



Effective Health Care

Identifying and Managing People with Substance Use Disorders

Next Steps

The nominator is interested in guidance about reporting requirements, and assistance about how to identify and manage people with substance use disorder.

The Effective Health Care (EHC) Program improves the quality of health care by providing evidence reviews on the outcomes, benefits and harms, and appropriateness of drugs, devices, and health care services to inform health care decisions.

It is outside of the purview of the Effective Health Care Program to provide guidance about required reporting and assistance with the management of patients. We have included information that might be useful to the nominator. No further activity will be undertaken on this topic.

Summary

Topic Name and Number: Identifying and Managing People with Substance Use Disorder, #809

Date: 8/28/2018

Key question(s) from the nomination:

How do I identify and manage people with substance use disorder?

- In 2015 10.1% of the US population used an illicit drug in the past month.^{[1](#)}
- Substance use disorders occur when the recurrent use of alcohol and/or drugs causes clinically and functionally significant impairment, such as health problems, disability, and failure to meet major responsibilities at work, school, or home.^{[2](#)}
- The EHC Program does not provide information about reporting requirements or clinical guidance about the management of individual patients. However these resources may be useful to the nominator:
 - Prescription Drug Monitoring Programs.^{[3](#)}
 - Information about State Prescription Drug Laws^{[4](#)}
 - CDC Guideline for Prescribing Opioids for Chronic Pain.^{[5](#)}
 - An in-process systematic review on screening for unhealthy alcohol use to inform a recommendation for the U.S. Preventive Services Task Force^{[6](#)}
 - An in-process systematic review on screening for drug use to inform a recommendation for the U.S. Preventive Services Task Force^{[7](#)}
 - A technical brief about Medication-assisted treatment models of care ^{[8](#)}

References

1. Illegal Drug Use. Atlanta, GA: Centers for Disease Control and Prevention; 2017. <https://www.cdc.gov/nchs/fastats/drug-use-illegal.htm>. Accessed on 29 August 2018 2018.
2. Substance Use Disorders. Rockville, MD: Substance Abuse and Mental Health Services Administration; 2015. <https://www.samhsa.gov/disorders/substance-use>. Accessed on 29 August 2018 2018.
3. What Healthcare Providers Need to Know about PDMPs. Atlanta, GA: Centers for Disease Control and Prevention; 2017. <https://www.cdc.gov/drugoverdose/pdmp/providers.html>. Accessed on 28 August 2018 2018.
4. State Prescription Drug Laws. Atlanta, GA: Centers for Disease Control and Prevention; 2016. <https://www.cdc.gov/drugoverdose/policy/laws.html>. Accessed on 28 August 2018 2018.
5. Dowell D, Haegerich TM, Chou R. CDC Guideline for Prescribing Opioids for Chronic Pain--United States, 2016. JAMA. 2016 Apr 19;315(15):1624-45. doi: 10.1001/jama.2016.1464. PMID: 26977696. <https://www.ncbi.nlm.nih.gov/pubmed/26977696>
6. Draft Update Summary: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions. Rockville, MD: U.S. Preventive Services Task Force; 2018. <https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryDraft/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions?ds=1&s=alcohol>. Accessed on 28 August 2018 2018.
7. Draft Update Summary: Drug Use in Adolescents and Adults, Including Pregnant Women: Screening. . Rockville, MD: U.S. Preventive Services Task Force; 2018. <https://www.uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryDraft/drug-use-in-adolescents-and-adults-including-pregnant-women-screening> Accessed on 28 August 2018 2018
8. Chou R, Korthuis PT, Weimer M, et al. Medication-Assisted Treatment Models of Care for Opioid Use Disorder in Primary Care Settings. Rockville (MD); 2016.