3. **Frequency of the symptoms of the chronic disease in a definition of the outcome.** Define and justify importance of frequency per day, week, or month specific for the nature of the disease _____
4. **Gold standard to measure the outcomes.** Define and justify gold standard (if known) to measure outcomes _____
5. **Reliability of the estimates.** Define and justify acceptable Intra-observer variability _____ and inter-observer reliability _____
6. **Source of measure exposure.** Define and justify minor flaws specific for the nature of the condition:

Source	Suggested minor flaw
Self reported (collected for the study)	
Proxy reported (collected for the study)	Minor flaw
Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	
Measured by interviewers for the study	
Obtained during clinical exam for the purpose of the study	
Obtained from medical records (mining of data collected for health care purposes)	Minor flaw
Obtained from administrative database (mining of data collected for health care purposes)	Minor flaw
Obtained from registries (collected for epidemiologic evaluation independent of health care)	
Other (please specify)	

Reference period (time of occurrence) in a definition of the Exposure. Define and justify reference period specific for the nature of exposure _____

Length of exposure when applicable in the definition/assessment of exposure. Define and justify a length of exposure that was established by consensus of the experts or in guidelines _____

Intensity/dose of exposure. Define and justify importance of dose specific for the nature of the exposure (list for each risk factor _____)

Measure of exposure. Define and justify gold standards to measure risk factors:

Factor _____ known gold standard _____

Confounding factors or factors that can modify the association between risk factor and disease. Define and justify set of major confounding factors specific for the association of the interest _____

Measure of confounding factors. Define and justify gold standards to measure primary confounding factors.

Factor _____ known gold standard _____

Loss of followup. Define and justify acceptable cutoff for loss of followup _____

Appropriateness of statistical model to reduce research specific bias. Define and justify the most appropriate methods specific for research questions _____

Instructions about the survey forms in Access format:

- (1) If you are using Office 2007, probably you'll see an "Option" button right above this window. Please click on the button and choose "Enable this context."
- (2) For a questions ending with a Minor flaw symbols, please provide at least one response.
- (3) When you are typing in a textbox, your input is not saved until you click on any other textbox or checkbox.
- (4) You can exit the program at anytime, and then resume the survey later by selecting the same Article ID.
- (5) Help is available by clicking on the word Help next to the item you see.
- (6) Though a textbox for "Other (please specify)" shows only about 2 lines of text, it can contain more than 6,000 words. This is just like a small window to see a big world.

Descriptive

Journal of publication _____

Year of publication _____

Funding of study (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Industry	
C	Grant	
D	Combined industry + grant	
E	Other (please specify)	

Role of funding organization in data analysis and interpretations of the results (Mark all applicable responses):

A	Not reported	Poor reporting
B	Sponsoring organization participated in data analyses	
C	Other (specify)	
D	Sponsoring organization did not participate in data analyses and interpretation	

Conflict of interest (Mark all applicable responses):

A	Disclosure not reported	Poor reporting
B	Reported not having conflict of interest	
C	Reported having conflict of interest	
D	Other (specify)	

Country _____

Ethical approval of the study (Mark all applicable responses):

A	Not reported	Poor reporting
B	Study was approved by Ethical Committee	
C	Other (specify)	

Aim**Aim of the study. (Mark one best (*) and all applicable responses)**

A	Aim was not stated	Poor reporting
B	Included association with risk factors in the general population	
C	Included association with risk factors in race subgroups	
D	Included association with risk factors in gender subgroups	
E	Included association with risk factors in other population subgroups (define: diseases, specific demographics, socio-economic, or legal status, access to health insurance...)	
F	Included association with risk factors without clear definition of the target population	Minor flaw
G	Other (please specify)	

Objectives**(Mark one best (*) and all applicable responses)**

A	Not clear statement	Poor reporting
B	Estimation of the association with prevalence of chronic conditions	
C	Estimation of the association with incidence of chronic conditions	
D	Other (please specify)	

Design**Study Design (Mark one best (*) and all applicable responses)**

A	Not clear statement about the study design	Poor reporting
B	Cross-sectional	
C	Cohort (prospective) study with concurrent controls	
D	Cohort (retrospective) study with concurrent controls	
E	Case-controlled (retrospective) study	
F	Cohort (prospective) study with historical controls	
G	Nested case-control	
H	Other (please specify)	

External Validity**Sampling of the subjects by investigators****General population based (Mark one best (*) and all applicable responses)**

A	Not reported	Poor reporting
B	Random population based	
C	Nonrandom population based	
D	Random multistage population based	
E	Random stratified population based	
F	Random sampling restricted to geographic area	
G	Other sampling of the general population (please specify)	

Nongeneral population based sampling method (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Random	
C	Convenient	Minor flaw
D	Self selection	Minor flaw
E	Other (please specify)	

Nongeneral population-based sampling frame (Mark one best (*) and all applicable responses)

A	Not reported	
B	Sampling within nationally representative registries or databases	
C	Medical records	Major flaw
D	Insurance claims	Major flaw
E	Work place	Major flaw
F	Health care based (clinics, hospitals)	Major flaw
G	Proxy selection (parents, relatives, legal representatives, caretakers...)	
H	Other (please specify)	

For case-control studies. (Mark one best (*) and all applicable responses)

A	Sampling of controls are not clearly reported	Poor reporting
B	Sampling of controls from the sample population as cases	
C	Sampling of controls from different population as cases	Major flaw
D	Sampling of controls from health care related sources (out-clinic or in-clinics, health care claims)	Minor flaw
E	Sampling of controls from work-related sources	
F	Sampling of controls from multiple sources	
G	Other (please specify)	

Assess bias

Assessment of sampling bias (failure to ensure that all members of the reference population have a known chance of selection in the sample). (Mark one best (*) and all applicable responses)

A	No information about sampling bias	Poor reporting
B	Sampling bias was assessed by the authors - differences in study population vs. target population are reported	
C	The authors did not assess sampling bias	Minor flaw
D	The authors did not assess sampling bias but justified exclusion of the subjects from the sampling or analysis	
E	Other (please specify)	

Estimate bias

Response rate in total sample - define in the protocol ranges specific for research area. Please note that included ranges are simply illustrative; they need to be justified and vary with each systematic review. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	>40 %	
C	<10-20%	Major flaw
D	21-40%	
E	Other (please specify)	

Exclusion rate from the analysis in total sample (define in the protocol acceptable ranges specific for research question). (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	>10%	Major flaw
C	0-5%	
D	6-10%	
E	Other (specify)	

Exclusion rate from the analysis in exposed and not exposed (Mark one best (*) and all applicable responses)

A	Exclusion from the analyses was not reported separately for exposed and nonexposed	Poor reporting
B	Reasons to exclude from the analyses were the same for exposed and not exposed	
C	Reasons to exclude from the analyses differ for exposed and not exposed	Major flaw
D	Specify reasons for exclusion	

Address Bias

Sampling bias is addressed in the analysis. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Weighting of the estimates by probability of selection	
C	Weighting of the estimates by nonresponse adjustment within sampling subgroups	
D	Post-stratification by age	
E	Post-stratification by sex	
F	Post-stratification by race	
G	Not addressed in analysis	Minor flaw
H	Other (please specify)	

Subject flow (define in the protocol the acceptable ranges specific for the area of research) (Mark one best (*) and all applicable responses)

A	Not applicable for study design	
B	Number of screened	
C	Not reported	Poor reporting
D	Number eligible	
E	Not reported	Poor reporting
F	Number enrolled	
G	Not reported	Poor reporting

**Calculations with query
Recruitment fractions (Insert
calculated number, %)**

A	Eligibility fraction: # eligible / # screened
C	Enrollment fraction: # enrolled / # eligible
E	Recruitment fraction: # enrolled / # screened
G	Number needed to screen: 1 / recruitment fraction

Internal Validity

Source to measure dependent variables (target, outcomes) (define in the protocol flaws specific for the nature of the condition). (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Self reported (collected for the study)	
C	Proxy reported (collected for the study)	Minor flaw
D	Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	
E	Measured by interviewers for the study	
F	Obtained during clinical exam for the purpose of the study	
G	Obtained from medical records (mining of data collected for health care purposes)	Minor flaw
H	Obtained from administrative database (mining of data collected for health care purposes)	Minor flaw
I	Obtained from registries (collected for epidemiologic evaluation independent of health care)	
J	Other-please specify	

Dependent variable

Reference period, time of occurrence of the disease (define reference period specific for the nature of the outcomes). (Mark one best (*) and all applicable responses)

A	Reference period not relevant for the nature of the outcome	
B	Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)	Minor flaw
C	Reference period recommended by the CDC or guidelines (12 months for chronic diseases) is included in definition of the outcome	
D	Reference period different from recommended is justified and included in the definition	
E	Reference period different from recommended and not justified	Minor flaw
F	Other (please specify)	

Severity, degree of the symptoms of the chronic condition (define importance of severity specific for the nature of the outcomes). (Mark one best (*) and all applicable responses)

A	Severity is not relevant for the outcome	
B	Severity can be relevant but not assessed in the study	Major flaw
C	Definition of the outcomes included severity of conditions	
D	Other (please specify)	

Frequency of the symptoms (define importance of frequency per day, week, or month specific for the nature of the outcomes). (Mark one best (*) and all applicable responses)

A	Frequency is not relevant for the outcome	
B	Frequency can be relevant but not assessed in the study	Minor flaw
C	Definition of the outcomes included frequency of diagnostic criterion of chronic conditions	
D	Other (please specify)	

Validation (Mark one best (*) and all applicable responses)

A	No information about validation	Poor reporting
B	Variables were measured using known "gold standard" (define specific for the outcomes)	
C	Methods to measure outcomes were validated with gold standard	
D	The authors reported inter-methods validation (one method vs. another)	Minor flaw
E	The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	Major flaw
F	The authors justified validity of the used methods from previously published research	
G	Other (please specify)	

Reliability of the estimates (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Reliability assumed acceptable according to previous published analyses (medical coding, insurance claims)	
C	Intra-observer variability is within acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	
D	Intra-observer variability is reported with subjective judgment of reliability	Minor flaw
E	Inter-observer variability is within acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	
F	Inter-observer variability is reported with subjective judgment of reliability	Minor flaw
G	Other (please specify)	

When one study reported several risk factors with different probability of bias/error among tested hypotheses, please decide if quality assessment is needed for each risk factor. If yes, abstract information adding as many risk factors as you need. Define risk factor or list risk factors for which quality assessment would be the same. Define risk factor or list risk factors for which quality assessment would be the same:

Source to measure exposure

Hypothesis specific: complete for each risk factor. Source to measure exposure (risk factors, independent variables, input). (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Self reported (collected for the study)	
C	Proxy reported (collected for the study)	Minor flaw
D	Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	
E	Measured by interviewers for the study	
F	Obtained during clinical exam for the purpose of the study	
G	Obtained from medical records (mining of data collected for health care purposes)	Minor flaw
H	Obtained from administrative database (mining of data collected for health care purposes)	Minor flaw
I	Obtained from registries (collected for epidemiologic evaluation independent of health care)	
J	Other (please specify)	

Define exposure

Definition of the exposure (risk factors, independent variables) (specific for research questions)

Hypothesis specific: complete for each risk factor.

Reference period/length of exposure (define reference period specific for the nature of the exposure risk factors, independent variables). (Mark one best (*) and all applicable responses)

A	Reference period/length of exposure not relevant for the nature of exposure	
B	Reference period/length of exposure may be relevant but not included in definition of the exposure (define relevance specific for research question)	Minor flaw
C	Reference period/length of exposure recommended by guidelines is included in definition of exposure	
D	Reference period/length of exposure different from recommended is justified and included in the definition	
E	Reference period/length of exposure different from recommended and not justified	Minor flaw
F	Other (please specify)	

Hypothesis specific: complete for each risk factor. Intensity/dose (define importance of dose specific for the nature of the exposure (risk factors, independent variables). (Mark one best (*) and all applicable responses)

A	Intensity/dose is not relevant for exposure	
B	Intensity/dose can be relevant but not assessed in the study	Minor flaw
C	Definition of the exposure (risk factors, independent variables) included intensity/dose	
D	Other (please specify)	

Measure exposure

Measurements of the exposure (risk factors, independent variables).

Hypothesis specific: complete for each risk factor. Validation. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Exposure (risk factors, independent variables) were measured using known "gold standard" (define specific for the exposure)	
C	Methods to measure exposure (risk factors, independent variables) were validated with gold standard	
D	The authors reported inter-methods validation (one method vs. another)	Minor flaw
E	The authors did not validate the methods to measure exposure (risk factors, independent variables)	Major flaw
F	The authors justified validity of the used methods from previously published research	
G	Other (please specify)	

Hypothesis specific: complete for each risk factor. Reliability of the estimates. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Reliability assumed acceptable according to previous published analyses	
C	Intra-observer variability is acceptable for exposure standards (define acceptable variability specific for the nature of exposure)	
D	Intra-observer variability is reported with subjective judgment of reliability	Minor flaw
E	Inter-observer variability is within acceptable for exposure standards (define acceptable variability specific for the nature of exposure)	
F	Inter-observer variability is reported with subjective judgment of reliability	
G	Other (please specify)	

Design specific. For case-control studies. (Mark one best (*) and all applicable responses)

A	The same methods were used to measure exposure risk factors, independent variable) in cases and controls	
B	The authors did not state that the same methods were used to measure exposure risk factors, independent variable) in cases and controls	Minor flaw
C	The authors used different methods to measure exposure (risk factors, independent variable) in cases and controls	Major flaw
D	Other (please specify)	

Confounding factors or factors that can modify the association between risk factor and disease (define in the protocol the primary confounding factors specific for the association of the interest). Mark one best (*) and all applicable responses

A	Not reported	Poor reporting
B	Major confounding factors/effect modifiers were not assessed	Major flaw
C	Major confounding factors /effect modifiers were assessed partially	Minor flaw
D	Major confounding factors/effect modifiers were assessed (known sets of confounders specific for research questions)	
E	Other (please specify)	

Measure of confounding factors (define the protocol gold standards to measure primary confounding factors specific for the research question). (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	Valid measurements of major confounding factors	
C	Unknown validity to measure confounding factors	Minor flaw
D	Non valid methods to measure confounding factors	Major flaw
E	The authors justified validity of the used methods from previously published research	
F	Other (please specify)	

Followup

Loss of followup (define acceptable important cut off specific for research question). (Mark one best (*) and all applicable responses)

A	Not reported
B	% in total sample
C	% among exposed and not exposed
D	Not applicable (no followup in the study)
E	Loss of followup is larger than acceptable
F	Other (please specify)

Design specific for case-control studies. (Mark one best (*) and all applicable responses)

A	Not reported	Poor reporting
B	% of nonresponse among cases the same as for controls	
C	% of nonresponse differed among cases and controls	Minor flaw
D	% of nonresponse reported for cases only	Minor flaw
E	Other (please specify)	

Mask Exposure**Masking of exposure status for investigators who measured dependent variables (outcomes)**

A	Not reported	Poor reporting
B	Was stated	
C	Was not possible	
D	Was possible but not obtained	Minor flaw
E	Was stated and assessed	
F	Other (please specify)	

Statistics**Statistical analysis. (Mark one best (*) and all applicable responses)**

A	Not reported	Poor reporting
B	Standardization	
C	Matching	
D	Adjustment in multivariate model	
E	Stratification	
F	Propensity scoring	
G	The authors did not obtain methods to reduce bias	Major flaw
H	Several methods to reduce bias	
I	Other methods were justified and obtained to reduce bias (please specify)	

Temporality**For cohort studies.****Design and hypothesis specific. Assessment of temporality. (Mark one best (*) and all applicable responses)**

A	Not reported	Poor reporting
B	Demonstration that exposure preceded the outcome (the disease of interest was not present at start of study)	
C	Other (specify)	

Appropriateness**Appropriateness of statistical model to reduce research specific bias (define in the protocol the most appropriate methods specific for research questions). (Mark one best (*) and all applicable responses)**

A	Strategies to reduce research specific bias not reported	Poor reporting
B	Authors justified using appropriate statistical models to reduce research specific bias	
C	Authors did not use statistical models that may be the most appropriate according to the published literature (examples may include population stratification bias in case-control studies of genetic association, odds ratio in cohort studies of common diseases, missing data, large loss of followup)	Minor flaw
D	Authors did not justify choice of statistical models to reduce research specific bias	Minor flaw
E	Authors attempted to reduce bias in post hoc statistical adjustment	Minor flaw
F	Other (please specify)	

Dose response**Hypothesis specific: complete for each risk factor. Dose response with exposure. (Mark one best (*) and all applicable responses)**

A	Not relevant for research question	
B	May be relevant but not reported	Poor reporting
C	Reported as significant	
D	Reported as nonsignificant	
E	Other (please specify)	

Report**Hypothesis specific. Reporting of tested hypothesis. (Mark one best (*) and all applicable responses)**

A	Unclear reporting of the estimates (unclear model, reference level, set of confounding factors...)	Poor reporting
B	Crude estimates	Major flaw if C is not marked
C	Authors reported estimates of primary and secondary hypotheses adjusted for confounding sources of bias	
D	Incomplete selective reporting of the tested hypotheses (compared to aim and objectives)	Minor flaw
E	Other (please specify)	

Precision**Hypothesis specific. Precision of the estimates (Mark one best (*) and all applicable responses)**

A	Mean with 95% CI reported	
B	Mean and standard error of estimates reported	
C	Numeric value of estimates not reported (p value only, significance or non significance only)	Minor flaw
D	Mean only reported without p value or variance	Poor reporting
E	Other (please specify)	

Sample Size**Sample size justification. (Mark one best (*) and all applicable responses)**

A	Not reported	Poor reporting
B	Justified for primary outcome	
C	Justified for secondary outcomes	
D	Justification by authors is incomplete or inaccurate	Minor flaw
E	Post-hoc analyses	Minor flaw
F	Other (please specify)	

Example of Quality Validity Report

Item	Issue
Article: _____	
Evaluator: _____	
External Validity	
<u>Not reported</u>	
Estimation of sampling bias: Addressing sampling bias	Not reported
Estimation of sampling bias: Response rate in total sample	Not reported
Estimation of sampling bias: Subject flow	Number of eligible not reported
Assessment of sampling bias	No information about sampling bias
Internal Validity	
<u>Major</u>	
Measurement of dependent variable (target=outcomes): Validation	Did not validate the methods to measure dependent variables (nonvalid methods were obtained)
<u>Minor</u>	
Measure of confounding factors	Unknown validity to measure confounding factors
<u>Not reported</u>	
Masking of exposure status for investigators who measured dependent variables (outcomes)	Not reported
Measurements of dependent variable (target=outcomes): Reliability	Not reported
Article: _____	
Evaluator: _____	
External Validity	
<u>Minor</u>	
Sampling: For case control study	Sampling of controls from health care related sources (out clinic or in clinics, health care claims)
<u>Not reported</u>	
Estimation of sampling bias: Subject flow	Number of screened not reported
Estimation of sampling bias: Subject flow	Number of enrolled not reported
Estimation of sampling bias: Subject flow	Number of eligible not reported
Estimation of sampling bias: Response rate in total sample	Not reported
Estimation of sampling bias: Exclusion rate from analysis	Not reported
Sampling: Nongeneral population based sampling method	Not reported
Assessment of sampling bias	No information about sampling bias
Estimation of sampling bias: Addressing sampling bias	Not reported
Internal Validity	
<u>Minor</u>	
Measure of confounding factors	Unknown validity to measure confounding factors
Definition of the dependent variable (target=outcome): Reference period	May be relevant but not included in definition of the outcome
<u>Not reported</u>	

Loss of followup	Not reported
Masking of exposure status for investigators who measured dependent variables (outcomes)	Not reported
Article:	
Evaluator:	
External Validity	
Not reported	
Estimation of sampling bias: Subject flow	Number of eligible not reported
Estimation of sampling bias: Subject flow	Number of screened not reported
Estimation of sampling bias: Exclusion rate from the analysis	Not reported
Estimation of sampling bias: Addressing sampling bias	Not reported
Assessment of sampling bias	No information about sampling bias
Sampling: General population based	Not reported
Internal Validity	
Minor	
Confounding factors or the factors that can modify the association: risk factor and disease	Major confounding factors/effect modifiers were assessed partially
For cohort study: Appropriateness of statistical model to reduce research specific bias	Did not justify choice of statistical models to reduce research specific bias
Not reported	
Measurements of dependent variable (target=outcomes): Validation	No information about validation
Loss of followup	Not reported
Masking of exposure status for investigators who measured dependent variables (outcomes)	Not reported
Measure of confounding factors	Not reported
Measurements of dependent variable (target=outcomes): Reliability	Not reported

Methodological Evaluation of Observational Research (MORE)—Observational Studies of Incidence or Prevalence of Chronic Diseases

Instructions:

Please review the checklist and mark with X quality items that are not reported and flaws in external or internal validity if present.

Descriptive

Funding of study
 Role of funding organization in data analysis and interpretations of the results
 Conflict of interest
 Ethical approval of the study

Aim of study

Not reported	<input type="checkbox"/> Poor reporting
Included prevalence estimation without clear target population	<input type="checkbox"/> Minor flaw
Included Incidence estimation without clear target population	<input type="checkbox"/> Minor flaw

External Validity

Sampling of the subjects by the investigators

General population based

Not reported Poor reporting

Random sampling restricted to Minor flaw

geographic area (minor flaw if the aim was to examine incidence/prevalence in the general population without place restrictions)

Nongeneral population based sampling method

Not reported Poor reporting

Convenient Minor flaw

Self selection Minor flaw

Nongeneral population based sampling frame

Not reported Poor reporting

Medical records Major flaw

Insurance claims Major flaw

Work place Major flaw

Health care based (clinics, hospitals) Major flaw

Assessment of sampling bias - failure to ensure that all members of the reference population have a known chance of selection in the sample

Not reported Poor reporting

The authors did not assess sampling bias Minor flaw

Estimate bias

Response rate in total sample (cut off of acceptable response rate depend on the target population)

Not reported Poor reporting

<40 (or less than cut off specific for the target population) % Major flaw

Response rate in race subgroups (if applicable)

Not reported Poor reporting

<40 (or less than cut off specific for the target population) %% Major flaw

Response rate in other subgroups (if applicable)

Not reported Poor reporting

<40 (or less than cut off specific for the target population) % Major flaw

Exclusion rate from the analysis

Not reported Poor reporting

>10% Major flaw

Exclusion rate in subgroups (if applicable)

Not reported Poor reporting

>10% Major flaw

Address Bias

Sampling bias is addressed in the analysis

Not reported Poor reporting

Not addressed in analysis Minor flaw

Subject flow (the acceptable ranges can be specific for the area of research)

Not applicable for study design	<input type="checkbox"/>	
Number screened not reported	<input type="checkbox"/>	Poor reporting
Number eligible not reported	<input type="checkbox"/>	Poor reporting
Number enrolled not reported	<input type="checkbox"/>	Poor reporting

Internal Validity**Source of measure incidence/prevalence of chronic diseases**

Not reported	<input type="checkbox"/>	Poor reporting
Proxy reported (collected for the study)	<input type="checkbox"/>	Minor flaw
Obtained from medical records (mining of the data collected for health care purposes)	<input type="checkbox"/>	Minor flaw
Obtained from administrative database (mining of the data collected for health care purposes)	<input type="checkbox"/>	Minor flaw

Reference period (time of occurrence) if applicable

Reference period not relevant for the nature of the outcome	<input type="checkbox"/>	
Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)	<input type="checkbox"/>	Minor flaw
Reference period different from recommended and not justified	<input type="checkbox"/>	Minor flaw

Severity (degree of the symptoms of the chronic disease)

Severity is not relevant for the outcome	<input type="checkbox"/>	
Severity can be relevant but not assessed in the study	<input type="checkbox"/>	Major flaw

Frequency of the symptoms of the chronic disease

Frequency is not relevant for the outcome	<input type="checkbox"/>	
Frequency can be relevant but not assessed in the study	<input type="checkbox"/>	Minor flaw

Validation of outcomes measurements

No information about validation	<input type="checkbox"/>	Poor reporting
The authors reported inter-methods validation (one method vs. another)	<input type="checkbox"/>	Minor flaw
The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	<input type="checkbox"/>	Major flaw

Reliability of the estimates (mark one best (*) and all applicable responses)

Not reported	<input type="checkbox"/>	Poor reporting
Intra-observer variability is reported with subjective judgment of reliability	<input type="checkbox"/>	Minor flaw
Inter-observer variability is reported with subjective judgment of reliability	<input type="checkbox"/>	Minor flaw

Dependent variable (outcomes) in subpopulations (if applicable)		
Measurements of the outcomes in subpopulations were not clarified	<input type="checkbox"/>	Poor reporting
Outcomes in subpopulations were measured differently (define in the protocol the major flaw in assessment of the variables in subpopulations in applicable)	<input type="checkbox"/>	Minor flaw
Reporting of prevalence		
Not clear	<input type="checkbox"/>	Poor reporting
Point prevalence	<input type="checkbox"/>	Minor flaw
Precision of estimate (error, 95% CI).		
Omitted	<input type="checkbox"/>	Poor reporting
Prevalence in total sample		
Crude prevalence in total sample	<input type="checkbox"/>	Minor flaw
Prevalence in population subgroup if applicable		
Stated as aim of the study but not reported	<input type="checkbox"/>	Poor reporting
Crude prevalence in race groups	<input type="checkbox"/>	Minor flaw
Crude prevalence in gender groups	<input type="checkbox"/>	Minor flaw
Crude prevalence other subgroups	<input type="checkbox"/>	Minor flaw
Reporting of Incidence: Incidence type		
Not clear	<input type="checkbox"/>	Poor reporting
Precision of estimation (error, 95% CI)		
Omitted	<input type="checkbox"/>	Poor reporting
Incidence in total sample (mark one best (*) and all applicable responses)		
Crude incidence in total sample	<input type="checkbox"/>	Minor flaw
Incidence in population subgroups if applicable		
Stated in the aim of the study but not reported	<input type="checkbox"/>	Poor reporting
Crude incidence in race groups	<input type="checkbox"/>	Minor flaw
Crude incidence in gender groups	<input type="checkbox"/>	Minor flaw
Crude incidence in other subgroups	<input type="checkbox"/>	Minor flaw

Quality Validity Report
(Access reports are generated based on responses above)

Item	Decision
Manuscript: _____	
Reviewer: _____	
External Validity	
Not reported	<input type="checkbox"/> Require reporting
Major flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript
Minor flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript

Internal Validity

Not reported	<input type="checkbox"/> Require reporting
Major flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript
Minor flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript

Methodological Evaluation of Observational Research (MEVORECH)—Observational Studies of Risk Factors of Chronic Diseases

Instructions :

Please review the checklist and mark quality items that not reported and flaws in external or internal validity if present.

Descriptive

Journal of publication _____

Year of publication _____

Funding of study _____

Role of funding organization in data analysis and interpretations of the results _____

Conflict of interest _____

Ethical approval of the study _____

Aim of the study

Aim was not stated	<input type="checkbox"/>	Poor reporting
Included association with risk factors without clear definition of the target population	<input type="checkbox"/>	Minor flaw

Objectives

Not clear statement	<input type="checkbox"/>	Poor reporting
Estimation of the association with prevalence of chronic conditions	<input type="checkbox"/>	
Estimation of the association with incidence of chronic conditions	<input type="checkbox"/>	

Design

Not clear statement about the study design	<input type="checkbox"/>	Poor reporting
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External Validity**Sampling of the subjects by investigators****General population based**

Not reported	<input type="checkbox"/>	Poor reporting
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Nongeneral population based sampling method

Not reported	<input type="checkbox"/>	Poor reporting
Convenient	<input type="checkbox"/>	Minor flaw
Self selection	<input type="checkbox"/>	Minor flaw

Nongeneral population-based sampling frame

Not reported	<input type="checkbox"/>	
Medical records	<input type="checkbox"/>	Major flaw
Insurance claims	<input type="checkbox"/>	Major flaw
Work place	<input type="checkbox"/>	Major flaw
Health care based (clinics, hospitals)	<input type="checkbox"/>	Major flaw
For case-control studies		
Sampling of controls are not clearly reported	<input type="checkbox"/>	Poor reporting
Sampling of controls from different population as cases	<input type="checkbox"/>	Major flaw
Sampling of controls from health care related sources (out-clinic or in-clinics, health care claims)	<input type="checkbox"/>	Minor flaw
Assess bias		
Assessment of sampling bias (failure to ensure that all members of the reference population have a known chance of selection in the sample)		
No information about sampling bias	<input type="checkbox"/>	Poor reporting
The authors did not assess sampling bias	<input type="checkbox"/>	Minor flaw
Response rate in total sample (cut off of acceptable response rate depend on the target population)		
Not reported	<input type="checkbox"/>	Poor reporting
<40 (or less than cut off specific for the target population) %	<input type="checkbox"/>	Major flaw
Response rate in race subgroups (if applicable)		
Not reported	<input type="checkbox"/>	Poor reporting
<40 (or less than cut off specific for the target population) %	<input type="checkbox"/>	Major flaw
Response rate in other subgroups (if applicable)		
Not reported	<input type="checkbox"/>	Poor reporting
<40 (or less than cut off specific for the target population) %	<input type="checkbox"/>	Major flaw
Exclusion rate from the analysis		
Not reported	<input type="checkbox"/>	Poor reporting
>10%	<input type="checkbox"/>	Major flaw
Exclusion rate in subgroups (if applicable)		
Not reported	<input type="checkbox"/>	Poor reporting
>10%	<input type="checkbox"/>	Major flaw
Subject flow (the acceptable ranges can be specific for the area of research)		
Not applicable for study design	<input type="checkbox"/>	
Number screened not reported	<input type="checkbox"/>	Poor reporting
Number eligible not reported	<input type="checkbox"/>	Poor reporting
Number enrolled not reported	<input type="checkbox"/>	Poor reporting
Exclusion rate from the analysis in exposed and not exposed		
Exclusion from the analyses was not reported separately for exposed and nonexposed	<input type="checkbox"/>	Poor reporting
Reasons to exclude from the analyses differ for exposed and not exposed	<input type="checkbox"/>	Major flaw

Address Bias**Sampling bias is addressed in the analysis. (Mark one best (*) and all applicable responses)**

Not reported	<input type="checkbox"/>	Poor reporting
Not addressed in analysis	<input type="checkbox"/>	Minor flaw

Internal Validity**Source to measure dependent variables (target, outcomes)**

Not reported	<input type="checkbox"/>	Poor reporting
Proxy reported (collected for the study)	<input type="checkbox"/>	Minor flaw
Obtained from medical records (mining of data collected for health care purposes)	<input type="checkbox"/>	Minor flaw
Obtained from administrative database (mining of data collected for health care purposes)	<input type="checkbox"/>	Minor flaw

Dependent variable**Reference period, time of occurrence of the disease**

Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)	<input type="checkbox"/>	Minor flaw
Reference period different from recommended and not justified	<input type="checkbox"/>	Minor flaw

Severity, degree of the symptoms of the chronic condition

Severity is not relevant for the outcome	<input type="checkbox"/>	
Severity can be relevant but not assessed in the study	<input type="checkbox"/>	Major flaw

Frequency of the symptoms (decide importance of frequency per day, week, or month specific for the nature of the outcomes)

Frequency is not relevant for the outcome	<input type="checkbox"/>	
Frequency can be relevant but not assessed in the study	<input type="checkbox"/>	Minor flaw

Validation of outcomes measurements

No information about validation	<input type="checkbox"/>	Poor reporting
The authors reported inter-methods validation (one method vs. another)	<input type="checkbox"/>	Minor flaw
The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	<input type="checkbox"/>	Major flaw

Reliability of the estimates

Not reported	<input type="checkbox"/>	Poor reporting
Intra-observer variability is reported with subjective judgment of reliability	<input type="checkbox"/>	Minor flaw
Inter-observer variability is reported with subjective judgment of reliability	<input type="checkbox"/>	Minor flaw

Source to measure exposure (can be completed for more than one risk factor)

Not reported	<input type="checkbox"/>	Poor reporting
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Proxy reported (collected for the study)	<input type="checkbox"/>	Minor flaw
Obtained from medical records (mining of data collected for health care purposes)	<input type="checkbox"/>	Minor flaw
Obtained from administrative database (mining of data collected for health care purposes)	<input type="checkbox"/>	Minor flaw
Definition of the exposure (risk factors, independent variables)		
Reference period/length of exposure)		
Reference period/length of exposure not relevant for the nature of exposure	<input type="checkbox"/>	
Reference period/length of exposure may be relevant but not included in definition of the exposure (define relevance specific for research question)	<input type="checkbox"/>	Minor flaw
Reference period/length of exposure different from recommended and not justified	<input type="checkbox"/>	Minor flaw
Intensity/dose		
Intensity/dose is not relevant for exposure	<input type="checkbox"/>	
Intensity/dose can be relevant but not assessed in the study	<input type="checkbox"/>	Minor flaw
Measure exposure		
Measurements of the exposure (can be completed for more than one risk factor)		
Not reported	<input type="checkbox"/>	Poor reporting
The authors reported inter-methods validation (one method vs. another)	<input type="checkbox"/>	Minor flaw
The authors did not validate the methods to measure exposure (risk factors, independent variables)	<input type="checkbox"/>	Major flaw
Reliability of exposure estimates		
Not reported	<input type="checkbox"/>	Poor reporting
Intra-observer variability is reported with subjective judgment of reliability	<input type="checkbox"/>	Minor flaw
For case-control studies		
The authors did not state that the same methods were used to measure exposure risk factors, independent variable) in cases and controls	<input type="checkbox"/>	Minor flaw
The authors used different methods to measure exposure (risk factors, independent variable) in cases and controls	<input type="checkbox"/>	Major flaw
Confounding factors or factors that can modify the association between risk factor and disease		
Not reported	<input type="checkbox"/>	Poor reporting
Major confounding factors/effect modifiers were not assessed	<input type="checkbox"/>	Major flaw
Major confounding factors /effect modifiers were assessed partially	<input type="checkbox"/>	Minor flaw

Measure of confounding factors		
Not reported	<input type="checkbox"/>	Poor reporting
Unknown validity to measure confounding factors	<input type="checkbox"/>	Minor flaw
Non valid methods to measure confounding factors	<input type="checkbox"/>	Major flaw
Followup		
Loss of followup (acceptable important cut off can be specific for research question)		
Not reported	<input type="checkbox"/>	Poor reporting
Not applicable (no followup in the study)	<input type="checkbox"/>	
Loss of followup is larger than acceptable	<input type="checkbox"/>	
For case-control studies		
Not reported	<input type="checkbox"/>	Poor reporting
% of nonresponse differed among cases and controls	<input type="checkbox"/>	Minor flaw
% of nonresponse reported for cases only	<input type="checkbox"/>	Minor flaw
Masking of exposure status for investigators who measured dependent variables (outcomes)		
Not reported	<input type="checkbox"/>	Poor reporting
Was possible but not obtained	<input type="checkbox"/>	Minor flaw
Statistical analysis		
Not reported	<input type="checkbox"/>	Poor reporting
The authors did not obtain methods to reduce bias	<input type="checkbox"/>	Major flaw
Temporality (for cohort studies)		
Assessment of temporality		
Not reported	<input type="checkbox"/>	Poor reporting
Appropriateness of statistical model to reduce research specific bias		
Strategies to reduce research specific bias not reported	<input type="checkbox"/>	Poor reporting
Authors did not use statistical models that may be the most appropriate according to the published literature (examples may include population stratification bias in case-control studies of genetic association, odds ratio in cohort studies of common diseases, missing data, large loss of followup)	<input type="checkbox"/>	Minor flaw
Authors did not justify choice of statistical models to reduce research specific bias	<input type="checkbox"/>	Minor flaw
Authors attempted to reduce bias in post hoc statistical adjustment	<input type="checkbox"/>	Minor flaw
Dose response with exposure		
Not relevant for research question	<input type="checkbox"/>	
May be relevant but not reported	<input type="checkbox"/>	Poor reporting
Reporting of tested hypothesis		

Unclear reporting of the estimates (unclear model, reference level, set of confounding factors...)	<input type="checkbox"/>	Poor reporting
Crude estimates	<input type="checkbox"/>	Major flaw
Incomplete selective reporting of the tested hypotheses (compared to aim and objectives)	<input type="checkbox"/>	Minor flaw
Precision of the estimates		
Numeric value of estimates not reported (p value only, significance or non significance only)	<input type="checkbox"/>	Minor flaw
Mean only reported without p value or variance	<input type="checkbox"/>	Poor reporting
Sample size justification		
Not reported	<input type="checkbox"/>	Poor reporting
Justification by authors is incomplete or inaccurate	<input type="checkbox"/>	Minor flaw
Post-hoc analyses	<input type="checkbox"/>	Minor flaw

Quality Validity Report
(Access reports are generated based on responses above)

Item	Decision
Manuscript: _____	
Reviewer: _____	

External Validity	
Not reported	<input type="checkbox"/> Require reporting
Major flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript
Minor flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript
Internal Validity	
Not reported	<input type="checkbox"/> Require reporting
Major flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript
Minor flaws	<input type="checkbox"/> 1. Require justification that flaws could not be avoided or bias cannot be reduced <input type="checkbox"/> 2. Reject manuscript

Methodological Evaluation of Observational REsearch (MORE)—Observational Studies of Population Incidence or Prevalence of Chronic Diseases

Suggested criteria for Level A exclusion from synthesis or Level C separate limited synthesis if major flaws detected

External Validity

Sampling of the subjects by the investigators

Nongeneral population based sampling frame

Not reported	Poor reporting	Level C
Medical records	Major flaw	Level A
Insurance claims	Major flaw	Level A
Work place	Major flaw	Level A
Health care based (clinics, hospitals)	Major flaw	Level A

Response rate in total sample (Cut off of acceptable response rate depend on the target population)

Not reported	Poor reporting	Level C
<40 (or less than cut off specific for the target population)%	Major flaw	Level A

Response rate in race or other subgroups (if applicable)

Not reported	Poor reporting	Level C
<40 (or less than cut off specific for the target population)%	Major flaw	Level A

Exclusion rate from the analysis

Not reported	Poor reporting	Level C
>10%	Major flaw	Level A

Exclusion rate in subgroups (if applicable):

Not reported	Poor reporting	Level C
>10%	Major flaw	Level A

Internal Validity

Source of measure incidence/prevalence of chronic diseases

Not reported	Poor reporting	Level C
Proxy reported (collected for the study)	Minor flaw	Level C
Obtained from medical records (mining of the data collected for health care purposes)	Minor flaw	Level C
Obtained from administrative database (mining of the data collected for health care purposes)	Minor flaw	Level C

Severity (degree of the symptoms of the chronic disease)

Severity can be relevant but not assessed in the study	Major flaw	Level A
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Validation of outcomes measurements

No information about validation	Poor reporting	Level C
The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	Major flaw	Level A
Incidence or prevalence in total sample		
Crude prevalence in total sample	Minor flaw	Level C
Prevalence in population subgroup if applicable		
Stated as aim of the study but not reported	Poor reporting	Level C
Crude prevalence in race groups	Minor flaw	Level C
Crude prevalence in gender groups	Minor flaw	Level C
Crude prevalence other subgroups	Minor flaw	Level C

Methodological Evaluation of Observational Research (MEVORECH)—Observational Studies of Risk Factors of Chronic Diseases

Stopping Rules

External Validity

Sampling of the subjects by investigators

Nongeneral population-based sampling frame		
Not reported		Level C
Medical records	Major flaw	Level A
Insurance claims	Major flaw	Level A
Work place	Major flaw	Level A
Health care based (clinics, hospitals)	Major flaw	Level A

For case-control studies

Sampling of controls are not clearly reported	Poor reporting	Level C
Sampling of controls from different population as cases	Major flaw	Level A
Sampling of controls from health care related sources (out-clinic or in-clinics, health care claims)	Minor flaw	Level C
Response rate in total sample (Cut off of acceptable response rate depend on the target population)		
Not reported	Poor reporting	Level C
<40 (or less than cut off specific for the target population) %	Major flaw	Level A
Response rate in race or other subgroups (if applicable)		
Not reported	Poor reporting	Level C
<40 (or less than cut off specific for the target population) %	Major flaw	Level A
Exclusion rate from the analysis		
Not reported	Poor reporting	Level C
>10%	Major flaw	Level A

Exclusion rate in subgroups (if applicable)		
Not reported	Poor reporting	Level C
>10%	Major flaw	Level A
Exclusion rate from the analysis in exposed and not exposed		
Exclusion from the analyses was not reported separately for exposed and nonexposed	Poor reporting	Level C
Reasons to exclude from the analyses differ for exposed and not exposed	Major flaw	Level C

Internal Validity

Source to measure dependent variables (target, outcomes)

Not reported	Poor reporting	Level C
Proxy reported (collected for the study)	Minor flaw	Level C
Obtained from medical records (mining of data collected for health care purposes)	Minor flaw	Level C
Obtained from administrative database (mining of data collected for health care purposes)	Minor flaw	Level C

Severity, degree of the symptoms of the chronic condition

Severity can be relevant but not assessed in the study	Major flaw	Level A
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Validation of outcomes measurements

No information about validation	Poor reporting	Level C
The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	Major flaw	Level A

Source to measure exposure (can be completed for more than one risk factor)

Not reported	Poor reporting	Level C
Proxy reported (collected for the study)	Minor flaw	Level C
Obtained from medical records (mining of data collected for health care purposes)	Minor flaw	Level C
Obtained from administrative database (mining of data collected for health care purposes)	Minor flaw	Level C

Measure exposure

Measurements of the exposure (can be completed for more than one risk factor)

Not reported	Poor reporting	Level C
The authors reported inter-methods validation (one method vs. another)	Minor flaw	Level C
The authors did not validate the methods to measure exposure (risk factors, independent variables)	Major flaw	Level A

For case-control studies		
The authors did not state that the same methods were used to measure exposure risk factors, independent variable) in cases and controls	Minor flaw	Level C
The authors used different methods to measure exposure (risk factors, independent variable) in cases and controls	Major flaw	Level A
Confounding factors or factors that can modify the association between risk factor and disease		
Not reported	Poor reporting	Level C
Major confounding factors/effect modifiers were not assessed	Major flaw	Level A
Major confounding factors /effect modifiers were assessed partially	Minor flaw	Level C
Statistical analysis		
Not reported	Poor reporting	Level C
The authors did not obtain methods to reduce bias	Major flaw	Level A
Appropriateness of statistical model to reduce research specific bias		
Strategies to reduce research specific bias not reported	Poor reporting	Level C
Authors did not use statistical models that may be the most appropriate according to the published literature (examples may include population stratification bias in case-control studies of genetic association, odds ratio in cohort studies of common diseases, missing data, large loss of followup)	Minor flaw	Level C
Authors did not justify choice of statistical models to reduce research specific bias	Minor flaw	Level C
Authors attempted to reduce bias in post hoc statistical adjustment	Minor flaw	Level C
Reporting of tested hypothesis		
Unclear reporting of the estimates (unclear model, reference level, set of confounding factors)	Poor reporting	Level C
Crude estimates	Major flaw	Level A
Incomplete selective reporting of the tested hypotheses (compared to aim and objectives)	Minor flaw	Level C

Appendix B. Reliability Testing of the Developed Checklists

Exhibit B1. Distribution of n subjects by rater and response

Rater B	Rater A		Total
	+	-	
+	a	b	B+
-	c	d	B-
Total	A+	A-	n

$$P_{\alpha} = (a+d) / n$$

Cohen's kappa statistics¹ is given by:

$$K = [P_{\alpha} - P_{e(k)}] / [1 - P_{e(k)}]$$

$$P_{e(k)} = [(P_{A+}) * (P_{B+})] + [(P_{A-}) * (P_{B-})]$$

$$P_{A+} = A+/n; P_{A-} = A-/n; P_{B+} = B+/n; P_{B-} = B-/n.$$

The AC1 statistic record #1092 is given by:

$$AC1 = [P_{\alpha} - P_{e(\lambda)}] / [1 - P_{e(\lambda)}],$$

where $P_{e(\lambda)}$ is defined as follows:

$$P_{e(\lambda)} = (2P_{+}) * (1 - P_{+})$$

$$P_{+} = [(A+ + B+)/2]/n.$$

Exhibit B2. Fleiss' and Gwet's generalized kappa for the each article quality components using excel software²

$$K = \frac{p_o - p_e}{1 - p_e}$$

where $p_o = \sum_{i=1}^k p_{ii}$, $p_e = \sum_{i=1}^k p_i \cdot p_i$, and p = the proportion of ratings by two raters on a scale having k categories.

Fleiss' extension of kappa (called the generalized kappa):

$$K = 1 - \frac{nm^2 - \sum_{i=1}^n \sum_{j=1}^k x_{ij}^2}{nm(m-1) \sum_{j=1}^k \bar{p}_j \bar{q}_j},$$

where k = the number of categories, n = the number of subjects rated, m = the number of raters, \bar{p}_j = the mean proportion for category j , and $\bar{q}_j = 1 - \bar{p}_j$ = the mean proportion for category j .

Fleiss' standard error:

$$SE(K) \approx \sqrt{\frac{2}{Nm(m-1)} \times \frac{P(E) - (2m-3)[P(E)]^2 + 2(m-2)\sum p_j^3}{[1 - P(E)]^2}},$$

where $P(E) = \sum_{j=1}^m p_j^2$ and $\sum p_j^3 = \sum_{j=1}^m p_j^3$.

Fleiss, Nee, and Landis corrected the standard error:

$$SE(K) \approx \frac{\sqrt{2}}{\sum_{j=1}^k \bar{p}_j \bar{q}_j \sqrt{nm(m-1)}} \times \sqrt{\left(\sum_{j=1}^k \bar{p}_j \bar{q}_j \right)^2 - \sum_{j=1}^k \bar{p}_j \bar{q}_j (\bar{q}_j - \bar{p}_j)}.$$

Table B1. General kappa and AC1 statistics: pilot reliability testing of quality assessment of four studies of incidence/prevalence of chronic diseases by seven expert groups

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
External validity					
General population based sampling	Not reported	-0.04	0.95	0.92	0.08*
	Random population based	0.24	0.24	0.54	0.26*
	Nonrandom population based	-0.04	0.95	0.92	0.08*
	Random stratified population based	-0.08	0.64	0.84	0.10*
	Random sampling restricted to geographic area	0.03	0.34	0.60	0.17*
Nongeneral population based sampling method	Not reported	0.10	0.64	0.86	0.14*
	Random	-0.04	0.95	0.92	0.08*
	Convenient	-0.02	0.24	0.39	0.21*
	Self selection	-0.04	0.95	0.92	0.08*
Nongeneral population based sampling frame	Not reported	-0.04	0.95	0.92	0.08*
	Health care based (clinics, hospitals)	0.86	0.11	0.86	0.14*
	Proxy selection (parents, relatives, legal representatives, caretakers...)	-0.04	0.95	0.92	0.08*
Assessment of sampling bias	No information about sampling bias	0.04	0.11	0.05	0.13
	Sampling bias was assessed by the authors — differences in study population vs. target population are reported	0.27	0.34	0.70	0.19*
	The authors did not assess sampling bias	-0.14	0.34	0.53	0.07*
	The authors did not assess sampling bias but justified exclusion of the subjects from the sampling or analysis	-0.08	0.64	0.84	0.10*
Sampling bias is addressed in the analysis	Not reported	-0.05	0.11	-0.04	0.05
	Post-stratification by age	-0.08	0.64	0.84	0.10*
	Post-stratification by sex	0.10	0.64	0.86	0.14*
	Post-stratification by race	0.10	0.64	0.86	0.14*
	Not addressed in analysis	0.01	0.21	0.32	0.23
Internal validity					
Source to measure outcomes	Not reported	-0.04	0.95	0.92	0.08*
	Self reported (collected for the study)	0.37	0.24	0.62	0.22*
	Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	0.30	0.21	0.52	0.28*
	Measured by interviewers for the study	-0.17	0.40	0.62	0.00*
	Obtained during clinical exam for the purpose of the study	-0.04	0.95	0.92	0.08*
Reference period in definition	Reference period not relevant for the nature of the outcome	-0.02	0.24	0.39	0.21*
	Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)	-0.07	0.40	0.65	0.13*

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
Severity in definition	Reference period recommended by the CDC or guidelines (12 months for chronic diseases) is included in definition of the outcome	0.05	0.24	0.43	0.22*
	Reference period different from recommended is justified and included in the definition	-0.08	0.64	0.84	0.10*
	Reference period different from recommended and not justified	-0.08	0.64	0.84	0.10*
	Severity is not relevant for the outcome	-0.08	0.64	0.84	0.10*
	Severity can be relevant but not assessed in the study	0.13	0.21	0.40	0.23*
	Definition of the outcomes included severity of conditions	0.27	0.16*	0.38	0.23*
Frequency of the symptoms	Frequency is not relevant for the outcome	0.18	0.18	0.37	0.24
	Frequency can be relevant but not assessed in the study	0.05	0.24	0.43	0.22*
	Definition of the outcomes included frequency of diagnostic criterion of chronic conditions	0.17	0.16	0.30	0.24
Validation of outcomes measure	No information about validation	0.43	0.28	0.71	0.18*
	Variables were measured using known "gold standard" (define specific for the outcomes)	0.01	0.28	0.50	0.19*
	Methods to measure outcomes were validated with gold standard	-0.04	0.95	0.92	0.08*
	The authors reported inter-methods validation (one method vs. another)	-0.04	0.95	0.92	0.08*
	The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	0.00	0.49	0.76	0.14*
	The authors justified validity of the used methods from previously published research	0.07	0.16	0.21	0.26
Reliability of the estimates	Not reported	0.43	0.11*	0.43	0.33
	Reliability assumed acceptable according to previous published analyses (medical coding, insurance claims)	0.07	0.18	0.28	0.24
	Intra-observer variability is acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	-0.04	0.95	0.92	0.08*
	Intra-observer variability is reported with subjective judgment of reliability	-0.04	0.95	0.92	0.08*

*significant agreement at 95% CI

Table B2. General kappa and AC1 statistics: pilot reliability testing of quality assessment of six studies of risk factors of chronic diseases by seven expert groups

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
General population based sampling	Not reported	0.03	0.29	0.63	0.13*
	Random population based	0.14	0.29	0.67	0.16*
	Nonrandom population based	-0.02	0.97	0.95	0.05*
	Random multistage population based	-0.02	0.97	0.95	0.05*
	Random stratified population based	0.04	0.52	0.85	0.10*
	Random sampling restricted to geographic area	-0.04	0.33	0.66	0.12*
Nongeneral population based sampling method	Not reported	-0.13	0.26	0.50	0.06*
	Random	-0.05	0.66	0.90	0.07*
	Convenient	-0.01	0.43	0.79	0.10*
	Self selection	-0.08	0.52	0.84	0.07*
Nongeneral population based sampling frame	Not reported	-0.01	0.43	0.79	0.10*
	Sampling within nationally representative registries or databases	0.13	0.66	0.91	0.09*
	Medical records	-0.02	0.97	0.95	0.05*
	Health care based (clinics, hospitals)	0.38	0.26	0.72	0.17*
Sampling for case-control studies	Sampling of controls are not clearly reported	-0.02	0.97	0.95	0.05*
	Sampling of controls from the sample population as cases	0.13	0.21	0.50	0.17*
	Sampling of controls from health care related sources (out-clinic or in-clinics, health care claims)	0.13	0.66	0.91	0.09*
Assessment of sampling bias	No information about sampling bias	-0.05	0.09	-0.05	0.04
	Sampling bias was assessed by the authors—differences in study population vs. target population are reported	0.09	0.33	0.71	0.14*
	The authors did not assess sampling bias	-0.01	0.43	0.79	0.10*
	The authors did not assess sampling bias but justified exclusion of the subjects from the sampling or analysis	-0.05	0.66	0.90	0.07*
Exclusion rate from the analysis in exposed and not exposed	Exclusion from the analyses was not reported separately for exposed and not exposed	0.07	0.14	0.26	0.17
	Reasons to exclude from the analyses were the same for exposed and not exposed	0.14	0.29	0.67	0.16*
	Reasons to exclude from the analyses differ for exposed and not exposed	-0.08	0.52	0.84	0.07*
Sampling bias is addressed in the analysis	Not reported	0.08	0.09	0.08	0.19
	Weighting of the estimates by probability of selection	0.13	0.66	0.91	0.09*
	Weighting of the estimates by nonresponse adjustment within sampling subgroups	-0.05	0.66	0.90	0.07*
	Post-stratification by age	-0.08	0.52	0.84	0.07*
	Post-stratification by sex	0.17	0.37	0.78	0.14*
	Post-stratification by race	-0.02	0.97	0.95	0.05*
	Not addressed in analysis	-0.01	0.43	0.79	0.10*

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
Source to measure dependent variables	Not reported	-0.02	0.97	0.95	0.05*
	Self reported (collected for the study)	0.01	0.09	0.02	0.09
	Proxy reported (collected for the study)	0.22	0.33	0.75	0.13*
	Objectively measured with diagnostic methods for the purpose of the study (independent on health care)	0.01	0.19	0.38	0.14*
	Measured by interviewers for the study	-0.10	0.33	0.64	0.08*
	Obtained during clinical exam for the purpose of the study	0.20	0.29	0.69	0.15*
	Obtained from medical records (mining of the data collected for health care purposes)	0.02	0.37	0.74	0.12*
	Obtained from administrative database (mining of the data collected for health care purposes)	0.04	0.52	0.85	0.10*
	Obtained from registries (collected for epidemiologic evaluation independent of health care)	-0.05	0.66	0.90	0.07*
	Reference period, the time of the occurrence of the disease	Reference period not relevant for the nature of the outcome	-0.05	0.21	0.40
Reference period may be relevant but not included in definition of the outcome (define relevance specific for research question)		0.07	0.26	0.59	0.15*
Reference period recommended by the CDC or guidelines (12 months for chronic diseases) is included in definition of the outcome		-0.04	0.23	0.47	0.13*
Reference period different from recommended is justified and included in the definition		0.04	0.52	0.85	0.10*
Severity, the degree of the symptoms of the chronic condition	Severity is not relevant for the outcome	0.11	0.17	0.38	0.13*
	Severity can be relevant but not assessed in the study	0.10	0.19	0.43	0.18*
	Definition of the outcomes included severity of conditions	0.04	0.14	0.23	0.16
Frequency of the symptoms	Frequency is not relevant for the outcome	0.34	0.11*	0.39	0.16*
	Frequency can be relevant but not assessed in the study	0.21	0.21	0.55	0.16*
	Definition of the outcomes included frequency of diagnostic criterion of chronic conditions	0.04	0.21	0.45	0.13*
Validation	No information about validation	-0.01	0.12	0.10	0.08
	Variables were measured using known "gold standard" (define specific for the outcomes)	0.18	0.17	0.44	0.19*
	Methods to measure outcomes were validated with gold standard	-0.02	0.97	0.95	0.05*
	The authors did not validate the methods to measure dependent variables (nonvalid methods were obtained)	-0.05	0.66	0.90	0.07*

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
	The authors justified validity of the used methods from previously published research	0.04	0.52	0.85	0.10*
Reliability of the estimates	Not reported	0.16	0.10	0.19	0.11
	Reliability assumed acceptable according to previous published analyses (medical coding, insurance claims)	-0.11	0.16	0.17	0.07
	Intra-observer variability is acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	-0.02	0.97	0.95	0.05*
	Inter-observer variability is acceptable for the outcome standards (define acceptable variability specific for the nature of the outcome)	-0.02	0.97	0.95	0.05*
Confounding factors	Not reported	-0.05	0.66	0.90	0.07*
	Major confounding factors/effect modifiers were not assessed	-0.06	0.37	0.72	0.10*
	Major confounding factors/effect modifiers were assessed partially	0.03	0.33	0.68	0.12*
	Major confounding factors/effect modifiers were assessed (known sets of confounders specific for research questions)	-0.10	0.10	-0.06	0.04
Measure of confounding factors	Not reported	0.20	0.13	0.32	0.17*
	Valid measurements of major confounding factors	-0.04	0.16	0.22	0.09
	Unknown validity to measure confounding factors	-0.11	0.43	0.77	0.07*
	The authors justified validity of the used methods from previously published research	-0.01	0.43	0.79	0.10*
Masking of exposure status	Not reported	0.11	0.11	0.17	0.09
	Was stated	0.08	0.43	0.81	0.12*
	Was not possible	-0.03	0.26	0.54	0.12*
	Was possible but not obtained	-0.05	0.66	0.90	0.07*
Statistical analysis	Not reported	-0.02	0.97	0.95	0.05*
	Standardization	0.13	0.66	0.91	0.09*
	Matching	0.13	0.66	0.91	0.09*
	Adjustment in multivariate model	0.08	0.21	0.48	0.14*
	Stratification	0.07	0.26	0.59	0.15*
	The authors did not obtain methods to reduce bias	-0.05	0.66	0.90	0.07*
	Strategies to reduce research specific bias not reported	-0.01	0.43	0.79	0.10*
Appropriateness of statistical model to reduce research specific bias	Authors justified using appropriate statistical models to reduce research specific bias	0.07	0.13	0.21	0.09

Quality Item	Response	Kappa	Standard Error	AC1 Statistics	Standard Error
	The authors did not use statistical models that may be the most appropriate according to the published literature (examples may include population stratification bias in case-control studies of genetic association, odds ratio in cohort studies of common diseases, missing data, large loss of followup)	-0.02	0.97	0.95	0.05*
Appropriateness of statistical model to reduce research specific bias	The authors did not justify choice of statistical models to reduce research specific bias	-0.04	0.33	0.66	0.12*
Sample size justification	Not reported	-0.07	0.13	0.09	0.08
	Justified for primary outcome	-0.02	0.97	0.95	0.05*
	Justified for secondary outcomes	-0.02	0.97	0.95	0.05*
	Post-hoc analyses	-0.05	0.66	0.90	0.07*

*significant agreement at 95% CI

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