**The Safe Use of Prescription Benzodiazepines: Toward Development of a Prescription Guideline.**

**Source expertise**

The source organization includes many BZD subject matter experts and has relationships with BZD experts at several universities and research institutions who could work with an agency or institution to produce the evidence report.

**References**

 Agarwal SD, Landon BE. Patterns in Outpatient Benzodiazepine Prescribing in the United States. *JAMA Netw Open.* 2019;2(1):e187399. doi:10.1001/jamanetworkopen.2018.7399 [Article](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2722576)

2 <https://www.newscientist.com/article/2230379-benzodiazepine-prescriptions-reach-disturbing-levels-in-the-us/#ixzz7I9qS32ti>

3 CDC National Center for Health Statistics: Multiple Cause of Death 1999-2018 on CDC WONDER Online Database, released January 2019. [Report](https://www.drugabuse.gov/drug-topics/trends-statistics/overdose-death-rates) (table 8)

4 VanHouten JP, Rudd RA, Ballesteros MF, Mack KA. Drug Overdose Deaths Among Women Aged 30–64 Years — United States, 1999–2017. MMWR Morb Mortal Wkly Rep 2019;68:1–5. [Article](https://www.cdc.gov/mmwr/volumes/68/wr/pdfs/mm6801a1-H.pdf)

5 Kaufmann CN, Spira AP, Depp CA, Mojtabai R. Long-term use of benzodiazepines and nonbenzodiazepine hypnotics, 1999-2014. Psychiatr Serv. 2018;69(2):235-8. [Article](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5794624/)

6 Reid Finlayson AJ, Macoubrie J, Huff C, Foster DE, Martin PR. Experiences with benzodiazepine use, tapering, and discontinuation: an Internet survey. Therapeutic Advances in Psychopharmacology. January 2022. doi:10.1177/20451253221082386 [Article](https://journals.sagepub.com/doi/full/10.1177/20451253221082386)

7 Pottie K, Thompson W, Davies S, et al. Deprescribing benzodiazepine receptor agonists: evidence-based clinical practice guideline. *Canadian Fam Phys.* 2018;64(5):339-51. [Article](http://www.cfp.ca/content/64/5/339)

8 Ashton H. The Ashton Manual: Benzodiazepines - How They Work and How to Withdraw. 2002. [Document](http://www.benzo.org.uk/manual/)

9 Wright SL. Benzodiazepine Withdrawal: Clinical Aspects. In Peppin J, Raffa R, Pergolizzi J, Wright SL [Eds.]. The Benzodiazepines Crisis: The Ramifications of an Overused Drug Class. New York, NY: Oxford University Press, 2020. [Link](https://global.oup.com/academic/product/the-benzodiazepines-crisis-9780197517277?q=Benzodiazepine&lang=en&cc=us)

10 Weiner S.G. et al. The Effect of Opioid Prescribing Guidelines on Prescriptions by Emergency Physicians in Ohio, *Annals of Emergency Medicine*, 2017; 70(6):799-808

11 Gumidyala, L et al. Efect of CDC Opioid-Prescribing Guidelines in a Community Hospital Emergency Department, *J Public Health Management and Practice* 2021;27:186-190 [Abstract](https://journals.lww.com/jphmp/fulltext/2021/05001/effect_of_cdc_opioid_prescribing_guidelines_in_a.15.aspx)

12 Chen JH et al. Effect of opioid prescribing guidelines in primary care. *Medicine* (Baltimore). 2016;Aug;95(35):e4760. [Abstract](https://pubmed.ncbi.nlm.nih.gov/27583928/)

13 Food and Drug Administration. FDA requiring boxed warning updated to improve safe use of benzodiazepine drug class, 2020 [Announcement & full text](https://www.fda.gov/drugs/drug-safety-and-availability/fda-requiring-boxed-warning-updated-improve-safe-use-benzodiazepine-drug-class)

14 <https://corxconsortium.org/wp-content/uploads/Benzo-Prescribing.pdf>