



## Effective Health Care

### Research on Treatment of Inflammatory Bowel Disease

#### Next Steps

The nominator, Crohn's & Colitis Foundation of America, is interested in primary research about treatments for Crohn's Disease and Ulcerative Colitis.

Primary research is outside the purview of AHRQ's Effective Health Care Program, which is focused on developing evidence reviews to inform healthcare decision-making about interventions and activities available to decisionmakers in the United States. No further activity will be undertaken on this topic.

#### Topic Summary and Considerations

**Topic Name and Number:** Research on Treatment of Inflammatory Bowel Disease, #725

**Date:** October 13, 2016

#### Key questions from the nomination:

- People with inflammatory Bowel Disease have chronic inflammation of the gastrointestinal tract that results in damage. Symptoms include diarrhea, abdominal pain, bleeding from the rectum, weight loss and fatigue.<sup>1</sup>
- Inflammatory Bowel Disease includes Crohn's Disease and Ulcerative Colitis.
- Treatment is aimed at relieving symptoms, preventing flare-ups, and preventing damage to the gastrointestinal tract. Medications include steroids, immunomodulators, aminosalicylates and biologic medications.
- While information about how best to treat inflammatory bowel disease is important, primary research is outside of the scope of the AHRQ Effective Health Care Program.

Selection Criteria	Supporting Data
1. Appropriateness	
1a. Does the nomination represent a health care drug, intervention, device, technology, or health care system/setting available (or soon to be available) in the U.S.?	Yes, this topic represents a health care drug and intervention available in the U.S.
1b. Is the nomination a request for an evidence review?	No
1c. Is the focus on effectiveness or comparative effectiveness?	Yes
1d. Is the nomination focus supported by a logic model or biologic plausibility? Is it consistent or coherent with what is known about the topic?	Yes

#### References

1. *What is inflammatory bowel disease (IBD)?* 2017 [cited 11/21/2017]; Available from <https://www.cdc.gov/ibd/what-is-IBD.htm>.