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Number 132

Combination Therapy Versus Intensification of Statin Monotherapy: An Update



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Combination Therapy Versus Intensification of Statin Monotherapy: An Update

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Preface

The Agency for Healthcare Research and Quality (AHRQ), through its Evidence-based Practice Centers (EPCs), sponsors the development of systematic reviews to assist public- and private-sector organizations in their efforts to improve the quality of health care in the United States. These reviews provide comprehensive, science-based information on common, costly medical conditions, and new health care technologies and strategies.

Systematic reviews are the building blocks underlying evidence-based practice; they focus attention on the strength and limits of evidence from research studies about the effectiveness and safety of a clinical intervention. In the context of developing recommendations for practice, systematic reviews can help clarify whether assertions about the value of the intervention are based on strong evidence from clinical studies. For more information about AHRQ EPC systematic reviews, see www.effectivehealthcare.ahrq.gov/reference/purpose.cfm.

AHRQ expects that these systematic reviews will be helpful to health plans, providers, purchasers, government programs, and the health care system as a whole. Transparency and stakeholder input are essential to the Effective Health Care Program. Please visit the Web site (www.effectivehealthcare.ahrq.gov) to see draft research questions and reports or to join an email list to learn about new program products and opportunities for input.

We welcome comments on this systematic review. They may be sent by mail to the Task Order Officer named below at: Agency for Healthcare Research and Quality, 540 Gaither Road, Rockville, MD 20850, or by email to epc@ahrq.hhs.gov.

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We extend our appreciation to the members of our Technical Expert Panel (listed below), all of whom provided thoughtful advice and input during our process.

Technical Expert Panel

In designing the study questions and methodology at the outset of this report, the EPC consulted several technical and content experts. Broad expertise and perspectives were sought. Divergent and conflicted opinions are common and perceived as healthy scientific discourse that results in a thoughtful, relevant systematic review. Therefore, in the end, study questions, design, methodologic approaches, and/or conclusions do not necessarily represent the views of individual technical and content experts.

Technical Experts must disclose any financial conflicts of interest greater than \$10,000 and any other relevant business or professional conflicts of interest. Because of their unique clinical or content expertise, individuals with potential conflicts may be retained. The TOO and the EPC work to balance, manage, or mitigate any potential conflicts of interest identified.

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Combination Therapy Versus Intensification of Statin Monotherapy: An Update

Structured Abstract

Objective. To assess the benefits and harms of combination of statin and other lipid-modifying medication compared to intensification of statin monotherapy. This is an update to a 2009 review.

Data sources. The search for the prior review included MEDLINE® from 1966 to May 2009, Embase® from 1980 to May 2009, and the Cochrane Library to the third quarter of 2008. Additional searches of MEDLINE, Embase, and the Cochrane Central Register of Controlled Trials (CENTRAL) from May 2008 to July 2013 were conducted for the update.

Review methods. Paired investigators independently screened search results to assess eligibility. Investigators abstracted data sequentially and assessed risk of bias independently. Investigators graded the strength of evidence (SOE) as a group.

Results. All evidence for clinical outcomes (mortality, acute coronary events, and revascularization procedures) were graded as insufficient when comparing lower potency combination therapy with higher potency statin monotherapy. Results of effects on surrogates—low-density lipoprotein (LDL-c) and high-density lipoprotein (HDL-c)—and on serious adverse events are summarized below:

Bile acid sequestrants (BAS): There was moderate SOE from four trials that a low-potency statin combined with a BAS lowered LDL-c up to 14 percent more than mid-potency statin monotherapy.

Ezetimibe: Moderate SOE from 11 trials favors mid-potency statin with ezetimibe for lowering LDL-c, with reduction up to 18 percent more compared to high-potency statin monotherapy among general populations. Low SOE from 11 trials favors mid-potency statin with ezetimibe for raising HDL-c, with increase up to 6 percent more compared to high-potency statin monotherapy.

Fibrates: There is insufficient evidence to compare combination therapy with fibrate and statin to intensification of statin monotherapy regardless of statin potency.

Niacin: There is insufficient evidence to compare combination therapy with niacin and statin to intensification of statin monotherapy on lowering LDL-c, regardless of statin potency.

Moderate SOE from three trials found that low-potency statin with niacin raises HDL-c up to 27 percent more than mid-potency statin monotherapy.

Omega-3 fatty acids: No relevant trials were found.

Conclusions. Although many studies looked at intermediate outcomes, few studies addressed the question of which approach produces better clinical outcomes. Combination of statin with ezetimibe or bile acid sequestrant lowered LDL-c better than intensification of statin monotherapy, but evidence for clinical outcomes (mortality, acute coronary events, and revascularization procedures) was insufficient across all potency comparisons for all combination therapy regimens. Additional studies evaluating long-term clinical benefits and

harms are needed to better inform clinical decisionmaking, patient choice, and clinical practice guidelines.

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Executive Summary

Background

Cardiovascular disease (CVD) includes conditions such as coronary heart disease, stroke, heart failure, arrhythmia, heart valve disease, congenital heart disease, and hypertension. The American Heart Association has estimated that CVD affects 83.6 million individuals in the United States, contributes to 32.3 percent of deaths, and is a leading cause of disability.¹ Atherosclerosis (hardening of arteries caused by plaque deposition) causes coronary heart disease (CHD), cerebrovascular disease, and peripheral artery disease. The American Heart Association estimates that atherosclerotic CVD affects 15.4 million Americans.¹ CHD, which includes coronary artery disease, myocardial infarction (MI), unstable angina, and heart failure, is a leading cause of death for both men and women in the United States.² It is estimated that by 2030, the prevalence of CHD will rise by 16.6 percent and result in more than \$106 billion in direct health care costs.³

Abnormal lipoprotein metabolism, especially increased concentrations of apo B-100-containing low-density lipoprotein (LDL-c), predisposes individuals to atherosclerosis. Due to the consistent and robust association of higher LDL-c levels with atherosclerotic CVD across experimental and epidemiologic studies,^{4,5} therapeutic strategies to decrease risk have focused on LDL-c reduction as a primary goal. In contrast to LDL-c, high-density lipoprotein (HDL-c) has a protective role against atherosclerotic CVD. Epidemiologic studies have demonstrated an inverse association between HDL-c and CVD, where low HDL-c levels are independent predictors of CHD.⁶

Questions remain as to how best to modify lipid levels with the goal of preventing CHD. The 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitors (statins) are the most widely prescribed lipid-lowering agents and are often used as monotherapy. However, some patients do not reach their treatment goals on statin monotherapy or are troubled by side effects, prompting interest in combination therapy as a way to improve lipid levels without having to increase statin dosage or as a way to reduce side effects. Statins can be combined with an additional lipid-modifying medication such as a bile acid sequestrant, cholesterol absorption inhibitor, fibric acid, nicotinic acid, or omega-3 fatty acid. There are potential benefits to treating with multiple agents, as the different mechanisms of action of the other lipid-modifying agents may produce benefits unlikely to be achieved with a statin alone. For example, a fibrate or niacin in combination with a statin may increase HDL-c and decrease triglycerides above what is achieved with statin treatment alone.⁷ Combination therapy could potentially result in fewer statin-related side effects (e.g., myalgias and elevated liver transaminases), as lower doses of statin could be used. Conversely, a combination of agents could result in an increase in side effects, as patients may experience the side effects common to both drugs.

In 2009, the Agency for Healthcare Research and Quality released an evidence report comparing combinations of these lipid-modifying agents to statin intensification.^{8,9} However, the authors found insufficient evidence to determine whether combination therapy held benefit over monotherapy. To provide additional information for clinicians treating patients with moderate or high CHD risk, this update reviews the most recent evidence.

Two contextual factors need to be kept in mind while considering the evidence comparing statin intensification to combination therapy. First, guideline recommendations about intensifying statin therapy or adding an additional nonstatin agent to achieve a specific lipid target level have recently changed.¹⁰ The National Cholesterol Education Program (NCEP) Adult

Treatment Panel (ATP) III provided guidelines on both when to initiate lipid-lowering therapy based on LDL-c level and CHD risk factors and recommended LDL-c targets for optimal CHD risk reduction.^{11,12} However, the new guidelines for treatment of cholesterol to reduce atherosclerotic CVD, released in November 2013, represent a major change from the ATP III guidelines. No specific LDL-c targets (e.g., LDL-c ≤ 70 mg/dL) were presented in the new guidelines due to the lack of evidence from randomized controlled trials supporting specific targets. Rather, four “statin benefit groups” were identified: individuals with clinical atherosclerotic CVD, individuals with LDL-c ≥ 190 mg/dL, people with diabetes aged 40–75, and individuals aged 40–75 with a ≥ 7.5 -percent 10-year atherosclerotic CVD risk. For individuals within these groups, there are recommendations for treatment with moderate- or high-potency statins. The expected response to a moderate-potency statin is an LDL-c reduction of 30 to 50 percent, while the expected response to a high-potency statin is an LDL-c reduction of ≥ 50 percent. For individuals who do not have the expected response, adherence is assessed. Then the guidelines recommend considering intensification of statin therapy if the patient is not at maximum dose or the addition of a nonstatin agent with proven efficacy in reducing CVD events.¹⁰

Second, several large trials, such as ENHANCE (The Ezetimibe and Simvastatin in Hypercholesterolemia Enhances Atherosclerosis Regression), AIM-HIGH (Atherothrombosis Intervention in Metabolic Syndrome with Low HDL Cholesterol/High Triglyceride and Impact on Global Health Outcomes), and ACCORD (Action to Control Cardiovascular Risk in Diabetes)-Lipid, have compared statin monotherapy to combination therapy with the same statin dose plus another lipid-lowering drug. These trials have demonstrated that “add-on” combination therapy can lead to superior lipid outcomes but fails to reduce atherosclerosis or lead to decreased rates of cardiovascular death, MI, revascularization, or stroke.¹³ This evidence calls into question previous assumptions that lowering LDL-c or raising HDL-c are always reliable predictors of improved clinical outcomes, as well as increasing the importance of patient-centered clinical outcomes for evaluating the effectiveness of lipid-modifying therapies.^{7,14}

Scope and Key Questions

We aimed to assess the effectiveness, safety, and tolerability of the combination of statin and other lipid-modifying medication compared to intensification of statin monotherapy. Our scope was limited to comparing the combination of statin with other lipid-modifying medication to intensification of statin monotherapy. We did not examine the separate but related question of whether adding another lipid-modifying agent to the same potency statin therapy will improve clinical outcomes (add-on combination therapy). Therefore, a number of high-profile studies that evaluated add-on combination therapy, including ACCORD, AIM-HIGH, HSP-2 THRIVE (Heart Protection Study 2 Treatment of HDL to Reduce the Incidence of Vascular Events), and ENHANCE, are not included in this review. We did not expand our update to evaluate add-on combination therapy for two reasons: (1) the upcoming release of the IMPROVE-IT (Improved Reduction of Outcomes: Vytorin Efficacy International) trial results, which will be critical in characterizing the effect of add-on combination therapy with ezetimibe + statin on clinical outcomes, thereby making a review at this time premature; and (2) resource constraints. Furthermore, we did not include nonstatin monotherapy as a comparison group, given that statins are the first-line treatment for dyslipidemia and the focus of this update is on populations that can tolerate statins at some dose. We aimed to answer the questions below by reviewing trials of adults that compared a higher potency of statin monotherapy to a lower potency statin in

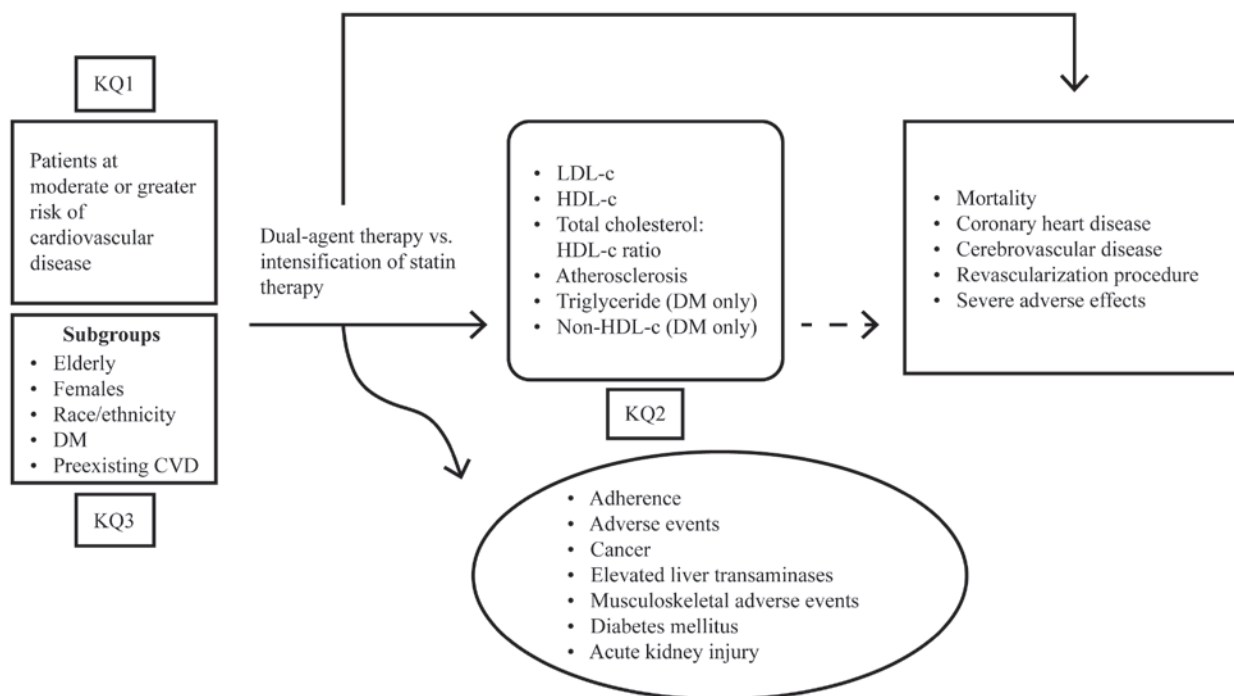
combination with another agent (bile acid sequestrant, ezetimibe, fibrate, niacin, or omega-3 fatty acid).

The specific Key Questions (KQs) are:

- KQ 1:** For patients who require intensive lipid-modifying therapy, what are the comparative long-term benefits and rates of serious adverse events of coadministration of different lipid-modifying agents (i.e., a statin plus another lipid-modifying agent) compared with higher dose statin monotherapy?
- KQ 2:** Do these regimens differ in reaching LDL targets (or other surrogate markers), short-term side effects, tolerability, and/or adherence?
- KQ 3:** Compared with higher dose statins and with one another, do combination regimens differ in benefits and harms within subgroups of patients?

The analytic framework for our review is shown in Figure A.

Figure A. Analytic framework for comparative effectiveness of lipid-modifying agents



CVD = cardiovascular disease; DM = diabetes mellitus; HDL-c = high-density lipoprotein; KQ = Key Question; LDL-c = low-density lipoprotein

Methods

Search Strategy, Study Selection, and Data Abstraction

We searched the following databases for primary studies: MEDLINE®, Embase®, and the Cochrane Central Register of Controlled Trials (CENTRAL) from May 2008 through July 2013. We also reviewed relevant review articles. In addition, we requested and reviewed Scientific Information Packets provided by the pharmaceutical manufacturers.

Abstract and full-text screening was performed by two independent reviewers using prespecified eligibility criteria (Table A). All articles included in the prior review were reviewed during the full-text screen. Conflicts were resolved by consensus adjudication.

Data abstraction was conducted with a senior reviewer (faculty-level project investigator) abstracting data from articles while having access to the first reviewer's data abstraction. Differences in opinion were resolved through consensus adjudication and, for difficult cases, during team meetings.

Table A. Study inclusion and exclusion criteria

Population and Condition of Interest	Included adults with moderate (10-year CHD risk 10-20% or LDL-c ≥ 160 mg/dL) or high (10-year CHD risk $\geq 20\%$ or LDL-c ≥ 190 mg/dL) cardiovascular disease risk. <i>Excluded</i> studies if they included only adults with low cardiovascular disease risk (CHD risk $< 10\%$ or LDL-c < 160 mg/dL). <i>Excluded</i> studies that included only patients with homozygous FH.
Interventions and Approaches	Studies must have evaluated a combination regimen of interest. Included studies of bile acid sequestrants + statin. Included studies of ezetimibe + statin. Included studies of fibrates + statin. Included studies of niacin + statin. Included studies of omega-3 fatty acids + statin. <i>Excluded</i> studies of lifestyle modifications. <i>Excluded</i> studies of drugs approved only for the treatment of homozygous FH. <i>Excluded</i> studies of drugs not approved by the FDA or investigational drugs. <i>Excluded</i> studies of prepackaged medications that contained non-lipid-lowering medications.
Comparisons of Interest	Included comparisons with higher potency statin monotherapy. <i>Excluded</i> studies if a study statin monotherapy was of the same or lower potency than combination arm. <i>Excluded</i> studies if there was no comparison or only placebo comparison.
Outcomes and Timing	Included clinical outcomes—mortality, cardiovascular events, cerebrovascular events, and revascularization procedures at any time point. Included surrogate outcomes—LDL-c, HDL-c, TC:HDL-c ratio, NCEP ATP III LDL-c target attainment, and measures of atherosclerosis at any time point. Included triglycerides and non-HDL-c in diabetes subgroup. Included adherence and harms outcomes—adherence, serious adverse events (as reported by investigators), withdrawal due to adverse events, cancer, elevated liver transaminases, adverse +musculoskeletal events, diabetes mellitus, and acute kidney injury at any time point.
Type of Study	Included studies with any sample size that met all other criteria. Included studies from the prior report that met all other criteria. ^a Included randomized controlled trials Included nonrandomized extension of clinical trial over 24 weeks duration (clinical outcomes, SAE, and harms only). Included FDA reports (SAE and harms only). <i>Excluded</i> studies with other observational designs. <i>Excluded</i> studies with no original data (reviews, editorials, comments, letters, modeling-only studies). <i>Excluded</i> studies published only as abstracts. <i>Excluded</i> qualitative studies. <i>Excluded</i> crossover trials with fewer than 4 weeks washout and/or lacking paired observation, within-person differences, or precrossover data. <i>Excluded</i> non-English-language publications.

CHD = coronary heart disease; FDA = U.S. Food and Drug Administration; FH = familial hypercholesterolemia; HDL-c = high-density lipoprotein; LDL-c = low-density lipoprotein; NCEP ATP III = National Cholesterol Education Program Adult Treatment Panel III; SAE = serious adverse event; TC = total cholesterol

^aSharma M, Ansari MT, Soares-Weiser K, Abou-setta AM, Ooi TC, Sears M, Yazdi F, Tsertsivadze A, Moher D. Comparative Effectiveness of Lipid-Modifying Agents. Comparative Effectiveness Review No. 16. (Prepared by the University of Ottawa Evidence-based Practice Center under Contract No. 290-02-0021.) Rockville, MD: Agency for Healthcare Research and Quality. September 2009. www.effectivehealthcare.ahrq.gov/reports/final.cfm.

Risk-of-Bias Assessment

Risk of bias was assessed independently by two reviewers using the Cochrane Collaboration's tool. For studies included from the prior review, we used the quality assessments from that report, which used the Jadad Score.

Data Synthesis

We compared lower potency statins in combination therapy with higher potency statin monotherapy, which enabled us to synthesize data across statin type and statin dose. We used specific criteria to determine statin potency (Table B).

Table B. Different dosing of specific statins based on potency to reduce LDL-c

Potency	Atorvastatin (mg/day)	Fluvastatin (mg/day)	Fluvasatin XL (mg/day)	Lovastatin (mg/day)	Pitavastatin (mg/day)	Pravastatin (mg/day)	Rosuvastatin (mg/day)	Simvastatin (mg/day)
Low potency (<30% LDL-c reduction)	5	20 and/or 40	--	5 and/or 10 and/or 20	1	10 and/or 20 and/or 40	--	10
Mid potency (30-40% LDL-c reduction)	10	80	80	40 and/or 80	2 and/or 4	80	2.5 ^a	20
High potency (>40% LDL-c reduction)	20 and/or 40 and/or 80	--	--	--	--	--	5 and/or 10 and/or 20 and/or 40	40 and/or 80 ^b

LDL-c = low-density lipoprotein

^aDose not included in this review; information obtained from "FDA Advisory Committee Meeting Briefing Document NDA 21-366 for the use of CRESTOR" (www.fda.gov/ohrms/dockets/ac/03/briefing/3968b1_02_a-fda-clinical%20review.pdf).

^bStudies that used simvastatin 80 mg in statin-naïve patients were excluded.

We calculated and displayed the mean differences with 95-percent confidence intervals for the individual studies grouped by combination therapy agent, statin potency, and population for all comparisons. We considered meta-analysis where there were three or more similar studies. We report qualitative synthesis of data for most outcomes because of the lack of outcomes meeting our criteria for meta-analysis and significant heterogeneity detected when meta-analyses were conducted ($I^2 > 50\%$).

Strength of the Body of Evidence

We graded the quantity, quality, and consistency of the evidence for the following outcomes: mortality, acute coronary events, revascularization procedures, serious adverse events, LDL-c, and HDL-c. We used an evidence grading scheme recommended by the "Methods Guide for Effectiveness and Comparative Effectiveness Reviews."¹⁵ We created evidence grades for each comparison and outcome by combination agent, statin potency, and population. We used four domains to yield a final evidence grade: risk of bias, consistency, directness and precision.

The final strength-of-evidence (SOE) grades were: (1) "high" grade (indicating high confidence that the evidence reflects the true effect and further research is very unlikely to change our confidence in the estimate of the effect); (2) "moderate" grade (indicating moderate confidence that the evidence reflects the true effect and further research may change our

confidence in the estimate of the effect and may change the estimate); (3) “low” grade (indicating low confidence that the evidence reflects the true effect and further research is likely to change our confidence in the estimate of the effect and is likely to change the estimate); and (4) “insufficient” grade (no evidence identified). A comparison-outcome pair with high SOE was one with low risk of bias, directness, consistency, and precision. Moderate SOE indicated that a high risk of bias was noted or that two of the following were observed: a moderate risk of bias, inconsistency, indirectness, or imprecision. Low SOE indicated a high risk of bias and two or more of the following or a moderate risk of bias and three of the following: inconsistency, indirectness, and imprecision.

Investigators writing each section completed the SOE grading, which was then reviewed by the team.

Applicability

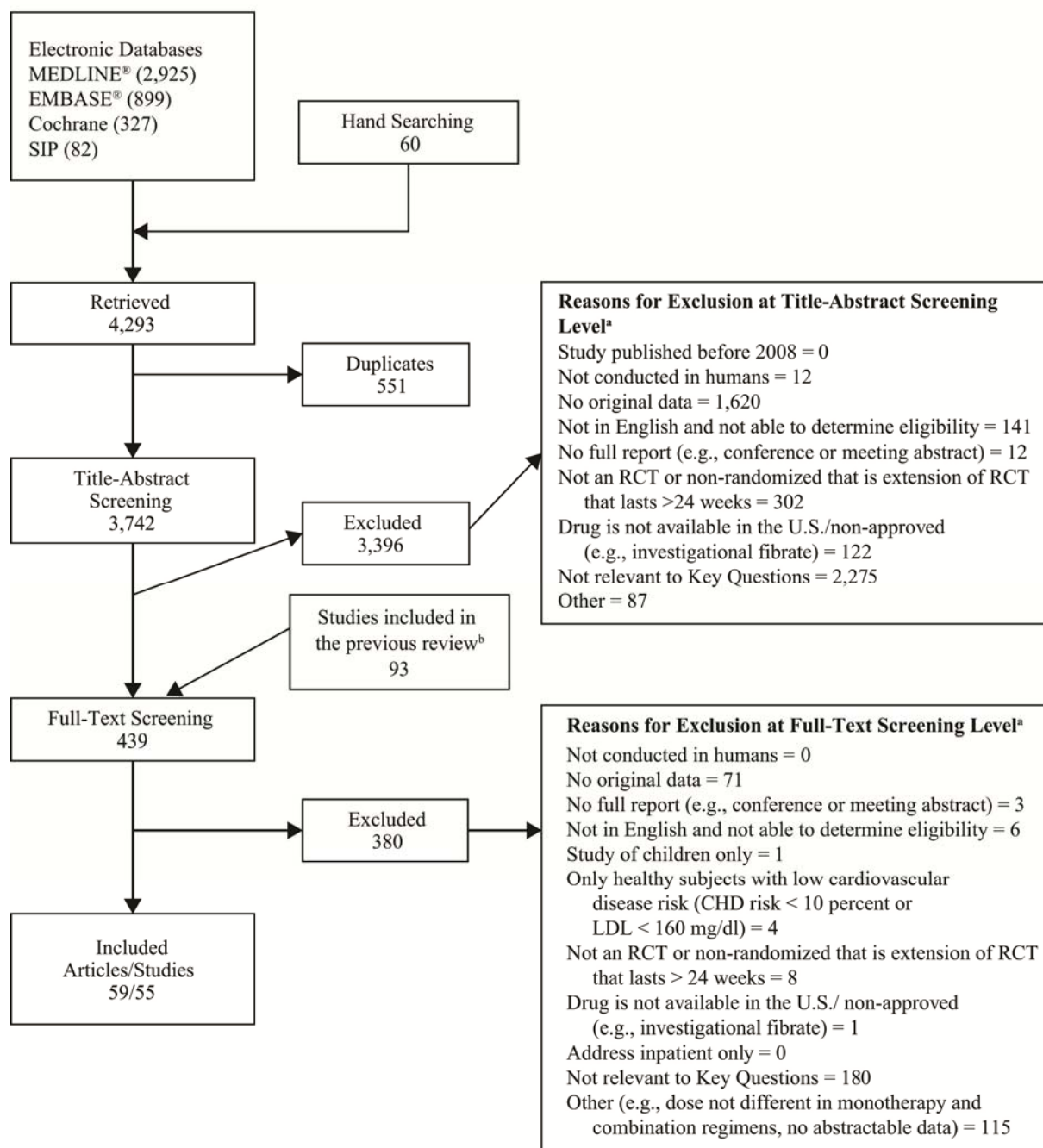
We describe the applicability of studies in terms of the degree to which the study population, interventions, outcomes, and settings were relevant to individuals at high CHD risk requiring aggressive lipid-modifying therapy and features that may affect the effectiveness of the intervention.

Results

Results of Literature Searches

Figure B summarizes the search results. The literature search identified 4,293 unique citations. During the title and abstract screening we excluded 3,396 citations; during the article screening we excluded 380 citations (see Appendix D in the full report). Fifty-five studies, reported in 59 articles, were included. All trials were randomized controlled trials.

Figure B. Summary of search (number of articles)



CHD = coronary heart disease; LDL = low-density lipoprotein; RCT = randomized controlled trial; SIP = Scientific Information Packet

^aTotal exceeds the number of citations in the exclusion box because citations could be excluded for more than one reason.

^bSharma M, Ansari MT, Soares-Weiser K, Abou-setta AM, Ooi TC, Sears M, Yazdi F, Tsertsvadze A, Moher D. Comparative Effectiveness of Lipid-Modifying Agents. Comparative Effectiveness Review No. 16. (Prepared by the University of Ottawa Evidence-based Practice Center under Contract No. 290-02-0021.) Rockville, MD: Agency for Healthcare Research and Quality. September 2009. www.effectivehealthcare.ahrq.gov/reports/final.cfm.

Overview of Included Trials by Potency and Agent

The SOE was variable across comparisons evaluating the effectiveness and safety of combination therapy versus intensification of statin monotherapy. Evidence for all the clinical outcomes of mortality, acute coronary events, and revascularization procedures was graded as insufficient across all potency comparisons for all combination therapy regimens.

Seven comparisons had moderate SOE for LDL-c and HDL-c outcomes. However, all other comparisons and outcomes had low or insufficient evidence. The interventions and approaches that effectively lowered LDL-c or raised HDL-c are described by combination therapy regimen below. The SOE for the body of evidence is provided in Table C for general populations and Table D for subgroups.

Table C. Summary of the strength of evidence for general populations

Combination Agent	Potency Comparison (Combination Therapy vs. Monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
		Mortality	Acute Coronary Events	Revascularization Procedures		LDL-c	HDL-c
Bile Acid Sequestrant	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 0-14% greater LDL-c reduction	Insufficient
Ezetimibe	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Low: Combination therapy favored, with 2-12% greater LDL-c reduction	Low: Combination therapy favored, with up to 5-6% greater increase in HDL-c
	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 3-14% greater LDL-c reduction	Low: Combination therapy favored, with 2-6% greater increase in HDL-c
	Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 31% greater LDL-c reduction	Low: Combination therapy favored, with 3-4% greater increase in HDL-c

Table C. Summary of the strength of evidence for general populations (continued)

Combination Agent	Potency Comparison (Combination Therapy vs. Monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
		Mortality	Acute Coronary Events	Revascularization Procedures		LDL-c	HDL-c
Fibrates	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
Niacin	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 15-27% greater increase in HDL-c
Omega-3 Fatty Acid	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient

HDL = high-density lipoprotein; LDL-c = low-density lipoprotein

Note: Comparisons for which there was evidence are shown in bold.

Table D. Summary of the strength of evidence for subgroups

Subgroup	Combination Agent	Potency Comparison (Combination Therapy Vs. Monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
			Mortality	Acute Coronary Events	Revascularization Procedures		LDL-c	HDL-c
Preexisting CHD	Ezetimibe	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
		Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 5-15% greater LDL-c reduction	Low: No between-group difference in raising HDL-c
		Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Fibrates	Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
Diabetes	Ezetimibe	Low-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
		Mid-potency combination therapy vs. high-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Moderate: Combination therapy favored, with 3-21% greater LDL-c reduction	Moderate: Combination therapy favored, with 2-6% greater increase in HDL-c
		Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Fibrates	Low-potency combination therapy vs. mid-potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient

CHD = coronary heart disease; HDL-c = high-density lipoprotein; LDL-c = low-density lipoprotein

Note: Comparisons for which there was evidence are shown in bold.

Combination Therapy Versus Intensification of Statin Monotherapy

Combination Therapy With Bile Acid Sequestrant and Statin

Six randomized trials (410 participants) were identified. Four trials compared low-potency statin in combination with a bile acid sequestrant to mid-potency statin monotherapy (288 participants). Low-potency statin in combination with a bile acid sequestrant lowers LDL-c up to 14 percent more than mid-potency statin monotherapy (SOE: moderate). There was insufficient evidence to evaluate LDL-c outcomes for other potency comparisons or to compare HDL-c outcomes at any statin potency.

We found insufficient evidence to compare combined lipid-modifying therapy with a bile acid sequestrant and statin to intensification of statin monotherapy on the rates of serious adverse events, regardless of statin potency. No study reported on the comparative effectiveness of bile acid sequestrant plus statin on benefits or harms as compared to intensification of statin monotherapy among subgroups.

Combination Therapy With Ezetimibe and Statin

Forty randomized trials (10,955 participants) were identified, which primarily reported on surrogate outcomes such as LDL-c and HDL-c. Thirteen trials compared low-potency statin in combination with ezetimibe to high-potency statin monotherapy in general populations. Among general populations, low-potency statin in combination with ezetimibe more effectively lowers LDL-c and raises HDL-c than high-potency statin monotherapy (SOE: low).

Eleven trials compared mid-potency statin in combination with ezetimibe to high-potency statin monotherapy in general populations. Mid-potency statin combined with ezetimibe more effectively lowers LDL-c and raises HDL-c than high-potency statin monotherapy among general populations (SOE: moderate and low, respectively).

Six trials compared low-potency statin in combination with ezetimibe to mid-potency statin monotherapy in general populations. Low-potency statin in combination with ezetimibe more effectively lowers LDL-c and raises HDL-c than mid-potency statin monotherapy (SOE: moderate and low, respectively).

Twelve trials among patients with preexisting CHD and four trials among patients with diabetes compared mid-potency statin in combination with ezetimibe to high-potency statin monotherapy. Mid-potency statin combined with ezetimibe more effectively lowers LDL-c than high-potency statin monotherapy among patients with CHD (SOE: moderate); however, there was no difference in HDL-c effects (SOE: low). Mid-potency statin combined with ezetimibe more effectively lowers LDL-c and raises HDL-c than high-potency statin monotherapy among patients with diabetes (SOE: moderate).

Combination Therapy With Fibrate and Statin

Four randomized trials (1,341 participants) were identified. Two trials compared mid-potency statin in combination with fibrate to high-potency statin monotherapy (683 participants). There is insufficient evidence to compare the benefits of combined lipid-modifying therapy with a fibrate and statin to intensification of statin monotherapy on LDL-c, HDL-c, and serious adverse events, regardless of statin potency.

Combination Therapy With Niacin and Statin

Five randomized trials (612 participants) were identified. Three trials compared low-potency statin in combination with niacin to mid-potency statin monotherapy (247 participants). We found inconsistent effects on lowering LDL-c when comparing low-potency statin in combination with niacin to mid-potency statin monotherapy. However, low-potency statin in combination with niacin raised HDL-c 15 percent to 27 percent more than mid-potency statin monotherapy (SOE: moderate).

We found insufficient evidence to compare combined lipid-modifying therapy with niacin and statin to intensification of statin monotherapy on the rates of long-term clinical outcomes and serious adverse events, regardless of statin potency. No study reported on the effectiveness of niacin plus statin compared to intensification of statin monotherapy on benefits or harms among subgroups.

Combination Therapy With Omega-3 Fatty Acid and Statin

No trials were identified that compared combination therapy with omega-3 fatty acid and statin to intensification of statin monotherapy. There is insufficient evidence to compare the benefits of combined lipid-modifying therapy with an omega-3 fatty acid and statin to intensification of statin monotherapy on LDL-c, HDL-c, and serious adverse events, regardless of statin potency.

Discussion

Key Findings

The evidence suggests that some combination therapy regimens may confer benefits with respect to lowering LDL-c, including bile acid sequestrants (up to 14 percent greater LDL-c reduction) and ezetimibe (up to 21 percent greater LDL-c reduction). LDL-c is an important factor in the development of atherosclerotic cardiovascular disease, and higher levels of LDL-c have been associated with greater risk of this disease.^{4,5} However, there is insufficient evidence to address whether the LDL-c-lowering benefits achieved with these medications translate into decreased rates of atherosclerotic cardiovascular disease. Prior trials comparing combination regimens to statin monotherapy, such as ENHANCE, AIM-HIGH, and ACCORD-Lipid, have demonstrated that combination therapy can lead to superior lipid outcomes but fail to reduce clinical outcomes such as cardiovascular death, MI, revascularization, or stroke.^{7,13,14}

We also found that some combination therapy regimens may confer benefits with respect to raising HDL-c, including ezetimibe (up to 6 percent) and niacin (up to 27 percent). In particular, given that only one prior study has demonstrated the benefit of pharmacologically raising HDL-c with respect to prevention of CVD events,¹⁶ the potential long-term clinical benefits of these combination regimens with respect to their HDL-c effects are unclear.

The strength of evidence is provided for all observed comparisons in general populations in Table C and for subgroups in Table D. Most trials included in this report were of relatively short duration (<3 months). In this limited timeframe, investigators are unlikely to capture any changes in a chronic condition such as atherosclerotic cardiovascular disease, which typically develops and progresses over a number of years. Powering such studies is especially difficult, given that both arms are taking statins, which would reduce the baseline incidence of cardiovascular events. Therefore, currently it is not possible to draw conclusions about the clinical implications of the surrogate marker changes identified. However, until additional data are available, these results may

help health care providers tailor lipid-modifying regimens based on individual patient needs and concerns for adverse events.¹⁷

Applicability

Many trials that met our inclusion criteria were implemented in patients with hyperlipidemia, and most were designed to evaluate effects on lipid measures and short-term harms. The results of most trials generalize to patients with hyperlipidemia uncomplicated by other major comorbid conditions. Interestingly, we identified fewer trials that were conducted among patients at high risk for CHD, such as those with diabetes or preexisting cardiovascular disease. These patients could benefit the most from improvement in their lipid profiles and are the most likely to be receiving more aggressive lipid-modifying regimens in clinical practice.

Limitations of the Evidence Base and Review Process

The SOE was insufficient for many comparisons and outcomes because of a paucity of studies and poor quality of existing studies. Trials were frequently downgraded in risk-of-bias assessment for lack of blinding by participant and study personnel (performance bias), for not reporting the blinding of outcome assessors (detection bias), or for not accounting for losses to followup or handling of incomplete data (attrition bias). Few studies reported variance estimates for the between-group differences in any outcomes over time. In some instances, the studies did not report a mean difference or point estimate, stating only that there was no significant difference between the groups. In addition, some studies did not report an intention-to-treat analysis and others did not specify the number analyzed in each arm. All of these factors limited our ability to conduct meta-analyses. Where we conducted meta-analyses, substantial heterogeneity was present in most cases.

The evidence base was also limited due to the short duration of most studies. Most trials we identified were of relatively short duration, despite the fact that these medications are currently used in clinical practice as chronic long-term medications. Studies were of insufficient duration to adequately assess long-term clinical outcomes, including mortality, acute coronary events, and revascularization procedures. In addition, losses to followup and medication adherence were often not reported by intervention arm in trials, which may bias our results. While our findings may suggest that one therapeutic option provides a benefit over another, we cannot comment on the tolerability of or persistence with the regimen, given the lack of data and short trial duration. Additional long-term trials are needed to compare the tolerability, side effects, and harms with prolonged use of these combinations.

The review process imposed limitations as well. First, the review focused narrowly on combination therapy compared with statin intensification. As a result, many studies of add-on combination therapy versus the same statin dose or nonstatin monotherapy were excluded because they did not address the Key Questions. Given several previous reviews on dietary modification and reduction of lipids and CVD risk, we did not include these therapies in this review.^{18,19} Further, we did not examine differences in statin response based on genetic variations.^{20,21} Second, we excluded non-English-language publications, although we do not believe this introduced significant bias. Third, because this review was conducted prior to the release of the 2013 cholesterol treatment guidelines from the American College of Cardiology/American Heart Association Task Force, we could not define our population eligibility criteria to match their four “statin benefit groups” and our potency categorizations differ slightly from those in the guidelines.¹⁰

Future Research Needs

We suggest that most comparisons and outcomes that have low or insufficient evidence are future research needs. In order to answer whether there are long-term benefits with respect to mortality, acute coronary events, and revascularization procedures, future investigators need to make these endpoints the primary outcomes of their trials and ensure that trials are of sufficient duration to actually capture these events (at least 12 months and preferably longer). Short-term trials using surrogate endpoints are of diminishing value at this point.

We further suggest that future studies focus on high-risk CHD populations and populations with greater burden of cardiovascular disease to determine which strategy provides better short-term improvements in lipid profile and long-term clinical benefits. These populations include patients with diabetes and preexisting cardiovascular disease, as well as Black and Native American populations.²² It may be worthwhile to explore differences between men and women, as the ACCORD trial showed benefit of combination therapy with fibrate in men and potential harms with this combination therapy in women.¹⁴ Such studies would have tremendous impact on clinical practice, as these patients with greater burden of cardiovascular disease are the most likely to need a more aggressive lipid-modifying regimen.

While head-to-head comparisons of a combination regimen to intensification of statin therapy may answer important clinical questions, these trials do not help clinicians decide between different combination therapy options. Once the effectiveness of each combination regimen on long-term clinical outcomes is established, the next step to inform clinical decisionmaking would be to help clinicians determine how to select the most appropriate lipid-modifying regimen from all available options. We suggest that future studies conduct head-to-head comparisons of multiple combination regimens against each other as well as against intensification of statin monotherapy to address this need. Additionally, it would be useful to examine whether it is possible to achieve LDL-c reductions consistent with those from potent statins (50–60%) in patients who are unable to tolerate full-dose statin therapy and what the clinical effects of these reductions would be. Furthermore, it would be useful to determine if LDL-c lowering of 50 percent achieved with a statin and a bile acid sequestrant is as efficacious as similar LDL-c lowering with a statin and ezetimibe, and whether both used together are as efficacious as a potent statin alone. Finally, alternative study designs, such as observational studies using registry data from electronic medical records, may also provide useful data on clinical outcomes.

Conclusions

Although many studies looked at intermediate outcomes, few studies addressed the question of which approach produces better clinical outcomes. Combination of statin with ezetimibe or bile acid sequestrant lowered LDL-c better than intensification of statin monotherapy, but evidence for clinical outcomes (mortality, acute coronary events, and revascularization procedures) was insufficient across all potency comparisons for all combination therapy regimens. Additional studies evaluating long-term clinical benefits and harms are needed to better inform clinical decisionmaking, patient choice, and clinical practice guidelines.

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Introduction

Cardiovascular Disease (CVD)

Cardiovascular disease (CVD) includes conditions such as coronary heart disease, stroke, heart failure, arrhythmia, heart valve disease, congenital heart disease, and hypertension. The American Heart Association (AHA) has estimated that CVD affects 83.6 million individuals, contributes to 32.3 percent of deaths, and CVD is a leading cause of disability.¹ CVD prevalence has been projected to rise in the future, with over 40 percent of the U.S. population having CVD by 2030.² In addition, the total direct medical costs attributable to CVD are expected to increase from \$273 billion in 2010 to \$818 billion by 2030.³

While CVD is the leading cause of death for men and women, some gender differences exist. The CVD death rate for U.S. women is estimated as 123.7 per 100,000 women, while for U.S. men the estimated CVD death rate is 249.8 per 100,000 men.¹ In addition, there are differences in rates of CVD by race/ethnicity. Recently, the Centers for Disease Control examined differences in self-reported CVD by race/ethnicity. They found that Native American and black men self-reported higher proportions of CVD (13.4% and 9.4%, respectively) as compared to the median percentage of men with CVD among the locations surveyed (8.8%), while Hispanic and Asian men had lower percentages (7.7% and 6.6%, respectively).⁴ A similar trend was seen for women; the median percentage of women with CVD was 6.3 percent, while 12.4 percent of Native American women, 10.3 percent of black women, 5.7 percent of Hispanic women, and 4.4 percent of Asian women reported having CVD.⁴

Atherosclerotic CVD and Lipids

Atherosclerosis plays a major role in the development of atherosclerotic CVD, which is a subset of CVD that includes coronary heart disease (CHD), cerebrovascular disease, and peripheral artery disease. The American Heart Association estimates that atherosclerotic CVD affects 15.4 million Americans.¹ CHD, which includes coronary artery disease (CAD), myocardial infarction (MI), unstable angina (UA), and heart failure, is a leading cause of death for both men and women in the U.S.⁵ By 2030, the prevalence of CHD will rise by 16.6 percent and result in over \$106 billion in direct healthcare costs.³

Role of LDL in Atherosclerotic CVD

Abnormal lipoprotein metabolism predisposes individuals to atherosclerosis, especially increased concentrations of apo B-100-containing low-density lipoprotein (LDL-c). Oxidized LDL-c is atherogenic, causing endothelial damage, alteration of vascular tone, and recruitment of monocytes and macrophages.⁶ Many studies have underscored the importance of LDL-c in development of atherosclerotic CVD.^{7,8} Due to the consistent and robust association of higher LDL-c levels with atherosclerotic CVD across experimental and epidemiologic studies, therapeutic strategies to decrease risk have focused on LDL-c reduction as a primary goal. While the prevalence of elevated LDL-c levels among adults has decreased by 33 percent from 1999 to 2006, the most recent estimates still report that 28 percent of U.S. adults have elevated LDL-c.¹

Role of Other Lipoproteins in Atherosclerotic CVD

In contrast to LDL-c, high-density lipoprotein (HDL-c) has been associated with reduced risk of atherosclerotic CVD. HDL-c may inhibit LDL-c oxidation through various enzymes, as well as reverse cholesterol transport.⁶ These enzymes stop the formation of or destroy the atherogenic, oxidized LDL-c, thereby preventing the inflammatory reaction that results in endothelial damage and plaque formation. Epidemiologic studies have demonstrated an inverse association between HDL-c and CVD. Low HDL-c levels are independent predictors of CHD^{9,10} and have been associated with increased CVD risk among patients without vascular disease at baseline.¹¹ However, only the VA-HIT study showed clinical benefit of raising HDL-c among men with low baseline HDL-c.¹²

Evidence for Lipid-Modifying Therapy

Lipid-modifying medications include 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase inhibitors, bile acid sequestrants, cholesterol absorption inhibitor, fibric acids, nicotinic acid, and omega-3 fatty acids, which have various mechanisms of action and pharmacokinetic properties. Table 1 provides an overview of the expected lipid effects of these agents based on mechanism of action and reported effects in clinical trials.

Table 1. Lipid modifying agents and their expected lipid effects

Agent	LDL	HDL
HMG-CoA Reductase Inhibitors	Decrease	Increase
Bile Acid Sequestrants ^a	Decrease	None
Cholesterol Absorption Inhibitor	Decrease	None
Fibric Acids	Variable	Increase
Nicotinic Acid	Decrease	Increase
Omega-3 Fatty Acids	Variable	None

^aContraindicated in patients with triglycerides more than 300 mg/dl.

Mechanism of Action of HMG-CoA Reductase Inhibitors

The most widely prescribed lipid-lowering agents are the HMG-CoA reductase inhibitors or “statins.” These agents inhibit the enzyme, HMG-CoA reductase, which is the catalyst for the rate-limiting step in cholesterol synthesis throughout the body.¹³ As a result, the lower intracellular cholesterol concentration triggers increased expression of hepatic LDL receptors, which then enhances the clearance of LDL-c from the plasma.¹⁴ Statins may also inhibit hepatic synthesis of apolipoprotein B-100, as well as decrease the synthesis and secretion of other lipoproteins.^{15,16} Studies have demonstrated that statins result in significant reductions in LDL-c, and modest increases in HDL-c.^{17,18} A recent meta-analysis of trials targeting LDL-c reduction with statins found that reducing LDL-c by 39 mg/dL resulted in reductions in the annual incidence of MI, revascularization, and ischemic stroke by one fifth.¹⁹ The effect size for improvement in these outcomes increases after the third year of therapy (RR of major vascular event per 1 mmol/L reduction in LDL-C 0.72 at Year 3).¹⁹ Efficacy and safety of more intensive lowering of LDL cholesterol: a meta-analysis of data from 170,000 participants in 26 randomised trials.¹⁹ Statins may also contribute to regression of atherosclerosis,²⁰ stabilize plaque,²¹ decrease inflammation,²² and reduce endothelial dysfunction.²³ Statins have shown clear benefits in overall mortality and in primary and secondary prevention of CHD. In patients without CHD, statins have decreased nonfatal myocardial infarctions,²⁴ incidence of a first major coronary

event,^{25,26} and all-cause mortality.²⁷ In patients with known CHD or CHD risk equivalents (e.g., diabetes), statins reduce major coronary events, cardiovascular mortality, and all-cause mortality.^{28,29} Another meta-analysis found that statin use reduced all-cause mortality by 17 percent, reduced fatal and non-fatal CVD endpoints by 30 percent, and reduced the revascularization rates by 34 percent.³⁰ There are 7 statins currently approved by the FDA: atorvastatin, fluvastatin, lovastatin, pitavastatin, pravastatin, rosuvastatin, and simvastatin. There have been concerns regarding adverse effects of intensive statin therapy. For example, intensive statin therapy has been associated with an increased risk of diabetes compared to moderate statin therapy.³¹ Rhabdomyolysis is a rare but dangerous complication of statin with higher risk at higher statin doses.^{32,33}

Mechanism of Action of Bile Acid Sequestrants

Bile acid sequestrants (BAS) bind bile acids in the bowel, which prevents them from being reabsorbed the intestine and effectively interrupts their enterohepatic circulation.³⁴ As a result, the liver increases its synthesis of cholesterol and uptake of circulating LDL-c to produce more of these bile acids. This process ultimately results in the lowering of circulating LDL-c. BAS have no effects on HDL. There are 3 BAS currently approved by the FDA: cholestyramine, colestevlam, and colestipol.

Mechanism of Action of Cholesterol Absorption Inhibitor

Cholesterol absorption inhibitor blocks the Niemann-Pick C1-like protein (NPC1L1) in the small intestine, which thereby prevents the uptake of cholesterol from the gut. Ultimately, this process leads to relative depletion of cholesterol in the liver, which responds by increasing cholesterol synthesis and uptake of circulating LDL-c.^{35,36} This process ultimately results in the lowering of circulating LDL-c. Cholesterol absorption inhibitor has no effects on HDL-c.^{37,38} Currently, there is one FDA approved cholesterol absorption inhibitor, ezetimibe.

Mechanism of Action of Fibric Acids

Fibric acids or “fibrates” may modulate lipoprotein levels through a variety of mechanisms including induction of lipoprotein lipolysis, induction of fatty acid uptake, reduction of hepatic triglyceride production, increased removal of LDL-c particles, and increased production of HDL-c.³⁹ Typically, fibrates will result in a mild decrease in LDL-c, mild increase in HDL-c, and significantly reduce triglycerides. There are 3 fibrates currently approved by the FDA: fenofibrate, fenofibric acid, and gemfibrozil.

Mechanism of Action of Nicotinic Acid

Nicotinic acid or “niacin” inhibits the synthesis of LDL-c, as well as delays clearance of circulating HDL-c.⁴⁰ Typically, niacin moderately decreases LDL-c and moderately increases HDL-c.^{41,42} Niacin has demonstrated modest benefit in decreasing nonfatal recurrent MI, but has not lead to decreases in mortality.⁴³ Niacin is the only nicotinic acid currently approved by the FDA, and comes in three forms: immediate/regular release (Niacor®); sustained/controlled release (over-the-counter formulations) and extended release (Niaspan®). Adverse effects such as flushing may vary with these forms.

Mechanism of Action of Omega-3 Fatty Acids

Dietary consumption of marine-sourced omega-3 fatty acids has been linked with positive cardiovascular benefits for many years. Available prescription omega-3 fatty acids contain eicosapentaenoic acid (EPA) with/without docosahexaenoic acid (DHA). While the mechanism of omega-3 fatty acids is not fully understood, they have been hypothesized to inhibit acyl CoA:1,2 diacylglycerol acyltransferase, increase hepatic beta-oxidation, reduce the hepatic synthesis of triglycerides, or increase plasma lipoprotein lipase activity. Typically, omega-3 fatty acids lead to decreases in triglycerides and potentially increase large particle LDL-c, which may be less atherogenic.⁴⁴ These medications were linked with reduced risk of death, nonfatal MI and nonfatal stroke in early research;⁴⁵ however, more recent studies have not shown a reduction in CVD outcomes with omega-3 fatty acid therapy.⁴⁶ There are currently 2 omega-3 fatty acids approved by the FDA: omega-3 acid ethyl ester and icosapent ethyl.

Current Guidelines and Controversies for Lipid-Modifying Therapy

Until recently, lipid therapy focused on attaining different prepecified cholesterol targets based upon patients' CVD risk. The National Cholesterol Education Program (NCEP) Adult Treatment Panel (ATP) III provided guidelines on both when to initiate lipid-lowering therapy based on LDL-c level and CHD risk factors and recommended LDL-c targets for optimal CHD risk reduction.² Clinicians could use statin monotherapy or combination therapy with statin and another agent to achieve these LDL-c goals. There are potential benefits to treating with multiple agents, as the different mechanisms of action of the other lipid-modifying agents may produce other benefits unlikely to be achieved with statin alone. For example, a fibrate or niacin in combination with a statin may increase HDL-c and decrease triglycerides above what is achieved with statin treatment alone.⁴⁷ Conversely, a combination of agents could result in an increase in side effects, as patients may experience the side effects common to both drugs. Individual agents may have benefits on non-lipid outcomes in particular groups. For example, colestyramine HCl, one of the bile acid sequestrants, has been shown to lower HbA1c when used in diabetic patients on oral agents or insulin.⁴⁸

Despite the generally favorable effects of combination regimens on surrogate lipid markers in clinical trials, combination regimens have not consistently been shown to improve clinical outcomes.^{47,49,50} In the ACCORD trial, the addition of fenofibrate to simvastatin did not reduce the rates of cardiovascular deaths, MI or stroke more than same-dose simvastatin monotherapy among patients with diabetes.⁵¹ In addition, this combination therapy conferred possible benefit for men and possible harms for women. In the AIM-HIGH trial, patients with preexisting atherosclerotic CVD received niacin in addition to simvastatin or simvastatin monotherapy.⁴⁷ While the patients taking combination therapy had greater increases in their HDL-c, there were no benefits on incidence of cardiovascular death, MI, stroke, or revascularization procedures. The ENHANCE compared the effect of ezetimibe in addition to simvastatin to simvastatin alone on carotid intima-media thickness (CIMT) in patients with hyperlipidemia. There was no difference in CIMT changes between the two groups despite significantly lower LDL-c levels in the combination therapy group. However, the subsequent ARBITER-6 HALTS study comparing statin+niacin with statin+ezetimibe revealed lower incidence of major cardiovascular events with statin+niacin than with statin+ezetimibe.⁵⁰ Interestingly, the CVD benefits with combination therapy with niacin seen in ARBITER-6 HALTS was not replicated in AIM-HIGH, as the trial

showed no reduction in CVD outcomes from adding niacin to a statin.⁴⁷ Based on the combination of findings from these trials, investigators have suggested that ezetimibe either has no effect on or possibly worsens CVD outcomes as a possible theory to explain these discrepancies.⁵⁰ The ongoing IMPROVE-IT trial will compare ezetimibe added to simvastatin to simvastatin monotherapy on cardiovascular death, MI, revascularization, or stroke (completion expected in September 2014) may help clarify the picture.⁵² Overall, these trials comparing statin monotherapy to combination therapy with the same statin dose plus another lipid lowering drug have demonstrated that this “add on” combination therapy can lead to superior lipid outcomes, but fails to reduce atherosclerosis or lead to decreased rates of cardiovascular death, MI, revascularization, or stroke.⁵³

These studies call into question previous assumptions that lowering LDL-c or raising HDL-c are always reliable predictors of improved clinical outcomes. The ACCF, AHA, American College of Physicians, and others have advocated for the approach of prescribing at least a moderate dose statin to all patients with ischemic coronary heart disease, regardless of LDL-c value.⁵⁴ New ACC/AHA lipid management guidelines released in November 2013 reflect this approach. No specific LDL-c targets (e.g. $\text{LDL-c} \leq 70 \text{ mg/dL}$) were presented in the new guidelines given the lack of RCT evidence supporting specific targets. Rather, four “statin benefit groups” were identified: individuals with clinical atherosclerotic CVD, individuals with $\text{LDL-c} \geq 190 \text{ mg/dL}$, diabetics aged 40-75, and individuals aged 40-75 with a $\geq 7.5\%$ 10-year atherosclerotic CVD risk. Individuals in one of these groups are recommended for treatment with moderate- or high-potency statin monotherapy. The expected response to a moderate-potency statin is an LDL-c reduction of 30-50%, while the expected response to a high-potency statin is an LDL-c reduction of $\geq 50\%$. For individuals who do not have an expected response, once adherence has been assessed, the guidelines recommend considering intensification of statin therapy if the patient is not at maximum dose or the addition of a non-statin agent with proven efficacy in reducing CVD events. In addition, combination therapy can be considered in patients who cannot tolerate a high or moderate potency statin. These guidelines represent a significant change from the ATP III, which has generated considerable discussion around the calculation of CVD risk, lack of cholesterol treatment targets, and reliance on RCT data only.

2013 Update of the Comparative Effectiveness Review: Overview

In 2009, the Agency for Healthcare Research and Quality (AHRQ) released an evidence report examining lipid-modifying agents.^{55,56} This prior review initially intended to examine the long-term benefits and rates of serious adverse effects of co-administration of different lipid-lowering agents vs. higher dose statin monotherapy for patients at high CHD risk (ten-year risk $> 20\%$). However, the authors found a paucity of evidence to address this question, so conducted additional analyses unrestricted by patient risk, statin type or statin dose. Despite this increase in scope, the authors concluded that there was insufficient evidence to determine whether combination therapy held benefit over monotherapy. Since the initial review, additional trials on efficacy and safety outcomes have been published. The evidence base for all three key questions has been expanded, which led to the decision to update the prior review.

To provide additional guidance to clinicians treating patients with moderate or high CHD risk, this update review addresses long-term benefits and rates of serious adverse events (SAEs) associated with co-administration of different lipid-modifying agents compared with higher potency statin monotherapy. We included studies examining patients at moderate and high CHD

risk, defined as a 10-year CHD risk greater than 10 percent or LDL-c greater than 160 mg/dL, as these patients may require intensive lipid modifying therapy to achieve their LDL-c goals. Studies focusing on lower risk patients with a 10-year CHD risk less than 10 percent were excluded, as these patients are likely to achieve their LDL-c goal with typical statin monotherapy. This update review additionally examines surrogate markers of CHD events including lipid levels and atherosclerosis, as well as side effects/tolerability and medication adherence. Similar to the prior review, we sought to evaluate clinical/surrogate benefits and harms among the following subgroups: females, patients older than 75, diabetics, patients with established vascular disease, and participants of African and Asian descent as well as Hispanics. The choice of subgroups reflects populations in whom the risk of adverse effects, CVD risk, and need for intensive lipid-lowering therapy differs as compared with the general population.

Scope and Key Questions

We aimed to assess the effectiveness, safety, and tolerability of combination of statin and other lipid-modifying medication to intensification of statin monotherapy. Our scope was limited to comparing combination of statin with other lipid-modifying medication to intensification of statin monotherapy as proposed in the key questions. This review will address the important question of whether there is benefit to adding another lipid-modifying agent to lower potency statin compared with higher potency statin monotherapy, which may be particularly relevant for patients who cannot tolerate high-dose statin therapy, yet desire to achieve their LDL-c goals.

Of note, the review does not address other clinical questions. For example, another important question is whether adding on another lipid-modifying agent to the same potency statin therapy will improve clinical outcomes (“add-on” combination therapy). Many of the high-profile studies including ACCORD, AIM-HIGH, HSP-2 THRIVE, and ENHANCE have evaluated add-on combination therapy, and are not included in this review. Another reason for not expanding the scope to evaluate add-on combination therapy was the upcoming release of the results from the IMPROVE-IT trial that will be critical in characterizing the effect of add-on combination therapy with ezetimibe+statin on important clinical outcomes. Several trials have shown that non-statin monotherapy may not improve clinical outcomes; however, we did not include non-statin monotherapy as a comparison group because it was outside the scope of this update. We sought to answer the questions below by reviewing trials of adults that compared a higher potency of statin monotherapy to a lower potency statin in combination with another agent (bile acid sequestrant, ezetimibe, fibrate, niacin, or omega-3 fatty acid).

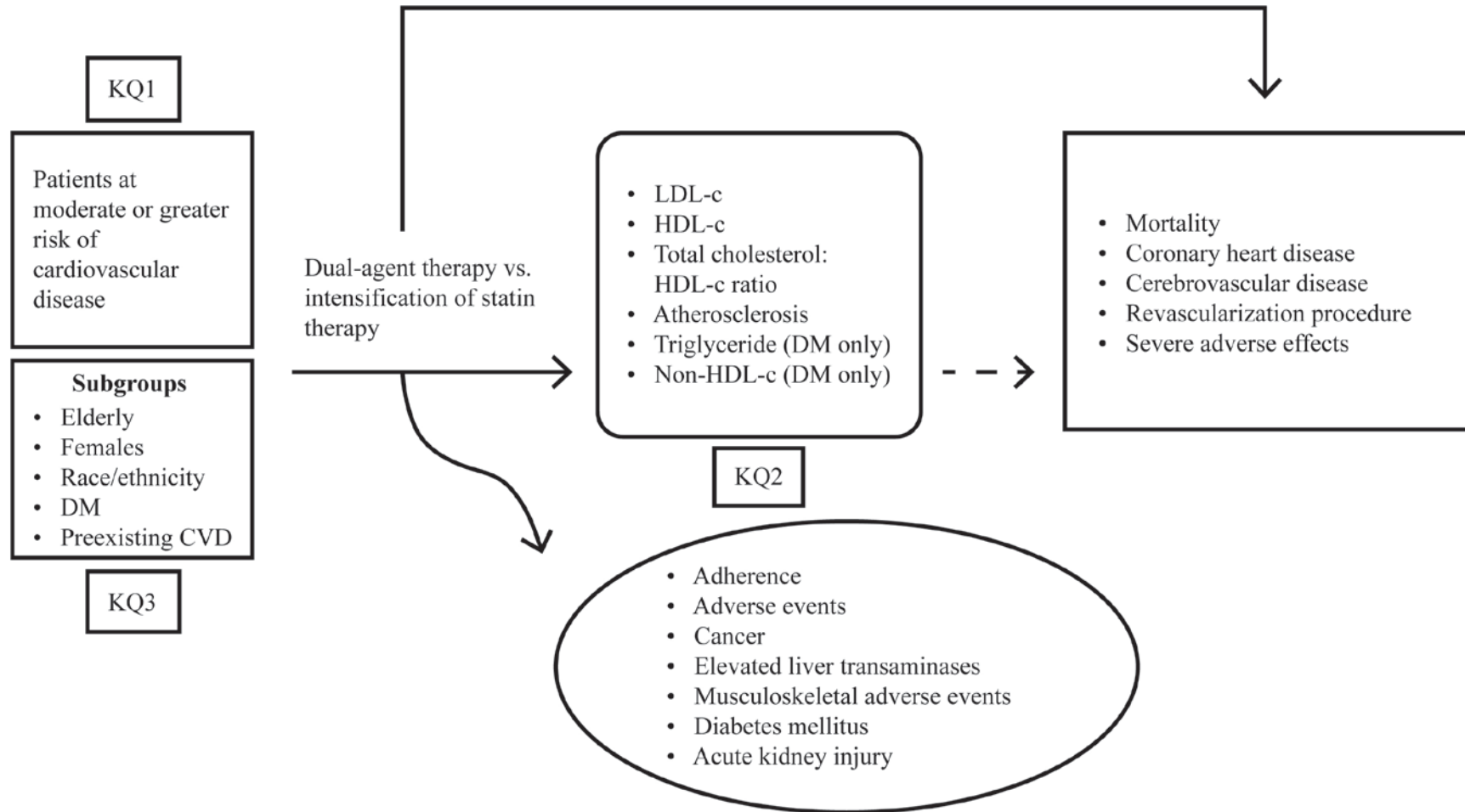
The analytic framework for the review is shown in Figure 1.

The specific Key Questions (KQ) are:

KQ 1: For patients who require intensive lipid-modifying therapy, what are the comparative long-term benefits and rates of serious adverse events of co-administration of different lipid-modifying agents (i.e., a statin plus another lipid-modifying agent) compared with higher dose statin monotherapy?

- KQ 2: Do these regimens differ in reaching LDL targets (or other surrogate markers), short-term side effects, tolerability, and/or adherence?
- KQ 3: Compared with higher dose statins and to one another, do combination regimens differ in benefits and harms within subgroups of patients?

Figure 1. Analytic framework for comparative effectiveness of lipid-modifying agents



CVD = cardiovascular disease; DM = diabetes mellitus; HDL = high-density lipoprotein; KQ = Key Question; LDL = low-density lipoprotein

Methods

Topic Development

This review is an update of an evidence report completed in 2009.⁵⁶ The summary of changes from the previous systematic review is shown in Table 2. The protocol for our review was posted on the AHRQ Web site (www.effectivehealthcare.ahrq.gov) on May 17, 2013.

Table 2. Summary of changes from prior report

Population	We included adults at moderate and high risk of cardiovascular disease (the prior report had no restrictions by patient CVD risk level). We specifically excluded studies of patients with homozygous familial hypercholesterolemia.
Intervention	We included drugs that were not FDA-approved at the time of the prior review.
Outcomes	We added diabetes mellitus and acute kidney injury/chronic kidney disease as potential harms.
Type of Study and Timing	We reviewed nonrandomized studies that were extensions of RCTs. The prior evidence report considered any nonrandomized study over 24 weeks' duration.
Data Synthesis	In order to avoid multiple comparisons across numerous permutations of lower versus higher dose statins, we grouped statins based on their potency to reduce LDL-c.

Search Strategy

Using the same basic search rules used for the original report (with the addition of terms for newly added drugs), we searched the following databases for primary studies: MEDLINE®, Embase®, and the Cochrane Central Register of Controlled Trials (CENTRAL). Our search strategy for MEDLINE is shown in Appendix B. The search for the prior review included MEDLINE from 1966 to May 2009, Embase from 1980 to May 2009, and The Cochrane Library to the third quarter of 2008. We included an overlap in search dates, per AHRQ guidance on updating reviews,⁵⁷ searching MEDLINE from May 2008 to July 2013, Embase from May 2008 to July 2013, and The Cochrane Library from the fourth quarter of 2007 to July 2013. We also reviewed references from relevant review articles. Pharmaceutical companies who produce the drugs included in this review were asked to provide information as Scientific Information Packets (SIPs) about pertinent studies (published or unpublished).

Study Selection

Abstracts were screened independently by two trained reviewers, and were excluded if both reviewers agreed that the article met one or more of the exclusion criteria (see inclusion and exclusion criteria listed in Table 3 and the Abstract Screen Form in Appendix C). In brief, we included randomized controlled trials (RCT) of adults that compared a higher potency of statin monotherapy to a lower potency statin in combination with another agent (bile acid sequestrant, ezetimibe, fibrate, niacin, or omega-3 fatty acid). The clinical outcomes of interest were mortality, coronary heart disease events, cerebrovascular events, revascularization procedures, and serious adverse events (as reported by investigators), while our surrogate clinical outcomes included lipid measures (e.g., LDL-c, HDL-c), atherosclerosis, and medication adherence. Triglycerides and non-HDL-c were only considered for diabetic subgroup as per ATP III guidelines. Adverse effects included cancer, elevated liver transaminases, musculoskeletal

adverse events, diabetes mellitus, and acute kidney injury. Given the limited duration of many RCTs, we also considered observational trials to examine clinical outcomes, serious adverse events and harms. As in the prior evidence report, we considered non-randomized comparative studies of 24 weeks or more in duration for clinical outcomes, serious adverse events, and harms, which were extensions of controlled clinical trials. These are trials in which patients are unblinded and continue to receive the therapies they were originally assigned. Finally, we also searched FDA reports for serious adverse events and harms. Differences between reviewers regarding abstract eligibility were resolved through consensus.

Citations promoted on the basis of abstract screen underwent independent paired-reviewer screen using the full text article (Appendix C, Article Screen Form). Differences regarding article inclusion were resolved through consensus.

At this level, we also screened all studies included in the prior review to ensure that they met the current eligibility criteria.

Table 3. List of inclusion/exclusion criteria

Population and condition of interest	<p>Adults with moderate (10-year CHD risk 10-20% or LDL\geq160 mg/dL) or high (10-year CHD risk\geq20% or LDL\geq190 mg/dL) cardiovascular disease risk</p> <p><i>Excluded</i> studies if they included only adults with low cardiovascular disease risk (CHD risk<10% or LDL<160 mg/dL)</p> <p><i>Excluded</i> studies that included only patients with homozygous familial hypercholesterolemia (FH)</p>
Interventions and approaches	<p>Studies must have evaluated a combination regimen of interest</p> <p>Included studies of bile acid sequestrants + statin</p> <p>Included studies of ezetimibe + statin</p> <p>Included studies of fibrates + statin</p> <p>Included studies of niacin + statin</p> <p>Included studies of omega-3 fatty acids + statin</p> <p><i>Excluded</i> studies of lifestyle modifications</p> <p><i>Excluded</i> studies of drugs approved only for the treatment of homozygous FH</p> <p><i>Excluded</i> studies of drugs not approved by the FDA or investigational drug</p> <p><i>Excluded</i> studies of prepackaged medications that contained non lipid-lowering medications</p>
Comparisons of interest	<p>Included comparisons of higher potency statin monotherapy</p> <p><i>Excluded</i> studies if a study statin monotherapy was of the same or lower potency than combination arm</p> <p><i>Excluded</i> studies if there was no comparison, only placebo comparison, or comparison to other combination therapy regimen.</p>
Outcomes and Timing	<p>Clinical outcomes including mortality, cardiovascular events, cerebrovascular events, revascularization procedures at any time point</p> <p>Surrogate outcomes including LDL-c, HDL-c, TC:HDL-c ratio, NCEP ATP IIL LDL-c target attainment, measures of atherosclerosis (e.g., carotid intimal media wall thickness, coronary artery calcification score, etc) at any time point. Triglycerides and non-HDL-c in diabetes subgroup.</p> <p>Adherence and harms outcomes including adherence, serious adverse events (as reported by investigators), withdrawal due to adverse events, cancer, elevated liver transaminases, adverse musculoskeletal events, diabetes mellitus, acute kidney injury at any time point</p>

Table 3. List of inclusion/exclusion criteria (continued)

Type of study	<p>Included studies with any sample size that met all other criteria.</p> <p>Included studies from the prior report that met all other criteria.</p> <p>Included randomized controlled trials ()</p> <p>Included non-randomized extension of clinical trial over 24 weeks duration (clinical outcomes, SAE and harms only), and</p> <p>Included FDA reports (SAE and harms only)</p> <p><i>Excluded</i> studies with other observational designs.</p> <p><i>Excluded</i> studies with no original data (reviews, editorials, comments, letters, modeling only studies).</p> <p><i>Excluded</i> studies published only as abstracts.</p> <p><i>Excluded</i> qualitative studies.</p> <p><i>Excluded</i> crossover trials with fewer than 4 weeks washout and/or lacking paired observation, within person differences, or pre-crossover data.</p> <p><i>Excluded</i> non-English publications.</p>
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CHD = coronary heart disease; FDA = Food and Drug Administration; FH = familial hypercholesterolemia; HDL = high-density lipoprotein; LDL = low-density lipoprotein; RCT = randomized controlled trial; SAE = serious adverse event; TC = total cholesterol

Data Abstraction and Data Management

We used DistillerSR (EvidencePartners, 2010) to manage the screening process. We uploaded to the system all citations identified by the search strategies.

We created and pilot tested standardized forms for data extraction (Appendix C). We used the Systematic Review Data Repository™ (SRDR) for data abstraction. Data were exported from SRDR into a project-specific database (Access, Microsoft, Redmond, WA) to serve as archived copy and to create evidence tables and summary tables.

Reviewers extracted information on general study characteristics (e.g., study design, study period, and followup), study participants (e.g., age, sex, race/ethnicity, etc.), eligibility criteria, interventions (e.g., medication name, medication dose), outcome measures and the method of ascertainment, and the results of each outcome including measures of variability. We incorporated cross-over trials by taking all measurements from combination regimen intervention periods and all measurements from monotherapy regimen intervention periods and analyzing them as if the trial were a parallel group trial. One reviewer completed data abstraction and a second reviewer confirmed the first reviewer's abstraction for completeness and accuracy. Because data previously abstracted from the trials included in the prior review were incomplete for our needs, we abstracted the data from the studies that met the current eligibility criteria in order to have a complete repository of data for analysis. Reviewer pairs included personnel with both clinical and methodological expertise. We resolved differences between reviewer pairs through discussion and, as needed, through consensus among the larger group of investigators.

Risk of Bias Assessment

We used the Cochrane Collaboration's tool for assessing the risk of bias of controlled studies.⁵⁸ Two trained reviewers independently assessed the included studies according to the guidelines in Chapter 8 of the Cochrane Handbook for Systematic Reviews of Interventions. For studies included from the prior review, we used the prior quality assessments reported, which were based on the Jadad Score.

Data Synthesis

For each KQ, we created a detailed set of evidence tables containing all information abstracted from eligible studies. We integrated the results of all studies (RCTs + NRSs) qualitatively. In all comparisons, we noted that the evidence base uses different statins both within studies (monotherapy arms uses one statin and combination therapy uses a different statin) and across studies. In addition, a variety of statin doses were also used across studies. Therefore, synthesizing data by statin and statin dose would limit the number of studies amenable to pooling. A recent systematic review grouped statins and statin doses based on their potency to reduce LDL-c (Table 4).⁵⁹ We opted to use this potency strategy to group together different statins and statin doses to make comparisons, which increased our number of studies amenable to pooling. This represents a change from the approach used in the original review, in which statins were grouped according to dose.

Table 4. List of different dosing of specific statins based on potency to reduce LDL-c

Statin	Atorvastatin (mg/day)	Fluvastatin (mg/day)	Fluvastatin XL (mg/day)	Lovastatin (mg/day)	Pitavastatin (mg/day)	Pravastatin (mg/day)	Rosuvastatin (mg/day)	Simvastatin (mg/day)
Low Potency (<30% LDL reduction)	5	20 and/or 40	--	5 and/or 10 and/or 20	1	10 and/or 20 and/or 40	--	10
Mid Potency (30-40% LDL reduction)	10	80	80	40 and/or 80	2 and/or 4	80	2.5 ^a	20
High Potency (>40% LDL reduction)	20 and/or 40 and/or 80	--	--	--	--	--	5, 10, 20 and/or 40	40 and/or 80 ^b

^aDose not included in this review; information obtained from "FDA Advisory Committee Meeting Briefing Document NDA 21-366 for the use of CRESTOR."

^bStudies that use simvastatin 80mg in statin naïve patients will be excluded.

Meta-analysis was considered for outcomes selected as most important for grading the strength of evidence (see below). Studies were grouped such that meta-analyses included the same potency comparisons (i.e., high potency monotherapy versus mid potency combination therapy). For studies that had two monotherapy arms of the same potency, we used only one of these arms as the comparator to the combination arm(s). We used the following rules to select which monotherapy arm to use:

1. If the arms use the same statin, we used the arm with the higher dose.
2. If the arms use different statins, we selected the arm based on the following prioritization of statin agent if it met higher potency criteria: rosuvastatin, atorvastatin, simvastatin, lovastatin, pravastatin, fluvastatin.⁶⁰ We identified no studies that used pitavastatin.

We only conducted meta-analyses when there were sufficient data (at least 3 studies of the same design that reported or provided data to calculate SE for difference in differences) and studies were judged to be sufficiently homogenous with respect to key variables (population characteristics, intervention, and outcome). Many studies did not provide sufficient data to calculate SE for difference in differences. When SE was available for most studies included within a specific comparison, we imputed the SE for these other studies. We averaged the

reported SE and used this value for the imputed SE.⁶¹ We then conducted sensitivity analysis by completing meta-analyses with and without the imputed SE.

For studies amenable to meta-analysis, we calculated a weighted mean difference using a random effects model with the DerSimonian and Laird formula for continuous outcomes.⁶² We evaluated statistical heterogeneity among studies using an I^2 statistic. We had no dichotomous or event outcomes that met our criteria to consider conducting meta-analyses. Given the lack of outcomes meeting our criteria for meta-analysis and significant heterogeneity detected when meta-analyses were conducted ($I^2 > 50\%$), we report qualitative synthesis of data for all outcomes. We examined the forest plots to identify trials that appeared to have quite different results and considered if these trials had different characteristics. We planned to conduct sensitivity analysis by excluding such trials and rerunning meta-analyses, but in all cases we identified no trials meeting this criteria or removing these trials would have left fewer than 3 trials to be pooled. The limited number of studies included in each meta-analysis precluded any further sensitivity analyses of subgroups or meta-regression to determine the source of heterogeneity. All analyses were conducted using STATA versions 11.0 and 12.0 (StataCorp LP).

Strength of the Body of Evidence

We graded the strength of evidence using the grading scheme recommended by the Methods Guide for Effectiveness and Comparative Effectiveness Reviews (Methods Guide).⁶³ For this report, we graded the strength of evidence for the outcomes determined to be most important: mortality, acute coronary events, revascularization procedures, serious adverse events, LDL-c and HDL-c.

In assigning evidence grades, we considered the four required domains including risk of bias, directness, consistency and precision. For outcomes where meta-analysis was not conducted, precision was determined based on the measures of dispersion provided by the studies. The body of evidence for a particular outcome was also considered imprecise if the results were inconsistent or sample size across trials was considered insufficient. If judgement could not be made on those factors, optimal information size (OIS) was calculated to determine sufficiency of sample size.

We classified the strength of evidence into four basic categories: 1) “high” grade (indicating high confidence that the evidence reflects the true effect, and further research is very unlikely to change our confidence in the estimate of the effect); 2) “moderate” grade (indicating moderate confidence that the evidence reflects the true effect, and further research may change our confidence in the estimate of the effect and may change the estimate); 3) “low” grade (indicating low confidence that the evidence reflects the true effect, and further research is likely to change our confidence in the estimate of the effect and is likely to change the estimate); and 4) “insufficient” grade (evidence is unavailable or does not permit a conclusion). A comparison-outcome pair with high strength of evidence was one with low risk of bias, directness, consistency, and precision. Moderate strength of evidence indicated a high risk of bias was noted or that *two* of the following were observed: a moderate risk of bias, inconsistency, indirectness or imprecision. Low strength of evidence indicated *two* or more of the following: a moderate risk of bias, a high risk of bias, inconsistency, indirectness and imprecision. Our judgments were first based on the ability to make a conclusion (if not able to make a conclusion, then “insufficient” was assigned) and then on the confidence in the conclusion (classified as low, moderate or high with increasing certainty). We considered any study that calculated LDL-c as indirect, as the

option to measure LDL-c directly does exist and new evidence exists that the Friedewald equation tends to underestimate LDL-c among high-risk patients.⁶⁴

Investigators writing each section completed the strength of evidence grading. The team members reviewed and discussed grading throughout the report writing.

Applicability

Applicability was assessed separately for the different outcomes for the entire body of evidence guided by the PICOS framework as recommended in the Methods Guide.⁶⁵ We considered important population characteristics (e.g., women, minorities, diabetics), treatment characteristics (e.g., statin type, statin potency, length of intervention/therapy, dose escalation), and timing that may cause heterogeneity of treatment effects and limit applicability of the findings.

Peer Review and Public Comment

A full draft report was reviewed by experts and posted for public commentary from August 5, 2013, through September 3, 2013. Comments received from either invited reviewers or through the public comment website were compiled and addressed. A disposition of comments will be posted on the Effective Healthcare Program Web site 3 months after the release of the evidence report.

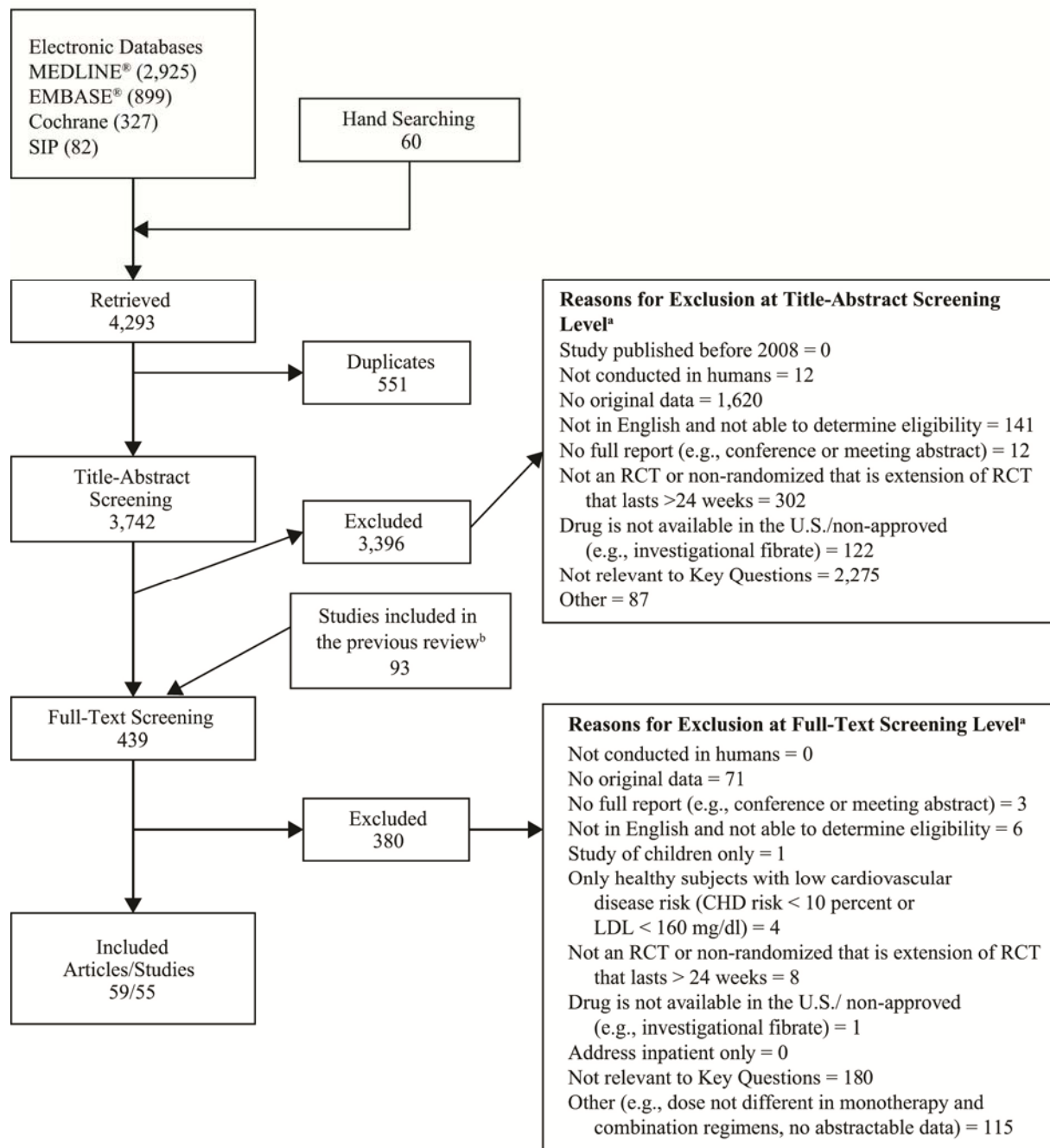
Results

Results of Literature Searches

Figure 2 summarizes the search results. The literature search identified 4,293 unique citations. During the title and abstract screening we excluded 3,396 citations; during the full-text article screening we excluded 380 citations (Appendix D). Of the 14 companies contacted for SIPs, 5 companies responded. One company indicated that no relevant studies had been conducted. Four companies provided SIPs and the references provided by these four companies were carefully crosschecked against our existing database, yielding four new references, none of which were applicable to this review (Appendix E).

Fifty-five studies, all randomized controlled trials, reported in 59 articles, were included.

Figure 2. Summary of search (number of articles)



CHD = coronary heart disease; LDL = low-density lipoprotein; RCT = randomized controlled trial; SIP = Scientific Information Packet

^aTotal exceeds the number of citations in the exclusion box because citations could be excluded for more than one reason.

^bSharma M, Ansari MT, Soares-Weiser K, Abou-setta AM, Ooi TC, Sears M, Yazdi F, Tsertsvadze A, Moher D. Comparative Effectiveness of Lipid-Modifying Agents. Comparative Effectiveness Review No. 16. (Prepared by the University of Ottawa Evidence-based Practice Center under Contract No. 290-02-0021.) Rockville, MD: Agency for Healthcare Research and Quality. September 2009. www.effectivehealthcare.ahrq.gov/reports/final.cfm.

Overview of Included Trials by Potency and Agent

Of the included trials, 6 trials addressed combination therapy with bile acid sequestrant, 40 trials addressed combination therapy with ezetimibe, 4 trials addressed combination therapy with fibrates, 5 trials addressed combination therapy with niacin and statin, and no trials addressed comparing combination therapy with omega-3 fatty acid (note that one study addressed multiple two combinations: omega 3 and fibrates). Thirty one trials were included from the previous review that met the current eligibility criteria and 28 trials were identified in the new searches (Tables 5 and 6).

Table 5. Randomized trials included in evidence synthesis according to statin potency

Statin	Evidence Report Year	Bile Acid Sequestrants	Ezetimibe	Fibrates	Niacin	Omega-3 Fatty Acids
Low potency combination therapy vs high potency monotherapy	2009	NR	Ballantyne, 2005 ⁶⁶ Bays, 2004 ⁶⁷ Davidson, 2002 ⁶⁸ Goldberg, 2004 ⁶⁹	Athyros, 2001 ⁷⁰	NR	NR
	2013	NR	Ahmed, 2008 ⁷¹ Araujo, 2010 ⁷² Floretin, 2011 ⁷³ Lee, 2011 ⁷⁴ Lee, 2012 ⁷⁵ Liberopoulos, 2013 ⁷⁶ Moutzouri, 2011 ⁷⁷ Moutzouri, 2012 ⁷⁸ Rudofsky, 2012 ⁷⁹ Her, 2010 ⁸⁰	NR	Airan-Javia, 2009 ⁸¹	NR
Mid potency combination therapy vs high potency monotherapy	2009	Hunninghake, 2001 ⁸² Johansson, 1995 ⁸³	Ballantyne, 2003 ⁸⁴ Ballantyne, 2005 ⁶⁶ Barrios, 2005 ⁸⁵ Bays, 2004 ⁶⁷ Catapano, 2006 ⁸⁶ Constance, 2007 ⁸⁷ Davidson, 2002 ⁶⁸ Gaudiani, 2005 ⁸⁸ Goldberg, 2004 ⁶⁹ Goldberg, 2006 ⁸⁹ McKenney, 2007 ⁹⁰ Piorkowski, 2007 ⁹¹ Roeters van Lennep, 2008 ⁹² Stein, 2004 ⁹³	Athyros, 2001 ⁷⁰ Shah, 2007 ⁹⁴	Bays, 2003 ⁹⁵	NR

Table 5. Randomized trials included in evidence synthesis according to statin potency (continued)

Statin	Evidence Report Year	Bile Acid Sequestrants	Ezetimibe	Fibrates	Niacin	Omega-3 Fatty Acids
Mid potency combination therapy vs high potency monotherapy (continued)	2013	NR	Yamazaki, 2013 ⁹⁶ Bardini, 2010 ⁹⁷ Ben-Yehuda, 2011 ⁹⁸ ; Zieve, 2010 ⁹⁹ Cho, 2011 ¹⁰⁰ Foody, 2010 ¹⁰¹ Okada, 2011 ¹⁰² Ostad, 2009 ¹⁰³ Pesaro, 2012 ¹⁰⁴ Robinson, 2009 ¹⁰⁵ Tomassini, 2009 ¹⁰⁶ Hamdan, 2011 ¹⁰⁷ Averna, 2010 ¹⁰⁸ Lee, 2013 ¹⁰⁹	Mohiuddin, 2009 ¹¹⁰ Shah, 2007 ¹¹¹	NR	NR
Low potency combination therapy vs mid potency monotherapy	2009	Barbi, 1992 ¹¹² Ismail, 1990 ¹¹³ PMSG II, 1993 ¹¹⁴ Knapp, 2001 ¹¹⁵ Schrott, 1995 ¹¹⁶	Ballantyne, 2005 ⁶⁶ Bays, 2004 ⁶⁷ Davidson, 2002 ⁶⁸ Feldman, 2004 ¹¹⁷ Goldberg, 2004 ⁶⁹ Kerzner, 2003 ¹¹⁸	NR	Gardner, 1996 ¹¹⁹ Hunninghake, 2003 ¹²⁰ Insull, 2004 ¹²¹	NR
	2013	NR	Averna, 2010 ¹⁰⁸ Hamdan, 2011 ¹⁰⁷ Kawagoe, 2011 ¹²²	Farnier, 2011 ¹²³	NR	NR

NR = not reported; PMSG II = Pravastatin Multicenter Study Group II

Table 6. Randomized controlled trials included in evidence synthesis according to statin agent

Statin	Evidence Report Year	Bile Acid Sequestrants	Ezetimibe	Fibrates	Niacin	Omega-3 Fatty Acids
Atorvastatin	2009	Hunninghake, 2001 ⁸²	Ballantyne, 2003 ⁸⁴ Piorkowski, 2007 ⁹¹ Stein, 2004 ⁹³	NR	NR	NR
	2013	NR	Ben-Yehuda, 2011 ⁹⁸ Hamdan, 2011 ¹⁰⁷ Lee, 2011 ⁷⁴ Lee, 2012 ⁷⁵ Ostad, 2009 ¹⁰³ Zieve, 2010 ⁹⁹	NR	NR	NR
Fluvastatin	2009	NR	NR	NR	NR	NR
	2013	NR	Kawagoe, 2011 ¹²²	NR	NR	NR
Lovastatin	2009	Schrott, 1995 ¹¹⁶	Kerzner, 2003 ¹¹⁸	NR	Gardner, 1996 ¹¹⁹ Hunninghake, 2003 ¹²⁰ Insull, 2004 ¹²¹	NR
	2013	NR	NR	NR	NR	NR
Pitavastatin	2009	NR	NR	NR	NR	NR
	2013	NR	NR	NR	NR	NR
Pravastatin	2009	Barbi, 1992 ¹¹² Ismail, 1990 ¹¹³ PMSG II, 1993 ¹¹⁴	NR	NR	NR	NR
	2013	NR	NR	NR	NR	NR
Rosuvastatin	2009	NR	NR	NR	NR	NR
	2013	NR	Yamazaki, 2013 ⁹⁶	NR	NR	NR
Simvastatin	2009	Johansson, 1995 ⁸³ Knapp, 2001 ¹¹⁵	Bays, 2004 ⁶⁷ Davidson, 2002 ⁶⁸ Feldman, 2004 ¹¹⁷ Gaudiani, 2005 ⁸⁸ Goldberg, 2004 ⁶⁹	NR	NR	NR
	2013	NR	Araujo, 2010 ⁷² Averna, 2010 ¹⁰⁸ Bardini, 2010 ⁹⁷ Floretin, 2011 ⁷³ Liberopoulos, 2013 ⁷⁶ Moutzouri, 2012 ⁷⁸ Pesaro, 2012 ¹⁰⁴ Rudofsky, 2012 ⁷⁹	Mohiuddin, 2009 ¹¹⁰	Airan-Javia, 2009 ⁸¹	NR

Table 6. Randomized controlled trials included in evidence synthesis according to statin agent (continued)

Statin	Evidence Report Year	Bile Acid Sequestrants	Ezetimibe	Fibrates	Niacin	Omega-3 Fatty Acids
Mixed Statins	2009	NR	Ballantyne, 2005 ⁶⁶ Barrios, 2005 ⁸⁵ Catapano, 2006 ⁸⁶ Constance, 2007 ⁸⁷ Goldberg, 2006 ⁸⁹ McKenney, 2007 ⁹⁰ Roeters van Lennep, 2008 ⁹²	Athyros, 2001 ⁷⁰ Shah, 2007 ⁹⁴	Bays, 2003 ⁹⁵	NR
	2013	NR	Ahmed, 2008 ⁷¹ Cho, 2011 ¹⁰⁰ Foody, 2010 ¹⁰¹ Moutzouri, 2011 ⁷⁷ Okada, 2011 ¹⁰² Robinson, 2009 ¹⁰⁵ Tomassini, 2009 ¹⁰⁶	Farnier, 2011 ¹²³ Shah, 2007 ¹¹¹	NR	NR

NR = not reported; PMSG = II Pravastatin Multicenter Study Group II

We present our results by combination agent. Each section follows the format listed below:

1. Study Characteristics
2. Population Characteristics
3. Interventions
4. Outcomes
 - A. Key Points
 - B. Long-term benefits and serious adverse events (KQ1)
 - i. Mortality
 - ii. Acute Coronary Events
 - iii. Cerebrovascular Disease
 - iv. Revascularization Procedures
 - v. Serious Adverse Events
 - C. Surrogate outcomes, short-term side effects and adherence (KQ2)
 - i. LDL
 - ii. HDL
 - iii. Total Cholesterol:HDL
 - iv. Atherosclerosis
 - v. Adherence
 - vi. Any Adverse Event
 - vii. Withdrawal due to Adverse Events
 - viii. Cancer
 - ix. Elevated Liver Transaminases
 - x. Musculoskeletal Adverse Events
 - xi. New Onset Diabetes Mellitus
 - xii. Acute Kidney Injury
 - D. Subgroups of patients (KQ3)
 - i. Patients with pre-existing CHD
 - a. Long-term benefits and serious adverse events
 - b. Surrogate outcomes, short-term side effects, and adherence
 - ii. Patients with diabetes mellitus
 - a. Long-term benefits and serious adverse events
 - b. Surrogate outcomes, short-term side effects, and adherence
 - iii. Other subgroups
 - a. Long-term benefits and serious adverse events
 - b. Surrogate outcomes, short-term side effects, and adherence

Results by Combination Therapy Regimen

Combined Lipid-Modifying Therapy With Statin and Bile Acid Sequestrant Versus Intensification of Statin Monotherapy

Study Characteristics

We included 6 trials (410 participants in eligible arms) that compared bile acid sequestrant plus statin to intensification of statin monotherapy. The 6 trial results were reported in 7 articles.^{82,83,112-116} All trials were parallel arm randomized controlled trials. One trial took place in Europe,⁸³ and all others took place in North America. All trials were multicenter, except for one single center trial.^{112,113} Eligibility criteria were similar across all trials. All trials included a dietary run in, followed by treatment ranging from 4 weeks to 24 weeks in duration. Two trials compared high potency statin monotherapy to mid potency statin in combination therapy.^{82,83} The other four trials compared mid potency statin monotherapy to low potency statin in combination therapy.¹¹²⁻¹¹⁶

Population Characteristics

The average participant was in their 50s with the mean age across trials ranging from 51-61 years. The number of female participants varied between trials. Race was reported in only two trials, where the majority of participants were white.^{114,115} Smoking status, prior cardiovascular disease, revascularization events, and diabetes were not consistently reported across trials. When reported, no significant between group differences existed in the trials.^{83,114-116}

Interventions

Two trials compared high potency statin monotherapy to mid potency statin in combination with colsevelam⁸² or colestipol.⁸³ These monotherapy arms used atorvastatin and simvastatin, and the combination arms used atorvastatin and simvastatin. Four trials compared mid potency statin monotherapy to low potency statin in combination with cholestyramine¹¹²⁻¹¹⁴, colsevelam¹¹⁵, or colestipol.¹¹⁶ These trials used lovastatin, pravastatin and simvastatin in the monotherapy arms, and lovastatin, pravastatin and simvastatin in the combination therapy arms.

Outcomes

Key Points

- Long-Term Benefits
 - Insufficient evidence for all potency comparisons.
- Serious Adverse Events
 - Insufficient evidence for all potency comparisons.
- Surrogate Outcomes
 - A low potency statin combined with bile acid sequestrant is more effective than mid potency statin monotherapy for lowering LDL-c (SOE: moderate). There is insufficient evidence for other potency comparisons.
 - There is insufficient evidence to evaluate the effectiveness on raising HDL-c for any potency comparison.

- Short-Term Side Effects
 - There is insufficient evidence to compare the rates of elevated liver transaminases for any potency comparison.
 - There is insufficient evidence to compare the rates of elevated creatinine phosphokinase for any potency comparison.
- Adherence
 - Insufficient evidence for all potency comparisons.
- Subgroups
 - Insufficient evidence for all potency comparisons.

Long-Term Benefits and Serious Adverse Events (KQ 1)

No study reported on the comparative effectiveness of bile acid sequestrant plus statin on long-term benefits or rates of serious adverse events as compared to intensification of statin monotherapy among adults. We graded the strength of evidence for mortality, acute coronary events, revascularization procedures, and serious adverse events as insufficient.

Surrogate Outcomes, Short-Term Side Effects and Adherence (KQ 2)

All included RCTs evaluated surrogate outcomes including LDL-c and HDL-c. In several RCTs, medication adherence and short-term side effects were evaluated including elevated liver transaminases and withdrawal due to adverse events. We identified no studies that compared high potency statin monotherapy to low potency statin combination therapy. We identified no eligible non-randomized extensions of RCTs or FDA reports.

LDL-c

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported on mean percent LDL-c change.^{82,83} At 4 weeks, one trial found that statin monotherapy lowered LDL-c 7 percent more than combination therapy.⁸² At 12 weeks, the other trial showed that combination therapy with colestipol 10g + simvastatin 20mg lowered LDL-c 5 percent more than statin monotherapy. However, the other combination arm in this trial, which used a lower dose of colestipol (5g) in combination with simvastatin 20mg, was less effective than statin monotherapy at reducing LDL-c (between group difference 2 percent that favored monotherapy). Overall, the results showed inconsistent effects on lowering LDL-c, we graded the strength of evidence as insufficient (Table 7).

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Four trials reported mean percent change in LDL-c (5 comparisons).¹¹²⁻¹¹⁶ In four comparisons, the difference between combination therapy and statin monotherapy on lowering LDL-c ranged from 8 percent to 14 percent, favoring combination therapy. Duration of therapy ranged from 6 to 12 weeks. One trial that used a lower dose of colestipol with statin in one of its combination arms found no difference between combination therapy and statin monotherapy at lowering LDL-c, which may have contributed to the lack of significant difference in this comparison.¹¹⁶

The results of almost all comparisons favored low potency statin in combination with bile acid sequestrant for lowering LDL-c. We graded the strength of evidence as moderate (Table 8).

Only two trials reported or provided sufficient information for us to calculate SE for the LDL-c difference in differences, and therefore, we did not perform meta-analyses.

HDL-c

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported on mean percent change in HDL-c.^{82,83} At 4 weeks, one trial found that combination therapy raised HDL-c 6 percent more than monotherapy.⁸² At 12 weeks, the other trial showed that combination therapy with colestipol 5g + simvastatin 20mg raised HDL-c 3 percent more than statin monotherapy. However, the other combination arm in this trial, which used a higher dose of colestipol (10g) in combination with simvastatin 20mg, was less effective than statin monotherapy at raising HDL-c (between group difference 1 percent that favored monotherapy). Overall, the results showed inconsistent effects on raising HDL-c, we graded the strength of evidence as insufficient (Table 7).

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Four trials reported on mean percent change in HDL-c. In these trials,¹¹²⁻¹¹⁶ the effects on raising HDL-c were inconsistent and showed little to no absolute difference between combination therapy and statin monotherapy (range 2 percent difference in favor of monotherapy to 5 percent difference in favor of combination therapy). Duration of therapy ranged from 6-12 weeks. We graded the strength of evidence as insufficient (Table 8). Only two trials reported or provided sufficient information for us to calculate SE for the LDL-c difference in differences, and therefore, we did not perform meta-analyses.

Total Cholesterol: HDL

No studies reported on total cholesterol:HDL ratio.

Atherosclerosis

No studies reported on atherosclerosis.

Adherence

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on treatment adherence,⁸² which was assessed with a pill count at 4 weeks. In the statin monotherapy arm, adherence was 88 percent and was 91 percent in the combination arm.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One trial reported on treatment adherence.¹¹⁶ Adherence to medications was 95 percent in the statin monotherapy arm and 93 percent in the combination arm at 12 weeks. The authors did not describe how adherence with medication was assessed.

Any Adverse Event

No studies reported on the occurrence of any adverse events.

Withdrawal Due to Adverse Events

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on withdrawals due to adverse events.⁸² Both the statin monotherapy arm and the combination therapy arm had one person withdraw.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Only one trial reported the number of participants who withdrew from the study due to an adverse event.¹¹⁵ At 6 weeks, no participants in the monotherapy arm had withdrawn, while 1 participant in the combination arm withdrew due to an adverse event.

Cancer

No studies reported on cancer.

Elevated Liver Transaminases

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on withdrawals due to elevated liver transaminases.⁸² No significant elevations of AST and/or ALT >3 times the upper limit of normal occurred in either arm.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

No studies reported elevated liver transaminases.

Adverse Musculoskeletal Events

No studies reported on adverse musculoskeletal events such as elevated CPK, myalgia or rhabdomyolysis.

New Onset Diabetes Mellitus

No studies reported on any diabetes-related outcomes.

Subgroups of Patients (KQ 3)

No study reported on the comparative effectiveness of bile acid sequestrant plus statin on benefits or harms as compared to intensification of statin monotherapy among subgroups.

Table 7. Mid potency statin combination therapy with bile acid sequestrants as compared to high potency statin monotherapy: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other issues	Findings and Magnitude of Effect	Strength of Evidence
Long-Term Benefits and Serious Adverse Events								
Mortality	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Surrogate Clinical Outcomes								
LDL-c	2 (122)	Medium [1 trial with Jadad score<3]	Indirect [Calculated LDL in both trials]	Inconsistent [2 comparisons effect favors monotherapy, 1 comparison favors combination therapy]	Imprecise	Not detected None	Two studies with inconsistent results on LDL-c.	Insufficient
HDL-c	2 (122)	Medium [1 trial with Jadad score<3]	Direct [Measured HDL-c in both trials]	Inconsistent [2 comparisons effect favors combination therapy, 1 comparison favors monotherapy]	Imprecise	Not detected None	Two studies with inconsistent results on HDL-c.	Insufficient

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Table 8. Low potency statin combination therapy with bile acid sequestrants as compared to mid potency statin monotherapy: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
Long-Term Benefits and Serious Adverse Events								
Mortality	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Surrogate Clinical Outcomes								
LDL-c	4 (288)	Medium [2 trials with Jadad score<3]	Indirect [Calculated LDL in all trials]	Consistent [4 comparisons favor combination therapy, 1 comparison no difference]	Imprecise	Not detected None	Studies favor low potency statin in combination with bile acid sequestrant by lowering LDL-c up to 14% more than mid potency statin monotherapy at 6-12 weeks.	Moderate
HDL-c	4 (288)	Medium [2 trials with Jadad score<3]	Direct [Measured HDL-c in all trials]	Inconsistent [2 comparisons favor combination, 2 comparisons favor monotherapy, 1 comparison no difference]	Imprecise	Not detected None	Four studies with inconsistent results on HDL-c.	Insufficient

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Combined Lipid-Modifying Therapy With Statin and Ezetimibe Versus Intensification of Statin Monotherapy

Study Characteristics

We included 40 trials (10,439 participants randomized to eligible arms – 5 studies with no baseline N by arm available) that compared intensification of statin monotherapy to lower potency statin therapy in combination with ezetimibe. The 40 trials were reported in 43 articles.^{66-69,71-80,84-93,96-109,117,118,122,124,125} All studies were parallel arm RCTs, except one crossover RCT.⁷² The studies were conducted in various geographic locations including Europe, Middle East, Asia, Latin America, North America, and some on multiple continents. Two trials did not report their location.^{84,86} There were 17 single center trials^{71-80,91,103,104,107,109,122,125}, and 24 multicenter trials.^{66-69,85,87-90,92,93,96,97,99,101,102,105,108,117,118,126} Most trials recruited patients with hyperlipidemia;^{67-69,84,86,90,118,66,71-78,80,101,105,117,122}; however, several studies recruited only patients with preexisting CHD (n=14)^{85,91-93,96-100,102-104,107,108,125} or patients with DM (n=6).^{87-89,79,109,122} Treatment duration ranged from 4 to 24 weeks. Thirteen studies compared low potency statin in combination with ezetimibe to high potency statin monotherapy among general populations of patients with hyperlipidemia^{66-69,71-78,80}; while there were no studies that evaluated this comparison among patients with preexisting CHD and one study that evaluated this comparison among patients with DM.⁷⁹ Eleven studies compared mid potency statin in combination with ezetimibe to high potency statin monotherapy among general populations of patients with hyperlipidemia;^{66-69,84,86,90,93,98,99,101,105} while 12 studies evaluated this comparison among patients with preexisting CHD^{85,91,92,96,97,100,102-104,107,108,125} and 4 studies evaluated this comparison among patients with DM.^{87-89,106,109,124} Finally, 6 studies compared low potency statin in combination with ezetimibe to mid potency statin monotherapy among general populations with hyperlipidemia;^{66-69,117,118} while no studies evaluated this comparison among patients with preexisting CHD and one study evaluated this comparison among patients with DM¹²² (Appendix E Evidence Tables).

Population Characteristics

Most participants were in their 50s-60s.^{66-69,84-93,117,118,71-79,97-101,103-108,122,124} Two studies had participants whose mean age was in the 70s.^{96,102} One trial reported a significant between group difference with respect to age, where the combination therapy arm was significantly older (p=0.04).⁷⁹ Female participants varied between trials, ranging from 12 percent to 70 percent. One study had only men.⁷¹ Race was reported in most trials, and the majority were white (56 percent to 96 percent), with black, Hispanic, and Asian participants the next most common groups. Smoking status was reported in less than half of studies (n=17), and current smoking status varied between studies (range 6 percent to 69 percent).^{68,84,90,91,93,118,73-78,96,100,102-104} Some trials included only diabetics (n=5)^{79,87-89,109,122} and other trials had no diabetics (n=2).^{71,77} DM status was reported in 23 other trials, and ranged from 0 percent to 67 percent of participants.^{84,85,90-93,117,118,73-75,79,96,99-105,107,80,125} Prior CHD and revascularization events were not consistently reported across trials.

Interventions

Fourteen studies compared low potency statin in combination with ezetimibe to high potency statin monotherapy.^{66-69,71-79,80} The statin monotherapy regimens included simvastatin,

rosuvastatin, and atorvastatin. The combination therapy regimens included simvastatin and atorvastatin in combination with ezetimibe. Twenty-seven studies compared high potency statin monotherapy to mid potency statin in combination with ezetimibe.^{66-69,84-93,106,124,96-105,107-109,125}

The monotherapy regimens included simvastatin, rosuvastatin, and atorvastatin. The combination therapy included rosuvastatin, simvastatin and atorvastatin in combination with ezetimibe. Seven studies compared low potency statin in combination with ezetimibe to mid potency statin monotherapy.^{66-69,117,118,122} The monotherapy regimens included simvastatin, rosuvastatin, fluvastatin and atorvastatin. The combination therapy included simvastatin, rosuvastatin, fluvastatin, lovastatin and atorvastatin in combination with ezetimibe.

Outcomes

Key Points

- **Long-Term Benefits**
 - Insufficient evidence for all potency comparisons.
- **Serious Adverse Events**
 - Insufficient evidence for all potency comparisons.
- **Surrogate Outcomes**
 - A low potency statin combined with ezetimibe is more effective than high potency statin monotherapy for lowering LDL-c (SOE: low).
 - A mid potency statin combined with ezetimibe is more effective than high potency statin monotherapy for lowering LDL-c (SOE: moderate).
 - A low potency statin combined with ezetimibe is more effective than mid potency statin monotherapy for lowering LDL-c (SOE: moderate).
 - A low potency statin combined with ezetimibe is more effective than high potency statin monotherapy for raising HDL-c (SOE: low).
 - A mid potency statin combined with ezetimibe is more effective than high potency statin monotherapy for raising HDL-c (SOE: low).
 - A low potency statin combined with ezetimibe is more effective than mid potency statin monotherapy for raising HDL-c (SOE: low).
- **Short-Term Side Effects**
 - There is insufficient evidence to compare the rates of adverse events for any potency comparison.
 - There is insufficient evidence to compare the rates of elevated liver transaminases for any potency comparison.
 - There is insufficient evidence to compare the rates of adverse musculoskeletal events for any potency comparison.
- **Adherence**
 - Insufficient evidence for all potency comparisons.
- **Subgroups**
 - CHD
 - Harms:
 - Insufficient evidence for all potency comparisons.
 - Benefits:
 - A mid potency statin combined with ezetimibe is more effective than high potency statin monotherapy for lowering LDL-c among CHD

- patients (SOE: moderate). There is insufficient evidence within other potency comparisons.
 - There is no difference between a mid potency statin combined with ezetimibe and high potency statin monotherapy for raising HDL-c among CHD patients (SOE: low). There is insufficient evidence within other potency comparisons.
- DM
 - Harms:
 - Insufficient evidence for all potency comparisons.
 - Benefits
 - A mid potency statin with ezetimibe is more effective than High potency statin monotherapy for lowering LDL-c among DM patients (SOE: moderate). There is insufficient evidence within other potency comparisons.
 - A mid potency statin combined with ezetimibe is more effective than high potency statin monotherapy for raising HDL-c among DM patients (SOE: moderate). There is insufficient evidence within other potency comparisons.

Long-Term Benefits and Serious Adverse Events (KQ 1)

Mortality

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two studies reported mortality.^{67,68} No deaths occurred in eligible arms in either trial. We graded the strength of evidence as insufficient.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Six studies reported mortality.^{67,68,86,98,99,101,105} Overall, mortality was very low with very few deaths. Monotherapy was favored in the studies that showed a difference between treatments; however, the between-group differences were not statistically significant (Table 9). Given the limited number of events, we are unable to compare the effect between groups and have graded the evidence as insufficient.

Table 9. Percentage of deaths in each arm of mid potency statin combination therapy versus high potency statin monotherapy

Author, Year	Regimen	Percentage of Deaths, Combination Therapy Arm	Percentage of Deaths, Monotherapy Arm
Zieve 2010 ⁹⁸ , Ben-Yehuda 2011 ⁹⁹	A10/E10 v A40	<1	<1
Foody 2010 ¹⁰¹	S20/E10 v A40	0.4	0.4
Foody 2010 ¹⁰¹	S20/E10 v A20	0.4	0
Robinson 2009 ¹⁰⁵	S20/E10 v A40	0	0
Robinson 2009 ¹⁰⁵	S20/E10 v A20	0	0
Bays 2004 ⁶⁷	S20/E10 v A80	NR ^a	0
Bays 2004 ⁶⁷	S20/E10 v S40	NR ^a	0
Davidson 2002 ⁶⁸	S20/E10 v S80	1.72	NR
Davidson 2002 ⁶⁸	S20/E10 v S40	1.72	NR
Catapano 2006 ⁸⁶	S20/E10 v R40	0	0
Catapano 2006 ⁸⁶	S20/E10 v R40	0	0

A = atorvastatin; E = ezetimibe; NR = not recorded; R = rosuvastatin; S = simvastatin;

^a1 death in the combination therapy arm but cannot calculate proportion.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Two studies reported mortality.^{67,68} No deaths occurred in eligible arms in either trial. We graded the strength of evidence as insufficient.

Acute Coronary Events

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported on acute coronary events.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One study reported on acute coronary events.⁹³ There was one fatal MI reported in the combination arm of that study (ezetimibe 10mg + atorvastatin 10mg). There were no fatal MIs reported in the monotherapy arm. We graded the strength of evidence as insufficient.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

No studies reported on acute coronary events.

Cerebrovascular Disease

No studies reported on cerebrovascular events.

Revascularization Procedures

No studies reported on revascularization events.

Serious Adverse Events

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported on serious adverse events.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Three studies reported serious adverse events^{93,98,99,101} (Table 10).

Table 10. Percentage of SAE in each arm of mid potency statin combination therapy versus high potency statin monotherapy

Author, Year	Regimen	N Analyzed by Group	% with SAE, Monotherapy	% With SAE, Combination Therapy	Calculated p-value
Foody, 2010 ¹⁰¹	ATV 20mg SMV 20mg + EZE 10mg	258 256	1.2	3.1	0.22
Foody, 2010 ¹⁰¹	ATV 40mg SMV 20mg + EZE 10mg	256 256	2.0	3.1	0.57
Stein, 2004 ⁹³	ATV 20mg ATV 10mg + EZE 10mg	525 526	2.8	3.9	0.45
Zieve, 2010; Ben-Yehuda, 2011 ^{98,99}	ATV 40mg ATV 10mg + EZE 10mg	316 305	2.7	2.9	0.86

As shown in Table 10, the percentage of patients in each arm experiencing an SAE in each arm was low overall. Two of these trials occurred in similar populations with similar interventions.^{103,100,101} The study by Stein et al. (2004) was a 14-week trial that included different potency comparisons during different phases, of which only one period (weeks 0 to 4) were eligible for inclusion in this review.⁹⁵ However, the SAE were reported only during the course of the entire trial, and therefore, we could not determine what events, if any, occurred during the relevant period. We have elected to report the overall trial results from this study for completeness. Given that there were only two eligible trials, we did not perform meta-analysis and we graded the strength of evidence as insufficient.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One study reported serious adverse events.¹¹⁷ The SAE rates were low overall (8% in combination therapy, and 5% in monotherapy) and the difference was not statistically significant (p-values calculated). We graded the strength of evidence as insufficient.

Surrogate Outcomes, Short-Term Side Effects and Adherence (KQ2)

Almost all included RCTs evaluated surrogate outcomes including LDL-c and HDL-c. In several RCTs, medication adherence and short-term side effects were evaluated including elevated liver transaminases and elevated creatinine phosphokinase. We identified no eligible non-randomized extensions of RCTs or FDA reports.

LDL-c

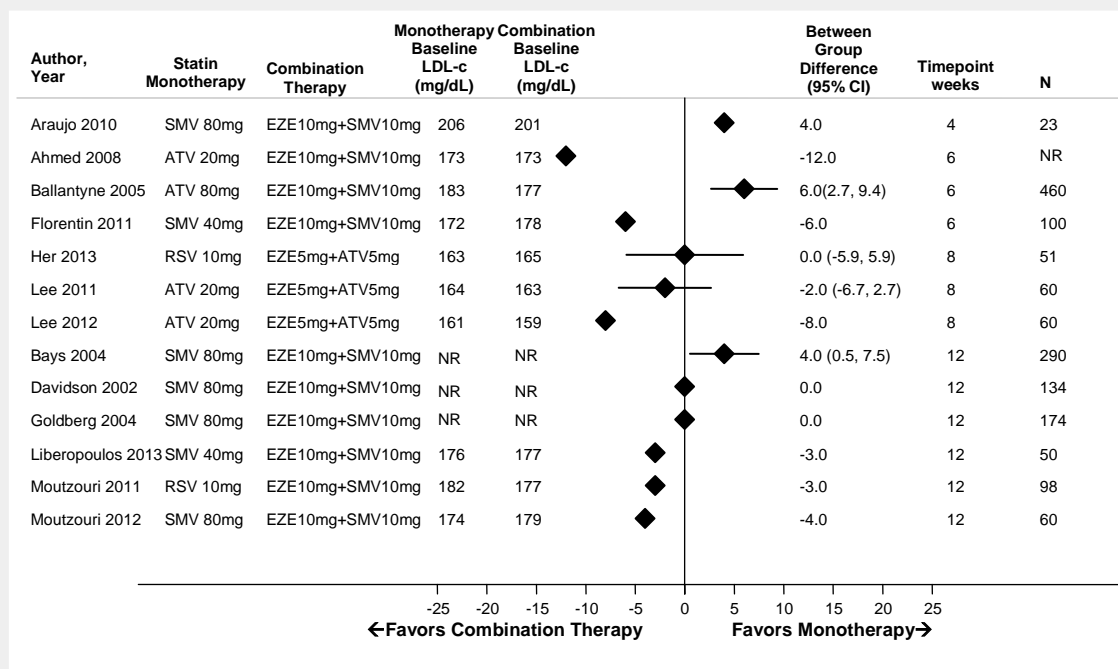
Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Thirteen studies evaluated LDL-c outcomes, with some trials reporting on multiple eligible arms for this potency comparison (20 arms).^{66-69,71-78,80} Duration of therapy ranged from 6-12 weeks. As shown in Figure 3, six comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 2 percent to 12 percent).^{71,73,75-78} Three comparisons favored monotherapy (difference 4 percent to 6 percent)^{66,67,72} and four showed no difference.^{68,69,74} Six studies had multiple arms comparing low potency statin combination therapy with different doses of high potency statin monotherapy.^{66-69,77,80} Only the highest dose of statin monotherapy when the same statin was used is shown in the figure. Of the other comparison arms, six out of seven favored combination therapy (difference 3.4 percent to 8

percent).⁶⁷⁻⁶⁹ One comparison favored monotherapy (difference 1.2 percent).⁶⁶ No studies reported LDL-c goal attainment.

We graded the strength of evidence as low. We considered performing meta-analysis, however, few (31%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature (Figure 3).

Figure 3. Mean difference in percent LDL change from baseline to time point comparing low potency combination therapy with ezetimibe to high potency monotherapy



ATV = atorvastatin; SMV = simvastatin; NR = not reported

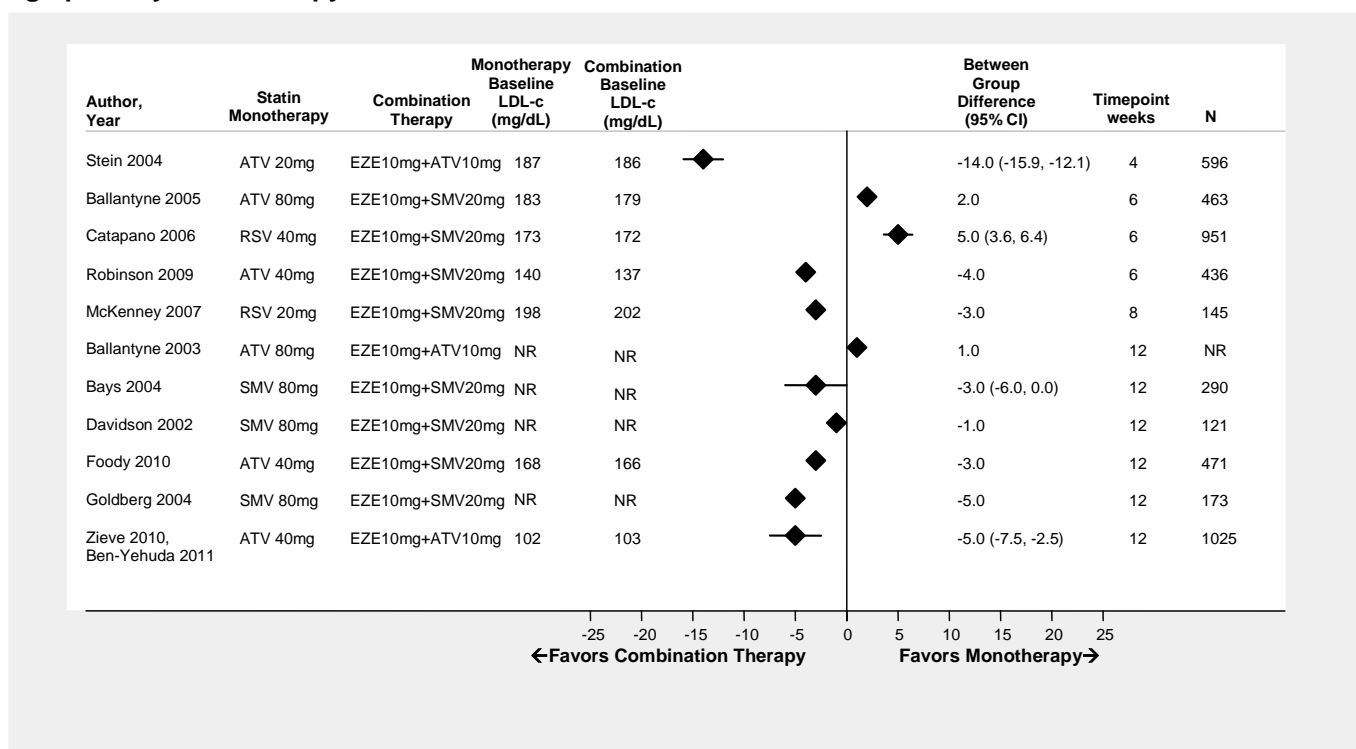
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Eleven studies evaluated LDL-c outcomes with some trials reporting on multiple eligible arms for this potency comparison (22 arms).^{66-69,84,86,90,93,98,101,105,99} As shown in Figure 4, eight comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 3% to 14%).^{67,69,84,90,93,98,99,101,105} Duration of therapy ranged from 4 to 12 weeks. Two comparisons favored monotherapy (difference 2% to 5%).^{66,86} and two comparisons were neutral.^{68,84} Eight studies had multiple arms comparing mid potency statin combination therapy with different doses of high potency statin monotherapy.^{66-69,84,86,101,105} Only the highest dose of statin monotherapy is shown in the figure 3. Of the other comparison arms, ten out of eleven favored combination therapy (difference 2.3% to 11.3%)^{66,67,69,84,101,105}, and the other was neutral (0.8% difference).⁶⁸ In addition, 3 studies (5 comparisons) reported on attainment of ATP III LDL-c goals.^{98,99,101,105} In five comparisons, more patients in the combination therapy group achieved LDL target (difference 7.5% to 25.0%).^{98,99,101,105}

We graded the strength of evidence as moderate. We considered performing meta-analysis, however, few (30%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature.

Figure 4. Mean difference in percent LDL change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency monotherapy



ATV = atorvastatin; NR = not reported; SMV = simvastatin

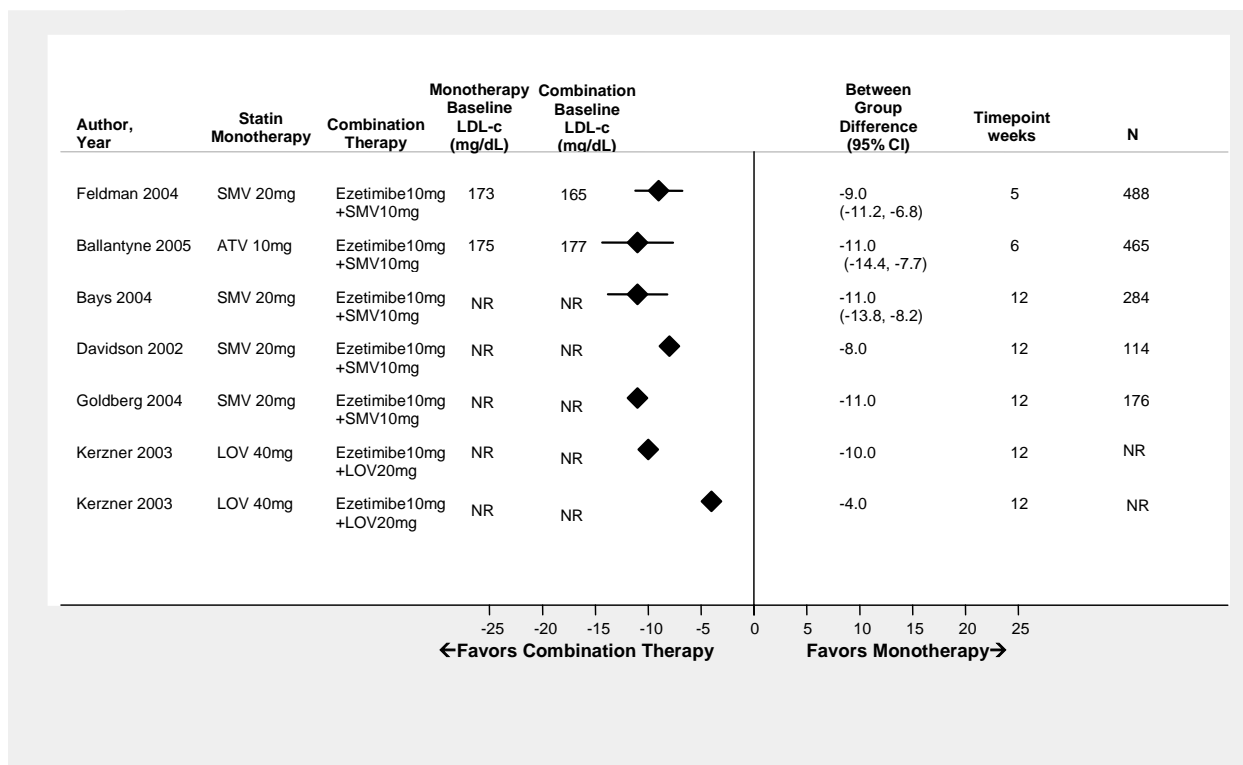
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Six studies evaluated LDL-c outcomes with some trials reporting on multiple eligible arms for this potency comparison (7 comparisons).^{66-69,117,118} All comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 3% to 11.3%).^{66-69,117,118} Duration of therapy ranged from 5 to 12 weeks. No studies reported LDL-c goal attainment.

The results of all studies favored mid potency statin in combination with ezetimibe for lowering LDL-c (Figure 5). We graded the strength of evidence as moderate. We considered performing meta-analysis, however, few (43%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature.

Figure 5. Mean difference in percent LDL change from baseline to time point comparing low potency combination therapy with ezetimibe to mid potency monotherapy



ATV = atorvastatin; LOV = lovastatin; NR = not reported; RSV = rosuvastatin; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

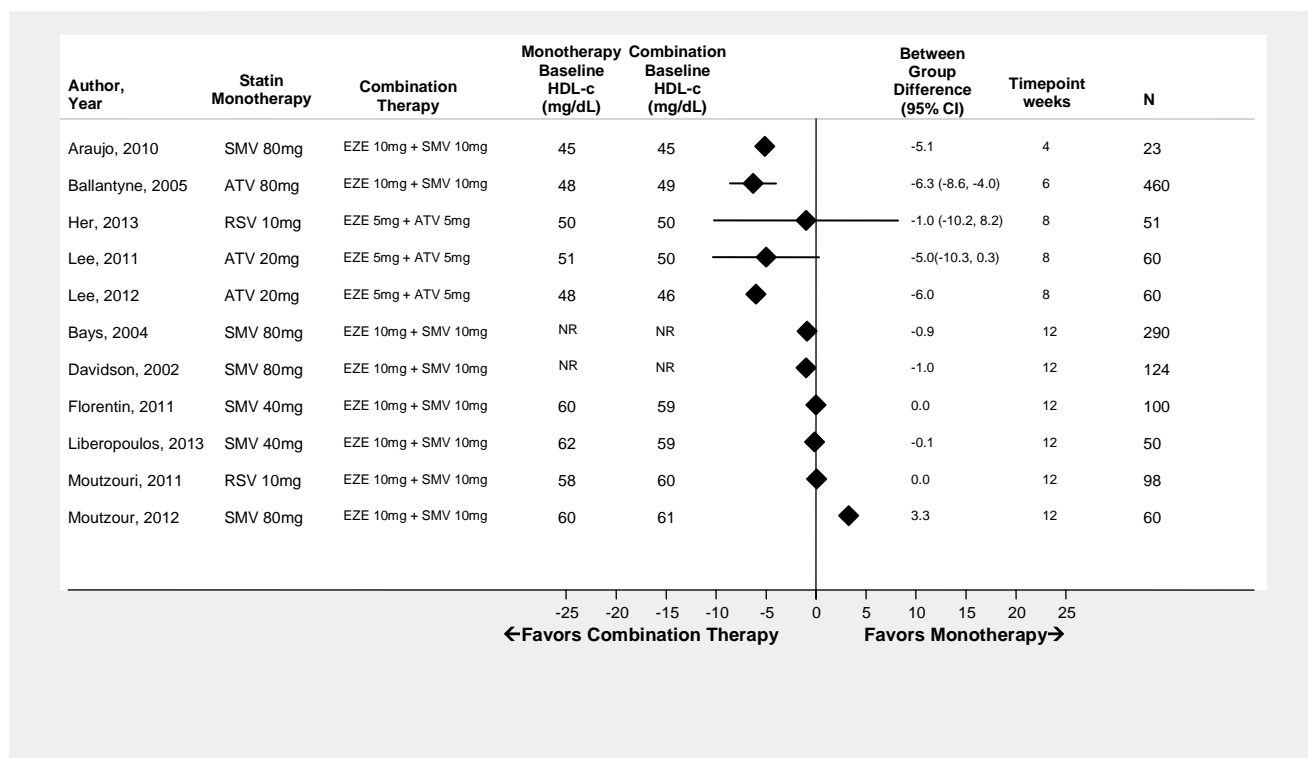
HDL-c

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Eleven studies (sixteen comparisons) evaluated HDL-c.^{66-68,72-78,80} As shown in Figure 6, three comparisons favored combination therapy for raising HDL-c as compared to monotherapy (difference 5.14% to 6.3%).^{66,72,75} Duration of therapy ranged from 4 to 12 weeks. Six comparisons were neutral^{66-68,73,74,76,80} and one comparison favored monotherapy (difference 3.28%)⁷⁸ Three studies had multiple arms comparing low potency statin combination therapy with different doses of high potency statin monotherapy.⁶⁶⁻⁶⁸ Only the highest dose of statin monotherapy is shown in the figure. Of the other comparison arms, four out of five favored combination therapy (difference 2.6% to 3.9%)^{66,68,80} and one was neutral (0.5% difference).^{67,71}

We graded the strength of evidence as low (Table 11). We considered performing meta-analysis, however, few (27%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature (Figure 7).

Figure 6. Mean difference in percent HDL change from baseline to time point comparing low potency combination therapy with ezetimibe to high potency monotherapy



ATV = atrovastatin; NR = not reported; SMV = simvastatin

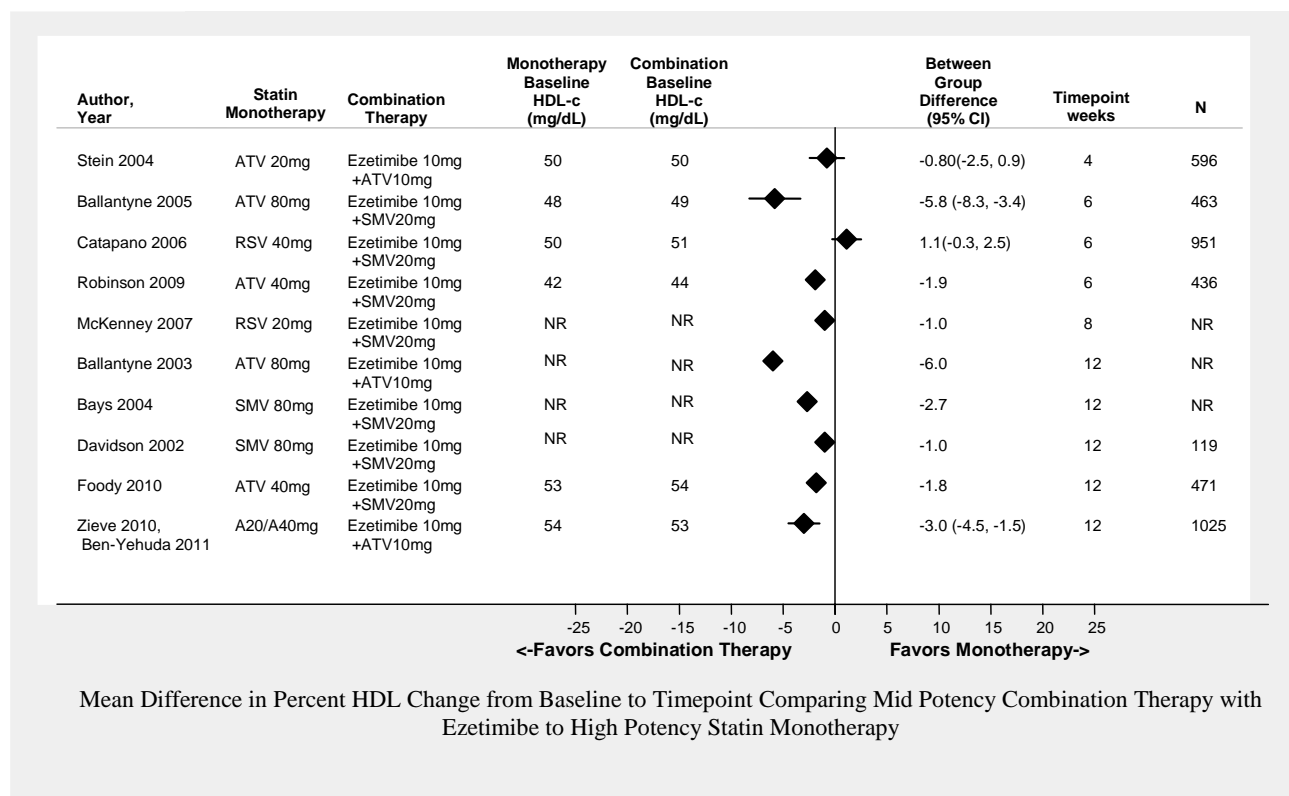
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Ten studies (21 comparisons) evaluated HDL-c.^{66-69,84,86,90,93,98,99,101,105} Six studies favored combination therapy for raising HDL-c as compared to monotherapy (difference 1.8% to 6%).^{66,67,69,84,98,99,101,105} Four studies were neutral.^{93,68,86,90} Duration of therapy ranged from 4 to 12 weeks. Seven studies had multiple arms comparing low potency statin combination therapy with different doses of high potency statin monotherapy.^{66,66-68,86,101,105} Only the highest dose of statin monotherapy is shown in the figure. Of the other comparison arms, ten out of eleven favored combination therapy (difference 1.2% to 5%)^{66-68,84,86,93} and two were neutral (difference 0.8 percent to 1.1 percent).^{101,105}

We graded the strength of evidence as low (Table 12). We considered performing meta-analysis, however, few (44%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature.

Figure 7. Mean difference in percent HDL change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency statin monotherapy



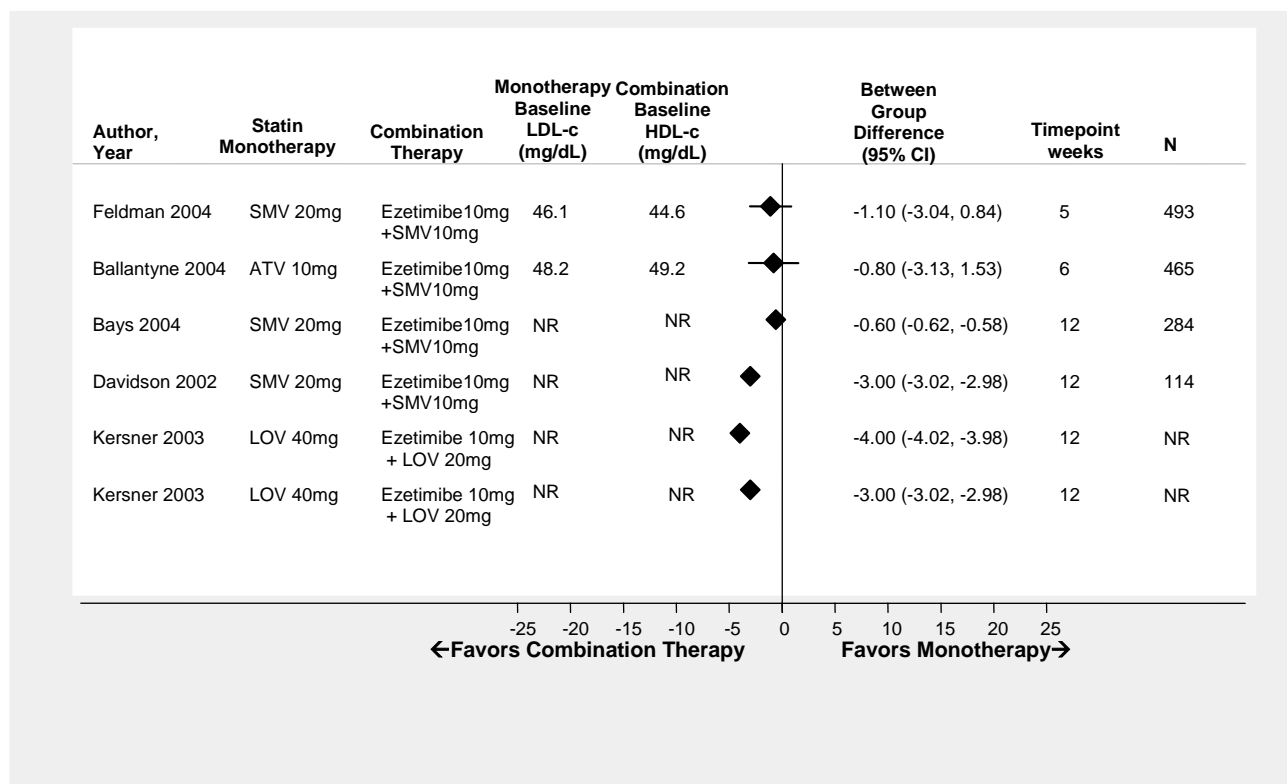
ATV = atorvastatin; EZE = ezetimibe; NR = not reported; RSV = rosuvastatin; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Six studies evaluated HDL-c.^{66-69,117,118} Three studies favored combination therapy for raising HDL-c as compared to monotherapy (difference 3% to 4%) (Figure 8).^{68,118} Both comparisons in the Kersner et al study¹¹⁸ were included in the figure because there were different low potency statin combination regimens used. Three studies were neutral (difference 0.05% to 1.1%).^{66,67,117} We graded the strength of evidence as low (Table 13). Only one trial reported or provided sufficient information for us to calculate SE for the HDL-c difference in differences, and therefore, we did not perform meta-analysis.

Figure 8. Mean difference in percent HDL change from baseline to time point comparing low potency combination therapy with ezetimibe to mid potency statin monotherapy



ATV = atrovastatin; LOV = lovastatin; NR = not reported; SMV = simvastatin
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Total Cholesterol: HDL

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One study reported total cholesterol:HDL ratio.⁶⁷ The effects on lowering total cholesterol:HDL were inconsistent and showed little to no absolute difference between combination therapy and statin monotherapy.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Seven studies (12 arms) reported total cholesterol:HDL ratio.^{68,69,84,86,90,93,98,99,101,105} Most comparisons favored monotherapy for lowering total cholesterol:HDL as compared to combination therapy (difference 1.6% to 11.8%).^{68,69,84,90,93,98,99,101,105} Duration of therapy ranged from 6-12 weeks. However, two comparisons favored combination therapy (difference 1.1% to 4.2%).⁸⁶

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

No studies reported total cholesterol:HDL ratio.

Atherosclerosis

No studies reported on atherosclerosis

Adherence

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported adherence.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One studies reported on adherence.⁹⁰ One study favored combination therapy with 98 percent adherence among combination therapy patients and 84 percent adherence among monotherapy patients (defined as returning 75 and 125% of dispensed tablets).⁹⁰

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

No studies reported adherence.

Any Adverse Event

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported adverse events.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Three studies reported adverse events.^{93,98,99,101} In one comparison^{98,99}, more patients in the monotherapy arm experienced at least one adverse event (difference 3%). In three comparisons, more patients in the combination therapy arm experienced at least one adverse event (difference 2.5% to 5%).^{93,101}

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One study reported adverse events.¹¹⁷ More participants in the monotherapy group had an adverse event (66%) than the combination therapy group (56%) (p=0.02).

Withdrawal Due to Adverse Events

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One study reported withdrawals due to adverse events.⁶⁸ In one monotherapy arm (simvastatin 40mg), 3 percent of patients withdrew due to adverse events. No participants in the combination arm or other monotherapy arm (simvastatin 80mg) withdrew due to adverse events.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Three studies reported withdrawals due to adverse events (8 arms).^{68,98,99,101} In one comparison, there was no difference in withdrawal due to adverse events between the combination therapy and monotherapy arms⁶⁸ with no event in either arm. In three comparisons, more patients in the combination therapy group withdrew due to adverse event (difference 1% to 2.3%).^{98,99,101} In one comparison, more patients in the monotherapy group withdrew due to AE (difference 3.3 percent).⁶⁸

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Two studies reported withdrawals due to adverse events.^{68,117} The combination arms in both studies had fewer withdrawals due to adverse events than the monotherapy arms (difference range 1% to 11% favoring combination therapy).

Cancer

No studies reported on cancer.

Elevated Liver Transaminases

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Three studies reported on elevated liver transaminases (AST and/or ALT > 3 times ULN).^{74,75,80} No participants experienced elevated liver enzymes.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Six studies reported on elevated liver transaminases (AST and/or ALT > 3 times ULN).^{86,90,93,98,99,101,105} Overall, few patients experienced elevated transaminases in any arm. In three comparisons, more patients in the combination therapy group experienced elevated liver transaminases (difference 0.2% to 1.4%).^{86,90,101} In four comparisons, more patients in the monotherapy group experienced elevated liver transaminases (difference 0.7% to 1.8%).^{93,101,105}

One comparison⁸⁶ (rosuvastatin 40 vs. simvastatin 20/ ezetimibe 10) showed no difference in the proportion of patients with elevated liver transaminases.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One study reported on elevated liver transaminases.¹¹⁷ Overall, few patients experienced elevated transaminases in this trial (0% in monotherapy and 0.4% in combination therapy).

Musculoskeletal Adverse Events

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Three studies reported on CPK > 10 times ULN.^{74,75,80} No patients in any eligible arm experienced CPK elevations. One reported on myalgia⁸⁰, with one reported case of myalgia in the monotherapy arm.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Six studies reported on CPK > 10 times ULN.^{86,90,93,98,99,101,105} Overall, few patients experienced CPK elevations regardless of treatment arm. In two comparisons, more patients in the combination therapy group experienced CPK > 10x ULN (difference 0.4% in both).¹⁰⁵ In two comparisons, more patients in the monotherapy group experienced CPK > 10x ULN (difference 0.1% to 0.3%).^{93,86} Four comparisons showed no difference.^{86,90,101} Three studies reported on myalgia.^{86,93,98,99} There was little to no difference between treatment arms with respect to reports of myalgia (difference range 0% to 1%).

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One study reported on CPK > 10 times ULN.¹¹⁷ No participants in the combination arm experienced CPK elevations, and only 1 percent of participants in the monotherapy arm had CPK elevations. No studies reported on myalgia.

New Onset Diabetes Mellitus

No studies reported on new-onset diabetes mellitus.

Acute Kidney Injury

No studies reported on acute kidney injury.

Subgroups of Patients (KQ 3)

There were many studies involving participants with DM and CHD. There were few studies making subgroup comparisons by gender (female), race (Black, Hispanic, and Asian), or age (> 75 years old). Surrogate clinical markers were commonly reported by subgroup; however, serious adverse events and mortality were not commonly reported by subgroup (Appendix Table E60).

Patients With Preexisting Coronary Heart Disease

Overall, 12 studies included analyses of patient populations with preexisting CHD. No studies compared low potency statin in combination with ezetimibe to high potency statin monotherapy among patients with preexisting CHD (Table 14). Twelve studies compared mid potency statin in combination with ezetimibe to high potency statin monotherapy among patients with preexisting CHD.^{85,91,92,96,97,100,102-104,107,108,125}

No studies compared low potency statin in combination with ezetimibe to mid potency statin monotherapy among patients with preexisting CHD.

Mortality

Low potency statin combination therapy versus high potency statin monotherapy. No studies reported mortality among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported mortality among patients with preexisting CHD.^{85,92,108} No deaths occurred in these studies. We graded the strength of evidence as insufficient (Table 15).

Low potency statin combination therapy versus mid potency statin monotherapy. No studies reported mortality among patients with preexisting CHD.

Acute Coronary Events

Low potency statin combination therapy versus high potency statin monotherapy. No studies reported acute coronary events among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. One study reported on acute coronary events, specifically fatal MI, among patients with preexisting CHD.¹⁰⁵ No fatal MI occurred in the monotherapy arm and one fatal MI occurred in the combination therapy arm. We graded the strength of evidence as insufficient (Table 15).

Low potency statin combination therapy versus mid potency statin monotherapy. No studies reported acute coronary events among patients with preexisting CHD.

Cerebrovascular Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported cerebrovascular events among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. One study reported cerebrovascular events among patients with preexisting CHD, specifically transient ischemic attack (TIA).¹⁰⁸ One TIA occurred in the monotherapy arm (2%) and no events occurred in the combination arm, which was not a significant difference.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported cerebrovascular events among patients with preexisting CHD.

Revascularization Procedures

No studies reported on revascularization procedures among patients with preexisting CHD.

Serious Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported serious adverse events among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported serious adverse events among patients with preexisting CHD.^{85,97,108} Overall, the numbers of events were low. In two comparisons, more combination therapy patients experienced SAE (difference 0.02% to 1.4%).^{85,97} In one comparison, more monotherapy group patients experienced SAE (difference 1.7 percent). We graded the strength of evidence as insufficient (Table 15).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported serious adverse events among patients with preexisting CHD.

LDL-c

Low potency statin combination therapy versus high potency statin monotherapy. No studies reported on LDL-c outcomes among patients with preexisting CHD. We graded the strength of evidence as insufficient (Table 14).

Mid potency statin combination therapy versus high potency statin monotherapy. Twelve studies reported on LDL-c outcomes among patients with preexisting CHD.^{85,91,92,96,97,100,102-104,107,108,125}

In nine comparisons, combination therapy lowered LDL more than monotherapy (difference 5% to 15%).^{85,91,92,97,102,107,108} Three studies were neutral (difference 1% to 3.1%)^{96,100,104} and one study favored monotherapy.¹⁰³

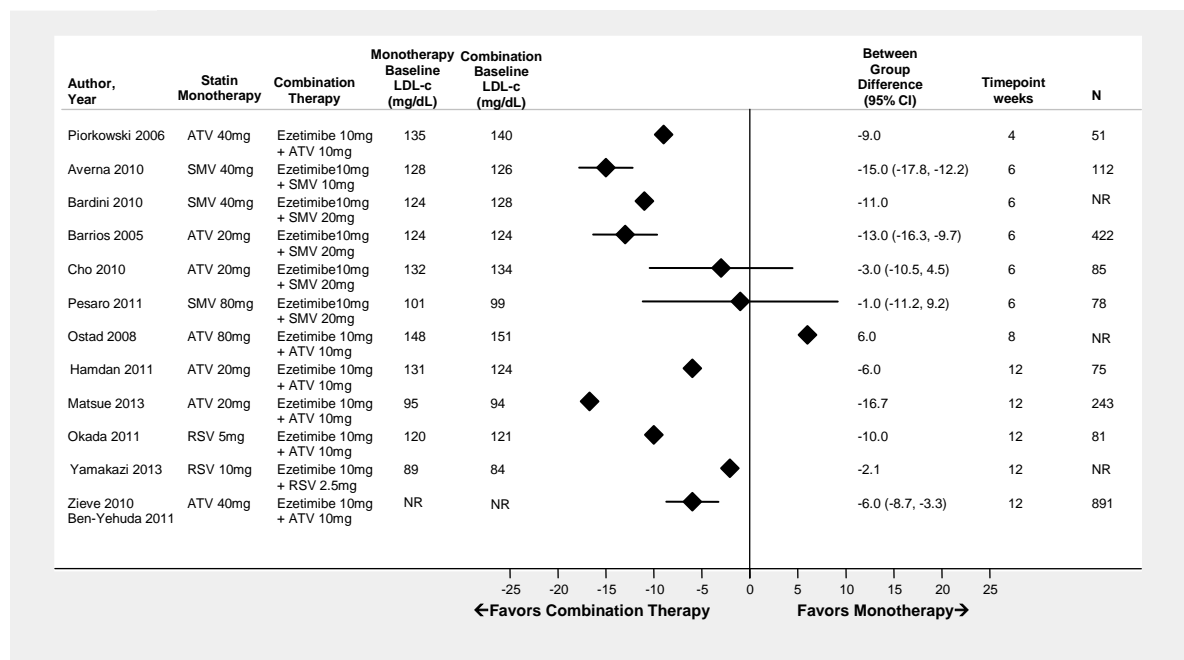
In addition, one study reported LDL-c change among female participants with preexisting CHD.⁸⁵ This study favored combination therapy for LDL-c reduction in female participants with CHD. Mean percent change in the monotherapy group was 21 percent, while mean percent change in the combination therapy group was 34 percent.

Four studies reported attainment of LDL-c < 100 mg/dL among patients with preexisting CHD.^{85,91,92,108} Most comparisons favored combination therapy over monotherapy for attaining this LDL-c goal (difference range 13% to 49% favoring combination therapy), which was a statistically significant difference in 3 trials.^{85,92,108}

We graded the strength of evidence as moderate (Table 15).

Summary estimates from meta-analysis are not reported due to high heterogeneity ($I^2=94.5\%$) (Figure 9).

Figure 9. Mean difference in percent LDL-c change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency monotherapy among CHD patients



ATV = atorvastatin; NR = not reported; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Low potency statin combination therapy versus mid potency statin monotherapy. No studies reported on LDL-c outcomes among patients with preexisting CHD. We graded the strength of evidence as insufficient (Table 16).

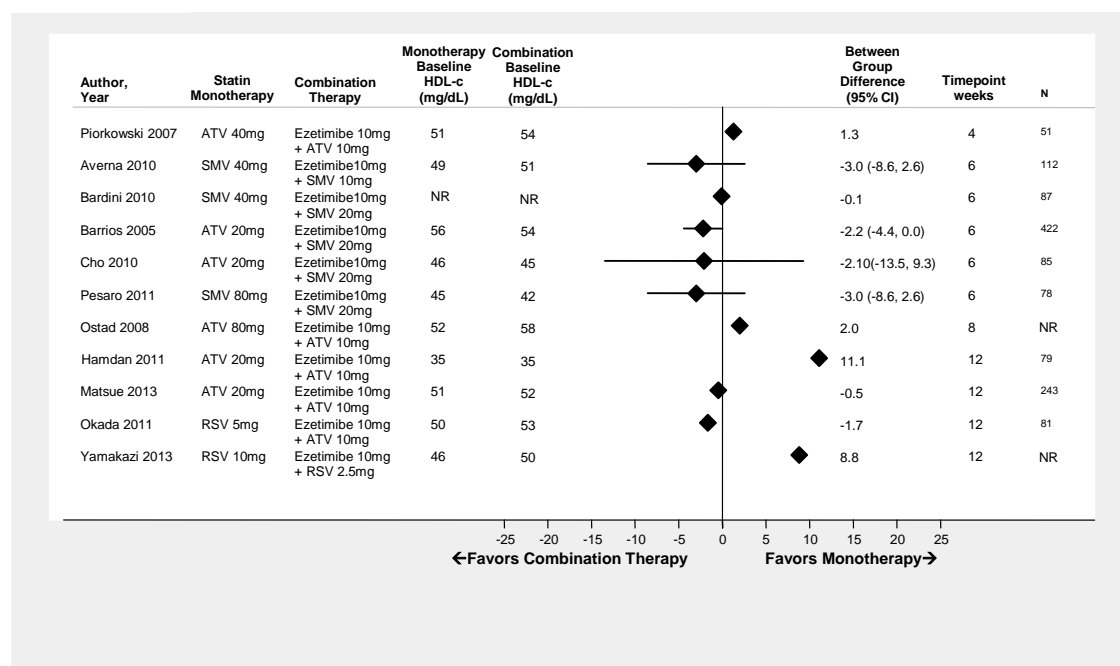
HDL-c

Low potency statin combination therapy versus high potency statin monotherapy. No studies reported on HDL-c among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Eleven studies reported HDL-c among patients with preexisting CHD.^{85,91,97,100,102-104,107,108,96,125} One study favored combination therapy (difference 7.33%).¹⁰² One study favored monotherapy (difference 6%).¹⁰⁷ However, most results were neutral (difference 0.1% to 5.6%, NS).^{85,91,97,100,103,104,108} Given that the results were inconsistent with respect to raising HDL-c among patients with preexisting CHD (Figure 10), we graded the strength of evidence as low for no effect (Table 15). We considered performing meta-analysis, however, few (45%) of the trials had a calculable standard error for the difference in difference, therefore, we did not feel that a meta-analysis would be an accurate pooling of the available literature.

Low potency statin combination therapy versus mid potency statin monotherapy. No studies reported on HDL-c among patients with preexisting CHD. We graded the strength of evidence as insufficient (Table 16).

Figure 10. Mean difference in percent HDL change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency statin monotherapy in patients with CHD



ATV = atorvastatin; NR = not reported; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Total Cholesterol: HDL-c

Low potency statin combination therapy versus high potency statin monotherapy. No study reported total cholesterol: HDL-c ratio among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. One study reported total cholesterol:HDL-c ratio among patients with preexisting CHD.⁸⁵ Combination therapy reduced total cholesterol: HDL by 9 percent more than monotherapy.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported total cholesterol: HDL-c ratio among patients with preexisting CHD.

Atherosclerosis

No study reported on atherosclerosis measures among patients with preexisting CHD.

Adherence

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on adherence among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Two studies reported on adherence among patients with preexisting CHD.^{97,100} One study¹⁰⁰ showed similar adherence between groups, with adherence reported at >99 percent in both groups, although the authors did not provide detail on how they assessed adherence. The other study⁹⁷ assessed adherence by tablet count and showed a slight advantage to combination therapy (difference 1.5%).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on adherence among patients with preexisting CHD.

Any Adverse Event

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on occurrence of any adverse events among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported on the occurrence of any adverse events among patients with preexisting CHD.^{85,97,108} In one comparison, there was no difference between the two groups.¹⁰⁸ In two comparisons, more monotherapy group patients experienced this outcome (difference 3.9% to 7.5%).^{85,97}

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on occurrence of any adverse events among patients with preexisting CHD.

Withdrawal Due to Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on withdrawals due to adverse events among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Five studies reported on withdrawals due to adverse events among patients with preexisting CHD.^{85,97,103,107,108} In all comparisons, more monotherapy patients experienced this outcome (difference 1.4% to 17.9%).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on withdrawals due to adverse events among patients with preexisting CHD.

Elevated Liver Transaminases

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on elevated liver transaminases among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Six studies reported elevated liver transaminases (AST and/or ALT > 3 times ULN) among patients with preexisting CHD.^{85,97,100,104,107,108} In four comparisons, there was no difference in this outcome. In one comparison, more combination therapy patients experienced LFT elevation (difference 0.5%)⁸⁵; in another comparison more monotherapy patients experienced this adverse event (difference 2.6%)¹⁰⁰

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on elevated liver transaminases among patients with preexisting CHD.

Musculoskeletal Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on elevation in CPK or cases of myalgia among patients with preexisting CHD.

Mid potency statin combination therapy versus high potency statin monotherapy. Four studies reported on elevations in CPK > 10 times ULN among patients with preexisting CHD.^{85,97,100,108} No participant experienced this event in any trial. One study reported on occurrence of myalgia among patients with preexisting CHD.¹⁰⁴ There were no reported cases of myalgia in either group.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on elevation in CPK or cases of myalgia among patients with preexisting CHD.

Cancer

No study reported on cancer among patients with preexisting CHD.

New Onset Diabetes Mellitus

No study reported on cases of new onset diabetes mellitus among patients with preexisting CHD.

Acute Kidney Injury

No study reported on cases of acute kidney injury among patients with preexisting CHD.

Patients With Diabetes Mellitus

One study compared low potency statin therapy in combination with ezetimibe to high potency statin monotherapy in patients with DM.⁷⁹ Four studies compared mid potency statin in combination with ezetimibe to high potency statin monotherapy in patients with DM.

^{87-89,106,109,124} One study compared low potency statin in combination with ezetimibe to mid potency statin monotherapy in patients with DM.¹²²

Mortality

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on mortality among patients with DM (Table 17).

Mid potency statin combination therapy versus high potency statin monotherapy. Two studies reported mortality among patients with DM.^{87,89,106,124} Events were low. Two arms favored combination therapy, with 0.4 percent deaths in the monotherapy arm compared with 0 deaths in the combination arm and 0.5 percent deaths in the monotherapy arm compared with 0 deaths in the combination arm. P-value was not reported in one study⁸⁷ and was reported as non-significant in the other.^{89,106,124} We graded the strength of evidence as insufficient (Table 18).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on mortality among patients with DM.

Acute Coronary Events

No study reported on acute coronary events among patients with DM.

Cerebrovascular Disease

No study reported on cerebrovascular events among patients with DM.

Revascularization Procedures

No study reported on revascularization procedures among patients with DM.

Serious Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on serious adverse events among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Five studies (six arms) reported serious adverse events among patients with DM.^{87,88,97,101,109} In four comparisons, there were more SAEs in the combo therapy group (difference 0.02% to 3.9%). In one comparison, there were more SAEs in the monotherapy group (difference 1.8%). One study reported no SAEs in either arm¹⁰⁹. We graded the strength of evidence as insufficient (Table 18).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on serious adverse events among patients with DM.

LDL-c

Low potency statin combination therapy versus high potency statin monotherapy. One study reported LDL-c outcomes among patients with DM.⁷⁹ Monotherapy therapy lowered LDL-c 2 percent more than combination therapy. No studies reported LDL-c goal attainment. We graded the strength of evidence as insufficient (Table 17).

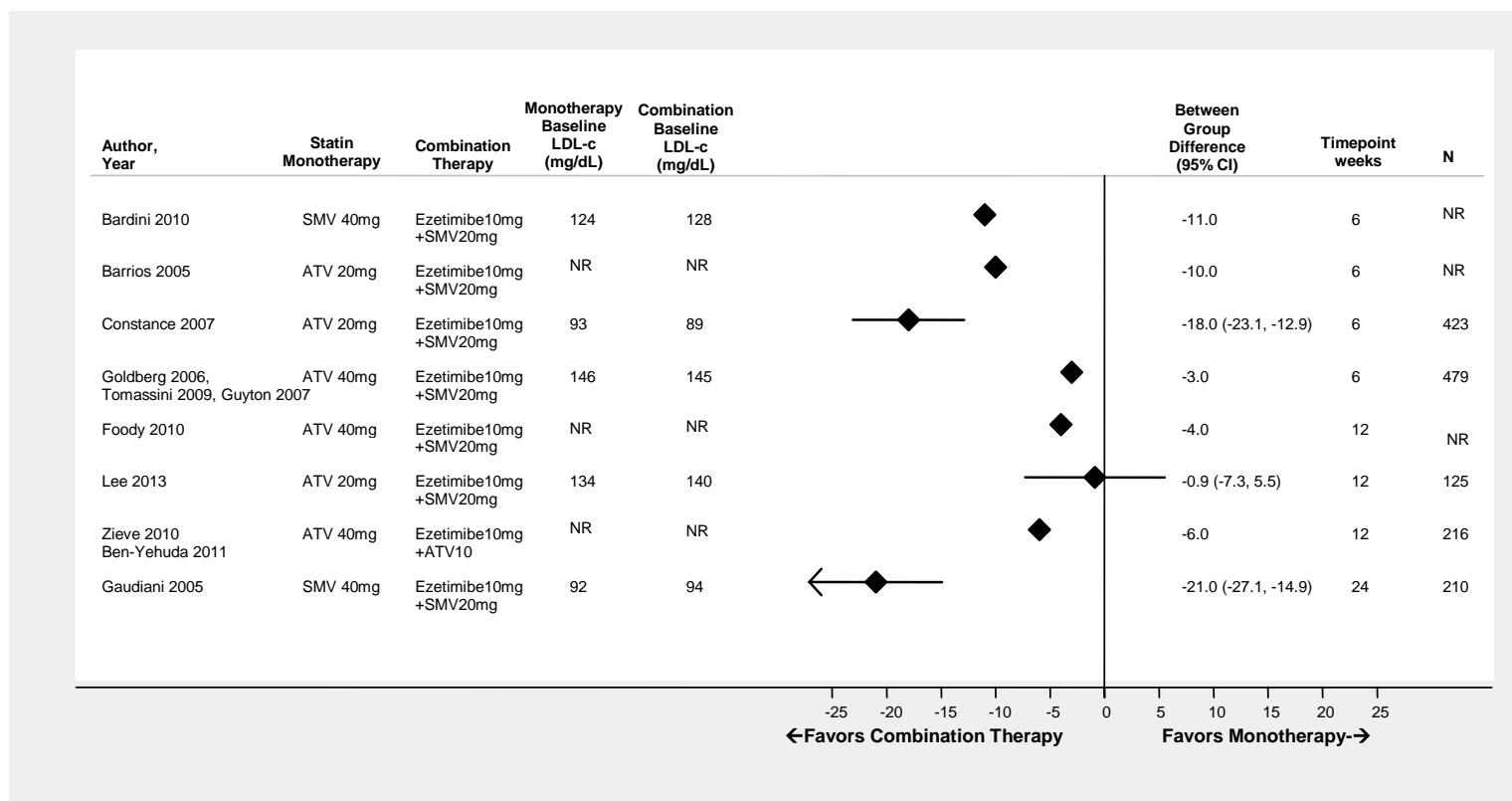
Mid potency statin combination therapy versus high potency statin monotherapy. Eight studies reported LDL-c outcomes among patients with DM.^{87-89,97,106,109,124,101,85,98,99} In all studies, combination therapy lowered LDL-c more than monotherapy (difference 2.7% to 20.5%). We graded the strength of evidence as moderate. Although the direction of effect was consistent, the magnitude of effect varied widely, in part due to different doses and different endpoints. Two studies had multiple arms comparing mid potency statin combination therapy with different doses of high potency statin monotherapy.^{89,106,101,124} Only the highest dose of statin monotherapy is shown in the Figure 11. Of the other comparison arms, both favored combination therapy (difference 7.6% to 9%). Meta-analysis is not reported due to high heterogeneity ($I^2=93.6\%$).

Three studies reported LDL-c goal attainment (LDL-c <100 mg/dL) among patients with DM.^{87-89,106,124} Two studies reported that 2 percent to 37 percent more patients attained this LDL-c goal when taking combination therapy as compared to monotherapy;^{88,89} however, the other study reported that 20 percent more patients in the monotherapy arm achieve this LDL-c goal as compared to combination therapy.⁸⁷ Another study reported on patients attaining an LDL-c <70 mg/dL among patients with DM.⁹⁷ This trial found that 18 percent more patients in the combination arm attained this LDL-c goal as compared to monotherapy.

One study also reported LDL-c outcomes by ethnic subgroups and found similar benefits for black and Hispanic patients with diabetes as those for the general diabetic population.⁸⁸ The LS mean percent change comparing combination therapy – monotherapy was -15 percent in black patients and -26 percent in Hispanic patients.⁸⁸ Since this is only one trial, the strength of evidence for black patients with diabetes and Hispanic patients with diabetes is still insufficient.

Low potency statin combination therapy versus mid potency statin monotherapy. One study reported LDL-c outcomes among patients with DM.¹²² Combination therapy lowered LDL-c 10 percent more than monotherapy. No studies reported LDL-c goal attainment. We graded the strength of evidence as insufficient (Table 19).

Figure 11. Mean difference in percent LDL-c change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency monotherapy among patients with DM



ATV = atorvastatin; RSV = rosuvastatin; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

HDL-c

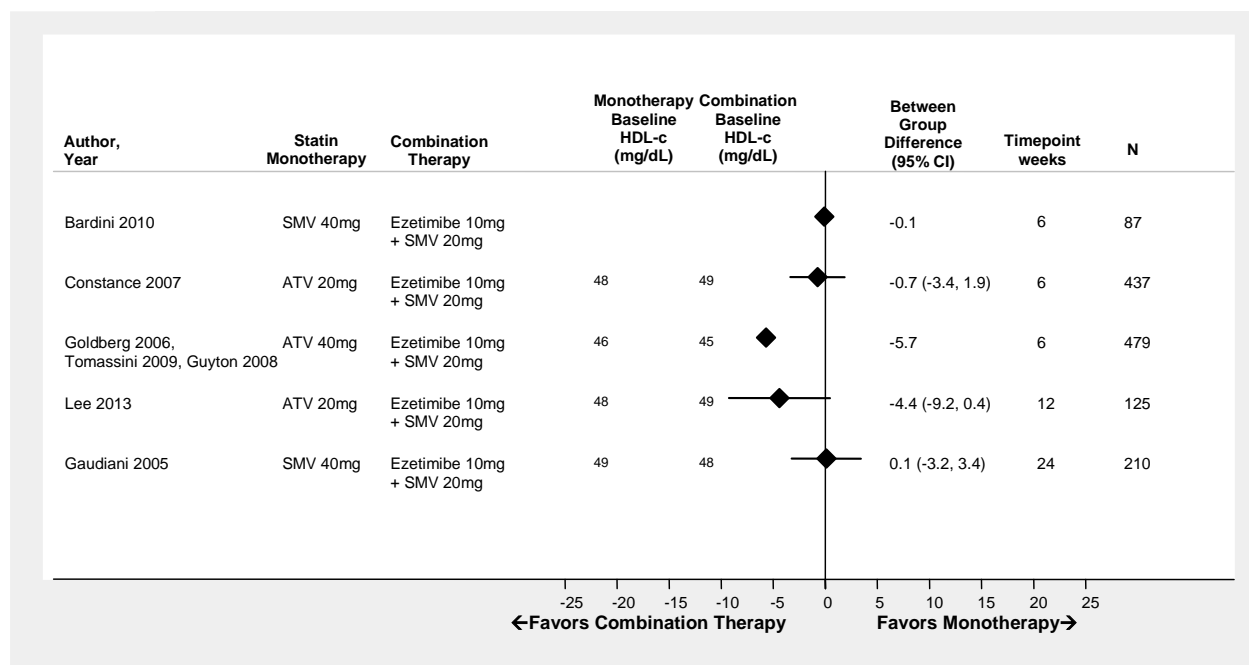
Low potency statin combination therapy versus high potency statin monotherapy. One study reported HDL-c among patients with DM.⁷⁹ Combination therapy resulted in no change in HDL-c; however, monotherapy lowered HDL-c by 6 percent. We graded the strength of evidence as insufficient (Table 17).

Mid potency statin combination therapy versus high potency statin monotherapy. Five studies reported HDL-c among patients with DM (8 comparisons).^{87-89,101,106,124,97} In three studies, combination therapy increased HDL-c more than monotherapy (difference 1.8% to 5.7%).^{88,101} Three studies were neutral (difference 0.1% to 0.74%).⁸⁸ Two studies had multiple arms comparing mid potency statin combination therapy with different doses of high potency statin monotherapy.^{87,101} Only the highest dose of statin monotherapy is shown in the Figure 12. Of the other comparison arms, two out of two favored combination therapy (difference 3.8% to 4.5%).

We graded the strength of evidence as moderate (Table 18). In meta-analysis, the pooled effect size was -1.02 (95% CI -2.91, 0.86), $I^2=15.1\%$.

Low potency statin combination therapy versus mid potency statin monotherapy. One study reported HDL-c among patients with DM.¹²² Combination therapy increased HDL-c by 1 percent more than monotherapy. We graded the strength of evidence as insufficient (Table 19).

Figure 12. Mean difference in percent HDL change from baseline to time point comparing mid potency combination therapy with ezetimibe to high potency monotherapy in patients with DM



ATV = atrovastatin; NR = not reported; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Total Cholesterol: HDL-c

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on total cholesterol: HDL-c ratio among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Two studies reported total cholesterol:HDL ratio among patients with DM.^{87,88} Combination therapy lowered total cholesterol: HDL-c by 9.41 percent to 13.5 percent more than monotherapy.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on total cholesterol: HDL-c ratio among patients with DM.

Non-HDL-c

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on non-HDL-c among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported on non-HDL-c among patients with DM (4 arms).^{87-89,106,124} Three arms favored combination therapy for lowering non-HDL,^{88,89} lowering non-HDL by 20 to 47.9 percent (difference 1.7% to 18.3%). One arm favored monotherapy⁸⁷, and in that study non-HDL was raised in both groups (raised by 7.43% in the atorvastatin 20 arm and raised by 20.91% in the simvastatin 20/ezetimibe10 arm).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on non-HDL-c among patients with DM.

Triglycerides

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on triglycerides among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Five studies reported on triglycerides among patients with DM (four arms).^{87-89,106,124 97,109} Three arms^{89 106 87 ,124 ,125} favored monotherapy for triglyceride reduction (difference 2.7% to 4.26%). Two arms favored combination therapy^{88,97} for triglyceride reduction (difference 4.5% to 6.7%).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on triglycerides among patients with DM.

Atherosclerosis

No study reported on measures of atherosclerosis among patients with DM.

Adherence

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on adherence among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. One study reported adherence⁸⁷, and showed similar high (98% adherence) adherence between both arms, although the authors did not provide details on how adherence was assessed.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on adherence among patients with DM.

Musculoskeletal Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on elevations in CPK or cases of myalgia among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported on cases of myalgia among patients with DM.^{87,88,109} Events were low and one study favored monotherapy (0.5% in combination therapy patients, 0% in monotherapy patients).⁸⁷ One study favored combination therapy (4.8% in monotherapy patients, 1.6% in combination therapy patients) In the third study no events were reported in either arm.⁸⁸ One study reported on elevations of CPK > 10 times ULN.⁸⁸ Monotherapy was favored.

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on elevations in CPK or cases of myalgia among patients with DM.

Elevated Liver Transaminases

No study reported on elevations in liver transaminases among patients with DM.

Withdrawal Due to Adverse Events

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on withdrawals due to adverse events among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Four studies reported withdrawals due to adverse events among patients with DM.^{87,88,97,101} Outcomes were low. In two comparisons, there were more withdrawals due to AE in the monotherapy arm than in the combination therapy arm (difference 1.5% to 2.9%)^{88,97} In three comparisons, there were more withdrawals in the combination therapy group (difference 0.5% to 2.3%).^{88,101}

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on withdrawals due to adverse events among patients with DM.

Any Adverse Event

Low potency statin combination therapy versus high potency statin monotherapy. No study reported on occurrence of any adverse events among patients with DM.

Mid potency statin combination therapy versus high potency statin monotherapy. Four studies (five comparisons) reported on occurrence of any adverse events among patients with DM.^{87,88,97,101} In four comparisons, there were more AEs in the combination therapy group (difference 1.5% to 8.3%). In one comparison, there were more AEs in the monotherapy group (difference 7.5%).

Low potency statin combination therapy versus mid potency statin monotherapy. No study reported on occurrence of any adverse events among patients with DM.

Cancer

No study reported on cancer among patients with DM.

Acute Kidney Injury

No study reported on acute kidney injury among patients with DM.

Elderly Patients (> 75 Years Old)

Two studies reported outcomes for elderly participants.^{98,99,101} These trials compared mid potency statin in combination with ezetimibe to high potency statin monotherapy. With respect to clinical outcomes, these studies only reported on mortality and serious adverse events. With respect to surrogate outcomes, they reported on LDL-c, HDL-c, and total cholesterol:HDL ratio. With respect to short-term harms, these trials reported only on.

Mortality

Mid potency statin combination therapy versus high potency statin monotherapy. No deaths occurred in the one study that examined this outcome among elderly patients.^{98,99} We graded the strength of evidence as insufficient

Serious Adverse Events

Mid potency statin combination therapy versus high potency statin monotherapy. One study reported on serious adverse events among elderly patients.^{98,99} This study reported that 3 percent of elderly patients in the combination arm had a serious adverse event, while no elderly patients in the monotherapy group experienced a serious adverse event. We graded the strength of evidence as insufficient.

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. Two studies reported on LDL-c outcomes among elderly patients.^{98,99,101}

The LS mean percent change in LDL-c was 14 percent among the elderly participants in the monotherapy arm vs. 28.4 percent among the elderly participants in the combination therapy arm at 6 weeks ($p < 0.05$); the LS mean percent change in LDL-c was -20.2 percent in the monotherapy group and -20.6 percent in the combination therapy group at 12 weeks ($p > 0.05$).

Another study reported LDL-c change in the elderly subgroup¹⁰¹ and favored combination therapy for LDL-c change (47.5% decrease in the monotherapy arm compared with 58% decrease in the combination therapy arm).

One study^{98,99} examined LDL-c goal attainment in elderly patients, and reported that 45 percent of elderly patients in the combination therapy arm and 56 percent of patients in the monotherapy arm attained LDL-c goals at 12 weeks. We graded the strength of evidence as insufficient.

HDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. One study examined HDL-c among elderly patients.^{98,99} This study favored combination therapy at 6 weeks (0.6% HDL-c increase in monotherapy group at 6 weeks, 3.6% HDL-c increase in monotherapy group at 6 weeks) and at 12 weeks (1.4% HDL-c decrease in monotherapy group at 12 weeks, 2.4% HDL-c increase in combination therapy group at 12 weeks). We graded the strength of evidence as insufficient.

Total Cholesterol: HDL

Mid potency statin combination therapy versus high potency statin monotherapy. One study examined total cholesterol: HDL-c change in elderly patients.^{98,99} Combination therapy was favored, with a 7.8 percent decrease in total cholesterol:HDL in monotherapy arm participants at 6 weeks, a 19 percent decrease in combination therapy arm participants at 6 weeks; a 10.8 percent decrease in monotherapy participants at 12 weeks and a 14.2 percent decrease in combination therapy patients at 12 weeks.

Any Adverse Event

Mid potency statin combination therapy versus high potency statin monotherapy. One study^{98,99} reported adverse events in elderly patients. 31 percent of elderly participants in the monotherapy arm had an AE by 12 weeks, while 30 percent in the combination arm had an AE by 12 weeks.

Withdrawal AE

Mid potency statin combination therapy versus high potency statin monotherapy. One study^{98,99} reported withdrawal due to adverse events in elderly patients. 2 percent of elderly participants in the monotherapy arm withdrew due to AE by 12 weeks, while 6 percent in the combination arm withdrew due to AE by 12 weeks.

Elevated Liver Transaminases

Mid potency statin combination therapy versus high potency statin monotherapy. One study examined elevated liver transaminases in elderly patients, which was 0 percent in both groups at 12 weeks.^{98,99}

Musculoskeletal Adverse Events

Mid potency statin combination therapy versus high potency statin monotherapy. One study^{98,99} examined elevated CPK > 10x ULN in elderly patients, which was 0 percent in both groups at 12 weeks.

Female Patients

Two studies reported outcomes for female participants.^{98,99,101} Both trials compared a mid potency statin in combination with ezetimibe to high potency statin monotherapy. These trials only reported on LDL-c outcomes.

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. Three studies reported LDL-c outcome among female participants.^{88,98,99,101} **Combination therapy lowered LDL-c more than monotherapy (difference 8 percent to 18 percent).** We graded the strength of evidence as insufficient.

Asian Patients

One study reported outcomes for Asian participants.¹⁰¹ This trial compared a mid potency statin in combination with ezetimibe to high potency statin monotherapy. This trial only reported on LDL-c outcomes.

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. The one study that reported on LDL-c among Asian participants reported that monotherapy decreased LDL-c by 8 percent more than combination therapy. We graded the strength of evidence as insufficient.

Black Patients

One study reported outcomes for black participants.¹⁰¹ This trial compared a mid potency statin in combination with ezetimibe to high potency statin monotherapy. This trial only reported on LDL-c outcomes.

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. Two studies^{88,101} reported on LDL-c among black participants. Combination therapy decreased LDL-c by 15 to 16 percent more than monotherapy. We graded the strength of evidence as insufficient.

Hispanic Patients

One study reported outcomes for Hispanic participants.¹⁰¹ This trial compared a mid potency statin in combination with ezetimibe to high potency statin monotherapy. This trial only reported on LDL-c outcomes.

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. One study⁸⁸ reported on LDL-c among Hispanic participants. Combination therapy decreased LDL-c by 26 percent more than monotherapy. We graded the strength of evidence as insufficient.

Table 11. Low potency statin in combination with ezetimibe as compared to high potency statin monotherapy in general populations: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	2 ^a	Low	NA	Consistent	Imprecise	Not detected None	No deaths in any arm	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	13 ^a (2392)	Moderate	Indirect [LDL not directly measured in all trials]	Inconsistent [six favored combination, three neutral, three monotherapy]	Imprecise	Not detected None	Six comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 2 percent to 12 percent), three favored monotherapy, four showed no difference.	Low
HDL-c	11 (2128)	Moderate	Direct [HDL directly measured]	Inconsistent [three favored combination, six neutral, one monotherapy]	Imprecise	Not detected None	Three comparisons favored combination therapy for raising HDL-c as compared to monotherapy (difference 5.14 percent to 6.3 percent).	Low

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

^aMissing N in at least one trial.

Table 12. Mid potency statin in combination with ezetimibe as compared to high potency statin monotherapy in general populations: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
Long-Term Benefits and Serious Adverse Events								
Mortality	6 ^a (1565)	Low	Direct	Inconsistent	Imprecise [does not meet OIS of 4864]	Not detected None	Very few events; similar mortality in combination therapy and monotherapy arms.	Insufficient
Acute Coronary Events	1 (596)	Low	Direct	NA	Imprecise	Not detected None	Only one event occurring in a combination arm.	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	2 (1391)	Low	Direct	Consistent [no statistically significant difference in SAE in any comparison]	Imprecise [does not meet OIS of 1490]	Not detected None	No difference.	Insufficient
Surrogate Clinical Outcomes								
LDL-c	11 ^a (6694)	Low	Indirect [LDL calculated not directly measured in most trials]	Consistent [Eight studies favored combination therapy, two were neutral, two favored monotherapy]	Imprecise	Not detected None	Eight comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 3 percent to 14 percent)	Moderate
HDL-c	10 ^a (6434)	Low	Direct [HDL directly measured]	Inconsistent [Six studies favored combination therapy, five neutral]	Imprecise	Not detected None	Six comparisons favored combination therapy for raising HDL-c as compared to monotherapy (difference 1.8 percent to 6 percent)	Low

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

^aMissing N in at least one trial.

Table 13. Low potency statin in combination with ezetimibe as compared to mid potency statin monotherapy in general populations: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
Long-Term Benefits and Serious Adverse Events								
Mortality	2 ^a (604)	Low	NA	NA [no deaths either arm]	Imprecise	Not detected None	No deaths in included arms.	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	1 (596)	High	Direct	NA	Imprecise [OIS 640]	NA	There were more SAEs in the combination therapy arm than the monotherapy arm (not statistically significant)	Insufficient
Surrogate Clinical Outcomes								
LDL-c	6 ^a (1615)	Low	Indirect [LDL calculated not directly measured in both trials]	Consistent [All trials favor combination therapy]	Imprecise	Not detected None	All comparisons favored combination therapy for lowering LDL-c as compared to monotherapy (difference 3 percent to 11.3 percent).	Moderate
HDL-c	5 ^a (1356)	Low	Direct [HDL calculated directly]	Inconsistent [Three trials favored combination therapy, three were neutral]	Imprecise	Not detected None	Three studies favored combination therapy for raising HDL-c as compared to monotherapy (difference 3 percent to 4 percent)	Low

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

^aMissing N in at least one trial.

Table 14. Low potency statin in combination with ezetimibe as compared to high potency statin monotherapy among patients with CHD: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
HDL-c	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient

CHD = coronary heart disease; HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable;

Table 15. Mid potency statin in combination with ezetimibe as compared to high potency statin monotherapy among patients with CHD: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	3 ^a (539)	Low	Direct	NA	Imprecise	Not detected None	No mortality in any arm.	Insufficient
Acute Coronary Events	1 (49)	High	Direct	NA	Imprecise	Not detected None	Fatal MI in the combination arm.	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	3 (632)	Low	Direct	Inconsistent [2 favored mono, 1 favored combo]	Imprecise [does not meet OIS of 1864]	Not detected None	Two studies favored monotherapy; one favored combination therapy.	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	12 ^a (1233)	Low	Indirect [LDL calculated not directly measured in all trials]	Consistent [most but not all favored combo]	Imprecise	Not detected None	In nine comparisons, combination therapy lowered LDL more than monotherapy (difference 5 percent to 15 percent)	Moderate
HDL-c	11 ^a (1233)	Low	Direct [HDL directly measured]	Inconsistent [Mixed results – most neutral]	Imprecise	Not detected None	Most studies were neutral (difference 0.1 percent to 5.6%, NS)	Low

CHD = coronary heart disease; LDL = low-density lipoprotein; HDL = high-density lipoprotein; NA = not applicable

^aMissing N in at least one trial.

Table 16. Low potency statin in combination with ezetimibe as compared to mid potency statin monotherapy among patients with CHD: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
HDL-c	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient

CHD = coronary heart disease; HDL= high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Table 17. Low potency statin in combination with ezetimibe as compared to high potency statin monotherapy among patients with DM: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	1 (21)	Low	Indirect [LDL calculated]	NA	Imprecise	Not detected None	Monotherapy therapy lowered LDL-c 2 percent more than combination therapy.	Insufficient
HDL-c	1 (21)	Low	Direct [HDL calculated directly]	NA	Imprecise	Not detected None	Combination therapy resulted in no change in HDL-c; however, monotherapy lowered HDL-c by 6 percent.	Insufficient

DM = diabetes mellitus; HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Table 18. Mid potency statin in combination with ezetimibe as compared to high potency statin monotherapy among patients with DM: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	2 (806)	Low	Direct	Consistent [favored combo]	Imprecise	Not detected None	Two arms favored combination therapy, with 0.4 percent deaths in the monotherapy arm compared with 0 deaths in the combination arm and 0.5 percent deaths in the monotherapy arm compared with 0 deaths in the combination arm.	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	5 (1641)	Low	Direct	Inconsistent	Precise [meets OIS of 1208]	Not detected None	In four comparisons, there were more SAEs in the combo therapy group (difference 0.02% to 3.9%). In one comparison, there were more SAEs in the monotherapy group (difference 1.8%). One study reported no SAEs in either arm.	Insufficient

Table 18. Mid potency statin in combination with ezetimibe as compared to high potency statin monotherapy among patients with DM: strength of evidence (continued)

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Surrogate Clinical Outcomes</i>								
LDL-c	8 ^a (1807)	Low [< 1/2 trials low quality]	Indirect [LDL not directly measured in all trials]	Consistent [All trials favor high potency statin monotherapy]	Precise	Not detected None	In all studies, combination therapy lowered LDL more than monotherapy (difference 2.7 percent to 20.5 percent).	Moderate
HDL-c	5 (1578)	Low	Direct [HDL calculated directly]	Consistent [favor mono therapy or neutral]	Imprecise	Not detected None	In three studies, combination therapy increased HDL-c more than monotherapy (difference 1.8 percent to 5.7 percent)	Moderate

DM = diabetes mellitus; HDL= high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

^aMissing N in at least one trial.

Table 19. Low potency statin in combination with ezetimibe as compared to mid potency statin monotherapy among patients with DM: strength of evidence

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	1 (24)	High	NR [not recorded if LDL was measured or calculated]	NA	Imprecise	Not detected None	Combination therapy lowered LDL-c 10% more than monotherapy.	Insufficient
HDL-c	1 (24)	Low	Direct [HDL calculated directly]	NA	Imprecise	Not detected None	Combination therapy increased HDL-c by 1% more than monotherapy.	Insufficient

DM = diabetes mellitus; HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Combined Lipid-Modifying Therapy With Statin and Fibrate Versus Intensification of Statin Monotherapy

Study Characteristics

We included 4 RCTs (1,341 participants in eligible arms) that compared fibrate plus statin to intensification of statin monotherapy.^{70,110,111,123} All trials were parallel arm RCTs. One study was a multicenter trials conducted in North America.¹¹⁰ Two studies occurred in Europe, one was multicenter¹²³ and the other single center.⁷⁰ The final study was a single center trial in Asia.¹¹¹ The treatment duration ranged from 12 to 52 weeks. Two trials included general populations of patients with hyperlipidemia.^{70,110} One study included only patients with recent ACS requiring percutaneous inventions, which was one of our subgroups of interest.¹¹¹ Another study included only patients with type 2 diabetes with no known coronary artery disease, which was also one of our subgroups of interest.¹²³ Three trials compared high potency statin monotherapy to mid potency statin in combination therapy.^{70,110,111} One trial also allowed comparisons of high potency statin monotherapy to low potency statin in combination with fibrate.⁷⁰ One study compared mid potency statin monotherapy to low potency statin in combination therapy among patients with diabetes¹²³ (Appendix E Evidence Tables).

Population Characteristics

The average participant was in their 50s for all trials. The proportion of female participants varied across trials, ranging from 4 percent to 55 percent. Race, smoking status, prior cardiovascular disease, revascularization events, and diabetes were not consistently reported across trials (Appendix E Evidence Tables).

Interventions

Two trials compared mid potency statin in combination with fibrates to high potency statin monotherapy in general populations.^{70,110} Both used simvastatin. One study compared low potency statin in combination with fibrates to high potency statin monotherapy, and used pravastatin.⁷⁰ One study compared mid potency statin in combination with fibrates to high potency statin among patients with preexisting CHD, and used atorvastatin and simvastatin.¹¹¹ One study compared low potency statin in combination with fibrates to mid potency statin monotherapy among diabetics,¹²³ and used simvastatin. The trials used fenofibric acid, fenofibrate, gemfibrozil, or ciprofibrate in the combination arms.

Outcomes

Key Points

- **Long-Term Benefits**
 - Insufficient evidence for all potency comparisons.
- **Serious Adverse Events**
 - Insufficient evidence for all potency comparisons.
- **Surrogate Outcomes**
 - There is insufficient evidence to evaluate LDL-c or HDL-c effects of any statin potency.

- **Short-Term Side Effects**
 - Insufficient evidence for all potency comparisons.
- **Adherence**
 - Insufficient evidence for all potency comparisons.
- **Subgroups**
 - Insufficient evidence for all potency comparisons.

Long-Term Benefits and Serious Adverse Events (KQ1)

No studies reported on the comparative effectiveness of fibrate plus statin on long-term benefits as compared to intensification of statin monotherapy among adults regardless of statin potency. We graded the strength of evidence for mortality, acute coronary events, revascularization procedures, and serious adverse events as insufficient.

Surrogate Outcomes, Short-Term Side Effects and Adherence (KQ2)

All included RCTs evaluated surrogate outcomes including LDL -c and HDL-c. In a few RCTs, LDL-c goal attainment, total cholesterol:HDL ratio, medication adherence and adverse events including withdrawal, elevated liver transaminases elevated creatinine phosphokinase, rhabdomyolysis, myalgia, and new diagnosis of acute kidney injury were evaluated. We identified no studies that compared low potency statin in combination with fibrate to mid potency statin monotherapy. We identified no eligible non-randomized extensions of RCTs or FDA reports.

LDL-c

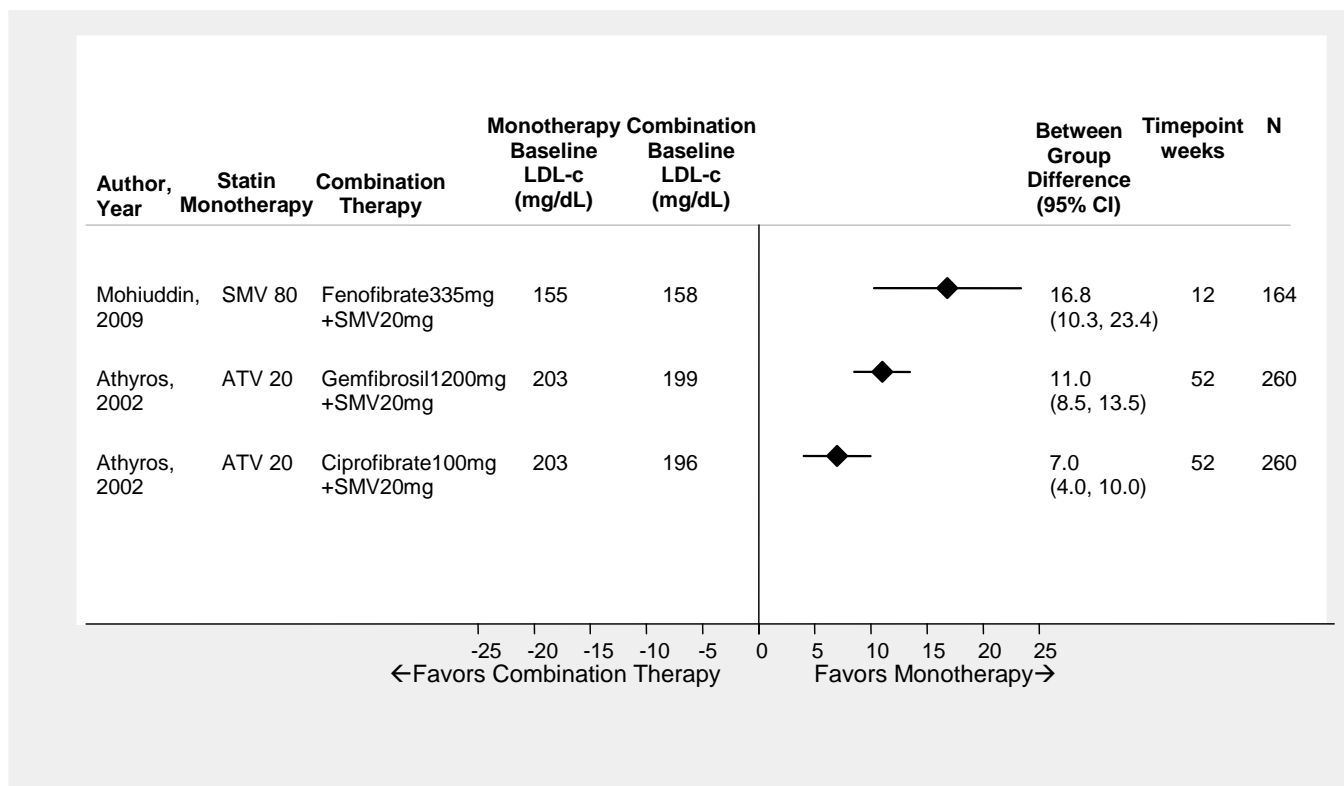
Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported mean percent change in LDL-c.⁷⁰ At 12 months, monotherapy lowered LDL-c 6 percent and 11 percent more than the two combination arms. This trial also reported LDL-c goal attainment, which similarly favored monotherapy (32 percent and 45 percent more patients in monotherapy arm). We graded the strength of evidence as insufficient. (Table 20).

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Overall, two trials reported mean percent change in LDL-c.^{70,110,127} Monotherapy lowered LDL-c 7 percent to 17 percent more than combination therapy.^{70,110} These differences were statistically significant in both trials. Duration of these trials ranged from 12 weeks to 12 months. One trial also reported the proportion of patients achieving LDL-c target and favored monotherapy.⁷⁰ The results of all comparisons favored high potency statin monotherapy for lowering LDL-c (Figure 13). We graded the strength of evidence as insufficient given the paucity of studies (Table 21).

Figure 13. Mean difference in percent LDL change from baseline to time point comparing mid potency combination therapy with fibrates to high potency statin monotherapy



ATV = atorvastatin; NR = not reported; RSV = rosuvastatin; SMV = simvastatin
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

HDL-c

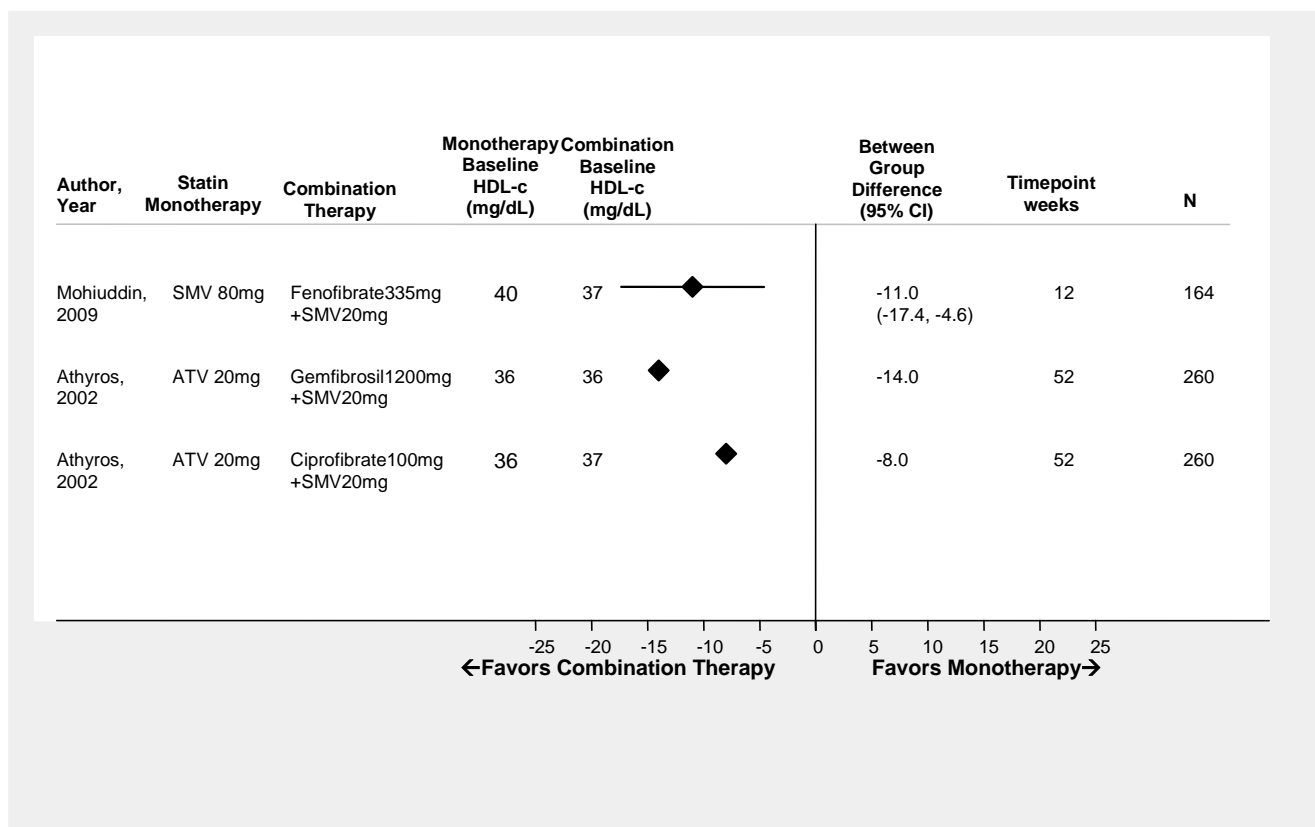
Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported mean percent change in HDL-c.⁷⁰ At 12 months, combination therapy was more effective at increasing HDL-c than monotherapy (difference 9% and 11% favoring combination therapy arms). We graded the strength of evidence as insufficient (Table 20).

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported mean percent change in HDL-c.^{70,110} Combination therapy raised HDL-c 8 percent to 14 percent more than monotherapy (Figure 14). Duration of trials ranged from 12 weeks to 12 months. We graded the strength of evidence as insufficient (Table 21).

Figure 14. Mean difference in percent HDL change from baseline to time point comparing mid potency combination therapy with fibrates to high potency statin monotherapy



ATV = atorvastatin; NR = not reported; RSV = rosuvastatin; SMV = simvastatin
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Total Cholesterol:HDL Ratio

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported mean percent change in total cholesterol:HDL ratio.⁷⁰ The monotherapy arm decreased total cholesterol:HDL by 0 percent to 4 percent more than combination therapy. There was no statistically significant between group differences.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported mean percent change in total cholesterol:HDL ratio.⁷⁰ Combination significantly lowered total cholesterol:HDL by 2 percent more than monotherapy at 12 months, which was a statistically significant difference.⁷⁰

Adherence

No studies reported on adherence.

Any Adverse Events

No studies reported on occurrence of at least one adverse event.

Withdrawal Due to Adverse Events

No studies reported on withdrawals due to an adverse event.

Cancer

No studies reported on cancer.

Elevated Liver Transaminases

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on elevated liver transaminases (AST and/or ALT greater than 3 times ULN).⁷⁰ At 12 months, no cases of elevated liver transaminases were found in the monotherapy arm, while 1 case found in a combination arm.⁷⁰

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported on elevated liver transaminases (AST and/or ALT greater than 3 times ULN).^{70,110} Overall, few cases of elevated liver transaminases occurred. One trial had one case in the monotherapy arm, while none were reported in the combination arm.¹¹⁰ At 12 months, the other trial reported no cases of elevated liver transaminases in the monotherapy arm, while 3 cases were found in each of the two combination therapy arms.⁷⁰

Musculoskeletal Adverse Events

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on elevations of CPK greater than 3 times the upper limit of normal.⁷⁰ At 12 months, there were no reported cases in the monotherapy arm and one case was identified in one of low potency statin in combination therapy arms.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on elevations of CPK greater than 10 times the upper limit of normal.¹¹⁰ At 12 weeks, there were 2 cases in the combination arm and none in monotherapy arm. Another

trial reported elevations of CPK greater than 3 times the upper limit of normal. There were no cases in the monotherapy arm and 1 case in one of two combination therapy arms at 12 months.⁷⁰

One trial reported on occurrences of myalgia.¹¹⁰ In this trial, 5 percent of participants had myalgia in the both monotherapy arms and 4 percent of participants had myalgia in the combination arm.¹¹⁰ This study also reported on the occurrence of rhabdomyolysis, of which there were no cases identified in either arm during follow up.¹¹⁰

New Onset Diabetes Mellitus

No studies reported on new onset diabetes.

Acute Kidney Injury

Low Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported on acute kidney injury for this comparison.

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on the occurrence of elevated creatinine.¹¹⁰ No cases occurred in the monotherapy arms and 4 cases occurred in the combination therapy arm (3.4%).

Subgroups of Patients (KQ 3)

We identified two trials that occurred exclusively among two of our a priori defined subgroups of interest: patients with preexisting CHD¹¹¹ and patients with diabetes mellitus.¹²³

Patients With Preexisting Coronary Heart Disease

One parallel arm RCT (102 eligible participants) compared high potency statin to mid potency statin in combination with fibrate among patients with preexisting CHD.¹¹¹ The study did not report on the comparative effectiveness of fibrate plus statin on long-term benefits as compared to intensification of statin monotherapy for clinical outcomes including mortality, acute coronary events, and revascularization procedures, nor serious adverse events. Given the paucity of studies, we graded the strength of evidence for all outcomes as insufficient (Table 22).

LDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. One trial reported on mean percent change in LDL-c among patients with preexisting CHD.¹¹¹ Monotherapy lowered LDL-c by 1 percent to 14 percent more than combination therapy. We graded the strength of evidence as insufficient.

HDL-c

Mid potency statin combination therapy versus high potency statin monotherapy. One trial reported on mean percent change in HDL-c among patients with preexisting CHD.¹¹¹ Combination therapy with atorvastatin raised HDL-c by 4 percent to 24 percent more than monotherapy. Combination therapy with simvastatin raised HDL-c 16 percent more than atorvastatin monotherapy; however, simvastatin monotherapy produced a 3 percent greater increase in HDL-c as compared to this combination. We graded the strength of evidence as insufficient.

Total Cholesterol: HDL-c Ratio

Mid potency statin combination therapy versus high potency statin monotherapy. One trial reported on mean percent change in total cholesterol:HDL-c ratio among patients with preexisting CHD.¹¹¹ At 12 weeks, total cholesterol:HDL-c decreased by 14 percent in the atorvastatin monotherapy arm and by 17 percent in simvastatin monotherapy arm. In the two combination therapy arms, total cholesterol:HDL-c decreased by 23 percent (combination with mid potency atorvastatin) and 16 percent (combination with mid potency simvastatin).¹¹¹

Elevated Liver Transaminases

Mid potency statin combination therapy versus high potency statin monotherapy. One trial reported on occurrence of elevated liver transaminases among patients with preexisting CHD.¹¹¹ At 12 weeks, there was no significant elevations of AST and/or ALT greater than 3 times the upper limit of normal found in any arm.

Adverse Musculoskeletal Events

Mid potency statin combination therapy versus high potency statin monotherapy. One trial reported on myalgia among patients with preexisting CHD.¹¹¹ At 12 weeks, there were no reported cases on myalgia in the atorvastatin monotherapy arm and 2 cases in simvastatin monotherapy arm. There were no cases in either mid potency statin combination therapy arms.

Patients With Diabetes Mellitus

One parallel arm RCT (291 eligible participants) compared mid potency statin to low potency statin in combination with fibrate.¹²³ The study did not report on the comparative effectiveness of fibrate plus statin on long-term benefits as compared to intensification of statin monotherapy for mortality or revascularization procedures. Given the paucity of studies, we graded the strength of evidence for all outcomes as insufficient (Table 23).

Acute Coronary Events

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported on acute coronary events among patients with DM.¹²³ At 24 weeks, no cases of MI occurred in the monotherapy arm and one MI occurred in combination therapy arm.

Cerebrovascular Disease

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported on cerebrovascular events among patients with DM.¹²³ At 24 weeks, one TIA occurred in the monotherapy arm and no events in the combination therapy arm.

Serious Adverse Events

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported on serious adverse events among patients with DM.¹²³ At 24 weeks, one serious adverse event in each arm (1% of patients).

LDL-c

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the mean percent LDL-c change among patients with DM.¹²³ Monotherapy decreased LDL-c 2 percent more than combination therapy, which was not a significant between group differences. This trial also reported proportion of patient that achieve an LDL-c <100 mg/dL. Interestingly, 6 percent more patients in the combination arm attained this LDL-c goal as compared to the monotherapy group at 12 weeks followup.

HDL-c

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the mean percent HDL-c change among patients with DM.¹²³ Combination therapy significantly raised HDL-c 4 percent more than the monotherapy arm.

Non-HDL-c

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the mean percent non-HDL-c change among patients with DM.¹²³ Combination therapy decreased non-HDL-c 6 percent more than monotherapy.

Triglycerides

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the mean percent change in triglycerides among patients with DM.¹²³ Combination therapy lowered triglycerides 31 percent more than monotherapy at 12 weeks.

Adherence

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported on adherence among patients with DM.¹²³ At 12 weeks, the trial reported 98 percent treatment adherence in the mid potency statin monotherapy arm and 99 percent treatment adherence in the low potency statin combination arm. In this trial, adherence to medication was defined >80 percent compliance.¹²³

Any Adverse Event

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the occurrence of at least one adverse event among patients with DM.¹²³ At 12 weeks, the trial reported 15 percent of participants in the monotherapy arm and 17 percent in the combination therapy arm had at least one adverse event.

Musculoskeletal Adverse Events

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported on the occurrence of CPK elevations among patients with DM.¹²³ There were no cases of CPK elevations >10 times ULN in either arm.

Acute Kidney Injury

Low potency statin combination therapy versus mid potency statin monotherapy. One trial reported the occurrence of acute kidney injury among patients with DM.¹²³ There were no cases in either arm.

Table 20. Low potency statin in combination with fibrate as compared to high potency statin monotherapy in general populations: strength of evidence domains and summary of key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	1 (396)	Low [Jadad score 3]	Indirect [Calculated]	NA	Precise	None detected None	High potency statin monotherapy lowered LDL-c 6-11% more than combination arms at 12 months.	Insufficient
HDL-c	1 (396)	Low [Jadad score 3]	Direct [Measured]	NA	Precise	None detected None	Low potency combination therapy raises HDL-c by 9-11% more than high potency statin monotherapy at 12 months.	Insufficient

NA = not applicable

Table 21. Mid potency statin in combination with fibrate as compared to high potency statin monotherapy in general populations: strength of evidence domains and summary of key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	2 (683)	Moderate [Jadad<3 in 1 trial]	Direct	Consistent [Comparisons favor monotherapy]	Precise	None detected None	High potency statin monotherapy lowers LDL-c by 7% to 17% more than combination therapy.	Insufficient
HDL-c	2 (683)	Moderate [Jadad<3 in 1 trial]	Direct	Consistent [Comparisons favor combination therapy]	Precise	None detected None	Combination therapy raises HDL-c 8% to 14% more than high potency statin monotherapy.	Insufficient

NA = not applicable

Table 22. Mid potency statin in combination with fibrate as compared to high potency statin monotherapy among patients with CHD: strength of evidence domains and summary of key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	N/A	N/A	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	1 (102)	High [Jadad<3]	Direct [Measured]	N/A	Imprecise	None detected None	Monotherapy lowered LDL-c by 1% to 14% percent more than combination therapy	Insufficient
HDL-c	1 (102)	High [Jadad<3]	Direct [Measured]	N/A	Imprecise	None detected None	Combination therapy raised HDL-c by 4% to 24% more than atorvastatin monotherapy	Insufficient

CHD = coronary heart disease; NA = not applicable

Table 23. Low potency statin in combination with fibrates as compared to mid potency statin monotherapy among patients with diabetes mellitus: strength of evidence domains and summary of key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	1 (291)	Low	Direct	NA	Imprecise	None detected None	No reported deaths in both arms	Insufficient
Acute Coronary Events	1 (291)	Low	Direct	NA	Imprecise	None detected None	No difference between groups	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	1 (291)	Low	Direct	NA	Precise	None detected None	No difference between groups	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	1 (291)	Low	Direct	N/A	Precise	None detected None	Monotherapy decreased LDL-c 2% more than combination therapy	Insufficient
HDL-c	1 (291)	Low	Direct	N/A	Precise	None detected None	Combination therapy significantly raised HDL-c 4 % more than monotherapy	Insufficient

NA = not applicable

Combined Lipid-Modifying Therapy With Statin and Niacin Versus Intensification of Statin Monotherapy

Study Characteristics

We included five trials (612 participants in eligible arms) that compared niacin plus statin to intensification of statin monotherapy. All trials were parallel arm randomized controlled trials that took place in North America.^{81,95,119-121} All trials were multicenter, except for one single center trial.¹¹⁹ Eligibility criteria were similar across all trials. All trials included a dietary run in, followed by treatment ranging from 6 weeks to 52 weeks in duration. Two trials compared mid potency statin in combination therapy to high potency statin monotherapy.^{81,95} The other three trials compared low potency statin in combination therapy to mid potency statin monotherapy¹¹⁹⁻¹²¹ (Appendix E Evidence Tables).

Population Characteristics

In four trials,^{90,95,119-121} the average participant was in their 50s with the mean age ranging from 49-61 years. In the other trial, the study's average participant was in their 70s.⁸¹ Female participants varied between trials and ranged from 21 to 79 percent in each arm. Race was reported in most trials, and the majority of participants were white (range 61 to 96 percent of participants in included arms). The arms in one trial differed significantly by race.⁸¹ Smoking status, prior cardiovascular disease, revascularization events, and diabetes were not consistently reported across trials. When reported, no significant between group differences existed in the trials^{95,119,120} (Appendix E Evidence Tables).

Interventions

Two trials compared mid potency statin in combination with extended release niacin to high potency statin monotherapy.^{81,95} These monotherapy arms used atorvastatin, and simvastatin, and the combination arms used lovastatin or simvastatin. Three trials compared mid potency statin monotherapy to low potency statin in combination with niacin.¹¹⁹⁻¹²¹ All these trials used lovastatin as the statin in both the monotherapy and combination therapy arms. Across all trials, patients had their dose of niacin titrated up over the study period with the final doses ranging from 1g to 2.5g.

Outcomes

Key Points

- **Long-Term Benefits**
 - Insufficient evidence for all potency comparisons.
- **Serious Adverse Events**
 - Insufficient evidence for all potency comparisons.
- **Surrogate Outcomes**
 - There is insufficient evidence to compare combined lipid-modifying therapy with niacin and statin to intensification of statin monotherapy on lowering LDL-c, regardless of statin potency

- A low potency statin monotherapy with niacin is more effective than mid potency statin monotherapy for raising HDL-c (SOE: moderate). There is insufficient evidence within other potency comparisons.
- **Adherence**
 - Insufficient evidence for all potency comparisons.
- **Short-Term Side Effects**
 - There is insufficient evidence to compare the rates of adverse events for any statin potency comparisons.
 - The evidence suggests that there is no difference in the rates of elevated liver transaminases between combined lipid-modifying therapy with niacin and mid potency statin to high potency statin monotherapy. There is insufficient evidence within other potency comparisons.
 - There is insufficient evidence to compare the rates of adverse musculoskeletal events for any statin potency comparisons.
- **Subgroups**
 - Insufficient evidence for all potency comparisons.

Long-Term Benefits and Serious Adverse Events (KQ 1)

Few studies reported on the comparative effectiveness of niacin plus statin on long-term benefits as compared to intensification of statin monotherapy among adults. We graded the strength of evidence for mortality, acute coronary events, revascularization procedures, and serious adverse events as insufficient (Table 24). We identified no studies that compared low potency statin combination therapy to high potency statin monotherapy.

Mortality

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported deaths.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One study reported the number of deaths during the trial.¹²⁰ There was one death in both the mid potency statin monotherapy arm and the low potency statin combination arm; both were considered vascular deaths.

Acute Coronary Events

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One study evaluated counts of ACS events during the 12-month study period.⁸¹ One ACS event occurred in the monotherapy arm, while there were no events in the combination therapy arm. There was no between group difference reported.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

No studies reported on acute coronary events.

Cerebrovascular Disease

No studies reported on cerebrovascular events.

Revascularization Procedures

No studies reported on revascularization procedures.

Serious Adverse Events

No studies reported on serious adverse events.

Surrogate Outcomes, Short-Term Side Effects and Adherence (KQ 2)

All included RCTs evaluated surrogate outcomes including LDL-c and HDL-c. In several RCTs, medication adherence and short-term side effects were evaluated including elevated liver transaminases and elevated creatinine phosphokinase. We identified no studies that compared high potency statin monotherapy to low potency statin combination therapy. We identified no eligible non-randomized extensions of RCTs or FDA reports.

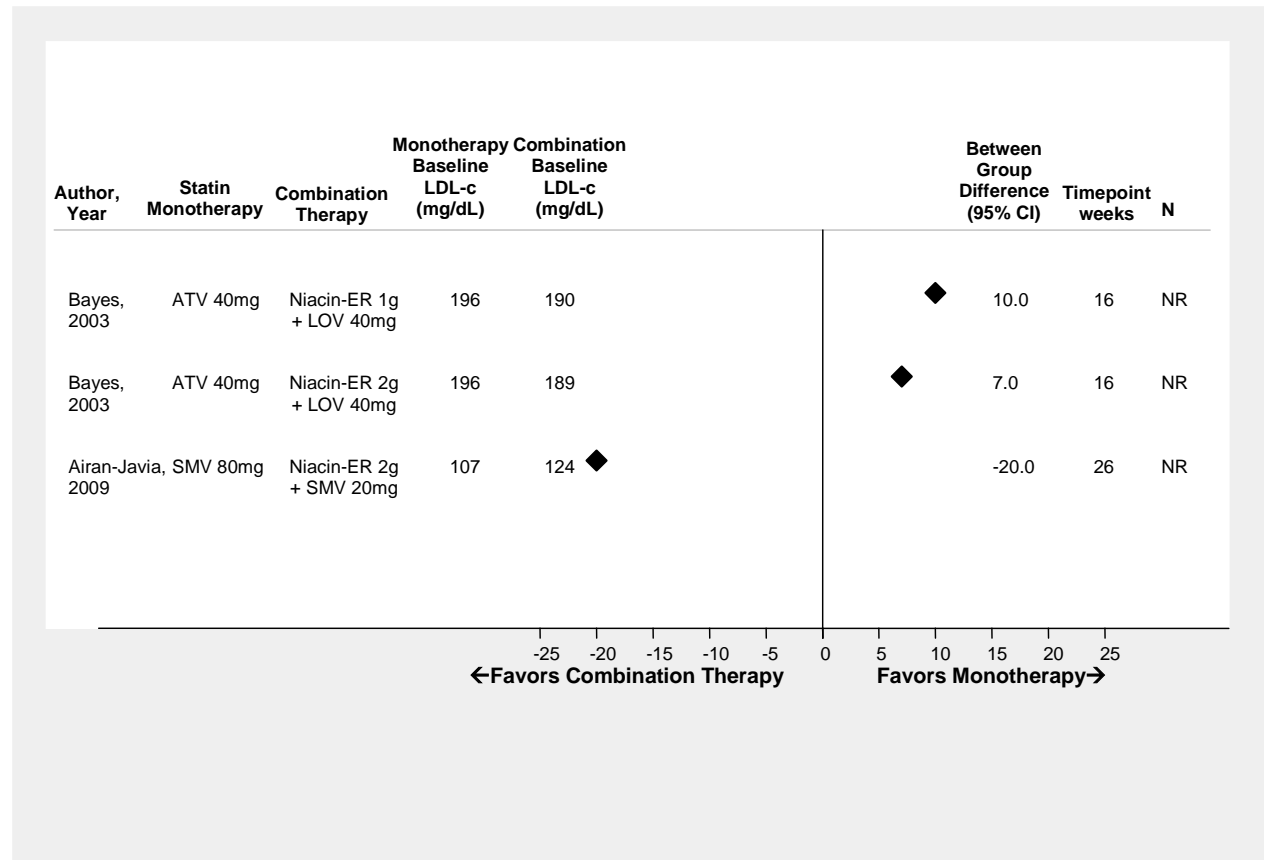
LDL-c

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported mean percent change in LDL-c (3 comparisons).^{81,95} In one trial, one comparison favored monotherapy for lowering LDL-c (1 percent to 12 percent greater decrease) as compared to combination therapy.⁹⁵ In one trial, one comparison found no difference between monotherapy and combination therapy for lowering LDL-c.⁹⁵ Finally, two comparisons reported in two trials favored combination therapy for lowering LDL-c (3 percent to 22 percent greater decrease) as compared to monotherapy.^{81,95}

The results did not favor either high potency statin monotherapy or mid potency statin in combination with niacin for lowering LDL-c (Figure 15). One trial strongly favored combination therapy,⁸¹ and differed from the other trial in several ways. First, patients had to have hyperlipidemia and at least 30 percent carotid stenosis on ultrasound to be included, whereas all other trials recruited patients based only on have hyperlipidemia. Second, the baseline LDL values in this trial were much lower than the other trial, as there was no washout of prior lipid-lowering medications. Finally, the baseline LDL value in the monotherapy arm was lower (median 107 mg/dL) than the combination therapy arm (124mg/dL). All three of these factors may explain the different results in this trial. We graded the strength of evidence as insufficient (Table 24).

Figure 15. Mean difference in percent LDL change from baseline to time point comparing mid potency combination therapy with niacin to high potency monotherapy



ATV = atorvastatin; ER = extended release; LOV = Lovastatin; NR = not reported; RSV = rosuvastatin; SMV = simvastatin
Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Three trials reported mean percent LDL-c change.¹¹⁹⁻¹²¹ Overall, the effects on LDL-c were variable. At 6 weeks,¹¹⁹ one trial found that both the statin monotherapy arm and combination arm reduced LDL-c by 8 percent. At 20 weeks,¹²¹ another trial found that the two combination arms each reduced LDL-c 12 percent more than the statin monotherapy arm. At 28 weeks, the final trial found that monotherapy decreased LDL-c 4 percent more than combination therapy.¹²⁰

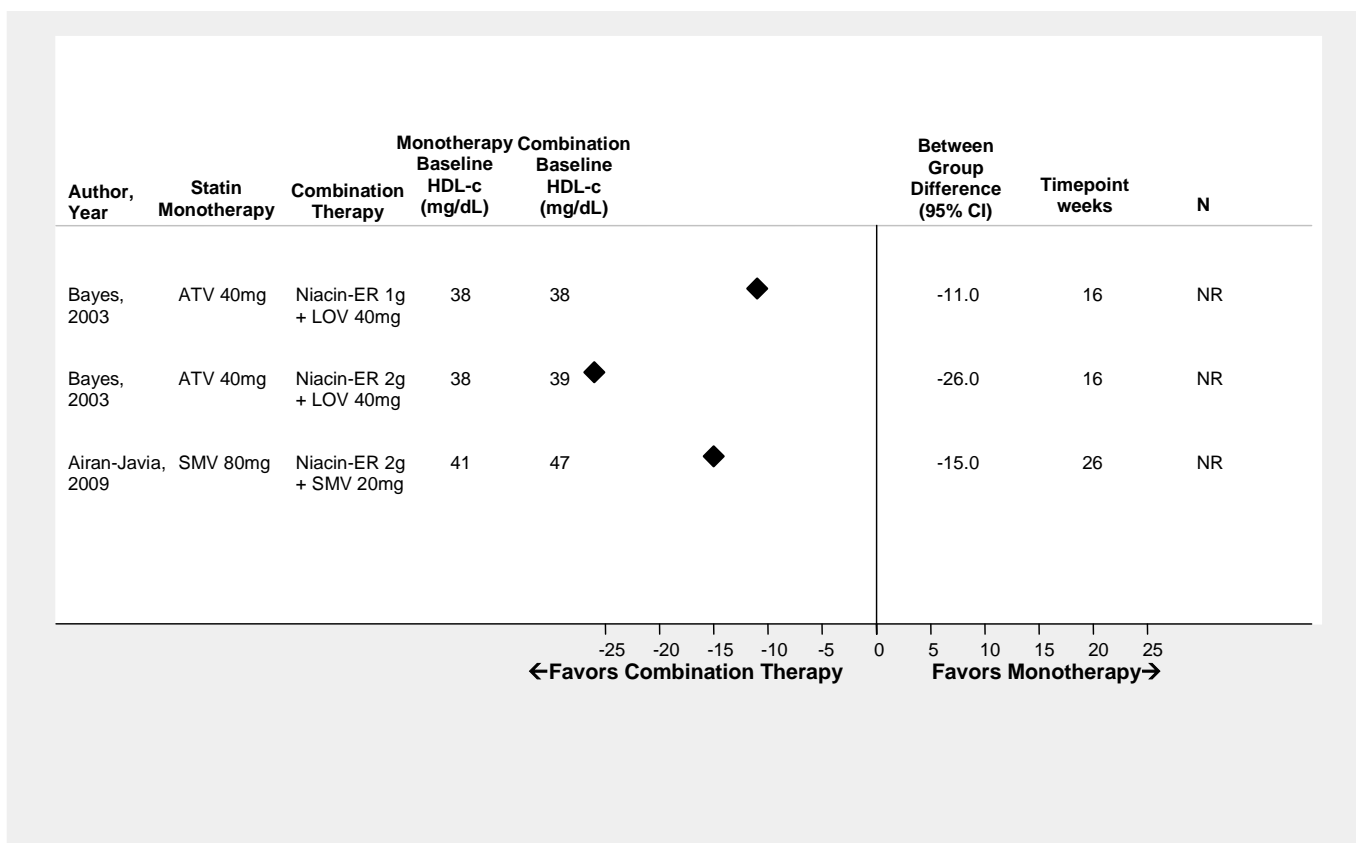
The results did not favor either mid potency statin monotherapy or low potency statin in combination with niacin for lowering LDL-c. In one trial that favored combination therapy,¹²¹ investigators used higher doses of niacin-ER (2.5g) than the other trial that favored statin monotherapy (niacin-ER 1g).¹²⁰ This difference in niacin dose may explain the difference in LDL effect among these trials. We graded the strength of evidence as insufficient (Table 25). While three trials reported on this comparison, only one of the trials reported or provided sufficient information for us to calculate SE for the LDL-c difference in differences. Therefore, we did not perform meta-analysis.

HDL-c

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported mean percent change in HDL-c.^{81,95} Both trials favored combination therapy in raising HDL-c (10 percent to 26 percent greater increase) as compared to monotherapy (Figure 16). Treatment duration ranged from 8 weeks to 12 months. We graded the strength of evidence as insufficient, given the paucity of studies.

Figure 16. Mean difference in percent HDL change from baseline to time point comparing mid potency combination therapy with niacin to high potency statin monotherapy



ATV = atorvastatin; ER = extended-release; NR = not reported; RSV = rosuvastatin; SMV = simvastatin

Note: For diamonds without confidence intervals, SE/SD could not be calculated.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Three trials reported mean percent change in HDL-c.¹¹⁹⁻¹²¹ All trials favored combination therapy in raising HDL-c (15 percent to 27 percent greater increase) as compared to monotherapy. We graded the strength of evidence as moderate (Table 23). While three trials reported on this comparison, only one of the trials reported or provided sufficient information for us to calculate SE for the HDL-c difference in differences. Therefore, we did not perform meta-analysis.

Total Cholesterol: HDL

No studies reported mean percent change in total cholesterol:HDL ratio.

Atherosclerosis

No studies reported on atherosclerosis.

Adherence

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on treatment adherence.^{95,128} Adherence was ≥ 94 percent in all arms at 16 weeks.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One trial reported on treatment adherence.¹²¹ Adherence to medications was 96 percent in both arms at 20 weeks.

Any Adverse Event

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported on the occurrence of at least one adverse event for this comparison.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One trial reported the number of participants who experienced at least one adverse event.¹²¹ In the statin monotherapy arm, 52 percent of participants had at least one adverse event, while 44 percent in one combination arm (N-ER 2.5g + LOV 10mg) and 62 percent in the other combination arm (N-ER 2.5g + LOV 20mg) had at least one adverse event during the 20-week study period. Calculated p-values for these comparisons were not significant.

Withdrawal Due to Adverse Events

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies reported withdrawals due to adverse events.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One trial reported the number of participants who withdrew from the study due to an adverse event.¹²⁰ At 28 weeks, 19 percent of participants in the mid potency statin monotherapy arm and 10 percent in the low potency statin combination arm withdrew due to an adverse event, which was not significantly different.

Cancer

No studies reported on cancer.

Elevated Liver Transaminases

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

Two trials reported on significant elevations in AST and/or ALT.^{81,95,128} There were no reported cases of elevated AST and/or ALT greater than 3 times the ULN in one trial.^{95,128} The other trial reported that 1 participant experienced liver transaminase elevations in the high potency statin monotherapy arm and no cases in the mid potency statin combination arm.⁸¹

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Two trials reported on significant elevations in AST and/or ALT.^{120,121} There were two cases of elevated AST and/or ALT greater than 3 times the ULN at 20 weeks in one trial, one in each combination arm (N-ER 2.5g + LOV 10mg and N-ER 2.5g + LOV 20mg).¹²¹ While there was one case of elevated AST and/or ALT greater than 3 times the ULN in the statin monotherapy arm at 28 weeks in the other trial.¹²⁰

Adverse Musculoskeletal Events

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

One trial reported on occurrences of myalgia.⁸¹ There were 2 cases of muscle cramping in the high potency statin monotherapy arm and no cases in the mid potency combination arm.⁸¹

One trial reported on elevations of CPK.⁹⁵ No cases of CPK elevations greater than 5 times the upper limit of normal were identified at 16 weeks.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

One trial reported on occurrences of myalgia.¹²⁰ At 28 weeks, 7 percent of participants in the monotherapy arm and 4 percent in the combination arm reported muscle aches.

Two trials reported on elevations of CPK.^{120,121} One trial reported on CPK elevations greater than 3 times the ULN at 20 weeks,¹²¹ while the other reported on CPK elevations greater than 10 times the ULN at 28 weeks.¹²⁰ No cases of CPK elevations were identified in either trial.

New Onset Diabetes Mellitus

Mid Potency Statin Combination Therapy Versus High Potency Statin Monotherapy

No studies compared any diabetes-related outcomes.

Low Potency Statin Combination Therapy Versus Mid Potency Statin Monotherapy

Two trials reported on hyperglycemia.^{120,121} At 20 weeks, there were no cases of hyperglycemia in the statin monotherapy arm, while 6 percent and 3 percent of patients in the combination therapy arms (N-ER 2.5g + LOV 10mg and N-ER 2.5g + LOV 20mg, respectively) experienced hyperglycemia.¹²¹ In the other trial, 7 percent of monotherapy arm participants and 4 percent of combination arm participants had fasting glucose elevated greater than 1.3 times the ULN at 28 weeks.¹²⁰

Acute Kidney Injury

No studies reported on acute kidney injury.

Subgroups of Patients (KQ 3)

No studies reported on the comparative effectiveness of niacin plus statin on benefits or harms as compared to intensification of statin monotherapy among subgroups.

Table 24. Mid potency statin in combination with niacin as compared to high potency statin monotherapy in general populations: strength of evidence domains and key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
<i>Long-Term Benefits and Serious Adverse Events</i>								
Mortality	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Acute Coronary Events	1 (50)	Low [Double blind; low attrition]	Direct	NA	Imprecise	None detected None	One ACS event in the high potency monotherapy arm and no events in the combination arm at 12 months.	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
<i>Surrogate Clinical Outcomes</i>								
LDL-c	2 (365)	Moderate [1 trials with Jadad score<3; 1 trial from 2013 update with low risk of bias]	Indirect [LDL calculated in 1 trials]	Inconsistent [2 comparisons favor statin monotherapy; 2 comparisons favors combination therapy; 1 comparison no difference]	Imprecise	None detected None	Inconsistent effects on LDL-c when comparing combination therapy with niacin and statin to intensification of statin monotherapy.	Insufficient
HDL-c	2 (365)	Moderate [1 trials with Jadad score<3; 1 trial from 2013 update with low risk of bias]	Direct [HDL measured in all trials]	Consistent [All comparisons favor combination therapy]	Imprecise	None detected None	All studies favor mid potency combination therapy by raising HDL-c by 10-26% more than high potency statin monotherapy at 8-26 weeks.	Insufficient

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Table 25. Low potency statin in combination with niacin as compared to mid potency statin monotherapy in general populations: strength of evidence domains and key findings

Outcome	No. Studies (N)	Risk of Bias	Directness	Consistency	Precision	Reporting Bias Other Issues	Findings and Magnitude of Effect	Strength of Evidence
Long-Term Benefits and Serious Adverse Events								
Mortality	1 (118)	Low [Jadad score≥3]	Direct	NA	Imprecise	None detected None	One death in the mid potency statin monotherapy group and one death in the low potency statin in combination with niacin group at 28 weeks.	Insufficient
Acute Coronary Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Revascularization Procedures	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Serious Adverse Events	None	NA	NA	NA	NA	NA NA	No eligible studies	Insufficient
Surrogate Clinical Outcomes								
LDL-c	3 (247)	Low [1 trial with Jadad score<3]	Indirect [LDL calculated in 2 trials]	Inconsistent [1 comparison favors monotherapy; 2 comparisons favor combination therapy; 1 comparison with no difference]	Imprecise	None detected None	Three studies show no consistent effect in LDL-c reduction between mid potency statin monotherapy and low potency statin in combination with niacin at 6-28 weeks.	Insufficient
HDL-c	3 (247)	Low [1 trial with Jadad score<3]	Direct [HDL measured in all trials]	Consistent [All trials favor combination therapy]	Imprecise	None detected None	All studies favor low potency combination therapy by raising HDL-c by 15-27% more than mid potency statin monotherapy at 6-28 weeks.	Moderate

HDL = high-density lipoprotein; LDL = low-density lipoprotein; NA = not applicable

Combined Lipid-Modifying Therapy With Statin and Omega-3 Fatty Acid Versus Intensification of Statin Monotherapy

We identified no relevant studies that included omega-3 fatty acids.

Discussion

Key Findings and Implications

The evidence suggests that some combination therapy regimens may confer benefits with respect to lowering LDL-c including bile acid sequestrants (up to 14 percent greater LDL-c reduction) and ezetimibe (up to 21 percent greater LDL-c reduction). LDL-c is an important factor in the development of atherosclerotic cardiovascular disease and higher levels of LDL-c have been associated with greater risk of this disease.^{7,8} However, there is insufficient evidence to address whether these LDL-c lowering benefits achieved with these medications translate into decreased rates of atherosclerotic cardiovascular disease. Prior trials comparing combination regimens to statin monotherapy such as ENHANCE, AIM-HIGH, and ACCORD-lipid have demonstrated that combination therapy can lead to superior lipid outcomes, but fail to reduce clinical outcomes such as cardiovascular death, MI, revascularization, or stroke.^{47,51,53}

We also found that some combination therapy regimens may confer benefits with respect to raising HDL-c including ezetimibe and niacin (up to 6 percent and up to 27 percent, respectively). In particular, given that only one prior study has demonstrated benefit of pharmacologically raising HDL-c with respect to prevention of CVD events, the potential long-term clinical benefits of these combination regimens with respect to their HDL-c effects is unclear.¹²

The strength of evidence for all observed comparisons in general populations is provided in Table 26 and in subgroups in Table 27. Most trials included in this report were of relatively short duration (<3 months). In this limited timeframe, investigators are unlikely to capture any changes in a chronic condition like atherosclerotic cardiovascular disease, which typically develops and progresses over a number of years. Powering such studies is especially difficult, given that both arms are taking statins which would reduce the baseline incidence of cardiovascular events. Therefore currently it is not possible to draw conclusions about the clinical implications of the surrogate marker changes identified. However, until additional data are available, these results may help healthcare providers tailor lipid-modifying regimens based on individual patient needs and concerns for adverse events.¹²⁹

Table 26. Summary of the strength of evidence for general populations

Therapy	Potency Comparison (combination therapy vs. monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
		Mortality	Acute Coronary Events	Revascularization Procedures		LDL-c	HDL-c
Bile Acid Sequestrant	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 0-14% greater LDL reduction	Insufficient
Ezetimibe	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	LOW Combination therapy favored with 2 to 12% greater LDL reduction	LOW Combination therapy favored with up to 5 to 6% greater increase in HDL
	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 3 to 14% greater LDL reduction	LOW Combination therapy favored with 2 to 6% greater increase in HDL
	Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 3 to 11% greater LDL reduction	LOW Combination therapy favored with 3 to 4% greater increase in HDL

Table 26. Summary of the strength of evidence for general populations (continued)

Therapy	Potency Comparison (combination therapy vs. monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
		Mortality	Acute Coronary Events	Revascularization Procedures		LDL-c	HDL-c
Fibrates	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
Niacin	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 15-27% greater increase in HDL
Omega-3 Fatty Acid	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient

HDL = high-density lipoprotein; LDL = low-density lipoprotein

Note: Comparisons for which there was evidence are shown in bold.

Table 27. Summary of the strength of evidence for subgroups

Subgroup	Combination Agent	Potency Comparison (combination therapy vs. monotherapy)	Clinical Events			Serious Adverse Events	Surrogate Markers	
			Mortality	Acute Coronary Events	Revascularization Procedures	Serious Adverse Events	LDL-c	HDL-c
Preexisting CHD	Ezetimibe	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
		Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 5 to 15% greater LDL reduction	LOW No between group difference in raising HDL
		Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Fibrates	Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
Diabetes	Ezetimibe	Low potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
		Mid potency combination therapy vs high potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	MODERATE Combination therapy favored with 3 to 21% greater LDL reduction	MODERATE Combination therapy favored with 2 to 6% greater increase in HDL
		Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient
	Fibrates	Low potency combination therapy vs mid potency monotherapy	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient	Insufficient

CHD = coronary heart disease; LDL = low-density lipoprotein

Note: Comparisons for which there was evidence are shown in bold.

Evidence

Combination Therapy With Bile Acid Sequestrant and Statin Compared to Intensification of Statin Monotherapy

Six randomized trials (410 participants) were identified. There is insufficient evidence to compare the benefits of combined lipid-modifying therapy with a bile acid sequestrant and statin to intensification of statin monotherapy on long-term clinical outcomes or harms, regardless of statin potency.

The results from four trials comparing low potency statin in combination with a bile acid sequestrant to mid potency statin monotherapy (288 participants) suggest that this combination lowers LDL-c up to 14 percent more than mid potency statin monotherapy (SOE: moderate). Evidence for other potency comparisons and outcomes was insufficient.

Combination Therapy With Ezetimibe and Statin Compared to Intensification of Statin Monotherapy

Forty randomized trials (10,955 participants) were identified. Evidence for all clinical outcomes was insufficient, but there was some evidence that combination therapy may have impact on LDL-c and HDL-c. Results from 13 trials suggest that low potency statin in combination with ezetimibe more effectively lowers LDL-c and raises HDL-c as compared to high potency statin monotherapy among general populations (SOE: low for both). Results from 11 trials suggest that mid potency statin combined with ezetimibe more effectively lowers LDL-c and raises HDL-c as compared to high potency statin monotherapy among general populations (SOE: moderate and low, respectively). Finally, results from six trials suggest that low potency statin in combination with ezetimibe more effectively lowers LDL-c and raises HDL-c as compared to mid potency statin monotherapy (SOE: moderate and low, respectively).

We also identified data on surrogate markers in special populations. Twelve trials among patients with preexisting coronary heart disease favored mid potency statin in combination with ezetimibe for lowering LDL-c as compared to high potency statin monotherapy (SOE: moderate). Four trials among patients with diabetes mellitus also favored mid potency statin plus ezetimibe to a high potency statin monotherapy for lowering LDL-c and raising HDL-c (SOE: moderate for both). Unfortunately, there was insufficient evidence to evaluate harms among the coronary heart disease and diabetes subgroups.

Combination Therapy With Fibrate and Statin Compared to Intensification of Statin Monotherapy

No trials evaluated the benefits of combined lipid-modifying therapy with fibrate and statin to intensification of statin monotherapy on long-term clinical outcomes or serious adverse events, regardless of statin potency. Four randomized trials (1341 participants) assessed surrogate lipid outcomes among different potency comparisons, but provided insufficient evidence to draw conclusions.

Combination Therapy With Niacin and Statin Compared to Intensification of Statin Monotherapy

Five randomized trials (612 participants) were identified. There is insufficient evidence to compare the benefits of combined lipid-modifying therapy with niacin and statin to intensification of statin monotherapy, regardless of statin potency, on long-term clinical outcomes or adverse events, because these endpoints were not reported or the event rates were too low.

Three trials (247 participants) provide insufficient evidence regarding LDL-c, but moderate evidence that combination therapy with niacin and low potency statin raises HDL-c up to 27 percent more than mid potency statin monotherapy (SOE: moderate).

Combination Therapy With Omega-3 Fatty Acid and Statin Compared to Intensification of Statin Monotherapy

No trials were identified that compared a combination of Omega-3 fatty acid with statin to intensification of statin monotherapy; therefore, the strength of evidence is insufficient for all outcomes.

Important Unanswered Questions

Which of the Key Questions Remain Unanswered?

We sought to identify evidence assessing the long-term benefits and serious harms between combination therapy and intensification of statin monotherapy. Unfortunately, we identified only a few studies that reported mortality and serious adverse events with ezetimibe combined with statin as compared to higher potency statin monotherapy. These trials all lasted less than 12 weeks and very few events were reported. We found very limited evidence regarding these long-term benefits and serious harms among other combination therapy comparisons (bile acid sequestrants, fibrates, niacin, and omega-3 fatty acids). Overall, we are unable to conclude whether there are any long-term advantages or serious disadvantages to combination therapy with any agent as compared to intensification of statin monotherapy.

Few studies specifically evaluated high-risk subgroups of interest, which included patients with prior cardiovascular disease or patients with diabetes mellitus. Only comparisons of mid potency statin in combination with ezetimibe to high potency statin monotherapy had sufficient number of trials for evaluation. Among these trials, the strength of evidence is moderate in favor of combination therapy with ezetimibe for lowering LDL-c as compared to statin monotherapy, although we found insufficient evidence with respect to long-term clinical outcomes. Providers could consider combination therapy with ezetimibe as an alternative in diabetic patients who cannot tolerate high or moderate dose statin monotherapy, as recommended by the 2013 cholesterol treatment guidelines.¹³⁰ Given that these guidelines have prioritized patient subgroups including those with preexisting atherosclerotic CVD or diabetes aged 40-75, future studies should consider comparing combination therapy (bile acid sequestrants, fibrates, niacin, omega-3 fatty acids) to intensification of statin monotherapy in these high-risk populations.

Very few studies included only elderly individuals (age > 75), females, blacks, Asians or Hispanics. No studies included only Native Americans. Given the cardiovascular disease disparities identified among Black and Native American populations,⁴ future studies should

consider targeting these populations comparing combination therapy to intensification of statin monotherapy as these populations may be more likely to require an aggressive lipid-modifying regimen.

Add-On Combination Lipid-Modifying Therapy Versus Statin Monotherapy

A related question, which this review does not address, is whether adding on another lipid-modifying agent to same the potency statin therapy improves clinical outcomes. Since 2008, several large studies (ACCORD, AIM-HIGH, HSP-2 THRIVE, ENHANCE) have examined this question. The ACCORD trial was designed to detect differences in non-fatal MI, non-fatal stroke, and CVD death among patients treated with statin alone vs. statin with fenofibrate, and found no reduction in events with combination therapy.⁵¹ Similarly, AIM-HIGH compared CHD death, non-fatal MI, ischemic stroke, hospitalization for ACS, and symptom-driven revascularization among patients treated with statin (+/- ezetimibe) vs. statin (+/- ezetimibe) with niacin.⁴⁷ Again, there was no additional benefit of adding niacin therapy to the background regimen. HSP2-THRIVE, which tested statin alone vs. statin with niacin/laropiprant was stopped early due to increased side effects with niacin/laropiprant. There was no reduction in MI, stroke, or revascularization with combination therapy.¹³¹ A study of the effect of statin vs. statin + ezetimibe on carotid intima media thickness showed no difference between the treatment groups.⁵³ The IMPROVE-IT trial, which has enrolled over 18,000 patients and is expected to be completed in September 2014, will examine the effect of statin vs. statin + ezetimibe on CVD events.^{52,132} The results of IMPROVE-IT may provide the definitive evidence clinicians seek regarding the clinical effects of ezetimibe. As soon as the results from IMPROVE-IT are released, a new systematic review would be warranted that specifically addresses the question of whether add-on combination therapy or statin monotherapy leads to improved clinical outcomes (Table 28).

For the reader's reference, we have summarized systematic reviews on combination therapy versus same dose/potency statin that reported on long-term clinical outcomes and/or harms such as serious adverse events or other short-term harms (Table 29).

Table 28. Summary of trials

Trial, Year	Population	Intervention	Clinical Outcomes	Surrogate Outcomes	Adverse Events
ACCORD, 2010 ⁵¹	Type 2 DM +/- CVD	Fenofibrate + simvastatin 20-40 mg/d vs. simvastatin 20-40 mg/d	Primary outcome: Major CVD events, non fatal MI, non fatal stroke, CVD death Secondary outcome: Death from any cause, fatal or non fatal congestive heart failure	Total cholesterol, LDL, HDL, TG,	CK elevation, muscle symptoms
AIM-HIGH, 2011 ⁴⁷	CVD (34% diabetics)	Niacin + simvastatin 40-80 mg/d (+/- EZE 10 mg if needed) vs. simvastatin 40-80 mg/d (+/- EZE 10 mg if needed)	Primary outcome: Coronary heart disease death Nonfatal myocardial infarction Ischemic stroke Hospitalization for acute coronary syndrome Symptom-driven coronary or cerebral revascularization	LDL, HDL	Adherence, elevated LFL, Myalgia, rhabdomyolysis
ENHANCE, 2008 ⁵³	familial hypercholesterolemia	EZE 10 mg +Simvastatin 80 mg Vs. Simvastatin 80 mg	Primary outcomes: carotid-artery intima-media thickness Secondary outcomes: Regression in the mean carotid-artery intima-media thickness, new plaque formation, , mean maximum carotid artery intima-media thickness, mean measures of intima-media thickness of common carotid, carotid bulb, internal carotid artery and femoral artery	LDL, TG, HDL, total cholesterol	Withdrawal due to adverse events, , elevated LFT, CK,

Table 28. Summary of trials (continued)

Trial, Year	Population	Intervention	Clinical Outcomes	Surrogate Outcomes	Adverse Events
HPS2-THRIVE, 2013 ¹³¹	pre-existing occlusive arterial disease	ER niacin/ laropiprant + simvastatin 40 mg/d (+/- EZE 10 mg if needed) Vs. simvastatin 40 mg/d (+/- EZE 10 mg if needed)	Primary outcomes: major vascular event* (MVE: a composite of non-fatal MI, coronary death, stroke, or arterial revascularization)- Secondary outcome: serious adverse events	LDL, HDL, TGs	elevated LFT, CK, adherence
IMPROVE-IT (results not published yet)	stabilized high-risk acute coronary syndrome (ACS)	Ezetimibe/ Simvastatin combination (10/40) vs. Simvastatin 40 mg	Primary outcomes: CVD death, non fatal coronary events, unstable angina non fatal stroke, PCI or CABG, angina Secondary outcomes: death due to any cause,	Target LDL,	elevated LFT, CK,

CABG = coronary artery bypass graft; CK = creatinine kinase; CVD = cardiovascular disease; DM = diabetes mellitus; EZE = ezetimibe; HDL = high-density lipoprotein; LDL = low-density lipoprotein; LFT = liver function tests; PCI = percutaneous coronary intervention; TG = triglycerides

Table 29. Systematic reviews on combination therapy versus same dose/potency statin

Author, Year	Population	Intervention	Clinical Outcomes	Surrogate Outcomes	Adverse Events
Guo et al, 2012 ¹³³	Combined hyperlipidemia	Statin monotherapy vs. statin (same dose) + fenofibrate	Serious adverse events	NR	Withdrawal due to adverse events, any adverse event, AST/ALT>3xULN, CK>5xULN
Abramson et al, 2011 ¹³⁴	Hypercholesterolemia Subgroup: males, females	Statin monotherapy vs. statin + EZE (some studies have same dose statin, others have doubling in monotherapy)	Mortality, serious AE	LDL, non-HDL-c, TGs, HDL	any adverse event, AST/ALT>3xULN, CK>5xULN, rhabdomyolysis
Mikhailidis et al, 2011 ¹³⁵	Hypercholesterolemia	Statin monotherapy vs. statin + EZE (some studies have same dose statin, others have doubling in monotherapy)	NR	LDL, non-HDL-c, HDL, LDL target, TC to HDL ratio,	Withdrawal due to AE
Sharma et al, 2009 ⁵⁵	Dyslipidemia	Statin monotherapy (high dose) Vs. combination (low dose statin)	Mortality, vascular death, serious AE, Cancer	LDL target, LDL, HDL, carotid intima media thickness	Treatment adherence and harm.
Kashani et al, 2008 ¹³⁶	Hyperlipidemia	Statin monotherapy vs. statin + EZE (some studies have same dose statin, others have doubling in monotherapy)	NR	LDL, HDL, TGs	Myalgia, CK, AST/ALT elevations, rhabdomyolysis, Discontinuations due to adverse events
Mikhailidis et al, 2007 ¹³⁷	Hypercholesterolemia, Subgroup: CHD	Statin monotherapy vs. statin (same dose) + EZE	NR	LDL, non-HDL-c, HDL, TG	CK, AST/ALT elevations

AE = Adverse events; AST = aspartate transaminase; ALT = alanine transaminase; CK = creatinine kinase; CHD = cardiovascular heart disease; DM EZE = ezetimibe; HDL = high-density lipoprotein; LDL = low-density lipoprotein; NR = not reported; TG = triglycerides

Findings in Relationship to What Is Already Known

This report is an update of a 2009 AHRQ Effective Healthcare Program comparative effectiveness review. The prior review found a paucity of evidence to address these same key questions, and the authors concluded that there was insufficient evidence to determine whether any combination therapy held benefit over monotherapy.^{55,56} We based this update on the prior review; however, a few key differences should be noted. We included only studies with patients of moderate or greater CHD risk who may benefit most from combination therapy or intensification of statin monotherapy, while the prior review included all studies regardless of patient CHD risk. We also categorized statin combination therapy and monotherapy according to individual agents LDL-c lowering potency (low, mid, and high), while the prior review dichotomized agents into low-dose and high-dose. We also required there to be a difference in potency category between the combination therapy and monotherapy arms to reflect a real intensification of statin dose in the monotherapy as compared to the combination arm. These three differences influenced the populations that we included, as well as enabled us to standardize the comparisons of therapeutic regimens across different statin agents. As a result, we excluded many trials from this update that were included in the prior review.

We were able to make conclusions regarding several surrogate clinical markers. Many high profile clinical trials comparing combination therapy agents to statin monotherapy have shown that combination therapy can achieve better lipid outcomes. For example, ezetimibe + high potency simvastatin is more effective at lowering LDL-c than high potency simvastatin monotherapy (ENHANCE) and niacin + high potency simvastatin is more effective at raising HDL-c than high potency simvastatin monotherapy (AIM-HIGH).^{47,53} These trials were not included in this review, as they did not meet our potency comparison requirements. In this review, we found moderate strength evidence supporting low potency statin in combination with either bile acid sequestrant or ezetimibe for lowering LDL-c as compared to mid potency statin monotherapy. There is also low strength evidence supporting mid potency statin in combination with ezetimibe for lowering LDL-c as compared to high potency statin monotherapy. Combination therapy with ezetimibe or niacin raised HDL-c, while combination therapy with bile acid sequestrant had no differential effect on HDL-c as compared to statin monotherapy. We could make no conclusions on combination therapy with fibrates or omega-3 fatty acids on these surrogate makers given the few included trials that used these agents.

Applicability

Many trials that met our inclusion criteria were implemented in populations of hyperlipidemic patients, and most were designed to evaluate effects on lipid measures and short-term harms. The results of most trials generalize to patients with hyperlipidemia uncomplicated by other major co-morbid conditions. Interestingly, we identified fewer trials that were conducted among high CHD risk patients such as those with diabetes or preexisting cardiovascular disease. These patients could benefit from improvement in their lipid profiles and are the most likely to be receiving more aggressive lipid-modifying regimens in clinical practice. We only identified adequate numbers of trials comparing mid potency statin in combination with ezetimibe to high potency statin monotherapy in these high-risk populations.

Interventions were similar across studies. It is important to note that many trials employed a medication titration regimen to specify how the doses of each medication should be increased to reach their target. This was especially common among trials with niacin, in order to minimize the

medication side effects (flushing). These schedules may have improved the tolerability of the medications in the trial, and clinicians should be aware that a similar approach might need to be taken in clinical practice.

Implications for Clinical and Policy Decisionmaking

These results may help aid individual decision-making and patient management. Our findings may be most applicable to patients who cannot tolerate high-dose statin therapy. The ACC has already released lipid treatment guidelines for patients with stable ischemic heart disease that recommend fibrate or niacin for patients who cannot tolerate statin therapy. Although the studies in our report did not include statin-intolerant patients, perhaps some patients that can tolerate a lower-dose statin with the addition of either bile acid sequestrant or ezetimibe could better achieve additional LDL-lowering. It is unclear whether fibrates, niacin, or omega-3 fatty acids can also have a beneficial LDL-lowering effect in such patients. As noted, we did not include the results from several large trials of an add-on lipid-modifying agent to same potency statin with clinical outcomes, as these studies did not address our key questions. However, these trials showed no clinical benefit of adding an additional agent and our results should be considered within that context when patients and clinicians are considering different lipid-modifying regimens. Clinicians struggle against non-adherence to lipid-modifying therapy, which is common among patients taking these agents.¹³⁸ We had insufficient data to assess whether adherence differed between lower-potency combination therapy and higher-dose statin monotherapy, which will be an important aspect to address in future trials. Clinicians would also have to consider tolerability and cost issues with their patients. We did not compare tolerability of the individual add-on agents against each other. Adherence data would potentially serve as a proxy measure of tolerability, however, was not consistently reported. Clinicians would also have to consider the cost of the add-on agents with their patients based on drug formularies, as the cost of these agents vary widely.

These results may also help provide an evidence base for future clinical practice guidelines and policy decisions. However, we suspect that the strength of evidence for most comparisons is too low to support guidelines or policy changes at this time.

Limitations of the Comparative Effectiveness Review Process

This review focused narrowly on combination therapy compared with statin intensification. As a result, many studies of add on combination therapy versus the same statin dose or non-statin monotherapy were excluded, because they did not address the key questions. Given several previous reviews on dietary modification and reduction of lipids and CVD risk, we did not include these therapies in this review.^{139,140} Further, we did not examine differences in statin response based on genetic variations.^{141,142} We also excluded non-English language publications, although we do not believe this introduced significant bias. While we were able to standardize the potency of different doses of various statins, we were unable to classify the potency of the other lipid-modifying agents used in the combination therapy arms. We noted differential effects on lipid outcomes in some trials where the same potency statin was used in the combination arm, but different doses of the other agent were used.

This report focuses primarily on LDL-c and HDL-c outcomes due to the available evidence and strategy recommended by the clinical practice guideline at the time this review was

conducted. The 2013 cholesterol treatment guidelines had yet to be released and clinical practice relied on recommendations of ATP III, which also emphasized these lipid surrogates. Due to this timing issue, we were also unable to specify the four “statin benefit groups” as our primary populations of interest in this review, although we do believe that we have captured the majority of populations in this report. Additionally, our potency categorizations differ slightly from those in the guidelines.

Strengths and Limitations of the Evidence Base

The strength of evidence was insufficient for many comparisons and outcomes due to a paucity of studies and poor quality of existing studies. Trials were frequently downgraded in risk of bias assessment for lack of blinding by participant and study personnel (performance bias), for not reporting the blinding of outcome assessors (detection bias), or for not accounting for losses to followup or handling of incomplete data (attrition bias). Few studies reported variance estimates for the between group differences in any outcomes over time. In some instances, the studies did not report a mean difference or point estimate stating only that there was no significant difference between the groups. In addition, some studies did not report an intention-to-treat analysis and others did not specify the number analyzed in each arm. All of these factors limited our ability to conduct meta-analyses. Where we conducted meta-analysis, substantial heterogeneity was present in most cases.

The evidence base was also limited due to the short duration of most studies. Most trials we identified were of relatively short duration, despite the fact that these medications are currently used in clinical practice as chronic, long-term medications. Many studies either did not evaluate or were of insufficient duration to adequately assess long-term clinical outcomes including mortality, acute coronary events, and revascularization procedures or tolerability of or persistence to the medication regimen. Studies often pooled results on adverse effects across arms, which limited our ability to determine whether different doses and potencies of combination and monotherapy led to different rates of these events. Ultimately, clinicians hope to reduce the likelihood of negative clinical events for their patients by achieving their lipid goals with medications while minimizing the risk for side effects and harms. Providing evidence that compares combination therapy and intensification of statin monotherapy with respect to these important clinical outcomes, tolerability, and harms would aid decision-making for clinicians and highlight for patients the health benefits of adhering to these regimens.

Future Research Needs

We suggest that most comparisons and outcomes that have low or insufficient evidence are future research needs. In order to answer whether there are long-term benefits with respect to mortality, acute coronary events, and revascularization procedures, future investigators need to make these endpoints the primary outcomes of their trials and ensure that trials are of sufficient duration to actually capture these events (at least 12 months or preferably longer). Recent trials such as ENHANCE, ACCORD, and AIM-HIGH have failed to show any additional clinical benefit of combination therapy as compared to statin monotherapy.^{47,51,53} While the forthcoming IMPROVE-IT trial may be able to clarify whether ezetimibe + simvastatin is superior to simvastatin alone with respect to cardiovascular deaths, MI or strokes, this trial uses equivalent doses of simvastatin in the combination and monotherapy arms.⁵² This trial will not provide information to make decisions about the effectiveness of intensification of statin monotherapy compared to combination therapy. Therefore, additional trials to answer this specific question

that are of sufficient duration to capture these outcomes are needed. Trials of longer duration would also better reflect how these medications are currently used in clinical practice, where they are considered chronic use medications. These trials could evaluate outcomes relevant to medication persistence such as tolerability, side effects, and serious adverse events.

We further suggest that future studies focus on high-risk CHD populations and populations with greater burden of cardiovascular disease to determine which strategy provides better short-term improvements in lipid profile and long-term clinical benefits. These populations would include patients with diabetes and preexisting cardiovascular disease, as well as Black and Native American populations.⁴ It may be worthwhile to explore differences between men and women, as the ACCORD trial showed benefit of combination therapy with fibrate in men and potential harms with this combination therapy in women.⁵¹ These studies would have tremendous impact on clinical practice, as these patients are the most likely to need a more aggressive lipid-modifying regimen.

The current head-to-head comparisons of a combination regimen to intensification of statin therapy cannot help clinicians decide between different combination therapy options. The next step to inform clinical decisionmaking would be to help clinicians in selecting the most appropriate lipid-modifying regimen from all available options. We suggest that future studies conduct head-to-head comparisons of multiple combination regimens against each other as well as intensification of statin monotherapy to address this need. Studies are needed that examine whether patients who are unable to tolerate high-potency statin monotherapy could achieve LDL-c and CVD reductions with combination therapy that are consistent with potent statins (50-60%). Furthermore, it would be useful to determine if LDL-c lowering of 50% achieved with a statin and a bile acid sequestrant is as efficacious as a statin and ezetimibe, and whether both are as efficacious as a potent statin alone. Finally, alternative study designs such as observational studies using registry data from electronic medical records could provide useful data on long-term or rare clinical outcomes. A number of trials have shown that non-statin lipid modifying medications may not improve or even potentially worsen some clinical outcomes. Future studies may need to consider including non-statin monotherapy as another comparison group with respect to clinical outcomes and harms. Such information would be informative to clinicians who may be considering non-statin monotherapy as a treatment option.

There are design and reporting considerations that should be considered for future studies. Intervention trials should be of sufficient duration to assess the efficacy of interventions on long-term clinical outcomes like mortality, acute coronary events, and revascularization procedures. We suggest that one-year should be a minimum duration of followup for these interventions. We would also encourage future studies to report variance estimates for all outcomes, as well as account for losses to followup by arm and report the number analyzed in each arm. Finally, we would also encourage studies to report adverse event outcomes by individual arm, rather than reporting only pooled results. Different doses and potencies of therapeutic regimens result in differential side effects and harms and this would be important to capture.

Conclusions

Although many studies looked at intermediate outcomes, few studies addressed the question of which approach produces better clinical outcomes. Combination of statin with ezetimibe or bile acid sequestrant lowered LDL-c better than intensification of statin monotherapy, but evidence for clinical outcomes (mortality, acute coronary events, and revascularization procedures) was insufficient across all potency comparisons for all combination therapy

regimens. Additional studies evaluating long-term clinical benefits and harms are needed to better inform clinical decisionmaking, patient choice, and clinical practice guidelines.

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Appendix A. Acronyms and Abbreviations

ACC	American College of Cardiology
ACCF	American College of Cardiology Foundation
ACCORD	Action to Control Cardiovascular Risk in Diabetes
ACS	Acute coronary syndrome
ADA	American Diabetes Association
AE	Adverse events
AHA	American Heart Association
AHRQ	Agency for Healthcare Research and Quality
AIM-HIGH	Atherothrombosis Intervention in Metabolic Syndrome with Low HDL Cholesterol/High Triglyceride and Impact on Global Health Outcomes
AKI	Acute kidney injury
ALT	Alanine transaminase
ARBITER-6 HALTS	Arterial Biology for the Investigation of the Treatment Effects of Reducing Cholesterol 6-HDL and LDL Treatment Strategies in Atherosclerosis
AST	Aspartate transaminase
ATP	Adult Treatment Panel
ATV	Atorvastatin
BAS	Bile acid sequestrants
CAD	Coronary artery disease
CENTRAL	Cochrane Central Register of Controlled Trials
CHD	Coronary heart disease
CI	Confidence interval
CIMT	Carotid intima-media thickness
CPK	Creatinine phosphokinase
CVD	Cardiovascular disease
DHA	Docosaheptaenoic acid
DM	Diabetes mellitus
ENHANCE	The Ezetimibe and Simvastatin in Hypercholesterolemia Enhances Atherosclerosis Regression
EPA	Eicosapentaenoic acid
FDA	U.S. Food and Drug Administration
FH	Familial hypercholesterolemia
HDL-c	High-density lipoprotein
HMG-CoA	3-hydroxy-3-methylglutaryl coenzyme A
HSP-2 THRIVE	Heart Protection Study 2 Treatment of HDL to Reduce the Incidence of Vascular Events
IMPROVE-IT	Improved Reduction of Outcomes: Vytorin Efficacy International
LDL-c	Low-density lipoprotein
LOV	Lovastatin
LS	Least square
MI	Myocardial infarction

NA	Not applicable
NHBLI	The National Heart, Lung, and Blood Institute
NCEP	National Cholesterol Education Program
N-ER	Niacin- extended release
NPC1L1	Niemann-Pick C1-like protein
NR	Not reported
NRS	Non-randomized studies
NS	Not significant
OIS	optimal information size
PICOS	Population intervention comparison outcome setting
PMSG II	Pravastatin Multicenter Study Group II.
RCT	Randomized controlled study
RSV	Rosuvastatin
SAE	Serious adverse events
SD	Standard deviation
SE	Standard error
SIP	Scientific information packet
SMV	Simvastatin
SOE	Strength of evidence
SRDR	Systematic Review Data Repository
TC	Total cholesterol
TIA	Transient ischemic attack
UA	Unstable angina
ULN	Upper normal limit

Appendix B. Detailed Search Strategies

PubMed

“Hydroxymethylglutaryl-CoA Reductase Inhibitors” [mh] OR “Heptanoic Acids” [mh] OR
“Heptanoic Acids” [tiab] OR statin*[tiab] OR “reductase inhibitor”[tiab] OR Simvastatin [mh]
OR Simvastatin [tiab] OR Atorvastatin [nm] OR Atorvastatin [tiab] OR Rosuvastatin [nm] OR
Rosuvastatin [tiab] OR Pravastatin [mh] OR Pravastatin [tiab] OR Lovastatin [mh] OR
Lovastatin [tiab] OR Fluvastatin [nm] OR Fluvastatin [tiab] OR Pitavastatin[nm] OR
Pitavastatin[tiab]

AND

("fatty acids, omega-3"[MeSH Terms] OR "omega 3" [tiab] OR “fatty acids” [tiab] OR "fatty
acids, essential"[MeSH Terms] OR "dietary fats, unsaturated"[MeSH Terms] OR linolenic acids
[tiab] OR "fish oils"[MeSH Terms] OR “fish oils” [tiab] OR “alpha linolenic acid” [tiab] OR
linolenate[tiab] OR "nervonic acid"[nm]OR “nervonic acid”[tiab] OR timnodonic acid[tiab] OR
"diet, mediterranean"[MeSH Terms] OR (Mediterranean[tiab] AND diet[tiab]) OR "flax"[MeSH
Terms] OR "brassica rapa"[MeSH Terms] OR "soybeans"[MeSH Terms] OR "juglans"[MeSH
Terms] OR ((Flax[tiab] OR flaxseed [tiab] OR linseed [tiab] OR rapeseed [tiab] OR canola [tiab]
OR soybean [tiab] OR walnut [tiab]) AND Oil[tiab]) OR "cod liver oil"[MeSH Terms] OR “cod
liver oil”[tiab] OR salmon[MH] OR salmon[tiab]OR "perciformes"[MeSH Terms] OR
mackerel[tiab] or "tuna"[MeSH Terms] or tuna[tiab] or "flounder"[MeSH Terms] or halibut[tiab]
or "seals, earless"[MeSH Terms] or seal[tiab] or "seaweed"[MeSH Terms] or seaweed [tiab] OR
"anticholesteremic agents"[MeSH Terms] OR anticholesteremics [tiab] OR "bile acids and
salts"[MeSH Terms] OR “bile acids”[tiab] OR (bile[tiab] AND resin*[tiab]) OR “bile acid
sequestrant”[tiab] OR "cholestyramine resin"[MeSH Terms] OR cholestyramine [tiab] OR
colestyramin [tiab] OR "colesevelam"[Supplementary Concept] OR colesevelam[tiab] OR
"colestipol"[MeSH Terms] OR Colestipol [tiab] OR colestilan[tiab] OR
"ezetimibe"[Supplementary Concept] OR ezetimibe[tiab] OR (cholesterol*[tiab] AND
inhibitors*[tiab]) OR "fibric acids"[MeSH Terms] OR fibrates [tiab] OR fibric acid [tiab] OR
Gemfibrozil [tiab] OR fenofibrate [tiab] OR niacin [MH] OR niacin [tiab] OR nicotinic
acid[MH] OR nicotinic acid[tiab] OR "drug therapy, combination"[MeSH Terms] OR
(combination[tiab] AND therapy[tiab]) OR "add-on therapy" [ti])

AND

"cardiovascular diseases"[MeSH Terms]OR “cardiovascular disease” [tiab] OR "cardiovascular
diseases"[tiab] OR “myocardial infarction” [tiab] OR strokes [tiab] OR “heart failure”[tiab] OR
“arrhythmia”[tiab] OR “heart valve disease”[tiab] OR hypertension [tiab] or coronary [tiab] OR
angina [tiab] OR “cerebrovascular accident” [tiab] OR “Hypercholesterolemia” [mh] OR
“Hypercholesterolemia” [tiab] OR hypercholesterolaemia [tiab] OR “Hyperlipidemias”[mh] OR
“Hyperlipidemias”[tiab] OR hyperlipidaemia [tiab] OR “transient ischemic attack” [tiab] OR
“transient ischaemic attack” [tiab] OR “TIA”[tiab] OR Dyslipidemias[mh] OR
Dyslipidemias[tiab] OR Dyslipidemia[tiab]

AND

(randomized controlled trial[pt] OR controlled clinical trial [pt] or randomized controlled
trials[mh] or random allocation[mh] or double-blind method[mh] or single-blind method[mh]
OR clinical trial[pt] or clinical trials[mh] or (“clinical trial”[tw]) OR ((singl*[tw] OR doubl*[tw]
OR trebl*[tw] OR tripl*[tw]) AND (mask*[tw] OR blind* [tw])) OR (“latin square”[tw]) OR

placebos[mh] OR placebo*[tw] OR rando*[tw] OR research design[mh:noexp]) Not
(animal[mh] Not human[mh])

Appendix C. Screening and Data Abstraction Forms

Title-Abstract Screening Form

Firefox ▾ DistillerSR x DistillerSR x +

systematic-review.ca https://systematic-review.ca/Submit/RenderForm.php?id=2&hide_abstract=1 ☆ Google

Refid: 12, Skateboards: Are they really perilous? A retrospective study from a district hospital.
Rethnam U, Yesupalan RS, Sinha A.

Submit Form and go to ▾ or [Skip to Next](#)

Does this article POTENTIALLY apply to ANY of the key questions?

☒ No
NO, this article DOES NOT apply to any of the Key Questions (check only one reason)

- ☐ Study published before 2008
- ☐ Not conducted in humans
- ☐ No original data (systematic reviews, meta-analysis, editorial, commentary)
- ☐ Not in English and not able to determine eligibility criteria
- ☐ No full report (e.g. conference or meeting abstract)
- ☐ Not an RCT or non-randomized that is extension of RCT that lasts >24 weeks
- ☐ Drug is not available in the U.S./ non-approved(e.g. Investigational fibrinate)
- ☐ Not relevant to key questions
- ☐ Other: Please specify

[Clear Response](#)

☐ Yes-Include article for full text screening

☐ Unclear-No abstract or cannot tell from abstract alone --- get it for full-text screen

Flag excluded articles:

- ☐ Pull for hand searching – review that applies to one of the questions and likely to contain relevant studies
- ☐ Pull for citation for use in report (i.e., for background)

[Clear Response](#)

Please click here to see the [list of included and excluded drugs](#)

Key Questions

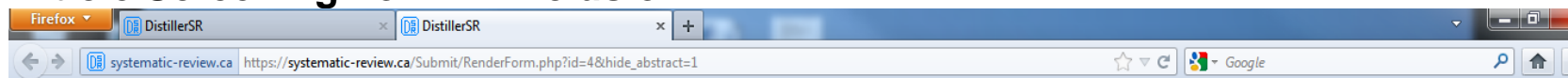
KQ 1:For patients who require intensive lipid-modifying therapy, what are the comparative long-term benefits and rates of serious adverse events of co-administration of different lipid-modifying agents (i.e., a statin plus another lipid-modifying agent) compared with higher dose statin monotherapy?

KQ 2:Do these regimens differ in reaching LDL targets (or other surrogate markers), short-term side effects, tolerability, and/or adherence?

KQ 3:Compared with higher dose statins and to one another, do combination regimens differ in benefits and harms within subgroups of patients?

10:09 AM
6/14/2013

Article Screening Form – Exclusion



Refid: 12, Skateboards: Are they really perilous? A retrospective study from a district hospital.
Rethnam U, Yesupalan RS, Sinha A.

and go to or [Skip to Next](#)

Does this article **POTENTIALLY** apply to **ANY** of the key questions?

☒ No

NO, this article **DOES NOT** apply to any of the Key Questions (check only one reason)

- ☐ Not conducted in humans
- ☐ No original data (systematic reviews, meta-analysis, editorial, commentary)
- ☐ No full report (e.g. conference or meeting abstract)
- ☐ Not in English and not able to determine eligibility criteria
- ☐ Study of children only
- ☐ Only healthy subjects with low cardiovascular disease risk (CHD risk<10% or LDL <160mg/dl)
- ☐ Not an RCT or non-randomized that is extension of RCT that lasts>24 weeks
- ☐ Drug is not available in the U.S./ non-approved(e.g. Investigational fibrate)
- ☐ Addresses inpatient only
- ☐ Not relevant to key questions
- ☐ Other: Please specify:

[Clear Response](#)

☐ Yes

Please click here to see the [list of included and excluded drugs](#) and [list of different dosing](#)

and go to or [Skip to Next](#)



Article Screening Form – Inclusion

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Refid: 12, Skateboards: Are they really perilous? A retrospective study from a district hospital.
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Does this article POTENTIALLY apply to ANY of the key questions?

☐ No
☒ Yes

Yes: this article may apply to one or more of the following key questions

☐ KQ1:For patients who require intensive lipid-modifying therapy, what are the comparative long-term benefits and rates of serious adverse events of co-administration of different lipid-modifying a
☐ KQ2:Do these regimens differ in reaching LDL targets (or other surrogate markers), short-term side effects, tolerability, and/or adherence?
☐ KQ3:Compared with higher dose statins and to one another, do combination regimens differ in benefits and harms within subgroups of patients?

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10:16 AM
6/14/2013

SRDR – Data Abstraction Forms

Design Form

General x SRDR - Systematic Review x

lr.ahrq.gov/projects/93/extraction_forms/129/edit

Complete List (76 Total)

A. van der Graaf (No PMID)

P. H. Jones (No PMID)

P. E. Westerweel (No PMID)

H. Bays (No PMID)

J. K. Olijhoek (No PMID)

M. Settergren (No PMID)

J. P. Reckless (No PMID)

J. R. Guyton (No PMID)

Shah (No PMID)

Add New Study

PROJECT TOOLS

View Summary

Progress Reports

Publish Externally

Data Comparison Tool

Data Export Tool

File Repository *

Graphical Data View & Stats *

Report Builder

Registries

HELP INFORMATION

User Manual and FAQ

Feedback

Note: * = Coming Soon

Please Note: This page allows you to generate extraction form questions for **Design Details**, each with an optional set of suggested responses. Responses can be designated as drop down lists, radio buttons or check boxes, or text fields.

Display Options

Would you like to include the **Design Details** section in your extraction form? ☒ Yes ☐ No

User Instructions

Additional User Instructions: Same statin drug in monotherapy vs combination = INCLUDE 1) if monotherapy is higher potency OR 2) when there is still a dose escalation in monotherapy arm even if both monotherapy and combination are in the same potency range Different statin drugs in monotherapy and combination: INCLUDE only those where the monotherapy dose is in higher potency range than combination. EXCLUDE: if drugs are different in monotherapy and combination but are within the same potency range.

[Add/Edit Instructions](#)

1 ☐ Does this study have a name/ NCT (clinical trial registration number) ?

☐ Yes -Please specify...

☐ No

[Clear Selections](#)

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

2 ☐ Is this a secondary study of a large clinical trial? (If yes, please include the author and year of the study)

☐ Yes -Please specify...

☐ No

[Clear Selections](#)

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

3 ☐ Did the study cite any related publications (e.g., parent study or design papers)?

☐ Yes -please enter the information about the study...

☐ No

[Clear Selections](#)

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)


4 ☐ Please select the study site

☐ Single Center




☐ Multiple Center


[Clear Selections](#)

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5  Please select the study location - check all that apply




- ☐ North America
- ☐ Central South America
- ☐ Euorpe
- ☐ Africa
- ☐ Asia
- ☐ MiddleEast
- ☐ Australia
- ☐ Not reported


 [Copy Question](#) |  [Edit Question](#) |  [Delete Question](#)

6  What study design was used?




- ☐ RCT
- ☐ NRS
- ☐ FDA report/Grey Literature


[Clear Selections](#)

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7  If a randomized controlled trial, select type.



- ☐ Parallel arms
- ☐ Factorial design
- ☐ Crossover design
- ☐ Other (specify): ...

 [Copy Question](#) |  [Edit Question](#) |  [Delete Question](#)

8  If it applies (e.g. crossover), was there a washout period between therapies?

- ☐ Yes
- ☐ No
- ☐ Not reported
- ☐ Not Applicable
- ☐ Other(specify) ...

[Clear Selections](#)

 [Copy Question](#) |  [Edit Question](#) |  [Delete Question](#)

9 . Please specify the inclusion criteria. Any exclusion criteria should be entered as inclusion criteria (e.g., if the study only excluded females, then the inclusion criteria would be males).

- ☐ Age...
- ☐ Female...
- ☐ Race/Ethnicity...
- ☐ Patients with Cardiovascular disease...
- ☐ Diabetic patients...
- ☐ Other 1 inclusion criteria...
- ☐ Other 2 inclusion criteria...
- ☐ Other 3 inclusion criteria...
- ☐ Other 4 inclusion criteria...

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

10 . Did this study include the patients with prior statin use "EVER" or "PRIOR TO TRIAL ENTRY"

- ☐ Yes -Prior statin use ever
- ☐ Yes-Prior to trial entry
- ☐ Not
- ☐ Not reported

[Clear Selections](#)

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

11 . Was there a period of follow-up before patients were randomized aka "run-in period"? If yes what was the duration of the run-in period? (Enter number and then select units)

Run-in

"Duration"

"Unit"

Other
(please specify):

Please enter "NR" for duration if study did not report the run-in period

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

12 . What was the duration of treatment from randomization?

treatment

"Duration"

"Unit"

Please enter "NR" for duration if study did not report the duration of treatment

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

13 Please select the intensification of Statin Monotherapy Agent(s)

1 2 3 4

Statin

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

14 Please select the Combination Therapy Agent(s)

1 2 3 4

"Statin"

"Other"

"Prepackaged"

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15 Which subgroups analyses were conducted? (Select all that apply)

- ☐ All elderly - patients older than 80
- ☐ High CVD risk elderly - patients older than 80
- ☐ All women
- ☐ High CVD risk women
- ☐ All race - African-American, Asian and Hispanic
- ☐ High CVD risk race
- ☐ Patients with diabetes (type 1 or 2)
- ☐ Patients with established vascular disease (peripheral vascular disease, cerebrovascular disease, and/or CAD)
- ☐ Patients with established coronary heart disease (CAD, MI, ACS, unstable, angina, CABG, PCI)
- ☐ Patients with established cerebrovascular disease (stroke, TIA)
- ☐ Patients with baseline LDL \geq 190mg/dL
- ☐ No subgroup analyses were conducted

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

16 Was there industry support (funding or drug given) or government support for the study? (Check all that apply)

- ☐ Yes, industry support
- ☐ Yes, government support
- ☐ Yes, other support
- ☐ No
- ☐ Not reported

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

17 ▾ Did the study author(s) disclose any financial relationship with pharmaceuticals OR were the study authors employee of pharmaceutical company (ies)

☐ Yes-Financial relationship with pharmaceuticals

☐ Yes-Employee of pharmaceutical company

☐ No

☐ Not reported

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18 ▾ Other comments:

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Arms

ns/129/edit

Edit Project

Project: Update of Comparative Effectiveness of Lipid-Modifying Agents

Private Report **Incomplete**

Editing Extraction Form: Included Study -- (Question 2)

Title and KQs Publications Design **Arms** Arm Details Baseline Data Outcomes Outcome Details Adverse Events Quality

Finalize

Suggest Arm Titles

Please Note: You may choose to pre-specify outcome names for data extractors to use. Data extractors will also have the option to specify their own outcome names during individual study extraction.

Warning: Selecting "No" below will eliminate the Arms section and all sections which depend on it from the final extraction form, including Arm Details and Results.

Would you like to include the arms section in your extraction form? Yes

User Instructions

Additional User Instructions: Arm A is ALWAYS the monotherapy arm monotherapy (Arm 1) and combination (Arm 2) If there are multiple arms monotherapy 1(Arm 1) and monotherapy 2 (Arm 2) and monotherapy 3 (Arm 3) and combination (Arm 3)

[Add/Edit Instructions](#)

Arm Title	Arm Description	Actions
Arm1 -Monotherapy	Define per study	Edit Arm Suggestion Delete Arm Suggestion
Arm 2		Edit Arm Suggestion Delete Arm Suggestion
Arm 3		Edit Arm Suggestion Delete Arm Suggestion
Arm 4		Edit Arm Suggestion Delete Arm Suggestion
Arm 5		Edit Arm Suggestion Delete Arm Suggestion
Arm 6		Edit Arm Suggestion Delete Arm Suggestion

[Add Arm](#)

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Arm Details

ns/129/edit

MySRDRPublished ProjectsAdvanced Search

Edit Project

Project: Update of Comparative Effectiveness of Lipid-Modifying AgentsPrivate Report **Incomplete**

Editing Extraction Form: Included Study -- (Question 2)

Title and KQsPublicationsDesignArmsArm DetailsBaseline DataOutcomesOutcome DetailsAdverse EventsQuality

Finalize

Create Arm Details Form

Please Note: This page allows you to generate extraction form questions for Arm Details, each with an optional set of suggested responses. Responses can be designated as drop down lists, radio buttons or check boxes, or text fields.

Display Options
Would you like to include the Arm Details section in your extraction form? **Yes** ▼

How would you like these questions displayed?

☒ Display the questions for each Arm Detail defined in the study

☐ Display the questions only once

User Instructions
You may add specific instructions for data extractors using the link below.
[Add/Edit Instructions](#)

1 ▼ Please enter Arm detail

	Name	Dose	Unit	Frequency
Statin	Select... ▼		Select... ▼	Select... ▼
Other	Select... ▼		Select... ▼	Select... ▼
Other (please specify):	<div></div>			

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

Add a New Arm Detail

Advancing Excellence in Health Care

Baseline Data Characteristics

ms/129/edit

Please Note: This page allows you to generate extraction form questions for **Baseline Characteristics**, each with an optional set of suggested responses.

Responses can be designated as drop down lists, radio buttons or check boxes, or text fields.

Display Options

Would you like to include the **Baseline Characteristics** section in your extraction form? **Yes**

User Instructions

You may add specific instructions for data extractors using the link below.

[Add/Edit Instructions](#)

1 Baseline N

	N	%
Baseline	<input type="text"/>	<input type="text"/>

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

2 Age, yrs

	Age
Mean	<input type="text"/>
Median	<input type="text"/>
Range	<input type="text"/>
SD	<input type="text"/>

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

3 % Women

	n	%
% Women	<input type="text"/>	<input type="text"/>

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

4 Race

	"n"	"%"
White, non-Hispanic	<input type="text"/>	<input type="text"/>
Black, non-Hispanic	<input type="text"/>	<input type="text"/>
Latino/Hispanic	<input type="text"/>	<input type="text"/>
Asian/Pacific Islander	<input type="text"/>	<input type="text"/>
American Indian/Alaska Native	<input type="text"/>	<input type="text"/>
"Mixed"	<input type="text"/>	<input type="text"/>
"specific"	<input type="text"/>	<input type="text"/>

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)



6 ▾ Patients with history of MI

'n' ' %'
Patients with history of
MI

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

7 ▾ Patients with history of Stroke

'n' ' %'
Patients with history of
Stroke

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

8 ▾ Patients with history of revascularization

'n' ' %'
Patients with history of
revascularization

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

9 ▾ Diabetic patients

"n" " %"
Diabetic patients

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

10 ▾ Baseline LDL

Mean SD SE
Baseline-LDL

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

9

Diabetic patients

Diabetic patients

"n"

"%"

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

10

Baseline LDL

Baseline-LDL

Mean

SD

SE

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

11

CHD risk score

CHD risk score

Mean

SD

SE

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

12

If any of above characteristics differs by group, please describe

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

13

Other comments:

[Copy Question](#) | [Edit Question](#) | [Delete Question](#)

Results

edit

Step 1. Choose the outcome and population to enter data for:

--- Continuous ---

[Comments \(2\)](#) | [Post/View](#)

OR [Hide Existing Data Entries](#)

Existing Results Entries

Outcome: Surrogate outcome -Participants attaining ATP III LDL-c targets Population: All Participants [Edit](#) | [Remove](#)

Time Point	Measure	Arm1 -Monotherapy	Arm 2
0 weeks	N Enrolled	111	108
	Counts	0	0
	Standard Deviation	NR	NR

Outcome: Surrogate outcome -Participants attaining ATP III LDL-c targets Population: All Participants [Edit](#) | [Remove](#)

Time Point	Measure	Arm1 -Monotherapy	Arm 2
6 weeks	N Enrolled	49.5	[1] 67.6 [2]
	Counts	NR	NR
	Standard Deviation	NR	NR

Footnotes

1. LDL less than 100

2. LDL less than 100

Outcome: Surrogate outcome -LDL-c Population: All Participants [Edit](#) | [Remove](#)

Time Point	Measure	Arm1 -Monotherapy	Arm 2
0 weeks	N Analyzed	111	108
	Mean	179	180

Outcome: Surrogate outcome -LDL-c Population: All Participants [Edit](#) | [Remove](#)

Time Point	Measure	Arm1 -Monotherapy	Arm 2
6 weeks	N Analyzed	111	108
	Mean	44.40% reduction	56.10% reduction

Section Status: Complete

[Mark Section Incomplete](#)

[Previous](#)

[Next](#)

Appendix D. List of Excluded Articles

No Original Data

- E. M. Roth, R. S. Rosenson, P. H. Jones, M. H. Davidson, M. T. Kelly, C. M. Setze, A. Lele and K. Thakker. Attainment of goal/desirable lipid levels in patients with mixed dyslipidemia after 12 weeks of treatment with fenofibric acid and rosuvastatin combination therapy: A pooled analysis of controlled studies. *J Clin Lipidol* 2012: 534-44
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Not Full Report

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Children Study

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Appendix E. Evidence Tables

Evidence Table E1. Study characteristics – bile acid sequestrants

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arm (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
2009 Studies							
Barbi, 1992 ¹ Ismail, 1990 ² NR	Parallel Arm RCT Single Center North America	-Patients with an LDL-C > 90th percentile and at least 160 mg/dl -Age 21-70 years -TG<250 mg/dL -No Type I, III, IV, or V hyperlipoproteinemia; no homozygous familial hypercholesterolemia, DM, untreated thyroid or other endocrine diseases; renal or hepatobiliary disease; chronic pancreatitis; collagen-vascular diseases; MI within the past 6 months or clinically significant heart failure; uncontrolled hypertension; history of CVA; serious gastrointestinal disease; obesity greater than 40% above ideal body weight; excessive alcohol consumption; treatment with cortical steroids, estrogens, androgens, lipid-lowering agents, coumarin anticoagulants, theophylline, barbiturates, or aluminum-containing antacids; and any other condition judged to impair the patient’s ability to complete the trial.	Lipid modifying therapy discontinued 6-12 weeks before baseline lipid measures. Baseline lipid values reflect dietary changes.	24 weeks 6-12 week drug washout period 8 week dietary run in	Arm 1: (M) PRV 80 mg Arm 2: (L) Cholestyramine 24g + PRV 40mg Arm 3: * Placebo Arm 4: (L)* PRV 40 mg Arm 5: * Cholestyramine 24g	None	Study funded by pharmaceutical companies. NR
Hunninghake, 2001 ³ NR	Parallel Arm RCT Multicenter	-Patients with moderate hypercholesterolemia (LDL cholesterol ≥160 mg/dl, triglycerides ≤300 mg/dl)	NR	4 weeks NR 4 week dietary run	Arm 1: (H) ATV 80 mg Arm 2: (M) Colsevelam 3.8g	None	Study funded by pharmaceutical companies. Authors have

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arm (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
	North America	-Age 18 years or older -Agreement maintain their diet and current fiber dose (if used) -Women of childbearing potential had to have a negative pregnancy test and use contraception -Not taking or on stable dose of steroids, thiazide diuretics, or beta-blockers -No history of dysphagia, swallowing or intestinal motility disorders, or any medically unstable condition		in	+ ATV 10mg Arm 3: * Placebo Arm 4: * Colsevelam 3.8g Arm 5: (M)* ATV 10 mg		pharmaceutical company COI disclosures.
Johansson, 1995 ⁴ NR	Parallel Arm RCT Multicenter Europe	-Patients with polygenic hypercholesterolemia with plasma cholesterol of 6.5-10 mmol/l and plasma TGs below 3 mmol/l -No history of major medical events during the last 6 months	NR	12 weeks NR 12 weeks dietary run in	Arm 1: (H) SMV 40 mg Arm 2: (M) Colestipol 5g +SMV 20mg Arm 3: (M) Colestipol 10g + SMV 20mg Arm 4: * Placebo	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.
Knapp, 2001 ⁵ NR	Parallel Arm RCT Multicenter North America	-Patients with moderate hypercholesterolemia (LDL \geq 160 mg/dL and triglyceride level \leq 300 mg/dL) -Not taking lipid-lowering medication -Age 18 years or older -On stable doses of medications that could affect lipid metabolism,	Lipid-modifying agent naïve	6 weeks NR 4 weeks dietary run in	Arm 1: (M) SMV 20 mg Arm 2: (L) Colsevelam 3.8g + SMV 10mg Arm 3: * Placebo	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arm (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		<p>such as steroids, thiazide diuretics, or beta-blockers (if used)</p> <p>-No poorly controlled diabetes/hypertension, real or liver disease, unstable cardiac disease, MI/CABG/ angioplasty within 2 months, pregnant or lactating</p> <p>-No history of dysphagia, swallowing disorders, or intestinal motility disorders, untreated thyroid disease, clinically important liver or renal disease, vasculitis, HIV</p> <p>-Women of child-bearing potential were required to have negative pregnancy tests at screening and to use approved birth control methods</p> <p>-No use of erythromycin, cyclosporine, nefazodone, ketoconazole, and itraconazole</p>			<p>Arm 4: * Colesevelam 3.8g</p> <p>Arm 5: (L)* SMV 10 mg</p> <p>Arm 6: * Colesevelam 2.3 g</p> <p>Arm 7: (M)* Colsevelam 2.3g + SMV 20mg</p>		
<p>Pravastatin Multicenter Study Group II, 1993⁶</p> <p>NR</p>	<p>Parallel Arm RCT</p> <p>Multicenter</p> <p>North America</p>	<p>-Patients with primary hypercholesterolemia (LDL-C \geq160 mg/dL and LDL-C greater than the 90th percentile for age and sex in US population</p> <p>-TG level <2.82 mmol/L</p> <p>-No premenopausal women unless surgically sterile a</p> <p>-No patients with non-type II hyperlipoproteinemia, DM, impaired hepatic or renal function, severe or unstable angina, excessive obesity, or uncontrolled</p>	<p>Lipid modifying therapy discontinued 6 weeks before baseline lipid measures</p>	<p>24 weeks</p> <p>6-12 week drug wash out period</p> <p>4 weeks dietary run in followed by 3-6 weeks of single-blind placebo run in</p>	<p>Arm 1: (M) PRV 80 mg</p> <p>Arm 2: (L) Cholestyramine 24g + PRV 40mg</p> <p>Arm 3: * Placebo</p> <p>Arm 4: * Cholestyramine</p>	<p>None</p>	<p>Study funded by pharmaceutical companies.</p> <p>NR</p>

Author, Year Trial #, “Acronym ”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arm (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		hypertension. -No patients who consume more than 10 alcoholic drinks per week -No patients with hypersensitivity to cholestyramine -No patients receiving corticosteroids, androgens, or estrogens except as continuous, stable replacement. -No patients taking anticoagulants, theophylline, barbiturates, or quinidine or those regularly taking aluminum-containing antacids			24g Arm 5: (L)* PRV 20 mg		
Schrott, 1995 ⁷ NR	Parallel Arm RCT Multicenter North America	Patients with moderate hypercholesterolemia (LDL elevations)	NR	12 weeks NR 6 weeks dietary run in	Arm 1: (M) LOV 40 mg Arm 2: (L) Colestipol 5g +LOV 20mg Arm 3: (L) Colestipol 10g +LOV 20mg Arm 4: * Placebo	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.

COI conflicts of interest; CVD cardiovascular disease; DM diabetes mellitus; LDL low density lipoprotein; NR not reported; RCT randomized controlled trial; RSV Rosuvastatin; TG triglycerides.

*Arm ineligible for study inclusion.

Evidence Table E2. Baseline population characteristics – bile acid sequestrants

Author, Year	Arm (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
2009 Studies												
Barbi, 1992 ¹ Ismail, 1990 ²	Arm 1: (M) PRV 80 mg Arm 2: (L) Cholestyramine 24g + PRV 40mg Arm 3: * Placebo Arm 4: (L)* PRV 40 mg Arm 5: * Cholestyramine 24g	Arm 1: 9 Arm 2: 9 Arm 3: 7 Arm 4: 8 Arm 5: 7	All: Mean: 57.8 SD: 6.7	All: 2	NR	NR	NR	NR	NR	NR	Arm 1: Mean: 224 mg/dL Arm 2: Mean: 232 mg/dL Arm 3: Mean: 223 mg/dL Arm 4: Mean: 231 mg/dL Arm 5: Mean: 202 mg/dL	NR
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg Arm 2: (M) Colsevelam 3.8g + ATV 10mg Arm 3:* Placebo Arm 4:* Colsevelam 3.8g	Arm 1: 20 Arm 2: 19 Arm 3: 19 Arm 4: 17 Arm 5: 19	Arm 1: Mean: 61 SD: 12 Arm 2: Mean: 53 SD: 14 Arm 3: Mean: 57 SD: 8 Arm 4: Mean: 57	Arm 1: 9 (45%) Arm 2: 4 (21%) Arm 3: 4 (21%) Arm 4: 10 (59%) Arm 5: 10 (53%)	NR	NR	NR	NR	NR	NR	Arm 1: Mean: 182 mg/dL SE: 3 Arm 2: Mean: 187 mg/dL SE: 4 Arm 3: Mean: 185 mg/dL SE: 5	NR

Author, Year	Arm (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 5: (M)* ATV 10 mg		SD: 11 Arm 5: Mean: 58 SD: 12								Arm 4: Mean: 184 mg/dL SE: 5 Arm 5: Mean: 182 mg/dL SE: 6	
Johansson, 1995 ⁴	Arm 1: (H) SMV 40 mg Arm 2: (M) Colestipol 5g +SMV 20mg Arm 3: (M) Colestipol 10g + SMV 20mg Arm 4: * Placebo	Arm 1: 26 Arm 2: 29 Arm 3: 28 Arm 4: 29	Arm 1: Mean: 53 Arm 2: Mean: 53 Arm 3: Mean: 51 Arm 4: Mean: 53	Arm 1: 10 Arm 2: 5 Arm 3: 4 Arm 4: 5	NR	Current smokers Arm 1: (27%) Arm 2: (24%) Arm 3: (25%) Arm 4: (24%)	NR	NR	NR	NR	Arm 1: Mean: 5.74 mmol/l SD: 0.15 Arm 2: Mean: 5.64 mmol/l SD: 0.15 Arm 3: Mean: 5.79 mmol/l SD: 0.17 Arm 4: Mean: 5.65 mmol/l SD: 0.15	No significant between group differences.
Knapp, 2001 ⁵	Arm 1: (M) SMV 20 mg Arm 2: (L) Colsevelam 3.8g + SMV 10mg	Arm 1: 39 Arm 2: 34 Arm 3: 33 Arm 4: 37	Arm 1: Mean: 54 SD: 12 Arm 2: Mean: 54 SD: 12	Arm 1: (38%) Arm 2: (38%) Arm 3: (48%)	Arm 1: White: (95%) Black: (5%) Hispanic: (0%) Asian: (0%) Other: (0%)	NR	NR	NR	NR	NR	Arm 1: Mean: 180 mg/dL SD: 23 Arm 2: Mean: 196 mg/dL	No significant between group differences.

Author, Year	Arm (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 3: * Placebo Arm 4: * Colesevelam 3.8g Arm 5: (L)* SMV 10 mg Arm 6: * Colesevelam 2.3g Arm 7: (M)* Colsevelam 2.3g + SMV 20mg	Arm 5: 35 Arm 6: 36 Arm 7: 37	Arm 3: Mean: 55 SD: 12 Arm 4: Mean: 53 SD: 14 Arm 5: Mean: 56 SD: 12 Arm 6: Mean: 58 SD: 10 Arm 7: Mean: 53 SD: 15	Arm 4: (46%) Arm 5: (54%) Arm 6: (58%) Arm 7: (46%)	Arm 2: White: (97%) Black: (0%) Hispanic: (0%) Asian: (3%) Other: (0%) Arm 3: White: (94%) Black: (3%) Hispanic: (0%) Asian: (3%) Other: (0%) Arm 4: White: (89%) Black:(5%) Hispanic: (3%) Asian: (3%) Other: (0%) Arm 5: White: (91%) Black: (6%) Hispanic: (0%) Asian: (0%) Other: (3%) Arm 6: White: (97%)						SD: 49 Arm 3: Mean: 184 mg/dL SD: 25 Arm 4: Mean: 198 mg/dL SD: 39 Arm 5: Mean: 183 mg/dL SD: 29 Arm 6: Mean: 186 mg/dL SD: 24 Arm 7: Mean: 191 mg/dL SD: 35	

Author, Year	Arm (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
					Black: (3%) Hispanic: (0%) Asian: (0%) Other: (0%) Arm 7: White: (97%) Black: (0%) Hispanic: (0%) Asian: (3%) Other: (0%)							
Pravastatin Multicenter Study Group II, 1993 ⁶	Arm 1: (M) PRV 80 mg Arm 2: (L) Cholestyramine 24g + PRV 40mg Arm 3: * Placebo Arm 4: * Cholestyramine 24g Arm 5: (L)* PRV 20 mg	Arm 1: 63 Arm 2: 64 Arm 3: 60 Arm 4: 61 Arm 5: 63	Arm 1: Mean: 51.6 Arm 2: Mean: 52.8 Arm 3: Mean: 52.8 Arm 4: Mean: 51.4 Arm 5: Mean: 50.8	Arm 1: 18 Arm 2: 19 Arm 3: 23 Arm 4: 19 Arm 5: 16	Arm 1: White: 61 Other: 2 Arm 2: White: 63 Other: 1 Arm 3: White: 58 Other: 2 Arm 4: White: 54 Other: 7 Arm 5: White: 62 Other: 1	NR	NR	NR	NR	NR	Arm 1: Mean: 236 mg/dL SE: 5.4 Arm 2: Mean: 236 mg/dL SE: 5.0 Arm 3: Mean: 232 mg/dL SE: 5.8 Arm 4: Mean: 236 mg/dL SE: 6.6 Arm 5: Mean: 236 mg/dL SE: 5.0	No significant between group differences.

Author, Year	Arm (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Schrott, 1995 ⁷	Arm 1: (M) LOV 40 mg Arm 2: (L) Colestipol 5g +LOV 20mg Arm 3: (L) Colestipol 10g +LOV 20mg Arm 4: * Placebo	Arm 1: 24 Arm 2: 23 Arm 3: 23 Arm4: 24	Arm 1: Mean: 57 SE: 2.4 Arm 2: Mean: 56 SE: 2.4 Arm 3: Mean: 61 SE: 1.7 Arm 3: Mean: 59 SE: 2.1	Arm 1: 10 Arm 2: 9 Arm 3: 7 Arm 4: 12	NR	Arm 1: (17%) Arm 2: (9%) Arm 3: (4%) Arm4: (17%)	NR	NR	NR	NR	Arm 1: Mean: 195 mg/dL SE: 3.3 Arm 2: Mean: 191 mg/dL SE: 3.3 Arm 3: Mean: 186 mg/dL SE: 3.8 Arm 4: Mean: 185 mg/dL SE: 2.8	No significant between group differences.

NR not reported; RSV Rosuvastatin; SD standard deviation

Evidence Table E3. LDL outcome – bile acid sequestrants

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
2009 Studies									
Barbi, 1992 ¹ Ismail, 1990 ²	Arm1: (M) PRV 80 mg	Continuous LDL – calculated mg/dL	9	Mean: 224	8 weeks	9	Mean: 151	Calculated % change from baseline: -33 P<=0.05	
	Arm 2: (L) Cholestyramine 24g + PRV 40mg	Continuous LDL – calculated mg/dL	9	Mean: 232 SD: 28	8 weeks	9	Mean: 122 SD: 33	Calculated % change from baseline: -47 P<=0.05	NR
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg	Continuous LDL – calculated mg/dL	20	Mean: 182 SE: 3	4 weeks	20	Mean: 86 SE: 5	Change from baseline: -96 SE: 5 P<0.0001 % Change from baseline: -53 SE: 3 P<0.0001	
	Arm 2: (M) Colsevelam 3.8g + ATV 10mg	Continuous LDL -- calculated mg/dL	19	Mean: 187 SE: 4	4 weeks	18	Mean: 98 SE: 5	Change from baseline: -89 SE: 6 P<0.0001 % Change from baseline: -48 SE: 3 P<0.0001	P=0.07
Johansson, 1995 ⁴	Arm 1: (H) SMV 40 mg	Continuous	26	Mean: 5.74 SD: 0.15	12 weeks	26	NR	Mean change from baseline:	P=0.0001 for Overall

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		LDL -- calculated mmol/l						-2.14 % Change from baseline: -37 P<0.001	between group difference.
	Arm 2: (M) Colestipol 5g +SMV 20mg	Continuous LDL -- calculated mmol/l	29	Mean: 5.64 SD: 0.15	12 weeks	29	NR	Mean change from baseline: -2.01 % Change from baseline: -35 P<0.001	P=0.0001 for Overall between group difference.
	Arm 3: (M) Colestipol 10g + SMV 20mg	Continuous LDL -- calculated mmol/l	28	Mean: 5.79 SD: 0.17	12 weeks	28	NR	Mean change from baseline: -2.43 % Change from baseline: -42 P<0.001	P=0.0001 for Overall between group difference.
Knapp, 2001 ⁵	Arm 1: (M) SMV 20 mg	Continuous LDL – calculated mg/dL	39	Mean: 180 SD: 23	6 weeks	39	Mean: 119 SD: 26	Change from baseline: -61 SD: 21 P<0.0001 % Change from baseline: -34 SD: 11 95%CI: -37, -30 P<0.0001	
	Arm 2: (L) Colsevelam 3.8g + SMV 10mg	Continuous LDL – calculated mg/dL	34	Mean: 196 SD: 49	6 weeks	34	Mean: 116 SD: 43	Change from baseline: -80 SD: 26 P<0.0001 % Change from baseline: -42 SD: 11 95%CI: -46, -38 P<0.0001	P<=0.001
Pravastatin Multicenter Study Group II,	Arm 1: (M) PRV 80 mg	Continuous LDL – calculated	63	Mean: 236 SE: 5.4	8 weeks	61	Mean: 147 SE: 4.3	% Change from baseline: -38 SE: 1.5 P<=0.001	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
1993 ⁶		mg/dL							
	Arm 2: (L) Cholestyramine 24g + PRV 40mg	Continuous LDL – calculated mg/dL	64	Mean: 236 SE: 5.0	8 weeks	63	Mean: 116 SE: 4.6	% Change from baseline: -51% SE: 1.1 P<=0.001	p<=0.001 comparing Arm 1 and Arm 2
Schrott, 1995 ⁷	Arm 1: (M) LOV 40 mg	Continuous LDL – calculated mg/dL	24	Mean: 195 SE: 3.3	12 weeks	NR	Mean: 120 SE: 3.1	% Change from baseline: -38 P<0.001	
	Arm 2: (L) Coolestipol 5g +LOV 20mg	Continuous LDL – calculated mg/dL	23	Mean: 191 SE: 3.3	12 weeks	NR	Mean: 119 SE: 4.8	% Change from baseline: -38 P<0.001	No significant difference between Arm 1 and Arm 2
	Arm 3: (L) Coolestipol 10g +LOV 20mg	Continuous LDL – calculated mg/dL	23	Mean: 186 SE: 3.8	12 weeks	NR	Mean: 97 SE: 4.2	% Change from baseline: -48 P<0.001	P<=0.001 comparing Arm 1 vs Arm 3

LDL low density lipoprotein; NR not reported; RSV Rosuvastatin; SD standard deviation

Evidence Table E4. HDL outcome – bile acid sequestrants

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
2009 Studies									
Barbi, 1992 ¹ Ismail, 1990 ²	Arm 1: (M) PRV 80 mg	Continuous HDL -- measured mg/dL	9	Mean: 44	8 weeks	9	Mean: 47	Calculated % change from baseline: 1	
	Arm 2: (L) Cholestyramine 24g + PRV 40mg	Continuous HDL -- measured mg/dL	9	Mean: 43	8 weeks	9	Mean: 45	Calculated % change from baseline: 0	NR
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg	Continuous HDL -- measured mg/dL	20	Median: 47 IQR: 43, 56	4 weeks	20	Median: 49 IQR: 44, 60	Change from baseline: 2 IQR: -1, 6 P<0.05 % Change from baseline: 5 IQR: -1, 12 P<0.05	
	Arm 2: (M) Colsevelam 3.8g + ATV 10mg	Continuous HDL -- measured mg/dL	19	Median: 46 IQR: 42, 57	4 weeks	18	Median: 51 IQR: 46, 64	Change from baseline: 4 SE: 1, 10 P<0.05 % Change from baseline: 11 IQR: 3, 21 P<0.05	No significant between group differences.
Johansson, 1995 ⁴	Arm 1: (H) SMV 40 mg	Continuous HDL -- measured	26	Mean: 1.32 SD: 0.06	12 weeks	26	NR	Mean change from baseline: 0.09 % Change from baseline: 8	P=0.008 for Overall between group difference.

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		mmol/l						P<0.001	
	Arm 2: (M) Colestipol 5g +SMV 20mg	Continuous HDL -- measured mmol/l	29	Mean: 1.24 SD: 0.06	12 weeks	29	NR	Mean change from baseline: 0.12 % Change from baseline: 11 P<0.001	P=0.008 for Overall between group difference.
	Arm 3: (M) Colestipol 10g + SMV 20mg	Continuous HDL -- measured mmol/l	28	Mean: 1.24 SD: 0.07	12 weeks	28	NR	Mean change from baseline: 0.08 % Change from baseline: 7 P<0.05	P=0.008 for Overall between group difference.
Knapp, 2001 ⁵	Arm 1: (M) SMV 20 mg	Continuous HDL -- measured mg/dL	39	Median: 48 IQR: 42, 58	6 weeks	39	Median: 52 IQR: 43, 62	Change from baseline: 3 IQR: 0,6 P<0.05 % Change from baseline: 7 IQR: -1, 14 95%CI: 3, 11 P<0.05	
	Arm 2: (L) Colsevelam 3.8g + SMV 10mg	Continuous HDL -- measured mg/dL	34	Median: 49 IQR: 43, 58	6 weeks	34	Median: 53 IQR: 49, 60	Change from baseline: 5 IQR: 2,8 P<0.0001 % Change from baseline: 10 IQR: 3,15 95%CI: 8,14 P<0.0001	NR
Pravastatin Multicenter Study Group II,	Arm 1: (M) PRV 80 mg	Continuous HDL -- measured	63	Mean: 46 SE: 1.2	8 weeks	61	Mean: 46 SEM: 1.5	% Change from baseline: 4.8 SE: 1.4 P<=0.001	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
1993 ⁶		mg/dL							
	Arm 2: (L) Cholestyramine 24g + PRV 40mg	Continuous HDL -- measured mg/dL	64	Mean: 43 SE: 1.5	8 weeks	63	Mean: 46 SEM: 1.5	% Change from baseline: 5.9 SE: 1.4 P<=0.001	NR
Schrott, 1995 ⁷	Arm 1: (M) LOV 40 mg	Continuous HDL – measured mg/dL	24	Mean: 53 SE: 2.6	12 weeks	NR	Mean: 56 SE: 2.3	% Change from baseline: 6 P<0.01	
	Arm 2: (L) Colestipol 5g +LOV 20mg	Continuous HDL – measured mg/dL	23	Mean: 54 SE: 3.4	12 weeks	NR	Mean: 57 SE: 3.4	% Change from baseline: 6 P<0.01	NR
	Arm 3: (L) Colestipol 10g +LOV 20mg	Continuous HDL – measured mg/dL	23	Mean: 54 SE: 2.8	12 weeks	NR	Mean: 56 SE: 2.6	% Change from baseline: 4 P=0.068	NR

HDL high density lipoprotein; NR not reported; NS non-significant; RSV Rosuvastatin; SD standard deviation

Evidence Table E5. Treatment adherence – bile acid sequestrants

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
2009 Studies						
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg	Count Pill count	4 weeks	20	88%	
	Arm 2: (M) Colsevelam 3.8g + ATV 10mg	Count Pill count	4 weeks	18	91%	NR
Schrott, 1995 ⁷	Arm 1: (M) LOV 40 mg	Compliance with drug therapy	12 weeks	NR	97% SE: 1.0	
	Arm 2: (L) Colestipol 5g +LOV 20mg	Compliance with drug therapy	12 weeks	NR	95% SE: 1.7	No significant difference between Arm 1 and Arm 2
	Arm 3: (L) Colestipol 10g +LOV 20mg	Compliance with drug therapy	12 weeks	NR	93% SE: 1.4	No significant difference between Arm 1 and Arm 3

NR not reported; RSV Rosuvastatin

Evidence Table E6. Withdrawal due to adverse events – bile acid sequestrants

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
2009 Studies						
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg	Count Withdrawal due to adverse events	4 weeks	20	n: 1	
	Arm 2: (M) Colsevelam 3.8g + ATV 10mg	Count Withdrawal due to adverse events	4 weeks	18	n: 1	NR
Knapp, 2001 ⁵	Arm 1: (M) SMV 20 mg	Count Withdrawal due to adverse events	6 weeks	39	n: 0	
	Arm 2: (L) Colsevelam 3.8g + SMV 10mg	Count Withdrawal due to adverse events	6 weeks	34	n: 1	NR

NR not reported;

Evidence Table E7. Elevated AST or ALT – bile acid sequestrants

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
2009 Studies						
Hunninghake, 2001 ³	Arm 1: (H) ATV 80 mg	Count Elevation AST and/or ALT >3x ULN	4 weeks	20	n: 0	
	Arm 2: (M) Colsevelam 3.8g + ATV 10mg	Count Elevation AST and/or ALT >3x ULN	4 weeks	18	n: 0	NR

ALT alanine aminotransferase; AST aspartate aminotransferase; NR not reported; RSV Rosuvastatin.

Evidence Table E8. Study quality assessment – bile acid sequestrants

Author, Year	2009 CER Jadad Score	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14
Barbi, 1992 ¹	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Ismail, 1990 ²															
Hunninghake, 2001 ³	4	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Johansson, 1995 ⁴	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Knapp, 2001 ⁵	5	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Pravastatin Multicenter Study Group II, 1993 ⁶	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Schrott, 1995 ⁷	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

CER comparative effectiveness report; H high; L low; N no; NA not applicable; NR not reported; U unclear or unsure.

Q1. What is the risk of selection bias (biased allocation to interventions) due to inadequate generation of a randomized sequence?

Q2. What is the risk of selection bias (biased allocation to interventions) due to inadequate concealment of allocations before assignment?

Q3. For each main outcome or class of outcomes, what is the risk of performance bias due to knowledge of the allocated interventions by participants and personnel during the study (lack of study participant and personnel blinding)?

Q4. Was the care provider blinded to the intervention?

Q5. For each main outcome or class of outcomes, what is the risk of detection bias due to knowledge of the allocated interventions by outcome assessment (lack of outcome assessor blinding)?

Q6. For each main outcome or class of outcomes, what is the risk of attrition bias due to amount, nature, or handling of incomplete outcome data?

Q7. What is the risk of reporting bias due to selective outcome reporting?

Q8. Are there other biases due to problems not covered in 1-6?

Q9. Were all randomized participants analyzed in the group to which they were allocated?

Q10. Were the groups similar at baseline regarding the most important prognostic indicators?

Q11. Were co-interventions avoided or similar?

Q12. Was the compliance acceptable in all groups?

Q13. Was the timing of the outcome assessment similar in all groups?

Q14. Are there other risks of bias?

Evidence Table E9. Study characteristics – ezetimibe

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
Ahmed, 2008 ⁸ No	Parallel Arms RCT Single Center Middle East	-Age: 47-62 -Female -Only males -Race/Ethnicity only from the Bahawalpur area -patients without cardiovascular disease -patients without DM -Only patients without thyroid, liver, or chronic kidney disease and without metabolic syndrome- -Patients with LDL-C not at their ATP-III goal level	NR	6-Weeks NA 9-Weeks 3 weeks "washout" and 6 weeks dietary advice	Arm 1: ATV 20mg daily Arm 2: SMV 10mg +Ezetimibe10mg	No subgroup analyses were conducted	Yes, Industry support NR
Araujo, 2010 ⁹ NR	Crossover design Single Center- Central South America	A-ge: 18-75 -Patients with Cardiovascular disease: No uncontrolled heart disease -Not Diabetic, preganant or breast feeding -LDL >160mg/dl - No clinically detectable atherosclerotic disease -No SMV or Ezetimibe hypersensitivity, -No liver transaminases >1.5 times normal or creatinine kinase > 3times normal	NR	4-Weeks Yes NR	Arm 1: SMV 80mg Arm 2: SMV 10mg +Ezetimibe 10mg	No subgroup analyses were conducted	No NR
Averna, 2010 ¹⁰ No	Parallel Arms RCT Multiple Center Europe	-Age: 18-75 yrs -Patients with Cardiovascular disease: Documented CHD (stable angina with evidence of ischemia on exercise testing, history of MI, percutaneous transluminal coronary angioplasty, atherothrombotic	Prior to trial entry	6-Weeks NA 6-Weeks SMV 20mg daily	Arm 1: SMV 40mg Arm 2: SMV 10mg +Ezetimibe 10mg	No subgroup analyses were conducted	Yes, Industry support Yes, Employee of pharmaceutical company

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		<p>cerebrovascular disease, unstable angina, or non-Q wave myocardial infarction; symptomatic peripheral vascular disease)</p> <p>-Taking a stable daily dose of SMV 20 mg for 6 weeks with good compliance (80% of daily doses for the 6 weeks before baseline visit) and had LDL-C concentration > 100 mg/dL to 160 mg/dL or less</p> <p>- TG< 350 mg/dL, liver transaminases (alanine aminotransferase [ALT] or aspartate aminotransferase [AST]) and creatine phosphokinase (CK) <50% above ULN with no active liver disease, and hematology, blood chemistry, and urinalysis within normal limits</p> <p>-Women of childbearing potential using effective birth control</p> <p>-No class III or IV CHF ; uncontrolled cardiac arrhythmia; recent (within 3 months of randomization) MI, acute coronary insufficiency, coronary artery bypass surgery, or angioplasty; unstable or severe peripheral artery disease; newly diagnosed or unstable angina pectoris; uncontrolled hypertension; uncontrolled endocrine or metabolic disease known to influence serum lipids or lipoproteins; impaired renal function or nephrotic syndrome; or were taking any lipid-lowering agents, fibrates, resins or niacins, or prescription and/or over-the-counter-</p>					

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		drugs with the potential for significant lipid effects or with potential drug interactions with the statins.					
Ballantyne 2003 ¹¹	Parallel Arm RCT Multicenter Unclear	Men and women ≥18 years of age were screened for primary hypercholesterolemia, defined as calculated LDL-C of 145 to 250 mg/dL, inclusive, and triglyceride levels ≥350 mg/dL. All patients provided written informed consent. Exclusion criteria included congestive heart failure (defined as New York Heart Association class III or IV heart failure ⁸); uncontrolled cardiac arrhythmias; myocardial infarction, coronary bypass surgery, or angioplasty within 6 months of study entry; history of unstable or severe peripheral artery disease within 3 months of study entry; unstable angina pectoris; uncontrolled or newly diagnosed (within 1 month of study entry) diabetes mellitus; unstable endocrine or metabolic diseases known to influence serum lipids and lipoproteins; known impairment of renal function; active or chronic hepatic or hepatobiliary disease; and known coagulopathy.	Lipid therapy was discontinued before trial; 12 weeks for fibrates, 1 year for probucol, and 6 weeks for statins, bile acid sequestrants, nicotinic acid, garlic, fish oil, and other lipid-altering agents	12 weeks 2-12 weeks 2-12 weeks	Arm1: ATV 20mg Arm 2: ATV 40mg Arm 3: ATV 80mg Arm 4: ATV 10mg +Ezetimibe 10mg	None	Funded by pharma, authors employees of pharma.
Ballantyne, 2005 ¹² NR	Parallel Arm RCT Multicenter	-Men and women, 18 to 79 years, - LDL-C level at or above drug treatment thresholds established by NCEP ATP III, established CHD or CHD risk equivalent with an LDL-C ≥130 mg/dL;	All lipid therapy discontinued 7 weeks before trial, fibrates for 9 weeks	6 week NR	Arm1: ATV 10mg Arm 2: ATV 20mg	None	Pharma sponsored study, authors were employees of pharma too.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
	North America	-No established CHD or CHD risk equivalent, with ≥ 2 risk factors conferring a 10-year risk for CHD $>10\%$ and $<20\%$ with an LDL-C ≥ 130 mg/dL; no established CHD or CHD risk equivalent, with ≥ 2 risk factors conferring a 10-year risk for CHD $<10\%$ with an LDL-C ≥ 160 mg/dL; and no established CHD or CHD risk equivalent, with <2 risk factors, and with LDL-C ≥ 190 mg/dL. -fasting TG level ≤ 350 mg/dL, ALT and AST, or creatine kinase (CK) level ≤ 1.5 times ULN, serum creatinine level ≤ 5 mg/dL, and HbA1C $<9.0\%$ in patients with diabetes.		4 week placebo run in	Arm 3: ATV 40mg Arm4: ATV 80mg Arm 5: SMV 10mg +Ezetimibe10 Arm 6: SMV 20mg +Ezetimibe 10mg		
Bardini, 2010 ¹³ NCT00423488	Parallel Arms RCT Multiple Center Europe	-Age: 18-75 -Patients with Cardiovascular disease: documented CHD (including stable angina with evidence of ischemia on exercise testing, history of MI, percutaneous transluminal coronary angioplasty, atherothrombotic cerebrovascular disease, unstable angina or non-Q wave MI), or symptomatic peripheral vascular disease, who were taking a stable daily dose of SMV 20 mg for 6 weeks with good compliance (80% of daily doses for the 6 weeks prior to baseline visit) and had LDL-C concentration ≥ 2.6 mmol/L (100 mg/dL) to ≤ 4.1 mmol/L (160 mg/dL) were eligible. -Patients were excluded if they had	Prior to trial entry	6 weeks NA NR	Arm 1: SMV 40mg Arm 2: SMV 20mg +Ezetimibe 10mg	No subgroup analyses were conducted	Yes, Industry support Yes, Financial relationship with pharmaceuticals Yes, Employee of pharmaceutical company

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		<p>Class III or IV CHF; uncontrolled cardiac arrhythmia; recent (within 3 months of randomization) myocardial infarction, acute coronary insufficiency, coronary artery bypass surgery, or angioplasty, unstable or severe peripheral artery disease; newly diagnosed or unstable angina pectoris, uncontrolled hypertension (treated or untreated)</p> <p>-DM patients: 18-75 years with T2DM [with fasting plasma glucose ≥ 7.0 mmol/L (126 mg/dL) and HbA1c $\leq 9.0\%$ of at least 12 months duration</p> <p>-TG < 3.99 mmol/L (350 mg/dL), ALT or AST and creatine phosphokinase (CK) < 50% above ULN with no active liver disease, and hematology, blood chemistry, and urinalysis within normal limits.</p> <p>- no uncontrolled endocrine or metabolic disease known to influence serum lipids or lipoproteins; impaired renal function (creatinine > 2.0 mg/dL) or nephrotic syndrome; or were taking any lipid-lowering agents, fibrates, resins or niacin, or prescription and/or over-the-counter-drugs with the potential for significant lipid effects (other than study drug) or with potential drug interactions with the statins.</p>					
Barrios, 2005 ¹⁴	Parallel Arm RCT	<p>-men and women >18 years</p> <p>-documented hypercholesterolaemia</p>	Atorvastatin 10 mg 1 week run-	6 weeks	Arm1: ATV 20mg	-Female , -Race(White,	Yes

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
	Multicenter Europe, Asia	and atherosclerotic or CHD. - serum LDL-C between 2.5 and 4.2 mmol/l (100 to 160 mg/dl) and triglycerides (TG) <4.0 mmol/l (350 mg/dl) while on a stable dose of ATV 10 mg for >6 weeks prior to randomization. - Patients of childbearing age were eligible to participate if they had negative pregnancy test results and were considered, by the study investigator, highly unlikely to conceive. - No CHF; MI, coronary artery bypass surgery or angioplasty within the past 3 months; poorly controlled or newly diagnosed (within 3 months) Type I or II diabetes; uncontrolled hypertension (systolic >160 mmHg or diastolic >100 mmHg); uncontrolled endocrine or metabolic disease known to influence serum lipids; ALT and AST levels >1.5 times the ULN) and creatinine kinase (CK) levels >1.5 times ULN.	in. Other agents were discontinued	NR 1 week Patients received open-label ATV 10 mg and counseling for a low- cholesterol diet	Arm 2: SMV 20mg +Ezetimibe 10mg	Non-white, -DM	Yes
Bays, 2004	Factorial RCT Multicenter Multinational	- men and women aged 18 to 80 years -primary hypercholesterolemia defined as LDL-C concentrations ≥145 mg/dL but ≤250 mg/dL and TG≤350 mg/dL -ALT and AST concentrations ≤.5 times the upper limit of normal (ULN) with no active liver disease and creatine kinase (CK)	All treatments discontinued ≥6 weeks before trial (≥8 weeks for fibrates)	12 week NR 4 week single blind placebo run in	Arm1: SMV 10mg Arm 2: SMV 20mg Arm 3: SMV 40mg Arm 4:	None	pharmaceutical company supported study and authors

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		concentrations ≤ 1.5 times ULN at visit 2. Individuals were excluded from participating in the study if they met the following criteria: $< 50\%$ of ideal body weight according to the 1983 Metropolitan Height and Weight tables (or body weight < 100 lb), hypersensitivity to statins, or alcohol consumption > 14 drinks per week. Pregnant or lactating females were also excluded. Patients of childbearing age were eligible to participate in the study if they were surgically sterilized or considered highly unlikely to conceive due to use of an acceptable method of birth control (eg, oral contraceptives, intrauterine devices, double-barrier methods, hormone implants). Patients with stable/controlled cardiovascular disease, hypertension, or diabetes mellitus were also allowed to participate in this study			SMV 80mg Arm 5: SMV 10mg +Ezetimibe 10mg Arm 6: SMV 20mg +Ezetimibe 10mg Arm 7: SMV 40mg +Ezetimibe 10mg Arm 8: SMV 80mg +Ezetimibe 10mg Arm 9: Placebo		
Catapano, 2006 ¹⁵ NCT00090298	Parallel Arm RCT Multicenter NR	-Men and women 18–81 years of age - LDL-C ≥ 145 mg/dL (3.7 mmol/L) and ≤ 250 mg/dL (6.5 mmol/L) -fasting serum TG level ≤ 350 mg/dL (4.0 mmol/L), - ALT, AST, or creatine kinase (CK) level ≤ 1.5 times the ULN, -serum creatinine level ≤ 1.5 mg/dL (133 mmol/L), -HbA1c $< 9.0\%$ in patients with diabetes	Patients discontinued fibrate and all other lipid lowering therapy at 9 and 7 weeks, respectively,	6 weeks Patients discontinued fibrate and all other lipid lowering therapy at 9 and 7 weeks, respectively, before the start of the study	Arm 1: RSV 10mg Arm 2: SMV 20mg +Ezetimibe 10mg Arm 3: RSV 20mg Arm 4: SMV 40mg* +Ezetimibe 10mg	NR	Study funded by pharmaceutical company. Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
				4 weeks placebo/diet run in period	Arm 5: RSV 40mg Arm 6: SMV 80mg* +Ezetimibe 10mg *This arm included only in population characteristics to fully describe study population; however, will not be included in further description or analyses as it is ineligible;		
Cho, 2011 ¹⁶ NR	Parallel Arms RCT Single Center Asia	-Age: 20-79 -Patients with coronary artery disease and documented hypercholesterolemia (LDL-C >100 mg/dL and ≤250 mg/dL), -presence of established cardiovascular disease plus (1) multiple major risk factors (es pecially DM, (2) poorly controlled risk factors {especially continued cigarette smoking, uncontrolled blood pressure and low high density lipoprotein-cholesterol (HDL-C)}, (3) multiple risk factors of the metabolic syndrome {especially high triglycerides (TG) ≥200 mg/dL plus	Prior statin use	8-Weeks NA 4-Weeks	Arm 1: ATV 20 mg Arm 2: SMV 20mg +Ezetimibe 10 mg	No subgroup analyses were conducted	NR NR

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		non HDL-C ≥ 130 mg/dL with low HDL-C (180 mmHg or diastolic blood pressure >100 mmHg), evidence of uncontrolled endocrine or metabolic disease known to influence serum lipid profile, and concomitant excluded drug use (i.e. immunosuppressant, corticosteroids, or potent inhibitors of cytochrome P450 3A4)					
Constance, 2007 ¹⁷ NR	Parallel Arm RCT Multicenter Asia Australia and New Zealand Central and South America Europe Middle East North America	-men and women ≥ 18 years of age, diagnosed with T2D, with whole blood HbA1c $\leq 10\%$, - ALT and/or AST levels ≤ 1.5 times the upper limit of normal (ULN), and creatine kinase (CK) levels ≤ 1.5 times ULN. - Patients on ATV 10 mg for >6 weeks prior to study entry and completed a 4-week, open-label ATV 10 mg/day run-in baseline period. - Patients of childbearing age were eligible if they had negative pregnancy test results and were considered by the study investigator to be highly unlikely to conceive. Key exclusion criteria included CHF defined by New York Heart Association class III or IV; myocardial infarction, coronary artery bypass surgery or angioplasty within 3 months; uncontrolled hypertension (systolic >160 mm Hg or diastolic >100 mm Hg); uncontrolled endocrine or metabolic disease known to influence serum	Patients discontinued from all lipid-altering treatments other than ATV 10 mg for at least 6 weeks before the study start (≥ 8 weeks for fibrates). Eligible patients entered a 4-week baseline period while continuing to receive open label ATV 10 mg and counseling for a low cholesterol diet	8 weeks NR Patients were on ATV 10 mg for >6 weeks prior to study entry and completed a 4-week, open-label ATV 10 mg/day run-in baseline period in addition to counseling for a low cholesterol diet.	Arm1: ATV 20mg Arm 2: SMV 20mg +Ezetimibe 10mg Arm 3: SMV 40mg +Ezetimibe 10mg* *This arm included only in population characteristics to fully describe study population; however, will not be included in further description or analyses as it is ineligible	-All females -Race - Baseline LDL-C ≥ 3.00 mmol/l,	Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		lipids or lipoproteins; impaired renal function (creatinine >177 mmol/l) or nephrotic syndrome; alcohol consumption >14 drinks per week and treatment with excluded concomitant medications (i.e. immunosuppressants, corticosteroids or potent inhibitors of cytochrome P450 3A4)					
Davidson, 2002 ¹⁸ NR	Factorial RCT Multicenter North America	-Men and women ages 18 years and older -primary hypercholesterolemia (plasma LDL-C concentration >145 mg/dl to <250 mg/dl, as calculated by the Friedewald equation and TG >350 mg/dl) -No CHF (defined as New York Heart Association class III or IV heart failure) uncontrolled cardiac arrhythmias; history of unstable or severe peripheral artery disease within three months of study entry; unstable angina pectoris; MI, coronary bypass surgery, or angioplasty within six months of study entry; uncontrolled or newly diagnosed (within one month of study entry) diabetes mellitus; -No active or chronic hepatic or hepatobiliary disease; known impairment of renal function; known coagulopathy; and unstable endocrine disease.	Lipid therapy discontinued before study	12 weeks NA 4 weeks (single blind placebo lead in period)	Arm1: SMV 20mg Arm 2: SMV 40mg Arm 3: SMV 80mg Arm 4: SMV 10mg +Ezetimibe10mg Arm 5: SMV 20mg +Ezetimibe 10mg Arm 6: placebo Arm 7: Ezetimibe 10mg Arm 8: SMV 10mg Arm 9:	None	Yes Yes

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
					SMV 80mg +Ezetimibe 10mg		
Feldman, 2004 ¹⁹	Parallel Arm RCT Multicenter North America	<ul style="list-style-type: none"> - men and women 18 to 80 years of age with CHD or CHD risk equivalent disease according to NCEP ATP III guidelines and plasma levels of LDL cholesterol ≥ 130 mg/dl and triglyceride ≤ 350 mg/dl. - Premenopausal women with negative pregnancy test results and were surgically sterilized or very unlikely to conceive. - Liver transaminase and creatine kinase levels $\leq 50\%$ above the upper limit of normal, -patients who had discontinued all lipid-lowering agents ≥ 6 weeks before randomization. NCEP ATP III National Cholesterol Education Program Adult Treatment Panel III; *This arm included only in population characteristics to fully describe study population; however, will not be included in further description or analyses as it is ineligible. 	patients had to discontinued all lipid-lowering agents ≥ 6 weeks before randomization.	5-23 weeks ≥ 6 weeks 4-week placebo diet run-in period	Arm1: SMV 20mg Arm 2: SMV 10mg +Ezetimibe 10mg Arm 3: SMV 20mg* +Ezetimibe 10mg Arm 4: SMV 40mg* +Ezetimibe 10mg	-Age<65, ≥ 65 -Gender -Race -CHD category -Baseline LDL cholesterol category (<160, ≥ 160)	pharmaceutical company sponsored,
Florentin, 2011 ²⁰	Parallel Arms RCT Single Center	<ul style="list-style-type: none"> -Diabetic patients;only patients with first diagnosis of diabetes were included, received no anti diabetic drugs during study -Patients with LDL-C levels above 	Yes Prior statin use ever	3-Months NA NR	Arm 1: Monotherapy-simva 40 Arm 2:	No subgroup analyses were conducted	Yes, Industry support No

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
NCT00932620	Europe	those recommended by the NCEP-ATP III based on each patient's risk factors following a 3-month period of lifestyle changes - No Subjects with TG > 500 mg/dL (5.65 mmol/L), renal disease (serum creatinine levels >1.6 mg/dL; 141 μmol/L), hypothyroidism (thyroid stimulating hormone [TSH] 4-5 IU/mL) and liver disease (alanine amino-transferase [ALT] and/or aspartate aminotransferase [AST] levels 4-3-fold upper limit of normal [ULN] in two consecutive measurements -Any lipid-lowering drugs had to be stopped for at least 6 weeks before study entry. - Patients with hypertension who were on stable medication for at least 3 months and their blood pressure was adequately controlled			Eze/Simba 10/10		
Foody, 2010 ²¹ NCT00535405	Parallel Arms RCT Multiple Center North America	-Patients with Cardiovascular disease: Participants included in this study were at moderately high risk or high risk (with CHD or CHD risk equivalent) with or without atherosclerotic vascular disease (AVD; including a history of MI, stable angina, coronary artery procedures, evidence of clinically significant myocardial ischemia, peripheral arterial disease, AAA, or carotid artery disease) with LDL cholesterol levels ≥130 mg/dl (3.36 mmol/L), triglyceride levels ≤350 mg/dl, liver transaminases (alanine	Prior statin use	12-Weeks NA 3-Weeks Single blind placebo run-in	Arm 1: ATV 20mg Arm 2: ATV 40mg Arm 3: SMV 20mg +Ezetimibe 10mg Arm 4: ATV 10mg Arm 5: SMV 40mg	-All females -All race: African;American, Asian and Hispanic -Patients with DM (type 1 or 2) -Patients with established vascular disease ;peripheral vascular disease,	Yes Government support Yes, Financial relationship with pharmaceuticals Yes, Employee of pharmaceutical company

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		aminotransferase and aspartate aminotransferase) <= 1.5 times the upper limit of normal (ULN) with no active liver disease, and creatine kinase levels <=2 times ULN (3.96 mmol/L) -No patients with prespecified cardiovascular diseases (congestive heart failure; unstable angina pectoris; MI, coronary artery bypass surgery, angioplasty, or uncontrolled peripheral artery disease <= 3 months of placebo run-in; uncontrolled hypertension), intestinal malabsorption or renal disease, uncontrolled endocrine or metabolic diseases, or treatment with prohibited concomitant therapies (i.e., potent P450 3A4 inhibitors; cyclosporine, danazol or fusidic acid; systemic corticosteroids; anti-obesity medication with 3-month stabilization)			+Ezetimibe 10mg	cerebrovascular disease, and/or CAD -Patients with baseline LDL>=190mg/dL	
Gaudiani, 2005 ²²	Parallel Arm RCT Multicenter North America	-Age 30–75 years - T2DM(HbA1c<9%), who had been treated with a stable dose of pioglitazone (15–45 mg/day) or rosiglitazone(2–8 mg/day) for at least 3 months. -Men, post-menopausal women or pre-menopausal women highly unlikely to conceive - No MI or cardiovascular surgery within 3 months of study entry -Stable therapy with other antidiabetic medications - patients already treated with a	Eligible patients received open-label SMV 20mg during a 6- week lipid stabilization period	24 weeks NR patients received SMV 20mg for 6 weeks	Arm1: SMV 40mg Arm2: SMV 20mg +Ezetimibe10mg	-Gender(M,F) -Age (<65,≥65) -Race (White,Black, Hispanic) -Baseline LDL(<130,≥130mg/dl) -Baseline TG(<200,≥200mg/dl) -pioglitazone or	pharmaceutical company sponsored, authors were employees of pharmaceutical company

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		statin, that have a plasma LDL-C >2.6mmol/l(100mg/dl) and TG <6.8mmol/l (600mg/dl) prior to initiation of pre-study statin therapy				rosiglitazone TZD (low or high dose)	
Goldberg, 2004 ²³	Factorial RCT Multicenter Multinational	Men and women aged 18 years or older with primary hypercholesterolemia, LDL-C 145-250 mg/dl, TG <=350 mg/dl. No congestive heart failure, arrhythmias, severe peripheral artery disease, MI or CABG within 3months, newly diagnosed or uncontrolled DM, renal impairment, uncontrolled hypertension	Lipid therapy was discontinued prior to trial; 6 weeks for statin and 8 weeks for fibrates	12 weeks 2-12 week 4 week- placebo lead-in (single blinded)	Arm1: SMV 20mg Arm 2: SMV 40mg Arm 3: SMV 80mg Arm 4: SMV 10mg +Ezetimibe 10mg Arm 5: SMV 20mg +Ezetimibe10mg Arm 6: SMV 10mg Arm 7: SMV 40mg +Ezetimibe 10mg Arm 8: SMV 80mg +Ezetimibe 10mg	None	Funded by pharma, authors employees of pharma
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵	Parallel Arm RCT	-patients with type 2 diabetes -aged 18-80 years -hemoglobin A1c levels of 8.5% or less	Lipid therapy discontinued before trial	6 weeks 3-5 weeks	Arm1: ATV 20mg Arm 2: ATV 40mg	All patients were diabetics	Yes

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
Guyton, 2008 ²⁶ NR VYTAL study	Multicenter North America			washout/run-in (for lipid therapy before trial) 3-5 weeks washout/run in with placebo	Arm 3: SMV20 +Ezetimibe 10mg Arm 4: ATV 10mg Arm 5: ATV 10mg Ezetimibe 40mg		Yes
Hamdan, 2011 ²⁷ No	Parallel Arms RCT Single Center Middle East	-Patients with Cardiovascular disease; Acute coronary syndrome (ACS): Typical signs and symptoms of cardiac ischemia and EKG abnormality like T wave tenting or inversion, ST segment elevation or depression (including J point depression in multiple leads) and pathologic Q waves. -No known sensitivity to drugs, renal dysfunction, unexplained elevation of liver function test, infectious or inflammatory process, pt treated with statin or ezetimibe within 6 weeks	No	12-Weeks NA NR	Arm 1: ATV 20 mg plus Placebo for 12 weeks Arm 2: ATV 10mg +Ezetimibe 10 mg for 12 weeks	No subgroup analyses were conducted	NR NR
Her, 2013 ²⁸	RCT Asia	Men and women aged 20 to 79 years with a LDL-C >130 mg/dL and triglyceride level <400 mg/dL. No pregnant or breastfeeding women, a history of cerebrovascular accident or myocardial infarction within 3 months of enrollment, serum creatinine >2.0 mg/dL, transaminase	no	8 weeks NA 4 week- dietary lead-in	Arm 1: Atorva 20 mg Arm 2: Rosuva 10 mg Arm 3: Atorva/Ezetimibe 5/5 mg	None	None None

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		level >2_ upper limit of normal (ULN)					
Kawagoe, 2011 ²⁹ NR	Parallel Arms RCT Single Center Asia	-patients with hypercholesterolemia	NR	10-Weeks NA NR	Arm 1: FLV 60mg Arm 2: FLV 20mg +Ezetimibe10	No subgroup analyses were conducted	NR NR
Kerzner, 2003 ³⁰ NR	Factorial RCT Multicenter Multinational	-mean plasma LDL cholesterol \geq 145 mg/dl (3.75 mmol/L) to \leq 250 mg/dl (6.47mmol/L) and mean TG \leq 350 mg/dl [3.99mmol/L] with no single value >400 mg/dl [4.52 mmol/L]). Exclusion criteria included congestive heart failure (defined as New York Heart Association class III or IV heart failure); uncontrolled cardiac arrhythmias; history of unstable or severe peripheral artery disease within 3 months of study entry; unstable angina pectoris; myocardial infarction, coronary bypass surgery, or angioplasty within 6 months of study entry; uncontrolled or newly diagnosed (within 1 month of study entry) diabetes mellitus; active or chronic hepatic or hepatobiliary disease; known impairment of renal function; known coagulopathy; and unstable endocrine or metabolic disease known to influence serum lipids or lipoproteins.	discontinued the use of all lipid-altering drugs prior to trial	12 weeks 2-12 week 4 week- placebo lead-in (single blinded)	Arm1: LOV 20mg Arm 2: LOV 40mg Arm 3: LOV10mg +Ezetimibe10mg Arm 4: Placebo Arm 5: Ezetimibe 10mg Arm 6: LOV 10mg Arm 7: LOV 20mg +Ezetimibe 10mg Arm 8: LOV 40mg +Ezetimibe 10mg	None	Funded by pharma, authors employees of pharma

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
Lee, 2011 ³¹ NR	Parallel Arms RCT Single Center Asia	-Age: 20-79 -Patients with Cardiovascular disease: no history of acute CVA or MI within 3 months of trial entry -LDL-C > 130 mg/dL and triglycerides (TG) < 400 mg/dL - No familial hypercholesterolemia, pregnancy or breastfeeding, serum creatinine > 2.0 mg/dL, transaminase level > 2 x upper limit of normal (ULN), thyroid dysfunction, serum creatine kinase (CK) > 2 . 5 x ULN, infection, inflammatory disease, anti-inflammatory drugs, cancer, or a history of adverse reaction to test drugs.	Prior statin use	8-Weeks NA 4 weeks	Arm 1: ATV20 Arm 2: Z5/ Ezetimibe 5mg	No subgroup analyses were conducted	No No
Lee, 2012 ³² NR	Parallel Arms RCT Single Center Asia	-Age: 20-79 -LDL-C levels >130 mg/dL and TG levels between 150 and 499 mg/dL -no familial hypercholesterolemia, pregnancy or breastfeeding, a history of acute CVA, myocardial infarction within 3 months of trial entry, serum creatinine >2.0 mg/dL, transaminase level >2 upper limit of normal (ULN), thyroid dysfunction, serum creatine kinase >2.5 ULN, infection, inflammatory diseases, cancer, or a history of adverse reaction to test drugs.	Yes Prior statin use ever	8-Weeks NA 4-Weeks	Arm 1: ATV 20 mg Arm 2: ATV 5mg Ezetimibe 5mg	No subgroup analyses were conducted	No No
Lee, 2013 ³³	RCT Asia	Men or women aged between 20 and 80 years who had been diagnosed with type 2 diabetes	No	12 weeks NA	Arm 1: Ezetimibe/Simvastatin 10/20 mg	None	Pharmaceutical support None

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		and hypercholesterolemia. No a history of hypersensitivity to ezetimibe or statins, chronic renal failure hepatic dysfunction, congestive heart failure, stroke, myocardial infarction, or coronary revascularization within the preceding 3 months;		4 weeks- life style modification	Arm2: Atorvastatin 20 mg		
Liberopoulos, 2013 ³⁴ NR	Parallel Arms RCT Single Center Europe	-Patients with Cardiovascular disease: no known CVD, symptomatic carotid artery disease, peripheral arterial disease, no AAA -LDL-C levels above those recommended by the NCEP ATIII based on each patient risk factors following a 3-month period of lifestyle changes -No hypertension with a change in their medicine in the last 3 months or an uncontrolled blood pressure - No DM, renal or liver disease -No hypertriglyceridemia (TGs>500 mg/dL (5.65 mmol/L))	Prior statin use	12 Weeks NA NR	Arm 1: SMV 40mg Arm 2: SMV 10mg +Ezetimibe 10mg	No subgroup analyses were conducted	No No
Matsue, 2013 ³⁵	RCT Asia	Men and women aged >20 years with clinically evident CAD and LDL- C >70 mg/dl despite use of 10 mg of atorvastatin for >1 month were assessed for eligibility. Major exclusion criteria included any of the following: hypersensitivity to atorvastatin or ezetimibe; active liver disease or hepatic dysfunction, uncontrolled diabetes, coronary revascularization,	no	12 weeks NA None	Arm 1: Ezetimibe/Atorvastta in 10/10 mg Arm2: Atorvastatin 20 mg	None	None None
McKenney, 2007 ³⁶	Parallel Arm RCT	-Men and women aged >= 21 years, - mean of two consecutive	NR	12 weeks (but only 8 week	Arm1: RSV 20 mg	None	Pharma funded study, authors employees of

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
NCT00079638 COMPELL	Multicenter North America	determinations of LDL-C, following a minimum 4-week drug washout period if required, had to be: ≥190 mg/dL (4.9 mmol/L) for patients with 0–1 risk factors, ≥160 mg/dL (4.1 mmol/L) for those with 2 or more risk factors, or ≥130 mg/dL (3.4 mmol/L) for patients with established CHD. The two qualifying lipid determinations could not differ by more than 15% from each other. -Mean TG ≤300 mg/dL (3.4 mmol/L). -No known hypersensitivity to the study drugs;major organ system disease; severe hypertension; diabetes;major cardiovascular event within the previous 12 months; severe heart failure; history of myopathy; active gout; or life expectancy <2 years. -No baseline creatine kinase >3 times upper limit, liver transaminases >1.3 times upper limit, creatinine ≥1.5 mg/dL, estimated creatinine clearance <30 mL/min, or uric acid >1.3 times upper limit of normal. -Women of childbearing potential if they used contraception for the study duration.		outcomes are eligible for our review) 4 weeks, before entry into trial None	Arm 2: SMV 20mg +Ezetimibe 10mg		pharma
Moutzouri, 2011 ³⁷	Parallel Arms RCT Single Center	-Primary hypercholesterolemia. -LDL-C levels above those recommended by NCEP-ATP III	NR	12-Weeks NA	Arm 1: Open-label SMV 40 mg for 12 weeks	No subgroup analyses were	NR

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
NR	Europe	based on each patient risk factors following a 3- month period of lifestyle changes. -Hypertensive patients with stable medication and BP controlled. -Not currently taking lipid-lowering medication (including having stopped within the past 4 weeks). -No CAD ,symptomatic CVD, AAA, DM, TG >500mg/dl, renal diseases, hypothyroidism, liver diseases, neoplasm, clinical evidence of an inflammatory or infection		12-Weeks	Arm 2: RSV 10 Arm 3: Open-label SMV 10mg +Ezetimibe 10 mg for 12 weeks	conducted	No
Moutzouri, 2012 ³⁸ NR	Parallel arms RCT Single Center Europe	-Patients with cardiovascular disease: - No known coronary artery disease, symptomatic carotid artery disease, peripheral arterial disease, AAA,DM -patients with LDL-cholesterol levels above those recommended by NCEP ATP III based on each patient risk factors, following a 3-month period of lifestyle changes	NR	NA 3 months 3-month dietary intervention in accordance with the NCEP ATP III guidelines. All participants completed 4-day diet records at baseline and at the end of the treatment period. A dietician prescribed a low fat diet for each patient.	Arm 1: SMV 80mg Arm 2: SMV 10mg +Ezetimibe 10mg	No subgroup analyses were conducted	No No
Okada, 2011 ³⁹ NR	Parallel Arms RCT Multiple Center	-Age: ≥20; -Female patients, not pregnant or nursing -Patients with Cardiovascular disease: coronary artery disease	Prior statin use	12- NA NA	Arm 1: ATV 20 mg Arm 2: RSV 5 mg	No subgroup analyses were conducted	Yes, NR

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
	Asia	whose LDL-C levels were ≥ 100 mg/d after at least 4 weeks of treatment with atorvastatin 10 mg/day, or rosuvastatin 2.5 mg/day -No TG >500 mg/dl, -No ALT more than twice the upper limit of normal, Secondary dyslipidemia, ACS, PCI, CABG, stroke within 3 months			Arm 3: ATV 10mg +Ezetimibe 10 mg Arm 4: RSV 2.5mg +Ezetimibe 10 mg		
Ostad, 2009 ⁴⁰ ISRCTN3411068 2 CEZAR study	Parallel Arms RCT Single Center Europe	-Patients with Cardiovascular disease: Coronary artery disease defined as at least one coronary stenosis >50% or general wall irregularities. No ACS. -LDL-C >100mg/dl endothelial dysfunction of brachial artery defined as flow-mediated dilation	Not	8 weeks No NR	Arm 1: ATV 80mg Arm 2: ATV 10mg + Ezetimibe 10mg	No subgroup analyses were conducted	No No
Pesaro, 2012 ⁴¹ No	RCT Parallel arms Single Center Central South America	-Age: 18-80 yrs -Patients with Cardiovascular disease: angiographically documented CAD, stable angina, and age between 18 and 80 years. no history of myocardial infarction or revascularization within the last 3 months, moderate/severe left ventricular systolic dysfunction, warfarin treatment, -patients had LDL-C > 70 mg/dL despite ongoing treatment with 20 mg/day of simvastatin for more than four weeks - No malignancy, inflammatory	Prior to trial entry	6 weeks NA NR	Arm 1: SMV 80mg Arm 2: SMV 20mg +Ezetimibe 10mg	No subgroup analyses were conducted	No YesFinancial relationship with pharmaceuticals

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
		diseases, severe renal insufficiency (creatinine > 1.5 mg/dL), active liver disease or known liver cirrhosis and unclarified transaminase increase (> 3 fold of normal)					
Piorkowski, 2007 ⁴² NR	Parallel Arm RCT Single center Europe	-age between 18 and 80 years -angiographically documented CAD, -LDL>2.5mmol/l -concurrent medication with aspirin and clopidogrel, and maintained throughout the entire study period. -No myocardial infarction or creatine kinase elevation within the last 4 weeks, recent warfarin treatment, tumors, severe renal insufficiency, active liver disease or known liver cirrhosis, unclarified transaminase increase, recent antibiotic therapy, and known alcohol abuse	ATV 10 mg or 20mg/day	4 weeks None None	Arm1: ATV 40mg Arm 2:ATV 10mg +EZE 10mg	None	NR
Robinson, 2009 ⁴³ NCT00409773 VYMET Study	Parallel Arms RCT Multiple Center North America Europe	-Age: 18 to 79 years old -Patients with Cardiovascular disease: Moderately high or high risk of CHD -Diagnosed metabolic syndrome and hypercholesterolemia - Patients with preexisting AVD had to have baseline LDL≥70 mg/dL, all other patients had to have a baseline LDL≥100mg/dL - Naive to lipid-lowering medications or Discontinued medications at least 6 weeks before trial	Yes Prior statin use ever	6-Weeks NA NR	Arm 1: ATV 10mg Arm 2: SMV 20mg +Ezetimibe 10mg Arm 3: ATV 20mg Arm 4: SMV 40mg +Ezetimibe 10mg Arm 5: ATV 40mg	No subgroup analyses were conducted	Yes, Industry support Yes, Financial relationship with pharmaceuticals Yes, Employee of pharmaceutical company
Roeters van Lennep, H.W.O,	Parallel Arm RCT	-men and women > 18 years of age with controlled stable	Patients were required to be	12 weeks (+2 weeks for AE)	Arm1: SMV 40 (with SMV	None	Yes

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
2007 ⁴⁴ NCT00166530	Multicenter Europe	DM2 (> 3 months) and/or established CHD. -Patients on a stable daily statin dose of either ATV 10 mg or SMV 20 mg for at least 4 weeks. -Entry lipid values while on statin monotherapy were: LDL-C \geq 2.5 mmol/L and < 5.0 mmol/L, TG \leq 4.0 mmol/L and TC \leq 7.0 mmol/L. - -Female patients who were postmenopausal, surgically sterilized or otherwise judged by the investigator as ‘highly unlikely to conceive’ during the study due to use of an acceptable method of birth control. - No cholesterol-lowering medication regime changed in the previous 4 weeks, any other investigational drug within 3 months, pregnant or lactating.	on a stable daily statin dose of either ATV 10 mg or SMV 20 mg for at least 4 weeks	monitoring only) NR 4 weeks	20mg during run in) Arm 2: ATV 20mg (with ATV 10mg during run in) Arm 3: SMV 20 +Ezetimibe 10mg (with SMV 20mg during run in) Arm 4: SMV 20mg +Ezetimibe10mg (with ATV 10mg during run in)		Authors were employed by pharmaceutical industry
Rudofsky, 2012 ⁴⁵ NR	Parallel Arms RCT Single Center Europe	-Age: 35-80 yrs old -type 2 DM with HbA1c between 6 and 9%. -Patients with elevated LDL-c values > 100 mg/dl with no lipid-lowering treatment within the last six month - No uncontrolled hypertension and/or aspirin or corticoids in their medication*	NR	8-Weeks NA NR	Arm 1: SMV 80mg Arm 2: SMV 10mg +Ezetimibe 10mg Arm 3: Placebo	No subgroup analyses were conducted	Study funded by pharmaceutical companies. No
Stein, 2004 ⁴⁶	Parallel Arm RCT Multicenter North America,	Eligible patients were \geq 18 years old, with primary hypercholesterolemia and documented CHD, at least 2 cardiovascular risk factors, or HeFH with a LDL-C level \geq 130 mg/dL despite	a6- to 14-week non-blinded phase, during which 10 mg/day of ATV was	9 weeks** None 6-14 weeks*	Arm1: ATV 20 mg Arm 2: ATV 10 mg +Ezetimibe 10mg	None	Yes

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
	Europe (21 countries- not specified)	treatment with 10 mg/day of atorvastatin and diet (NCEP step 1 or stricter). No serum alanine aminotransferase (ALT) or aspartate aminotransferase (AST) determinations 2-times the upper limit of normal (ULN); significant renal or endocrine disease; pregnancy or lactation; advanced congestive heart failure (New York Heart Association class III or IV); uncontrolled cardiac arrhythmias; unstable angina pectoris, myocardial infarction, or surgical or percutaneous coronary revascularization within 3 months of study entry; or ongoing treatment with lipid-lowering agents other than 10 mg/day of atorvastatin.	initiated, other lipid-lowering medications were discontinued	*a 6- to 14-week nonblinded phase, during which 10 mg/day of atorvastatin was initiated, other lipid-lowering medications were discontinued, and a NCEP step 1 or stricter diet was stabilized ** I have included outcomes for 4 weeks only, doses were doubled after 4 weeks			
Yamazaki, 2013 ⁴⁷ UMIN000003746	Parallel Arms RCT Multiple Center Asia	-Patients with Cardiovascular disease: undergone percutaneous coronary intervention for CAD -LDL-C levels >70 mg/dl (above secondary prevention target for high-risk CAD), -hs-CRP levels> 1.0 mg/dl	NR	12 Weeks NA NR	Arm 1: RSV 10 mg Arm 2: RSV 2.5mg +Ezetimibe 10 mg	No subgroup analyses were conducted	NR No
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹ NCT00418834	Parallel Arms RCT Multiple Center North America Europe	-Age: >=65 years old -Patients with Cardiovascular disease: Established coronary heart disease and other AVD and LDL cholesterol >=70 but <=160 mg/dl; no AVD but diabetes mellitus (type 1 or 2) or multiple risk factors and a 10-year risk of coronary heart	Prior to trial entry	6-Weeks NA 4-Weeks ATV 10 mg daily	Arm 1: ATV 20mg Arm 3: ATV 10mg + Ezetimibe 10mg	-All elderly patients older than 80 -All females -Patients with DM (type 1 or 2) -Patients with	Yes, Industry support Yes, Financial relationship with pharmaceuticals Yes, Employee of pharmaceutical

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Statin Use Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosures by authors
ZETia in the ELDERly [ZETELD] Study		disease of >20% (as determined by the Framingham calculation) and LDL cholesterol ≥ 100 but ≤ 190 mg/dl -TG ≤ 350 mg/dl, alanine aminotransferase and aspartate aminotransferase ≤ 1.5 times the ULN with no active liver disease, creatine kinase ≤ 2 times the upper limit of normal, TSH ≥ 0.3 or ≤ 5.0 IU/ ml,				established vascular disease(peripheral vascular disease, cerebrovascular disease, and/or CAD)	company

AAA abdominal aortic aneurysm; ACS acute coronary syndrome; AE adverse event; ALT alanine aminotransferase; AST aspartate aminotransferase; ATV atorvastatin; CABG coronary artery bypass graft; CAD coronary artery disease; CHF congestive heart failure; CVA cerebrovascular accident; CVD cardiovascular disease; DM diabetes mellitus; FLV fluvastatin; NCEP ATP III national cholesterol education program adult treatment panel III ;T2D Type 2 diabetes mellitus; HbA1c hemoglobin A1c; hs –CRP high sensitivity C-reactive protein; LDL low density lipoprotein; MI myocardial infarction; PCI percutaneous coronary intervention; RCT randomized control trial; RSV rosuvastatin; ULN upper limit of normal; SMV simvastatin; TG triglyceride TSH thyroid stimulating hormone

* conditions known to modulate mononuclear NF-kB activation

Evidence Table E10. Baseline characteristics – ezetimibe

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Ahmed, 2008 ⁸	Arm 1: ATV 20mg Arm 2: SMV 10mg +Ezetimibe 10mg	Arm 1: 111 (50.7) Arm 2: 108 (49.3)	Arm 1: Mean: 54, SD: +/-7 Arm 2: Mean: 55, SD: +/-7	Arm 1: N: 0 (0) Arm 2: N: 0 (0)	NR	NR	NR	Arm 1: 0(0) Arm 2: 0(0)	Arm 1: 0(0) Arm 2: 0(0)	Arm 1: 0(0) Arm 2: 0(0)	Arm 1: Mean: 179, SD: +/-38 Arm 2: Mean: 180, SD: +/-35	NR
Araujo, 2010 ⁹	Arm 1: SMV 80mg Arm 2: SMV10mg +Ezetimibe 10mg	Arm 1: 12(cross over) Arm 2: 11(cross over)	NR	NR	NR	NR	NR	NR	NR	NR	Arm 1: Mean: 205.78, SD: 41.96 Arm 2: Mean: 200.66, SD: 42.83	NR
Averna, 2010 ¹⁰	Arm 1: SMV 40mg Arm 2: SMV 10mg +Ezetimibe10 mg	Arm 1: 56 Arm 2: 56	Arm 1: Mean: 62, SD: 7.8 Arm 2: Mean: 61, SD: 8.4	Arm 1: 24(42.9) Arm 2: 26 (46.4)	NR	NR	Arm 1: 20 (35.7) Arm 2: 22(39.3)	Arm 1: 15 (26.8) Arm 2: 13(23.2)	NR	NR	Arm 1: Mean:128, SD: 16.6 Arm 2: Mean: 125.9, SD: 16.3	NR
Ballantyne 2003 ¹¹	Arm1: ATV 20mg Arm 2: ATV 40mg Arm 3: ATV 80mg Arm 4: ATV 10mg +Ezetimibe10	*All ATV arms: 248 *All Ezetimi be/ATV arms: 255	All ATV arms: Mean:5 7.8 SD: 11.7 All Ezetimi be/ ATV arms: Mean:	All ATV arms: 153 (62%) All Ezetimibe/ ATV arms 148(58%)	All ATV arms: White: 205(83%) All Ezetimibe/ ATV arms White: 222(87%)	All ATV arms: Current smoker: 33 (13%) All Ezetimibe/ ATV arms Current smoker: 35 (14%)	All ATV arms: 23 (9%) All Ezetimi be/ ATV arms: 23 (9%)	NR	All ATV arms: 7 (3%) All Ezetimibe/ ATV arms: 8(3%)	All ATV arms: 11(4%) All Ezetimibe/ ATV arms: 17 (7%)	All ATV arms: Mean:4.65 SE: 0.04 All Ezetimibe/ ATV arms: Arm 2: Mean:4.65 SE: 0.04	none

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	mg		58.7 SD: 11.4								LDL is in mmol/l	
Ballantyne, 2005 ¹²	Arm1: ATV 10mg Arm 2: ATV 20mg Arm 3: ATV 40mg Arm4: ATV 80mg Arm 5: SMV 10mg +Ezetimibe 10mg Arm 6: SMV 20mg + Ezetimibe 10mg	All ATV arms: 951 All Ezetimi be/SM Varms: 951*	All ATV arms: Mean: 58.5 SD: 10.2 All Ezetimi be/ SMV arms Mean: 59.0 SD: 10.6	All ATV arms: 453(47.6 %) All Ezetimibe/ SMV arms: 455 (48%)	All ATV arms: White: 818(86.0%) Black: 71(7.5%) Hispanic: 45(4.7%) All Ezetimibe/ SMV arms White: 821(86.3%) Black: 72(7.6%) Hispanic: 42 (4.4%)	NR	NR	NR	NR	NR	NR	None
Bardini, 2010 ¹³	Arm 1: SMV 40mg Arm 2: SMV 20mg +Ezetimibe 10mg	Arm 1: 50 Arm 2: 37	Arm 1: Mean: 64, SD: 6.1 Arm 2: Mean: 65, SD: 6.5	Arm 1: 12 (24) Arm 2: 16 (43.2)	Arm 1: White: (100) Arm 2: White: (100)	NR	Arm 1: 27 (54) Arm 2: 22 (59.5)	Arm 1: 5 (10) Arm 2: 3 (8.1)	NR	Arm 1: 50 (100) Arm 2: 37 (100)	Arm 1: Mean: 3.2, SD: 0.5 Arm 2: Mean: 3.3, SD: 0.5	NR
Barrios, 2005 ¹⁴	Arm1: ATV 20mg Arm 2:	Arm 1: 214 Arm 2:	Arm 1: Mean:6 3.4 SD: 10.2	Arm 1: 86(40.2%) Arm 2:	Arm 1: White: 197(92.1%) Black: 3(1.4%)	NR	NR	NR	NR	Arm 1: 53 (24.8%) Arm 2:	Arm 1: Mean: 3.24 SD: 0.49 Arm 2: Mean: 3.19	None

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	SMV 20mg +Ezetimibe 10mg	221	Arm 2: Mean:6 3.5 SD:9.6	80(36.2%)	Arm 2: White: 205(92.8%) Black: 1(0.5%)					59(26.7%)	SD: 0.45 *LDL in mmol/L	
Bays, 2004 ⁵⁰	Arm1: SMV 10mg Arm 2: SMV 20mg Arm 3: SMV 40mg Arm 4: SMV 80mg Arm 5: SMV 10mg +Ezetimibe 10mg Arm 6: SMV 20mg +Ezetimibe 10mg Arm 7: SMV 40mg +Ezetimibe 10mg Arm 8: SMV 80mg +Ezetimibe 10mg Arm 9: Placebo	Placebo: 148 Ezetimibe: 149 Pooled SMV: 622 Pooled Ezetimibe/SMV: 609	Placebo: Mean: 56.0 SD:10.8 Ezetimibe: Mean: 55.5 SD:11.0 Pooled SMV: Mean: 54.9 SD:11.2 Pooled Ezetimibe/SMV: Mean:5 6.4 SD:10.6	Placebo: 83 (56.1%) Ezetimibe: 81 (54.4%) Pooled SMV: 315 (50.6%) Pooled Ezetimibe/SMV: 313 (51.4%)	Placebo: White: 132(89.2%) Black: 5(3.4%) Hispanic: 2 (1.4%) Ezetimibe: White: 133(89.3%) Black: 4(2.7%) Hispanic: 4(2.7%) Pooled SMV: White: 541(87%) Black: 21 (3.4%) Hispanic: 43(6.9%) Pooled Ezetimibe/SMV: White: 540(88.7%) Black: 19(3.1%) Hispanic: 8 (1.3%)	NR	NR	NR	NR	NR	Placebo: Mean: 177.9 SD: 22.8 Ezetimibe: Mean: 179.9 SD: 23.1 Pooled SMV: Mean: 177.5 SD: 25.3 Pooled Ezetimibe/SMV: Mean: 176.2 SD: 24.8	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Catapano, 2006 ¹⁵	Arm 1: RSV 10mg* Arm 2: RSV 20mg Arm 3: RSV 40mg Arm 4: SMV 20mg +Ezetimibe 10mg Arm 5: SMV 40mg* +Ezetimibe10 mg Arm 6: SMV 80* +Ezetimibe10 mg	Arm 1: 492 Arm 2: 495 Arm 3: 494 Arm 4: 492 Arm 5: 493 Arm 6: 493	Arm 1: Mean:5 5.6 SD:10.3 Arm 2: Mean:5 5.8 SD:10.4 Arm 3: Mean:5 5.4 SD:10.6 Arm 4: Mean:5 4.9 SD:10.4 Arm 5: Mean:5 6.2 SD:10.4 Arm 6: Mean:5 5.9 SD:10.0	Arm 1: 286(58.1) Arm 2: 280(56.6) Arm 3: 291(58.9) Arm 4: 255(51.8) Arm 5: 272(55.2) Arm 6: 273(53.4)	Arm 1: White: 427(86.8) Black: 31(6.3) Hispanic: 25(5.1) Arm 2: White: 421(85.1) Black: 35(7.1) Hispanic: 24 (4.8) Arm 3: White: 425 (86.0) Black: 38(7.7) Hispanic: 19(3.8) Arm 4: White: 431 (87.6) Black: 30(6.1) Hispanic: 20 (4.1) Arm 5: White: 429 (87.0) Black: 30(6.1) Hispanic:	NR	NR	NR	NR	NR	Arm 1: Mean:172 SD:NR Arm 2: Mean:173 SD:NR Arm 3: Mean:173 SD:NR Arm 4: Mean:172 SD:NR Arm 5: Mean:173 SD:NR Arm 6: Mean:172 SD:NR	Significant between group differences

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
					19(3.9) Arm 6: White: 426 (86.4) Black: 37(7.5) Hispanic: 16 (3.2)							
Cho, 2011 ¹⁶	Arm 1: ATV 20 mg Arm 2: SMV 20mg +Ezetimibe 10 mg)	Arm 1: 43 (50.6) Arm 2: 42 (49.4)	Arm 1: Mean: 62.6, SD: 9.7 Arm 2: Mean: 60.5, SD: 9.5	Arm 1: NR (42.1) Arm 2: NR (33.1)	NR	Arm 1: Current: NR (42.1), Former: NR, Current/Former: NR, Never: NR Arm 2: Current: NR (27.8), Former: NR, Current/Former: NR, Never: NR	NR	NR	NR	Arm 1: N: NR (57.9) Arm 2: N: NR (66.7)	Arm 1: Mean: 32.1, SD: 30.6 Arm 2: Mean: 134.1, SD: 23.2	NR
Constance, 2007 ¹⁷	Arm1: ATV 20mg Arm 2: SMV 20mg +Ezetimibe 10mg Arm 3: SMV 40mg +Ezetimibe 10mg*	Arm 1: 219 Arm 2: 220 Arm 3: 222	Arm 1: Mean:6 1.7 Range: 29-83 Arm 2: Mean: 62.1 Range: 28-86 Arm 3: Mean:6 2.4 SD:35- 84	Arm 1: 111(50.7) Arm 2: 108(49.1) Arm 3: 110(49.5)	Overall White(73.7) Arm 1: White:NR Black:NR Hispanic: NR Arm 2: White: NR Black:NR Hispanic: NR Arm 3: White: NR Black: NR Hispanic: NR	NR	NR	NR	NR	Arm 1: 219(100) Arm 2: 220(100) Arm 3: 222(100)	Arm 1: Mean: 2.42 SD: 0.69 Arm 2: Mean: 2.35 SD: 0.69 Arm 3: Mean: 2.48 SD: 0.69	no clinically meaningful differences in baseline demographic, anthropometri c or disease characteristics across treatment groups *This arm included only in population characteristics to fully

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
												describe study population; however, will not be included in further description or analyses as it is ineligible
Davidson, 2002 ¹⁸	Arm1: SMV 20mg Arm 2: SMV 40mg Arm 3: SMV 80mg Arm 4: SMV 10mg +Ezetimibe10 mg Arm 5: SMV 20mg +Ezetimibe 10mg Arm 6: placebo Arm 7: Ezetimibe 10mg Arm 8: SMV 10mg Arm 9: SMV 80mg	*Placebo: 70 *Ezetimibe: 61 *All SMV: 263 *All Ezetimibe/SMV: 274	*Placebo: Mean:5 8.8 Range: 25-84 *Ezetimibe: Mean: 60.3 Range: 35-84 *All SMV: Mean: 56.4 Range: 25-87 *All Ezetimibe/SMV: Mean: 57.6 Range: 27-83	*Placebo: 39 (56%) *Ezetimibe: 37 (61%) *All SMV: 153 (58%) *All Ezetimibe/SMV: 148 (54%)	*Placebo: White:67 (96%) Black:1(1%) Hispanic:1 (1%) *Ezetimibe: White: 58 (95%) Black: 1(2%) Hispanic: 2(3%) *All SMV White: 237 (90%) Black: 12(5%) Hispanic: 13(5%) *All Ezetimibe/SMV: White: 248(91%) Black: 11(4%) Hispanic:	*Placebo: 8 (11%) *Ezetimibe: 9 (15%) *All SMV: 41 (16%) *All Ezetimibe/SMV : 37 (14%)		NR	NR	NR	*Placebo: Mean: 177.4 SD: 21.7 *Ezetimibe: Mean: 181.3 SD: 23.0 *All SMV: Mean: 178.5 SD: 20.0 *All Ezetimibe/SMV Mean: 176.3 SD: 19.9	None significant

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	+Ezetimibe 10mg				9 (3%)							
Feldman, 2004 ¹⁹	Arm1: SMV 20mg Arm 2: SMV 10mg +Ezetimibe10 mg Arm 3: SMV 20mg +Ezetimibe 10mg* Arm 4: SMV 40mg +Ezetimibe 10mg*	Arm 1: 253 Arm 2: 251 Arm 3: 109 Arm 4: 97	Arm 1: Mean:6 2.1 SD:9.7 Arm 2: Mean:6 1.3 SD:10.2 Arm 3: Mean: 64.0 SD:9.8 Arm 4: Mean:6 1.7 SD:9.8	Arm 1:95 (38) Arm 2: 78(31) Arm3: 50(46) Arm 4: 37(38)	Arm 1: White: 208(82) Black:18(7) Hispanic: NR Arm 2: White: 207(82) Black: 22(9) Hispanic: NR Arm 3: White: 90(83) Black: 11(10) Hispanic: NR Arm 4: White: 82(84) Black: 7(7) Hispanic: NR	NR	Arm 1: 140(55) Arm 2: 123(49) Arm 3: 49(45) Arm 4: 56(58)	NR	NR	Arm 1: 86(34) Arm 2: 95(38) Arm 3: 38(35) Arm 4: 23(24)	Arm 1: Mean: 173.8 SD:44.7 mg/dl Arm 2: Mean: 165.1 SD:34.3 Arm 3: Mean: 167.3 SD:33.0 Arm 4: Mean:170.5 SD:40.6	NR
Florentin, 2011 ²⁰	Arm 1: SMV 40mg Arm 2: SMV10mg +Ezetimibe 10mg	Arm 1: 50 Arm 2: 50	Arm 1: Mean: 57, SD: 10 Arm 2: Mean: 59, SD: 9	Arm 1: 16(32) Arm 2: 17(34)	NR	Arm 1: Current: 11 (22), Current/Never %: NR Arm 2: Current: 7 (14), Current/Never %: NR	NR	NR	NR	Arm 1: 3(6) Arm 2: 5(10)	Arm 1: Mean: 172, SD: 31 Arm 2: Mean: 178, SD: 31	NR
Foody, 2010 ²¹	Arm 1: ATV 20 mg	Arm 1: 259	Arm 1: Mean: 71.7,	Arm 1: 175 (68)	Arm 1: White: 209 (81), Black: 8	NR	NR	NR	NR	Arm 1: 41(16)	Arm 1: Mean: 165, SD: 29	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 2: ATV 40mg Arm 3: SMV20mg +Ezetimibe10 Arm 4: ATV10 mg Arm 5: SMV40mg +Ezetimibe10 mg	Arm 2: 257 Arm 3: 259 Arm 4: 257 Arm 5: 257	SD: 5.2 Arm 2: Mean: 72.1, SD: 5.1 Arm 3: Mean: 71.8, SD: 5.5 Arm 4: Mean: 72.1, SD: 5.7 Arm 5: Mean: 72.2, SD: 5.6	Arm 2: 163 (63) Arm 3: 146 (56) Arm 4: 172 (67) Arm 5: 153 (60)	(3), Asian: 12 (5), Specific: 30 (12) Arm 2: White: 210 (82), Black: 9 (4), Asian: 10 (4), Specific: 28 (11) Arm 3: White: 224 (87), Black: 2 (1), Asian: 6 (2), Specific: 27 (10) Arm 4: White: 224 (87), Black: 2 (1), Asian: 10 (4), Specific: 21 (8) Arm 5: White: 214 (83), Black: 6 (2), Asian: 8 (3), Specific: 29 (11)					Arm 2: 31(12) Arm 3: 39(15) Arm 4: 25(10) Arm 5: 38 (15)	Arm 2: Mean: 168, SD: 30 Arm 3: Mean: 166, SD: 30 Arm 4: Mean: 167, SD: 34 Arm 5: Mean: 163, SD: 29	

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Gaudiani, 2005 ²²	Arm1: SMV 40mg Arm2: SMV 20mg +Ezetimibe10 mg	Arm1: 110 Arm2: 104	Arm 1: Mean: 58.3 Range: 37-78 Arm 2: Mean: 57.8 Range: 35-80	Arm 1: 49(44.5) Arm 2: 42(40.4)	Arm 1: White: 61 (55.5) Black: 13(11.8) Hispanic: 25(24.0) Arm 2: White: 55 (52.9) Black: 16(15.4) Hispanic: 25 (24.0)	NR	NR	NR	NR	Arm 1: 110 (100) Arm2: 104(100)	Arm 1: Mean: 2.37 SD: 0.63 mmol/l Arm 2: Mean: 2.43 SD: 0.74 mmol/l	NR
Goldberg, 2004 ²³	Arm1: SMV 20mg Arm 2: SMV 40mg Arm 3: SMV 80mg Arm 4: SMV 10mg +Ezetimibe10 mg Arm 5: SMV 20mg Ezetimibe 10mg Arm 6: SMV 10mg Arm 7: SMV 40mg +Ezetimibe 10mg	*Place bo: 93 *Ezeti mibe: 92 *All SMV: 349 *All Ezetimi be/SM V: 353	NR	*Placebo: 55(59%) *Ezetimibe : 57 (62%) *All SMV: 177 (51%) *All Ezetimibe/ SMV: 184 (52%)	*Placebo: White: 75 (81%) Black: 5(5%) Hispanic: 8 (9%) *Ezetimibe: White: 71 (77%) Black: 6(7%) Hispanic: 9(10%) *All SMV White: 277 (79%) Black: 14(4%) Hispanic: 35(10%) *All Ezetimibe/	NR	NR	NR	NR	NR	NR	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 8: SMV 80mg +Ezetimibe 10mg				SMV: White: 294(83%) Black: 10(3%) Hispanic: 31(9%)							
Goldberg, 2006 ²⁴	Arm1: ATV 20mg	Arm 1: 245	Arm 1: Mean: 60.1	Arm 1: 125(51%)	Arm 1: White: 182(74.3%)	NR	NR	NR	NR	Arm 1: 245(100 %)	Arm 1: Mean: 146.6	NR
Guyton, 2008 ²⁶	Arm 2: ATV 40mg	Arm 2: 245	SD: 10.6	Arm 2: 114 (46.5%)	Black: 28(11.4%)					Arm 2: 245(100 %)	Arm 2: Mean: 145.9	
Tommassini, 2009 ²⁵	Arm 3: SMV 20mg +Ezetimibe 10mg	Arm 3: 247	Arm 2: Mean: 59.9	Arm 3: 125 (50.6%)	Hispanic: 22 (9%)					Arm 3: 247(100 %)	Arm 3: Mean: 145.0	
	*Arm4: ATV 10mg	Arm 4: 245	SD: 10.4	Arm 4: 135 (55.1%)	Asian: 9 (3.7%)					Arm 4: 245(100 %)	Arm 4: Mean: 145.2	
	*Arm5: SMV 40 +Ezetimibe 10mg	Arm 5: 247	Arm 3: Mean: 59.8 SD: 10.3	Arm 5: 148(59.9 %)	Arm 2: White: 192(78.4%) Black: 22(9%) Hispanic: 24 (9.8%) Asian: 6 (2.4%)					Arm 5: 247(100 %)	Arm 5: Mean: 144	
			Arm 4: Mean: 59.1 SD: 10.1		Arm 3: White: 180(72.9%) Black: 30(12.1%) Hispanic: 23(9.3%) Asian: 6 (2.4%)							
			Arm 5: Mean: 58.7 SD: 10.2		Arm 4: White: 180(73.5%) Black:							

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
					27(11%) Hispanic: 23 (9.4%) Asian: 11 (4.5%) Arm 5: White: 162(65.6%) Black: 42(17%) Hispanic: 19 (7.7%) Asian: 15 (6.1%)							
Hamdan, 2011 ²⁷	Arm 1: ATV 20 mg plus Placebo for 12 weeks Arm 2: ATV 10mg +Ezetimibe 10 mg for 12 weeks	Arm 1: 46 (49) Arm 2: 47 (51)	Arm 1: Mean: 58.9, SD: NR Arm 2: Mean: 60.9, SD: NR	NR	NR	NR	NR	NR	NR	NR	Arm 1: Mean: 3.4, SD: NR Arm 2: Mean: 3.2, SD: NR	NR
Her, 2013 ²⁸	Arm 1: Atorva 20 mg Arm 2: Rosuva 10 mg Arm 3: Atorva/Ezeti mibe 5/5 mg	Arm 1: 25 Arm 2: 25 Arm 3: 26	Arm 1: Mean: 63 SD: 9 Arm 2: Mean: 56 SD: 10 Arm 3: Mean: 59 SD: 11	Arm 1: 18 (72) Arm 2: 18 (72) Arm 3: 11 (58)	NR	Arm 1: 2 (8) Arm 2: 4 (16) Arm 3: 2 (8)	NR	CAD Arm 1: 0 (0) Arm 2: 0 (0) Arm 3: 0 (0)	NR	Arm 1: 0 (0) Arm 2: 0 (0) Arm 3: 0 (0)	Arm 1: Mean:168 SD: 15 Arm 2: Mean: 163 SD: 21 Arm 3: Mean: 165 SD: 20	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Kawagoe, 2011 ²⁹	Arm 1: FLV 60mg Arm 2: FLV 20mg +Ezetimibe10 mg	Arm 1: 12 Arm 2: 12	Arm 1: Mean: 65.1, SD: 7.2 Arm 2: Mean: 64.2, SD: 7.2	Arm 1: 7 Arm 2: 6	NR	NR	NR	NR	NR	Arm 1: 12 Arm 2: 10	Arm 1: Mean: 154, SD: 26 Arm 2: Mean: 164, SD: 33	NR
Kerzner, 2003 ³⁰	Arm1: LOV 20mg Arm 2: LOV 40mg Arm 3: LOV10mg +Ezetimibe10 mg Arm 4: Placebo Arm 5: Ezetimibe 10mg Arm 6: LOV 10mg Arm 7: LOV 20mg +Ezetimibe 10mg Arm 8: LOV 40mg +Ezetimibe 10mg	*Placebo: 64 *Ezetimibe: 72 *All LOV: 220 *All Ezetimibe/LOV: 192 *Some arms are not eligible for our review	*Placebo Mean: 58 SD:12 *Ezetimibe: Mean:55 SD:11 *All LOV: Mean:56 SD:12 *All Ezetimibe/LOV: Mean:57 SD:11	*Placebo: 40(63%) *Ezetimibe: 41(57%) *All LOV: 132(60%) *All Ezetimibe/LOV: 106 (55%)	*Placebo White: 59(92%) Black: 2(3%) Hispanic: 2 (3%) *Ezetimibe: White: 60(83%) Black: 4(6%) Hispanic: 7(10%) *All LOV: White: 198(90%) Black: 14(6%) Hispanic: 8 (4%) *All Ezetimibe/LOV: White: 167(87%) Black: 13(7%) Hispanic: 11 (6%)	*Placebo 8 (12%) *Ezetimibe: 7 (10%) *All LOV: 35 (16%) *All Ezetimibe/LOV: 21 (11%)	*Placebo 2 (3%) *Ezetimibe: 2 (3%) *All LOV: 21 (10%) *All Ezetimibe/LOV: 13 (7%)	NR NR	*Placebo 1 (2%) *Ezetimibe: 3(4%) *All LOV: 19(9%) *All Ezetimibe/LOV: 12 (6%)	*Placebo Mean: 178 SD:3 *Ezetimibe: Mean:178 SD:2 *All LOV: Mean:178 SD:1 *All Ezetimibe/LOV: Mean:176 SD: 1	None significant	

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Lee, 2011 ³¹	Arm 1: ATV20 Arm 2: Z5/ Ezetimibe 5mg	Arm 1: 30 (50) Arm 2: 30 (50)	Arm 1: Mean: 62, SD: 9 Arm 2: Mean: 60, SD: 9	Arm 1: 21 (70) Arm 2: 20(67)	NR	Arm 1: Current:0 Arm 2: Current:2 (7)	NR	NR	NR	Arm 1: 2(7) Arm 2: 4(13)	Arm 1: Mean: 164, SD: 12 Arm 2: Mean: 163, SD: 23	NR
Lee, 2012 ³²	Arm 1: ATV 20 mg Arm 2: ATV 5mg +Ezetimibe 5mg	Arm 1: 28 Arm 2: 32	Arm 1: Mean: 63, SD: 8 Arm 2: Mean: 62, SD: 12	Arm 1: 18(64) Arm 2: 16 (50)	NR	Arm 1: Current: 2 (8), Current/Never %: NR Arm 2: Current: 2 (6), Current/Never %:NR	NR	NR	NR	Arm 1: 2 (7) Arm 2: 3 (9)	Arm 1: Mean: 161, SD: 16 Arm 2: Mean: 159, SD: 12	NR
Lee, 2013 ³³	Arm 1: ATV 20 mg Arm 2: Ezetimibe/SM V 10/20	Arm 1: 66 Arm 2: 66	Arm 1: Mean: 64, SD: 7.7 Arm 2: Mean: 65, SD: 7.6	Arm 1: 32(49) Arm 2: 40 (60)	NR	NR	Arm 1: 1(1.5) Arm 2: 4 (6.1)	CAD Arm 1: 20(30) Arm 2: 21 (32)	NR	Arm 1: 66(100) Arm 2: 66 (100)	Arm 1: Mean: 134, SD: 30 Arm 2: Mean: 139, SD: 27	NR
Liberopoulos, 2013 ³⁴	Arm 1: SMV 40 mg Arm 2: SMV 10mg + Ezetimibe10mg	Arm 1: 25 (50%) Arm 2: 25 (50%)	Arm 1: Mean: 58, SD: 8 Arm 2: Mean: 54, SD: 12	Arm 1: 14 Arm 2: 13	Arm 1: Specific: 25 (100) Arm 2: Specific: 25 (100)	Arm 1: Current: NR (38), Current/Never %: NR Arm 2: Current:NR (41), Current/Never %:NR	NR	NR	NR	NR	Arm 1: Mean: 177, SD: 32 Arm 2: Mean: 176, SD: 48	NR
Matsue, 2013 ³⁵	Arm 1: ATV 20 mg	Arm 1: 128	Arm 1: Mean: 70.3,	Arm 1: 32(25)	NR	Arm 1: Current: 22(17.2),	Arm 1: 8(6.2)	Arm 1: 79(62)	Arm 1: 102(79.7)	Arm 1: 52(41)	Arm 1: Mean: 95, SD: 18	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 2: Ezetimibe/SMV 10/10	Arm 2: 115	SD: 9.9 Arm 2: Mean: 69.2, SD: 9.3	Arm 2: 32 (28)		Arm 2: Current:20 (17.4),	Arm 2: 4 (3.5)	Arm 2: 70 (60.9)	Arm 2: 85 (73.9)	Arm 2: 42 (37)	Arm 2: Mean:94, SD: 17	
McKenney, 2007 ³⁶	Arm1: RSV 20 mg Arm 2: SMV 20mg +Ezetimibe10 mg	Arm1: RSV20 mg:73 Arm 2: SMV20 mg/Ez etimibe 10mg: 72 *Arm3: ATV/N- ER (40/20 00): 60 *Arm4: RSV/N -ER (20/10 00): 65	Arm 1: Mean: 57 SD: 11 Arm 2: Mean: 59 SD: 10 Arm 3: Mean: 59 SD: 12 Arm4: Mean: 58 SD: 11	Arm 1: (48%) Arm 2: (47%) Arm 3: (52%) Arm 3: (52%)	Arm 1: White: (84%) Arm 2: White: (87%) Arm 3: White: (79%) Arm 4: White: (90%)	Arm 1: (18%) Arm 2: (17%) Arm 3: (22%) Arm 4: (11%)	NR	NR	NR	NR	Arm 1: Mean: 198 SD: 34 Arm 2: Mean: 202 SD: 44 Arm 3: Mean: 195 SD: 43 Arm 4: Mean: 194 SD: 37	None
Moutzouri, 2011 ³⁷	Arm 1: Open-label SMV 40 mg for 12 weeks Arm 2: RSV 10mg Arm 3: Open-label SMV10mg	Arm 1: 55 (36) Arm 2: 45 Arm 3: 53 (35)	Arm 1: Mean: 58, SD: 8 Arm 2: Arm 3: Mean: 60, SD:	Arm 1: 37(67) Arm 2: NR Arm 3: 32 (60)	NR	Arm 1: Current: NR (6), Former: NR, Current/Former: NR, Never: NR Arm 2: NR Arm 3: Current: NR (6),	NR	NR	NR	Arm 1: N: 0 (0) Arm 2: NR Arm 3: N: 0 (0)	Arm 1: Mean: 176, SD: 34 Arm 2: NR Arm 3: Mean: 177, SD: 33	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	+Ezetimibe 10 mg for 12 weeks		8			Former: NR, Current/Former: NR, Never: NR						
Moutzouri, 2012 ³⁸	Arm 1: SMV 80mg Arm 2: SMV 10mg +Ezetimibe 10mg	Arm 1: 30 Arm 2: 30	Arm 1: Mean: 56.9, SD: 13 Arm 2: Mean: 56.9, SD: 11	Arm 1: 14 Arm 2: 18	NR	Arm 1: Current: 10, Current/Never %:NR Arm 2: Current: 10, Current/Never% :NR	NR	NR	NR	NR	Arm 1: Mean: 174, SD: 41 Arm 2: Mean: 179, SD: 26	NR
Okada, 2011 ³⁹	Arm 1: ATV 20 mg Arm 2: RSV 5 mg Arm 3: ATV 10mg +Ezetimibe 10mg Arm 4: RSV 2.5mg +Ezetimibe 10 mg	Arm 1: 35 (21.2) Arm 2: 38 (23.0) Arm 3: 43 (26.1) Arm 4: 49 (30.0)	Arm 1: Mean: 65, SD: 9 Arm 2: Mean: 68, SD: 7 Arm 3: Mean: 66, SD: 8 Arm 4: Mean: 66, SD: 11	Arm 1: 6(17.1) Arm 2: 12 (31.6) Arm 3: 15(35.0) Arm 4: 12 (24.5)	NR	Arm 1: Current: 11 (31), Current/Never %:NR Arm 2: Current: 15 (39), Current/Never %:NR Arm 3: Current: 14 (33), Current/Never %: NR Arm 4: Current: 25 (51), Current/Never %: NR	Arm 1: N: 1 (3) Arm 2: N: 0 (0) Arm 3: N: 1 (2) Arm 4: N: 0 (0)	Arm 1: N: 16 (46) Arm 2: N: 22 (58) Arm 3: N: 26 (60) Arm 4: N: 25 (51)	NR	Arm 1: N: 19 (54) Arm 2: N: 18 (47) Arm 3: N: 17 (40) Arm 4: N: 27 (55)	Arm 1: Mean: 114.1 SD: 14.7 Arm 2: Mean:120.3 SD: 18.4 Arm 3: Mean:120.5 SD: 16.9 Arm 4: Mean: 120.0, SD: 13.1	NR
Ostad, 2009 ⁴⁰	Arm 1: ATV 80mg Arm 2: ATV 10mg + Ezetimibe	Arm 1: 24 Arm 2: 25	Arm 1: Mean: 66, SD: 9 Arm 2:	Arm 1: N: 5 (21) Arm 2: 6 (24)	NR	Arm 1: Current: 4 (17), Former: NR, Current/Former: NR, Never: NR	NR	NR	NR	Arm 1: 6 (25) Arm 2: 4 (16)	Arm 1: Mean: 148, SD: 31 Arm 2: Mean: 151,	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	10mg		Mean: 64, SD: 10			Arm 2: Current: 8 (32), Former: NR, Current/Former: NR, Never: NR					SD: 31	
Pesaro, 2012 ⁴¹	Arm 1: SMV 80mg Arm 2: SMV 20mg +Ezetimibe 10mg	Arm 1: 38 Arm 2: 40	Arm 1: Median: 61.7, SD: 10 Arm 2: Median: 64.5, SD: 9	Arm 1: NR(45) Arm 2: NR(32)	NR	Arm 1: Current: 8 (23), Current/Never %: NR Arm 2: Current: 5 (13), Current/Never %: NR	Arm 1: 3(8) Arm 2: 3 (8)	Arm 1: 29(76) Arm 2: 24(60)	Arm 1: 16(42) Arm 2: 16(40)	Arm 1: 20 (52) Arm 2: 16 (40)	Arm 1: Mean: 101, SD: NR Arm 2: Mean: 99, SD: NR	NR
Piorkowski, 2007 ⁴²	Arm1: ATV 40mg Arm 2: ATV 10mg +Ezetimibe 10mg	Arm 1: 25 Arm 2: 26	Arm 1: Mean:6 1.4 SD:1.8 Arm 2: Mean:6 2.0 SD:2.1	Arm 1: 3(12) Arm 2: 6(23.1)	NR	Arm 1: 16(64) Arm 2: 18(69)	51(100)	NR	NR	Arm 1: 7(28) Arm 2: 4(15.4)	Arm 1: Mean:3.49 SD:0.18 mmol/l Arm 2: Mean:3.61 SD:0.22 mmol/l	No significant difference
Robinson, 2009 ⁴³	Arm 1: ATV 10mg Arm 2: SMV 20mg +Ezetimibe 10mg Arm 3: ATV 20mg Arm 4: SMV 40mg +Ezetimibe 10mg Arm 5:	Arm 1: 229 Arm 2: 229 Arm 3: 229 Arm 4: 228 Arm 5: 228	Arm 1: Mean: 60, SD: 10 Arm 2: Mean: 60, SD: 9 Arm 3: Mean: 58, SD: 10 Arm 4: Mean: 60, SD: 10	Arm 1: 97 (42) Arm 2: 87 (38) Arm 3: 106 (46) Arm 4: 104 (46) Arm 5: 104 (46)	Arm 1: White: 172 (75), Black: 13 (6), Latino: NR, Asian: 17 (7), Mixed: NR, Specific: 27 (12) Arm 2: White: 169 (74), Black: 18 (8), Latino: NR, Asian:	NR	NR	Arm 1: 49(21) Arm 2: 45(20) Arm 3: 39(17) Arm 4: 48(21) Arm 5: 42(18)	NR	Arm 1: 122(53) Arm 2: 113 (49) Arm 3: 125(55) Arm 4: 123(54) Arm 5: 134(59)	Arm 1: Mean: 142, SD: 40 Arm 2: Mean: 137, SD: 33 Arm 3: Mean: 139, SD: 33 Arm 4: Mean: 134, SD: 28 Arm 5: Mean: 140,	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	ATV 40mg		Arm 5: Mean: 58, SD: 10		<p>15 (7), Mixed: NR, Specific: 27 (12)</p> <p>Arm 3: White: 177 (77), Black: 18 (8), Latino: NR, Asian: 15 (7), Mixed: NR, Specific: 18 (8)</p> <p>Arm 4: White: 171 (75), Black: 12 (5), Latino: NR, Asian: 18 (8), Mixed: NR, Specific: 27 (12)</p> <p>Arm 5: White: 167 (73), Black: 14 (6), Latino: NR, Asian: 21 (9), Mixed: NR, Specific: 14 (6)</p>						SD: 33	
Roeters van Lennep, H.W.O, 2007 ⁴⁴	Arm1: SMV 40mg (with SMV 20mg during run in)	Arms 1&2: 189 Arms	Arms 1&2: Mean: 65 SD:10	Arms 1&2: 45(24%) Arms 3&4: 44	NR	NR	Arms 1&2: 184 (97%)	NR	NR	Arms 1&2: 25(13%) Arms	Arms 1&2: Mean: 3.2 SD: 05 Arms 3&4:	None

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	Arm 2: ATV 20mg (with ATV10mg during run in) Arm 3: SMV20 +Ezetimibe 10mg (with SMV 20 during run in) Arm 4: SMV 20mg +Ezetimibe 10mg (with ATV 10mg during run in)	3&4: 178	Arms 3&4: Mean:6 4 SD:10	(25%)			Arms 3&4: 173 (97%)			3&4: 20 (11%)	Mean: 3.1 SD:0.5 *LDL in mmol/L	
Rudofsky, 2012 ⁴⁵	Arm 1: SMV 80mg Arm 2: SMV 10mg +Ezetimibe 10mg Arm 3: Placebo	Arm 1: 10 Arm 2: 11 Arm 3: 9	Arm 1: Mean: 56, SD: 10 Arm 2: Mean: 65, SD: 9 Arm 3: Mean: 64, SD: 9	Arm 1: 6 Arm 2: 6 Arm 3: 7	NR	NR	NR	NR	NR	Arm 1: (100) Arm 2: (100) Arm 3: (100)	Arm 1: Mean: 145, SD: 19 Arm 2: Mean: 147, SD: 32 Arm 3: Mean: 143, SD: 45	Arm 1: NR Arm 2: Mean age (p=0.04) higher; diastolic BP lower (p=0.005) Arm 3: NR
Stein, E, 2004 ⁴⁶	Arm1: ATV 20mg Arm 2: ATV 10mg +Ezetimibe	Arm 1: 316 Arm 2: 305	Arm 1: Mean: 51.6 Range: 18-80	Arm 1: 145(46%) Arm 2: 146(48%)	Arm 1: White: 289 (91%) Non-white: 27(9%)	Arm 1: Current; 85 (27%) Arm 2: Current:76	Arm 1: 100(32 %) Arm 2: 90(30%	NR	Arm 1: 54(17%) Arm 2: 43(14%)	Arm 1: 23(7%) Arm 2: 19(6%)	*Arm 1: Mean: 187.3 SD:2.6 Arm 2:	No significant differences

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
	10mg		Arm 2: Mean:5 3.0 Range: 18-82		Arm 2: White: 279(91%) Non-white: 26(9%)	(25%))				Mean: 186.2 SD: 2.7 *Direct LDL-c	
Yamazaki, 2013 ⁴⁷	Arm 1: RSV 10 mg Arm 2: RSV2.5mg +Ezetimibe 10mg	Arm 1: 24 Arm 2: 22	Arm 1: Mean: 71.8, SD: 8.2 Arm 2: Mean: 70.1, SD: 9.6	Arm 1: 9(37.5) Arm 2: 8 (36.4)	NR	Arm 1: Current/Former: 15 (62.5), Never %: NR Arm 2: Current/Former: 11 (50), Never %: NR	NR	NR	NR	Arm 1: N: 10 (41.7) Arm 2: N: 8 (36.4)	Arm 1: Mean: 88.5, SD: 12.9 Arm 2: Mean: 84.3, SD: 14.5	NR
Zieve, 2010 ⁴⁸ Ben-Yehuda, 2011 ⁴⁹	Arm 1: ATV 20mg Arm 3: ATV 10mg + Ezetimibe 10mg	Arm 1: 527 Arm 3: 526	Arm 1: Mean: 71, SD: 5 Arm 3: Mean: 71, SD: 5	Arm 1: 286 (54) Arm 3: 277 (53)	Arm 1: White: 505 (96), Black: 17 (3), Latino: NR, Asian: NR, Mixed: NR, Specific: 5 (1) Arm 3: White: 503 (96), Black: 21 (4), Latino: NR, Asian: NR, Mixed: NR, Specific: 2 (<1)	NR	NR	Arm 1: 423 (80) Arm 3: 418 (80)	NR	Arm 1: 113 (21) Arm 3: 110 (21)	Arm 1: Mean: 101, SD: 21 Arm 3: Mean: 103, SD: 28	NR

AVD atherosclerotic vascular disease; ATV atorvastatin; SMV simvastatin; CHD Coronary Heart Disease; FLV fluvastatin LDL low density lipoprotein; LOV lovastatin; MI myocardial infarction; NR not reported; REVASC revascularization; RSV rosuvastatin

Evidence Table E11. Mortality – general population

RefID	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between arm comparison
<i>Low potency statin combination therapy versus high potency statin monotherapy</i>									
Bays, 2004 ⁵⁰	SMV 40 mg	Mortality-cardiac arrest	NR	N/A	12 weeks	NR	N=0	NR	NR
Bays, 2004 ⁵⁰	SMV 80 mg	Mortality-cardiac arrest	NR	N/A	12 weeks	NR	N=0	NR	NR
Bays, 2004 ⁵⁰	EZE/SMV 10/10 mg	Mortality-cardiac arrest	NR	N/A	12 weeks	NR	N=0	NR	NR
Davidson, 2002 ¹⁸	SMV 80 mg	Mortality	63	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 ¹⁸	SMV 40 mg	Mortality	60	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 ¹⁸	EZE/SMV 10/10 mg	Mortality	61	NR	12 weeks	NR	N=0	NR	NR
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Bays, 2004 ⁵⁰	SMV 40 mg	Mortality-cardiac arrest	NR	NR	12 weeks	NR	N=0	NR	NR
Bays, 2004 ⁵⁰	SMV 80 mg	Mortality-cardiac arrest	NR	NR	12 weeks	NR	N=0	NR	NR
Bays, 2004 ⁵⁰	EZE/SMV 10/20 mg	Mortality-cardiac arrest	NR	NR	12 weeks	NR	N=1	NR	NR
Catapano, 2006 ¹⁵	RSV 40 mg	Mortality	494	NR	6 weeks	NR	% with event=0	NR	NR
Catapano, 2006 ¹⁵	RSV 20 mg	Mortality	495	NR	6 weeks	NR	% with event=0	NR	NR

Catapano, 2006 ¹⁵	RSV 10 mg	Mortality	492	NR	6 weeks	NR	% with event=0	NR	NR
Catapano, 2006 ¹⁵	EZE 10/SMV 20 mg	Mortality	492	NR	6 weeks	NR	% with event=0	NR	NR
Davidson, 2002 ¹⁸	SMV 80 mg	Mortality	63	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 ¹⁸	SMV 40 mg	Mortality	60	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 ¹⁸	SMV 20/EZE 10 mg	Mortality	58	NR	12 weeks	NR	N=1	NR	NR
Foody, 2010 ²¹	ATV 20mg	Mortality	259	NR	12 weeks	258	N with events: 1, %with events: 0.4 ,	NR	NR
Foody, 2010 ²¹	ATV 40mg	Mortality	257	NR	12 weeks	256	N with events: 0, %with events: 0 ,	NR	NR
Foody, 2010 ²¹	EZE10/ SMV20 mg	Mortality	259	NR	12 weeks	256	N with events:1, %with events:0.4 ,	NR	NR
Robinson, 2009 ⁴³	ATV 20mg	Mortality	229	NR	6 weeks	NR	Count: 0	NR	NR
Robinson, 2009 ⁴³	ATV 40mg	Mortality	228	NR	6 weeks	NR	Count: 0	NR	NR
Robinson, 2009 ⁴³	SMV 20 +EZE 10mg	Mortality	229	NR	6 weeks	NR	Counts: 0	NR	Difference (95%CI)=0.0 (-0.6, 0.9)
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Mortality	527	NR	12 weeks	525	%, <1, N with events: 1 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	Mortality	526	NR	12 weeks	526	%, <1, N with events: 2 ,	NR	NR
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									

Bays, 2004 50	SMV 20 mg	Mortality- cardiac arrest	NR	NR	12 weeks	604	N=0	NR	NR
Bays, 2004 50	Arm 4: EZE/SMV 10/10 mg	Mortality- cardiac arrest	NR	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 18	SMV 10/EZE 10 mg	Mortality	61	NR	12 weeks	NR	N=0	NR	NR
Davidson, 2002 18	SMV 20 mg	Mortality	53	NR	12 weeks	NR	N=0	NR	NR

ATV atorvastatin; EZE Ezetimibe; SMV simvastatin; NR not reported

Evidence Table E12. Acute coronary events – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Stein, 2004 ⁴⁶	ATV 20	Fatal MI	316	NR	14 weeks	303	N:1	NR	NR
Stein, 2004 ⁴⁶	ATV 10mg +EZE10mg	Fatal MI	305	NR	14 weeks	293	N: 0	NR	NR

ATV atorvastatin; EZE Ezetimibe; MI Myocardial infarction; NR not reported

Evidence Table E13. Serious adverse events – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Foody, 2010 ²¹	ATV 20mg	Serious Adverse Events	259	NR	12 weeks	258	N(%)of with events: 3(1.2),	NR	NR
Foody, 2010 ²¹	ATV 40mg	Serious Adverse Events	257	NR	12 weeks	256	N(%)with events: 5(2)	NR	NR
Foody, 2010 ²¹	SMV 20mg +EZE 10mg	Serious Adverse Events	259	NR	12 weeks	256	N(%) with events: 8(3.1)	NR	NR
Stein, 2004 ⁴⁶	ATV 20mg	Serious Adverse Events	316	NR	14 weeks	316	N(%)with events:9 (3)	NR	NR
Stein, 2004 ⁴⁶	ATV 10mg +EZE10mg	Serious Adverse Events	305	NR	14 weeks	305	N(%)with events:12(4)	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Serious Adverse Events	527	NR	12 weeks	525	N(%) with events: 14(3)	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg + EZE10mg	Serious Adverse Events	526	NR	12 weeks	526	N(%) with events: 15 (3)	NR	NR
<i>Low potency statin combination therapy versus mid potency statin monotherapy</i>									
Feldman, 2004 ¹⁹	SMV 20mg	Serious Adverse Events	253	NR	23 weeks	303	N(%)with events:12(4.7)	NR	NR
Feldman, 2004 ¹⁹	SMV 10mg +EZE 10mg	Serious Adverse Events	251	NR	23 weeks	293	N(%)with events:20(8.0)	NR	NR

ATV atorvastatin; EZE Ezetimibe; SMV simvastatin; NR not reported

Evidence Table E14. LDLc outcome – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Low potency statin in combination with EZE as compared to high potency statin monotherapy in general populations									
Ahmed, 2008 ⁸	ATV 20mg	LDLc mg/dl	111	Mean: 179	6 weeks	NR	NR	Mean% reduction: -44.40 (reported, not calculated)	NR
Ahmed, 2008 ⁸	SMV 10mg +EZE10mg	LDLc mg/dl	108	Mean: 180	6 weeks	NR	NR	Mean %reduction: -56.10 (reported, not calculated)	NR
Araujo, 2010 ⁹	SMV 80	LDLc mg/dl, calculated	12	Mean:205.78, SD: 41.96	4weeks	12	Mean: 100.95, SD: 28.07	% change;-49.05 p:0.162	NR
Araujo, 2010 ⁹	Arm 2: SMV 10mg +EZE10mg	LDLc mg/dl ,	11	Mean:200.69, SD: 42.83	4weeks	11	Mean: 109.83, SD: 37.33,	% change;-45.27 P < 0.001	NR
Ballantyne, 2004 ¹²	ATV 20mg	Continuous LDLc mg/dl	230	Mean:178.2 SD: 38.7	6 weeks	230	NR	% Change from baseline: -43.7	NR
Ballantyne, 2004 ¹²	ATV 40mg	Continuous LDLc mg/dl	232	Mean: 179.7 SD: 38.1	6 weeks	232	NR	% Change from baseline: -48.3	NR
Ballantyne, 2004 ¹²	ATV 80mg	Continuous LDLc mg/dl	230	Mean: 182.7 SD:38.3	6 weeks	230	NR	% Change from baseline: -52.9	NR
Ballantyne, 2004 ¹²	SMV 10mg +EZE10mg	Continuous LDLc mg/dl	230	Mean: 176.7 SD: 33.0	6 weeks	230	NR	% Change from baseline: -47.1	NR
Bays, 2004 ⁵⁰	Arm 2: SMV 40mg	Continuous LDLc mg/dl	NR	NR	12 weeks	150-154	NR	-40.6	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
		calculated							
Bays, 2004 ⁵⁰	SMV 80mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	150-156	NR	-48.5	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE10mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	140-151	NR	-44.8	NR
Davidson, 2002 ¹⁸	SMV 40mg	Continuous LDLc mg/dl calculated	65	NR	12 weeks	60	NR	Mean% change from baseline: -36	NR
Davidson, 2002 ¹⁸	SMV 80mg	Continuous LDLc mg/dl calculated	67	NR	12 weeks	63	NR	Mean% change from baseline: -44	NR
Davidson, 2002 ¹⁸	SMV 10 +EZE10mg	Continuous LDLc mg/dl calculated	67	NR	12 weeks	61	NR	Mean% change from baseline: -44	NR
Florentin, 2011 ²⁰	SMV 40mg	LDLc mg/dl , calculated	50	Mean: 172, SD: 31	3months	50	Mean: 97, SD: 23	% change from baseline: -43, p<0.0001	NR
Florentin, 2011 ²⁰	SMV 10 +EZE10mg	LDLc mg/dl	50	Mean: 178, SD: 31	3months	50	Mean: 90, SD: 20	% change from baseline: -49, p<0.0001	p: <0.05 , comparing monotherapy vs. combination at 3 months

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Goldberg, 2004 ²³	SMV 40mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	90	NR	Mean% change from baseline: -41.5 IQR: -40, -50	NR
Goldberg, 2004 ²³	SMV 80mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	87	NR	Mean% change from baseline: -45.6 IQR: -41.5, -57	NR
Goldberg, 2004 ²³	SMV10mg +EZE10mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	87	NR	Mean% change from baseline: -46.2 IQR: -42,-57	p<0.001 vs. SMV 40 mg
Her, 2013 ²⁸	ATV/EZE 5/5 mg	LDLc mg/dl	26	Mean: 165 SD:20	8 weeks	26	Mean:81 SD:14	% change= -50 SD= 8 P<0.001	NR
Her, 2013 ²⁸	ATV 20 mg	LDLc mg/dl	25	Mean:168 SD:15	8 weeks	25	Mean:92 SD:24	% change= -45 SD= 12 P<0.001	P=0.22 (ANOVA)
Lee, 2011 ³¹	ATV 20mg	LDLc mg/dl ,	30	Mean: 164, SD: 12,	8 weeks	30	Mean: 87, SD: 23	% change from baseline= -47%, p<0.001	NR
Lee, 2011 ³¹	ATV 5mg +EZE 5mg	LDLc mg/dl ,	30	Mean: 163, SD: 23,	8 weeks	30	Mean: 82, SD: 14	% change from baseline:-49%, p<0.001	p: 0.40 comparing monotherapy vs. combination at 8 weeks
Lee,	ATV 20mg	LDLc	28	Mean: 161	8weeks	28	Mean: 105,	% change from	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
2012 ³²		mg/dl		SD: 16,			SD: 38, ,	baseline:-35 (calculated), net mean difference:-56, p<0.001	
Lee, 2012 ³²	ATV 5mg +EZE5mg	LDLc mg/dl	32	Mean: 159 SD: 12	8weeks	32	Mean: 90, SD: 26, ,	% change from baseline: -43 (calculated), net mean difference:-69, p<0.001	p: 0.12, comparing monotherapy vs. combination at 8 weeks
Liberopoulos, 2013 ³⁴	SMV 40mg	LDLc , mg/dL, calculated	25	Mean: 176, SD: 48	3 months	25	Mean: 97, SD: 28	% mean change from baseline: -44.8, p=0.000	NR
Liberopoulos, 2013 ³⁴	SMV 10mg +EZE10mg	LDLc ,	25	Mean: 177, SD: 32	3 months	25	Mean: 92, SD: 19	% mean change from baseline: -48.0, p=0.000	NR
Moutzouri, 2011 ³⁷	SMV 40mg	LDLc mg/dl, calculated	55	Mean: 176, SD: 34	12 weeks	55	Mean: 99, SD: 26	%change from baseline (calculated, not reported) :-43.8 p<0.001 Week 12 vs. week 0	NR
Moutzouri, 2011 ³⁷	RSV 10mg	LDLc mg/dl	45	Mean: 182, SD: 33	12weeks	45	Mean: 99, SD: 24	% change from baseline (calculated, not reported) : -45.6 p<0.001 Week 12 vs. 0	NR
Moutzouri, 2011 ³⁷	RSV 10mg	LDLc mg/dl	45	Mean: 61 SD: 13	12 weeks	45	Mean: 63 SD: 14	p= ns 0 weeks vs. 12 weeks	
Moutzouri, 2011 ³⁷	SMV10mg +EZE10mg	LDLc mg/dl	53	Mean: 177, SD: 33	12weeks	53	Mean: 91, SD: 20	% change from baseline (calculated, not reported) : -48.6	P=NS comparing all arms at 12 weeks

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
								p<0.001 Week 12 vs. week 0	Mean Diff =NR SD=NR SE=NR
Moutzouri, 2012 ³⁸	SMV 80mg	LDLc mg/dl , calculated	30	Mean: 174, SD: 41	12 weeks	30	Mean: 96, SD: 33	% mean change from baseline: -44.8(calculated, not reported), p<0.001 Week 12 vs. week 0	NR
Moutzouri, 2012 ³⁸	SMV10mg +EZE10mg	LDLc mg/dl , calculated	30	Mean: 179, SD: 26	12 weeks	30	Mean: 91, SD: 15	% mean change from baseline:-49.2 (calculated, not reported) p:<0.001 Week 12 vs. week 0	NR
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Ballantyne 2003 ¹¹	ATV 20mg	Continuous LDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: -40	p<0.01, vs. ATV 80
Ballantyne 2003 ¹¹	ATV 40mg	Continuous LDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: -43	NR
Ballantyne 2003 ¹¹	ATV 80mg	Continuous LDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: -51	NR
Ballantyne 2003 ¹¹	ATV10mg +EZE10mg	Continuous LDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: -50	p<0.01, vs. ATV 20; p<0.01, vs. ATV 80;

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Ballantyne, 2004 ¹²	ATV 20mg	Continuous LDLc mg/dl	230	Mean:178.2 SD: 38.7	6 weeks	230	NR	% Change from baseline: -43.7	NR
Ballantyne, 2004 ¹²	ATV 40mg	Continuous LDLc mg/dl	232	Mean: 179.7 SD: 38.1	6 weeks	232	NR	% Change from baseline: -48.3	NR
Ballantyne, 2004 ¹²	ATV 80mg	Continuous LDLc mg/dl	230	Mean: 182.7 SD:38.3	6 weeks	230	NR	% Change from baseline: -52.9	NR
Ballantyne, 2004 ¹²	SMV 20mg +EZE10mg (M)	Continuous LDLc mg/dl	233	Mean: 178.5 SD: 43.5	6 weeks	233	NR	% Change from baseline: -50.6	NR
Bays, 2004 ⁵⁰	SMV 40mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	150-154	NR	Mean% change from baseline: -40.6	NR
Bays, 2004 ⁵⁰	SMV 80mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	150-156	NR	Mean% change from baseline: -48.5	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE20mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	140-153	NR	-51.9	NR
Catapano, 2006 ¹⁵	RSV 10mg	LDL mg/dl calculated	475	Mean:172	6 weeks	475	NR	Least squares mean %change from baseline(SE):-	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
								45.8(0.5)	
Catapano, 2006 ¹⁵	RSV 20mg	LDL mg/dl calculated	478	Mean:173	6 weeks	478	NR	Least squares mean %change from baseline(SE):-52.3(0.5)	NR
Catapano, 2006 ¹⁵	RSV 40mg	LDL mg/dl calculated	475	Mean:173	6 weeks	475	75	Least squares mean% change from baseline(SE):-56.7(0.5)	NR
Catapano, 2006 ¹⁵	SMV20mg +EZE10mg	LDL mg/dl calculated	476	Mean:172	6 weeks	476	84	Least squares mean % change from baseline(SE):-51.5(0.5)	NR
Davidson, 2002 ¹⁸	SMV 40mg	NR	65	NR	12 weeks	60	NR	Mean% change from baseline: -36	NR
Davidson, 2002 ¹⁸	SMV 80mg	NR	67	NR	12 weeks	63	NR	Mean% change from baseline: -44	NR
Davidson, 2002 ¹⁸	SMV 20mg +EZE10mg	NR	69	NR	12 weeks	58	NR	Mean% change from baseline: -45	NR
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl , All participants	248-257	Mean: 165, SD: 29	12 weeks	238	NR	% change from baseline= -46.6%	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , All participants	245-256	Mean: 168, SD: 30	12 weeks	239	NR	% change from baseline: -50.8%	NR
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl , All participants	253-258	Mean: 166, SD: 30	12 weeks	232	NR	% change from baseline:-54.2	p: <0.001 N Analyzed:470, Diff.Least

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
									Squares Mean: -7.5 comparing SMV/EZE vs. ATV 20 mg at 12 weeks
Goldberg, 2004 ²³	SMV 40mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	90	NR	Mean% change from baseline: -41.5 IQR: -40, -50	NR
Goldberg, 2004 ²³	SMV 80mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	87	NR	Mean% change from baseline: -45.6 IQR: -41.5, -57	NR
Goldberg, 2004 ²³	SMV20mg +EZE10mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	86	NR	Mean% change from baseline: -50.5 IQR:-45, -63	p<0.001 vs. SMV 40 p<0.001 vs. SMV 80
McKenney, 2007 ³⁶	RSV 20 mg	Continuous LDLc mg/dl calculated	73	Mean:198 SD: 34	8 weeks	NR	NR	% Change from baseline: %: -50 95% CI: -53,-47	ANOVA across all 4 groups: p:0.105
McKenney, 2007 ³⁶	SMV20mg +EZE10mg	Continuous LDLc mg/dl calculated	72	Mean: 202 SD: 44	8 weeks	NR	NR	% Change from baseline: -53 95% CI: -56,-50	NR
Robinson, 2009 ⁴³	ATV 20mg	LDLc	215	Mean: 139, SD: 33	6 weeks	215	Mean: 120.0,	%change from baseline:-39.4	NR
Robinson,	ATV 40mg	LDLc	217	Mean: 140,	6 weeks	217	Mean: 119.0,	%change from	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
2009 ⁴³				SD: 33				baseline:-46.0,	
Robinson, 2009 ⁴³	SMV20mg +EZE10mg	LDLc	219	Mean: 137, SD: 33	6 weeks	219	Mean: 120.0, ,	%change from baseline:-49.6,	NR
Stein, E, 2004 ⁴⁶	ATV 20mg	Continuous LDL c direct mg/dl	316	Arm 1: Mean: 187.3 SE: 2.6	4 weeks	303	NR	Absolute change: -16.1 Mean % change: -8.6 SE: 0.7	Btw group % change: -14.2, p<0.01 monotherapy vs. combination
Stein, E, 2004 ⁴⁶	ATV 20mg +EZE10mg	Continuous LDLc direct mg/dl	305	Arm 2: Mean: 186.2 SE: 2.7	4 weeks	293	NR	Absolute change: -42.6 Mean % change: -22.8 SE: 0.7	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	LDLc mg/dl , Measured	527	Mean: 102, SD: 21	12 weeks	509	NR	LCL 95%: -21 , HCL 95%: -15 , Least squares mean % change:-18	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg +EZE10mg	LDLc mg/dl , Measured	526	Mean: 103, SD: 28	12 weeks	516	NR	LCL 95%:-25, HCL 95%: -20, Least squares mean % change:-23	p: 0.001, 95%LCL:-7, 95%HCL:-2, Least Squares Mean% Change: -5, comparing monotherapy vs. combination at 12 weeks
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Ballantyne, 2004 ¹²	ATV 10mg	Continuous LDLc mg/dl	235	Mean: 175.3 SD: 36.4	6 weeks	235	NR	% Change from baseline: -36.1	NR
Ballantyne, 2004 ¹²	SMV 10mg +EZE10mg	Continuous LDLc mg/dl	230	Mean: 176.7 SD: 33.0	6 weeks	230	NR	% Change from baseline: -47.1	p<0.001, vs. ATV 10
Bays, 2004 ⁵⁰	SMV 20mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	144-147	NR	Least squares mean percent change in efficacy parameters from baseline to 12 weeks: -34.2	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE10mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	140-151	NR	-44.8	NR
Davidson, 2002 ¹⁸	SMV 20mg	Continuous LDLc measured mg/dl	61	NR	12 weeks	53	NR	Mean% change from baseline: -36	NR
Davidson, 2002 ¹⁸	SMV 10 +EZE10mg	NR	67	NR	12 weeks	61	NR	Mean% change from baseline: -44	NR
Feldman, 2004 ¹⁹	SMV 20mg	LDLc mg/dl	253	Mean:173.8 SD:44.7	5 weeks	246	NR	Least squares %change from baseline(SE): -38(0.8)	NR
Feldman, 2004 ¹⁹	SMV10mg +EZE10mg	LDLc mg/dl	251	Mean:165.1 SD:34.3	5 weeks	242	NR	Least squares %change from baseline(SE): -47(0.8)	p<0.001 monotherapy vs. combination
Goldberg, 2004 ²³	SMV 40mg	Continuous LDLc	NR	NR	12 weeks	90	NR	Mean% change from baseline: -	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
		mg/dl calculated						41.5 IQR: -40, -50	
Goldberg, 2004 ²³	SMV 80mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	87	NR	Mean% change from baseline: -45.6 IQR: -41.5, -57	NR
Goldberg, 2004 ²³	SMV10mg +EZE10mg	Continuous LDLc mg/dl calculated	NR	NR	12 weeks	87	NR	Mean% change from baseline: -46.2 IQR: -42,-57	p<0.001 monotherapy vs. combination
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Mg/dL	26	Mean: 165 SD:20	8 weeks	26	Mean:81 SD:14	% change= -50 SD= 8 P<0.001	P=0.22 (ANOVA)
Her, 2013 ²⁸	RSV10 mg	Mg/dL	25	Mean:163 SD:21	8 weeks	25	Mean:81 SD:21	% change= -50 SD= 13 P<0.001	
Kerzner, 2003 ³⁰	LOV 40mg	Continuous LDLc mg/dl measured	NR	NR	12 weeks	NR	NR	Mean percentage change from baseline: -29	NR
Kerzner, 2003 ³⁰	LOV 20mg +EZE10mg	Continuous LDLc mg/dl measured	NR	NR	12 weeks	NR	NR	Mean percentage change from baseline: -39	NR
Kerzner, 2003 ³⁰	LOV 10mg +EZE10mg	LDLc measured	NR	NR	12 weeks	NR	NR	Mean percentage change from baseline: -33	NR

\ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; IQR interquartile range; LCL lower confidence limit; LDLc low density lipoprotein cholesterol; LOV Lovastatin; NR not reported; NS Not significant; RSV Rosuvastatin; SD standard deviation; SE standard error; SMV simvastatin

Evidence Table E15. HDL-c – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Low potency statin combination therapy versus high potency statin monotherapy</i>									
Araujo, 2010 ⁹	SMV	HDLc	12	SD: 7.66, Counts:44.65	4weeks	12	SD: 8.29, Mean: 42.39	% Change: -5.06, p:0.037, 4 weeks vs. 0 weeks	NR
Araujo, 2010 ⁹	SMV +EZE	HDLc	11	SD: 7.92, Counts:45.08	4 weeks	11	SD: 8.44 Mean: 45.13,	%Change: 0.08, p:0.976, 4 weeks vs. 0 weeks,	NR
Ballantyne, 2005 ¹²	ATV 20mg	Continuous HDLc mg/dl	230	Mean: 48.7 SD: 11.7	6 weeks	230	NR	% Change from baseline: 5.1	NR
Ballantyne, 2005 ¹²	ATV 40mg	Continuous HDLc mg/dl	232	Mean: 50.2 SD: 13.1	6 weeks	232	NR	% Change from baseline: 3.8	NR
Ballantyne, 2005 ¹²	ATV 80mg	Continuous HDLc mg/dl	230	Mean: 48.0 SD: 10.2	6 weeks	230	NR	% Change from baseline:1.4	NR
Ballantyne, 2005 ¹²	SMV 10mg +EZE 10mg	Continuous HDLc mg/dl	230	Mean: 49.2 SD: 12.1	6 weeks	230	NR	% Change from baseline: 7.7	NR
Bays, 2004 ⁵⁰	SMV 40mg	Continuous HDLc mg/dl	NR	NR	12 weeks	150-154	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 7.5	NR

Bays, 2004 ⁵⁰	SMV 80mg	Continuous HDLc mg/dl	NR	NR	12 weeks	150-156	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 7.1	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE10mg	Continuous HDLc mg/dl	NR	NR	12 weeks	140-151	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 8.0	NR
Davidson, 2002 ¹⁸	SMV 40mg	Continuous HDLc mg/dl	65	NR	12 weeks	60	NR	Mean% change from baseline: 6 p:0.02	NR
Davidson, 2002 ¹⁸	SMV 80mg	Continuous HDLc mg/dl	67	NR	12 weeks	63	NR	Mean% change from baseline: 8 p:0.93	NR
Davidson, 2002 ¹⁸	SMV10mg +EZE 10mg	Continuous HDLc mg/dl	67	NR	12 weeks	61	NR	Mean% change from baseline: 9 p:ns	NR
Florentin, 2011 ²⁰	SMV 40mg	HDLc , mg/dl	50	Mean: 60, SD: 13,	3months	50	Mean: 60, SD: 13, ,	% change from baseline: 0.3, pvalue:ns	NR
Florentin, 2011 ²⁰	SMV 10mg +EZE10mg	HDLc , mg/dl	50	Mean: 59, SD: 14,	3months	50	Mean: 59, SD: 14, ,	% change from baseline:0.3, p:ns	NR
Her, 2013 ²⁸	ATV 20 mg	Mg/dL	25	Mean:50.4 SD:9.1	8 weeks	25	Mean:51.3 SD:13.2	% change= 1.7 SD= 16.8 P=0.48	P=0.78 (ANOVA)
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Mg/dL	26	Mean: 49.3 SD:9.3	8 weeks	26	Mean:51.2 SD:9.0	% change=4.6 SD= 11 P=0.09	NR
Lee, 2011 ³¹	ATV 20mg	HDLc	30	Mean: 50.5, SD: 8.8,	8weeks	30	Mean: 49.7, SD: 7.8, ,	% change from baseline: -1 ± 10, pvalue:0.46	NR
Lee, 2011 ³¹	ATV 5mg +EZE 5mg	HDLc	30	Mean: 49.7, SD: 7.8,	8weeks	30	Mean: 53.6, SD: 12, ,	% change from baseline:4 ± 10, pvalue:0.02	p: 0.08 vs. ATV 20

Lee, 2012 ³²	ATV 20	HDLc	28	Mean: 47.6, SD: 7.7	8weeks	28	Mean: 49.0, SD: 7.5	Net mean diff:1.4, % change from baseline:3% (calculated), SD: 4.9, p:0.15	NR
Lee, 2012 ³²	ATV 5mg +EZE 5mg	HDLc	32	Mean: 45.7, SD: 8.4	8weeeks	32	Mean: 49.3, SD: 9.5,	Net mean diff.: 3.6, % change from baseline:9% (calculated), SD:6.7, P:0.01	p: 0.09 , vs. ATV 20
Liberopoulos, 2013 ³⁴	SMV 40mg	HDLc mg/dl measured	25	Mean: 62, SD: 12	3 months	25	Mean: 64, SD: 12	Mean diff. from baseline:1.6, p:ns	NR
Liberopoulos, 2013 ³⁴	SMV 10mg +EZE 10mg	HDLc	25	Mean: 59, SD: 11	3 months	25	Mean: 60, SD: 11	Mean diff. from baseline:1.6, p:ns	NR
Moutzouri, 2011 ³⁷	SMV 40 mg	HDLc mg/dl	55	Mean: 58, SD: 13	12 weeks	55	Mean: 59, SD: 14	p= ns 0 weeks vs. 12 weeks	NR
Moutzouri, 2011 ³⁷	RSV 10mg	HDLc mg/dl	45	Mean: 61 SD: 13	12 weeks	45	Mean: 63 SD: 14	p= ns 0 weeks vs. 12 weeks	NR
Moutzouri, 2011 ³⁷	SMV 10mg +EZE 10 mg	HDLc mg/dl	53	Mean: 60, SD: 12	12 weeks	53	Mean: 61, SD: 12	p= ns 0 weeks vs. 12 weeks	NR
Moutzouri, 2012 ³⁸	SMV 80mg	HDLc mg/dl	30	Mean: 60, SD: 12	12 weeks	30	Mean: 60, SD: 11	NR	NR
Moutzouri, 2012 ³⁸	SMV 10mg +EZE 10mg	HDLc mg/dl	30	Mean: 61, SD: 14	12 weeks	30	Mean: 59, SD: 11	NR	p=ns vs.SMV 80
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Ballantyne 2003 ¹¹	ATV 20mg	Continuous HDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline:4	NR
Ballantyne, 2003 ¹¹	ATV 40mg	Continuous HDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: 4	NR

Ballantyne, 2003 ¹¹	ATV 80mg	Continuous HDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: 3	NR
Ballantyne, 2003 ¹¹	ATV 10mg +EZE 10mg	Continuous HDLc measured	NR	NR	12 weeks	NR	NR	% mean change from baseline: 9	NR
Ballantyne, 2005 ¹²	ATV 20mg	Continuous HDLc mg/dl	230	Mean: 48.7 SD: 11.7	6 weeks	230	NR	% Change from baseline: 5.1	NR
Ballantyne, 2005 ¹²	ATV 40mg	Continuous HDLc mg/dl	232	Mean: 50.2 SD: 13.1	6 weeks	232	NR	% Change from baseline: 3.8	NR
Ballantyne, 2005 ¹²	ATV 80mg	Continuous HDLc mg/dl	230	Mean: 48.0 SD: 10.2	6 weeks	230	NR	% Change from baseline: 1.4	NR
Ballantyne, 2005 ¹²	SMV 20mg +EZE 10mg	Continuous HDLc mg/dl	233	Mean: 49.1 SD: 13.2	6 weeks	233	NR	% Change from baseline: 7.2	NR
Bays, 2004 ⁵⁰	SMV 40mg	Continuous HDLc mg/dl	NR	NR	12 weeks	150-154	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 7.5	NR
Bays, 2004 ⁵⁰	SMV 80mg	Continuous HDLc mg/dl	NR	NR	12 weeks	150-156	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 7.1	NR
Bays, 2004 ⁵⁰	SMV 20mg + EZE10mg	Continuous HDLc mg/dl	NR	NR	12 weeks	140-153	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 9.8	NR

Catapano, 2006 ¹⁵	RSV 10mg	HDLc mg/dl	475	Mean:51	6 weeks	478	NR	Least squares mean %change from baseline(SE): 6.7(0.5)	NR
Catapano, 2006 ¹⁵	RSV 20mg	HDLc mg/dl	478	Mean:50	6 weeks	478	NR	Least squares mean %change from baseline(SE): 8.1(0.5)	NR
Catapano, 2006 ¹⁵	RSV 40mg	HDLc mg/dl	475	Mean:50	6 weeks	475	NR	Least squares mean % change from baseline(SE): 8.1(0.5)	NR
Catapano, 2006 ¹⁵	SMV20mg +EZE 10mg	HDLc mg/dl	476	Mean:51	6 weeks	476	NR	Least squares mean % change from baseline(SE): 7.0(0.5)	NR
Davidson, 2002 ¹⁸	SMV 40mg	Continuous HDLc measured	65	NR	12 weeks	60	NR	Mean% change from baseline: 6 p:0.02	NR
Davidson, 2002 ¹⁸	SMV 80mg	Continuous HDLc measured	67	NR	12 weeks	63	NR	Mean% change from baseline: 8 p:0.93	NR
Davidson, 2002 ¹⁸	SMV 20mg +EZE10mg	Continuous HDLc measured	69	NR	12 weeks	58	NR	Mean% change from baseline: 9 p:ns	NR
Footy, 2010 ²¹	ATV 20mg	HDLc	248-257	Mean: 54, SD: 14	12 weeks	238	NR	% change from baseline:3.8 12 weeks vs. 0 weeks	NR
Footy, 2010 ²¹	ATV 40mg	HDLc	245-256	Mean: 53, SD: 13	12 weeks	239	NR	% change from baseline:5.2 12 weeks vs. 0 weeks	NR
Footy, 2010 ²¹	SMV 20mg +EZE 10mg	HDLc	253-258	Mean: 54, SD: 14	12 weeks	232	NR	% change from baseline:7.0 12 weeks vs. 0 weeks	p: <0.05, N Analyzed: 470, Diff.Least squares Mean:-3.3 Vs. ATV 20

McKenny, 2007 ³⁶	RSV 20 mg	Continuous HDLc mg/dl measured	73	Arm 2: Mean: SD:	8 weeks	NR	NR	% Change from baseline: +7 95% CI: +4, +10	ANOVA across all 4 groups: p<0.001
McKenney, 2007 ³⁶	SMV 20mg +EZE 10mg	Continuous HDLc mg/dl measured	72	Arm 2: Mean: SD:	8 weeks	NR	NR	% Change from baseline: +8 95% CI: +5, +11	NR
Robinson, 2009 ⁴³	ATV 20mg	HDLc	215	Mean: 44, SD: 10	6weeks	215	%change from base: 5.6	NR	NR
Robinson, 2009 ⁴³	ATV 40mg	HDLc	217	Mean: 42, SD: 11	6weeks	217	%change from base: 4.9	NR	p: <0.05 , Treatment Diff: 3.4, Vs. ATV 20
Robinson, 2009 ⁴³	SMV 20mg +EZE 10mg	HDLc	219	Mean: 44, SD: 11	6 weeks	219	%change from base: 6.8	NR	NR
Stein, 2004 ⁴⁶	ATV 20mg	Continuous HDLc mg/dl	316	Arm 1: Mean: 49.9, SE: 0.7	4 weeks	303	NR	Absolute change: 0.4 Mean % change: 1.3 SE: 0.6	Btw group % change: 0.9 p=ns monotherapy vs. combination
Stein, 2004 ⁴⁶	ATV 10mg +EZE10mg	Continuous HDLc mg/dl	305	Arm 2: Mean: 50.0, SE: 0.7	4 weeks	293	NR	Absolute change: 0.8 Mean % change: 2.1 SE: 0.6	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	HDLc mg/dl Calculated	527	Mean:54, SD:12	12 weeks	509	NR	LCL 95%: -2 , HCL 95%: 1, Least squares mean % change: -1, 12 weeks vs. 0 weeks	NR

Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	HDLc mg/dl Calculated	526	Mean:55, SD:14	12 weeks	516	NR	LCL 95%: 1 , HCL 95%: 4 Least squares mean %change: 2, 6 weeks vs. 0 weeks	pvalue:< 0.001 , 95%LCL:2 95%HCL:5, Least squares Mean % Change:3 2, Vs. ATV 20/40
<u>Low</u> potency statin combination therapy versus <u>mid</u> potency statin monotherapy									
Ballantyne, 2004 ¹²	ATV 10mg	Continuous HDLc mg/dl	235	Mean: 48.2 SD: 12.5	6 weeks	235	NR	% Change from baseline: 6.9	NR
Ballantyne, 2005 ¹²	SMV 10mg +EZE 10mg	Continuous HDLc mg/dl	230	Mean: 49.2 SD: 12.1	6 weeks	230	NR	% Change from baseline: 7.7	NR
Bays, 2004 ⁵⁰	SMV 20mg	Continuous HDLc mg/dl	NR	NR	12 weeks	144-147	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 7.4	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE10mg	Continuous HDLc mg/dl	NR	NR	12 weeks	140-151	NR	Least squares mean % change in efficacy parameters from baseline to 12 weeks: 8.0	NR
Davidson, 2002 ¹⁸	SMV 20mg	Continuous HDLc mg/dL measured	61	NR	12 weeks	53	NR	Mean% change from baseline: 6 p:0.10	NR
Davidson, 2002 ¹⁸	SMV10mg +EZE 10mg	NR	67	NR	12 weeks	61	NR	Mean% change from baseline: 9 p:ns	NR
Feldman, 2004 ¹⁹	SMV 20mg	HDLc mg/dl	253	Mean:46.1 SD:11.2	5 weeks	248	NR	Least squares mean %change from baseline(SE): 5.1(0.7)	NR

Feldman, 2004 ¹⁹	SMV 10mg +EZE 10mg	HDLc mg/dl	251	Mean:44.6, SD:10.2	5 weeks	245	NR	Least squares mean %change from baseline(SE): 6.2(0.7)	NR
Her, 2013 ²⁸	RSV 10 mg	HDLc mg/dl	25	Mean:50.3 SD:10.3	8 weeks	25	Mean:51.7 SD:11.5	% change= 3.6 SD= 16.6 P=0.42	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	HDLc mg/dl	26	Mean: 49.3 SD:9.3	8 weeks	26	Mean:51.2 SD:9.0	% change=4.6 SD= 11 P=0.09	NR
Kerzner, 2003 ³⁰	LOV 40mg	Continuous HDLc mg/dL measured	NR	NR	12 weeks	NR	NR	Mean % change from baseline: 5	NR
Kerzner, 2003 ³⁰	LOV 20mg EZE 10mg	Continuous	NR	NR	12 weeks	NR	NR	Mean % change from baseline: 9	NR
Kerzner, 2003 ³⁰	LOV 10mg EZE10mg	HDLc measured	NR	NR	12 weeks	NR	NR	Mean% change from baseline: 8	NR

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; HDLc high density lipoprotein cholesterol; IQR interquartile range; LCL lower confidence limit; LOV Lovastatin; NR not reported; NS Not significant; RSV Rosuvastatin; SD standard deviation; SE standard error; SMV simvastatin

Evidence Table E16. Total cholesterol:HDL – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Low potency statin combination therapy versus high potency statin monotherapy</u>									
Bays, 2004 ⁵⁰	SMV 40mg	TC: HDLc	NR	NR	12 weeks	150-154	NR	-33.2	
Bays, 2004 ⁵⁰	SMV 80mg	TC: HDLc	NR	NR	12 weeks	150-156	NR	-38.4	NR
Bays, 2004 ⁵⁰	SMV 10mg +EZE10mg	TC: HDLc	NR	NR	12 weeks	140-151	NR	-35.8	p< 0.001, vs. SMV 40
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Ballantyne, 2003 ¹¹	ATV 20mg	TC:HDLc	NR	NR	12 weeks	NR	NR	% mean change from baseline: -32	NR
Ballantyne, 2003 ¹¹	ATV 40mg	TC:HDLc	NR	NR	12 weeks	NR	NR	% mean change from baseline:-34	NR
Ballantyne, 2003 ¹¹	ATV 80mg	TC:HDLc	NR	NR	12 weeks	NR	NR	% mean change from baseline: -41	NR
Ballantyne, 2003 ¹¹	ATV 10mg +EZE 10mg	TC:HDLc	NR	NR	12 weeks	NR	NR	% mean change from baseline:-43	NR
Catapano, 2006 ¹⁵	RSV 10mg	TC:HDL	478	Mean:5.4	6 weeks	478	NR	Least Squares mean % change from baseline (SE): -36.1(0.5)	NR
Catapano, 2006 ¹⁵	RSV 20mg	TC:HDL	478	Mean:5.4	6 weeks	478	NR	Least Squares mean % change from baseline (SE): -41.4(0.5)	NR
Catapano, 2006 ¹⁵	RSV 40mg	TC:HDLc	475	Mean:5.4	6 weeks	475	NR	Least Squares mean % change from baseline (SE): -44.5(0.5)	NR

Catapano, 2006 ¹⁵	SMV 20mg +EZE 10mg	TC:HDLc	476	Mean:5.3	6 weeks	476	NR	Least Squares mean % change from baseline(SE): -40.3(0.5)	NR
Foody, 2010 ²¹	ATV 20mg	TC:HDLc ratio	248-257	Mean: 4.9, SD: 1.2	12 weeks	238	NR	% change from baseline to 12 weeks:-35.0	NR
Foody, 2010 ²¹	ATV 40mg	TC:HDLc	245-256	Mean: 5.1, SD: 1.3	12 weeks	239	NR	% change from baseline to 12 weeks:-37.6	NR
Foody, 2010 ²¹	SMV 20mg +EZE 10mg	TC:HDLc	253-258	Mean: 4.9, SD: 1.1	12 weeks	232	NR	% change from baseline to 12 weeks:-41.1	p: <0.001 , Diff. Least Squares Mean: -6.2, comparing vs. ATV 20
McKenny, 2007 ³⁶	RSV 20 mg	TC: HDLc	73	NR	8 weeks	NR	NR	% Change from baseline: -40 95% CI: -43, -38	ANOVA across all 4 groups: p:0.027
McKenny, 2007 ³⁶	SMV 20mg +EZE 10mg	TC: HDLc	72	NR	8 weeks	NR	NR	% Change from baseline: -43 95% CI: -46, -41	NR
Robinson, 2009 ⁴³	ATV 20mg	TC:HDLc	215	Mean: 5, SD: 1	6 weeks	215	%change from base: -31.5,	NR	NR
Robinson, 2009 ⁴³	ATV 40mg	TC:HDLc	217	Mean: 6, SD: 1	6 weeks	217	%change from base: -35.3,	NR	NR
Robinson, 2009 ⁴³	SMV 20 +EZE 20mg	TC:HDLc	219	Mean: 5, SD: 1	6 weeks	219	%change from base: -36.9,	NR	p: <0.001 , Treatment Diff: -8.8, comparing ATV 40

Stein, 2004 ⁴⁶	ATV 20mg	Continuous Tc:HDLc	316	Mean: 5.6, SE: 0.09	4 weeks	303	NR	Absolute change: -0.4 Mean % change: -6.8 SE: 0.6	Btw group % change: -11.8 p<0.01,
Stein, 2004 ⁴⁶	ATV 10mg +EZE 10mg	Continuous Tc:HDLc	305	Mean: 5.52, SE: 0.09	4 weeks	293	NR	Absolute change: -1.1 Mean % change: -18.6 SE: 0.7	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	TC:HDLc	527	Mean:4, SD:1	12 weeks	509	NR	LCL 95%: -12 , HCL 95%: -8 , Least Squares mean % change: -10	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg + EZE 10mg	TC:HDLc	526	Mean:4, SD:1	12 weeks	516	NR	LCL 95%: -16 , HCL 95%: -13 , Least Squares mean % change: -14	pvalue:<0.001, 95%LCI:-7, 95%HCI:-2, Least Squares Mean% Change: -5 comparing ATV 20/40

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; HDLc high density lipoprotein cholesterol; IQR interquartile range; LCL lower confidence limit; LOV Lovastatin; NR not reported; NS Not significant; RSV Rosuvastatin; SD standard deviation; SE standard error; SMV simvastatin; TC Total cholesterol

Evidence Table E17. Adherence – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
McKenny, 2007 ³⁶	RSV 20 mg	Adherence to treatment (defined as returning between 75 and 125% of tablets dispensed)	73	NR	8 weeks	NR	%= 84	NR	NR
McKenny, 2007 ³⁶	SMV/EZE (20/10)	Adherence to treatment (defined as returning between 75 and 125% of tablets dispensed)	72	NR	8 weeks	NR	%= 99	NR	NR
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Foody, 2010 ²¹	ATV 20mg	At least one adverse event	259	NR	12 weeks	258	N(%) with events: 60(23.3),	NR	NR
Foody, 2010 ²¹	ATV 40mg	At least one adverse event	257	NR	12 weeks	256	N(%) with events: 67(26.2)	NR	NR
Foody, 2010 ²¹	SMV 20 +EZE10mg	At least one adverse event	259	NR	12 weeks	256	N(%) with events: 71(27.7)	NR	NR
Stein, 2004 ⁴⁶	ATV 20mg	At least one adverse event	316	NR	12 weeks	316	N(%)with events:184(58)	NR	NR

Stein, 2004 ⁴⁶	ATV 10mg +EZE 10mg	At least one adverse event	305	NR	12 weeks	305	N(%)with events:193(63)	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	At least one adverse event,	527	NR	12 weeks	525	N(%) with events: 159(30)	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	At least one adverse event	526	NR	12 weeks	526	N(%) with events :143(27)	NR	NR
<i>Low potency statin combination therapy versus mid potency statin monotherapy</i>									
Feldman, 2004 ¹⁹	SMV 20mg	An adverse event	253	NR	23 weeks	253	N(%)with events:168(66)	NR	NR
Feldman, 2004 ¹⁹	SMV 10mg +EZE 10mg	An adverse event	251	NR	23 weeks	251	N(%)with events:140(56)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported; RSV Rosuvastatin; SMV simvastatin;

Evidence Table E18. Withdrawal due to adverse events – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Low potency statin combination therapy versus high potency statin monotherapy</i>									
Davidson, 2002 ¹⁸	SMV 40	Withdrawal due to adverse events	65	N/A	12 weeks	65	N=2 Percent: 3.1	NR	NR
Davidson, 2002 ¹⁸	SMV 80	Withdrawal due to adverse events	67	N/A	12 weeks	67	N=2 Percent: 3.0	NR	NR
Davidson, 2002 ¹⁸	EZE/SMV (10/10)	Withdrawal due to adverse events	67	N/A	12 weeks	67	N=2 Percent: 3.0	NR	NR

Her, 2013 ²⁸	ATV 20 mg	Withdrawal due to adverse events	25	N/A	8 weeks	25	1 (4)	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Withdrawal due to adverse events	26	N/A	8 weeks	26	0(0)	NR	NR
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Davidson, 2002 ¹⁸	SMV 40 mg	Withdrawal due to adverse events	65	N/A	12 weeks	65	N=2 Percent: 3.1	NR	NR
Davidson, 2002 ¹⁸	SMV 80 mg	Withdrawal due to adverse events	67	N/A	12 weeks	67	N: 2 Percent: 3.0	NR	NR
Davidson, 2002 ¹⁸	EZE/SMV (10/20) mg	Withdrawal due to adverse events	69	N/A	12 weeks	69	N=7 Percent: 1.0	NR	NR
Footy, 2010 ²¹	ATV 20mg	Withdrawal due to adverse events ,	258	N/A	12 weeks	258	N with events: 3, %with events: 1.2 ,	NR	NR
Footy, 2010 ²¹	ATV 40mg	Withdrawal due to adverse events ,:	256	N/A	12 weeks	256	N with events: 5, %with events: 2 ,	NR	NR
Footy, 2010 ²¹	SMV 20mg +EZE 10mg	Withdrawal due to adverse events ,	256	N/A	12 weeks	256	N with events: 9, %with events: 3.5 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Withdrawal due to adverse events ,	527	N/A	12 weeks	525	%: 2, N with events: 8 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE 10mg	Withdrawal due to adverse events ,	526	N/A	12 weeks	526	%: 3, N with events: 14 ,	NR	NR
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									

Davidson, 2002 ¹⁸	SMV 20 mg	Withdrawal due to adverse events	61	N/A	12 weeks	61	N=6 Percent: 9.8	NR	NR
Davidson, 2002 ¹⁸	EZE/SMV (10/10) mg	Withdrawal due to adverse events	67	N/A	12 weeks	67	N=2 Percent: 3.0	NR	NR
Feldman, 2004 ¹⁹	SMV 20mg	Withdrawing from trial due to adverse event	253	N/A	23 weeks	253	N(%):14(5.5)	NR	NR
Feldman, 2004 ¹⁹	SMV 10mg +EZE 10mg	Withdrawing from trial due to adverse event	251	N/A	23 weeks	251	N(%):11(4.4)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; N/A Not applicable; NR not reported; SMV simvastatin

Evidence Table E19. Elevated liver transaminases – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Low potency statin combination therapy versus high potency statin monotherapy</u>									
Her, 2013 ²⁸	ATV 20 mg	Events	25	N/A	8 weeks	25	0(0)	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Events	26	N/A	8 weeks	26	0(0)	NR	NR
Lee, 2011 ³¹	ATV 20mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	30	NR	8 weeks	30	N with events: 0	NR	NR
Lee, 2011 ³¹	ATV 5mg +EZE 5mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	30	NR	8 weeks	30	N with events: 0	NR	NR

Lee, 2012 ³²	ATV 20	Elevated AST and/or ALT > 3x ULN and/or hepatitis	28	NR	8 weeks	28	N with events: 0	NR	NR
Lee, 2012 ³²	ATV 5mg +EZE 5mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	32	NR	8 weeks	32	N with events: 0	NR	NR
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Catapano, 2006 ¹⁵	RSV 20mg	Elevated AST and/or ALT ≥ 3xULN and/or hepatitis	492	NR	NR	NR	N with event:0	NR	NR
Catapano, 2006 ¹⁵	RSV 20mg	Elevated AST and/or ALT ≥ 3xULN and/or hepatitis	495	NR	NR	NR	N with event:2	NR	NR
Catapano, 2006 ¹⁵	RSV 40mg	Elevated AST and/or ALT ≥ 3x ULN and/or hepatitis	494	NR	NR	NR	N with event:1	NR	NR
Catapano, 2006 ¹⁵	SMV 20mg +EZE 10mg	Elevated AST and/or ALT ≥ 3x ULN and/or hepatitis	492	NR	NR	NR	N with event:1	NR	NR
Foody, 2010 ²¹	ATV 20mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	259	NR	12 weeks	246	N(%)with events:0(0)	NR	NR

Foody, 2010 ²¹	ATV 40mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis,	257	NR	12 weeks	248	N(%)with events:3(1.2)	NR	NR
Foody, 2010 ²¹	SMV 20mg +EZE 10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	259	NR	12 weeks	250	N(%)with events:2(0.8)	NR	NR
McKenny, 2007 ³⁶	RSV 20 mg	Elevated AST/ALT >3x ULN	73	NR	12 weeks	NR	N with event:1	NR	NR
McKenny, 2007 ³⁶	SMV 20mg +EZE 10mg	Elevated AST/ALT >3x ULN	72	NR	12 weeks	NR	N with event: 0	NR	NR
Robinson, 2009 ⁴³	ATV 20mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	NR	NR	6 weeks	220	N(%)with events:0(0)	NR	NR
Robinson, 2009 ⁴³	ATV 40mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	NR	NR	6 weeks	218	N(%)with events:2(0.9)	NR	NR
Robinson, 2009 ⁴³	SMV 20 +EZE 10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	NR	NR	6 weeks	223	N(%)with events:4(1.8)	NR	NR
Stein, 2004 ⁴⁶	ATV 20mg	Elevated ALT and/or AST ≥ 3x ULN	316	NR	12 weeks	316	N(%)with event:1(<1)	NR	NR
Stein, 2004 ⁴⁶	ATV10mg +EZE10mg	ALT and/or AST ≥ 3x ULN	305	NR	12 weeks	305	N(%)with event:3(1)	NR	NR

Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	527	NR	12 weeks	520	N(%)with events:2(1)	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE 10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	526	NR	12 weeks	520	N(%)with events:2(<1)	NR	NR
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									
Feldman, 2004 ¹⁹	SMV 20mg	Elevated AST and/or ALT ≥ 3x ULN and/or hepatitis	248	NR	23 weeks	248	N(%)with event:0(0)	NR	NR
Feldman, 2004 ¹⁹	SMV 10mg +EZE10mg	Elevated AST and/or ALT ≥ 3x ULN and/or hepatitis	245	NR	23 weeks	245	N(%)with event:1(0.4)	NR	NR
Her, 2013 ²⁸	RSV 10 mg	Events	25	N/A	8 weeks	25	0(0)	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Events	26	N/A	8 weeks	26	0(0)	NR	NR

ALT Alanine transaminase; AST Aspartate transaminase; ATV Atorvastatin; EZE Ezetimibe; N/A Not applicable; NR not reported; RSV Rosuvastatin; SMV simvastatin; ULN Upper normal limit

Evidence Table E20. Musculoskeletal adverse events – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Low potency statin combination therapy versus high potency statin monotherapy</u>									
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Events	26	N/A	8 weeks	26	0(0)	NR	NR
Her, 2013 ²⁸	ATV20 mg	Events	25	N/A	8 weeks	25	0(0)	NR	NR
Lee, 2011 ³¹	ATV 20mg	CPK>10 X ULN	30	NR	8 weeks	30	N with events: 0,	NR	NR
Lee, 2011 ³¹	ATV 5mg +EZE 5mg	CPK>10 X ULN	30	NR	8 weeks	30	N with events: 0,	NR	NR
Lee, 2012 ³²	ATV 20mg	CPK>10 X ULN	28	NR	8 weeks	28	N with events: 0,	NR	NR
Lee, 2012 ³²	ATV 5mg +EZE 5mg	CPK>10 X ULN	32	NR	8 weeks	32	N with events: 0,	NR	NR
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Catapano, 2006 ¹⁵	RSV 10 mg	CPK>10 X ULN	492	NR	6 weeks	NR	N with event(%)=0(0%)	NR	NR
Catapano, 2006 ¹⁵	RSV 40 mg	CPK>10 X ULN	494	NR	6 weeks	NR	N with event(%)=1(0.1)	NR	NR
Catapano, 2006 ¹⁵	RSV 20 mg	CPK>10 X ULN	495	NR	6 weeks	NR	N with event(%)=0(0%)	NR	NR
Catapano, 2006 ¹⁵	EZE10/SMV20 mg	CPK>10 X ULN	492	NR	6 weeks	NR	N with event(%)=0(0%)	NR	NR
Foody, 2010 ²¹	ATV 20mg	CPK>10 X ULN	259	NR	12 weeks	246	N with events: 0, %with events: 0 ,	NR	NR
Foody, 2010 ²¹	ATV 40mg	CPK>10 X ULN	257	NR	12 weeks	248	N with events: 0, %with events: 0 ,	NR	NR

Footy, 2010 ²¹	SMV 20mg +EZE 10mg	CPK>10 X ULN	259	NR	12 weeks	250	N with events: 0, %with events: 0 ,	NR	NR
McKenny, 2007 ³⁶	RSV 20 mg	Elevations in CK>10x ULN	73	NR	12 weeks	NR	N=0	NR	NR
McKenny, 2007 ³⁶	SMV/EZE (20/10)	Elevations in CK>10x ULN	72	NR	12 weeks	NR	N=0	NR	NR
Robinson, 2009 ⁴³	ATV 20mg	CPK>10 X ULN	220	NR	6 weeks	220	%: 0, Counts: 0,	NR	NR
Robinson, 2009 ⁴³	ATV 40mg	CPK>10 X ULN,	218	NR	6 weeks	218	%: 0, Counts: 0,	NR	NR
Robinson, 2009 ⁴³	SMV 20mg +EZE10mg	CPK>10 X ULN	223	NR	6 weeks	223	%: 0.4, Counts: 1,	NR	NR
Stein, E, 2004 ⁴⁶	ATV 20	CPK>= 10X ULN	316	NR	12 weeks	316	Arm 1: N=1 %<1	NR	NR
Stein, E, 2004 ⁴⁶	EZE+ATV (10/10)	CPK>= 10X ULN	305	NR	12 weeks	305	Arm 2: N=0 %<0	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	CPK>10 X ULN	527	NR	12 weeks	520	N=1	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE 10mg	CPK>10 X ULN	526	NR	12 weeks	526	N=0	NR	NR
<i>Low potency statin combination therapy versus mid potency statin monotherapy</i>									
Feldman, 2004 ¹⁹	SMV 20mg	CPK>10 X ULN	248	NR	23 weeks	248	N(%):2(0.8)	NR	NR
Feldman, 2004 ¹⁹	SMV 10mg +EZE 10mg	CPK>10 X ULN	245	NR	23 weeks	245	N(%):0	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	CPK>10 X ULN	26	N/A	8 weeks	26	0(0)	NR	NR

Her, 2013 ²⁸	RSV10 mg	CPK>10 X ULN	25	N/A	8 weeks	25	0(0)	NR	NR
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ATV Atorvastatin; CK Creatinine kinase; CPK Creatinine phosphokinase; EZE Ezetimibe; N/A Not applicable; NR not reported; RSV Rosuvastatin; SMV simvastatin; ULN Upper normal limit

Evidence Table E21. Myalgia – general population

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Low potency statin combination therapy versus <u>high</u> potency statin monotherapy</u>									
Her, 2013 ²⁸	ATV20 mg	Events	25	N/A	8 weeks	25	1 (4)	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Events	26	N/A	8 weeks	26	0(0)	NR	NR
<u>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy – general population</u>									
Catapano, 2006 ¹⁵	RSV 10mg	Experiencing myalgia	472	NR	12 weeks	472	0	NR	NR
Catapano, 2006 ¹⁵	RSV 20mg	Experiencing myalgia	478	NR	12 weeks	478	0	NR	NR
Catapano, 2006 ¹⁵	RSV 40mg	Experiencing myalgia	475	NR	12 weeks	475	N with event(%)=1	NR	NR
Catapano, 2006 ¹⁵	SMV20mg +EZE 10mg	Experiencing myalgia	476	NR	12 weeks	476	0	NR	NR
Stein, E, 2004 ⁴⁶	ATV 20 mg	Myalgia	316	NR	12 weeks	316	Arm 1: %=9	NR	NR
Stein, E, 2004 ⁴⁶	EZE+ATV (10/10) mg	Myalgia	305	NR	12 weeks	305	Arm 2: %=8	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Participants with myalgia	NR	NR	12 weeks	525	0, N with events: 0	NR	NR

Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	Participants with myalgia	NR	NR	12 weeks	526	0%, N with events: 0	NR	NR
<u>Low</u> potency statin combination therapy versus <u>mid</u> potency statin monotherapy									
Her, 2013 ²⁸	RSV 10 mg	Events	25	N/A	8 weeks	25	0(0)	NR	NR
Her, 2013 ²⁸	ATV/EZE 5/5 mg	Events	26	N/A	8 weeks	26	0(0)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; N/A Not applicable; NR not reported; RSV Rosuvastatin; SMV simvastatin

Evidence Table E22. Mortality – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Roeters van Lennep, H.W.O., 2007 ⁴⁴	SMV 40mg (with SMV 20mg during run in)	Mortality	NR	NR	14 weeks	NR	0 deaths	NR	NR
Roeters van Lennep, H.W.O., 2007 ⁴⁴	ATV 20mg (with ATV10mg during run in)	Mortality	NR	NR	14 weeks	NR	0 deaths	NR	NR
Roeters van Lennep, H.W.O., 2007 ⁴⁴	SMV20 +EZE 10mg (with SMV 20 during run in)	Mortality	NR	NR	14 weeks	NR	0 deaths	NR	NR
Roeters van Lennep, H.W.O., 2007 ⁴⁴	SMV 20mg +EZE 10mg (with ATV 10mg during run in)	Mortality	NR	NR	14 weeks	NR	0 deaths	NR	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin

Evidence Table E23. Acute coronary events – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Ostad, 2009 ⁴⁰	ATV 80mg	Fatal MI	NR	NR	8 weeks	24	N: 0	NR	NR
Ostad, 2009 ⁴⁰	ATV 10mg + EZE10mg	Fatal MI	NR	NR	8 weeks	25	N: 1	NR	NR

ATV Atorvastatin; EZE Ezetimibe; MI Myocardial infarction; NR not reported; SMV simvastatin

Evidence Table E24. Cerebrovascular event – patients with CHD

RefID	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)(s)	Outcomes at timepoint(s)	Within Arm Comparisons	Between arm comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV 40mg	Transient ischemic attack (TIA)	NR	NR	6 weeks	60	% with events:1.7, N with events: 1,	NR	NR
Averna, 2010 ¹⁰	SMV 20 +EZE 10 mg	Transient ischemic attack (TIA)	NR	NR	6 weeks	60	% with events: 0, N with events: 0	pvalue: NS , comparing	NR

EZE Ezetimibe; NR not reported; SMV simvastatin; TIA Transient ischemic attack

Evidence Table E25. Serious adverse event – patients with CHD

RefID	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)(s)	Outcomes at timepoint(s)	Within Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>								
Averna, 2010 ¹⁰	SMV 40	Serious adverse events	NR	NR	6 weeks	60	%of with events: 1.7, N with events: 1	NR
Averna, 2010 ¹⁰	SMV 20 +EZE 10 mg	Serious adverse events	NR	NR	6 weeks	60	%of with events: 0, N with events: 0,	pvalue: NS , comparing Total vs Total at 6 weeks
Bardini, 2010 ¹³	SMV40	Serious adverse events	NR	NR	6 weeks	51	Counts: 0, %with events: 0 ,	
Bardini, 2010 ¹³	SMV 20mg +EZE 10mg	Serious adverse events	NR	NR	6 weeks	42	Counts: 1, %with vents:0.02 ,	pvalue: 0.4518 ,

								comparing Arm1 vs. Arm 2 at 6 weeks
Barrios, 2005 ¹⁴	ATV 20	Serious adverse events	214	NR	6 weeks	205	N= 2 %= 0.9	p= 0.450
Barrios, 2005 ¹⁴	EZE/SMV 10/20	Serious adverse events	221	NR	6 weeks	214	N= 5 %= 2.3	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin

Evidence Table E26. LDL – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy									
Averna, 2010 ¹⁰	SMV 40mg	LDLc, mg/dl Calculated	56	Mean: 128.0, SD: 16.6	6 weeks	56	NR	SE: +/- 1 , %change from baseline: -12	NR
Averna, 2010 ¹⁰	SMV 20mg +EZE10mg	LDLc, mg/dl Calculated	56	Mean: 125.9, SD: 16.3	6 weeks	56	NR	SE: +/- 1 , %change from baseline: -27,	p: <0.001 , comparing monotherapy vs combination weeks
Bardini, 2010 ¹³	SMV 40mg	LDLc mmol/L ,	50	Mean: 3.2, SD: 0.5	6 weeks	50	NR	% change from baseline:-21	NR
Bardini, 2010 ¹³	SMV 20mg +EZE10mg	LDLc mmol/L ,	37	Mean: 3.3, SD: 0.5	6 weeks	37	NR	% change from baseline:-32, p<0.01	NR
Barrios, 2005 ¹⁴	ATV 20mg	Continuous LDLc mg/dl calculated	214	Mean: 3.24 SD: 0.49	6 weeks	207-210	NR	Mean % change:- 20.3 SE: 1.2 0 weeks vs. 6 weeks	Diff. in least squares % change: -12.6 SE: 1.6 P <0.001 0 weeks vs. 6 weeks
Barrios, 2005 ¹⁴	SMV 20mg +EZE10mg	Continuous LDLc mg/dl calculated	221	Mean: 3.19 SD: 0.45	6 weeks	215-217	NR	Mean % change: - 32.8 SE: 1.2	NR
Cho, 2011 ¹⁶	ATV 20 mg	LDLc mg/dl	43	Mean: 132.1, SD: 30.6, ,	6 weeks	NR	Mean: 72.9, SD: 20.5, ,	% change from baseline:41.1, SD:17.3	NR
Cho, 2011 ¹⁶	SMV 20mg +EZE10mg	LDLc mg/dl	42	Mean: 134.1, SD: 23.2, ,	6 weeks	NR	Mean: 77.2, SD: 21.0, ,	% change from baseline:44.2, SD:14.0	p: 0.715 , at 6 weeks p: 0.759 ,

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
									at baseline comparing monotherapy vs combination
Hamdan, 2011 ²⁷	ATV 20 mg + placebo	LDLc mg/dl	44	Mean: 3.4	12weeks	34	Mean: 2.1mmol/L Mean: 2.1 mmol/L	% change from baseline (calculated, not reported) -38.2	NR NR
Hamdan, 2011 ²⁷	ATV10mg +EZE10mg	LDLc mg/dl	43	Mean: 3.2	12weeks	41	Mean: 1.6 mmol/L Mean: 1.8 mmol/L	% change from baseline: -43.8 (calculated, not reported)	group x time: p=0.6, Comparing total vs. total at 12 weeks
Matsue, 2013 ³⁵	EZE/ATV 10/10 mg	Mg/dL	115	Mean: 94.4 SD: 16.8	12 weeks	115	Mean:69.6 SD: 15.6	P<0.001 P<0.001 Percent change (calculated) - 26.3%	NR
Matsue, 2013 ³⁵	ATV 20 mg	Mg/dL	128	Mean: 95.1 SD: 18.4	12 weeks	128	Mean: 85.9 SD: 18.2	P<0.001 Percent change (calculated) -9.6%	
Okada, 2011 ³⁹	ATV 20 mg	LDLc mg/dl. measured	35	Mean: 114.1, SD: 14.7	12weeks	35	Mean: 94.5, SD: 16.8	% change from baseline : -17.1 (calculated, not reported)	NR
Okada, 2011 ³⁹	RSV 5 mg	LDLc mg/dl	38	Mean: 120.3, SD: 18.4	12weeks	38	Mean: 101.5, SD: 22.5	% change from baseline: -15.6 (calculated, not reported)	NR
Okada, 2011 ³⁹	ATV 10mg +EZE10mg	LDLc mg/dl	43	Mean: 120.5, SD: 16.9	12weeks	43	Mean: 89.1, SD: 15.8	% change from baseline:-26.1 (calculated, not reported)	NR
Okada, 2011 ³⁹	RSV 2.5mg +EZE10mg	LDLc mg/dl	49	Mean: 120.0 , SD: 13.1	12weeks	49	Mean: 91.3, SD: 17.8	% change from baseline:-23.9 (calculated, not reported)	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Ostad, 2009 ⁴⁰	ATV 80mg	LDLc	24	Mean: 148, SD: 31	8 weeks	NR	Mean: 59,SD: 21,	Mean difference= -60, SD= 11, p<0.001	NR
Ostad, 2009 ⁴⁰	ATV 10mg +EZE10mg	LDLc	25	Mean: 151, SD: 31	8 weeks	NR	Mean: 67,SD: 27,	Mean difference= -54, SD= 18, p=0.001	p: 0.5 , at 8 weeks p: 0.73 , at baseline comparing monotherapy vs combination
Pesaro, 2012 ⁴¹	SMV 80mg	LDLc mg/dl ,	38	Median: 101, IQR: 85-130	6weeks	38	Median: 76, IQR: 61-90	% mean change: -28, SD:30, P<0.01	NR
Pesaro, 2012 ⁴¹	SMV 20mg +EZE10mg	LDLc mg/dl ,	40	Median: 99, IQR: 89-117	6weeks	40	Median: 72, IQR: 62-80	% mean change: 29, SD:13, p<0.01	p: 0.46 , at 6 weeks p: 0.83 , at baseline comparing monotherapy vs combination
Piorkowski, 2007 ⁴²	ATV 40mg	LDLc mmol/l calculated	25	Mean:3.49 SD:0.18	4 weeks	25	Mean:2.48, SD:0.11	% change, calculated,(not reported): -28.9 p<0.005 before vs. after	Diff. in change from baseline: monotherapy vs combination; p=ns
Piorkowski, 2007 ⁴²	ATV 10mg +EZE10mg	LDLc mmol/l calculated	26	Mean:3.61 SD:0.22	4 weeks	26	Mean:2.25, SD:0.16	% change, calculated, not reported : -37.7 p<0.005 before vs. after	NR
Yamazaki,	RSV 10 mg	LDLc	24	Mean: 88.5,	4weeks	NR	Mean: 68.0,	0 vs. 4 wks,	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
2013 ⁴⁷		mg/dl, measured		SD: 12.9	8 weeks 12 weeks	NR NR	SD: 13.9 Mean: 65.3, SD: 18.0 Mean: 67.9, SD: 17.0	p<0.0001 0 vs. 8 wks, p<0.0001 0 vs. 12 wks: -20.3 +/- 15.3, p<0.0001	
Yamazaki, 2013 ⁴⁷	RSV 2.5mg +EZE10mg	LDLc mg/dl, measured	22	Mean: 84.3, SD: 14.5	4 weeks 8 weeks 12 weeks	NR NR NR	Mean: 62.3, SD: 12.2 Mean: 62.6, SD: 15.3 Mean: 62.9, SD: 11.7	0 vs. 4 wks, p<0.0001 0 vs. 8 wks, p<0.0001 0 vs. 12 wks= -21.9 +/- 14.4, p <0.0001	NR

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; IQR interquartile range; LCL lower confidence limit; LDLc low density lipoprotein cholesterol; LOV Lovastatin; NR not reported; NS Not significant; SD standard deviation; SE standard error; SMV simvastatin;

Evidence Table E27. HDL-c – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV 40mg	HDLc, mg/dl Measured	56	Mean: 48.8, SD: 9.2	6weeks	56	SE: +/- 2 , %change from baseline: -1,	NR	NR
Averna, 2010 ¹⁰	SMV 10mg +EZE 10mg	HDLc mg/dl , Measured	56	Mean: 50.5, SD: 11.4	6 weeks	56	SE: +/- 2 , %change from baseline: 2	NR	p: ns monotherapy vs combination at 6 weeks
Bardini, 2010 ¹³	SMV 40mg	HDLc	50	NR	0 week	50	Mean: 1.1, SD: 0.3	% change from baseline: 0.8	NR
Bardini, 2010 ¹³	SMV 20mg +EZE 10mg	HDLc	37	NR	0 week	37	Mean: 1.2, SD: 0.3	% change from baseline:0.9	NR
Barrios, 2005 ¹⁴	ATV 20mg	Continuous HDLc mg/dL measured	214	Mean: 1.44 SD: 0.35	6 weeks	207-210	NR	Mean per cent change: -0.4 SE: 0.8 0 weeks vs. 6 weeks	Difference in least squares per cent change: +2.5 SE: 1.2 p: <0.05 0 weeks vs. 6 weeks
Barrios, 2005 ¹⁴	SMV 20mg +EZE10mg	Continuous HDLc mg/dl measured	221	Mean: 1.38 SD: 0.31	6 weeks	215-217	NR	Mean per cent change: +1.8 SE: 0.8	NR
Cho, 2011 ¹⁶	ATV 20 mg	HDLc	43	Mean: 46.1, SD: 9.8,	6weeks	NR	Mean: 46.9, SD: 13.2	% change from baseline:-2.3, SD:26.6	NR
Cho, 2011 ¹⁶	SMV 20mg +EZE 10 mg	HDLc	42	Mean: 45.2, SD: 9.8,	6weeks	NR	Mean: 46.4, SD: 9.0	% change from baseline:-4.4, SD:17.8	p: 0.699 , at 6 weeks p: 0.704 ,at baseline monotherapy vs combination

Hamdan, 2011 ²⁷	ATV 20 mg +placebo	HDLc mmol/L	44	Mean: 0.9	12 weeks	34	Mean: 0.9 SD: 1.0	NR	NR
Hamdan, 2011 ²⁷	ATV 10mg +EZE 10mg	HDLc mmol/L	43	Mean: 0.9	12weeks	41	Mean: 0.8 SD: 0.9	NR	group x time: p=0.2 , total vs. total at 12 weeks
Matsue, 2013 ³⁵	EZE/ATV 10/10 mg	Mg/dL	115	Mean:52.4 SD:11.9	12 weeks	115	Mean:51.8 SD:10.8	% change (calculated)= -1.1% P=0.292	NR
Matsue, 2013 ³⁵	ATV 20 mg	Mg/dL	128	Mean:50.7 SD:11.7	12 weeks	128	Mean:50.2 SD:12.1	% change (calculated)= -1% P=0.337	
Okada, 2011 ³⁹	RSV 5 mg	HDLc mg/dl	38	Mean: 49.6, SD: 10.2	12 weeks	38	Mean: 51.0, SD: 12.8	NR	p: ns , Mean diff: NR , SD: NR
Okada, 2011 ³⁹	ATV 10mg +EZE 10 mg	HDLc mg/dl ,	43	Mean: 52.9, SD: 9.1	12 weeks	43	Mean: 53.5, SD: 13.4	NR	p: ns , Mean diff: NR , SD: NR
Okada, 2011 ³⁹	ATV 20 mg	HDLc mg/dl	35	Mean: 50.9, SD: 9.9	12 weeks	35	Mean: 47.7, SD: 9.8	NR	p: ns , Mean diff:NR , SD: NR
Okada, 2011 ³⁹	RSV 2.5mg +EZE 10 mg	HDLc mg/dl ,	49	Mean: 51.4, SD: 13.5	12 weeks	49	Mean: 53.0, SD: 13.9	NR	p: ns , Mean diff: NR , SD: NR
Ostad, 2009 ⁴⁰	ATV 80mg	HDLc	24	Mean: 52, SD: 9	8weeks	NR	Mean: 53, SD: 10	mean relative change %:4, SD:15, P:0.31	NR
Ostad, 2009 ⁴⁰	ATV 10mg + EZE 10mg	HDLc	25	Mean: 58, SD: 17	8weeks	NR	Mean: 58, SD: 16	mean relative change %:2, SD:15, P:0.69	p: 0.7 ,at 8 weeks p: 0.14 ,at baseline monotherapy vs combination
Pesaro, 2012 ⁴¹	SMV 80mg	HDLc	38	Median: 45, IQR: 38-50	6weeks	38	Median: 42, IQR: 38-48	% mean change:- 1%, SD: 14, P:0.16	NR
Pesaro, 2012 ⁴¹	SMV 20mg +EZE 10mg	HDLc	40	Median: 42, IQR: 37-48	6weeks	40	Median: 43, IQR: 38-49,	% mean change: 2%, SD:11, p:0.38	NR

Piorkowski, 2007 ⁴²	ATV 40mg	HDLc mmol/l calculated	25	Mean:1.31 SD:0.07	4 weeks	25	Mean:1.27, SD:0.07	NR	NR
Piorkowski, 2007 ⁴²	ATV 10mg +EZE 10mg	HDLc mmol/l calculated	26	Arm 2: Mean:1.39 SD:0.07	4 weeks	26	Mean:1.33, SD:0.08	NR	NR
Yamazaki, 2013 ⁴⁷	RSV10mg	HDLc mg/dl measured	24	Mean: 46.4, SD: 11.6	4 weeks 8 weeks 12 weeks	NR	Mean: 47.8, SD: 10.3 Mean: 51.0, SD: 10.3 Mean: 51.5, SD: 12.1	NR p<0.05, 8 weeks vs. 0 weeks; Mean difference:4.6, SD: 5.9, p<0.05, 12 weeks vs. 0 weeks	NR
Yamazaki, 2013 ⁴⁷	RSV 2.5mg +EZE10mg	HDLc mg/dl	22	Mean: 49.9, SD: 12.2	4 weeks 8 weeks 12 weeks	NR	Mean: 51.0, SD: 10.0 Mean: 51.7, SD: 11.0 Mean: 51.0, SD: 9.1	NR NR Mean diff :.0, SD: 6.7 12 weeks vs. 0 weeks	p<0.05 , Mean change monotherapy vs combination at 12 weeks

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; HDLc High density lipoprotein cholesterol; IQR interquartile range; LCL lower confidence limit; LOV Lovastatin; NR not reported; NS Not significant; SD standard deviation; SE standard error; SMV simvastatin;

Evidence Table E28. Total cholesterol:HDL-c – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Barrios, 2005 ¹⁴	ATV 20mg	Continuous TC:HDLc	214	Mean: 3.92, SD: 0.86	6 weeks	207-210	NR	Mean per cent change:-11.7 SE: 1.0 0 weeks vs. 6 weeks	Diff. in least squares % change: -9.3 SE: 1.4 p: <0.001 0 weeks vs. 6 weeks
Barrios, 2005 ¹⁴	SMV 20mg +EZE 10mg	Continuous TC:HDLc	221	Mean: 3.99, SD: 0.83	6 weeks	215-217	NR	Mean per cent change: -20.9 SE: 1.0	NR

ATV atorvastatin; EZE Ezetimibe; HDLc High density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error; SMV simvastatin; TC Total cholesterol

Evidence Table E29. Adherence – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Bardini, 2010 ¹³	SMV40	Treatment adherence	51	NR	6 weeks	51	Counts: 2,	NR	NR
Bardini, 2010 ¹³	SMV 20/ EZE 10mg	Treatment adherence	42	NR	6 weeks	42	Counts: 1,	NR	NR
Cho, 2011 ¹⁶	ATV 20 mg	Treatment adherence	43	NR	6 weeks	NR	compliance %: >99 ,	NR	NR
Cho, 2011 ¹⁶	SMV/EZE (20/10 mg)	Treatment adherence	42	NR	6 weeks	NR	compliance %: >99 ,	NR	NR

ATV atorvastatin; EZE Ezetimibe NR not reported; SMV simvastatin;

Evidence Table E30. Any adverse event – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV 40mg	At least one adverse event	60	NR	6 weeks	60	N(%)of patient with events: 13(21.7),	NR	NR
Averna, 2010 ¹⁰	SMV 20mg + EZE 10mg	At least one adverse event	60	NR	6 weeks	60	N(%)of patient with events: 13(21.7)		p: 0.9999 , comparing monotherapy vs. combination at 6 weeks
Bardini, 2010 ¹³	SMV 40mg	At least one adverse event	51	NR	6 weeks	51	N(%) with events: 10(20),	NR	NR
Bardini, 2010 ¹³	SMV 20mg EZE10mg	At least one adverse event	42	NR	6 weeks	42	N(%) with events: 5(12.5)	NR	p:0.40008 comparing monotherapy vs. combination at 6 weeks
Barrios, 2005 ¹⁴	ATV 20mg	At least one adverse event	214	NR	6 weeks	205	N(%)with events:51(23.8)	NR	p: 0.354
Barrios, 2005 ¹⁴	SMV20 +EZE 10mg	At least one adverse event	221	NR	6 weeks	214	N(%)with events:44(19.9)	NR	NR

ATV atorvastatin; EZE Ezetimibe NR not reported; SMV simvastatin;

Evidence Table E31. Withdrawal due to adverse events – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV 40mg	Withdrawal due to adverse events ,	60	NR	6 weeks	60	%of patient with events: 1.7, N patients with events: 1,	NR	NR
Averna, 2010 ¹⁰	SMV 20mg +Ezetimibe10mg	Withdrawal due to adverse events ,	60	NR	6 weeks	60	%of patient with events: 0, N patients with events: 0,	NR	pvalue: NS monotherapy vs. combination
Bardini, 2010 ¹³	SMV40	Withdrawal due to adverse events ,	51	NR	6 weeks	51	Counts: 2, %with events: 4 ,	NR	NR
Bardini, 2010 ¹³	SMV 20/ EZE10mg	Withdrawal due to adverse events ,	42	NR	6 weeks	42	Counts: 1, %with events: 2.5 ,	NR	pvalue: 0.9999 comparing monotherapy vs. combination
Barrios, 2005 ¹⁴	EZE/SMV 10/20	Withdrawal due to adverse events	214	NR	6 weeks	205	N=8 %=3.7	NR	NR
Barrios, 2005 ¹⁴	EZE/SMV 10/20	Withdrawal due to adverse events	221	NR	6 weeks	214	N=5 %=2.3	NR	p=0.41
Hamdan, 2011 ²⁷	ATV 20 mg	Withdrawal due to adverse events	46	NR	12 weeks	NR	Counts: 10, proportion: 22.2%	NR	NR
Hamdan, 2011 ²⁷	ATV/EZE 10/10 mg	Withdrawal due to adverse events	47	NR	12 weeks	NR	Counts: 2, proportion: 4.3%	NR	p=0.012 , Comparing total vs total at 12 weeks
Ostad, 2009 ⁴⁰	ATV 80mg	Withdrawal due to adverse events ,	NR	NR	8 weeks	NR	Counts: 5,	NR	NR

Ostad, 2009 ⁴⁰	ATV 10mg + EZE 10mg	Withdrawal due to adverse events	NR	NR	8 weeks	NR	Counts: 2,	NR	NR
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ATV atorvastatin; EZE Ezetimibe NR not reported; SMV simvastatin;

Evidence Table E32. Elevated liver transaminases – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV 40mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	60	NR	6 weeks	60	N(%)with events:0(0)	NR	NR
Averna, 2010 ¹⁰	SMV +EZE	Elevated AST and/or ALT > 3x ULN and/or hepatitis	60	NR	6 weeks	60	N(%)with events:0(0)	NR	NR
Bardini, 2010 ¹³	SMV 40mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	51	NR	6 weeks	51	N(%)with events:0(0)	NR	NR
Bardini, 2010 ¹³	SMV 20mg +EZE 20mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	42	NR	6 weeks	42	N(%)with events:0(0)	NR	NR
Barrios, 2005 ¹⁴	ATV 20mg	Elevated AST/ALT ≥ 3x ULN	214	NR	6 weeks	205	N(%)with event:0(0)	NR	p:1.00
Barrios, 2005 ¹⁴	SMV 20mg +EZE 10mg	Elevated AST/ALT≥3x ULN	221	NR	6 weeks	217	N(%)with event:1(0.5)	NR	NR

Cho, 2011 ¹⁶	ATV 20 mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	43	NR	6 weeks	NR	N(%)with events:1(2.6)	NR	NR
Cho, 2011 ¹⁶	SMV 20mg +EZE 10 mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	42	NR	6 weeks	NR	N(%)with events:0(0)	NR	NR
Hamdan, 2011 ²⁷	ATV 20 mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	46	N: 0	12 weeks	NR	NR	NR	NR
Hamdan, 2011 ²⁷	ATV 10mg +EZE 10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	47	N: 0	12 weeks	NR	NR	NR	p:0.8, comparing total vs. total at 12 weeks
Pesaro, 2012 ⁴¹	SMV 80mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis,	38	NR	6 weeks	38	N with events: 0	NR	NR
Pesaro, 2012 ⁴¹	SMV 20mg +EZE 10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis	40	NR	6 weeks	40	N with events: 0	NR	NR

ALT Alanine transaminase; AST Aspartate transaminase; ATV Atorvastatin; CHD Cardiovascular heart disease; EZE Ezetimibe; N/A Not applicable; NR not reported; RSV Rosuvastatin; SMV simvastatin; ULN Upper normal limit

Evidence Table E33. Musculoskeletal adverse events – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Averna, 2010 ¹⁰	SMV +EZE	CK elevated $\geq 10 \times$ ULN	60	NR	6 weeks	60	%of patient with events: 0, N patients with events: 0	NR	NR
Bardini, 2010 ¹³	SMV 40mg	CK elevated $\geq 10 \times$ ULN	60	NR	6 weeks	60	% of patient with events: 0, N patients with events: 0,	NR	NR
Bardini, 2010 ¹³	SMV 40mg	CK elevated $\geq 10 \times$ ULN	51	NR	6 weeks	51	Counts: 0, %with events: 0 ,	NR	NR
Bardini, 2010 ¹³	SMV 20mg +EZE 20mg	CK elevated $\geq 10 \times$ ULN	42	NR	6 weeks	42	Counts: 0, %with events: 0 ,	NR	NR
Barrios, 2005 ¹⁴	ATV 20 mg	CK elevated $\geq 10 \times$ ULN	214	NR	6 weeks	205	N=0 %=0	NR	NR
Barrios, 2005 ¹⁴	EZE/SMV 10/20 mg	CK elevated $\geq 10 \times$ ULN	221	NR	6 weeks	214	N=0 %=0	NR	NR
Cho, 2011 ¹⁶	ATV 20 mg	CK elevated $\geq 10 \times$ ULN	43	NR	6 weeks	NR	N. with events: 0, %with events: 0 ,	NR	NR
Cho, 2011 ¹⁶	SMV 20mg +EZE 10 mg	CK elevated $\geq 10 \times$ ULN	42	NR	6 weeks	NR	N with events: 0, %with events: 0 ,	NR	NR

ATV Atorvastatin; CHD Cardiovascular heart disease; CK creatinine kinase; EZE Ezetimibe; N/A Not applicable; NR not reported; RSV Rosuvastatin; SMV simvastatin; ULN Upper normal limit

Evidence Table E34. Myalgia – patients with CHD

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Pesaro, 2012 ⁴¹	SMV 80	myalgia	NR	NR	6 weeks	38	Counts: 0	NR	NR
Pesaro, 2012 ⁴¹	SMV 20+ EZE 10mg	myalgia	NR	NR	6 weeks	40	Counts: 0	NR	NR

EZE Ezetimibe; NR not reported; SMV simvastatin;

Evidence Table E35. Mortality – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin</i>									
Constance, 2007 ¹⁷	ATV 20mg	All-cause mortality	219	NR	6 weeks	219	N(%)=1(0.50)	NR	NR
Constance, 2007 ¹⁷	SMV 20mg+EZE 10mg	All-cause mortality	220	NR	6 weeks	220	N(%)=0	NR	NR
Roeters van Lennep, H.W.O., 2007 ⁴⁴	Statin doubling	Mortality	189	NR	14 weeks	189	N=0 %=0	NR	NR
Roeters van Lennep, H.W.O., 2007 ⁴⁴	combination arms	Mortality	178	NR	14 weeks	178	N=0 %=0	NR	NR

ATV; Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin;

Evidence Table E36. Serious adverse events – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s) N(%)	Within Arm Comparisons	Between Arm Comparison
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Bardini, 2010 ¹³	SMV40	Serious adverse events	NR	NR	6 weeks	51	Counts: 0, %with events: 0 ,	NR	NR
Bardini, 2010 ¹³	SMV 20mg +EZE 10mg	Serious adverse events	NR	NR	6 weeks	42	Counts: 1, %with vents:0.02 ,	NR	pvalue: 0.4518 , comparing monotherapy vs. combination
Constance, 2007 ¹⁷	ATV 20mg	Serious Adverse Event	219	NR	6 weeks	219	N(%)=5(2.3)	NR	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	Serious Adverse Event	220	NR	6 weeks	220	N(%)=1(0.5)	NR	NR
Foody, 2010 ²¹	ATV 20mg	Serious adverse events	NR	NR	12 weeks	258	N with events: 3, %with events: 1.2 ,	NR	NR
Foody, 2010 ²¹	ATV 40mg	Serious adverse events	NR	NR	12 weeks	256	N with events: 5, %with events: 2 ,	NR	NR

Foody, 2010 ²¹	SMV 20mg +EZE 10mg	Serious adverse events	NR	NR	12 weeks	256	N with events: 8, % with events:3.1	NR	NR
Gaudiani, 2005 ²²	SMV 40mg	Serious Adverse Event	110	NR	24 weeks	110	N=1(0.9%)	NR	NR
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	Serious Adverse Event	104	NR	24 weeks	104	N=5(4.8%)	NR	NR
Lee, 2013 ³³	EZE/SMV 10/20 mg	Serious Adverse Event	66	NR	12 weeks	62	0 (0)	NR	NR
Lee, 2013 ³³	ATV 20	Serious Adverse Event	66	NR	12 weeks	63	0 (0)	NR	NR

ATV; Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin;

Evidence Table E37. LDL – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<i>Low potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Rudofsky, 2012 ⁴⁵	SMV80mg	LDLc , calculated	10	Median: 151	8 weeks	10	Median: 74	median change from baseline:-77, % change from baseline (calculated, not reported) :51.0 Pvalue:0.005	NR
Rudofsky, 2012 ⁴⁵	SMV10mg +EZE10mg	LDLc calculated	11	Median: 154	8 weeks	11	Median: 68	median change from baseline: -86, % change from baseline (calculated, not reported) :55.8 pvalue:0.003	P value: 0.40 , Comparing monotherapy to combination
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Bardini, 2010 ¹³	SMV 40mg	LDLc mmol/L ,	50	Mean: 3.2, SD: 0.5	6 weeks	50	NR	% change from baseline:-21	NR
Bardini, 2010 ¹³	SMV 20mg +EZE10mg	LDLc mmol/L ,	37	Mean: 3.3, SD: 0.5	6 weeks	37	NR	% change from baseline:-32, p<0.01	NR
Barrios, 2005 ¹⁴	ATV 20mg	LDLc DM Subgroup	53	NR	6 weeks	NR	NR	Mean % change in LDL from baseline: -24 SE:3	NR
Barrios, 2005 ¹⁴	SMV 20mg +EZE10mg	LDLc DM subgroup	59	NR	6 weeks	NR	NR	Mean % change in LDL from baseline: -34 SE:3	NR
Constance, 2007 ¹⁷	ATV 20mg	LDLc mmol/l calculated	219	Mean: 2.43 SD: 0.69	6 weeks	213	NR	Least squares mean% change(SD):- 8.49(26.83)	NR
Constance,	SMV 20mg	LDLc	220	Mean: 2.34	6 weeks	210	NR	Least squares	p≤0.001

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
2007 ¹⁷	+EZE10mg	mmol/l calculated		SD: 0.69				mean % change Least squares (SD): -26.15(26.89)	comparing monotherapy to combination
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl , DIABETICS	NR	NR	NR	NR	NR	% change from baseline:-40, SE:3	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , DIABETICS	NR	NR	NR	30	NR	% change from baseline:-48, SE:2	NR
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl , DIABETICS	NR	NR	NR	NR	NR	% change from baseline: -52, SE:2	NR
Gaudiani, 2005 ²²	SMV 40mg	Continuous LDLc mmol/l Measured	110	Mean: 2.37 SD: 0.63	24 weeks	107	Absolute reduction: -0.04	Least square mean % change (SD) : -0.3(22.8)	Diff. in mean % change from baseline: -20.5 p<0.001 comparing monotherapy to combination
Gaudiani, 2005 ²²	SMV 20mg +EZE10mg	Continuous LDLc mmol/l measured	104	Mean: 2.43 SD: 0.74	24 weeks	103	Absolute reduction: -0.52	Least square mean% change(SD): -20.8(22.3)	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV20 mg	Continuous LDLc mg/dl	245	Mean: 146.6	6 weeks	240	NR	% Change from baseline: -44.6	Treatment diff: - 9.0 p<0.001, Vs. combination
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵	Arm 2: ATV 40mg	Continuous LDLc mg/dl	245	Mean: 145.9	6 weeks	241	NR	% Change from baseline: -50.9	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Guyton, 2008 ²⁶									
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	SMV 20mg +EZE10mg	Continuous LDLc mg/dl	247	Mean: 145.0	6 weeks	238	NR	% Change from baseline: -53.6	NR
Lee, 2013 ³³	EZE/SMV 10/20 mg	Mg/dL	66	Mean: 139.3 SD:26.8	12 weeks	62	Mean: 72.6 SD:32.1	% change= -47.9 SD= 20.7 P<0.05	P=0.234
Lee, 2013 ³³	ATV 20mg	Mg/dL	66	Mean: 133.8 SD: 30.1	12 weeks	63	Mean: 70.1 SD: 24.6	% change= -47.2 SD= 15.6 P<0.05	
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	LDLc mg/dl , Measured T2DM	113	NR	12 weeks	107	SE: 4 , ,%change from baseline: -20,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg +EZE10mg	LDLc mg/dl , Measured T2DM	110	NR	12 weeks	106	SE: 4 , ,%change from baseline: -26 ,	NR	NR
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									
Kawagoe, 2011 ²⁹	FLV 60mg	LDLc mg/dl , All Participants Have DM	12	Mean: 154 SD: 26	10	12	Mean: 106, SD: 15	%change from baseline (calculated, not reported) :31.2 Mean difference: 64.8 SD: 17.3 P value:<0.005	NR
Kawagoe, 2011 ²⁹	FLV 20mg +EZE10mg	LDLc mg/dl , All Participants Have DM	12	Mean: 164 SD: 33	10	12	Mean: 96, SD: 22	percent change from baseline (calculated, not reported) :41.5 Mean diff.: 42.7 SD: 22.7	p<0.05, at 10 weeks,

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
								p <0.005	

ATV atorvastatin; EZE Ezetimibe; FLV Fluvastatin; LDLc low density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error; SMV simvastatin;

Evidence Table E38. HDL-c – patients with diabetes mellitus

Low potency statin combination therapy versus high potency statin monotherapy

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
Rudofsky, 2012 ⁴⁵	SMV 80mg	HDLc mg/dl	10	Median: 45	8 weeks	10	Median: 42	p:0.44 0 weeks vs. 8 weeks	NR
Rudofsky, 2012 ⁴⁵	SMV 10mg +EZE 10mg	HDLc mg/dl	11	Median: 46	8 weeks	11	Median: 46	p=0.82 0 weeks vs. 8 weeks	NR

Mid potency statin combination therapy versus high potency statin monotherapy

Bardini, 2010 ¹³	SMV 40mg	HDLc	50	NR	0 week	50	Mean: 1.1, SD: 0.3	% change from baseline: 0.8	NR
Bardini, 2010 ¹³	SMV 20mg +EZE 10mg	HDLc	37	NR	0 week	37	Mean: 1.2, SD: 0.3	% change from baseline:0.9	NR
Constance, 2007 ¹⁷	ATV 20mg	HDLc mmol/l Measured	219	Mean: 1.25, SD: 0.33	6 weeks	218	NR	Least squares mean % change(SD): 1.63(13.85)	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	HDLc mmol/l Measured	220	Mean: 1.27, SD: 0.33	6 weeks	219	NR	Least squares mean% change(SD): 2.37(13.85)	p=0.569 Arm 2 vs. Arm 1

Gaudiani, 2005 ²²	SMV 40mg	HDLc mmol/l Measured	110	Mean: 1.27 SD: 0.28	24 weeks	107	NR	Least squares mean(SD)% change: 0.3(12.4)	P=0.948
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	HDLc mmol/l Measured	104	Mean: 1.23 SD: 0.28	24 weeks	103	NR	Least squares mean(SD)% change: 0.2(12.1)	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 20mg	Continuous HDLc mg/dL	245	Mean: 46.5	6 weeks	240	NR	% Change from baseline:4.5	Treatment diff, Arm 1 vs. Arm3: 3.4, p:0.001
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 40mg	Continuous HDLc mg/dl	245	Mean:46.0	6 weeks	241	NR	% Change from baseline:2.3	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	SMV 20 + EZE10mg	Continuous HDLc mg/dl	247	Mean: 44.5	6 weeks	238	NR	% Change from baseline: 8.0	NR
Lee, 2013 ³³	EZE/SMV 10/20	Mg/dL	66	Mean: 49.3 SD:11.0	12 weeks	62	Mean: 51.1 SD:11.6	% change= 4.2 SD= 12.7 P<0.05	P=0.184
Lee, 2013 ³³	ATV 20	Mg/dL	66	Mean: 47.8 SD: 10.7	12 weeks	63	Mean: 47.2 SD: 10.5	% change= -0.2 SD= 14.8	NR
<u>Low potency statin combination therapy versus mid potency statin monotherapy</u>									
Kawagoe, 2011 ²⁹	FLV 60mg	HDLc, mg/dl , (All participants have DM)	12	Mean: 55.4 SD: 16	10weeks	12	Mean: 58.1 SD: 18	% Change from baseline: 4.87% (calcuated) p value:0.12	NR

Kawagoe, 2011 ²⁹	FLV 20mg +EZE 10mg	HDLc , mg/dl (All participants have DM)	12	Mean: 57.2 SD: 18	10weeks	12	Mean: 60.5 SD: 20	% Change from baseline: 5.77% (calcuated) p:0.16	p: ns at 10 weeks
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ATV atorvastatin; EZE Ezetimibe; FLV Fluvastatin; HDLc high density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error;
SMV simvastatin;

Evidence Table E39. Total cholesterol:HDL-c – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Constance, 2007 ¹⁷	ATV 20mg	TC:HDLc	219	Mean: 3.84, SD: 1.24	6 weeks	218	NR	Least Squares mean % change(SD): -5.90(19.81)	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	TC:HDLc	220	Mean: 3.65, SD: 0.97	6 weeks	219	NR	Least Squares mean % change(SD): -15.31(19.82)	p≤ 0.001 comparing monotherapy to combination
Gaudiani, 2005 ²²	SMV 40mg	TC:HDLc	110	Mean: 3.6, SD: 1.0	24 weeks	107	NR	Least square mean % change(SD): 0.1(17.6)	p<0.001
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	TC:HDLc	104	Mean: 3.8, SD: 1.2	24 weeks	103	NR	Least square mean% change(SD): -13.4(17.3)	NR

ATV atorvastatin; EZE Ezetimibe; HDLc high density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error; TC total cholesterol

Evidence Table E40. Non-HDL-c – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Constance, 2007 ¹⁷	ATV 20mg	Non-HDLc Calculated mmol/l	219	Mean: 3.30, SD: 0.88	6 weeks	218	NR	Least squares mean % change(SD): -7.43(24.17)	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE10mg	Non-HDLc Calculated mmol/l	220	Mean: 3.18, SD: 0.85	6 weeks	219	NR	Least squares mean% change(SD): -20.91(24.18)	p≤ 0.001 , comparing monotherapy to combination

Gaudiani, 2005 ²²	SMV 40mg	Non-HDLc	110	Mean: 3.08, SD: 0.80	24 weeks	107	NR	Least squares mean% change(SD): -1.7(20.7)	-18.3% p<0.001
Gaudiani, 2005 ²²	SMV 20mg +EZE10mg	Non-HDLc	104	Mean: 3.8, SD: 1.2	24 weeks	103	NR	Least squares mean% change(SD): -20.0(21.3)	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 20mg	Non-HDLc	245	Mean: 184.4	6 weeks	240	NR	% Change from baseline: -41.2	Treatment diff: -6.7 p<0.001, monotherapy to combination
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 40mg	Non-HDLc	245	Mean: 184.3	6 weeks	241	NR	% Change from baseline: -46.2	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	SMV 20mg +EZE10mg	Non-HDLc	247	Mean: 183.3	6 weeks	238	NR	% Change from baseline: -47.9	NR

ATV atorvastatin; EZE Ezetimibe; HDLc high density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error;

Evidence Table E41. Triglycerides – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Mid</u> potency statin combination therapy versus <u>high</u> potency statin monotherapy									
Bardini, 2010 ¹³	SMV 40	TG, DM subgroup	50	Mean: 1.6, SD: 0.7	6 weeks	50	%change: -1.8	NR	NR

Bardini, 2010 ¹³	SMV 20mg +EZE 10mg	TG, DM subgroup	37	Mean: 1.6, SD: 0.7	6 weeks	37	%change: -8.5	NR	NR
Constance, 2007 ¹⁷	ATV 20mg	TG mmol/l Measured	219	Median: 1.62, SD: 1.08	6 weeks	218	NR	Least Squares mean %change(SD): -5.46(34.96)	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE10mg	TG mmol/l Measured	220	Median: 1.53, SD: 1.01	6 weeks	219	NR	Least Squares mean% change(SD): -9.72(34.39)	p:0.279 comparing monotherapy to combination
Gaudiani, 2005 ²²	SMV 40mg	TG	110	Median: 1.71, SD: 1.25	24 weeks	107	NR	Least square median% change(SD): 0.9(31.8)	p:0.291
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	TG	104	Median: 1.69, SD: 1.30	24 weeks	103	NR	Least square median% change(SD): -3.6(29.7)	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 20mg	TGs	245	Mean: 175.0	6 weeks	240	NR	Median % Change from baseline:-26.1	Treatment diff.: -0.5 Comparing monotherapy to combination
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	ATV 40mg	TGs	245	Mean:175.5	6 weeks	241	NR	Median % Change from baseline: -28.4	NR
Goldberg, 2006 ²⁴ Tomassini, 2009 ²⁵ Guyton, 2008 ²⁶	SMV 20mg + EZE10mg	TGs	247	Mean: 173.3	6 weeks	238	NR	Median % Change from baseline: -25.7	NR
Lee, 2013 ³³	EZE/SMV 10/20	TGs	66	Mean: 168.8 SD:64.8	12 weeks	62	Mean: 135.3 SD:55.7	% change= -13.4 SD= 37.8 P<0.05	P=0.680

Lee, 2013 ³³	ATV 20	TGs	66	Mean: 174.6 SD: 96.6	12 weeks	63	Mean: 129.6 SD: 55.4	% change= -19.4 SD= 29.2 P<0.05	
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ATV atorvastatin; DM diabetes mellitus; EZE Ezetimibe; NR not reported; NS Not significant; SD standard deviation; SE standard error; TG triglyceride

Evidence Table E42. Adherence – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Constance, 2007 ¹⁷	ATV 20mg	Treatment adherence	219	NR	6 weeks	219	%=99	NR	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	Treatment adherence	220	NR	6 weeks	220	%=98	NR	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin

Evidence Table E43. Musculoskeletal adverse events – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Gaudiani, 2005 ²²	SMV 40mg	CPK greater than 10 times the upper limit of normal	110	NR	24 weeks	110	N=0	NR	NR

Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	CPK greater than 10 times the upper limit of normal	104	NR	NR	103	N(%)=1(1.0)	NR	NR
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EZE Ezetimibe; NR not reported; SMV simvastatin

Evidence Table E44. Myalgia – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Constance, 2007 ¹⁷	ATV 20mg	Experiencing myalgia	219	N/A	6 weeks	219	N(%)=0	NR	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	Experiencing myalgia	220	N/A	6 weeks	220	N(%)=1(0.5)	NR	NR
Gaudiani, 2005 ²²	SMV 40mg	Experiencing myalgia	110	N/A	24 weeks	110	N=0	NR	NR
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	Experiencing myalgia	104	N/A	24 weeks	104	N=0	NR	NR
Lee, 2013 ³³	EZE/SMV 10/20 mg	Events	66	N/A	12 weeks	62	1 (1.6)	NR	NR
Lee, 2013 ³³	ATV 20 mg	Events	66	N/A	12 weeks	63	3 (4.8)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; N/A not applicable; NR not reported; SMV simvastatin

Evidence Table E45. Withdrawal due to adverse events – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Bardini, 2010	SMV40 mg	Withdrawal due to adverse events	51	NR	6 weeks	51	Counts: 2, %with events: 4 ,	NR	NR
Bardini, 2010	SMV 20/ EZE10mg	Withdrawal due to adverse events	42	NR	6 weeks	42	Counts: 1, %with events: 2.5 ,	NR	NR
Constance, 2007 ¹⁷	ATV 20mg	Participants withdrawing due to adverse events	219	NR	6 weeks	219	N(%)=2(0.9)	NR	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	Participants withdrawing due to adverse events	220	NR	6 weeks	220	N(%)=3(1.4)	NR	NR
Foody, 2010	ATV 20 mg	Withdrawal due to adverse events	258	NR	12 weeks	258	N with events: 3, %with events: 1.2 ,	NR	NR
Foody, 2010	ATV 40mg	Withdrawal due to adverse events	256	NR	12 weeks	256	N with events: 5, %with events: 2 ,	NR	NR
Foody, 2010	SMV 20mg +EZE 10mg	Withdrawal due to adverse events	256	NR	12 weeks	256	N with events: 9, %with events: 3.5 ,	NR	NR
Gaudiani, 2005 ²²	SMV 40mg	Participants withdrawing due to adverse events	110	NR	24 weeks	110	N=5(4.8%)	NR	NR

Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	Participants withdrawing due to adverse events	104	NR	24 weeks	104	N=2(1.9%)	NR	NR
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ATV Atorvastatin; EZE Ezetimibe; NR not reported; SMV simvastatin

Evidence Table E46. Any adverse event – patients with diabetes mellitus

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Bardini, 2010 ¹³	SMV 40mg	At least one adverse event	NR	NR	6 weeks	51	N(%) with events: 10(20),	NR	NR
Bardini, 2010 ¹³	SMV 20mg EZE10mg	,At least one adverse event	NR	NR	6 weeks	42	N(%) with events: 5(12.5)	NR	p:0.40008 comparing monotherapy to combination
Constance, 2007 ¹⁷	ATV 20mg	An adverse event	219	NR	6 weeks	219	N(%) :42(19.2)	NR	NR
Constance, 2007 ¹⁷	SMV 20mg +EZE 10mg	An adverse event	220	NR	6 weeks	220	N(%) :51(23.2)	NR	NR
Foody, 2010 ²¹	ATV 20mg	At least one adverse event	41	NR	12 weeks	258	N(%) with events: 60(23.3),	NR	NR
Foody, 2010 ²¹	ATV 40mg	At least one adverse event	31	NR	12 weeks	256	N(%) with events: 67(26.2)	NR	NR
Foody, 2010 ²¹	SMV 20 +EZE10mg	At least one adverse event	39	NR	12 weeks	256	N(%) with events: 71(27.7)	NR	NR

Gaudiani, 200 ²²	SMV 40mg	An adverse event	110	NR	24 weeks	110	N (%)with events:11(10)	NR	NR
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	An adverse event	104	NR	24 weeks	104	N(%)with events:19(18.3)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported; SMV simavastatin

Evidence Table E47. Mortality elderly – elderly patients (> 75 years old)

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	All cause mortality elderly,	NR	NR	12 weeks	109	N with events: 0 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	All cause mortality , elderly	NR	NR	12 weeks	116	N with events: 0 ,	NR	NR

Evidence Table E48. SAE elderly – elderly patients (> 75 years old)

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Serious Adverse Events	NR	NR	12 weeks	109	N(%) with events: 0	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	Serious Adverse Events	NR	NR	12 weeks	116	N (%)with events: 3 (3)	NR	NR

ATV Atorvastatin; EZE Ezetimibe; NR not reported;

Evidence Table E49. LDL elderly patients (> 75 years old)

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl , Elderly, age>=75 yrs	NR	NR	NR	NR	NR	% change from baseline:-47.5, SE: 2	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , ELDERLY	NR	NR	NR	73	NR	% change from baseline:-54, SE:2	NR
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl , Elderly, age>=75 yrs	NR	NR	NR	NR	NR	% change from baseline:-58, SE:2	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	LDLc , mg/dl, Measured, ELDERLY	109	Mean: 2.5, SD: 0.48	12 weeks	106	LCL 95%: -24.8 , HCL 95%: -15.7, Least squares mean % change:-20.2	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg +EZE10mg	LDLc mg/dl Measured Elderly	116	Mean: 2.78, SD: 1.12	12 weeks	111	LCL 95%: -25.1 , HCL 95%: -16.0 , Least squares mean % change:-20.6	NR	95%LCL: -6.5, 95%HCL: 5.7, Treatment Diff: -0.4, comparing monotherapy to combination at 12 weeks

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; IQR interquartile range; LCL lower confidence limit; LDLc low density lipoprotein cholesterol; NR not reported; NS Not significant; SD standard deviation; SE standard error; SMV simvastatin;

Evidence Table E50. HDL-c – elderly

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	HDLc, mg/dl Calculated ELDERLY	109	Mean: 1.39, SD: 0.29	12weeks	106	LCL 95%: -4.1 , HCL 95%: 1.3 , Least square mean %change: -1.4	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	HDLc mg/dl Calculated ELDERLY	116	Mean: 1.43, SD: 0.37	12weeks	111	LCL 95%: -0.2 , HCL 95%: -5.0 , Least squares mean % change: 2.4	NR	95%LCL: 0.2, 95%HCL: 7.3, Treatment Diff: 3.8, comparing monotherapy to combination at 12 weeks

ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; HDLc high density lipoprotein cholesterol; LCL lower confidence limit; NR not reported; SD standard deviation;

Evidence Table E51. Total cholesterol:HDL – elderly patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	TC:HDLc , Elderly	109	Mean: 3.4, SD: 0.7	12 weeks	106	LCL 95%: -14.3, HCL 95%: -7.3 , Least Squares mean % change: -10.8	NR	NR

Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg + EZE 10mg	TC:HDLc , Elderly	116	Mean: 3.6, SD: 1.3	12 weeks	111	LCL 95%: -17.7, HCL 95%: - 10.8, Least Squares mean % change: -14.2	NR	95%LCL: - 8.1, 95%HCL: 1.2, Treatment Diff: -3.5 comparing monotherapy to combination
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ATV atorvastatin; EZE Ezetimibe; HCL higher confidence limit; HDLc high density lipoprotein cholesterol; LCL lower confidence limit; NR not reported; SD standard deviation;

Evidence Table E52. Any adverse event – elderly patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<u>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</u>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	At least one adverse event, Elderly	109	NR	12 weeks	109	N(%) with events: 34(31),	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	At least one adverse event, Elderly	106	NR	12 weeks	116	N(%) with events: 35(30),	NR	NR

ATV atorvastatin; EZE Ezetimibe; NR not reported;

Evidence Table E53. Withdrawal due to adverse events – elderly patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40mg	Withdrawal due to adverse events , elderly	109	NR	12 weeks	109	%; 2, N with events: 2 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE 10mg	Withdrawal due to adverse events , elderly	116	NR	12 weeks	116	%; 6 N with events: 7 ,	NR	NR

ATV atorvastatin; EZE Ezetimibe; NR not reported;

Evidence Table E54. Elevated liver transaminases – elderly patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis, Elderly	109	NR	12 weeks	108	N with events: 0	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE10mg	Elevated AST and/or ALT > 3x ULN and/or hepatitis, Elderly	116	NR	12 weeks	115	N with events: 0	NR	NR

ALT alanine transaminase; AST aspartate transaminase; ATV atorvastatin; EZE Ezetimibe; NR not reported; ULN upper normal limit

Evidence Table E55. Musculoskeletal adverse events – elderly

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint(s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20/40 mg	Participants with CPK above 10 times the upper limit of normal , of normal Elderly	109	NR	12 weeks	108	N with events: 0 ,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 10mg + EZE 10mg	Participants with CPK above 10 times the upper limit of normal , elderly	116	NR	12 weeks	115	N with events: 0 ,	NR	NR

ATV atorvastatin; EZE Ezetimibe; NR not reported;

Evidence Table E56. LDL-c – female patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<i>Mid potency statin combination therapy versus high potency statin monotherapy</i>									
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl , FEMALES	NR	NR	NR	NR	NR	% change from baseline: -46, SE:2	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , FEMALES	NR	NR	NR	149	NR	% change from baseline:-50, SE:1	NR
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl ,	NR	NR	NR	NR	NR	% change from baseline:-54,	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
		FEMALES						SE:2	
Gaudiani, 2005 ²²	SMV 40mg	LDL-c (FEMALES) mmol/l-	NR	NR	24 weeks	48	NR	NR	Least square mean %change(95%CI): -18(-8,-30)
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	LDL-c (FEMALES) mmol/l	NR	NR	24 weeks	42	NR	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV 20mg/40mg	LDLc mg/dl , Measured Female	286	NR	12 weeks	270	SE: 2, % change from baseline: -17,	NR	NR
Zieve, 2010 ⁴⁸ Ben-Yehida, 2011 ⁴⁹	ATV10mg +EZE10mg	LDLc mg/dl , Measured Female	277	NR	12 weeks	275	SE: 2 , ,% change from baseline: -21,	NR	NR

ATV Atorvastatin; CI confidence intervals; EZE ezetimibe; LDLc low density lipoprotein cholesterol; NR not reported; SD standard deviation; SE standard error; SMV Simvastatin;

Evidence Table E57. LDL – Asian patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl : ASIAN RACE	NR	NR	NR	NR	NR	% change from baseline:-50, SE:5	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , ASIAN RACE	NR	NR	NR	10	NR	% change from baseline:-48, SE:3	NR

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl , ASIAN RACE	NR	NR	NR	NR	NR	% change from baseline:-42, SE:2	NR

ATV Atorvastatin; CI confidence intervals; EZE ezetimibe; LDLc low density lipoprotein cholesterol; NR not reported; SD standard deviation; SE standard error; SMV Simvastatin;

Evidence Table E58. LDL – Black patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<u>Mid potency statin combination therapy versus high potency statin monotherapy</u>									
Foody, 2010 ²¹	ATV 20mg	LDLc mg/dl , BLACK RACE	NR	NR	NR	NR	NR	% change from baseline:-50, SE:6	NR
Foody, 2010 ²¹	ATV 40mg	LDLc mg/dl , BLACK RACE	NR	NR	NR	9		% change from baseline:-49, SE:6	NR
Foody, 2010 ²¹	SMV 20mg +EZE10mg	LDLc mg/dl , BLACK RACE	NR	NR	NR	NR	NR	% change from baseline:-65, SE:10	NR
Gaudiani, 2005 ²²	SMV 40mg	LDL-c BLACK RACE mmol/l	NR	NR	24 weeks	12	NR	NR	Least square mean %change(95%CI): -15(0,-30)
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	LDL-c BLACK RACE mmol/l	NR	NR	24 weeks	16	NR	NR	NR

ATV Atorvastatin; CI confidence intervals; EZE ezetimibe; LDLc low density lipoprotein cholesterol; NR not reported; SD standard deviation; SE standard error; SMV Simvastatin;

Evidence Table E59. LDL – Hispanic patients

Author, Year	Arm	Outcome Units	Baseline N	Baseline Outcome	Timepoint (s)	N at Timepoint (s)	Outcomes at Timepoint(s)	Within Arm Comparisons	Between Arm Comparison
<i>Mid potency statin combination therapy versus <u>high</u> potency statin monotherapy</i>									
Gaudiani, 2005 ²²	SMV 40mg	LDL-c HISPANIC mmol/l	NR	NR	24 weeks	28	NR	NR	Least square mean %change(95%CI): -26(-15,-38)
Gaudiani, 2005 ²²	SMV 20mg +EZE 10mg	LDL-c HISPANIC mmol/l	NR	NR	24 weeks	24	NR	NR	NR

CI confidence intervals; EZE ezetimibe; LDLc low density lipoprotein cholesterol; NR not reported; SD standard deviation; SE standard error; SMV Simvastatin;

Evidence Table E60. Summary of evidence available for subgroups comparing combination therapy with ezetimibe and statin to intensification of statin monotherapy

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
LDL-c	Mid potency combination therapy vs high potency monotherapy	12 trials* (1233)	8 trials* 1597	2 trials* (547)	1 trial (NR)	2 trials* (28)	1 trial (52)	2 trials* (225)
	Low potency combination therapy vs high potency monotherapy		1 trial 21					
	Low potency combination therapy vs mid potency monotherapy		1 trial 24					
HDL-c	Mid potency combination therapy vs high potency monotherapy	11 trials* (1105)	5 trials 1578					1 trial (217)
	Low potency combination therapy vs high potency monotherapy		1 trial 21					
	Low potency combination therapy vs mid potency monotherapy		1 trial 24					
Non-HDL-c	Mid potency combination therapy vs high potency monotherapy		3 trials (1366)					
	Low potency combination							

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
	therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Triglycerides	Mid potency combination therapy vs high potency monotherapy		5 trials (1578)					
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Total Cholesterol:HDL	Mid potency combination therapy vs high potency monotherapy	1 trial (422)	2 trials (647)					1 trial (218)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
LDL target	Mid potency	4 trials	3 trials					1 trial

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
attainment	combination therapy vs high potency monotherapy	(889)	(1246)					(218)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Adherence	Mid potency combination therapy vs high potency monotherapy	2 trials* (93)	1 trial (439)					
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Any adverse event	Mid potency combination therapy vs high potency monotherapy	3 trials (632)	4 trials (1416)					1trial (225)
	Low potency combination therapy vs high potency monotherapy							

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
	Low potency combination therapy vs mid potency monotherapy							
Withdrawal due to adverse events	Mid potency combination therapy vs high potency monotherapy	5 trials* (632)	4 trials (1516)					1 trial (225)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Serious adverse events	Mid potency combination therapy vs high potency monotherapy	3 trials (632)	5 trials (1641)					1 trial (225)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Mortality	Mid potency combination therapy vs high potency	1 trial*	2 trials (806)					1 trial (225)

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
	monotherapy							
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Elevated liver transaminases	Mid potency combination therapy vs high potency monotherapy	6 trials* (713)						1 trial (225)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							
Elevated CPK	Mid potency combination therapy vs high potency monotherapy	4 trials* (632)	1 trial (213)					1 trial (225)
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs							

Outcomes	Potency comparison	Subgroup						Elderly # trials (#participants)
		CHD # trials (#participants)	Diabetes mellitus # trials (#participants)	Females # trials (#participants)	Asian # trials (#participants)	Black # trials (#participants)	Hispanic # trials (#participants)	
	mid potency monotherapy							
Myalgia	Mid potency combination therapy vs high potency monotherapy	1 trial (78)	3 trials (778)					
	Low potency combination therapy vs high potency monotherapy							
	Low potency combination therapy vs mid potency monotherapy							

H v M= high potency monotherapy versus mid potency combination therapy; H v L= high potency monotherapy versus low potency combination therapy; M v L= mid potency monotherapy versus low potency combination therapy; CPK= creatinine phosphokinase; HDL= high density lipoprotein; LDL= low density lipoprotein

*means at least one of the trials did not report the number of participants, blank cell means no trial

Evidence Table E61. Study quality assessment – ezetimibe

Author, Year	2009 CER Jadad Score	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14
Ahmed, 2008 ⁸	NA	U	U	U	H	L	H	H	N	Y	U	U	U	Y	N
Araujo, 2010 ⁹	NA	U	U	U	U	U	U	U	N	Y	U	U	U	Y	N
Avena, 2010 ¹⁰	NA	L	L	L	L	L	L	L	N	N	Y	Y	Y	Y	N
Ballantyne 2003 ¹¹	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Ballantyne, 2004 ¹²	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Bardini, 2010 ¹³	NA	L	U	L	L	L	L	L	N	Y	U	U	Y	Y	N
Barrios, 2005 ¹⁴	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Bays, 2004	5	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Catapano, 2006 ¹⁵	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Cho, 2011 ¹⁶	NA	L	U	H	H	L	L	L	N	Y	Y	Y	Y	Y	N
Constance, 2007 ¹⁷	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Davidson, 2002 ¹⁸	4	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Feldman, 2004 ¹⁹	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Florentin, 2011 ²⁰	NA	L	U	H	H	H	L	L	N	Y	Y	Y	Y	Y	N
Foody, 2010 ²¹	NA	L	L	L	L	L	L	L	N	Y	Y	Y	Y	Y	N
Gaudiani, 2005 ²²	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Goldberg, 2004 ²³	5	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

Goldberg, 2006 ²⁴ Guyton, 2008 ²⁶ Tomassini, 2009 ²⁵	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Hamdan, 2011 ²⁷	NA	U	U	L	L	L	L	L	N	Y	Y	Y	Y	Y	N
Her, 2010 ²⁸	NA	H	H	H	H	H	L	L	L	L	L	L	L	L	L
Kawagoe, 2011 ²⁹	NA	H	H	H	H	L	L	L	N	U	U	U	U	Y	N
Kerzner, 2003 ³⁰	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Lee, 2011 ³¹	NA	U	U	H	H	L	L	L	N	U	Y	Y	Y	Y	N
Lee, 2012 ³²	NA	U	U	H	H	U	L	L	N	Y	Y	Y	Y	Y	N
Lee, 2013 ³³	NA	L	H	H	H	H	L	L	L	L	L	L	L	L	L
Liberopoulos, 2013 ³⁴	NA	L	H	L	H	L	L	L	N	Y	Y	U	Y	Y	N
Matsue, 2013 ³⁵	NA	L	H	H	H	H	L	L	L	L	L	L	L	L	L
McKenney, 2007 ³⁶	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Moutzouri, 2011 ³⁷	NA	L	L	L	H	L	L	L	N	U	Y	Y	Y	Y	N
Moutzouri, 2012 ³⁸	NA	L	U	H	H	U	L	L	N	Y	Y	Y	Y	Y	N
Okada, 2011 ³⁹	NA	H	U	H	U	U	L	L	N	U	Y	U	U	Y	N
Pesaro, 2012 ⁴¹	NA	U	U	L	L	L	L	L	N	Y	U	U	U	Y	N
Piorkowski, 2007 ⁴²	1	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Robinson, 2009 ⁴³	NA	L	L	L	L	L	U	U	N	N	Y	Y	Y	Y	N
Roeters van Lennep, H.W.O, 2007 ⁴⁴	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Rudofsky, 2012 ⁴⁵	NA	L	L	L	L	L	L	L	N	Y	Y	U	U	Y	N
Stein, 2004 ⁴⁶	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Yamazaki, 2013 ⁴⁷	NA	U	L	H	H	H	L	L	N	Y	Y	Y	Y	Y	N

Zieve, 2010 ⁴⁸	NA	L	L	L	L	L	L	L	N	N	Y	Y	U	Y	N
Ben-Yehida, 2011 ⁴⁹															

CER comparative effectiveness report; H high; L low; N no; NA not applicable; U unclear or unsure.

Q1. What is the risk of selection bias (biased allocation to interventions) due to inadequate generation of a randomized sequence?

Q2. What is the risk of selection bias (biased allocation to interventions) due to inadequate concealment of allocations before assignment?

Q3. For each main outcome or class of outcomes, what is the risk of performance bias due to knowledge of the allocated interventions by participants and personnel during the study (lack of study participant and personnel blinding)?

Q4. Was the care provider blinded to the intervention?

Q5. For each main outcome or class of outcomes, what is the risk of detection bias due to knowledge of the allocated interventions by outcome assessment (lack of outcome assessor blinding)?

Q6. For each main outcome or class of outcomes, what is the risk of attrition bias due to amount, nature, or handling of incomplete outcome data?

Q7. What is the risk of reporting bias due to selective outcome reporting?

Q8. Are there other biases due to problems not covered in 1-6?

Q9. Were all randomized participants analyzed in the group to which they were allocated?

Q10. Were the groups similar at baseline regarding the most important prognostic indicators?

Q11. Were co-interventions avoided or similar?

Q12. Was the compliance acceptable in all groups?

Q13. Was the timing of the outcome assessment similar in all groups?

Q14. Are there other risks of bias?

Evidence Table E62. Study characteristics – fibrates

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosure by author
Athyros, 2002 ⁵¹	Parallel Arm RCT Single center Europe	Patients with familial combined hyperlipidemia, patients were considered to have this lipid disorder, after exclusion of secondary dyslipidemias, on clinical and biochemical criteria: family history of dyslipidaemia IIa, IIb or IV and/or premature CAD, total cholesterol >250 mg/dl, TG> 200 mg/dl and <400 mg/dl, HDL <40 mg/dl, and apolipoprotein (apo) B >150 mg/dl, at baseline while off therapy. In all patients, liver dysfunction was excluded and normal renal function was established.	Discontinued 6 weeks before trial	12 months 6 weeks 6-week dietary run-in	Arm1: (H) ATV 20mg Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg Arm4: (M) SMV 20mg + Ciprofibrate 100mg Arm5: (L) PRV 20mg + Ciprofibrate 100mg	None	NR NR
Farnier, 2011 ⁵²	Parallel arm RCT Multicenter Europe	Patients ≥18 years with type 2 diabetes and mixed hyperlipidemia (total cholesterol >200 mg/dL, TG >150 mg/dL, After the active-treatment run-in period, eligible patients with a non-HDL-C concentration ≥130 mg/dL or a LDL-C concentration ≥100 mg/dL and a fasting TG concentration ≥150 and ≤600 mg/dL 1 week before the randomization visit (week 0) were randomly assigned to either FDC or simvastatin 20 mg for 12 weeks., no uncontrolled	Discontinued 6 weeks before trial	12-Weeks NA 12-week dietary run-in and 6- week run-in of SMV 20mg daily	Arm 1: (M) SMV 20mg Arm 2: (L) PRV 40mg + Fenofibrate 160mg	Overall population represents subgroup of interest: Diabetics	Yes, Financial relationship with pharmaceuticals Yes, Employee of pharmaceutical company

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid-Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosure by author
		<p>diabetes (HbA1c>8.5% 1 week before randomization) and type 2 diabetes requiring insulin</p> <p>No known cardiovascular disease, type I, IIa, IV, or V hyperlipidemia; history sensitivity or allergy to statins and/or fibric acid derivatives; uncontrolled hypertension; history of malignancy; personal or family history of hereditary muscle disease; uncontrolled hypothyroidism; abnormal liver function; creatine phosphokinase>3 x ULN; creatinine clearance 15 mg/L; use of prohibited concomitant medications; pregnancy or breastfeeding; nonadherence to the NCEP ATP III standardized diet; high alcohol consumption or diabetes requiring insulin</p>					
Mohiuddin, 2009 ⁵³	<p>Parallel arm RCT</p> <p>Multicenter</p> <p>North America</p>	<p>Patients >18yrs with mixed dyslipidemia: -HDL-C <40mg/dl(men) or <50mg/dl(women) -TGs>or=150mg/dl -LDL-C >or=130mg/dl</p> <p>No type 1 diabetes mellitus or uncontrolled type 2 diabetes mellitus, no history of diabetic ketoacidosis</p>	Yes-Prior to trial entry	<p>12 weeks</p> <p>No</p> <p>6 weeks</p>	<p>Arm 1: (H) SMV 40mg</p> <p>Arm 2: (H) SMV 80mg</p> <p>Arm 3: (M) SMV 20mg + Fenofibric acid 135mg</p>	No subgroup analyses were conducted	<p>Yes, Financial relationship with pharmaceuticals</p> <p>Yes</p>

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of Interest disclosure by author
Shah, 2007 ⁵⁴	Parallel arm RCT Single Center Asia	<p>Patients with acute coronary syndrome (ACS) who had undergone a percutaneous transluminal coronary angioplasty procedure (at time of eNot reportedollment)</p> <p>Other 1 inclusion criteria: Patients without: second- or third-degree atrioventricular block, renal or hepatic failure, recent cerebrovascular events, valve replacement surgery or balloon mitral valvuloplasty, taking non-statin antilipid medication</p>	NR	<p>3-Months</p> <p>NA</p> <p>NR</p>	<p>Arm 1: (H) ATV 20mg daily</p> <p>Arm 2: (H) SMV 40mg daily</p> <p>Arm 3: (M) ATV 10mg + Fenofibrate 200 mg</p> <p>Arm 4: (M) SMV 20mg + Fenofibrate 200mg</p>	Overall population represents subgroup of interest: Pre- existing CHD	<p>NR</p> <p>NR</p>

RCT= randomized controlled trial; NA= not applicable; NR not reported

Evidence Table E63. Baseline population characteristics – fibrates

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior Revascularization N (%)	Diabetic Patients N (%)	LDL in mg/dL	Between Group Differences
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg Arm4: (M) SMV 20mg + Ciprofibrate 100mg Arm5: (L) PRV 20mg + Ciprofibrate 100mg	Arm 1 131 Arm 2 133 Arm 3 129 Arm 4 129 Arm 5 132	Arm 1 Median: 52 Range: 36-65 Arm 2 Median: 50 Range: 32-67 Arm 3 Median: 50 Range: 31-65 Arm 4 Median: 50 Range: 34-63 Arm 5 Median: 51 Range: 35-62	Arm 1: 38 (29) Arm 2: 36 (27) Arm 3: 34 (26) Arm 4: 39 (30) Arm 5: 43 (33)	NR	NR	Arm 1 56 Arm 2 55 Arm 3 53 Arm 4 56 Arm 5 57	NR	NR	NR	Arm 1 Mean: 203 SD: 13 Arm 2 Mean: 208 SD: 15 Arm 3 Mean: 199 SD: 16 Arm 4 Mean: 196 SD: 15 Arm 5 Mean: 203 SD: 17	NR
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg Arm 2: (L) PRV 40mg + Fenofibrate 160mg	Arm 1 146 Arm 2 145	Arm 1 Mean: 57.2 SD: 9.5 Arm 2 Mean: 56.1 SD: 8.3	Arm 1 72 (49) Arm 2 79 (55)	NR	NR	NR	NR	NR	Arm 1 146 (100) Arm 2 145 (100)	Arm 1 Mean: 127.6 SD: 29.8 Arm 2 Mean: 126.9 SD: 28.8	NR
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	Arm 1: 116	Arm 1 Mean: 53.7 Range: 33-	NR	Arm1: White: 112 (97)	NR	NR	NR	NR	NR	NR	NR

Author, Year	Arms	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior Stroke N (%)	Prior MI N (%)	Prior Revascularization N (%)	Diabetic Patients N (%)	LDL in mg/dL	Between Group Differences
	Arm 2: (H) SMV 80mg Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	Arm 2: 59 Arm 3: 119	77 Arm 2 Mean: 55.8 Range: 30-80 Arm 3 Mean: 55.9 Range: 25-82		Black: 2 (2) Native American: 2 (2) Arm2: White: 55 (93) Black: 1 (2) Asian: 1 (2) Arm3: White: 108 (91) Black: 4 (3) Native American: 1 (1) Asian: 4 (3)							
Shah, 2007 ⁵⁴	Arm 1: (H) ATV 20mg daily Arm 2: (H) SMV 40mg daily Arm 3: (M) ATV 10mg + Fenofibrate 200 mg Arm 4: (M) SMV 20mg + Fenofibrate 200mg	Arm 1 25 Arm 2 27 Arm 3 25 Arm 4 25	Arm 1 Mean: 56.8 SD: 9.4 Arm 2 Mean: 58.4 SD: 11.4 Arm 3 Mean: 56.4 SD: 10.0 Arm 4 Mean: 58.4 SD: 11.4	Arm 1 N: 1 (4) Arm 2 N: 2 (7.4) Arm 3 N: 3 (12) Arm 4 N: 5 (20)	NR	Arm 1 Current: 3 (12) Arm 2 Current: 4 (15) Arm 3 Current: 5 (20) Arm 4 Current: 2 (8)	NR	Arm 1 25 (100) Arm 2 27 (100) Arm 3 25 (100) Arm 4 25 (100)	Arm 1 25 (100) Arm 2 27 (100) Arm 3 25 (100) Arm 4 25 (100)	Arm 1 6 (24) Arm 2 8 (30) Arm 3 9 (36) Arm 4 12 (48)	Arm 1 Mean: 100.5 SD: 34.8 Arm 2 Mean: 92.8 SD: 23.2 Arm 3 Mean: 92.8 SD: 34.8 Arm 4 Mean: 92.8 SD: 23.2	NR

MI myocardial infarction; SD standard deviation; NR not reported

*Arms not eligible for our review

Evidence Table E64. Mortality – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	N with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	NR	NR	12 weeks	146	0	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	NR	NR	12 weeks	145	0	NR

Evidence Table E65. Unspecified myocardial infarction (MI) – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	N with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	NR	NR	12 weeks	146	0	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	NR	NR	12 weeks	145	1	NR

Evidence Table E66. Transient ischemic attack (TIA) – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	N with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	NR	NR	12 weeks	146	1	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	NR	NR	12 weeks	145	0	NR

Evidence Table E67. Serious adverse events (SAE) – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	N (%)with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	NR	NR	12weeks	146	1 (0.7)	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	NR	NR	12weeks	145	1 (0.7)	NR

Evidence Table E68. LDL (mg/dL) outcome – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	Outcome at follow up	Within group differences	Between group difference
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg	131	Mean: 203 SD: 13	12 months	131	NR	Mean % change: (-46)	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg	133	Mean: 208 SD: 15	12 months	133	NR	Mean % change: (-35)	Arm1 vs Arm2: Difference= 25, 95% CI= 22-28, p=0.0001
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg	129	Mean: 199 SD: 16	12 months	129	NR	Mean % change: (-38)	Arm1 vs Arm3: Difference=11, 95% CI= 8-13, p=0.0008
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg	129	Mean: 196 SD: 15	12 months	129	NR	Mean % change: (-41)	Arm1 vs Arm4: Difference=7, 95% CI= 5-11, p=0.003
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg	132	Mean: 203 SD: 17	12 months	132	NR	Mean % change: (-40)	Arm1 vs Arm5: Difference= 12, 95% CI= 9-15, p=0.0005
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	144	Mean: 127.6 SD: 29.8	12 weeks	144	Mean: 117.2 SD: 32.7	Mean % change: (-6.8) SE: 1.9 p<0.001	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	145	Mean: 126.9 SD: 28.8	12 weeks	145	Mean: 117.3 SD: 33.5	Mean % change: (-5.3) SE: 1.9 p=0.016	Difference=+1.4 p=0.29
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	106	Mean: 163.3	12 weeks	NR	Mean: 108.1	Mean %change: (-31.7) SE: 2.0	
	Arm 2: (H) SMV 80mg	55	Mean: 155.4	12 weeks	NR	Mean: 92.7	Mean %change: (-40.8) SE: 2.7	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	109	Mean: 157.9	12 weeks	NR	Mean: 116.6	Mean %change: (-24.0) SE: 1.9	NR
Shah, 2007 ⁵⁴	Arm 1: (H) ATV 20mg daily	25	Mean: 101.7 SD: 34.8	3 months	25	Mean: 82.8 SD: 34.8	p<0.05	

	Arm 2: (H) SMV 40mg daily	23	Mean: 93.6 SD: 23.2	3 months	23	Mean: 77.0 SD: 27.1	p<0.05	
	Arm 3: (M) ATV 10mg + Fenofibrate 200 mg	21	Mean: 91.6 SD: 34.8	3 months	21	Mean: 87.0 SD: 19.3	NR	Arm1 vs Arm3 p<0.05
	Arm 4: (M) SMV 20mg + Fenofibrate 200mg	22	Mean: 92.4 SD: 23.2	3 months	22	Mean: 77.0 SD: 27.1	p<0.05	NR

Evidence Table E69. LDL goal attainment – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	Attainment of LDL<100mg/dL	144	12 weeks	NR	40 (28)	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	Attainment of LDL<100mg/dL	145	12 weeks	NR	49 (34)	p=NS
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg	Attainment of LDL goal	131	12 months	131	(85)	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg	Attainment of LDL goal	133	12 months	133	(40)	
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg	Attainment of LDL goal	129	12 months	129	(55)	
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg	Attainment of LDL goal	129	12 months	129	(68)	
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg	Attainment of LDL goal	132	12 months	132	(53)	

Evidence Table E70. HDL (mg/dL) outcome – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	Outcome at follow up	Within group differences	Between group difference
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg	131	Mean: 36 SD: 2	12 months	131	NR	Mean % change: 6	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg	133	Mean: 36 SD: 2	12 months	133	NR	Mean % change: 15	NR
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg	129	Mean: 36 SD: 2	12 months	129	NR	Mean % change: 20	NR
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg	129	Mean: 37 SD: 2	12 months	129	NR	Mean % change: 14	NR
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg	132	Mean: 35 SD: 1	12 months	132	NR	Mean % change: 17	NR
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	144	Mean: 45.0 SD: 10.1	12 weeks	144	Mean: 45.6 SD: 11.1	Mean % change=1.8 SE=1.3 P=0.013	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	145	Mean: 45.8 SD: 10.0	12 weeks	145	Mean: 48.6 SD: 12.7	Mean% change=6.3 SE: 1.1 P<0.001	Difference= +4.5 p=0.008
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	102	Mean: 38.5	12 weeks	102	Mean: 41.3	Mean % change=8.5 SE: 1.9	
	Arm 2: (H) SMV 80mg	52	Mean: 39.5	12 weeks	52	Mean: 41.5	Mean % change= 6.8 SE: 2.6	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	105	Mean: 37.2	12 weeks	105	Mean: 43.9	Mean % change=17.8 SE: 1.9	NR
Shah, 2007 ⁵⁴	Arm 1: (H) ATV 20mg daily	25	Mean: 34.8 SD: 9.3	3 months	25	Mean: 41.8 SD: 7.7	p<0.05	
	Arm 2: (H) SMV 40mg daily	23	Mean: 34.8 SD: 8.5	3 months	23	Mean: 43.7 SD: 11.6	p<0.05	Arm1 vs Arm2 p<0.05
	Arm 3: (M) ATV 10mg +	21	Mean: 34.8 SD: 9.3	3 months	21	Mean: 47.2 SD: 7.7	p<0.05	Arm1 vs Arm3 p<0.05

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	Outcome at follow up	Within group differences	Between group difference
	Fenofibrate 200 mg							
	Arm 4: (M) SMV 20mg + Fenofibrate 200mg	22	Mean: 34.8 SD: 8.5	3 months	22	Mean: 43.7 SD: 11.6	p<0.05	Arm1 vs Arm3 p<0.05

Evidence Table E71. Total cholesterol:HDL ratio – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	Outcome at follow up	Within group differences	Between group difference
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg	131	Mean: 8.4 SD:0.8	12 months	131	NR	Mean % change: (-44)	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg	133	Mean:8.7 SD: 0.8	12 months	133	NR	Mean % change: (-40)	NR
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg	129	Mean:8.3 SD: 0.8	12 months	129	NR	Mean % change: (-46)	Arm1 vs Arm 3 p<0.01
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg	129	Mean: 8.2 SD:0.7	12 months	129	NR	Mean % change: (-46)	Arm1 vs Arm 4 p<0.01
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg	132	Mean:8.5 SD:0.7	12 months	132	NR	Mean % change: (-44)	NR
Shah, 2007 ⁵⁴	Arm 1: (H) ATV 20mg daily	25	Mean: 4.33 SD: 1.3	3 months	25	Mean: 3.71 SD: 1.2	p<0.05	
	Arm 2: (H) SMV 40mg daily	23	Mean: 4.42 SD: 1.3	3 months	23	Mean: 3.66 SD: 1.8	NR	
	Arm 3: (M) ATV 10mg + Fenofibrate 200 mg	21	Mean: 4.41 SD: 1.4	3 months	21	Mean: 3.42 SD: 0.7	p<0.05	NR
	Arm 4: (M) SMV 20mg + Fenofibrate 200mg	22	Mean: 4.37 SD: 1.3	3 months	22	Mean: 3.66 SD: 1.8	p<0.05	NR

Evidence Table E72. Triglycerides and non-HDL-c among diabetes subgroup – fibrates

Author, Year	Group	Baseline N	Baseline outcome	Follow up timing	N at follow up	Outcome at follow up	Within group differences	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	144	Mean non-HDL: 168.4 SD: 32.5	12 weeks	144	Mean non-HDL: 154.5 SD: 36.3	Mean % change: (-6.8) SE: 1.8 p<0.001	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	145	Mean non-HDL: 165.9 SD: 29.3	12 weeks	145	Mean non-HDL: 143.3 SD: 42.8	Mean % change: (-12.9) SE: 1.8 p<0.001	Difference mean % change: (-6.1) p=0.008
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	144	Mean TG: 277.7 SD: 117.5	12 weeks	144	Mean TG: 281.8 SD: 156.8	Mean % change: 5.0 SE: 3.6 p=0.25	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	145	Mean TG: 261.4 SD: 93.1	12 weeks	145	Mean TG: 182.9 SD: 124.2	Mean % change: -28.6 SE: 3.7 p<0.001	Difference mean % change: (-33.5) p<0.001

Evidence Table E73. Treatment adherence – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	>80% compliance	NR	12 weeks	NR	(98)	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	>80% compliance	NR	12 weeks	NR	(99)	NR

Evidence Table E74. Occurrence of at least one adverse event – fibrates

Author, Year	Group	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	NR	12 weeks	146	22 (15)	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	NR	12 weeks	145	25 (17)	p=NS

Evidence Table E75. Elevated liver transaminases – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg	AST and/or ALT>3 times ULN	131	12 months	NR	0	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg	AST and/or ALT>3 times ULN	133	12 months	NR	1 (0.8)	NR
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg	AST and/or ALT>3 times ULN	129	12 months	NR	3 (2.3)	NR
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg	AST and/or ALT>3 times ULN	129	12 months	NR	3 (2.3)	NR
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg	AST and/or ALT>3 times ULN	132	12 months	NR	0	NR
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	AST and/or ALT>3 times ULN	NR	12 weeks	116	0	
	Arm 2: (H) SMV 80mg	AST and/or ALT>3 times ULN AST/ALT>	NR	12 weeks	59	1 (1.7)	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	AST and/or ALT>3 times ULN AST/ALT>	NR	12 weeks	119	0	NR

Evidence Table E76. Elevated creatinine phosphokinase (CPK) – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Athyros, 2002 ⁵¹	Arm1: (H) ATV 20mg		131	12 months	NR	0	
	Arm 2: (L) PRV 20mg + Gemfibrosil 1200mg		133	12 months	NR	1 (0.8)	NR
	Arm 3: (M) SMV 20mg + Gemfibrosil 1200mg		129	12 months	NR	1 (0.8)	NR
	Arm4: (M) SMV 20mg + Ciprofibrate 100mg		129	12 months	NR	0	NR
	Arm5: (L) PRV 20mg + Ciprofibrate 100mg		132	12 months	NR	0	NR
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	CPK> 5 times ULN	NR	12 weeks	146	0	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	CPK> 5 times ULN	NR	12 weeks	145	0	NR
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	CPK>10 times ULN	NR	12 weeks	116	2 (1.7)	
	Arm 2: (H) SMV 80mg	CPK>10 times ULN CPK>	NR	12 weeks	59	0	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	CPK>10 times ULN CPK>	NR	12 weeks	119	0	NR

Evidence Table E77. Rhabdomyolysis – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	NR	NR	12 weeks	116	0	
	Arm 2: (H) SMV 80mg	NR	NR	12 weeks	59	0	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	NR	NR	12 weeks	119	0	NR

Evidence Table E78. Myalgia – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg		NR	12 weeks	116	6 (5)	
	Arm 2: (H) SMV 80mg		NR	12 weeks	59	3 (5)	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg		NR	12 weeks	119	5 (4)	NR
Shah, 2007 ⁵⁴	Arm 1: (H) ATV 20mg daily	Occurrence of muscle pain	25	3 months	25	0	
	Arm 2: (H) SMV 40mg daily	Occurrence of muscle pain	23	3 months	23	2	
	Arm 3: (M) ATV 10mg + Fenofibrate 200 mg	Occurrence of muscle pain	21	3 months	21	0	NR
	Arm 4: (M) SMV 20mg + Fenofibrate 200mg	Occurrence of muscle pain	22	3 months	22	0	NR

Evidence Table E79. Acute kidney injury (AKI) – fibrates

Author, Year	Group	Definition	Baseline N	Follow up timing	N at follow up	N (%) with event at follow up	Between group difference
Farnier, 2011 ⁵²	Arm 1: (M) SMV 20mg	Cr>20 mg/mL or CrCl< 50 ml/min	NR	12 weeks	146	0	
	Arm 2: (L) PRV 40mg + Fenofibrate 160mg	Cr>20 mg/mL or CrCl< 50 ml/min	NR	12 weeks	145	0	NR
Mohiuddin, 2009 ⁵³	Arm 1: (H) SMV 40mg	Cr >50% increase and increased above ULN	NR	12 weeks	116	0	
	Arm 2: (H) SMV 80mg	Cr >50% increase and increased above ULN	NR	12 weeks	59	0	
	Arm 3: (M) SMV 20mg + Fenofibric acid 135mg	Cr >50% increase and increased above ULN	NR	12 weeks	119	4 (3.4)	NR

Evidence Table E80. Study quality assessment – fibrates

Author, Year	2009 CER Jadad Score	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14
Athyros, 2002 ⁵¹	1	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Farnier, 2011 ⁵²	NA	L	L	L	L	L	L	L	N	Y	Y	Y	Y	Y	N
Mohuiddin, 2009 ⁵³	NA	U	U	L	L	L	L	L	N	Y	Y	Y	U	Y	N
Shah, 2007 ⁵⁴	NA	U	H	H	H	L	U	L	N	Y	U	U	U	Y	N

CER comparative effectiveness report; H high; L low; NA not applicable; N no; U unclear or unsure.

Q1. What is the risk of selection bias (biased allocation to interventions) due to inadequate generation of a randomized sequence?

Q2. What is the risk of selection bias (biased allocation to interventions) due to inadequate concealment of allocations before assignment?

Q3. For each main outcome or class of outcomes, what is the risk of performance bias due to knowledge of the allocated interventions by participants and personnel during the study (lack of study participant and personnel blinding)?

Q4. Was the care provider blinded to the intervention?

Q5. For each main outcome or class of outcomes, what is the risk of detection bias due to knowledge of the allocated interventions by outcome assessment (lack of outcome assessor blinding)?

Q6. For each main outcome or class of outcomes, what is the risk of attrition bias due to amount, nature, or handling of incomplete outcome data?

Q7. What is the risk of reporting bias due to selective outcome reporting?

Q8. Are there other biases due to problems not covered in 1-6?

Q9. Were all randomized participants analyzed in the group to which they were allocated?

Q10. Were the groups similar at baseline regarding the most important prognostic indicators?

Q11. Were co-interventions avoided or similar?

Q12. Was the compliance acceptable in all groups?

Q13. Was the timing of the outcome assessment similar in all groups?

Q14. Are there other risks of bias?

Evidence Table E81. Study characteristics – niacin

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
Airan-Javia, 2009 ⁵⁵ NCT00307307	Parallel Arm RCT Multicenter North America	-Patients with carotid atherosclerosis (>30% stenosis on US) -Age 18-90 years -LDL-c>100mg/dL or LDL-c>80mg/dL if HDL-c<49mg/dL -BP<170/90 -Negative pregnancy test (females) -No history of CVA, TIA, MI, UA, or critical limb ischemia in the last 3 months -No poorly controlled DM (HbA1c>8%) -No contraindications to MRI -No history of adverse events on statins or niacin -No history of myositis or abnormal LFTs -No active infection or malignancy -No need for combination lipid-lowering therapy	-Current statin discontinued at randomization -Baseline laboratory lipid measurements reflect prior statin use	12 months NR None	Arm 1: (M)* SMV 20mg Arm 2: (H) SMV 80mg Arm 3: (M) N-ER 2g +SMV 20mg [N-ER dose titrated from 500mg to 2g, as tolerated over initial 3 months]	None	Study funded in part by pharmaceutical companies. Authors have no pharmaceutical company COI disclosures.
Bays, 2003 ⁵⁶ “ADVOCATE”	Parallel Arm RCT Multicenter North America	-Patients with dyslipidemia defined as 2 consecutive baseline LDL≥160 mg/dl without CAD or ≥130 mg/dl with CAD; TG<300mg/dL and HDL<45 mg/dL in men and <50mg/dL in women -Age 18-70 years -Women must be using an effective means of contraception -No uncontrolled hypertension; NYHA class III/IV CHF; type 1 or 2 DM; UA, MI, CBG, percutaneous transluminal coronary angioplasty, or CVA within prior 6 months	-Lipid modifying drugs discontinued 6 weeks before randomization. -Baseline laboratory lipid measurements reflect dietary run in	16 weeks NR 4 week dietary run in	Arm 1: (H) ATV 40mg Arm 2: (H) SMV 40mg Arm 3: (M) N-ER 1g +LOV 40mg Arm 4: (M) N-ER 2g +LOV 40mg	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		<ul style="list-style-type: none"> -No history of substance abuse or dependence within 12 months of screening, consumption of >14 alcoholic drinks per week, uncontrolled psychiatric disease. -No active gallbladder disease; hepatic dysfunction; renal insufficiency; fasting glucose ≥ 115mg/dL; active gout symptoms or uric acid >1.3x ULN; active peptic ulcer disease; fibromyalgia; cancer within the previous 5 years (except for basal cell carcinoma). -No known prior allergy or intolerability to any of the study drugs; participation in another investigational study within 30 days of screening, probucol administration within the previous year, or any condition or laboratory abnormality which might be adversely affected by the study procedures or medications. 			[Doses of statin and N-ER titrated up during study period to final doses in all arms by week 12]		
Gardner, 1996 ⁵⁷ NR	Parallel Arm RCT Single Center North America	<ul style="list-style-type: none"> -Patients with diagnosis of hyperlipidemia -Age 18-75 years -LDL ≥ 130 mg/dl or ≥ 100mg/dL in CAD patients despite diet and statin run in periods -TG ≤ 350mg/dL -Patients must discontinue their previous lipid-lowering drug therapy -AST and ALT < 2x ULN -Women of childbearing potential had to practice birth control with oral contraceptives, intrauterine devices, 	<ul style="list-style-type: none"> -Lipid modifying drugs discontinued 4 weeks prior to baseline assessment. -Baseline laboratory lipid measurements reflect dietary and medication run in 	6 weeks NR 4 week dietary run in followed by 4 weeks of LOV 20mg run in	Arm 1: (M) LOV 40mg Arm 2: (L) N 1.5g +LOV 20mg [N was titrated up over a period of 2 weeks to final dose]	None	Study funded by pharmaceutical companies. Authors report no pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		abstinence, diaphragms, or mechanical barriers. -No history of acute or chronic hepatitis and/or cardiovascular complications including MI within the last 12 months, UA, CHF, and cardiovascular surgery or coronary angioplasty within the last 6 months. -No secondary hyperlipidemias due to alcoholism, autoimmune disease, dysglobinemia, glycogen storage disease, hypothyroidism, type 1 diabetes mellitus, macroglobulinemia, multiple myeloma, nephrotic syndrome, obstructive liver disease, or chronic pancreatitis -Not taking steroid hormones (except estrogen-progesterone therapy), thyroid hormones (except for replacement therapy), erythromycin, or cyclosporine					
Hunninghake, 2003 ⁵⁸ NR	Parallel Arm RCT Multicenter North America	-Patients with type IIA hyperlipidemia or type IIB hyperlipidemia with elevated LDL-C levels based on ATP II guidelines: -≥130 mg/dl CAD or type 2 DM patients -≥160 mg/dl no CAD or DM, but 2+ CAD risk factors -≥190 mg/dl <2 CAD risk factors -Age ≥ 18 years -TG < 800 mg/dl -No severe hypertension, a recent major cardiovascular or cerebrovascular event, type 1 or	-Lipid modifying drugs discontinued 4 weeks before randomization. -Baseline laboratory lipid measurements reflect dietary run in	28 weeks NR 4 week dietary run in	Arm 1: (M) LOV 40mg Arm 2: (L) N-ER 1g +LOV 20mg Arm 3: (M)* N-ER 2g +LOV 40mg Arm 4: (NA)* N-ER 2g	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, "Acronym"	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid-Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		uncontrolled type 2 diabetes mellitus -No hepatic dysfunction, renal disease, biliary disease, active peptic ulcer disease, gout, or cancer -No inability to withdraw concomitant lipid-altering drug therapy, probucol treatment within the last year, concurrent use of medications with hepatic or myopathic side effects -No women of childbearing potential not using contraception			[Doses of LOV and N-ER titrated up during study period to final doses in all arms by week 21]		
Insull, 2004 ⁵⁹ NR	Parallel Arm RCT Multicenter North America	-Patients with type IIa or IIb primary hyperlipidemia -Age 21 years or older -LDL-C \geq 130mg/dL in patients with CHD or diabetes; \geq 160mg/dL in patients with 2+ CHD risk factors; \geq 190 mg/dL in patients with less than 2 risk factors -TG < 800 mg/dL -No recent (within 6 months) MI, UA, CVA, or revascularization; CHF, arterial bleeding, severe hypertension -No hepatic dysfunction; renal disease; active peptic ulcer, or gallbladder disease; type 1 or uncontrolled type 2 diabetes mellitus; active gout; substance abuse -No breast-feeding women or women of childbearing potential using inadequate contraception -No concomitant use of agents with adverse effects on hepatic function, skeletal muscle, or creatine kinase; agents metabolized by the	-Lipid modifying drugs discontinued 6 weeks before randomization. -Baseline laboratory lipid measurements reflect dietary run in	20 weeks NR 4 week dietary run in	Arm 1: (M) LOV 40mg Arm 2: (L) N-ER 2.5g +LOV 10mg Arm 3: (L) N-ER 2.5g +LOV 20mg Arm 4: (M)* N-ER 2.5g +LOV 40mg Arm 5: (NA)* N-ER 2.5g [Doses of LOV and N-ER titrated up during study period to final doses in all	None	Study funded by pharmaceutical companies. Authors have pharmaceutical company COI disclosures.

Author, Year Trial #, “Acronym”	Study Design Site(s)	Inclusion Criteria	Participant Use of Lipid- Modifying Agents Prior to Trial	Treatment Duration Washout Period Run-In Period	Arms (Potency)	Subgroup Analyses	Pharmaceutical Industry Support Conflict of interest disclosure by author
		cytochrome P-450			arms by week 16]		

ALT alanine aminotransferase; AST aspartate aminotransferase; BP blood pressure; CABG coronary artery bypass graft; COI conflicts of interest; CHD coronary heart disease; CPK creatine phosphokinase; CVA cerebrovascular accident; DM diabetes mellitus; DVT deep venous thrombosis; HbA1c hemoglobin A1c; HDL high density lipoprotein; LDL low density lipoprotein; LFTs liver function tests; MI myocardial infarction; MRI magnetic resonance imaging; NCEP ATP III National Cholesterol Education Program Adult Treatment Panel III; N-ER Niacin Extended Release; NR not reported; NYHA class III or IV CHF New York Heart Association class III or IV congestive heart failure; PAD peripheral arterial disease; PUD peptic ulcer disease; RCT randomized controlled trial; SMV simvastatin; TIA transient ischemic attack; UA unstable angina; ULN upper limit of normal; US ultrasound

*This arm included only in population characteristics to fully describe study population; however, will not be included in further description or analyses as it is ineligible.

Evidence Table E82. Baseline population characteristics – niacin

Author, Year	Arms (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Airan-Javia, 2009 ⁵⁵	Arm1: (M)* SMV 20mg Arm 2: (H) SMV 80mg Arm 3: (M) N-ER 2g +SMV 20mg	Arm 1: 25 Arm 2: 24 Arm 3: 26	Arm 1: Median; 71 IQR; 66-76 Arm 2: Median; 72.5 IQR; 65-76.5 Arm 3: Mean; 70.5 IQR; 60-80	Arm 1: 8 (32%) Arm 2: 5 (21%) Arm 3: 8 (31%)	Arm 1: White; 21 (84%) Black; 4 (16%) Hispanic: 0 Arm 2: White; 23 (96%) Black; 1 (4%) Hispanic: 0 Arm 3: White; 16 (61%) Black; 9 (35%) Hispanic; 1 (4%)	NR	NR	NR	NR	Arm 1: 3 (12%) Arm 2: 3 (13%) Arm 3: 8 (31%)	Arm 1: Median; 102 mg/dL IQR; 97-120 Arm 2: Median; 107 mg/dL IQR; 89-133 Arm 3: Median; 124 mg/dL IQR; 104-143	Significant between group differences by race (p<0.05).
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg Arm 2: (H) SMV 40mg Arm 3: (M) N-ER 1g +LOV 40mg Arm 4: (M) N-ER 2g +LOV 40mg	Arm 1: 82 Arm 2: 76 Arm 3: 79 Arm 4: 78	Arm 1: Mean; 52 SE; 1.0 Arm 2: Mean; 54 SE; 1.2 Arm 3: Mean; 53 SE; 1.2 Arm 4: Mean; 52 SE; 1.2	Arm 1: 23 (28%) Arm 2: 19 (25%) Arm 3: 22 (28%) Arm 4: 24 (31%)	Arm 1: White; 71 (87%) Arm 2: White; 64 (84%) Arm 3: White; 70 (89%) Arm 4: White; 69 (88%)	NR	Arm 1: 16 (20%) Arm 2: 18 (24%) Arm 3: 17 (22%) Arm 4: 15 (19%)	NR	NR	NR	Arm 1: Mean; 196 mg/dL SE; 3.9 Arm 2: Mean; 192 mg/dL SE; 4.5 Arm 3: Mean; 190 mg/dL SE; 3.6 Arm 4: Mean; 189 mg/dL SE; 3.0	No significant between group differences

Author, Year	Arms (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Gardner, 1996 ⁵⁷	Arm 1: (M) LOV 40mg Arm 2: (L) N 1.5g +LOV 20mg	Arm 1: 14 Arm 2: 14	Arm 1: Mean; 53 SD; 9.8 Arm 2: Mean; 49 SD; 10.4	Arm 1: 11 (79%) Arm 2: 5 (36%)	NR	NR	NR	NR	NR	NR	Arm 1: Mean; 159 mg/dL SD; 48 Arm 2: Mean; 148 mg/dL SD; 19	No significant between group differences.
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg Arm 2: (L) N-ER 1g +LOV 20mg Arm 3: (M)* N-ER 2g +LOV 40mg Arm 4: (NA)* N-ER 2g	Arm 1: 61 Arm 2: 57 Arm 3: 57 Arm 4: 61	Arm 1: Mean; 61 SE; 1.3 Arm 2: Mean; 59 SE; 1.6 Arm 3: Mean; 60 SE; 1.6 Arm 4: Mean; 58 SE; 1.4	Arm 1: 22 (36%) Arm 2: 26 (46%) Arm 3: 25 (44%) Arm 4: 33 (54%)	Arm 1: White; 51 (84%) Black; 3 (5%) Hispanic; 4 (7%) Asian; 3 (5%) Arm 2: White; 50 (88%) Black; 2 (4%) Hispanic; 5 (9%) Asian; 0 Arm 3: White; 49 (86%) Black; 4 (7%) Hispanic; 3 (5%) Asian; 1 (2%) Arm 4: White; 55 (90%) Black; 3 (5%) Hispanic; 2 (3%) Asian; 1 (2%)	NR	Arm 1: 40 (65%) Arm 2: 39 (69%) Arm 3: 40 (70%) Arm 4: 44 (73%) [Patients with 2 or more CHD risk factors]	NR	NR	NR	Arm 1: Mean; 186 mg/dL SE; 4.7 Arm 2: Mean; 192 mg/dL SE; 6.0 Arm 3: Mean; 191 mg/dL SE; 4.5 Arm 4: Mean; 190 mg/dL SE; 4.1	No significant between group differences.

Author, Year	Arms (Potency)	N	Age	Female N (%)	Race N (%)	Smoking Status N (%)	Prior CHD N (%)	Prior CVA N (%)	Prior REVASC N (%)	DM N (%)	LDL	Between Group Differences
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg Arm 2: (L) N-ER 2.5g +LOV 10mg Arm 3: (L) N-ER 2.5g +LOV 20mg Arm 4: (M)* N-ER 2.5g +LOV 40mg Arm 5: (NA)* N-ER 2.5g	Arm 1: 33 Arm 2: 34 Arm 3: 34 Arm 4: 32 Arm 5: 31	Arm 1: Mean; 58 SE; 2.4 Arm 2: Mean; 59 SE; 1.9 Arm 3: Mean; 61 SE; 1.8 Arm 4: Mean; 60 Se; 2.0 Arm 5: Mean; 58 SE; 2.0	Arm 1: 15 (45%) Arm 2: 17 (50%) Arm 3: 16 (47%) Arm 4: 17 (53%) Arm 5: 14 (45%)	Arm 1: White; 29 (88%) Black; 3 (9%) Hispanic; 0 Other; 1 (3%) Arm 2: White; 29 (85%) Black; 5 (15%) Hispanic; 0 Other; 0 Arm 3: White; 26 (74%) Black; 7 (21%) Hispanic; 0 Other; 2 (6%) Arm 4: White; 27 (84%) Black; 4 (13%) Hispanic; 0 Other; 1 (3%) Arm 5: White; 25 (80%) Black; 3 (10%) Hispanic; 1 (3%) Other; 2 (6%)	NR	Arm 1: 22 (66%) Arm 2: 25 (74%) Arm 3: 24 (70%) Arm 4: 24 (76%) Arm 5: 23 (73%) [Patients with 2 or more CHD risk factors]	NR	NR	NR	Arm 1: Mean; 196 mg/dL SE; 4.6 Arm 2: Mean; 200 mg/dL Se; 7.1 Arm 3: Mean; 191 mg/dL SE; 5.4 Arm 4: Mean; 205 mg/dL SE; 7.7 Arm 5: Mean; 202 mg/dL SE; 6.8	NR

CHD coronary heart disease; CVA cerebrovascular accident; DM diabetes mellitus; IQR interquartile range; LDL low density lipoprotein; LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; REVASC revascularization procedure; RSV Rosuvastatin; SMV Simvastatin.

*This arm included only in population characteristics to fully describe study population; however, will not be included in further description or analyses as it is ineligible.

Evidence Table E83. All cause mortality – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count Deaths	28 weeks	NR	n: 1	
	Arm 2: (L) N-ER 1g +LOV 20mg	Count Deaths	28 weeks	NR	n: 1	NR

LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin.

Evidence Table E84. Vascular deaths – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count Vascular Deaths	28 weeks	NR	n: 1	
	Arm 2: (L) N-ER 1g +LOV 20mg	Count Vascular Deaths	28 weeks	NR	n: 1	NR

LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin.

Evidence Table E85. Acute coronary syndrome – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Airan-Javia, 2009 ⁵⁵	Arm 2: (H) SMV 80mg	Count Occurrence of ACS	12 months	24	# ACS events: 1	
	Arm 3: (M) N-ER 2g +SMV 20mg	Count Occurrence of ACS	12 months	26	# ACS events: 0	NR

ACS acute coronary syndrome; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin.

Evidence Table E86. LDL outcome – niacin

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
Airan-Javia, 2009 ⁵⁵	Arm 2: (H) SMV 80mg	Continuous LDL – measured mg/dL	24	Median: 107 mg/dL IQR: 89-133 mg/dL	6 months 12 months	NR NR	Median: 89 mg/dL Median: 81 mg/dL	% Change from baseline: -17% % Change from baseline: -24%	
	Arm 3: (M) N-ER 2g +SMV 20mg	Continuous LDL – measured mg/dL	26	Median: 124 mg/dL IQR:104-143 mg/dL	6 months 12 months	NR NR	Median: 77 mg/dL Median: 75 mg/dL	% Change from baseline: -37% % Change from baseline: -39%	p-value=0.24 comparing Arm 2 vs Arm 3 at 12 months
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 20mg	Continuous LDL – calculated mg/dL	82	Mean: 196 mg/dL SE: 3.9	12 weeks	NR	NR	% Change from baseline: -45%	
	Arm 3: (M) N-ER 1g +LOV 40mg	Continuous LDL – calculated mg/dL	79	Mean: 190 mg/dL SE: 3.6	12 weeks	NR	NR	% Change from baseline: -42%	NR
	Arm 4: (M) N-ER 1.5g +LOV 40mg	Continuous LDL – calculated mg/dL	78	Mean: 189 mg/dL SE: 3.0	12 weeks	NR	NR	% Change from baseline: -42%	NR
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg	Continuous LDL – calculated	82	Mean: 196 mg/dL SE: 3.9	16 weeks	NR	NR	% Change from baseline: -49%	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		mg/dL							
	Arm 2: (H) SMV 40mg	Continuous LDL – calculated mg/dL	76	Mean: 192 mg/dL SE: 4.5	16 weeks	NR	NR	% Change from baseline: -39%	P<0.05 comparing arms 1 and 2
	Arm 3: (M) N-ER 1g +LOV 40mg	Continuous LDL – calculated mg/dL	79	Mean: 190 mg/dL SE: 3.6	16 weeks	NR	NR	% Change from baseline: -39%	P<0.05 comparing arms 1 and 3
	Arm 4: (M) N-ER 2g +LOV 40mg	Continuous LDL – calculated mg/dL	78	Mean: 189 mg/dL SE: 3.0	16 weeks	NR	NR	% Change from baseline: -42%	P<0.001 comparing arms 1 and 4
Gardner, 1996 ⁵⁷	Arm 1: (M) LOV 40mg	Continuous LDL – NR mg/dL	14	Mean: 159 mg/dL SD: 48	6 weeks	14	Mean: 146 mg/dL SD: 46	% Change from baseline: -8%	
	Arm 2: (L) N 1.5g +LOV 20mg	Continuous LDL – NR mg/dL	14	Mean: 148 mg/dL SD: 19	6 weeks	14	Mean: 135 mg/dL SD: 22	% Change from baseline: -8%	P>0.05 comparing Arm 1 and Arm 2 at 6 weeks.
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Continuous LDL – calculated	61	Mean: 186 mg/dL SE: 4.7	28 weeks	NR	NR	% Change from baseline: -32%	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		mg/dL							
	Arm 2: (L) N-ER 1g +LOV 20mg	Continuous LDL – calculated mg/dL	57	Mean: 192 mg/dL SE: 6.0	28 weeks	NR	NR	% Change from baseline: -28%	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Continuous LDL – calculated mg/dL	33	Mean: 196 mg/dL SE: 4.6	20 weeks	NR	NR	% Change from baseline: -24% SE: 2.4	
	Arm 2: (L) N-ER 2.5g +LOV 10mg	Continuous LDL – calculated mg/dL	34	Mean: 200 mg/dL SE: 7.1	20 weeks	NR	NR	% Change from baseline: -36% SE: 2.4	NR
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Continuous LDL – calculated mg/dL	34	Mean: 191 mg/dL SE: 5.4	20 weeks	NR	NR	% Change from baseline: -36% SE: 4.4	NR

ATV Atorvastatin; IQR interquartile range; LDL low density lipoprotein; LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; RSV Rosuvastatin; SMV Simvastatin.

Evidence Table E87. HDL outcome – niacin

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
Airan-Javia, 2009 ⁵⁵	Arm 2: (H) SMV 80mg	Continuous HDL – measured mg/dL	24	Median: 41 mg/dL IQR: 34-49 mg/dL	6 months 12 months	NR NR	Median: 42 mg/dL Median: 41 mg/dL	% Change from baseline: +2% % Change from baseline: 0%	
	Arm 3: (M) N-ER 2g +SMV 20mg	Continuous HDL – measured mg/dL	26	Median: 47 mg/dL IQR: 35-57mg/dL	6 months 12 months	NR NR	Median: 55 mg/dL Median: 56 mg/dL	% Change from baseline: +17% % Change from baseline: +18%	p-value=0.001 comparing Arm 2 vs Arm 3 at 12 months
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 20mg	Continuous HDL – measured mg/dL	82	Mean: 38 mg/dL SE: 0.6	12 weeks	NR	NR	% Change from baseline: +4%	
	Arm 3: (M) N-ER 1g +LOV 40mg	Continuous HDL – measured mg/dL	79	Mean: 38 mg/dL SE: 0.6	12 weeks	NR	NR	% Change from baseline: +19%	P<0.05 comparing arms 1 and 3
	Arm 4: (M) N-ER 1.5g +LOV 40mg	Continuous HDL – measured mg/dL	78	Mean: 39 mg/dL SE: 0.6	12 weeks	NR	NR	% Change from baseline: +24%	P<0.05 comparing arms 1 and 4
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg	Continuous HDL – measured	82	Mean: 38 mg/dL SE: 0.6	16 weeks	NR	NR	% Change from baseline: +6%	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		mg/dL							
	Arm 2: (H) SMV 40mg	Continuous HDL – measured mg/dL	76	Mean: 39 mg/dL SE: 0.6	16 weeks	NR	NR	% Change from baseline: +7%	
	Arm 3: (M) N-ER 1g +LOV 40mg	Continuous HDL – measured mg/dL	79	Mean: 38 mg/dL SE: 0.6	16 weeks	NR	NR	% Change from baseline: +17%	P<0.05 comparing arms 1 and 3 P<0.05 comparing arms 2 and 3
	Arm 4: (M) N-ER 2g +LOV 40mg	Continuous HDL – measured mg/dL	78	Mean: 39 mg/dL SE: 0.6	16 weeks	NR	NR	% Change from baseline: +32%	P<0.001 comparing arms 1 and 4 P<0.001 comparing arms 2 and 4
Gardner, 1996 ⁵⁷	Arm 1: (M) LOV 40mg	Continuous HDL – NR mg/dL	14	Mean: 43 mg/dL SD: 11	6 weeks	14	Mean: 44 mg/dL SD: 11	% Change from baseline: +2%	
	Arm 2: (L) N 1.5g +LOV 20mg	Continuous HDL – NR mg/dL	14	Mean: 42 mg/dL SD: 11	6 weeks	14	Mean: 49 mg/dL SD: 18	% Change from baseline: +17%	P=0.04 comparing Arm 1 and Arm 2 at 6 weeks.
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Continuous HDL – measured	61	Mean: 44 mg/dL SE: 1.4	28 weeks	NR	NR	% Change from baseline: +6%	

Author, Year	Arm (Potency)	Outcome Units	Baseline N	Baseline Outcome	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Within Arm Comparisons	Between Arm Comparisons
		mg/dL							
	Arm 2: (L) N-ER 1g +LOV 20mg	Continuous HDL – measured mg/dL	57	Mean: 45 mg/dL SE: 1.5	28 weeks	NR	NR	% Change from baseline: +21%	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Continuous HDL – measured mg/dL	33	Mean: 45 mg/dL SE: 2.0	20 weeks	NR	NR	% Change from baseline: +10% SE: 2.1	
	Arm 2: (L) N-ER 2.5g +LOV 10mg	Continuous HDL – measured mg/dL	34	Mean: 45 mg/dL SE: 2.3	20 weeks	NR	NR	% Change from baseline: +37% SE: 3.6	NR
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Continuous HDL – measured mg/dL	34	Mean: 43 mg/dL SE: 1.7	20 weeks	NR	NR	% Change from baseline: +28% SE: 4.7	NR

HDL high density lipoprotein; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; RSV Rosuvastatin; SMV Simvastatin.

Evidence Table E88. Experiencing any adverse event – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Count Occurrence of ≥ 1 AE	20 weeks	33	n: 17 (52%)	
	Arm 2: (L) N-ER 2.5g +LOV 10mg	Count Occurrence of ≥ 1 AE	20 weeks	34	n: 15 (44%)	NR
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Count Occurrence of ≥ 1 AE	20 weeks	34	n: 21 (62%)	NR

AE adverse event; IQR interquartile range; LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; RSV Rosuvastatin; SMV Simvastatin.

Evidence Table E89. Withdrawal due to adverse events – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count Withdrawal due to AE	28 weeks	NR	n: (19%)	
	Arm 2: (L) N-ER 1g +LOV 20mg Arm 3: (L) N-ER 2g +LOV 40mg	Count Withdrawal due to AE	28 weeks	NR	n: (10%)	P=0.06 between group differences

AE adverse event; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin.

Evidence Table E90. Elevated AST or ALT – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Airan-Javia, 2009 ⁵⁵	Arm 2: (H) SMV 80mg	Count AST and/or ALT consecutive values >3x ULN	12 months	24	n: 1	
	Arm 3: (M) N-ER 2g +SMV 20mg	Count AST and/or ALT consecutive values >3x ULN	12 months	26	n: 0	NR
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg	Count AST or ALT >3x ULN	16 weeks	NR	n: 0	
	Arm 2: (H) SMV 40mg	Count AST or ALT >3x ULN	16 weeks	NR	n: 0	
	Arm 3: (M) N-ER 1g +LOV 40mg	Count AST or ALT >3x ULN	16 weeks	NR	n: 0	NR
	Arm 4: (M) N-ER 2g +LOV 40mg	Count AST or ALT >3x ULN	16 weeks	NR	n: 0	NR
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count AST or ALT values >3x ULN	28 weeks	NR	n: 1	
	Arm 2: (L) N-ER 1g +LOV 20mg	Count AST or ALT values >3x ULN	28 weeks	NR	n: 0	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Count AST or ALT values >3x ULN	20 weeks	33	n: 0	
	Arm 2: (L) N-ER 2.5g	Count	20 weeks	34	n: 1 (3%)	NR

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
	+LOV 10mg	AST or ALT values >3x ULN				
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Count AST or ALT values >3x ULN	20 weeks	34	n: 1 (3%)	NR

ALT alanine aminotransferase; AST aspartate aminotransferase; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin; ULN upper limit of normal.

Evidence Table E91. Myalgia – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Airan-Javia, 2009 ⁵⁵	Arm 2: (H) SMV 80mg	Count Muscle cramps	12 months	24	n: 2	
	Arm 3: (M) N-ER 2g +SMV 20mg	Count Muscle cramps	12 months	26	n: 0	NR
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count Muscle ache	28 weeks	NR	n: 4 (7%)	
	Arm 2: (L) N-ER 1g +LOV 20mg	Count Muscle ache	28 weeks	NR	n: 2 (4%)	NR

IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin.

Evidence Table E92. Elevated creatine phosphokinase – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg	Count CPK >5x ULN	16 weeks	NR	n: 0	
	Arm 2: (H) SMV 40mg	Count CPK >5x ULN	16 weeks	NR	n: 0	
	Arm 3: (M) N-ER 1g +LOV 40mg	Count CPK >5x ULN	16 weeks	NR	n: 0	NR
	Arm 4: (M) N-ER 2g +LOV 40mg	Count CPK >5x ULN	16 weeks	NR	n: 0	NR
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count CPK >10x ULN	28 weeks	NR	n: 0	
	Arm 2: (L) N-ER 1g +LOV 20mg	Count CPK >10x ULN	28 weeks	NR	n: 0	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Count CPK >3x ULN	20 weeks	33	n: 0	
	Arm 2: (L) N-ER 2.5g +LOV 10mg	Count CPK >3x ULN	20 weeks	34	n: 0	NR
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Count CPK >3x ULN	20 weeks	34	n: 0	NR

CPK creatine phosphokinase; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin; ULN upper limit of normal.

Evidence Table E93. New onset diabetes mellitus – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Hunninghake, 2003 ⁵⁸	Arm 1: (M) LOV 40mg	Count Fasting glucose>1.3xULN	28 weeks	NR	n: (7%)	
	Arm 2: (L) N-ER 1g +LOV 20mg Arm 3: (L) N-ER 2g +LOV 40mg	Count Fasting glucose>1.3xULN	28 weeks	NR	n: (4%)	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Count Hyperglycemia	20 weeks	33	n: 0	
	Arm 2: (L) N-ER 2.5g +LOV 10mg	Count Hyperglycemia	20 weeks	34	n: 2 (6%)	NR
	Arm 3: (L) N-ER 2.5g +LOV 20mg	Count Hyperglycemia	20 weeks	34	n: 1 (3%)	NR

DM diabetes mellitus; IQR interquartile range; N-ER Niacin Extended Release; NR not reported; SMV Simvastatin; ULN upper limit of normal.

Evidence Table E94. Treatment adherence – niacin

Author, Year	Arm (Potency)	Outcome Units	Timepoint(s)	N at Timepoint(s)	Outcome at Timepoint(s)	Between Arm Comparisons
Bays, 2003 ⁵⁶	Arm 1: (H) ATV 40mg	Proportion Compliant with medication	16 weeks	NR	96%	
	Arm 2: (H) SMV 40mg	Proportion Compliant with medication	16 weeks	NR	96%	
	Arm 3: (M) N-ER 1g +LOV 40mg	Proportion Compliant with medication	16 weeks	NR	97%	NR
	Arm 4: (M) N-ER 2g +LOV 40mg	Proportion Compliant with medication	16 weeks	NR	94%	NR
Insull, 2004 ⁵⁹	Arm 1: (M) LOV 40mg	Count Adherence with medication	20 weeks	33	n: 96%	
	Arm 2: (L) N-ER 2.5g +LOV 10mg Arm 3: (L) N-ER 2.5g +LOV 20mg Arm 4: (M) N-ER 2.5g +LOV 40mg	Count Adherence with medication	20 weeks	100	n: 96%	NR

LOV Lovastatin; N-ER Niacin Extended Release; NR not reported; RSV Rosuvastatin.

Evidence Table E95. Study quality assessment – niacin

Author, Year	2009 CER Jadad Score	Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10	Q11	Q12	Q13	Q14
Airan-Javia, 2009 ⁵⁵	NA	U	U	L	L	L	L	N	Y	Y	Y	Y	U	Y	N
Bays, 2003 ⁵⁶	1	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Gardner, 1996 ⁵⁷	3	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Hunninghake, 2003 ⁵⁸	4	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Insull, 2004 ⁵⁹	2	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

CER comparative effectiveness report; H high; L low; N no; NA not applicable; U unclear or unsure.

Q1. What is the risk of selection bias (biased allocation to interventions) due to inadequate generation of a randomized sequence?

Q2. What is the risk of selection bias (biased allocation to interventions) due to inadequate concealment of allocations before assignment?

Q3. For each main outcome or class of outcomes, what is the risk of performance bias due to knowledge of the allocated interventions by participants and personnel during the study (lack of study participant and personnel blinding)?

Q4. Was the care provider blinded to the intervention?

Q5. For each main outcome or class of outcomes, what is the risk of detection bias due to knowledge of the allocated interventions by outcome assessment (lack of outcome assessor blinding)?

Q6. For each main outcome or class of outcomes, what is the risk of attrition bias due to amount, nature, or handling of incomplete outcome data?

Q7. What is the risk of reporting bias due to selective outcome reporting?

Q8. Are there other biases due to problems not covered in 1-6?

Q9. Were all randomized participants analyzed in the group to which they were allocated?

Q10. Were the groups similar at baseline regarding the most important prognostic indicators?

Q11. Were co-interventions avoided or similar?

Q12. Was the compliance acceptable in all groups?

Q13. Was the timing of the outcome assessment similar in all groups?

Q14. Are there other risks of bias?

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