

# Appendix A. Literature Search Strategies

**Database: Ovid MEDLINE®, Ovid MEDLINE® In-Process & Other Non-Indexed Citations**

Pharmacologic interventions

1. stress disorders, post-traumatic/
2. ("posttraumatic stress disorder" or "post traumatic stress disorder" or PTSD).ti,ab.
3. exp Drug Therapy/
4. dt.fs.
5. (medication\* or pharmacologic\* or pharmaco-therap\* or pharmacotherap\*).ti,ab.
6. (drug\* adj2 (therap\* or treatment\*)).ti,ab.
7. exp Adrenergic alpha-Antagonists/ or Sympatholytics/ or Doxazosin/ or Prazosin/
8. ("adrenergic alpha antagonist\*" or "adrenergic receptor block\*" or "alpha adrenergic antagonist\*" or "alpha block\*" or antiadrenergic\* or doxazosin or prazosin or sympatholytic\* or terazosin).ti,ab.
9. exp Antipsychotic Agents/
10. ("anti-psychotic\*" or antipsychotic\* or FGA\* or SGA\* or aripiprazole or asenapine or brexpiprazole or cariprazine or chlorpromazine or clozapine or fluphenazine or haloperidol or iloperidone or loxapine or lurasidone or olanzapine or paliperidone or perphenazine or pimozide or quetiapine or risperidone or thioridazine or thiothixene or trifluoperazine or ziprasidone).ti,ab.
11. exp Benzodiazepines/
12. (alprazolam or benzodiazepine\* or benzodiazepinone\* or chlordiazepoxide or clonazepam or clorazepate or diazepam or estazolam or flurazepam or lorazepam or midazolam or oxazepam or quazepam or temazepam or triazolam).ti,ab.
13. exp Monoamine Oxidase Inhibitors/
14. (("monoamine oxidase" adj2 inhibitor\*) or MAOI or isocarboxazid or phenelzine or selegiline or tranylcypromine).ti,ab.
15. carbamazepine/ or clonidine/ or lithium/ or pregabalin/ or valproic acid/
16. exp Anticonvulsants/
17. exp Antimanic Agents/
18. exp Cyclohexanecarboxylic Acids/
19. (anticonvuls\* or carbamazepine or clonidine or divalproex or gabapentin or lamotrigine or lithium or oxcarbazepine or pregabalin or tiagabine or topiramate or valproate or "valproic acid").ti,ab.
20. exp "hypnotics and sedatives"/ or exp anti-anxiety agents/
21. ("anti anxiety" or antianxiety or buspirone or diphenhydramine or eszopiclone or guanfacine or hydroxyzine or hypnotic\* or ramelteon or sedative\* or suvorexant or tasimelteon or zaleplon or zolpidem or zopiclone).ti,ab.
22. exp Antidepressive Agents/
23. (antidepressant\* or "anti-depressant\*" or "selective serotonin" or (serotonin adj3 reuptake) or SNRI\* or SSRI\* or tricyclic or amitriptyline or amoxapine or bupropion or citalopram or clomipramine or desipramine or desvenlafaxine or doxepin or duloxetine or escitalopram or fluoxetine or fluvoxamine or hydroxyzine or imipramine or levomilnacipran or maprotiline or milnacipran or mirtazapine or nefazodone or nortriptyline or paroxetine or protriptyline or sertraline or trazadone or trimipramine or venlafaxine or vilazodone or vortioxetine).ti,ab.
24. exp Amphetamines/

25. (amphetamine or armodafanil or atomoxetine or dexmethylphenidate or dextroamphetamine or lisdexamphetamine or MDMA or methamphetamine or methylphenidate or modafanil).ti,ab.
26. exp Steroids/
27. (DHEA or hydrocortisone or steroid\*).ti,ab.
28. exp Cannabinoids/
29. Cannabis/
30. Medical Marijuana/
31. (cannabi\* or marijuana or tetrahydrocannabinol or THC).ti,ab.
32. ketamine/
33. ketamine.ti,ab.
34. Propranolol/
35. propranolol.ti,ab.
36. exp Randomized Controlled Trials as Topic/
37. exp Randomized Controlled Trial/
38. double-blind method/ or random allocation/ or single-blind method/
39. Placebos/
40. (random\* or control\* or trial or sham or placebo\* or blind\* or dumm\* or mask\*).ti,ab,kw.
41. (1 or 2) and (or/3-35)
42. 41 and (or/36-40)

*Nonpharmacologic interventions*

1. stress disorders, post-traumatic/
2. ("posttraumatic stress disorder" or "post traumatic stress disorder" or PTSD).ti,ab.
3. th.fs.
4. exp Psychotherapy/
5. exp Complementary Therapies/
6. exp Convulsive Therapy/
7. Hyperbaric Oxygenation/
8. Transcranial Magnetic Stimulation/
9. exp Rehabilitation/
10. exp Dietary Supplements/
11. exp "Delivery of Health Care, Integrated"/
12. exp Self-Help Groups/
13. exp peer group/
14. exp social support/
15. exp Telemedicine/
16. telephone/ or exp cell phone/
17. (therap\* or psychotherap\* or counsel\* or nonpharma\* or non-pharma\*).ti,ab.
18. ("alternative medicine" or acupuncture or "animal assist\*" or art or "cell phone" or "cognitive behavior\*" or CBT or complementary or dance or drama or electroconvulsive or ECT or exercise or "eye movement desensitization and reprocessing" or EMDR or family or "hyperbaric oxygen\*" or integrated or meditation or "mind body" or mindfulness or music or "prolonged exposure" or relaxation or "seeking safety" or "self help" or "tai chi" or "tai ji" or "text messag\*" or "transcranial magnetic stimulation" or TMS or yoga).ti,ab.
19. exp Randomized Controlled Trials as Topic/
20. exp Randomized Controlled Trial/

21. double-blind method/ or random allocation/ or single-blind method/
22. (random\* or control\* or trial or sham or blind\* or dumm\* or mask\*).ti,ab,kw.
23. (1 or 2) and (or/3-18)
24. 23 and (or/19-22)

**Database: ProQuest Published International Literature On Traumatic Stress (PILOTS)**  
(MAINSUBJECT.EXACT("PTSD") OR MAINSUBJECT.EXACT("PTSD (DSM-III-R)") OR  
MAINSUBJECT.EXACT("PTSD (DSM-III)") OR MAINSUBJECT.EXACT("PTSD (DSM-  
IV)") OR MAINSUBJECT.EXACT("PTSD (DSM-5)") OR  
MAINSUBJECT.EXACT("Complex PTSD") OR MAINSUBJECT.EXACT("PTSD (ICD-11)")  
OR MAINSUBJECT.EXACT("PTSD (ICD-10)") OR MAINSUBJECT.EXACT("PTSD (ICD-  
9)") OR (ptsd OR "posttraumatic stress disorder" OR "post-traumatic stress disorder")) AND  
(MAINSUBJECT.EXACT("Randomized Clinical Trial") OR ti(random\* OR control\* OR trial))  
Additional limits: Scholarly Journals

# Appendix B. Data Abstraction Guide for Posttraumatic Stress Disorder Randomized Clinical Trials

## Contents

Chapter 1. Inclusion and Exclusion Criteria.....	B-2
Chapter 2. Intervention Categories with Examples .....	B-3
Chapter 3. PTSD Measures.....	B-4
Chapter 4. Other Outcome Measures.....	B-5
Chapter 5. Data Abstraction Instructions.....	B-7
1. General.....	B-7
2. Table Fields: Study & Intervention Tab .....	B-9
3. Table Fields: PTSD Outcomes Tab .....	B-17
4. Table Fields: Other Outcomes and Harms tab.....	B-21
Chapter 6. Abbreviations .....	B-26

# Chapter 1. Inclusion and Exclusion Criteria

**Table 1-1. Inclusion and exclusion criteria**

Category	Inclusion Criteria	Exclusion Criteria
Population	Adults (≥18 years old) with a PTSD diagnosis (DSM-III, DSM-III-R, DSM-IV, DSM-IV-TR, DSM-5, ICD-9, or ICD-10) diagnosed by a clinician or through the administration of a validated clinician-administered or patient-reported assessment tool	Children (<18 years old) Diagnosis of acute stress disorder Studies that do not specify criteria used to diagnose PTSD Sample population <80% of participants diagnosed with PTSD
Interventions	Pharmacologic treatments—studies with any pharmacologic component, whether singly, in combination with other treatment categories, or compared with another intervention category Nonpharmacologic treatments—interventions without any pharmacologic component; including complementary and integrative approaches, nonpharmacologic biological treatments, and psychotherapeutic treatments	Interventions designed to simultaneously treat PTSD and comorbid conditions if they cannot be standalone PTSD interventions (e.g., interventions targeting PTSD and a comorbidity such as depression are included if the intervention can be a treatment for PTSD alone) Interventions designed to prevent PTSD
Comparators	No limitations applied. Direct head-to-head comparison of PTSD interventions were included. Interventions such as waitlist/minimal attention, usual care, placebo, or other minimally-active treatment (e.g. education or attention control) were categorized as “Controls”	None
Outcomes	Any overall PTSD outcome	Studies reporting only individual symptoms or symptom clusters without overall PTSD outcome
Timing	Any study duration and length of followup	None
Settings	All	None
Study Design	Randomized controlled trials	Studies that do not have a randomized controlled trial design. Selected systematic reviews will be considered as reference sources for studies to be reviewed for possible inclusion; however, data will be abstracted from individual studies, rather than from systematic reviews.
Publication Language and Dates	English language articles 1980 to present	Non-English language articles Unpublished data Publication date prior to 1980

DSM = Diagnostic and Statistical Manual of Mental Disorders; PTSD = Posttraumatic Stress Disorder

## Chapter 2. Intervention Categories with Examples

**Table 2-1. Intervention categories<sup>a</sup>**

Pharmacologic Treatments	Nonpharmacologic Biological Treatments	Complementary and Integrative Treatments	Psychotherapeutic Treatments	Control
Antiadrenergic drugs (e.g., clonidine, guanfacine, propranolol) Antidepressants (e.g., SSRI's, SNRI's, TCA's, MAOI's, other) Antipsychotics (first and second generation) Benzodiazepines Cannabinoids (e.g., cannabidiol, dronabinol, tetrahydrocannabinol) Mood Stabilizers (e.g., anticonvulsants, lithium) Psychostimulants (e.g., MDMA, amphetamine, methylphenidate, modafinil) Sedatives (e.g., diphenhydramine, eszopiclone) Steroids (e.g., dehydroepiandrosterone, hydrocortisone) Miscellaneous (e.g., D-cycloserine, ketamine, mifepristone, others)	Biofeedback (including neurofeedback) Convulsive therapy Electric shock therapy Electroconvulsive therapy (ECT) Hyperbaric oxygen therapy (HBOT) Repetitive transcranial magnetic stimulation (TMS) Shock therapy Stellate ganglion block (SGB) Vagal nerve stimulation (VNS)	Acupuncture Animal-Assisted Therapy Art Therapy Dietary Supplements Drama Therapy Exercise Therapy (e.g., dance) Homeopathy Hypnosis Mantram Repetition Program (MRP) Meditation (including mindfulness) Mindfulness-Based Stress Reduction (MBSR) Movement Therapy Music Therapy Natural products (e.g., ginkgo biloba, herbs) Phytotherapy Progressive Muscle Relaxation Psychodrama Recreational Therapies (e.g., drama, fishing, sailing) Tai Chi Tai Ji Yoga	Accelerated Resolution Therapy Acceptance and Commitment Therapy (ACT) Anger Management Therapy Attention Control Behavioral Activation and Therapeutic Exposure Brief Eclectic Psychotherapy (BEP) Brief Psychodynamic Therapy Cognitive Behavioral Therapy (CBT) Cognitive Behavioral Therapy for Insomnia (CBT for Insomnia) Cognitive Behavioral Therapy for Sleep (CBT for sleep) Cognitive Processing Therapy (CPT) Cognitive Restructuring (CR) Couples Therapy Dialectic Behavior Therapy (DBT) Emotional Freedom Techniques Exposure Therapy Eye Movement Desensitization and Reprocessing (EMDR) Graded Exposure Therapy Interpersonal Psychotherapy (IPT) Mindfulness-Based Exposure Therapy Narrative Exposure Therapy (NET) Present-Centered Therapy (PCT) Prolonged Exposure (PE) Psychoanalysis Seeking Safety Skills Training in Affect and Interpersonal Regulation (STAIR) Stress Inoculation Training (SIT) Supportive Counseling Trauma Management Therapy Written Emotional Disclosure Written Exposure Therapy Written Narrative Exposure	Placebo Psychoeducation Sham Treatment as Usual (TAU) Waitlist (WL)

<sup>a</sup>Adapted from the Department of Veterans Affairs and the Department of Defense Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder. Version 3.0; 2017.

## Chapter 3. PTSD Measures

Primary PTSD outcome measure priority order:

1. Clinician-administered measures, in order as listed in Table 3-1
2. Self-report measures, in order as listed in Table 3-2.

**Table 3-1. Clinician-administered PTSD measures in priority order for primary outcome**

Abbreviation	Name	Notes
CAPS	Clinician-Administered PTSD Scale	Total (also called "severity") Could also report intensity
SCID	Structured Clinical Interview for DSM	No quantitative score. PTSD module.
PSS-I	PTSD Symptom Scale - Interview	
STI or SAI	Standardized Trauma Interview or Standardized Assault Interview	STI is modified version of SAI
SI-PTSD	Structured Interview for PTSD	
MINI	Mini-International Neuropsychiatric Interview	
TOP-8	Treatment-Outcome Posttraumatic Stress Disorder Scale	
CIDI	Composite International Diagnostic Interview	

**Table 3-2. Self-report PTSD measures in priority order for primary outcome (if no clinician-administered PTSD measure)**

Abbreviation	Name	Notes
PCL	PTSD Checklist (any version) Versions include: -C (civilian), -M (military), -S (specific), -5 (for DSM-5)	
PSS-SR	PTSD Symptom Scale - Self Report	
PDS	Posttraumatic Diagnostic Scale	
IES or IES-R	Impact of Event Scale (- Revised)	IES 15 items, IES-R 22
DTS	Davidson Trauma Scale	
	Dissociative Subtype of PTSD Scale	
HTQ	Harvard Trauma Questionnaire	
M-PTSD	Mississippi Scale for Combat-Related PTSD	
MPSS	Modified PTSD Symptom Scale	
	Penn Inventory for Posttraumatic Stress Disorder	
SPRINT	Short Post-Traumatic Stress Disorder Rating Interview	
	Trauma Symptom Checklist - 40	
TSI	Trauma Symptom Inventory	
PC-PTSD	Primary Care PTSD Screen	
	Minnesota Multiphasic Personality Inventory PTSD subscale	
SASRQ	Stanford Acute Stress Reaction Questionnaire	

## Chapter 4. Other Outcome Measures

**Table 4-1. Other outcome measures**

Outcome Type	Abbreviation	Name
Anger	BDHI	Buss-Durkee Hostility Inventory
Anger	BSI-Hostility	Brief Symptom Inventory-Hostility
Anger	DAR7	Dimensions of Anger Reactions
Anger	HSCL (-90 Hostility)	Hopkins Symptom Checklist 90 (abstract as SCL-90)
Anger	SCL-90 Hostility	Symptom Checklist 90-Hostility
Anger	STAS	State-Trait Anger Scale
Anger	STAXI (-2)	State-Trait Anger Expression Inventory (-Version 2)
Anger	TSI-Anger/Irritability	Trauma Symptom Inventory-Anger/Irritability
Anxiety	BAI	Beck Anxiety Inventory
Anxiety	BSI-Anxiety	Brief Symptom Inventory-Anxiety
Anxiety	ECR (-R)	Experiences in Close Relationship (-Revised)
Anxiety	GAD-7	Generalized Anxiety Disorder 7-Item
Anxiety	HAM-A	Hamilton Rating Scale for Anxiety
Anxiety	HSCL (-90 Anxiety)	Hopkins Symptom Checklist 90 (abstract as SCL-90)
Anxiety	MASQ-AA	Mood and Anxiety Symptom Questionnaire-Anxious Arousal
Anxiety	PHQ-9	Patient Health Questionnaire-9 item
Anxiety	SCL-90-Anxiety	Symptom Checklist-Anxiety (SCL also known as Hopkins Symptom Checklist)
Anxiety	STAI (-S; -T)	State-Trait Anxiety Inventory (-State; -Trait)
Anxiety	TSI-AA	Trauma Symptom Inventory-Anxious Arousal
Depression	BADS	Behavioral Activation for Depression Scale
Depression	BDI (-II)	Beck Depression Inventory (-2 <sup>nd</sup> version)
Depression	BSI-Depression	Brief Symptom Inventory-Depression
Depression	CES-D	Center for Epidemiologic Studies-Depression Scale
Depression	DASS 21	Depression Anxiety Stress Scale
Depression	HADS (-A; -D)	Hospital Anxiety and Depression Scale (-Anxiety; -Depression)
Depression	HAM-D	Hamilton Depression Rating Scale
Depression	HSCL (-90 Depression)	Hopkins Symptom Checklist 90 (abstract as SCL-90)
Depression	MADRS	Montgomery-Asberg Depression Rating Scale



<b>Outcome Type</b>	<b>Abbreviation</b>	<b>Name</b>
Depression	MASQ-AD	Mood and Anxiety Symptom Questionnaire-Anhedonic Depression
Depression	PANAS	Positive and Negative Affect Scale
Depression	PHQ-9	Patient Health Questionnaire-9 item
Depression	QIDS	Quick Inventory of Depressive Symptomatology
Depression	SCL-20	20-item Symptom Checklist Depression Scale
Depression	SCL-90-Depression	Symptom Checklist 90-Depression (SCL also known as Hopkins Symptom Checklist)
Functioning	ASEX	Arizona Sexual Experience Scale
Functioning	FACIT (-Sp)	Functional Assessment of Chronic Illness Therapy (-Spiritual Well-being Scale)
Functioning	GAF	Global Assessment of Function
Functioning	GHQ28	General Health Questionnaire-28
Functioning	ODI	Oswestry Disability Index
Functioning	SAS	Social Adjustment Scale
Functioning	SDI	Social Disability Index
Functioning	SDS	Sheehan Disability Scale
Functioning	SF-12	12-Item Short Form Health Survey
Functioning	SF-36	36-Item Short Form Health Survey
Functioning	SF-36 PCS	Physical Component Summary
Functioning	SF-36 MCS	Mental Component Summary
Functioning	WAS	Work and Social Adjustment Scale
Other/mixed		Symptom Assessment-45
Quality of Life	EUROHIS-QOL	European Health Interview Surveys-Quality of Life
Quality of Life	SF-8 MCS	Short Form Health Survey-Mental Component Score
Quality of Life	SF-8 PCS	Short Form Health Survey-Physical Component Score
Quality of Life	Q-LES-Q (-SF)	Quality of Life Enjoyment and Satisfaction Questionnaire (-Short Form)
Quality of Life	QOLI	Quality of Life Inventory
Quality of Life	WHOQOL (-BREF)	World Health Organization Quality of Life (abbreviated version)
Quality of Life	WHO-5	
Relationship	ECR-R	Experiences in Close Relationships-Revised
Sleep	ISI	Insomnia Severity Index

Outcome Type	Abbreviation	Name
Sleep	PSQI	Pittsburgh Sleep Quality Index
Substance Use	ACQ-Now	Alcohol Craving Questionnaire-Now
Substance Use	ADS	Alcohol Dependence Scale
Substance Use	ASI (-alcohol; -drug)	Addiction Severity Index (alcohol use; drug use)
Substance Use	AUDIT	Alcohol Use Disorders Identification Test
Substance Use	TLFB	Time Line Follow-Back

# Chapter 5. Data Abstraction Instructions

## 1. General

“NR” for not reported; “NA” for not applicable

- If outcome was not assessed at a time point, enter “NA” for all cells corresponding to that time point
- If a secondary outcome was not assessed, enter “NA” for measure name and all comparisons for that outcome
- If a study did not define “PTSD Diagnostic Change” and/or “Clinically Meaningful Response,” keep both labels in cell and enter “NR”

Hard returns

- Use hard returns for comparison between multiple arms: A vs B, A vs C, B vs C
- Use hard returns for different analyses (e.g., ITT and completer)
- Use hard returns for different measures (e.g., BDI and HAM-D for depression)

Report up to 2 decimal places except for p-values

- If study provides a value with 0 or 1 decimal place, abstract as reported. Do not add additional 0 at the end
- If calculating, such as n/N, round to 2 decimal places
- Abstract p-values to as many decimals as reported

Keep all pre-filled categories except for race (e.g., Completion, Adherence, PTSD Diagnostic Change, Clinically Meaningful Response, SAE’s, etc.), and input “NR” or “NA” as appropriate

### a. Calculations and Reporting Statistics

Calculate percentages from n/N, report to 2 decimal places

Calculate these pooled means for overall study characteristics if only reported by intervention arms

- **PTSD severity at baseline** (mean and SD)
- **Duration of PTSD symptoms** (mean and SD)
- **Mean age** (mean and SD)
- **Number of trauma types experienced per patient** (mean and SD)
- **Number of traumatic events experienced per patient** (mean and SD)

Score difference from baseline

- Within group: abstract or calculate (if not provided) difference between mean score at time point being entered and score at baseline. Abstract SD or other error estimate if provided in parentheses, indicate if not SD (e.g., 95% CI, SEM, etc.)
- Between group (and/or across groups): abstract mean difference in change from baseline and SD (or other error estimates) if reported in study. **DO NOT** calculate

Effect sizes

- **DO NOT** calculate effect size (e.g., OR, RR, standardized difference of means), CI, or p-values

- If multiple methods of score difference are reported, enter only 1 based on priority in order of:
  - Adjusted difference in change from baseline (e.g., ANCOVA, other models); abstract for most adjusted model if more than 1 model reported
  - Unadjusted difference in change from baseline (e.g., ANOVA, other unadjusted models)
  - Difference between scores at time point (not adjusted for baseline differences)
- Abstract effect size name
  - Common effect size names: eta-squared, partial eta-squared, Cohen’s d, Hedges’ g, omega-squared, odds ratio, relative risk, treatment effect (ANOVA), group x time interaction
  - Note: Cohen’s d and Hedges’ g are standardized mean differences, which are effect sizes
- General format: “statistic name effect size (95% CI), p-value”
  - Indicate type of effect size (e.g., Cohen’s d, OR)
  - Abstract all elements, even if not significant
  - For 95% CI, enter up to 2 decimal points and enter range using “to” (no dash or hyphen). Do not re-type “95% CI” inside parentheses. Indicate if other than 95% (e.g., 90% CI 0.45 to 0.70)
  - Do not report test statistics (e.g., F- or t-values, degrees of freedom)
  - **Examples:**
    - RR 0.56 (0.50 to 0.62), p=0.02
    - Eta-squared 0.56 (NR), p=0.02
    - Cohen’s d 0.56 (NR), NR
    - NR (NR), p<0.05 (e.g., when study specified  $\alpha$ -level and reported comparison and significant)
    - NR (NR), p=NS (e.g., when study did not specify  $\alpha$ -level and reported comparison as not significant)
    - NR (if study did not report effect size, 95% CI, or p-value)

### **b. Multiple Entries within a Cell**

If an outcome is measured multiple times within a category (e.g., at 1 and 3 months), abstract results for both time points separated by carriage return with extra space in between. Group comparisons by measure, then by time points.

**Table 5-1. Example of multiple entries within a cell (<6 months)**

Time Point of Assessment	N Completed Outcome Measurement	Mean Measure Score (SD)	Score Difference from Baseline	Within Group Effect Size and Statistical Significance	% Achieved PTSD Diagnostic Change	% Achieved Clinically Meaningful Response
1 month	100	46.8 (12.2)	-23.4 (NR)	Hedges' g 1.7 (NR), p=0.02	52.00% (13/25)	80.00% (20/25)
3 months	96	42.3 (NR)	-27.9 (NR)	NR (NR), p=0.015	NR	88.00% (22/25)

If an outcome was measured using multiple measures (e.g., BDI and HAM-D for depression), abstract all scales separated by carriage return with extra space in between. Group comparisons together by each measure.

**Table 5-2. Example of multiple measures for an outcome**

Depression Outcome Measures	Arms Compared	End of Treatment [Effect size (95% CI), p-value]
BDI	A vs B	Cohen's d 0.12 (NR), p>0.05
	A vs C	Cohen's d 0.27 (NR), p>0.05
HAM-D	B vs C	Cohen's d 0.15 (NR), p>0.05
	A vs B	Cohen's d 0.08 (NR), p>0.05
	A vs C	Cohen's d 0.23 (NR), p>0.05
	B vs C	Cohen's d 0.16 (NR), p>0.05

### c. Pharmacologic/Nonpharmacologic Table Assignment

Pharmacologic table will include any study that includes an intervention arm with a pharmacologic component.

Nonpharmacologic table will include studies with psychotherapy, complementary and/or integrative approach, and non-pharmacologic biological interventions (see Chapter 2, Intervention Categories, adapted from the VA/DoD CPG).

## 2. Table Fields: Study & Intervention Tab

### a. Study Characteristics

#### Country/countries

- List all countries, separated by commas.
- Acceptable abbreviations: U.A.E., U.K., U.S.

**Site Type**

- Likely will be specified in study design, based on where study was conducted
- For U.S. settings, use “VA/DoD” for a military or veteran clinic
- For non-U.S. settings, use “MIL” for a military or veteran clinic or “non-MIL” for a community setting

**Clinical Setting Options**

- Acute inpatient: mainly crisis management
- Residential inpatient: participant voluntarily checks into treatment center
- Intensive outpatient: multiple sessions per week, but patient not living in a treatment center; studies will typically state if intervention is “intensive”
- Outpatient clinic: up to 3 normal clinical appointments per week
- Primary care clinic
- Telehealth: includes interaction with therapist (e.g., via webcam)
- Other: give brief description in cell (e.g., mobile application, expressive writing, internet)
- Mixed: list out included categories (e.g., primary care clinic and mobile application)

**Study Design**

- Common designs: crossover, parallel
- If study is a crossover study and reports results by each period, abstract only the 1<sup>st</sup> period results (to minimize order and carry-over effects)
- If waitlist control group receives intervention after end of specified treatment period, do not abstract subsequent treatment’s data

**Subscale or Symptom Cluster Data Reported?**

- For PTSD measures only (primary or secondary), does not consider other outcomes
- Enter “Y” if study reported subscale or symptom cluster data for PTSD measures (e.g., on CAPS, study reported Criterion B – Re-experiencing symptoms; Criterion C – Avoidance symptoms; Criterion D – Negative alterations in cognitions and mood; Criterion E – Alterations in arousal and reactivity)
- Do not abstract which PTSD measure (e.g., name or primary PTSD) and subscale name

**Subgroup Analyses Reported?**

- For PTSD measures only (primary or secondary)
- Indicate “Y” if publication includes subgroup analysis (e.g., analysis by gender, duration of PTSD symptoms); abstractors do not need to seek potential secondary publications that include subgroup analysis

**All Providers Have Graduate Degree?**

- Enter “Y” if study specifies that all psychotherapy/complementary and integrative approach providers have graduate degree
- Graduate degree includes master degree and above

- Doctoral students do not qualify as having graduate degree unless study specified that they have already obtained master degree
- Enter “NA” for pharmacologic studies

**Intervention Includes Group Therapy?**

- Enter “Y” if any treatment arm includes group therapy
- Enter “N” for pharmacologic study comparing drug vs. placebo
- Enter “N” if study offers optional group therapy, but interventions being studied did not include a group therapy component

**Allowed PTSD Psychotherapy Co-Intervention?**

- Enter “Y” only if study specifically states that participants were allowed to continue other psychotherapy for PTSD
- If study only states that participants were allowed to continue current psychotherapy without specifying indication, enter “NR”
- If study specifically allows/prohibits a particular method of psychotherapy for PTSD but did not specify for other forms of psychotherapy, enter “NR” and indicate in parentheses type of psychotherapy allowed/prohibited

**Allowed Other Psychotherapy Co-Intervention?**

- If study only states that participants were allowed to continue current psychotherapy without specifying indication, enter “Y”
- If study specifically allows/prohibits a particular method of psychotherapy but did not specify for other forms of psychotherapy, enter “NR” and indicate in parentheses type of psychotherapy allowed/prohibited

**Allowed Psychotropic Medication Co-Intervention?**

- Enter “Y” if study states patients allowed to continue current psychotropic medication

**b. PTSD Definition**

**Diagnostic Instruments**

- List all instruments used to diagnose PTSD and specify version of criteria
- If multiple instruments used for diagnosis, enter all and separate with carriage return
  - Indicate if participants must satisfy all diagnostic instruments’ criteria or any (“and” vs “or”)
- Indicate version of criteria (e.g., CAPS or CAPS-5; DSM-IV or DSM-V)
  - Indicate both instrument and diagnostic version (e.g., CAPS for DSM-IV)  
Examples: CAPS used to diagnose PTSD according to DSM-IV criteria, abstract “CAPS for DSM-IV”
    - CAPS-5 is based on DSM-5
    - PCL-M (military), PCL-C (civilian), and PCL-S (specific) were based on DSM-IV; PCL-5 is for DSM-5

- If study only reports “diagnosis of PTSD” as an inclusion criterion, abstract “NR”
- If study reports “diagnosis of PTSD according to DSM-IV” as an inclusion criterion, abstract “DSM-IV”

### Threshold

- Abstract as specified by study
- Threshold for total score, not the “1/2 Rule” for CAPS
- **Do not assume** threshold is the typical cut-off (e.g., do not enter 33 for PCL-5 unless specified)
- If multiple diagnostic instruments were used, enter each measure name and threshold. (e.g., CAPS: >55 \ PCL-5: NR)
- Enter “NA” if measure doesn’t have cut-off (e.g., The MINI International Neuropsychiatric Interview, SCID)
- Enter “NR” if threshold not reported

### c. Population Characteristics

Overall study population, not individual arm (calculate if reported by arm)

**N randomized:** preferentially use numbers as reported in figure

N randomized ≠ N enrolled (participants may drop out before being randomized to an intervention arm)

Study may exclude participants in the ITT population if they met exclusion criteria *during* the trial (e.g., trauma event during therapy, change in medication). In this case, use N for ITT as indicated by study for baseline and subsequent assessments

**% Meeting Criteria for PTSD at Baseline**

- Abstract “100%” if diagnosis of PTSD is an inclusion criterion
- If patients with subthreshold PTSD were included, enter only % meeting full PTSD diagnosis
- If study reports results for 2 populations separately, then only abstract results for population with full PTSD
- If not reported for overall population, calculate from individual arms

**PTSD severity at baseline:** abstract for entire study population

- Abstract instrument used to measure PTSD severity, whether or not it is the same instrument used to diagnose PTSD (e.g., CAPS)
- If not reported for overall population, calculate from individual arms

**Duration of PTSD symptoms:** abstract mean (SD) in years, indicate if not mean/SD/years

- If study reports years since index trauma, enter “NR” but mean years since trauma in parentheses: NR (7.9 [SD 1.3] years since index trauma)
- If not reported for overall population, calculate from individual arms

**% Active Duty Military:** 100% if conducted at a DoD base (or equivalent non-U.S. site), or as indicated by study

- If possible, calculate from n/N for overall study population

**% Veteran:** 100% if conducted at a VA clinic (or equivalent non-U.S. site), or as indicated by study

- If possible, calculate from n/N for overall study population



**% Community:** assume 100% if conducted outside of VA/DoD or equivalent veteran/military site (e.g., community clinic)

- The three categories should sum to 100% (for this purpose the variables are considered mutually exclusive)
- If possible, calculate from n/N for overall study population
- If a study is conducted in non-VA/DoD setting but does not indicate that all participants were civilians, enter “NR” for “% **Active Duty Military**” and “% **Veteran**”

**Mean Age:** abstract mean age and SD for overall group

- If not reported for overall population, calculate from individual arms
- Indicate if not mean or SD  
Examples: 54.6 (SEM 2.5), Median 59.4 (IQR 45 to 65)

**Gender and Sexual Orientation:**

- If population by gender was not reported, enter NR
- If possible, calculate from n/N for overall study population
- Unless otherwise stated, if a study reports %M, assume %F = 100% - %M
- Abstract sexual orientation if reported, do not enter “NR” if not provided

**Race:** will be pre-populated with census categories (i.e., White, Black, Asian, American Indian/Alaska Native, Native Hawaiian/Other Pacific Islander)

- If calculating for overall study population, such as from n/N, round to 2 decimal places
- All categories should sum to 100%
  - If study provides some categories but all categories do not sum to 100%, consider remainder population as “Other”
- Delete pre-filled categories if not reported (don’t enter “NR”); if reported as 0 then enter as such
- Match reported categories with census names when possible (e.g. African American, enter as Black).
  - If a category cannot be matched to a Census category, classify it as “Other”
  - Do not combine categories (e.g., Asian/Native Hawaiian/Pacific Islander)
  - Categorize “Hispanics” as “Other” race if race and ethnicity are not reported independently, and also report it under “**Ethnicity**” column
- Census category definitions:
  - White: a person from Europe, the Middle East, or North Africa
  - Black or African American: a person having origins in any of the Black racial groups of Africa
  - American Indian or Alaska Native: a person having origins in any of the original peoples of North and South America (including Central America) and who maintains tribal affiliation or community attachment

- Asian: a person having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent (e.g., Cambodia, India, Pakistan)
- Native Hawaiian or Other Pacific Islander: a person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands

**Table 5-3. Example of data abstraction of race**

Race	Ethnicity (% Hispanic)
White: 55.00%	0%
Black: 40.00%	
Asian: 3.00%	
Other: 2.00%	

**Ethnicity**

- Defined as a person of Hispanic origin, includes Latino
- If possible, calculate from n/N for overall study population

**% Treatment-naïve:** abstract % without any prior PTSD treatment

- If unclear (e.g., study reports number of patients received psychotropic medication without specifying it for PTSD), enter “NR”
- If possible, calculate from n/N for overall study population

**% with Depression**

- If possible, calculate from n/N for overall study population
- Does NOT require diagnosis of depression, but preferentially abstract % with major depressive disorder (MDD) if study also reports % dysthymia
- Do not need to indicate MDD or dysthymia
  - Preferentially enter % with current diagnosis (as opposed to lifetime)
  - Only indicate if % reported is for lifetime symptoms

**% with Substance Use Diagnoses**

- Requires diagnosis of SUD, which includes alcohol use disorder (AUD)
- If possible, calculate from n/N for overall study population
- If AUD and SUD reported separately or only 1 was reported, abstract all data and indicate which type
- If reported by individual substance, enter as reported (still requires diagnosis)
- If enrollment criteria exclude participants with AUD but did not report for other substances, abstract “AUD: 0% AUD / SUD: NR”

**Patients with Suicidality Excluded?**

- Enter “Y” if study mentioned excluded patient with any intensity of suicidal ideation (e.g., study excluded patients with severe depression with suicidal ideation→Y)
- If study did not specify patients with suicidal ideation were excluded→N

## Trauma Type

- Classify preferentially by index trauma, not participant’s current status (e.g., traumatic event was childhood sexual assault but participant is currently an active duty member, trauma type is “child sexual abuse” and not “MST”)
- Abstract included trauma types for **mixed** (e.g., Mixed: child physical abuse, child sexual abuse)
- Abstract brief description for “**Other**”
- Notes on some trauma types:
  - Child other abuse includes neglect, psychological maltreatment
  - Intimate partner violence includes domestic violence
  - Accidents include motor vehicle accidents, transportation-related accidents (e.g., cyclist or pedestrian hit by a vehicle), and accidents due to construction
  - Community/school violence includes bullying, physical abuse/assault, gang-related violence, interracial violence, police and citizen altercations, mass shootings, etc.
  - Natural or manmade disasters include tornadoes, hurricanes, floods, wildfires, mudslide, drought, chemical spills, etc.

## Number of Trauma Types

- Average number of types of trauma experienced by patient for entire study population (for example, patients who experienced child abuse and intimate partner violence would have 2 types of trauma)
  - If not reported for overall population, calculate from individual arms

## Number of Traumatic Events

- Average number of traumatic events per patient (e.g., patients may have had repeated traumas such as combat)
- If not reported for overall population, calculate from individual arms

## d. Intervention

### Intervention Class

- Enter classification according to “**Intervention Classification**” table
- Unless a study requires a specific psychotherapy (e.g., Hien 2015 compared Seeking Safety + Sertraline vs. Seeking Safety), typical control arm (e.g., treatment as usual, medication management, supportive counseling, minimal attention, attention control, placebo, waitlist, etc.) will be classified as “Control”
- If a study is investigating combined psychotherapy with pharmacotherapy, enter “Mixed: psychotherapy + pharmacologic” for intervention arm with 2 active components, and “Mixed: psychotherapy + control” for intervention arm with psychotherapy and placebo

- If a study offers same intervention for all treatment arms (e.g., comparing drug vs. placebo but all participants received psychotherapy), classify by intervention(s) that differ across treatment arms (pharmacologic in this scenario, not mixed)
  - Describe any treatment provided to all groups in Treatment Description column for all interventions (not allowed co-intervention)

### **Treatment Name**

- Short name of intervention (e.g., CBT)
- Refer to **Chapter 2. Intervention Categories with Examples** for current list of acceptable abbreviations

### **Treatment Description:**

- Brief description, specific components included/excluded (e.g., DTMS after script-driven imagery of a positive experience immediately followed by script-driven imagery of a neutral event)
- Abstract details of titration schedule if given (e.g., 25 mg for 1 week, then 50 mg for 1 week, then titrated to 100 to 150 mg for 6 weeks)
- Do not include information abstracted in other cells (e.g., dose, frequency, duration)
- Enter drug class for pharmacotherapy if possible (e.g., SSRI for sertraline)

### **Dose and/or Session Length**

- For example, 60-minute sessions; 4 mg; 1-Hz for 20 minutes
- If an intervention drug is started at a dose that can be titrated up to a maximum dose, enter as “start at xx mg up to xx mg”
  - Abstract additional details of titration schedule under Treatment Description
  - Otherwise abstract drug dose range
- Report as study reported for active placebo (e.g., dose of low-dose MDMA, time spent on expressive writing)
- Abstract for active therapy session (e.g., group therapy session or time with therapist), does not include homework time
- If intervention combines pharmacologic and nonpharmacologic treatments, abstract details for both (e.g., Session length: 60 minutes \ Dose: 25 mg)
- Enter “NA” for placebo

### **Frequency**

- Indicate whether daily or weekly, no abbreviations (e.g. “twice daily” not “BID”)
- If intervention was administered only once, enter “once”

**Definition of Treatment Completion and/or Adherence:** as defined by study (e.g., participants must attend 80% of weekly sessions)

- This is not the same definition as those who qualify for completer analysis. Study must clearly state “definition of treatment completion”
- Study may define completer as those who completed x number of sessions
- Pharmacotherapy may include riboflavin as a tracer of medication compliance

- Enter “NR” for either category if not reported; both definitions may be defined for either psychotherapy or pharmacotherapy

### **% Completed and/or Adhered to Treatment**

- % Completed is not % with end-of-treatment outcome measure, only those that meet pre-specified treatment completion definition
- Keep both categories in cell, enter “NR” if not reported (rather than “NA”)

**Sessions Completed/Dose at Study End Point, Mean (SD):** likely used when study does not report % adhered to treatment, but gives an average number of sessions attended by all participants

- Sessions completed: abstract (mean number of sessions completed)/(total planned sessions)
- Dose: abstract average final dose at end of study
  - For placebo, do not abstract drug equivalence dose
- Keep both pre-filled categories, enter “NR” or “NA” as appropriate

## **3. Table Fields: PTSD Outcomes Tab**

### **Primary PTSD Outcome Measure**

- Refer to **Chapter 3. PTSD Measures** for full list of PTSD outcome measures and priority. Prioritization of primary PTSD outcome: note which version (in order of priority)
  - CAPS: total (sometimes called severity)
  - Structured Clinical Interview for DSM (SCID)
  - PTSD Symptom Scale – Interview (PSS-I)
  - Standardized Assault Interview (SAI, sometimes called STI)
  - Structured Interview for PTSD (SI-PTSD)
  - Mini-International Neuropsychiatric Interview (MINI)
  - Other structured clinical interview
  - PTSD Checklist (PCL)
  - PTSD Symptom Scale – Self-Report (PSS-SR)
  - Posttraumatic Diagnostic Scale (PDS)
  - Impact of Event Scale (IES)
  - Other self-reported measure of PTSD

### **Definition of PTSD Diagnostic Change**

- If study stated a threshold that defines PTSD diagnosis (e.g., CAPS score >40) but did not otherwise define “PTSD Diagnostic Change”, use score threshold as definition (e.g., in this case report CAPS score ≤40)
- If study only lists diagnosis of PTSD as an inclusion criterion without providing threshold, use “NR” but still abstract % and n/N of participants that achieved PTSD diagnostic change
- If a study reports proportion of participants in “remission” without defining remission as change in diagnosis, **do not** abstract as “PTSD Diagnostic Change;” abstract as “**Clinically Meaningful Response**” instead

- If a study reports proportion of participants with less than a certain score (e.g., CAPS score <50) but did not state same cutoff score for PTSD diagnosis, **do not** assume this is equivalent to diagnostic change (it is possible to have CAPS score >40 but not qualify as having a diagnosis of PTSD if not all criteria are satisfied); abstract as “**Clinically Meaningful Response**” instead

#### **Indicator of Clinically Meaningful Response:**

- Abstract outcomes for all if more than 1 reported
- Abstract definition(s) may include:
  - A PTSD measure (e.g.,  $\geq 10$ -point reduction in CAPS score)
  - Clinical Global Impression – Improvement Scale (CGI-I) (e.g., CGI-I rated as very much [score of 1] or much [score of 2] improved)
  - Reliable Change Index (RCI) (e.g.,  $\geq 2$  standard deviation change from baseline SI-PTSD score), or
  - Combination of a PTSD measure and non-PTSD measure (e.g.,  $\geq 10$ -point reduction on CAPS and BDI score <10)
- Abstract Clinical Global Impression – Improvement scale (CGI-I) as dichotomous outcome, **do not** abstract as continuous outcome (mean score)
- **Do not** abstract Clinical Global Impression – Severity scale (CGI-S)
- Use carriage return if multiple indicators were analyzed (do not need to re-type criteria, but separate by carriage return with blank line)

#### **Methods for Handling Missing Data**

- Abstract how study reported handling missing data, even if method was not specified by outcome. If method differs for primary PTSD outcome from other outcomes, abstract for primary PTSD outcome
  - There should be a method for handling missing data for completer analysis too (participants who met completion criteria may have missing assessment scores)
- Possible methods: list-wise or pairwise deletion, substitution, excluded, last observation carried forward, models
- If study conducted both ITT and completer analysis, report method for both (e.g., ITT: multiple imputation/ Completer: excluded)

#### **Analysis Type**

- Report if analyzed by ITT and/or Completer (abstract for both)
- If study reported both types of analysis, group results by analysis type and indicate

**Table 5-4. Example of methods for handling missing data**

Analysis Type	Score Difference from Baseline (SD)	Score Difference Effect Size (95% CI), p-value
ITT	ITT: -10.2 (NR)	ITT: (for 3 arms) Eta-squared 0.7 (0.1 to 1.3), p>0.05 Eta-squared 4.5 (4.2 to 4.8), p<0.05 Eta-squared 3.6 (3.2 to 3.9), p<0.05
Completer	Completer: -13.1 (NR)	Completer: Eta-squared 0.9 (0.4 to 1.4), p<0.05 Eta-squared 4.8 (4.6 to 5.4) p<0.05 Eta-squared 4.2 (3.9 to 4.7), p<0.05

**Statistical Analysis:** type of statistical analysis used to analyze data

- Abstract as given in study
- If study reported multiple methods, indicate method for change in mean scores, diagnostic change, and clinically meaningful response

**N completed Outcome Measurement**

- Report number of participants who completed assessment and contributed outcome data at a time point using N for ITT and/or completer

**Mean Measure Score (SD)**

- Abstract both mean and SD if possible (if SD not reported, abstract “(NR)”)
- If mean is not stated but study reported difference from baseline, calculate mean (SD would be “NR” in this case)

**Score Difference from Baseline**

- Abstract or calculate (if not provided) difference between mean score at time point being entered and score at baseline. Abstract SD or other error estimate (e.g., 95% CI, SEM, etc.) if provided in parentheses, indicate if not SD

**Within Group Effect Size**

- See Section 1a on general instruction for abstracting effect sizes
- If actual P-value given, report raw number, do not categorize into p<0.05, p<0.01

**% Achieved PTSD Diagnostic Change:** according to pre-defined criteria or study indicates as “loss of PTSD diagnosis” (if study did not define)

- Abstract as “% (n/N)”
- If study did not report n/N, report “NR”

**% Achieved Clinically Meaningful Response:** abstract as defined by study, include global and/or reliable change index (e.g., Clinician Global Impression)

- Abstract as “% (n/N)”

**Variables Adjusted for in Primary PTSD Outcome Between-Group Statistical Analysis**

- Abstract most comprehensive list of variables adjusted for (e.g., if adjusting for 1, 2, then 3 variables, list all 3 variables)
- Abstract results with most adjustments

**Across Group and Pairwise Comparisons**

- Indicate time points of assessment and separate using carriage return if an outcome is assessed multiple times within a time point category. If outcome was only assessed once in the category, do not abstract time point again

- If an outcome is assessed multiple times within a time point category, group by time point then by outcome category (e.g., PTSD diagnostic change, clinically meaningful response)
- For “Score Difference,” enter only if reported by the study.
- If study did not compare “PTSD diagnostic change” and/or “Clinically meaningful response,” in across-group or pairwise comparison, keep both categories in cell and abstract “NR” for each category
  - Only input “NA” for cell when outcomes were not assessed at a time point
  - See second example below (Table 5-6)

**Table 5-5. Example 1 (A vs. B, Time Point of Assessment <6 Months)**

Score Difference	Score Difference Effect Size [Effect Size (95% CI), p-value]		PTSD Diagnostic Change and Clinically Meaningful Response [Effect Size (95% CI), p-value]
1 month: NR  3 months: -10.81	1 month:  Cohen's d 0.95 (0.91 to 0.97), p=0.021  3 months:  Cohen's d 1.12 (0.99 to 1.25), p=0.030		1 month:  PTSD diagnostic change: NR  Clinically meaningful response: RR NR (NR), p=0.02  3 months:  PTSD diagnostic change: RR 0.49 (NR), p=0.06  Clinically meaningful response: RR 0.77 (NR), p=0.03



**Table 5-6. Example 2 (A vs. B, Time Point of Assessment <6 Months)**

PTSD Diagnostic Change and Clinically Meaningful Response [Effect Size (95% CI), p-value]	PTSD Diagnostic Change and Clinically Meaningful Response [Effect Size (95% CI), p-value]	PTSD Diagnostic Change and Clinically Meaningful Response [Effect Size (95% CI), p-value]
1 month: PTSD diagnostic change: NR  Clinically meaningful response: RR NR (NR), p=0.02  3 months: PTSD diagnostic change: RR 0.49 (NR), p=0.06  Clinically meaningful response: RR 0.77 (NR), p=0.033	PTSD diagnostic change: NR  Clinically meaningful response: RR NR (NR), p=0.02	NA
<b>Scenario:</b> outcomes assessed multiple times (1 and 3 months) within a time point category (<6 months)	<b>Scenario:</b> outcomes assessed once within a time point category. Do not repeat time point because this should match the time point abstracted in Primary PTSD Outcome by intervention arm	<b>Scenario:</b> no outcome assessed during this time point

#### 4. Table Fields: Other Outcomes and Harms tab

Refer to Chapter 4 – Other Outcome Measures for common outcomes

- Note: the list is not comprehensive
- Abstract other outcome measures not listed if outcome category is included (e.g., anxiety)
- If unsure whether an outcome measure should be abstracted, ask group

Use carriage return to report each pairwise comparison for “Arms Compared” and “Effect Size”

Use carriage return to separate multiple time points within a category (e.g., 1 and 3 months for “<6 Months”) and if multiple instruments were used to measure an outcome (e.g., HAM-D and BDI for Depression)

- Group comparisons by measure, then analysis type, then time point
- If an outcome was assessed using multiple instruments, retype comparisons in “Arms Compared” (may differ across instruments)

**Table 5-7. Example of other outcomes (separating comparisons and timepoints) data abstraction**

Depression Outcome Measure(s)	Arms Compared	<6 Months [Effect size (95% CI), p-value]
BDI  HAM-D	1 month:	1 month:
	A vs B	Hedges' g 0.12 (NR), p > 0.05
	A vs C	Hedges' g 0.27 (NR), p > 0.05
	B vs C	Hedges' g 0.15 (NR), p > 0.05
	3 months:	3 months:
	A vs B	Hedges' g 0.08 (NR), p > 0.05
	A vs C	Hedges' g 0.23 (NR), p > 0.05
	B vs C	Hedges' g 0.16 (NR), p > 0.05
	1 month:	1 month:
	A vs B	Hedges' g 0.12 (NR), p > 0.05
	A vs C	Hedges' g 0.27 (NR), p > 0.05
	B vs C	Hedges' g 0.15 (NR), p > 0.05
	3 months:	3 months:
	A vs B	Hedges' g 0.08 (NR), p > 0.05
	A vs C	Hedges' g 0.23 (NR), p > 0.05
B vs C	Hedges' g 0.16 (NR), p > 0.05	

**Table 5-8. Example of other outcomes data formatting: do this**

Depression Outcome Measure(s)	Arms Compared
BDI	A vs B
	A vs C
HAM-D	A vs D
	B vs C
	B vs D
	C vs D
	A vs B
	A vs C
A vs D	
B vs C	
B vs D	
C vs D	

**Table 5-9. Example of other outcomes data formatting: *do not do this***

Depression Outcome Measure(s)	Arms Compared
BDI	A vs B
	A vs C
	A vs D
	B vs C
	B vs D
	C vs D
HAM-D	A vs B
	A vs C
	A vs D
	B vs C
	B vs D
	C vs D

**Harms**

- Abstract as % (n/N) [e.g., 25.00% (150/600)]
- Report to 2 decimal places
- If study did not report any harms outcome, keep categories and input “NR” after each category
- If a study did not report harms by intervention arm, abstract as reported and indicate that data is for entire study population, then copy-and-paste data into other intervention arm

**Table 5-10. Example of harms data abstraction**

Intervention A	Intervention B	Intervention C	Intervention D
For entire study population, not by intervention arm SAE: 4% (1/25)  Withdrawal due to AEs: 16% (4/25)  Attempted suicide: 0% (0/25)  Completed suicide: 0% (0/25)	For entire study population, not by intervention arm SAE: 4% (1/25)  Withdrawal due to AEs: 16% (4/25)  Attempted suicide: 0% (0/25)  Completed suicide: 0% (0/25)	For entire study population, not by intervention arm SAE: 4% (1/25)  Withdrawal due to AEs: 16% (4/25)  Attempted suicide: 0% (0/25)  Completed suicide: 0% (0/25)	NA

- Adverse event: any untoward medical occurrence associated with the use of a drug in humans, whether or not considered drug related (FDA)
- Serious adverse events
  - Serious adverse event: in the view of either the investigator or sponsor, it results in any of the following outcomes (FDA):
    - death
    - a life-threatening adverse event
    - inpatient hospitalization or prolongation of existing hospitalization
    - a persistent or significant incapacity or substantial disruption of the ability to conduct normal life functions
    - a congenital anomaly/birth defect
    - Important medical events that may not result in death, be life-threatening, or require hospitalization may be considered serious when, based upon appropriate medical judgment, they may jeopardize the patient or subject and may require medical or surgical intervention to prevent one of the outcomes listed in this definition (e.g., allergic bronchospasm requiring intensive

treatment in an emergency room or at home, blood dyscrasias or convulsions, or development of drug dependency or drug abuse)

- Withdrawals due to adverse events
  - Subjects who discontinued treatment because of an adverse event

**Study Comments**

- Note if participants randomized to waitlist group received treatment (e.g., name of treatment, duration of waiting period)
- Note if study states that additional, unpublished data is available and where to find such data
- Note any other unique aspects of study (e.g., provides information on treatment fidelity for psychotherapy)
- Note if related studies are available (e.g., study is a pilot study, note citation of larger RCT)

## Chapter 6. Abbreviations

**Table 6-1. Abbreviations**

Abbreviation	Term
AC	Attention Control
ACQ-Now	Alcohol Craving Questionnaire-Now
ACT	Acceptance and Commitment Therapy
ADS	Alcohol Dependence Scale
ANCOVA	Analysis of covariance
ANOVA	Analysis of variance
ASEX	Arizona Sexual Experience Scale
AUD	Alcohol Use Disorder
AUDIT	Alcohol Use Disorders Identification Test
BADS	Behavioral Activation for Depression Scale
BAI	Beck Anxiety Inventory
BDI (-II)	Beck Depression Inventory (-2 <sup>nd</sup> version)
BEP	Brief Eclectic Psychotherapy
BSI	Brief Symptom Inventory
CAPS	Clinician-Administered PTSD Scale
CBT	Cognitive Behavioral Therapy
CBT for Insomnia	Cognitive Behavioral Therapy for Insomnia
CBT for Sleep	Cognitive Behavioral Therapy for Sleep
CES-D	Center for Epidemiologic Studies-Depression Scale
CGI (-C; -I; -S)	Clinical Global Impression (-Change; -Improvement; -Severity)
CI	Confidence Interval
CIDI	Composite International Diagnostic Interview
CPT	Cognitive Processing Therapy
CR	Cognitive Restructuring
CRF-1	Corticotropin-releasing hormone (or factor) -1
DBT	Dialectic Behavior Therapy
DSM (-III; -IV; -IV-TR; -5)	Diagnostic and Statistical Manual of Mental Disorders (3rd edition, 4th edition, 4th edition text revision, 5th edition)
DTMS	Deep Transcranial Magnetic Stimulation
DTS	Davidson Trauma Scale

Abbreviation	Term
ECR (-R)	Experiences in Close Relationship (-Revised)
ECT	Electroconvulsive Therapy
EMDR	Eye Movement Desensitization and Reprocessing
FACIT (-Sp)	Functional Assessment of Chronic Illness Therapy (-Spiritual Well-being Scale)
GAD-7	Generalized Anxiety Disorder 7-Item
GAF	Global Assessment of Function
GHQ28	General Health Questionnaire-28
HADS	Hospital Anxiety and Depression Scale
HAM-A	Hamilton Rating Scale for Anxiety
HAM-D	Hamilton Depression Rating Scale
HBOT	Hyperbaric oxygen therapy
HDRS	Hamilton Depression Rating Scale
HSCL	Hopkins Symptom Checklist
HTQ	Harvard Trauma Questionnaire
Hz	Hertz
IES (-R)	Impact of Event Scale (-Revised)
IPT	Interpersonal Psychotherapy
ITT	Intent-to-Treat
LOCF	Last observation carried forward
LSM	Least squares mean
MADRS	Montgomery-Asberg Depression Rating Scale
MANCOVA	Multivariate analysis of covariance
MANOVA	Multivariate analysis of variance
MAOI	Monoamine oxidase inhibitor
MASQ (-AA; -AD)	Mood and Anxiety Symptom Questionnaire (-Anxious Arousal; -Anhedonic Depression)
MBCT	Mindfulness-Based Cognitive Therapy
MBSR	Mindfulness-Based Stress Reduction
MCS	Mental Composite Score
MDMA	3,4-methylenedioxyamphetamine (recreational drug ecstasy)
mg	Milligram
MINI	Mini-International Neuropsychiatric Interview

Abbreviation	Term
M	M
MPSS	Modified PTSD Symptom Scale
M-PTSD	Mississippi Scale for Combat-related PTSD
MRP	Mantram Repetition Program
NA	Not applicable
NET	Narrative Exposure Therapy
NMDA	N-Methyl-D-Aspartic Acid
NR	Not reported
NS	Not significant
OR	Odds Ratio
PANAS	Positive and Negative Affect Scale
PCL (-C; -M; -S; -5)	PTSD Checklist (-Civilian; -Military; -Specific; -DSM-5)
PC-PTSD	Primary Care PTSD Screen
PCS	Physical Health Composite Score
PCT	Present-Centered Therapy
PDS	Posttraumatic Diagnostic Scale
PE	Prolonged Exposure
PHQ-9	Patient Health Questionnaire-9 item
PSQI	Pittsburgh Sleep Quality Index
PSS (-I; -SR)	PTSD Symptom Scale (-Interview; -Self-Report)
PTCI	Posttraumatic Cognitions Inventory
QIDS	Quick Inventory of Depressive Symptomatology
Q-LES-Q (-SF)	Quality of Life Enjoyment and Satisfaction Questionnaire (-Short Form)
QOLI	Quality of Life Inventory
rTMS	Repetitive Transcranial Magnetic Stimulation
SAI	Standardized Assault Interview
SAS	Social Adjustment Scale
SCID	Structured Clinical Interview for DSM
SCL-90	Symptom Checklist-90 (also known as Hopkins Symptom Checklist)
SD	Standard deviation
SDI	Social Disability Index



Abbreviation	Term
SDS	Sheehan Disability Scale
SE	Standard Error
SEM	Standard Error of the Mean
SF-12	12-Item Short Form Health Survey
SF-36	36-Item Short Form Health Survey
SGB	Stellate ganglion block
SI-PTSD	Structured Interview for PTSD
SIT	Stress Inoculation Training
SNRI	Serotonin and norepinephrine reuptake inhibitor
SPRINT	Short PTSD Rating Interview
SSRI	Selective serotonin reuptake inhibitor
STAI (-S)	State-Trait Anxiety Inventory (-State)
STAIR	Skills Training in Affect and Interpersonal Regulation
STAS	State-Trait Anger Scale
STAXI (-2)	State-Trait Anger Expression Inventory (-Version 2)
STI	Standardized Trauma Interview
SUD	Substance Use Disorder
TAU	Treatment as usual
TBI	Traumatic Brain Injury
TCA	Tricyclic antidepressant
TLFB	Time Line Follow-Back
TOP-8	Treatment Outcome Posttraumatic Stress Disorder Scale
TSI	Trauma Symptom Inventory
VNS	Vagal nerve stimulation
vs	Versus
WAS	Work and Social Adjustment Scale
WHOQOL (-BREF)	World Health Organization Quality of Life (Abbreviated Version)
WL	Waitlist

## Appendix C. Included Studies

1. Acarturk C, Konuk E, Cetinkaya M, et al. The efficacy of Eye Movement Desensitization and Reprocessing for post-traumatic stress disorder and depression among Syrian refugees: results of a randomized controlled trial. *Psychol Med*. 2016 Sep;46(12):2583-93. doi: 10.1017/S0033291716001070. PMID: 27353367.
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## Appendix D. Excluded Studies

**Table D-1. Key to Exclusion Codes**

Exclusion Code	Exclusion Reason
3	Ineligible population
4	Ineligible intervention
5	Ineligible comparison
6	Ineligible outcome
8	Ineligible study design
9	Ineligible publication type (including systematic reviews)
11	Not English language article
12	Companion without additional outcomes
13	Companion to excluded study

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| <p>1. Acarturk C, Konuk E, Cetinkaya M, et al. EMDR for Syrian refugees with posttraumatic stress disorder symptoms: results of a pilot randomized controlled trial. <i>Eur J Psychotraumatol</i>. 2015 May 18;6(1):27414. doi: 10.3402/ejpt.v6.27414. PMID: 25989952. Exclusion: 3.</p>                                       | <p>5. Angel CM, Sherman LW, Strang H, et al. Short-term effects of restorative justice conferences on post-traumatic stress symptoms among robbery and burglary victims: a randomized controlled trial. <i>J Exp Criminol</i>. 2014 Sep;10(3):291-307. doi: 10.1007/s11292-014-9200-0. Exclusion: 3.</p> |
| <p>2. Acierno RE, Gros DF, Ruggiero KJ, et al. Behavioral activation and therapeutic exposure for posttraumatic stress disorder: a noninferiority trial of treatment delivered in person versus home-based telehealth. <i>Depress Anxiety</i>. 2016 May;33(5):415-23. doi: 10.1002/da.22476. PMID: 26864655. Exclusion: 3.</p> | <p>6. Angell KL, Kreshka MA, McCoy R, et al. Psychosocial intervention for rural women with breast cancer: The Sierra-Stanford Partnership. <i>J Gen Intern Med</i>. 2003 Jul;18(7):499-507. PMID: 12848832. Exclusion: 3.</p>   |
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## **Appendix E. Evidence Table—Pharmacologic Studies**

See associated table.

## **Appendix F. Evidence Table—Nonpharmacologic Studies**

See associated table.